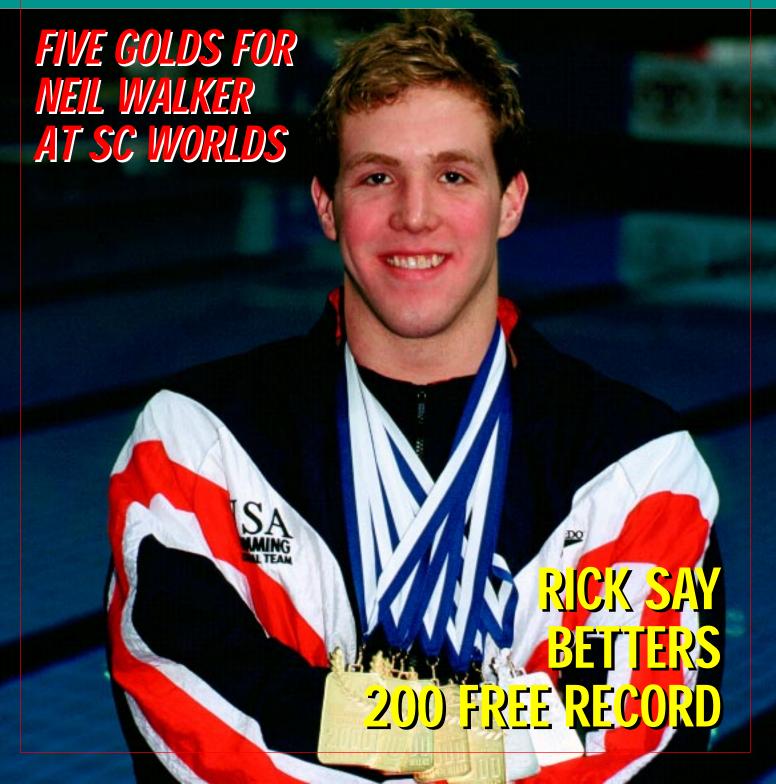


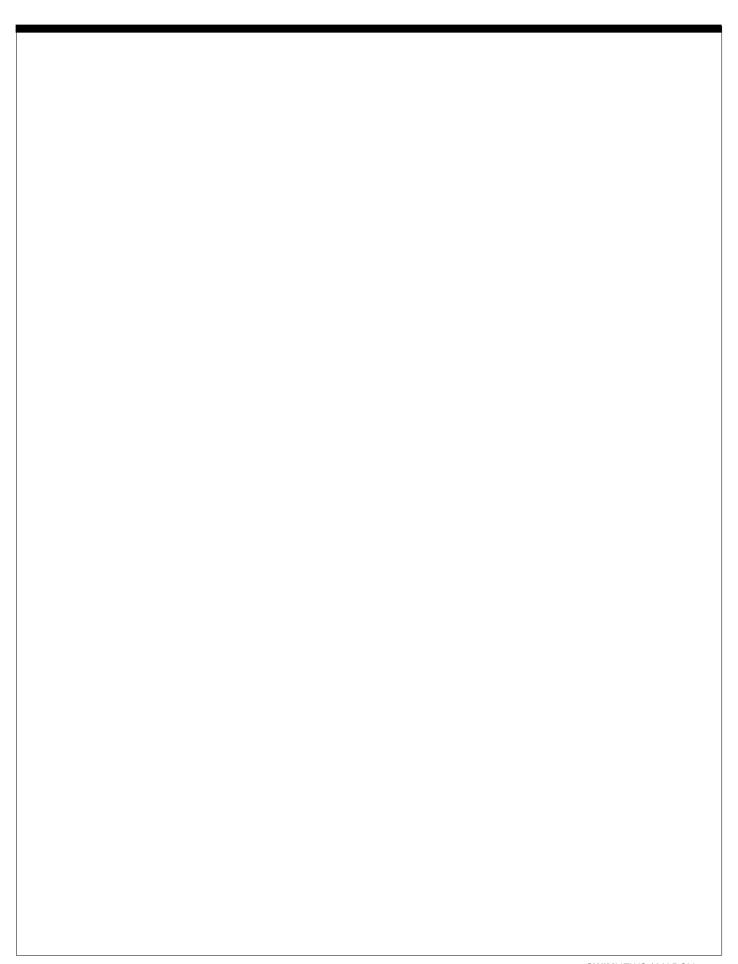
NUMBER 256

www.swimnews.com

MARCH 2000

\$ 4.95 USA \$ 4.95 CAN





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Inquire about bulk discounts to club teams. Foreign (air mailed) \$45 US United States \$35 US

Single issues \$4.95 CAN \$4.95 USA Payments by cheque, bank money orders and VISA VISA payments require card number and expiry date All Canadian subscriptions include 7% Federal GST International Standard Serial Number ISSN 1209-5966

Publications Mail Registration No. 09981

Gateway Postal Facility, Mississauga. SWIMNEWS (USPS #015-207) is published monthly for US \$35 per year. Periodicals postage paid at Champlain, N.Y. and additional mailing offices. Address changes should be sent to:

SWIMNEWS, 356 Sumach Street, Toronto, ON, M4X 1V4 or (USA and International only)

IMS of N.Y., 100 Walnut St. #3, P.O.Box 1518, Champlain, N.Y. 12919-1518. For details call: IMS at 1 (800) 428-3003

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Making Waves

TOP

Plan to take part in the 2000 TOP Program

HOW TO TAKE PART

Submit names of swimmers with their performances on TOP ENTRY FORM available on swimnews.com (club trials are recommended) in one age category only, free and I.M. to: SWIMNEWS
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Second deadline: April 28, 2000 Third deadline: June 23, 1999

CANADIAN CALENDAR

April

14-16 Ontario Team Championships
Island Championships, Victoria

28-30 Edmonton Keyano International

May

13-14 Island Invitational, Victoria

6-28 New Brunswick Champs, Saint John

28-4 Maritime Life Olympic Trials,
Montreal

June

2-4 ROD Invitational, Regina

3-4 Durham Invitational, Pickering

16-18 Moose Jaw Invitational Provincial Trials, Victoria

25-25 Jack McCormick Invitational, Hamilton Island Invitational. Victoria

29-2 Man/Sask Champs, Winnipeg

July

6-9 Ontario JR Provincials, Thunder Bay

7-9 Mel Zajac International, Vancouver

13-16 Youth/Junior Nationals/SWAD, Etobicoke

20-23 BC Provincials, Victoria

30 Thetis Lake Open Water, Victoria

August

3-6 Maritime Life Nationals, Winnipeg

12 Canadian 10K Championships, Victoria

October

13-15 POW Invitational, Woodtsock, ON

November

10-12 Island Pacific Cup, Victoria

25-26 World Cup, Edmonton

2001

February

23-25 Youth & Junior Nationals East - Saint John, NB West - Saskatoon, SK

March

14-17 Spring Nationals (50 m), Edmonton

May

TBA Mel Zajac International, Vancouver

July

18-21 Youth & Junior Nationals, Winnipeg

August

7-10 Summer Nationals

INTERNATIONAL

April

10-14 Australian Age Group Champs, Perth10-16 So. American Champs, Mar del Plata, ARG

May

6-7 Flanders Grand Prix, Brugges, BEL

12-14 Akropolis Meet, Athens, GRE Antwerp Grand Prix, BEL

13-14 Swedish Grand Prix 2, Uppsala, SWE

19-21 Belgian GP, Charleroi, BEL

20-27 Australian Olympic Trials, Sydney

22-22 Mare Nostrum 1, Monte Carlo, MON

 ${\tt 21-24}\quad {\tt Oceania\ Champs,\ Christchurch,\ NZL}$

25-25 Mare Nostrum 2, Barcelona, ESP

25-28 JR Champs, Chalon-sur-Saone, FRA26-29 Speedo Super Final, Sheffield, GBR

31-6 Brazil Trophy, Rio de Janeiro, BRA

June

4-7 Swedish EU Trials, Jonkoping, SWE

3-9 South Pacific Games, Guam, GUM

15-18 German Championships, Berlin, GER

16-18 Netherland Championships, NED

17-18 Golden Bear, Zagreb, CRO

17-18 Porto International, POR

21-24 Oceania Championships, Christchurch, NZL

28-9 European Championships, Helsinki, FIN

July

7-9 Darmstadt International, GER

11-14 British Championships, Sheffield, GBR

15 Traversee Lac Leman, SUI

20-23 Swedish Nationals, Landskrona, SWE

22-23 Vittel Cup Finals, Millau, FRA

27-30 European Junior Championships, Dunquerque, FRA

28-31 British Olympic Trials, Sheffield, GBR

27-7 FINA World Masters, Munich, GER

August

3-6 National Champs, Vevey, SUI

4-6 National Champs, Belgium

6-9 Italian Championships, Asti, ITA

12-13 Balkan Games, Nicosia, CYP

17-23 Arab Tournament, Amman, JOR

September

16-23 Olympic Games, Sydney, AUS

October

7-8 Bremen SC International, GER

12-15 SC Champs, Melbourne, AUS

November

17-22 FINA World Open Water Champs, Ft. Lauderdale. USA

December

14-17 European SC Championships, Valencia. ESP 16-18 British Winter Champs, Sheffield, GBR

2001

July

17-29 FINA World Championships, Fukuoka, JPN

August

22-1 FISU Universiade, Beijing, CHN

25-7 Mediterranean Games, Tunis, TUN

September

29-9 Goodwill Games, Brisbane, AUS

November

3-11 Afro-Asian Games, New Delhi, IND

2002

April

TBA FINA World SC Champs, Moscow, RUS **July**

26-36 Commonwealth Games, Manchester, UK **August**

25-30 Pan Pacific Champs, Yokohama, JPN

2006

March

15-26 Commonwealth Games, Melbourne, AUS

U.S. CALENDAR

April

11-14 YMCA SC Nationals, Ft.Lauderdale, FL

May

26-28 Cadillac 1, Ann Arbor, MI

June

15-18 Cadillac 2, Charlotte, NC

22-25 Cadillac 3, Santa Clara, CA

July

13-16 Cadillac 4, Los Angeles, CA

14-16 Cadillac 5, Long Island, NY

August

1-5 Speedo Junior Championships

West, San Antonio, TX
Southeast, Gainesville, FL
Northeast, Oxford, OH

9-16 Olympic Trials, Indianapolis, IN

November

18-18 FINA World Cup 1, College Park, MD 30-2 US Open (25 M), Auburn, AL

2001

March

15-17 Women's NCAA, Long Island, NY

22-24 Men's NCAA, College Station, TX

27-3 World Champs Trials, Austin, TX

August

14-18 Summer Nationals

ABOUT THIS ISSUE

Record setting in March continued at a torrid pace; 24 world rRecords and 15 Canadian records indicate how faster swimming at all levels has become the norm. More and better competitions and the approaching Olympics are one reason.

Nikki Dryden writes on the Canadian Speedo Spring Nationals, held early in March long course. Rick Say broke a 10-year-old Canadian 200 freestyle record with a fantastic effort. Most others were in heavy training and swam through the meet.

The fifth FINA Short Course World Championships followed in Athens and that's where 15 world records tumbled during the fours days of competition. Neil Walker (USA) was the star of the meet with five golds and two silvers. His mastery of the underwater kick in backstroke obliterated the existing records. He also posted impressive times for the 100 free and 100 I.M. Lenny Krayzleburg, who re-wrote the backstroke records during the past year, injured his toe on the touch pad in Athens and scratched from the 100 and 200 backs. The point is that nothing is certain—expect the unexpected.

For the first time the NCAA Championships went metric. The women's meet coincided with Athens and the comparisons were interesting. Two world records fell. A week later the men's championships was even faster with seven world records. Ed Moses obliterated the breaststroke records from Athens.

Early March is traditionally the period for provincial championships, so amidst all the international excitement the Canadian program displayed its fastest times for the Winter season and extra time was needed to process all this information. TAG is pretty well upto-date, with minor exceptions due to some missing events. We have requested same. Next issue will have the 50 top performances for 25 m pools.

Tara Sloan had a car accident the week before Spring Nationals and was in a coma on life support for a week. She never regained consciousness and died. Her obituary by Nikki Dryden describes her life and accomplishments and the loss we all feel.

6

SPEEDO SPRING N	ATIONALS		6) 25.23 Adam Sioui,17,TD	7) 4:
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7) 4:04.57 Sylvain Lemieux,19,PPO	4) 2:07.15 Jonathan Fowler,22,UCSC	Semi-final	1) 4:32.29 George Bovell,16,PPO 2) 4:32.36 Shawn Van Hoof,22,PDSA	16) ! 200 ME
8) 4:05.85 Chuck Sayao,17,MSSAC-TO B Final	5) 2:07.67 Gordon McKay,19,EKSC-SE 6) 2:07.73 Michael Power,19,UCSC	1) 24.86 Michael Mintenko,24,PDSA 2) 24.91 Takashi Yamamoto,21,ROW	3) 4:34.32 Garth Coxford, 19, UCSC	1) 2:0
1) 4:04.64 Joe Melton,20,UCSC	7) 2:10.37 Stephen Preston,18,UL	2) 24.91 Takashi Yamamoto,21,ROW 3) 25.01 Garret Pulle,22,UCSC	4) 4:34.50 Owen MacGregor,21,TO	2) 2:0
2) 4:05.00 Tim Peterson,21,PDSA	8) 2:12.23 Adam Peacey,23,UCSC	4) 25.03 Gavin Carscallen,21,UNATT	5) 4:37.16 David MacDonald,19,IS	3) 2:0
•		I	1	1

4:39.60 Sebastien Poulin,20,CAMO 4:42.54 Steven Medaglia,15,GO 25.17 Collin Sood,26,UCSC disq Alex Boulanger,18,CAMO O MEDLEY RELAY 3:44.88 Calgary Swimming B,UCSC 3:46.73 Pacific Dolphins,PDSA 3:48.43 Region of Waterloo,ROW 3:51.20 Calgary Swimming, UCSC 3:52.30 Island Swimming, IS 3:53.13 Calgary Swimming C, UCSC 3:54.03 Pacific Dolphins B, PDSA 3:55.05 Pacific Dolphins C, PDSA O FREE RELAY 3:25.19 Pacific Dolphins,PDSA 3:27.88 Calgary Swimming B,UCSC 3:28.23 Univ.Laval Rouge & Or,UL 3:28.75 Pisc.Olym Montreal,PPO 3:29.52 Island Świmming,IS 3:30.31 Toronto All Stars,TO 3:32.49 Calgary Swimming, UCSC 3:33.31 Montreal Aquatique, CAMO O FREE RELAY :31.53 Pacific Dolphins,PDSA 7:38.76 Calgary Swimming, UCSC 7:38.78 Island Swimming, IS 7:45.02 Montreal Aquatique,CAMO 7:45.47 Toronto All Stars, TO 7:45.68 Calgary Swimming B,UCSC 7:47.37 Pisc.Olym Montreal,PPO 7:47.44 Univ.Laval Rouge & Or,UL ETRES FREESTYLE 26.21 Laura Nicholls,21,ROW 26.48 Chrissy MacAulay, 17, ESWIM 26.60 Jenna Gresdal, 15, ESWIM 26.74 Jessie Bradshaw, 15, UCSC 26.87 Anna Lydall, 20, OAK-TO 26.90 Julie Tardif,22,CAMO 27.08 Carol Chiang, 24, CAMO 27.33 Kelly Stefanyshyn, 17, PDSA 26.36 Laura Nicholls,21,ROW 26.72 Chrissy MacAulay, 17, ESWIM 26.86 Jenna Gresdal, 15, ESWIM 26.90 Julie Tardif,22,CAMO 26.95 Carol Chiang, 24, CAMO 26.96 Anna Lydall, 20, OAK-TO 27.01 Jessie Bradshaw, 15, UCSC 27.05 Kelly Stefanyshyn, 17, PDSA 27.10 Natalie Kiegelmann, 17, BTSC 27.15 Allison Zwarich, 19, UCSC 27.19 Tara Taylor,17,HYACK 27.28 Kate Plyley,14,0AK 27.34 Alexandra Lys,15,UCSC 27.49 Genevieve Gregoire, 18, PCSC 27.77 Amelie Theroux-Lemay, 19, CAMO 27.86 Kate Brambley,21,PDSA METRES FREESTYLE 55.84 Suzu Chiba,24,ROW 56.05 Laura Nicholls,21,ROW 57.21 Marianne Limpert,27,PDSA 57.46 Jessica Deglau,19,PDSA 57.47 Tara Taylor,17,HYACK 57.58 Claudia Poll,27,CRC 57.71 Jenna Gresdal,15,ESWIM 58.28 Carol Chiang, 24, CAMO final 55.92 Suzu Chiba,24,ROW 57.05 Laura Nicholls,21,ROW 57.06 Claudia Poll,27,CRC 57.30 Marianne Limpert,27,PDSA 57.35 Tara Taylor,17,HYACK 57.37 Jessica Deglau, 19, PDSA 57.72 Jenna Gresdal, 15, ESWIM 57.80 Carol Chiang,24,CAMO 57.85 Jessie Bradshaw,15,UCSC 57.99 Alexandra Lys,15,UCSC 58.38 Jennifer Button, 22, ROW 58.38 Marylyn Chiang,22,ESWIM 58.74 Melania Bussiere,27,CNB 59.08 Karley Stutzel,17,IS 59.13 Tara Brock,23,PCSC 59.23 Chrissy MacAulay, 17, ESWIM METRES FREESTYLE 2:00.80 Suzu Chiba,24,ROW 2:01.94 Claudia Poll,27,CRC 2:02.80 Jessica Deglau, 19, PDSA

4)	2.03.69	Laura Nicholls,21,ROW
5)	2:04.54	Carla Geurts.28.UNB
6)	2:05.67	Karley Stutzel,17,IS
7) 8)	2:05.69 2:06.32	Jaime Theriault,18,GO Jennifer Button,22,ROW
B fir		Jennier Bullon,22,NOW
1)	2:04.97	Alexandra Lys,15,UCSC
2)	2:05.04	Tara Taylor,17,HYACK
3) 4)	2:05.94 2:05.95	Kate Brambley,21,PDSA Tamee Ebert,16,PDSA
5)	2:05.97	Danielle Bell,16,IS
6)	2:07.69	
7) 8)	2:07.69 2:08.12	Tiffany Jones,19,IS Deanna Stefanyshyn,15,PDSA
		FREESTYLE
1)		Claudia Poll,27,CRC
2) 3)	4:15.55 4:17.35	
4)	4:17.81	Danielle Bell,16,IS
5)		Julie Gravelle,20,TO
6) 7)	4:20.22 4:23.00	Carla Geurts,28,UNB Jessica Deglau,19,PDSA
8)		Laura Nicholls,21,ROW
B fir	nal	
1)	4:20.36	Lindsay Beavers, 18, STARS
2) 3)	4:20.74 4:22.89	Karine Legault,21,PPO Tara Taylor,17,HYACK
4)	4:23.12	Tamee Ebert,16,PDSA
5)		Karley Stutzel, 17, IS
6) 7)	4:24.05 4:25.45	Kate Brambley,21,PDSA Lauren Costella,15,USA
8)	4:27.86	Tanya Hunks, 19, BRANT
800	METRES	S FRÉESTYLE
1) 2)		Danielle Bell,16,IS Lindsay Beavers,18,STARS
3)	8:52.36	
4)	8:54.93	Lauren Costella, 15, USA
5)		Carrie Burgoyne, 18, UCSC
6) 7)	9:00.25	Karine Legault,21,PPO Julie Gravelle,20,TO
8)	9:01.78	
50 1		BACKSTROKE Frin Cammal 10 VCS
2)	30.04	Erin Gammel,19,KCS Jennifer Carroll,18,CAMO
3)		Michelle Lischinsky,24,MANTA
4)		Andrea Finlay, 20, ESWIM
5) 6)		Kelly Stefanyshyn,17,PDSA Kristen Schneider,18,ROD
7)		Elizabeth Wycliffe,16,EBSC
8)		Nikki Dryden,24,UCSC
5en 1)	ni-final	Erin Gammel, 19, KCS
2)		
2)		Michelle Lischinsky,24,MANTA
3)	30.14 30.17	Michelle Lischinsky,24,MANTA Jennifer Carroll,18,CAMO
4)	30.14 30.17 30.40	Michelle Lischinsky,24,MANTA Jennifer Carroll,18,CAMO Kelly Stefanyshyn,17,PDSA
	30.14 30.17 30.40	Michelle Lischinsky,24,MANTA Jennifer Carroll,18,CAMO Kelly Stefanyshyn,17,PDSA Andrea Finlay,20,ESWIM
4) 5) 6) 7)	30.14 30.17 30.40 30.70 30.73 30.78	Michelle Lischinsky,24,MANTA Jennifer Carroll,18,CAMO Kelly Stefanyshyn,17,PDSA Andrea Finlay,20,ESWIM Elizabeth Wycliffe,16,EBSC Kristen Schneider,18,ROD
4) 5) 6) 7) 8)	30.14 30.17 30.40 30.70 30.73 30.78 30.95	Michelle Lischinsky,24,MANTA Jennifer Carroll,18,CAMO Kelly Stefanyshyn,17,PDSA Andrea Finlay,20,ESWIM Elizabeth Wycliffe,16,EBSC Kristen Schneider,18,ROD Nikki Dryden,24,UCSC
4) 5) 6) 7) 8) 9)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanystryn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW
4) 5) 6) 7) 8) 9) 10) 11)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.08 31.17	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH
4) 5) 6) 7) 8) 9) 10) 11)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.08 31.17 31.18	Michelle Lischinsky,24,MANTA Jennifer Carroll,18,CAMO Kelly Stefanyshyn,17,PDSA Andrea Finlay,20,ESWIM Elizabeth Wycliffe,16,EBSC Kristen Schneider,18,ROD Nikki Dryden,24,UCSC Michelle Cruz,19,ROW Julia Wright,18,UCSC Sasha Taylor,17,PERTH Melanie Frigon,17,BBF
4) 5) 6) 7) 8) 9) 10) 11) 12)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.08 31.17 31.18 31.28	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Arny Jacina, 15, GMAC
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.08 31.17 31.18	Michelle Lischinsky,24,MANTA Jennifer Carroll,18,CAMO Kelly Stefanyshyn,17,PDSA Andrea Finlay,20,ESWIM Elizabeth Wycliffe,16,EBSC Kristen Schneider,18,ROD Nikki Dryden,24,UCSC Michelle Cruz,19,ROW Julia Wright,18,UCSC Sasha Taylor,17,PERTH Melanie Frigon,17,BBF
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.08 31.17 31.18 31.28 31.52 31.57 31.58	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Anny Jacina, 15, GMAC Jennifer Cooper, 17, LAC Geneviewe Gregoire, 18, PCSC Jane Mikoultchik, 20, UCSC
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.17 31.18 31.28 31.52 31.57 31.58	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregorie, 18, PCSC Jane Mikoultchik, 20, UCSC BACKSTROKE
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 1) 2)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.17 31.18 31.28 31.57 31.59 METRES	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregoire, 18, PCSC Jane Mikoultchik, 20, UCSC BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.08 31.17 31.18 31.28 31.52 31.57 31.58 METRES 1:02.86 1:03.21 1:03.57	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Any Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregoire, 18, PCSC Jane Mikoultchik, 20, UCSC BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 1) 2)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.08 31.17 31.18 31.28 31.52 31.57 31.58 9 METRES 1:03.26 1:03.27 1:03.57 1:03.57	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Arny Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregorier, 18, PCSC Jane Mikoultchik, 20, UCSC BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Fratesi, 15, ROW
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3) 4) 5) 6)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.08 31.17 31.18 31.28 31.52 31.57 31.58 METRES 1:02.86 1:03.21 1:03.57 1:04.69	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregoire, 18, PCSC Jane Milkoultchik, 20, UCSC SBACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Frates, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3) 4) 5) 6) 7)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.18 31.28 31.57 31.58 9 METRES 1:03.21 1:03.57 1:03.92 1:04.69 1:05.24	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregorier, 18, PCSC Jane Mikoultchik, 20, UCSC S BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Frates, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC Andree-Ann Leroy, 18, NRST
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3) 4) 5) 6) 7) 8)	30.14 30.17 30.40 30.73 30.73 30.75 31.06 31.17 31.18 31.28 METRES 1:02.86 1:03.57 1:03.57 1:03.57 1:03.92 1:04.10 1:05.24 1:05.25	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregoire, 18, PCSC Jane Milkoultchik, 20, UCSC SBACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Frates, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3) 4) 5) 6) 7) 8) Sem 1)	30.14 30.17 30.40 30.70 30.73 30.78 30.95 31.06 31.18 31.28 31.57 31.58 9 METRES 1:03.21 1:03.57 1:03.92 1:04.69 1:05.24	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregorier, 18, PCSC Jane Mikoultchik, 20, UCSC S BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Frates, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC Andree-Ann Leroy, 18, NRST
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3) 4) 5) 6) 7) 8) Sem 1) 2)	30.14 30.17 30.70 30.73 30.73 30.78 31.06 31.08 31.17 31.52 31.52 1.02.86 METRES 1.03.21 1.03.21 1.03.21 1.04.90 1.05.25 1.03.82	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregorier, 18, PCSC Jane Mikoultchik, 20, UCSC S BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Fratesi, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC Andree-Ann Leroy, 18, NRST Kristen Schneider, 18, ROD Erin Gammel, 19, KCS Michelle Lischinsky, 24, MANTA
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3) 4) 5) 6) 7) 8) 8) 8) 9) 10) 11) 12) 13) 14) 15) 16) 17) 18) 18) 19) 19) 19) 19) 19) 19) 19) 19) 19) 19	30.14 30.17 30.70 30.73 30.73 30.78 30.78 30.78 31.06 31.08 31.17 31.28 31.52 31.57 METRES 1.02.26 1.03.21 1.04.10 1.04.62 1.05.25 1.03.80	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Arny Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregorier, 18, PCSC Jane Mikoultchik, 20, UCSC S BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Fratesi, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC Andree-Ann Leroy, 18, NRST Kristen Schneider, 18, ROD Erin Gammel, 19, KCS Michelle Lischinsky, 24, MANTA Jennifer Fratesi, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC Andree-Ann Leroy, 18, NRST Kristen Schneider, 18, ROD
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3) 4) 5) 6) 7) 8) Sem 1) 2)	30.14 30.17 30.70 30.73 30.73 30.78 31.06 31.08 31.17 31.52 31.52 1.02.86 METRES 1.03.21 1.03.21 1.03.21 1.04.90 1.05.25 1.03.82	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregorier, 18, PCSC Jane Mikoultchik, 20, UCSC S BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Fratesi, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC Andree-Ann Leroy, 18, NRST Kristen Schneider, 18, ROD Erin Gammel, 19, KCS Michelle Lischinsky, 24, MANTA
4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 100 1) 2) 3) 4) 5) 6) 7) 8) 8) 8) 9) 10) 11) 12) 13) 14) 15) 16) 17) 18) 18) 19) 19) 19) 19) 19) 19) 19) 19) 19) 19	30.14 30.17 30.70 30.73 30.73 30.75 31.08 31.17 31.18 31.52 31.57 31.58 METRES 1.02.86 1.03.21 1.03.57 1.03.22 1.04.10 1.05.25	Michelle Lischinsky, 24, MANTA Jennifer Carroll, 18, CAMO Kelly Stefanyshyn, 17, PDSA Andrea Finlay, 20, ESWIM Elizabeth Wycliffe, 16, EBSC Kristen Schneider, 18, ROD Nikki Dryden, 24, UCSC Michelle Cruz, 19, ROW Julia Wright, 18, UCSC Sasha Taylor, 17, PERTH Melanie Frigon, 17, BBF Amy Jacina, 15, GMAC Jennifer Cooper, 17, LAC Genevieve Gregorier, 18, PCSC Jane Mikoultchik, 20, UCSC S BACKSTROKE Erin Gammel, 19, KCS Kelly Stefanyshyn, 17, PDSA Michelle Lischinsky, 24, MANTA Jennifer Fratesi, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC Michelle Lischinsky, 24, MANTA Kelly Stefanyshyn, 17, PDSA Jennifer Fratesi, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC Michelle Lischinsky, 24, MANTA Kelly Stefanyshyn, 17, PDSA Jennifer Fratesi, 15, ROW Julie Howard, 23, BRANT Elizabeth Wycliffe, 16, EBSC

1:05.08 Kristen Schneider, 18, ROD

1:05.35 Nikki Dryden,24,UCSC

1:05.45 Julia Wright, 18, UCSC

11) 1:05.49 Jennifer Carroll, 18, CAMO

12)	1:05.97	Andrea Finlay, 19, ESWIM
13)	1:06.09	Melanie Frigon, 17, BBF
14)	1:06.21	Michelle Cruz,19,ROW
15)	1:06.24	Genevieve Gregoire, 18, PCSC
16)	1:07.02	Dominique Kennedy, 18, ROW
200	METRES	BACKSTROKE
1)	2:15.69	Jennifer Fratesi, 15, ROW
2)	2:15.80	Kelly Stefanyshyn, 17, PDSA
3)	2:17.67	
3) 4)		
4) 5)		Elizabeth Warden,22,TO
	2:18.86 2:19.33	Nikki Dryden,24,UCSC
6) 7)	2:20.49	Joanne Malar, 24, UCSC
		Melanie Frigon, 17, BBF
8) B fin	2:21.56	Julia Wright,18,UCSC
		Elizabath Wasliffo 14 EDCC
1)	2:19.38	Elizabeth Wycliffe,16,EBSC
2)	2:21.68	Erin Gammel, 19, KCS
3)	2:21.84	Dominique Kennedy,18,ROW
4)	2:23.38	Lynette Bayliss,14,UCSC
5)	2:23.63	Melania Bussiere, 27, CNB
6)	2:24.20	Sasha Taylor,17,PERTH
7)	2:24.46	Andrea Szewchuk, 16, ESWIM
8)	2:24.89	Shauna McNally, 18, EKSC-SE
		BREASTSTROKE
1)	32.89	Rhiannon Leier,22,MANTA
2)	33.24	Lisa Blackburn,28,NKB
3)	33.31	Lauren van Oosten,21,UCSC
4)	33.40	
5)	33.56	
6)	33.79	Courtenay Chuy,14,HYACK
7)	34.09	Trisha Lakatos, 17, PCSC
8)	34.32	Christy Anderson, 17, STARS
	i-final	
1)	33.26	Lisa Blackburn,28,NKB
2)		Rhiannon Leier,22,MANTA
3)	33.66	
4)	33.67	Lauren van Oosten,21,UCSC
5)	33.68	Tamara Wagner,14,TORCH
6)	33.97	Courtenay Chuy, 14, HYACK
7)	33.98	Trisha Lakatos, 17, PCSC
8)	34.37	Christy Anderson, 17, STARS
9)	34.45	Julie Tardif,22,CAMO
10)	34.62	Joanna Lee,15,MSSAC-TO
11)	34.64	Josee Dubois,22,IS
12)	34.66	Marcy Edgecumbe, 16, EKSC
13)	34.81	Michelle Laprade, 18, CAG
14)	34.85	Jessica Sloan, 17, UCSC
15)	34.86	Marie-C. Guilbert, 17, BBF
16)	35.04	Ariane Kich, 16, GMAC
		BREASTSTROKE
1)		Christin Petelski,22,IS
2)	1:11.57	Lauren van Oosten,21,UCSC
3)	1:11.65	Rhiannon Leier,22,MANTA
4)	1:11.91	
5)	1:13.23	Courtenay Chuy,14,HYACK
6)	1:13.45	Annamay Pierse, 16, EKSC-SE
7)	1:13.70	Christy Anderson, 17, STARS
8)	1:14.72	Tamara Wagner,14,TORCH
	i-final	
1)	1:11.32	Rhiannon Leier,22,MANTA
2)	1:11.95	Christin Petelski,22,IS
3)	1:12.18	Courtenay Chuy,14,HYACK
4)	1:12.24	Lisa Blackburn,28,NKB
5)	1:13.10	Lauren van Oosten,21,UCSC
6)	1:13.85	Annamay Pierse, 16, EKSC-SE
		•

	13)	1:14.80	Marieve De Blois, 16, PPO
SA	14)	1:15.38	Emma Spooner, 17, NCSA
MANTA	15)	1:15.90	Victoria Arrandale,20,IS
	16)	1:15.94	Michelle Poirier, 17, RDCSC
	200	METRES	BREASTSTROKE
	1)	2:31.14	Courtenay Chuy, 14, HYACK
	2)	2:32.90	Christin Petelski,22,IS
	3)		Lauren van Oosten,21,UCSC
	4)		Rhiannon Leier,22,MANTA
SC	5)	2:36.61	Joanne Malar,24,UCSC
	6)		Elizabeth Warden,22,TO
ROW	7)	2:37.07	Josee Dubois,22,IS
;	8)	2:37.79	Lisa Blackburn,28,NKB
В	B fin		A Di 1/ EVCC C
WIM	1)	2:36.61	Annamay Pierse, 16, EKSC-S
	2)	2:38.94	
C-SE	3)	2:39.06	Marieve De Blois, 16, PPO
TA	4)	2:39.82 2:41.36	Christy Anderson, 17, STARS
IA	5) 6)	2:41.58	
CSC	7)	2:42.93	Kelly Doody,20,PDSA
CH	8)	2:44.12	Joanna Lee, 15, MSSAC-TO
511			BUTTERFLY
CK	1)	27.93	Shona Kitson,22,0SC-SE
	2)	28.26	Marylyn Chiang, 22, ESWIM
ARS	3)	28.47	Michaela Schmidt,16,CASC
	4)		Karine Chevrier,22,CAMO
	5)		Jennifer Button, 22, ROW
TA	6)	28.76	
	7)		Elizabeth Collins, 17, ROD
CSC	8)	28.96	Jessica Deglau, 19, PDSA
CH	Sem	i-final	v
CK	1)	28.16	Marylyn Chiang, 22, ESWIM
	2)	28.17	Shona Kitson,22,0SC-SE
ARS	3)		Karine Chevrier,22,CAMO
	4)		Jennifer Button,22,ROW
TO	5)		Elizabeth Collins,17,ROD
100	6)	28.76	
(SC	7)	28.78	Michaela Schmidt, 16, CASC
G	8)	28.89	Andrea Schwartz,22,UCSC
_	9)	28.90	Audrey Lacroix,16,CAMO
F	10)		Cynthia Pearce, 16, MSSAC-
	11)	29.18	
	12) 13)	29.21 29.34	Marie-H. Tremblay,21,UL Jennifer Manley,19,LAC
CSC	14)	29.39	Amanda Gillespie, 15, PERTH
TA	15)	29.55	Sara Alroubaie, 18, MANTA
	16)	29.57	Jennifer Carroll,18,CAMO
CK			BUTTERFLY
C-SE	1)	1:01.25	Jennifer Button,22,ROW
ARS	2)	1:01.40	Audrey Lacroix,16,CAMO
CH	3)	1:02.51	Shona Kitson,22,0SC-SE
	4)	1:02.56	
TA	5)	1:02.62	Karine Chevrier,22,CAMO
	6)		Andrea Schwartz,22,UCSC
CK	7)	1:03.01	Michaela Schmidt, 16, CASC
	8)	1:04.46	Nancy Gajos, 15, ESWIM
CSC		i-final	
C-SE	1)	1:01.61	Jennifer Button,22,ROW
v of To	p Pe	erform	nances
	,	100) fly M Takaak
53.18		100) fly M Takash
10 0/		200	from M. Dial C.

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1:13.93 Christy Anderson, 17, STARS
1:14.00 Tamara Wagner,14,TORCH
1:14.38 Marcy Edgecumbe, 16, EKSC
1:14.56 Josee Dubois,22,IS
1:14 69 Trisha Lakatos 17 PCSC
1:14.74 Elizabeth Warden 22.TO
                                 SE
                                 -T()
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Betters old record of 24.65 Stephen Clarke, COBRA, 1996. NATIONAL AGE GROUP (50 M) Boys 13-14 100 backstroke: 58.92 Tobias Oriwol, ESWIM, Etobicoke, Mar 10 (swim-off for 17th place). Betters old record of 59.95 David Whang, ESWIM. 1998. Boys 13-14 200 backstroke: 2:05.62 Tobias Oriwol, ESWIM, Etobicoke, 7)

Mar 9. Betters old record of 2:09.08 Tobias Oriwol, ESWIM, 1999 Boys 13-14 200 ind. medley: 2:09.65 Tobias Oriwol, ESWIM, Etobicoke, Mar 11. Betters old record of 2:10.8 1:01.80 Audrey Lacroix, 16, CAMO 1:02.22 Michaela Schmidt,16,CASC 1:02.33 Jessica Deglau, 19, PDSA 1:02.39 Shona Kitson,22,0SC-SE 1:02.42 Andrea Schwartz, 22, UCSC 1:03.22 Karine Chevrier, 22, CAMO 1:04.02 Nancy Gajos, 15, ESWIM 1:04.06 Sara Alroubaie, 18, MANTA 1:04.18 Elizabeth Collins,17,ROD 1:04.38 Kelly Stefanyshyn, 17, PDSA 1:04.47 Cynthia Pearce, 16, MSSAC-TO 1:04.49 Júlie Unrau,17,PDSA 1:04.76 Melissa Laflamme,17,UL 1:04.93 Sophie Emond, 21, STARS 200 METRES BUTTERFLY 2:11.95 Jennifer Button, 22, ROW 2:12.34 Jessica Deglau, 19, PDSA 2:14.35 Andrea Schwartz, 22, UCSC 2:15.48 Audrey Lacroix, 16, CAMO 2:17.10 Michaela Schmidt, 16, CASC 2:17.18 Julie Gravelle,20,TO 2:19.19 Tanya Hunks, 19, BRANT 2:19.68 Kellie Rolston, 19, IS B final 2:18.71 Kristy MacLennan, 17, ESWIM 2:18.91 Sara Alroubaie, 18, MANTA 2:19.92 Shona Kitson,22,OSC-SE 2:20.14 Sophie Emond, 21, STARS 2:20.30 Julie Unrau, 17, PDSA 2:20.65 Karine Chevrier, 22, CAMO 2:21.03 Melissa Laflamme.17.UL 2:22.10 Nancy Gajos, 15, ESWIM 200 METRES IND. MEDLEY 2:17.37 Joanne Malar,24,UCSC 2:17.71 Marianne Limpert.27.PDSA 2:19.06 Elizabeth Warden, 22, TO 2:19.09 Carrie Burgoyne, 18, UCSC 2:20.06 Kelly Doody,20,PDSA 2:21.52 Kristy Cameron, 18, GMAC 2:22.64 Marieve De Blois, 16, PPO 2:23.75 Kristen Bradley, 16, NEW 1) 2:21.58 Andree-Ann Leroy,18,NRST

RECORD SETTERS

Men's 200 freestyle: 1:48.86 Rick Say, IS, Etobicoke, Mar 8 Betters old record of 1:49.71 Turlough O'Hare, PDSA, 1991. Men's 50 butterfly: 24.40 Michael Mintenko, PDSA, Etobicoke, Mar 11.

CANADIAN SENIOR (50 M)

			iwol, ESWIM, Etobicok
3	2 Phi	lip Wei	ss, SKSC, 1994.
	I 2\	2.22.01	Michalla Landa, 1E DDCA
	2)	2:23.01	Michelle Landry, 15, PDSA
	3)	2:23.76 2:24.23	Jenna Gresdal,15,ESWIM Michelle Poirier,17,RDCSC
	4)		
	5)	2:25.26	Tara Schulz,20,PCSC
	6) 7)	2:25.35 2:26.04	Melissa Laflamme,17,UL Dena Durand,19,BROCK
	8)	2:29.27 METDES	Shauna McNally,18,EKSC-SE SIND.MEDLEY
	1)	4:45.90	Joanne Malar,24,UCSC
	2)	4:48.62	Carrie Burgoyne, 18, UCSC
	3)	4:51.88	Elizabeth Warden,22,TO
	4)	4:54.36	Kelly Doody, 20, PDSA
	5)	4:57.10	Kristen Bradley, 16, NEW
	6)	4:57.60	Lauren Costella, 15, USA
	7)	5:03.99	Lauren van Oosten,21,UCSC
	''	disq	Tanya Hunks, 19, BRANT
	B fir		Tanja Hamoj Pribrati
	1)	4:59.34	Lindsay Beavers, 18, STARS
	2)	5:00.85	Kristy Cameron, 18, GMAC
	3)	5:02.18	Allison Laidlow, 15, PDSA
	4)	5:02.66	Michelle Landry, 15, PDSA
	5)	5:02.66	Andree-Ann Leroy, 18, NRST
	6)	5:04.28	Dena Durand, 19, BROCK
	7)	5:06.98	Chanell Charron-W., 15, CAG
	8)	5:14.12	Kathy Siuda, 14, ROW
	4X1	00 MEDL	EY RÉLAY
	1)	4:17.25	Calgary Swimming, UCSC
	2)	4:20.06	Pacific Dolphins,PDSA
	3)	4:20.23	Manta Swim Club, MANTA
	4)	4:21.30	Etobicoke Swimming, ESWIM
	5)	4:23.50	Montreal Aquatique, CAMO
	6)	4:25.58	Island Swimming,IS
	7)	4:25.78	Pacific Dolphins B,PDSA
	8)	4:28.72	Toronto All Stars,TO
		00 FREE	
	1)	3:46.84	Region of Waterloo, ROW
	2)	3:50.35	Pacific Dolphins,PDSA
	3)	3:52.94	Calgary Swimming, UCSC
	4)	3:53.65	Etobicoke Swimming, ESWIM
	5)	3:56.70	Pacific Dolphins B,PDSA
	6) 7)	3:57.24	Montreal Aquatique,CAMO Region of Waterloo B,ROW
		4:00.53	Calgary Swimming B,UCSC
	8)	4:01.95 !00 FREE	
	1)	8:14.27	Pacific Dolphins,PDSA
	2)	8:14.58	Region of Waterloo,ROW
	3)	8:21.80	Calgary Swimming, UCSC
	/\)	8-25 50	Pacific Dolphins R PDSA

8:25.50 Pacific Dolphins B,PDSA

8:36.33 Montreal Aquatique CAMO 8:36.65 Toronto All Stars.TO

8:38.65 Univ.Laval Rouge & Or,UL

1468.0 University of Calgary SC, UCSC

360.5 Aquatique de Montreal, CAMO

252.5 Etobicoke Swimming, ESWIM

218.0 Manta Swim Club, MANTA

1218.5 Pacific Dolphins SA, PDSA 801.5 Region of Waterloo, ROW

584.5 Island Swimming, IS

434.0 Toronto All Stars, TO

228.0 Universite Laval, UL

194.0 Swim Edmonton, SE

8:28.87 Island Swimming.IS

COMBINED TEAM SCORES

5)

1)

3)

4)

5)

7)

8)

10)

Rating Summar 1) 981 ni Yamamoto,21,ROW 2) 971 1:48.86 200 free M Rick Say, 20, IS 3) 970 53.59 Michael Mintenko, 24, PDSA 100 fly M 4) 964 55.84 100 free W Suzu Chiba, 24, ROW 5) 963 53.84 100 fly M Shamek Pietucha, 23, UCSC 6) 958 56.05 100 free W Laura Nicholls, 21, ROW 4:21.92 7) 957 400 IM M Owen Von Richter, 24, ESWIM 8) 955 3:46.84 4x100 FR W Region of Waterloo, ROW Pacific Dolphins, PDSA 9) 953 8:14.27 4x200 FR W 10) 952 29.92 50 back W Erin Gammel, 19, KCS 952 4:14.23 400 free W Claudia Poll, 27, CRC 952 4:45.90 400 IM W Joanne Malar, 24, UCSC

ETH FINA CHORT COURSE WORLD CHA	MDIONCHIDC	3) 51.84 Denis Sylantyev,76,UKR 4) 51.94 Shamek Pietucha,76,CAN	3) 1:58.05 Massi Rosolino,78,ITA 4) 1:59.00 Ron Karnaugh,66,USA
5TH FINA SHORT COURSE WORLD CHA	INIPIONSHIPS	5) 52.05 Thomas Rupprath, 77, GER 6) 52.49 Burl Reid, 78, AUS	5) 1:59.39 Peter Mankoc,78,SLO 6) 2:01.10 Michael Halika,78,ISR
2000 FINA WORLD CHAMPIONSHIPS Athens, Mar 16-19 (25 m) • = world record 8) 25.10 Ante Maskovic, 79, CRO Semi-finals	Semi-finals 1) • 58.51 Roman Sloudnov,80,RUS	8) 53.16 Ioan Gherghel,78,ROM	8) 2:02.96 Kresimir Cac,76,CRO
Athens, Mar 16-19 (25 m) • = world record MEN 5 0 METRES FREESTYLE 1) 21.58 Mark Foster, 70, GBR 2) 21.62 Brendon Dedekind, 76 RSA 3) 21.80 Stefan Nystrand, 81, SWE 4) 21.82 Brett Hawke, 75, AUS 5) 22.27 Darren Lange, 73, AUS 8) 22.23 Bill Pliczuk, 71, USA 2) 21.43 Mark Foster, 70, GBR 1) 21.43 Mark Foster, 70, GBR 2) 21.43 Mark Foster, 70, GBR 3) 21.40 Stefan Nystrand, 81, SWE 4) 21.85 Stefan Nystrand, 81, SWE 3) 21.91 Brett Hawke, 75, AUS 4) 21.95 Ricardo Busguels, 75, PUR 5) 22.10 Sabir Muhammad, 76, USA 6) 22.14 Bill Pliczuk, 71, USA 7) 22.20 Darren Lange, 73, AUS 8) 22.21 Brendon Dedekind, 76, RSA 9) 22.25 Christoph Buhler, 74, SUI 10) 22.27 Salim lles, 75, ALG 11) 22.30 Peter Mankoc, 78, SLO 12) 22.31 Marcos Hernandez, 78, CUB 13) 22.32 Dimitri Kalinovski, 72, BLR 14) 22.35 Jose M. Meolans, 78, ARG 15) 22.56 Yoav Bruck, 72, ISR 16) 22.65 Yoav Bruck, 72, ISR 17) 48.89 Ashley Callus, 79, AUS 18) 48.85 Igor Koleda, 78, BLR 29) 48.81 Igor Koleda, 78, BLR 30) 48.82 Denis Pimankov, 75, RUS 40) 48.31 Jose M. Meolans, 78, ARG 41) 48.32 Salim lles, 75, ALG 42) 47.69 Stefan Nystrand, 81, SWE 48.31 Jose M. Meolans, 78, BARG 49 48.32 Salim lles, 75, ALG 40 48.57 Denis Pimankov, 75, RUS 40 48.31 Jose M. Meolans, 78, BARG 41 48.32 Salim lles, 75, ALG 42 42.44 Neil Walker, 76, USA 40 24.45 Mirro Zeravica, 72, CRO 47 24.49 Robert Wyllie, 76, AUS 48 24.40 Meil Walker, 76, USA 49 24.40 Meil Walker, 76, USA 40 24.44 Neil Walker, 76, USA 40 24.49 Robert Wyllie, 76, AUS 41, 24.49 Robert Wyllie, 76, AUS 42.	1) • 58.51 Roman Sloudnov,80,RUS 2) 5996 Y ZThu,77,CHN 3) 1:00.45 Morgan Knabe,81,CAN 4) 1:00.53 Oiliang Zeng,77,CHN 5) 1:00.66 Oleg Lisogor,79,UKR 6) 1:00.66 Roman Ivanovski,77,RUS 7) 1:00.69 Daniel Malek,73,CZE 8) 1:00.70 Darren Mew,79,GBR 9) 1:00.74 Hugues Duboscq,81,FRA 10) 1:00.85 Jarrod Marrs,75,USA 11) 1:00.90 Bjorn Nowakowski,74,GER 12) 1:00.91 James Gibson,80,GBR 13) 1:01.08 Martin Gustavsson,80,SWE 14) 1:01.12 Terence Parkin,80,RSA 15) 1:01.14 Mark Warnecke,70,GER 16) 1:01.16 Sleven McBrien,77,AUS 200 METRES BREASTSTROKE 1) • 2:07.59 Roman Sloudnov,80,RUS 2) 2:07.91 Terence Parkin,80,RSA 3) 2:09.90 Andréi Ivanov,76,RUS 4) 2:10.82 Adam Whitehead,80,GBR 5) 2:11.42 Daniel Malek,73,CZE 6) 2:12.05 Valeri Kalmikovs,73,LAT 7) 2:12.95 Sean Quinn,81,USA 8) 2:13.01 Tilip Wronski,79,POL 50 METRES BUTTERFLY 1) 2:3.30 Mark Foster,70,GBR 2) 2:3.46 Neil Walker,76,USA 3) 2:3.96 Milos Milosevic,72,CRO 6) 2:3.96 Milos Milosevic,72,CRO 6) 2:3.96 Milos Milosevic,72,CRO 6) 2:3.96 Milos Milosevic,72,CRO 6) 2:3.97 Ricardo Busquets,75,PUR 8) 24.37 Ricardo Busquets,75,PUR 8) 24.38 Ricardo Busquets,75,PUR 8) 24.06 Thomas Rupprath,77,GER 9) 24.10 Indrek Sei,72,EST 10) 24.16 Francisco Sanchez,76,VEN 11) 24.21 Pavel Lagoun,79,BLR	6) 52.49 Burl Reid, 78 AUS 7) 52.60 Anatoli Poliakov, 80, RUS 8) 53.16 loan Gherghel, 78, ROM Semi-finals 1) • 50.59 Lars Frolander, 74, SWE 2) 51.61 James Hickman, 76, GBR 3) 52.37 Thomas Rupprath, 77, GER 4) 52.50 Denis Sylantiyev, 76, UKR 5) 52.64 Anatoli Poliakov, 80, RUS 6) 52.84 Burl Reid, 78, AUS 7) 53.23 loan Gherghel, 78, ROM 8) 53.33 Shamek Pietucha, 76, CAN 9) 53.38 Sabir Muhammad, 76, USA 10) 53.42 Joakim Dahl, 76, SWE 11) 53.50 Theo Versler, 75, RSA 12) 53.63 Francisco Sanchez, 76, VEN 13) 53.72 Martin Pepper, 73, USA 14) 53.77 Xiao Zhang, 80, CHN 15) 53.92 Stefan Aarisen, 75, NED 16) 53.93 Aaron Wiles, 80, GBR 200 METRES BUTTERFLY 1) 153.57 James Hickman, 76, GBR 2) 154.27 Shamek Pietucha, 76, CAN 3) 154.47 Anatoli Poliakov, 80, RUS 4) 154.74 Denis Sylantyev, 76, UKR 5) 155.31 Thomas Rupprath, 77, GER 6) 156.63 loan Gherghel, 78, ROM 7) 156.64 Andrew Livingston, 78, PUR 100 METRES IND. MEDLEY 1) • 52.79 Neil Walker, 76, USA 2) 54.08 Jani Sievinen, 74, FIN 3) 54.38 Jani Sievinen, 74, FIN 3) 54.38 Jani Sievinen, 74, FIN 3) 54.59 Jens Kruppa, 76, GER 4) 54.59 Jens Kruppa, 76, GER 55.30 Jakob Andersen, 77, DEN 55.31 Neil Walker, 76, USA 2) 54.08 Jani Sievinen, 74, FIN 5) 55.00 Lorder Kei, 72, EST 7) 55.29 Xiao Zhang, 80, CHN 8) 55.30 Jakob Andersen, 77, DEN 50, 50, 60, 60, 60, 60, 60, 60, 60, 60, 60, 6	6) 2:01.10 Michael Halika,78,ISR 7) 2:01.34 Xufeng Xie,78,CHN 8) 2:02.96 Kresimir Cac,76,CRO 400 METRES IND.MEDLEY 1) 4:09.54 Jani Sievinen,74,FIN 2) 4:10.95 Terence Parkin,80,RSA 3) 4:10.90 Michael Halika,78,ISR 4) 4:14.58 Ron Karnaugh,66,USA 5) 4:15.50 Xufeng Xie,78,CHN 6) 4:15.69 Alexei Kovrigin,81,RUS 7) 4:17.89 Yuse, Platel,79,SUI 8) 4:19.12 Joannis Kokkodis,81,GRE 4X100 M MEDLEY RELAY 1) 3:30.03 United States,USA 2) 3:31.77 Germany,GER 3) 3:32.08 Great Britain,GRR 4) 3:32.10 Russia,RUS 5) 3:34.18 Australia,AUS 6) 3:36.49 Croatia,CRO 7) 3:37.77 Switzerland,SUI 8) 3:45.07 Greece,GRE 4X100 M FREE RELAY 1) • 3:09.57 Sweden,SWE 2) 3:10,98 United States,USA 3:13.69 Germany,GER 3:13.74 Russia,RUS 5) 3:15.38 Australia,AUS 6) 3:15.54 Great Britain,GRR 7) 3:16.37 Taly,1TA 8) 3:18.12 Belarus,BLR 4X200 M FREE RELAY 1) • 7:01.33 United States,USA 2) 7:03.06 Great Britain,GRR 7) 3:16.37 Taly,1TA 8) 3:18.12 Belarus,BLR 4X200 M FREE RELAY 1) • 7:01.33 United States,USA 2) 7:03.06 Great Britain,GRR 7) 7:10.24 Russia,RUS 6) 7:11.72 Denmark,DEN 7) 7:10.04 Italy,1TA 6) 7:11.72 Denmark,DEN 7) 7:10.04 China,CHN 8) 7:26.50 Brazil,BRA WOMEN 50 METRES FREESTYLE 1) • 23.59 Therese Alshammar,77,SWE 2) 24.77 Sandra Volker,74,GER 3) 24.80 Alison Shoppard 72,GBR 4) 25.00 Anna-K. Kammerlin,80,SWE 7) 25.32 Elena Poptchenko,79 BLR
9) 48.91 Karel Novy, 80.SUI 10) 49.04 Paul Belk, 77, GBR 11) 49.20 Lorenzo Vismara, 75, ITA 12) 49.22 Yoav Bruck, 72, ISR 13) 49.76 Francisco Sanchez, 76, VEN 14) 49.78 Mauro Gallo, 79, ITA 15) 50.39 Brendon Dedekind, 76, RSA disg Mitja Zastrow, 77, GER 200 METRES FREESTYLE 1) 1.45.17 Bela Szabados, 74, HUN 2) 1.45.58 Marsi Rosolino, 78, ITA 3) 1.45.79 Chad Carvin, 74, USA 4) 1.45.89 Andrei Kapralov, 80 RUS 5) 1.46.29 James Salter, 76, GBR 6) 1.46.74 Stefan Herbst, 78, GER 7) 1.47.58 Dimlitri Chernyshev, 75, RUS 8) 1.49.79 Igor Koleda, 78, BLR 400 METRES FREESTYLE 1) 3.41.13 Chad Carvin, 74, USA 4) 3.42.70 Paul Palmer, 74, GBR 2) 3.42.70 Paul Palmer, 74, GBR 2) 3.42.70 Paul Palmer, 74, GBR 2) 3.45.21 Jacob Carstensen, 78, DEN 6) 3.46.51 Jorg Hoffmann, 70, GER 7) 3.46.50 Alexei Filipets, 78, RUS 8) 3.47.09 Bela Szabados, 74, HUN 1500 METRES FREESTYLE 1) 1.44.75.7 Jorg Hoffmann, 70, GER 7) 3.46.50 Alexei Filipets, 78, RUS 8) 3.47.09 Bela Szabados, 74, HUN 1500 METRES FREESTYLE 1) 1.44.75.7 Jorg Hoffmann, 70, GER 6) 3.46.52 James Salter, 76, GBR 7) 3.46.50 Alexei Filipets, 78, RUS 8) 3.47.09 Bela Szabados, 74, HUN 1500 METRES FREESTYLE 1) 1.45.54.8 Alexei Filipets, 78, RUS 8) 3.47.09 Rela Szabados, 74, HUN 1500 METRES FREESTYLE 1) 1.45.7 Borg Mark Warnecke, 70, GER 2) 27.37 Oleg Lisogor, 79, UKR 2) 27.37 Oleg Lisogor, 79, UKR 2) 27.37 Oleg Lisogor, 79, UKR 2) 27.38 Domendon Dedekind, 76, RSA 2) 27.39 Neil Walker, 76, USA 2) 27.30 Oleg Lisogor, 79, UKR 2) 27.31 Bornenico Fioravanti, 77, ITA 2) 3.40 Darnen Mew (BR) 2) 27.32 Morgan Knabe, 81, CAN 2) 27.33 Morgan Knabe, 81, CAN 2) 27.34 Morgan Knabe, 81, CAN 2) 27.35 Olimita Themony Mercelling Stembol Dedekind, 76, RSA 2) 27.37 Olieg Lisogor, 79, UKR 2) 27.38 Domenico Fioravanti, 77, ITA 2) 27.39 Neil Walker, 76, GBR 2) 27.37 Olieg Lisogor, 79, UKR 2) 27.39 Neil Walker, 76, GBR 3) 27.54 Mark Warnecke, 70, GER 4) 27.67 Yi Zhu, 77, CHN 3) 27.75 Oliilang Zeng, 77, CHN 3) 27.76 Oliilang Zeng, 77, CHN 4) 28.06 Dermen Mew (BR 4) 27.69 Daniel Malek, 73, CZE 5) Mercell Carvin	12) 24.22 Denis Sylantyev, 76, UKR 13) 24.28 Robert Borucki, 77, POL 14) 24.44 Ante Maskovic, 79, CRO 15) 24.49 Brendon Dedekind, 76, RSA 16) 24.53 Shamek Pietucha, 76, CAN Prelims Scr • 23.19 Lars Frolander, 74, SWE 100 METRES BUTTERLY 1) • 50.44 Lars Frolander, 74, SWE 2) • 51.53 James Hickman, 76, GBR Rating Summary of all Top Performant 1) 1059 23.59 50 free W 2) 1051 23.42 50 back M 3) 1043 50.75 100 back M 4) 1031 56.56 100 fly W 1031 52.17 100 free W 6) 1030 50.44 100 fly M 7) 1029 52.79 100 IlM M 8) 1028 24.11 50 free W 9) 1026 50.59 100 fly W 10) 1022 56.95 100 fly W 11) 1019 58.51 100 breast M 1019 3.09.57 4x100 FR M 1010 1022 56.95 100 fly W 11) 1019 58.57 100 breast M 1019 3.09.57 4x100 FR M 13) 1018 3.30.03 4x100 MR M 1018 23.99 50 back M 15) 1017 58.57 100 breast M 1017 46.75 100 free M 1016 59.71 100 IM M 1016 59.71 100 IM M 1016 59.71 100 IM M 20) 1015 24.04 50 back M 1015 7:49.11 4x200 free M 210 1014 51.84 100 back M 22) 1014 51.84 100 back M 23) 1013 23.19 50 fly M 25) 1011 7:50.59 4x200 free W	11) 56.36 Lorenz Liechti, 75, SUI 12) 56.67 Pavel Lagoun, 79, BLR 13) 56.68 Pavel Lagoun, 79, BLR 14) 56.71 Orel Oral, 79, TUR 15) 57.14 Nuno Laurentino, 75, DOR 16) 57, 21 Kresimir Cac, 76, CRO 200 METRES IND. MEDLEY 1) 1:56.27 Jani Sievinen, 74, FIN 2) 1:56.86 James Hickman, 76, GBR Sees final Therese Alshammar, SWE semis Veil Walker, USA final Therese Alshammar, SWE final Neil Walker, USA semis Jenny Thompson, USA final Neil Walker, USA semis Lars Frolander, SWE prelims Jenny Thompson, USA semis Jenny Thompson, USA semis Lars Frolander, SWE prelims Jenny Thompson, USA final Walker, USA final Neil Walker, USA final Roman Sloudnov, RUS final Kaler, USA final Roman Sloudnov, RUS fina	8) 25.58 Hanna Shcherba,82,BLR 9) 26.16 Cristina Chiuso,73,ITA Semi-finals 1) 24.11 Therese Alshammar,77,SWE 2) 24.91 Sandra Volker,74,GER 3) 25.06 Alison Sheppard,72,GBR 4) 25.23 Tammie Spatz-Stone,76,USA 5) 25.30 Katrin Meissner,73,GER 6) 25.44 Anna-K. Kammerling,80,SWE 7) 25.50 Elena Poptchenko,79,BLR 8) 25.58 Hanna Shcherba,82,BLR 9) 25.61 Stacey Bowley,75,RSA 10) 25.64 Mette Jacobsen,73,DEN 11) 25.64 Vivienne Rignall,73,NZL 12) 25.70 Elka Graham,81,AUS 13) 25.97 Hanna-M. Seppala,84,FIN 14) 26.14 Cristina Chiuso,73,ITA 15) 26.34 Kirsten Thomson,83,AUS 16) 26.46 Julie Douglas,80,IRL 100 METRES FREESTYLE 1) • 52.17 Therese Alshammar,77,SWE 2) 53.14 Jenny Thompson,73,USA 3) 53.88 Martina Moravcova,76,SVK 4) 54.54 Tammie Spatz-Stone,76,USA 5,540 Karen Pickering,71,GBR 6) 54.93 Katrin Meissner,73,GER 7) 55.50 Elka Graham,81,AUS 8) 55.77 Marianne Limpert,72,CAN Semi-finals 1) 52.92 Jenny Thompson,73,USA 2) 53.70 Therese Alshammar,77,SWE 3) 53.98 Martina Moravcova,76,SVK 4) 54.60 Karen Pickering,71,GBR 6) 54.99 Katrin Meissner,73,GER 7) 55.50 Elka Graham,81,AUS 8) 55.77 Marianne Limpert,72,CAN Semi-finals 1) 52.92 Jenny Thompson,73,USA 1) 54.99 Katrin Meissner,73,GER 7) 55.20 Elka Graham,81,AUS 8) 55.37 Marianne Limpert,72,CAN 9) 55.38 Ekaterina Kibalo,82,RUS 10) 55.40 Britta Steffen,83,GER 7) 55.50 Elka Graham,81,AUS 8) 55.53 Marianne Limpert,72,CAN 9) 55.38 Ekaterina Kibalo,82,RUS 10) 55.40 Britta Steffen,83,GER 11) 55.41 Ausius Johnske,76,GWE 12) 55.55 Hanna Shcherba,82,BLR 13) 55.65 Antonia Machera,71,GRE 14) 55.70 Chantal Groot,82,NED

15) 55 05 Camplia Datas 92 DOM	I E) 21.66 Dahacca Brown 77 MIS	I 4) 50.62 Nicola Jackson 94 CPD	
15) 55.95 Camelia Potec,82,ROM 16) 1:00.33 Dan Sun,85,CHN	5) 31.66 Rebecca Brown,77,AUS 6) 31.68 Brooke Hanson,78,AUS	4) 59.63 Nicola Jackson,84,GBR 5) 59.71 Otilia Jedrzejczak,83,POL	RECORD SETTERS
200 METRES FREESTYLE	7) 31.73 Elena Bogomazova,82,RUS	6) 59.77 Jin Li,82,CHN	RECORD SETTERS
1) 1:56.06 Yu Yang,85,CHN	8) 32.06 Zoe Baker,76,GBR	7) 59.90 Caroline Foot,65,GBR	
2) 1:56.46 Martina Moravcova,76,SVK	Semi-finals	8) 59.90 Caroline Foot,65,GBR 9) 1:00.15 Sophia Skou.73.DFN	WORLD RECORDS
3) 1:57.54 Natalia Baranovskaya,79,BLR 4) 1:57.71 Karen Pickering,71,GBR	1) 30.97 Sarah Poewe,83,RSA 2) 31.20 Ping Hao,83,CHN	9) 1:00.15 Sophia Skou,73,DEN 10) 1:00.16 Ayako Doi,80,JPN	WORLD RECORDS
5) 1:57.78 Camelia Potec,82,ROM	3) 31.49 Rebecca Brown, 77, AUS	11) 1:00.39 Katrin Jake,73,GER	Men's 50 backstroke:
6) 1:57.97 Mette Jacobsen,73,DEN	4) 31.54 Tara Kirk,82,USA	12) 1:00.39 Ekaterina Vinogradova,81,RUS	
7) 1:58.46 Karen Legg,78,GBR	5) 31.57 Wei Li,79,CHN	13) 1:00.88 Vered Borochovski,84,ISR	• 24.04 Neil Walker, USA, prelims, Athens, March 16
8) 1:59.75 Lindsay Benko,76,USA 400 METRES FREESTYLE	6) 31.60 Elena Bogomazova,82,RUS 7) 31.66 Zoe Baker,76,GBR	14) 1:00.96 Anna Uryniuk,74,POL 15) 1:00.99 Maria Pelaez,77,ESP	• 23.42 Neil Walker, USA, semis, Athens, March 16
1) 4:02.44 Lindsay Benko,76,USA	8) 31.68 Brooke Hanson, 78, AUS	16) 1:01.80 Carmen Cosgrove,81,AUS	Betters old record of 24.11 Matt Welsh, AUS, 2000
2) 4:04.39 Yana Klochkova,82,UKR	9) 31.81 Janne Schafer,81,GER	200 METRES BUTTERFLY	Men's 100 backstroke:
3) 4:06.63 Hua Chen,82,CHN	10) 31.93 Emma Igelstrom,80,SWE	1) 2:08.10 Mette Jacobsen,73,DEN	• 50.75 Neil Walker, USA, final, Athens, March 19
4) 4:07.48 Natalia Baranovskaya,79,BLR 5) 4:07.57 Camelia Potec,82,ROM	11) 32.03 Terrie Miller,78,NOR 12) 32.07 Emma Robinson,78,IRL	2) 2:09.42 Katrin Jake,73,GER 3) 2:09.61 Otilia Jedrzejczak,83,POL	Betters old record of 51.28 Lenny Krayzelburg, USA, 2000
6) 4:08.25 Brooke Bennett,80,USA	13) 32.22 Kirie Suzuki,80,JPN	4) 2:09.86 Sophia Skou,73,DEN	Men's 100 breaststroke:
7) 4:11.04 Artemis Daphnis,83,GRE	14) 32.28 Natasha Kejzar,76,SLO	5) 2:09.99 Maria Pelaez,77,ESP	• 58.51 Roman Sloudnov, RUS, semis, Athens, March 17
8) 4:14.78 Kerstin Kielgass,69,GER	15) 32.41 Heidi Earp,80,GBR	6) 2:10.46 Anna Uryniuk,74,POL	Betters old record pfof 58.79 Fred deBurghgraeve, BEL, 1998
800 METRES FREESTYLE 1) 8:17.03 Hua Chen,82,CHN	16) 32.41 Kazue Nakashima,80,JPN 100 METRES BREASTSTROKE	7) 2:11.19 Katie Yevak,82,USA 8) 2:11.26 Ekaterina Vinogradova,81,RUS	Men's 200 breaststroke:
2) 8:19.66 Brooke Bennett,80,USA	1) 1:06.21 Sarah Poewe,83,RSA	100 METRES IND.MEDLEY	• 2:07.59 Roman Sloudnov, RUS, final, Athens, March 19
3) 8:21.57 Flavia Rigamonti,81,SUI	2) 1:07.69 Alicja Peczak,70,POL	1) 59.71 Martina Moravcova,76,SVK	Betters old record of 2:07.79 Andrei Korneev, RUS, 1998
4) 8:24.16 Chantal Strasser,78,SUI	3) 1:08.27 Elena Bogomazova,82,RUS	2) 1:02.00 Marianne Limpert,72,CAN	Men's 50 butterfly:
5) 8:29.87 Rebecca Cooke,83,GBR 6) 8:38.33 Tatiana Mikhailova,82,RUS	4) 1:08.28 Rebecca Brown,77,AUS 5) 1:08.30 Brooke Hanson,78,AUS	3) 1:02.24 Alenka Kejzar,79,SLO 4) 1:02.38 Danna Wang,77,CHN	,
7) 8:41.50 Elena Carcarino,85,1TA	6) 1:08.59 Emma Igelstrom,80,SWE	5) 1:02.50 Yvetta Hlavacova,75,CZE	• 23.19 Lars Frolander, SWE, prelims, Athens, March 19
8) 8:41.53 Jana Pechanova,81,CZE	7) 1:08.70 Ping Hao,83,CHN	6) 1:02.78 Oxana Verevka,77,RUS	Betters old record of 23.21 Michael Klim, AUS, 1999
50 METRES BACKSTROKE	8) 1:08.96 Natasha Kejzar,76,SLO	7) 1:02.91 Sarah Whewell,80,GBR	Men's 100 butterfly:
1) 27.90 Antje Buschschulte,78,GER	Semi-finals 1) 1:07 59 Sarah Doown 92 DSA	8) 1:03.84 Hanna-M. Seppala,84,FIN	• 50.59 Lars Frolander, SWE, semis, Athens, March 16
2) 28.03 Marylyn Chiang,77,CAN 3) 28.06 Kellie McMillan,77,AUS	1) 1:07.58 Sarah Poewe,83,RSA 2) 1:08.03 Alicja Peczak,70,POL	Semi-finals 1) 1:00.91 Kathryn Evans,81,GBR	• 50.44 Lars Frolander, SWE, final, Athens, March 17
 28.40 Sarah Price, 79, GBR 	3) 1:08.04 Elena Bogomazova,82,RUS	2) 1:02.06 Martina Moravcova,76,SVK	Betters old record of 50.99 Michael Klim, AUS, 1999
 28.52 Charlene Wittstock, 78, RSA 	4) 1:08.13 Rebecca Brown,77,AUS	3) 1:02.42 Alenka Kejzar, 79, SLO	Men's 100 individual medley:
	5) 1:08.49 Emma Igelstrom,80,SWE	4) 1:02.46 Yvetta Hlavacova,75,CZE	• 52.79 Neil Walker, USA, final, Athens, March 18
7) 28.60 Urska Slapsak,72,SLO 8) 28.75 Ilona Hlavackova,77,CZE	6) 1:08.51 Brooke Hanson,78,AUS 7) 1:08.52 Ping Hao,83,CHN	5) 1:02.86 Oxana Verevka,77,RUS 6) 1:02.86 Marianne Limpert,72,CAN	Betters old record of 53.10 Jani Sievinen, FIN, 1996
Semi-finals	8) 1:08.53 Natasha Kejzar,76,SLO	7) 1:03.03 Danna Wang,77,CHN	Men's 4x100 freestyle:
1) 28.16 Marylyn Chiang, 77, CAN	9) 1:08.65 Wei Li,79,ČHN	8) 1:03.19 Sarah Whewell,80,GBR	• 3:09.57 Sweden, final, Athens, March 16
2) 28.30 Antje Buschschulte,78,GER	10) 1:08.81 Anita NaII,76,USA	9) 1:03.47 Hanna-M. Seppala,84,FIN	Betters old record of 3:10.45 Brazil, 1998
3) 28.34 Kellie McMillan,77,AUS 4) 28.51 Ilona Hlavackova,77,CZE	11) 1:08.95 Tara Kirk,82,USA 12) 1:09.32 Kirie Suzuki,80,JPN	10) 1:03.51 Nadiya Beshevli,82,UKR 11) 1:03.52 Sabine Herbst-Klenz,74,GER	
4) 28.51 Ilona Hlavackova,77,CZE 5) 28.53 Sarah Price,79,GBR 6) 28.63 Urska Slapsak,72,SLO 7) 28.68 Charlene Wittstock,78,RSA	13) 1:09.45 Emma Robinson, 78, IRL	12) 1:03.68 Anu Koivisto,80,FIN	Men's 4x200 freestyle:
6) 28.63 Urska Slapsak,72,SLO	14) 1:09.50 Terrie Miller,78,NOR	13) 1:03.95 Terrie Miller,78,NOR	• 7:01.33 United States, final, Athens, March 17
	15) 1:10.32 Kazue Nakashima,80,JPN	14) 1:04.35 Smiljana Marinovic,77,CRO	Betters old record of 7:01.60 Australia, 1999
8) 28.70 Anna Kopatchenia,80,BLR 9) 28.77 Anu Koivisto,80,FIN	16) 1:10.51 Heidi Earp,80,GBR 200 METRES BREASTSTROKE	15) 1:04.67 Caroline Pickering,80,FIJ 16) 1:04.83 Nicole Zahnd,80,SUI	
10) 28.80 Ekaterina Kibalo,82,RUS	1) 2:23.41 Rebecca Brown,77,AUS	200 METRES IND.MEDLEY	Women's 50 freestyle:
11) 28.82 Jiaru Cheng,86,CHN	2) 2:24.24 Alicja Peczak,70,POL	1) 2:08.97 Yana Klochkova,82,UKR	• 23.59 Therese Alshammar, SWE, final, Athens, March 18
12) 28.99 Erin Gammel,80,CAN	3) 2:25.30 Brooke Hanson,78,AUS	2) 2:08.98 Martina Moravcova,76,SVK	Betters old record of 24.09 Therese Alshammar, SWE, 1999
13) 28.99 Ana-M. Gonzalez,76,CUB	4) 2:26.32 Kirie Suzuki,80,JPN 5) 2:26.83 Sarah Poewe,83,RSA	3) 2:12.68 Marianne Limpert,72,CAN 4) 2:14.15 Katie Yevak.82.USA	Women's 100 freestyle:
14) 29.12 Zoe Cray,74,GBR 15) 29.16 Yasmin Dunn,83,AUS	6) 2:27.50 Ping Hao,83,CHN	4) 2:14.15 Katie Yevak,82,USA 5) 2:14.18 Alenka Kejzar,79,SLO	• 52.17 Therese Alshammar, SWE, final, Athens, March 17
16) 29.22 Alena Nyvltova,82,CZE	7) 2:28.21 Anita Nall, 76, USA	6) 2:14.26 Federica Biscia,80,ITA	Betters old record of 52.80 Therese Alshammar, SWE, 1999
100 METRES BACKSTROKE	8) 2:29.61 Jaime King,76,GBR	7) 2:15.09 Sabine Herbst-Klenz,74,GER	Women's 100 butterfly:
1) 58.66 Sandra Volker, 74, GER	50 METRES BUTTERFLY	8) 2:15.46 Nadiya Beshevli,82,UKR	• 56.56 Jenny Thompson, USA, semis, Athens, March 18
2) 59.33 Marylyn Chiang,77,CAN 3) 59.37 Antje Buschschulte,78,GER	1) 26.13 Jenny Thompson,73,USA 2) 26.16 Anna-K. Kammerling,80,SWE	400 METRES IND.MEDLEY 1) 4:32.45 Yana Klochkova,82,UKR	Betters old record of 56.90 Jenny Thompson, USA, 1998
4) 1:00.09 Clementine Stoney,82,AUS	3) 26.85 Nicola Jackson,84,GBR	2) 4:37.92 Nicole Hetzer,79,GER	
5) 1:00.28 Charlene Wittstock,78,RSA	4) 26.87 Johanna Sjoberg, 78, SWE	3) 4:38.80 Katie Yevak,82,USA	Women's 4x200 freestyle:
6) 1:00.44 Jamie Reid,83,USA	5) 26.90 Karen Campbell,77,USA	4) 4:40.98 Hana Cerna,74,CZE	• 7:49.11 Great Britain, final, Athens, March 16
7) 1:00.84 Linda Riker,76,USA 8) 1:01.41 Erin Gammel,80,CAN	6) 27.15 Elena Poptchenko,79,BLR 7) 27.34 Caroline Foot,65,GBR	5) 4:42.43 Federica Biscia,80,1TA 6) 4:42.49 Artemis Daphnis,83,GRE	Betters old record of 7:51.70 Sweden, 1999
Semi-finals	8) 27.54 Vered Borochovski,84,ISR	7) 4:43.50 Yin Liu.84.CHN	
1) 59.89 Sandra Volker,74,GER	Semi-finals	8) 4:48.46 Tami Ransom,82,USA	CANADIAN SENIOR (25 M)
2) 1:00.15 Marylyn Chiang,77,CAN	1) 26.32 Anna-K. Kammerling,80,SWE	4X100 M MEDLEY RELAY	Men's 50 backstroke:
3) 1:00.29 Antjé Buschschulte,78,GER 4) 1:00.52 Jamie Reid,83,USA	2) 26.40 Jenny Thompson, 73, USA 3) 26.90 Karen Campbell, 77, USA	1) 3:59.53 Sweden,SWE 2) 4:01.47 Germany,GER	23.90 Riley Janes, ESWIM (relay lead-off), Minneapolis, Mar 24
		3) 4:02.51 United States, USA	Betters old record of 24.25 Chris Renaud, UCSC, 1997
6) 1:00.73 Charlene Wittstock,78,RSA	5) 27.07 Elena Poptchenko,79,BLR	4) 4:03.27 Australia,AUS	Men's 100 backstroke:
7) 1:01.32 Linda Riker,76,USA	6) 27.22 Johanna Sjoberg, 78, SWE	5) 4:03.35 Great Britain,GBR	52.22 Riley Janes, ESWIM (prelims), Minneapolis, Mar 24
8) 1:01.42 Erin Gammel,80,CAN 9) 1:01.45 Jiaru Cheng,86,CHN	7) 27.27 Caroline Foot,65,GBR 8) 27.49 Vered Borochovski,84,ISR	6) 4:04.73 Russia,RUS 7) 4:05.28 China,CHN	52.18 Riley Janes, ESWIM (finals), Minneapolis, Mar 24
10) 1:01.46 Yasmin Dunn,83,AUS	9) 27.51 Mette Jacobsen,73,DEN	8) 4:07.60 Canada,CAN	Betters old record of 52.50 Mark Tewksbury, UCSC, 1992
11) 1:01.48 Sarah Price,79,GBR	10) 27.57 Danna Wang,77,CHN	4X100 M FREE RELAY	Men's 100 butterfly:
12) 1:02.00 Irina Raevskaya,83,RUS	11) 27.64 Chantal Groot,82,NED	1) 3:35.54 Sweden,SWE	51.94 Shamek Pietucha, UCSC (final) Athens, Mar 17
13) 1:02.01 Ilona Hlavackova,77,CZE 14) 1:02.08 Zoe Cray,74,GBR	12) 27.69 Anna Kopatchenia,80,BLR 13) 27.78 Marja Paivinen,71,FIN	2) 3:37.31 Germany,GER 3) 3:37.93 Great Britain,GBR	Betters old record of 52.07 Marcel Gery, EPS, 1990
15) 1:02.62 Anu Koivisto,80,FIN	14) 27.86 Carmen Cosgrove,81,AUS	4) 3:37.97 United States, USA	
16) 1:03.00 Anna Kopatchenia,80,BLR	15) 27.95 Ayako Doi,80,JPN	5) 3:39.92 China,CHN	Men's 200 butterfly:
200 METRES BACKSTROKE	16) 28.10 Ekaterina Vinogradova,81,RUS	6) 3:43.26 Australia,AUS	1:54.27 Shamek Pietucha, UCSC (final) Athens, Mar 18
1) 2:07.29 Antje Buschschulte,78,GER 2) 2:08.64 Clementine Stoney,82,AUS	100 METRES BUTTERFLY 1) 57.67 Jenny Thompson,73,USA	7) 3:44.20 Greece, GRE 8) 3:44.63 Belarus, BLR	Betters old record of 1:55.71 Shamek Pietuch, UNATT, 1999
3) 2:08.85 Lindsay Benko,76,USA		4X200 M FREE RELAY	
4) 2:09.24 Helen Don-Duncan,81,GBR	3) 58.86 Karen Campbell,77,USA	1) • 7:49.11 Great Britain,GBR	Women's 50 backstroke:
 2:09.93 Linda Riker, 76, USA 	4) 59.17 Mette Jacobsen, 73, DEN	2) 7:50.59 United States, USA	28.03 Marylyn Chiang, ESWIM (final) Athens , Mar 18
6) 2:11.19 Joanna Fargus,82,AUS 7) 2:11.79 Elena Grechushnikova,80,RUS	5) 59.50 Otilia Jedrzejczak,83,POL 6) 59.51 Nicola Jackson,84,GBR	3) 7:52.70 China,CHN	Betters old record of 28.09 Julie Howard, BRANT, 1995
8) 2:14.39 Yasmin Dunn,83,AUS	7) 59.58 Jin Li,82,CHN	4) 7:59.44 Sweden,SWE 5) 8:02.03 Australia,AUS	Women's 100 backstroke:
50 METRES BREASTSTROKE	8) 59.87 Caroline Foot,65,GBR	6) 8:04.63 Italy,ITA	1:00.01 Marylyn Chiang, ESWIM (prelims) Athens, Mar 16
1) 30.66 Sarah Poewe,83,RSA	Semi-finals	7) 8:07.31 Greece, GRE	59.33 Marylyn Chiang, ESWIM (finals) Athens, Mar 17
2) 31.22 Ping Hao,83,CHN 3) 31.47 Tara Kirk,82,USA	1) • 56.56 Jenny Thompson,73,USA 2) 58.97 Johanna Sjoberg,78,SWE	8) 8:08.29 Switzerland,SUI	Betters old record of 1:00.13 Marylyn Chiang, ESWIM, 2000
4) 31.58 Wei Li,79,CHN	2) 58.97 Johanna Sjoberg,78,5WE 3) 59.26 Karen Campbell,77,USA		2 state of the sta
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SWIMNEWS / MARCH 2000 9

WOMEN'S NCAA

2000 WOMEN'S NCAA CHAMPIONSHIPS

Indianapolis, Mar 16-18 (25 m)

· = world record

50 METRES FREESTYLE

- 24.80 Courtney Shealy,77,USA,Georgia
- 2) 24.87 Courtney Allen, 78, USA, Northwestern
- 24.97 Catherine Fox.77.USA.Stanford 3)
- 4) 25.09 Carrie Nixon.80.USA.Notre Dame
- 5) 25.21 Katina Maistrellis, 79, GRE, So. Methodist
- 25.24 Keiko Price, 78, USA, UCLA 6)
- 7) 25.28 Jialin Sun.75.CHN.Nevada
- 8) 25.57 Colleen Lanne, 80, USA, Texas

100 METRES FREESTYLE

- 53.99 Courtney Shealy, 77, USA, Georgia
- 54.68 Keiko Price, 78, USA, UCLA 2)
- 3) 54.80 Colleen Lanne, 80, USA, Texas
- 4) 54.94 Catherine Fox,77,USA,Stanford
- 5) 55.06 Helene Muller, 78, RSA, Nebraska
- 6) 55.13 Sarah Tolar,80,USA,Arizona
- 7) 55.25 Courtney Allen, 78, USA, Northwestern
- 8) 55.77 Stefanie Williams, 80, USA, Georgia

200 METRES FREESTYLE

- 1:57.33 Maritza Correia,81,USA,Georgia
- 1:57.59 Sarah Tolar,80,USA,Arizona
- 1:57.87 Helene Muller.78.RSA.Nebraska 3)
- 4) 1:58.09 Ellen Stonebraker.79.USA.Wisconsin
- 5) 1:58.38 Lorena Diaconescu, 79, ROM, Nevada
- 1:58.80 Kim Black, 78, USA, Georgia 6)
- 7) 1:58.87 Rada Owen, 78, USA, Auburn
- 1:58.96 Emily Mastin, 80, USA, Arizona 8)

400 METRES FREESTYLE

- 1) 4:04.09 Cristina Teuscher, 78, USA, Columbia
- 4:06.17 Jessica Foschi,80,USA,Stanford
- 3) 4:07.31 Cara Lane,81,USA,Virginia
- 4:09.09 Ellen Stonebraker, 79, USA, Wisconsin 4)
- 4:09.53 Rada Owen, 78, USA, Auburn 5)
- 4:09.60 Kim Black, 78, USA, Georgia 6)
- 4:10.79 Trina Jackson,77,USA,Arizona
- 4:13.58 Sarah Tolar,80,USA,Arizona

1500 METRES FREESTYLE

- 1) 16:03.59 Cara Lane,81,USA,Virginia
- 2) 16:14.50 Trina Jackson,77,USA.Arizona
- 3) 16:14.77 Asa Sandlund,79,SWE,Southern Cal
- 4) 16:14.79 Mirjana Bosevska,81,MKD,Virginia
- 5) 16:18.17 Jessica Foschi,80,USA,Stanford
- 6) 16:18.18 Ellen Stonebraker, 79, USA, Wisconsin
- 7) 16:18.70 Becky Wilson, 80, USA, Georgia
- 8) 16:29.93 Maritza Correia,81,USA,Georgia

100 METRES BACKSTROKE

- 1) 58.66 Courtney Shealy,77,USA,Georgia
- 59.17 Haley Cope, 79, USA, Califonia 2)
- 3) 59.34 Beth Botsford,81,USA,Arizona
- 59.35 Catherine Fox,77,USA,Stanford
- 59.56 Shelly Ripple, 80, USA, Stanford 5)

- 59.92 Denali Knapp, 78, USA, Arizona
- 7) 1:00.35 Summer Mack, 78, USA, North Carolina
- 1:01.15 Julie Manitt, 80, USA, Arizona

200 METRES BACKSTROKE

- 2:06.70 Beth Botsford, 81, USA, Arizona
- 2:08.01 Shelly Ripple, 80, USA, Stanford
- 3) 2:08.63 Keegan Walkley, 79, USA, Georgia
- 4) 2:08.99 Denali Knapp,78,USA,Arizona
- 2:10.98 Jennifer Mihalik,78,USA,Georgia
- 2:11.53 Jessica Aveyard,81,USA,Illinois
- 2:11.63 Corrie Murphy, 79, USA, Southern Cal disq Sofia Svensson,78,SWE,Cincinnati

100 METRES BREASTSTROKE

- 1:05.74 Kristy Kowal, 78, USA, Georgia
- 1:06.79 Amy Balcerzak, 78, USA, Northwestern
- 1:06.79 Staciana Stitts,81,USA,California
- 1:06.95 Amanda Beard,81,USA,Arizona
- 1:07.22 Brook Monroe.79.USA.Auburn
- 1:08.25 Ashley Roby,80,USA,Georgia
- 1:08.25 Kristin MacGregor, 79, USA, Southern Cal
- 1:09.43 Erin Eldridge,77,USA,Washington State

200 METRES BREASTSTROKE

- 2:22.05 Kristy Kowal, 78, USA, Georgia
- 2:22.84 Amanda Beard,81,USA,Arizona
- 3) 2:25.02 Staciana Stitts,81,USA,California
- 4) 2:26.91 Katie Hathaway, 79, USA, North Carolina
- 5) 2:27.88 Elli Overton,74,AUS,California
- 2:28.16 Amy Balcerzak, 78, USA, Northwestern
- 2:28.68 Brook Monroe, 79, USA, Auburn
- 2:29.12 Sarah Chandler,81,USA,So.Methodist

100 METRES BUTTERFLY

- 1) 57.97 Limin Liu, 76, CHN, Nevada
- 58.60 Misty Hyman, 79, USA, Stanford
- 3) 58.82 Joscelin Yeo, 79, SIN, California
- 4) 59.34 Julia Voitowitsch, 76, GER, UCLA
- 5) 59.59 Katie Younglove,80,USA,UCLA
- 59.70 Haley Cope, 79, USA, California 6)
- 1:00.17 Gina Panighetti,78,USA,Wisconsin 7)
- 1:01.03 Sarah Baham,81,USA,Arizona State

200 METRES BUTTERFLY

- 2:06.04 Limin Liu,76,CHN,Nevada
- 2:06.55 Misty Hyman, 79, USA, Stanford
- 2:10.21 Shelly Ripple,80,USA,Stanford
- 2:10.46 Katie Younglove,80,USA,UCLA
- 2:11.64 Gina Panighetti,78,USA,Wisconsin
- 2:11.79 Erin Vogt,80,USA,Arizona
- 2:12.45 Joscelin Yeo, 79, SIN, California 7)
- 2:15.23 Trina Jackson,77,USA,Arizona

200 METRES IND.MEDLEY

- 2:10.69 Kristy Kowal, 78, USA, Georgia
- 2:10.74 Elli Overton,74,AUS,California
- 2:12.21 Maggie Bowen,80,USA,Auburn 3)
- 4) 2:12.56 Kristin MacGregor, 79, USA, Southern Cal
- 2:13.09 Joscelin Yeo, 79, SIN, California
- 2:13.38 Shannon Shakespeare, 77, CAN, Michigan 2:13.38 Michala Kwasny,80,USA,Southern Cal
- 2:14.62 Gabrielle Rose,77,USA,Stanford

Stanford 397 4) California 311.5 5) 6) 7) 8) Auburn 207 Northwestern 186.5 Southern California 185 UCLA 163 9) Texas 155

RECORD SETTERS

WORLD RECORDS

Pending FINA Ratification

4x100 medley relay:

• 3:57.46 University of Georgia, Indianapolis, Mar 16 Betters old record of 3:57.62 Japan, 1999

50 backstroke:

• 27.25 Haley Cope, USA, Indianapolis, Mar 17 Betters old record of 27.27 Sandra Volker, GER, 1998

400 METRES IND.MEDLEY

- 4:33.81 Cristina Teuscher, 78, USA, Columbia
- 4:37.77 Corrie Murphy,79,USA,Southern Cal
- 4:38.94 Maggie Bowen,80,USA,Auburn
- 4:40.47 Mirjana Bosevska,81,MKD,Virginia
- 4:40.85 Katie Hathaway, 79, USA, North Carolina
- 4:40.88 Elli Overton,74,AUS,California
- 4:41.87 Keegan Walkley, 79, USA, Georgia
- 4:44.56 Katy Christoferson, 79, USA, Minnesota

4X50 M MEDLEY RELAY

- 1:49.23 Univ.of California
- 1:49.71 Univ.of Arizona
- 1:50.14 Univ.of Georgia
- 1:50.15 Stanford Univ.
- 1:51.63 Northwestern Univ.
- 1:52.40 UCLA
- 1:52.69 Univ.of Virginia 7)
- 1:54.14 Univ.of Nevada

4X100 M MEDLEY RELAY

- 1) 3:57.46 Univ.of Georgia
- 3:58.47 Univ.of Arizona
- 3:58.62 Univ.of California 3)
- 4) 4:02.23 Stanford Univ. 5) 4:03.29 Northwestern Univ.
- 6) 4:03.30 Auburn Univ.
- 7) 4:04.39 UCLA
- 4:07.43 U.Southern California

4X50 M FREE RELAY

- 1:40.18 Univ.of California
- 1:40.48 Stanford Univ.
- 1:40.61 Univ.of Arizona 3)
- 1:41.12 Northwestern Univ.
- 5) 1:41.48 Univ.of Georgia
- 6) 1:41.51 Univ.of Michigan
- 7) 1:41.73 Univ.of Texas

1:41.76 Southern Methodist Univ.

- **4X100 M FREE RELAY**
- 3:37.67 Univ.of Georgia 3:38.89 Univ.of Arizona
- 3:39.77 Stanford Univ.
- 3:39.88 Univ.of California
- 3:40.70 Univ.of Texas
- 3.42 77 Auburn Univ 3:44.01 Southern Methodist Univ.
- 7) 3:44.96 Northwestern Univ.

4X200 M FREE RELAY

- 1) 7:55.51 Univ.of Arizona
- 7:58.87 Univ.of Wisconsin 3) 7:59.53 Auburn Univ.
- 8:00.45 Stanford Univ. 8:00.46 Univ.of Georgia
- 8:02.95 Southern Methodist Univ. 7) 8:03.40 Univ.of Texas
- 8:05.54 Univ.of Virginia

FINAL TEAM STANDINGS Rating Summary of Top Performances 490.5 Georgia 1019 1:05.74 100 breast Kristy Kowal, 78,USA 2) 3) Arizona 472 1:49.23 1012 4x50 medley Univ.of California, USA 1011 3:57.46 4x100 medley Univ.of Georgia, USA 4) 1009 58.66 100 back Courtney Shealy, USA 5) 6) Univ.of Arizona, USA 1005 3:58.47 4x100 medley 2:06.04 1005 200 fly Limin Liu, 76,CHN 7) 8) 1001 2:06.70 200 back Beth Botsford, 81,USA Stanford Univ., USA 1000 1:50.15 4x50 medley 2:06.55 999 200 fly Misty Hyman, 79, USA 10) Virginia 997 59.17 100 back Haley Cope, 79, USA Wisconsin 10

MEN'S NCAA

MEN'S NCAA CHAMPIONSHIPS

Minneapolis, Mar 23-25 (25 m)

• = world record

50 METRES FREESTYLE

- 1) • 21.21 Anthony Ervin,80,USA,California
- 21.22 Roland Schoeman, 80, RSA, Arizona
- 3) 21.49 Gregory Busse, 78, USA, Auburn
- 21.50 Bartosz Kizierowski,77,POL,California
- 5) 21.64 Matt Busbee, 76, USA, Auburn
- 6) 21.66 Matthew Macedo, 80, USA, California
- 7) 21.75 Aaron Ciarla, 78, USA, Auburn
- 8) 22.00 Bryan Jones, 78, USA, Texas

100 METRES FREESTYLE

- 1) 47.36 Anthony Ervin, 80, USA, California
- 47.51 Roland Schoeman, 80, RSA, Arizona 2)
- 47.76 Bartosz Kizierowski,77,POL,California 3)
- 4) 47.77 Matthew Macedo, 80, USA, California
- 48.36 Jamie Rauch,79,USA,Texas 5)
- 6) 48.42 Gregory Busse, 78, USA, Auburn
- 48.62 Nicholas Folker, 76, RSA, Hawaii 7)
- 8) 50.61 Anthony Robinson, 79, USA, Stanford

200 METRES FREESTYLE

- 1:43.90 Ryk Neethling,77,RSA,Arizona
- 1:45.01 Adam Messner,78,USA,Stanford
- 3) 1:46.35 Jamie Rauch, 79, USA, Texas
- 4) 1:46.72 John Waters,81,USA,Stanford
- 5) 1:46.84 Scott Goldblatt,79,USA,Texas
- 6) 1:47.44 Jacint Simon, 79, HUN, Nevada
- 7) 1:47.63 Jeff Lee,81,USA,Southern Cal
- 1:47.77 Jay Schryver,78,USA,Arizona

400 METRES FREESTYLE

- 3:40.47 Ryk Neethling,77,RSA,Arizona
- 2) 3:42.81 Erik Vendt,81,USA,Southern Cal
- 3) 3:43.81 Chris Thompson, 78, USA, Michigan
- 4) 3:44.44 Scott Goldblatt, 79, USA, Texas
- 3:46.07 Adam Messner, 78, USA, Stanford
- 6) 3:47.28 Michael Windisch, 76, AUT, Nebraska
- 7) 3:47.53 Mark Warkentin, 79, USA, Southern Cal
- 3:47.76 Austin Ramirez, 78, USA, Virginia

1500 METRES FREESTYLE

- 1) 14:31.02 Erik Vendt,81,USA,Southern Cal
- 14:35.95 Chris Thompson,78,USA,Michigan
- 3) 14:39.04 Ryk Neethling,77,RSA,Arizona
- 4) 14:48.59 Tim Siciliano,80,USA,Michigan
- 14:57.01 Nathan Lewis, 78, USA, Arizona
- 14:57.22 James Grimes, 79, USA, Virginia
- 14:59.23 Jon Younghouse, 78, USA, Texas
- 8) 14:59.97 Matt Martin,74,USA,Purdue

100 METRES BACKSTROKE

- 52.05 Matt Ulrickson, 78, USA, Texas
- 2) 52.18 Riley Janes, 80, CAN, Texas A&M
- 3) 52.24 Alexandre Massura, 75, BRA. Minnesota
- 52.53 Tommy Hannan, 80, USA, Texas 4)
- 5) 52.54 Bartosz Kizierowski,77,POL,California
 - 52.71 Michael Gilliam, 79, USA, Tennessee

- 52.72 Matt Allen,77,USA,Arizona
- 52.88 Leonardo Costa, 76, BRA, Southern Cal 8)

200 METRES BACKSTROKE

- 1:53.68 Matt Cole.78.USA.Florida 1)
- 1:54.79 Leonardo Costa, 76, BRA, Southern Cal
- 1:54.99 Alexandre Massura,75,BRA,Minnesota 3) 1:55.47 Matt Ulrickson, 78. USA. Texas
- 4) 5) 1:55.51 Kris Souther,80,USA,Arizona
- 1:56.08 Joey Faltraco,81,USA,South Carolina 6)
- 1:56.25 Mike Jansen,80,USA,Florida
- 1:57.18 Dan Shevchik.80.USA.Harvard

100 METRES BREASTSTROKE

- 57.66 Ed Moses, 80, USA, Virginia 1)
- 2) 58.68 David Denniston, 78, USA, Auburn
- 59.37 Jeremy McDonnell, 80, USA, Tennessee 3)
- 59.72 Ryosuke Imai,78,JPN,Southern Cal 4)
- 5) 1:00.22 Patrick Calhoun,82,USA,Auburn
- 1:00.40 Russell Chozick.78.USA.Texas
- 1:01.13 Steve Messner, 77, USA, California
- 1:02.73 Otto Hinks, 78, CAN, Arizona State

200 METRES BREASTSTROKE

- 1) 2:06.40 Ed Moses,80,USA,Virginia
- 2:09.46 David Denniston, 78.USA. Auburn
- 2:09.81 Jeff Hackler,81,USA,Minnesota
- 4) 2:10.09 Jeff Hopwood,81,USA,Michigan
- 2:10.41 Ryosuke Imai,78,JPN,Southern Cal
- 2:10.64 Valeri Kalmikovs,73,LAT,Nebraska
- 2:10.68 Ratapong Sirisanont, 76, THA, California
- 2:11.75 Sean Quinn,81,USA,North Carolina

100 METRES BUTTERFLY

- 51.23 Adam Pine, 76, AUS, Nebraska 1)
- 2) 52.00 Nate Dusing, 78, USA, Texas
- 3) 52.14 Roland Schoeman, 80, RSA, Arizona
- 4) 52.54 Zsolt Gaspar, 77, HUN, South Carolina
- 52.82 Tommy Hannan, 80, USA, Texas 5)
- 52.99 Oswaldo Quevedo, 75, VEN, Auburn 6)
- 53.07 Bryan Jones. 78. USA. Texas 7)
- 53.43 Jeff Somensatto, 80, USA, Auburn

200 METRES BUTTERFLY

- 1:55.79 Adam Messner, 78, USA, Stanford
- 1:55.88 Zsolt Gaspar,77,HUN,South Carolina
- 1:56.47 Jeff Somensatto, 80, USA, Auburn
- 1:56.50 Doak Finch,77,USA,Virginia 4)
- 1:57.01 Jeff Dash,80,USA,Arizona
- 1:57.16 Steven Brown, 79, USA, Stanford
- 1:57.24 Duncan Sherrard.79.USA.Florida
- 1:58.09 Marcin Kaczmarek, 77, POL, Central Conn

200 METRES IND. MEDLEY

- 1:54.65 Attila Czene,74,HUN,Arizona State
- 1:56.84 Nate Dusing, 78, USA, Texas 2)
- 1:57.86 Beau Wiebel, 78, USA, Georgia 3)
- 1:58.06 Kevin Clements, 80, USA, Auburn
- 1:58.52 Steven Brown.79.USA.Stanford
- 1:59.32 Joey Montague, 78, USA, Texas
- 1:59.49 Zane Dewitz, 79, USA, Tennessee
- 2:01.09 Jeff Somensatto.80.USA.Auburn

400 METRES IND.MEDLEY

- 4:06.02 Tim Siciliano,80,USA,Michigan
- 4:09.35 Erik Vendt,81,USA,Southern Cal

RECORD SETTERS

WORLD RECORDS

Pending FINA Ratification

50 freestyle:

- 21.31 Roland Schoeman, RSA (prelims), Minneapolis, Mar 23
- 21.28 Roland Schoeman, RSA (relay), Minneapolis, Mar 23
- 21.21 Anthony Ervin, USA (final), Minneapolis, Mar 23 Betters old record of 21.31 Mark Foster, GBR, 1998

100 breaststroke:

- 58.05 Ed Moses, USA (prelims), Minneapolis, Mar 24
- 57.66 Ed Moses, USA (final), Minneapolis, Mar 24 Betters existing record of 58.51 Roman Sloudnov, RUS, from March 17

200 breaststroke:

• 2:06.40 Ed Moses, USA (final), Minneapolis, Mar 25 Betters existing record of 2:07.59 Roman Sloudnov, RUS, from March 19

200 individual medley:

• 1:54.65 Attila Czene, HUN, Minneapolis, Mar 23 Ties existing record of 1:54.65 Jani Sievinen, FIN, 1994

- 4:10.43 Kevin Clements.80.USA.Auburn
- 4:11.74 Michael Windisch, 76, AUT, Nebraska
- 5) 4:11.89 Eric Donnelly,80,USA,Florida
- 4:13.82 Mark Warkentin,79,USA,Southern Cal
- 4:14.34 Steven Brown, 79, USA, Stanford
- 4:16.99 Joey Montague, 78, USA, Texas

4X50 M MEDLEY RELAY

- 1:35 66 Univ of Texas
- 1:35.87 Univ.of Arizona
- 3) 1:35.93 Univ.of Tennessee
- 1:36.30 Auburn Univ.
- 1:37.24 Univ.of California
- 1:37.27 Univ.of Minnesota
- 1:38.24 North Carolina State disq Stanford

4X100 M MEDLEY RELAY

- 3:31.23 Univ.of Texas
- 3:32.22 Univ.of Tennessee
- 3:32.69 Auburn Univ.
- 4) 3:33.47 Univ.of Virginia 3:33.85 U.Southern California 5)
- 3:35.06 Stanford Univ.
- 3:35.48 Univ.of Arizona

3:38.24 Univ.of Minnesota 4X50 M FREE RELAY

- 1) 1:25.14 Auburn Univ.
- 1:25.21 Univ.of California 1:26.74 Univ.of Arizona
- 1:27.09 Univ.of Texas
- 1:27.37 Univ.of Hawaii 5)
- 1:27.87 Stanford Univ. 6)
- 1:28.32 Univ.of Minnesota 1:28.53 Univ.of Florida
- 4X100 M FREE RELAY
- 3:11.25 Univ.of California 3:12.56 Univ.of Texas
- 3) 3:13.18 Univ.of Arizona
- 4) 3:14.08 Stanford Univ.
- 3:15.31 Auburn Univ.

3:15.93 Univ.of Minnesota 3:16.81 U.Southern California

3:17.34 Univ.of Hawaii

- 4X200 M FREE RELAY
- 7:05.05 Univ.of Texas 7:09.40 Arizona State Univ.
- 7:11.48 Stanford Univ.

6)

- 7:11.67 Auburn Univ. 5) 7:11.78 Univ.of Arizona 7:12.52 Univ.of Minnesota
- 7) 7:13 87 Penn State Univ 7:14.49 Univ.of Nebraska

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Rating Summary of Top Performances FINAL TEAM SCORES 1039 57.66 100 breast Ed Moses, 80, USA 538 2) 3) 1) Texas 1030 4x50 free Auburn Univ., USA Auburn 385 1029 1:25.21 4x50 free Univ.of California,USA 2) Roland Schoeman, 80,RSA 3) Arizona 360.5 1024 21.22 50 free Stanford 279.5 1024 50 free Anthony Ervin, 80, USA 21.21 1:54.65 200 IM Attila Czene, 74,HUN 5) California 279 1021 David Denniston, 78,USA Southern California 249 1014 58.68 100 breast 6) 8) 1010 3:31.23 4x100 medley Univ.of Texas, USA 219 Tennessee 1010 4:06.02 400 IM Tim Siciliano, 80,USA Minnesota 219 10) 51.23 100 fly Adam Pine, 76,AUS 1008 9) Florida 52.05 Matt Ulrickson, 78, USA 1008 100 back 10) Arizona State 1008 14:31.02 1500 free Erik Vendt, 81,USA

CSCA SPEEDO COACHING RECOGNITION AWARDS 1998-1999



High Performance Coaches

(based on World Rankings Top 25, 50, 75)

Gold	Gold SWAD	Silver	Silver SWAD	Bronze	Bronze Youth &
Dean Boles	Mike Moore	Sylvain Pineau	Herb deBray	Sean Baker	Junior Teams
Tom Johnson	Jason Isbister	Mike Blondal		Dave Heinbuch	Ken Anderson
Jan Bidrman	Karl Simonson	Don Burton	Cil On an	Lance Cansdale	Shauna Nolden
Ken McKinnon	Blair Tucker	Claude St-Jean	Silver Open	Mark Fellner	Bud McAllister
Michel Berube	Dean Schultz	Byron MacDonald	Water	Liam Donnelly	Claude Picard
Kevin Thorburn	Gary Vandermeulen	Alan Swanston	Linda Kiefer		Bill Humby
Ron Jacks	Bill O'Toole	Craig McCord	Claude Warren		J
Peter Visolyi	Guy Dorion	Mark Temple			Bud McAllister
	Cory Beatt	Randy Bennett			Derrick Schoof
	Rafael Polinario	Lucie Hewitt			Scott Faithful
	Andre Seminov	Kevin Anderson			Marc Tremblay
	Vince Mikuska				J
	Andrew Moss				
	eive a Speedo Duffel Bag,		ve a Speedo Fleece Top and	Coaches of this level rece	
Waist Pack and Baseball (Cap.	Baseball Cap.		colour) and Baseball Cap.	

Development Coach & Swimmer Program Recipients

Male Swimmer #1: Adam Sioui, Trenton Dolphins, Avg Pts: 946
Coach: Kevin Anderson

Male Swimmer #2: Jason Hunter, Nanaimo Riptides, Avg Pts: 911 Coach: Sean Baker

Female Swimmer #1: Julia Pomeroy, Oakville Aquatic Club, Avg Pts: 915.3

Coach: Lucie Hewitt

Female Swimmer #2: Julie Gravelle, NYAC, Avg Pts: 914.6

Coach: Linda Kiefer

Each club will receive \$1000.00 cash towards the support of the athlete's and coaches' training and competition expenses. Each athlete will received a Speedo performance pack of an aquablade suit and cap.

Performance Recognition for Women Recipients:

Coach #1: Linda Kiefer – NYAC Swimmer: Adam Peacey, 945 pts: 400 I.M.

Linda is the leading female coach recipient with a SPEEDO professional development certificate; Receiving \$500.00 cash (subject to criteria), and a \$500.00 SPEEDO apparel package.

Coach #2: Lucie Hewitt - OAK Swimmer: Anna Lydall, 935 pts 100 Free.

Receives a SPEEDO professional development certificate.

Coach #3: Christina Yaremczuk – COBRA Swimmer: Laura Wise, 100 Back Bronze Youths.

Receives a SPEEDO professional development certificate.

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Canadian Swimming Coaches Association

SPEEDO SPRING NATIONALS

WEST IS BEST AS CENTRES DOMINATE NATIONALS RECORD IN 200 FREE FOR RICK SAY

Nikki Dryden

The much-downplayed Canadian Winter Nationals proved to be a showdown between the country's National Sport Centres, with the two oldest and biggest winning the meet. UCSC led PDSA throughout the competition while ROW overtook IS to place third overall.

This proves nothing more than that you need to be a subsidized Centre to win a team title at Nationals, making the club grant program seem unfair.

The men's medley relay saw UCSC and PDSA in 6 of 8 lanes, making the accumulation of points determinate on depth, not necessarily quality of swims. But at Olympic Trials, with no relays and quality a necessity, perhaps we will see a more accurate portrait of the country's "best" teams.

A majority of the national team swimmers swam through the meet, opting not to shave or taper until Olympic Trials. This is often more difficult to do mentally than physically. When everyone around you is racing fast, it is hard to remember you are on a different schedule. But for those swimmers who can swim solidly year round, the meet proved an excellent gauge of their training.

Of course we might be in for one fast Olympic Trials, as was evidenced by those who did shave. Jen Button (ROW) and Rick Say (IS) had some excellent racing, a good sign for May. Afew youngsters stepped up and made themselves heard: Tobias Oriwol, 14 (ESWIM), Jennifer Fratesi, 15 (ROW), and Danielle Bell, 16 (IS) all dropped time for records and wins.

Jen Button capped off a winning winter season by claiming her first national title in the 200 fly. Button dethroned Canadian record holder Jessica Deglau (PDSA)—her first loss in this event in Canada since 1995 and a feat not missed by Button. "Five years is a long time. She (Deglau) is not indestructible, and I am slowly getting closer to her. I wanted to come here and give her a race; it is good for both of us and the 200 fly in Canada. I still have to step up to get to her level, but my goal coming into this meet was to race and to win." Based on her best times from the short course season, Button also wanted a best time. Her 2:11.95 bettered her swim from Pan Ams last summer, where she placed second to Deglau with a 2:12.09.

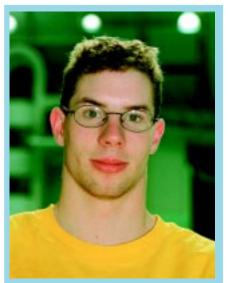
Deglau is no slouch—her best time is still two seconds ahead of Button's and her national swims were solid considering she was unshaved. But for Button, beating Deglau gives her the confidence she needs to "step up" at Olympic Trials.

Button broke Deglau's shor-course record while on the World Cup circuit this year, once in Sheffield, then again in Imperia, ending the short-course season with a 2:07.76 (fourth place world ranking) and the 200 fly World Cup trophy.



Laura Nicholls, ROW, won 50 free and was second in 100 free





Rick Say set the standard for the meet by smashing the nine-year-old 200 free record with a 1:48.86. (The old record of 1:49.71 was set by Turlough O'Hare in 1991.) His 400 free time of 3:51.63 just missed one of the oldest Canadian records and a former world record set by Peter Szmidt in 1980.

Born and raised in Salmon Arm, BC, Say only began swimming year round in the fall of 1997 when he began university in Victoria. Since then Say's star has been shooting skyward. After one year of winter swimming, Say made the Canadian Commonwealth team. Say's 200 free has dropped almost 4 seconds in the two years since his first national medal:

 1998 Summer Nationals, August:
 1:52.77

 1998 Commonwealths, September:
 1:52.42

 1999 Spring Nationals, March:
 1:51.56

 1999 Pan Pacifics, August:
 1:50.55

 2000 Spring Nationals, March:
 1:48.86

Button decided to spend the year at home in order to prepare for the Olympics. After sitting down with her two coaches, Byron MacDonald in Toronto and Dean Boles in Waterloo, Button made the decision to stay at home with her Mom and Dad. "It is much easier to have my Mum take care of me! Plus I needed a break from school." With no varsity swimming, the World Cup circuit was instrumental in her season planning. "The circuit fit into my schedule this year. I wanted lots of quality racing against the people I will hopefully be swimming at the Olympics."

Training at the Region of Waterloo has not changed much since ROW became a Centre, but for Button it helps to have swimmers around who are at such a competitive level. "We get some extra money now for travel and sport science services, which is nice. But it is really great to have good people to train with. We have a high-level environment with a small

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number of swimmers."

Button's group consists of 12 swimmers under the guidance of coach Dean Boles. Bud McAllister's group has 6, including Japanese stars Takashi Yamamoto and Suzu Chiba.

Button is going to maintain her current training and racing strategy through to the Trials. "There is more expectation from everyone now, but I have so much more confidence too. I reached this level a lot faster, so I know I can reach the next level as fast." Button believes there are still parts of her race she can improve, including the third 50. "I would like to go a 2:10-2:09. It's a bit of a stretch, but I did take off three seconds short course. It's like I am 14 again!"

Coach Dean Boles believes that the Centre has merely coordinated the efforts they have been making for the past four years. "The Centre hasn't changed our program too much, we've been going in that direction for a while. We already had a connection with the sport science and the University, so the Centre was the next logical step"

ROW has tried to incorporate many of the programs developed in Calgary, such as the core strength and dryland programs. "The Centre here has consolidated our work. I focus on the water work and we have experts helping with dryland, sports psych, etc. When you go to the next level it takes listening to experts. I get the info and make the decisions. And if you make the right decisions you get the right results."

The ROW Centre also services several drops-ins." "Adam Sioui comes in and trains with us now and $\frac{1}{2}$

then, which makes it interesting. So we are able to help some of the kids in Ontario a bit."

Although having McAllister, Chiba, and Yamamoto in the Centre reminds everyone of quality international swimming, Boles credits Canada for his success. "I am very much a product of the Canadian coaching system. I think it is important to give credit to those programs and keep investing in them because it is working."

The Centre programs are effective: experienced coaches, quality sports science support, dryland and sports psychology programs. So how do you get one? Well, there are rules set up for the Centres. First, a sport partnership between your Pro-



Dave Johnson

Cecil Colwi

vincial Sport Organization (PSO), the National Sports Organization (NSO), and the National Sports Centre (NSC) must be set up to agree upon a viable project. Dave Johnson, the head coach of SNC, then set up two other criteria: "I want the Centres to be linked with the clubs as well, because they have the sport-specific infrastructure already in place. I also wanted the Centres to be linked with the Universities."

With Centres dominating Nationals it is only natural that the rest of the country's clubs want a piece of the pie too. "We do need to green the pastures across the entire country," says Johnson. "The case was that certain provinces bought into the system later than other areas. But we are working on new

Centres in Toronto and the Atlantic provinces.

This Centre system is great for some clubs, but what happens to programs that cannot form a Centre? SNC has developed several initiatives to combat the drain of fast swimmers into the Centres and the demise of the small club and junior-level coach.

According to Johnson, there is currently another Club Grant program on the table with the Executive Committee/Board of Directors at SNC that would recognize quality performances at Junior Nationals. The program would also reward swimmers and coaches who perform at Juniors, then again at Senior Nationals.

"Creating better linkages to the development system has been a dilemma. How to compensate and recognize junior-level coaches led us to create better stratification. Now at Junior Nationals there will be two age groups: 16 and under, and 17 and 18."

There are also new programs in place and being developed for the nation's coaches. "We want to redescribe the career path of a coach; that it is okay to develop a swimmer and then let them move on because you will still be getting recognition and still be contributing to that swimmer's career. The swimmer then gets the benefit of incorporating 25 years of coaching experience into his or her program."

"Our goal is to put what is in the best interests of the swimmer first, but the reverse of that is what is the impact on the coach. Therefore our initial goal is to get key people in place, then over the long term link those coaches as mentors with the younger coaches."

"We want to train Canadian coaches to manage

and coach at the international level. One way to do that is a career path through a Centre. But there are coaches who are doing it outside of this structure. Sean Baker in Nanaimo is an excellent example."

Indeed, the Centres proved strongest, along with the citywide teams formed just for Nationals. Etobicoke was dominant without any help. But we cannot really judge where we are until Trials, when the whole country will be shaved, tapered, and focused on long-course swimming. And when team titles are of no issue, it will matter little if you are a Centre swimmer; what will matter is that you are ready to race and swim really fast.



nership between your Pro- Mark Versfeld, PDSA, won the 50-100-200 backstroke

2000 FINA SHORT COURSE CHAMPIONSHIPS

FIFTEEN WORLD RECORDS AMERICANS WIN MOST MEDALS

Nick J. Thierry

ATHENS—The 2000 FINA Short Course World Championships, held only 11 months after the 1999 edition, resulted in 15 world records. The regular rhythm of this competition will be every second year and the next ones are scheduled for 2002 in Moscow.

Two world records were established in the prelims, four in the semi-finals, and nine in the finals.

The USA emerged with most golds with 9, and 25 total medals, as they sent a strong team of university graduates. Their totals could have been higher but for backstroker Lenny Krayzelburg's injury.

Notably, 23 countries shared in the 120 medals, as strong countries like Australia and Germany sent small teams. Canada only sent a team of six (four women and two men), who gave a very good account of themselves with four silvers and one bronze and five Canadian records.

The facility in Athens was outstanding, part of the Olympic complex built in 1990. It includes two outdoor 50-m pools and an indoor 50-m pool with seating on both sides for over 4,000. The outdoor complex was the site of the 1991 European Championships and will be the site for the 2004 Olympics.

The 40-event program with three rounds (prelims, semi-finals, and finals) for the 50s (all in one day) and the 100s (over two days) made it impossible for some prominent swimmers to swim their regular events. Many scratched after the first round. The finals session went by so fast that it was hard to absorb and enjoy some of the great individual efforts. A revision (simplification) of the program will be done for 2002.

As an example of the program's complexity, Neil Walker (the swimmer of the meet) on the first day swam three rounds of the 50 back, and two world records, and the 4x100 free relay twice.

On the second day he swam two rounds of the 100 IM and the 4x200 free in a world record.

On the third day, during the prelims he swam 100 back and a 100 free in 46.88 (the fastest time), which he scratched from. In the evening he won the 100 IM in a world record time, followed within minutes by the semi of the 100 back.

On the final day, during the prelims he swam the first round of the 50 fly. In the final session, the first event was the semi-final of the 50 fly, where he posted the second fastest time. A mere 30 minutes later he swam the final of the men's 100 back in another world record, followed by a second in the 50 fly final, and ended the evening on the winning 4x100 medley relay swimming the fly leg in 51.43.

Walker had a total of 17 swims, with four world

IVIE	DAL I	JIALS			
Cou	ntry	Gold	Silver	Bronze	Total
1	USA	9	7	9	25
2	SWE	7	3	1	11
	GER	5	6	2	13
4	GBR	4	4	5	13
5	RSA	2	4	0	6
6	UKR	2	2	3	7
7	CHN	2	2	2	6
8	FIN	2	1	0	3
9	RUS	2	0	5	7
10	SVK	1	2	1	4
11	AUS	1	1	2	4
12	DEN	1	0	0	1
13	HUN	1	0	0	1
14	CRO	1	0	0	1
15	CAN	0	4	1	5
16	POL	0	2	1	3
17	ITA	0	1	2	3
18	CUB	0	1	1	2
19	ISR	0	0	1	1
20	SUI	0	0	1	1
21	SL0	0	0	1	1
22	TUR	0	0	1	1
23	BLR	0	0	1	1
Tota	ıls	40	40	40	120

MEDAL TOTALS

records and a share of one relay world record, for total prize monies of US \$63,750.



DAY 1-March 16

A new world record and two championships records were bettered during the morning prelims. After the conclusion of the final event, 5 world records and 9 championship records were bettered.

The evening final session got underway with semi-finals in six events.

Neil Walker (USA) shattered his world record from his morning swim in the 50 backstroke with a 23.42 (his prelim time was 24.04), swimming beside Lenny Krayzelburg (USA), the long and short course backstroke record holder for all other distances. The margin of victory was substantial—about half a body length. Walker made the most of the allowable underwater kicking (15 metres after the start and the turn) to gain his advantage.

Minutes later, in another sem-final, Lars Frolander (SWE) bettered the 100 butterfly world record with 50.59 (23.58 split), ahead of Michael Klim's (AUS) sixmonth-old record of 50.99. "I will try for an even faster time tomorrow in the final," Frolander said.

Jenny Thompson (USA), in the second 100 freestyle semi-final, swam 52.92, a new championship record. It was also the second fastest time ever. Therese Alshammar (SWE), the current world record holder (52.80), swam a hard three lengths and then cruised home to a 53.70. "I didn't expect such a fast time,"

Thompson said, "I'm in pre-Olympic training and my goal here is to do the best possible times. I will get back to hard work after this meet."

In the first final, Mette Jacobsen (DEN) defended her SC World title from 1999 with a 2:08.10 (her winning time last year was 2:06.52). It was a swim-to-win effort, splitting 1:01.74 at the 100 and just staying ahead of the challengers. Katrin Jake (GER) was second with 2:09.42 and Otylia Jedrzejczak (POL) was third with 2:09.61.

Bela Szabados (HUN) won the 200 freestyle in 1:45.27 with Massimiliano Rosolino (ITA) in second with 1:45.63 and Chad Carvin (USA) third with 1:45.79. Szabados had the lead for most of the race and held off a late charge from Rosolino in lane one.

Jani Sievinen (FIN) battled Terence Parkin (RSA)

in the men's 400 IM. The lead changed after each stroke. Sievinen was in the lead for fly and back. Parkin moved then almost a body length ahead after breaststroke — an insurmountable lead, but Sievinen caught up and touched first in 4:09.54, with Parkin second with 4:10.56 (a personal best

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and African record) and Mickey Halika (ISR) third with 4:10.90.

The splits:

Sievinen 57.82 2:02.11 3:12.81 4:09.54 Parkin 57.95 2:03.67 3:11.07 4:10.56 58.37 2:03.50 3:13.26 4:10.96 Halika

Yana Klochkova (UKR) won the 400 IM in 4:32.45 and was ahead of world record pace after the fly and back legs. She fell behind the pace on the breaststroke leg but had a three-body-length lead on the field to win easily in 4:32.45. Nicole Hetzer (GER) placed second with 4:37.92 and Katie Yevak (USA) third with 4:38.80. Klochkova's splits:

breast Fly back free 1:02.14 2:10.51 3:29.05 4:32.45 1:08.37 1:18.46 1:03.40

Mark Warnecke (GER) touched ahead of Brendon Dedekind (RSA) in the men's 50 breaststroke. The more experienced German, with 8 of the 10 fastest times ever done, won in 27.22 to Dedekind's 27.27.

Sarah Poewe (RSA) won the women's 50 breaststroke in 30.66, a championship record, bettering the 30.80 set by Penny Heyns (RSA) a year ago. Heyns was entered in this competition, but the tragic death of a teammate in Calgary prevented her from swimming

Neil Walker (USA), in his third 50 back swim this day, touched in 23.99 just ahead of Lenny Krayzelburg (USA) in 24.2. It was a good day's work for Walker, who earned US \$30,000 for his two earlier world records.

The men's 4x100 free was a Swedish romp in a world record time of 3:09.57, with the USA in second with 3:10.98 and Germany third in 3:13.69. The Americans took the lead on the first leg, but Lars Frolander, in second for the Swedes, moved them well into the lead, never to be challenged. He split 45.69.

The final event of the first day was the women's 4x200 free relay. The USA took the lead on the first 200 with GBR, CHN, and SWE battling for second. Lindsay Benko gave the Canadians medallists: Chiang, Pietucha and Limpert USA a solid lead with her 1:56.45 (bettering a

22-year-old American record by Cynthia Woodhead). On the second 200, Nicola Jackson moved GBR into the lead over the USA with CHN and SWE trailing. They held on to their lead with Karen Pickering anchoring (with a body-and-half lead) over Jenny Thompson for the USA. Pickering touched in 7:49.11, another world record. The Americans finished second with 7:50.59 and China third with 7:52.70. The winning relay's splits:

Claire Huddart 1:58.19 Nicola Jackson 1:56.20 Karen Legg 1:57.51 Karen Pickering 1:57.21

DAY 2 March 17

World and championship records continued to fall by ever-increasing margins during the second day's finals.

The first final was the men's 100 fly, where Lars Frolander (SWE) broke his world record from Day One's semi finals. The race was never in doubt, with Frolander in the lead from the start, turning in 23.50, the same as

the day before, but he brought it home even faster, lowering his record time to 50.44. He took only eight strokes on the second length and 11 on the final length.

"It's logical to be satisfied with my time," Frolander said. "It's my second gold of the championships (Sweden won the 4x100 free in world record time on Day One). The race was as good as it should be from start to finish. My goal is still to win in Sydney. I'd like to be here in 2004 for the Olympics if I'm not too old by then." (He would be 30 in 2004.)

Rebecca Brown (AUS) won the 200 breaststroke. She was in the lead for the distance with a 1:09.18 at the 100 and finished in 2:23.41. Brown held the long course world record in 1994, but missed the limelight aftewards. She is on a successful comeback now.

"It's my first world title," Brown said. "I am the happiest person on the earth tonight. I was quite anxious about my race."

Chad Carvin (USA) was an easy winner in the men's 400 freestyle, leading throughout (53.08, 1:48.69, 2:44.85) with a final time of 3:41.13. It was not his fastest this winter, but enough. Paul Palmer (GBR) was second with 3:42.70 and Massimiliano Rosolino (ITA) was third with 3:43.68.

Therese Alshammar (SWE), already the world record holder in the 100 freestyle with 52.80 from last Decem-



ber, expected to be challenged by Jenny Thompson (USA) who was fastest in the semi-final with a personal best of 52.92. But Alshammar more than rose to the occasion. She took off the blocks and stroking smoothly turned at the 50 in 24.81 (her old record split was 25.30) and extended her lead with each stroke. Approaching the end she seemed to glide into the finish. Her amazing new world record was 52.17. Jenny Thompson (USA) was never in the race. Her time of 53.14 was slower than her semi-final.

"I didn't expect to be this fast," Alshammar said. "I was hoping for a good race. In Sydney things will be different.'

With Lenny Krayzelburg scratching from the final of the men's 200 backstroke, the opportunity for Gordan Kozulj (CRO) to be world champion arose. After qualifying first, he went for the gold from the start and was able to hold off a challenge from Brad Bridgwater (USA). Kozulj's winning time of 1:53.31 was a championship record, with Bridgewater second with 1:53.87

and Volodymyr Nikolaychuk (UKR) third with 1:55.33.

Jenny Thompson won the 50 fly in 26.13 over Anna-K. Kammerling (SWE) with 26.16. It was a gutsy effort by Thompson after the hard 100 freestyle. She was able to come back within a few minutes for this winning effort. Kammerling has a much faster world record from last December with 25.64.

"My emotions are mixed," Thompson said. "I have a gold now, but lost another one earlier. This is my last competition before Olympic Trials and Sydney. I'll be ready there."

Mark Foster (GBR) won the men's 50 freestyle in 21.58. "My next goal is to break the world record in Sydney. I'm working hard every day to improve several things in my technique."

Sandra Volker (GER) won the 100 backstroke with a near-record effort of 58.66 (the record is 58.50). "I'm happy with this performance," Volker said. "I was close to the record." Marylyn Chiang (CAN) was second with 59.33, her first sub-minute time. "My advantages are the start and turns because I have been training to stay under and kick for as long as allowed (15 metres)," she

Chen Hua (CHN) won the 800 freestyle in 8:17.03, another championship record, over Brooke Bennett (USA) with 8:19.66. Bennett, with 23 strokes a length,

> was in the lead for the first half but Chen, with only 19 strokes a length, gradually moved into the lead.

> In the final race of the evening, the American men won the 4x200 free relay in world record time. Josh Davis 1:44.10, Neil Walker 1:45.24, Scott Tucker 1:45.97, and Chad Carvin 1:46.02, combined for a time of 7:01.33, just under the 7:01.60 record by an Australian team last September.

In semi-final action:

Mark Foster (GBR) was fastest in the 50 free with 21.43, a new championship record.

In the second semi-final in the men's 100 breaststroke Roman Sloudnow (RUS) broke the world record with 58.51, bettering Fred de Burghgraeve's (BEL) former time of

58.79 from 1998.

After two days, 9 world records and 19 championship records had been bettered.

DAY 3 March 18

The world record total moved up to 12 after three days of competition. The USA continued to run away with the medals with 7 golds and a total of 17.

Neil Walker (USA) continued his amazing swimming, winning the 100 individual medley in a new world record of 52.79, bettering the four-year-old record of 53.10 by Jani Sievinen (FIN,) who finished second this day. Walker has the best underwater technique with half the distance kicking off the walls. He had about a body-length lead on the field at the 50 and held off Sievinen, who closed the gap but not enough to threaten Walker.

Martina Moravcova (SVK) cruised to a two-bodylength lead in winning the women's 100 individual medley in 59.71. Marianne Limpert (CAN) was second

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in 1:02.00. "I'm closing in on the record," Moravcova said after her first ever sub-minute 100 IM. "Although I was tired before this final, I'm very pleased. Swimming in this pool feels great."

With a world record under his belt from the semis, Roman Sloudnov (RUS) swam to make sure of the gold. "It is my first World Championships and I'm satisified," he said. "I don't depend on luck, just power and hard work." Sloudnov's time was 58.57.

Lindsay Benko (USA) won the 400 freestyle in 4:02.44 and has now erased the last remaining American record of Cytnhia Woodhead (4:02.59—from 1978). Yana Klockhokova (UKR), winner of the 400 IM two days earlier, was second throughout and finished with a 4:04.39, a personal best. Chen Hua (CHN) was third with 4:06.63.

Antje Buschschulte (GER) won the 50 back in 27.90, even though Marylyn Chiang (CAN), with superior underwater work, was ahead for most of the race but touched second in 28.03. Kelli McMillan (AUS) was third in 28.06.

Therese Alshammar (SWE) won the 50 freestyle in world record time of 23.59, lowering her own Lars Frolander, SWE three-month time of 24.09. It was

a textbook display of perfection. She gained a half-abody on the dive off the block, then took 14 strokes on the first length and 18 on the second length.

"I expected a world record," Aslhammar said. "The time was much faster than I imagined. I will use the money I earned here at these championships to pay my coach (Dirk Lange) because I owe him a lot.'

It was an easy swim for James Hickman (GBR) in the 200 butterfly. In the lead throughout, he cruised to a 1:53.57 (two seconds over his world record). Shamek Pietucha (CAN) swam a gutsy race in lane two and gradually moved up to second with 1:54.27. Anatoli Poliakov (RUS) was third with 1:54.47.

"The race was always in control," Hickman said. "I felt confident of first place. This is my third medal here."

"It was my best time," Pietucha said. "I wanted a better place, but I have to be satisfied and it does give me confidence." Pietucha bettered his year-old Canadian record.

In semi finals, Jenny Thompson (USA) lowered her world record in the 100 butterfly to 56.56 (26.14 split) from 56.80. Thompson scratched from the 50 freestyle after the prelims.

"I felt a little tired and tense in the warm-up." Thompson said. "I didn't expect to break the record, but was happy to please the fans. I'll try to better it again tomorrow in the final." Martina Moravcova (SVK) scratched from the 100 fly after the morning prelims, where she bettered the European record with 57.55.

Lars Frolander (SWE) was fastest in the men's 100 freestyle semis with 46.75 (22.52 split), missing Alex Popov's six-year-old world record by 1/100th of a second. It moves him to number two all time ahead of Neil Walker.

The fast pace of the competition and the many rounds of swimming were taking their toll, so that even the very best couldn't cope successfully.

DAY 4 March 19

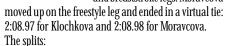
Lars Frolander (SWE) scratched from the 50 fly semis, immediately ahead of the final of the 100 free. He

already established the world record in the 50 fly in the morning with 23.19.

In the 100 Frolander took flight early, splitting well ahead of the world record pace of 22.80 with his 22.57. He had a bodylength lead at the finish, but just missed the world record of 46.74 with his 46.80.

"I will leave here with the best of memories," Frolander said. "I expected to break the record in this race. It really doesn't matter, I'll try harder in Sydney."

Yana Klochkova (UKR) and Martina Moravcova (SVK) traded places during the 200 individual medley. Moravcova had the lead after fly, with Klochkova gaining a slight edge on the backstroke and breaststroke legs. Moravcova



Marco Chiesa

Klochkova 28.43 1:01.10 1:38.82 2:08.97 Moravcova 28.04 1:01.26 1:39.50 2:08.98

Sara Poewe (RSA) won the 100 breaststroke with 1:06.21 (31.23), a personal best by over a second. She was clearly in the lead throughout. Alicja Peczak (POL) placed second with 1:07.69 and Elena Bogomazova (RUS) third with 1:08.27.

"I always paint my nails black for good luck," Poewe said. "This time they really brought me good luck. The time and the gold medal are the perfect finale for me at these Chanmpionships." Poewe is 16 and will make a terrific duo with world record holder Penny Heyns (RSA).

Neil Walker (USA) continued to amaze. He won the 100 backstroke by a two-body-length margin. He turned at the 50 in 24.12 and then blasted to the finish in 50.75, a new world record, bettering the injured Lenny Krayzelburg's four-week-old mark of 51.28.

Showing signs of wear, Jenny Thompson (USA) just swam to win the 100 butterfly with 57.67. She set a world record the previous day in the semis in 56.56. Johanna Sjoberg (SWE) was second with 57.96 and Karen Campbell (USA) in third with 58.86.

"I expected to win the silver," Sjoberg said, "since the gold was already occupied."

There was a great battle in the men's 200 breaststoke. Roma Sloudnov (RUS) had the Top performers Neil Walker and Jenny Thompson

early lead. Then Terence Parkin (RSA) moved ahead and held through the 150. Sloudnov then came back and they battled for the finish. Sloudnov finished first with 2:07.59, a new world record and his second of these championships. Parkin was second with 2:07.91, his personal best. Andre Ivanov (RUS) was third with 2:09.90. The splits:

Sloudnov 29.02 1:01.90 1:35.04 2:07.59 Parkin 29.22 1:01.44 1:34.56 2:07.91

"This should set me up for a medal in Sydney," Sloudnov said. "I didn'texpect to win any prize money, so I don't really know how to spend it."

"I think I can do better in long course," Parkin said. "I'll try for a better performance next month."

Antje Buschschulte (GER) battled Lindsay Benko (USA) over the first six lengths of the 200 IM, but then moved into the lead to win with 2:07.29. Clementine Stoney (AUS) caught Benko and touched in second with 2:08.64. Benko touched third in 2:08.85.

James Hickman (GBR) gave it a good try. In the men's 200 IM he had an almost body-and-a-half lead. Then Jani Sievinen (FIN) made his decisive move in the breaststroke to overtake Hickman, who was never again able to close the gap.

The splits:

Sievinen 55.22 1:28.89 1:56.27 53.84 1:29.00 1:56.86 Hickman 24.68

Yang Yu (CHN) won the women's 200 freestyle, battling Martina Moravcova (SVK) who minutes before finished the 200 IM. Moravcova had the lead at the 50 but fell behind and even her late surge fell short. The splits:

57.21 1:26.92 1:56.06 Yang Moravcova 27.76 57.44 1:27.54 1:56.46

The 4x100 medley relay was another American win for the men with their 3:30.03 missing the world record. The injured Lenny Krayzelburg swam the backstroke leg in 51.82, with Jarrod Marrs 59.26 for breaststroke, Neil Walker 51.43 in the 100 fly, and Scott Tucker 47.50 for freestyle. Germany finished in second and Great Britain in third.

Sweden won the women's medley relay with Therese Alshammar swimming backstroke in 59.73, Emma Iglestrom breaststroke in 1:07.93, Johanna Sjoberg fly in 57.36, and Anna-K. Kammerling freestyle in 54.51, for an overall time of 3:59.53. Germany finished second and the USA third.



Marco Chiesa

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2000 WOMEN'S NCAA CHAMPIONSHIPS

GEORGIA WINS SECOND TEAM TITLE TWO WORLD RECORDS SET

INDIANAPOLIS, Ind.—In a classic cat and dog fight, the Georgia Bulldogs hung on to defeat the Arizona Wildcats for their second straight NCAA team title. Georgia finished with 490.5 points to Arizona's 472. Georgia's Courtney Shealy and Kristy Kowal were named co-NCAA Female Swimmers of the Year. Jack Bauerle was voted Coach of the Year for the third time.

Shealy won the 50 and 100 free, the 100 backstroke, and swam on the winning 4x100 medley and free relay. Kowal won the 100 and 200 breaststrokes and the 4x100 medley.

"What a terrific meet it was. I have great respect for Arizona," Georgia coach Jack Bauerle said.

"This year was harder to win. I now have a newfound respect for (Stanford) coach Richard Quick who's won so many titles. Defending a title is a different feeling. Last year was almost easy. It just seemed to flow. We didn't have many injuries. At one point in January, we were a skeleton of what we were tonight."

The NCAA meet, held in short course metres for the first time in history, saw the record books rewritten. Over the three-day meet, two world records (50 back, 4x100 medley relay) and one world best (4x50 medley relay) were broken, as well as 11 American records.

Highlights: Freestyle

Courtney Shealy, Georgia, surprised the field in the 50 free on the first day with a win out of lane 6, posting a 24.80 for her first title after qualifying fourth. Courtney Allen of Northwestern touched in 24.87, followed by three-time defending champion Catherine Fox of Stanford in 24.97.

Shealy added the 100 free (53.99) win on the final night amd Maritza Correia, Georgia, won the 200 free with 1:57.33.

Columbia senior Cristina Teuscher, a team of one at these championships, easily won the 400 free in 4:04.09. Stanford's Jessica Foschi finished with 4:06.17 and Virginia's Cara Lane with 4:07.31. Lane won the 1500 freestyle in 16:03.59.

Backstroke

Courtney Shealy, Georgia, won the 100 backstroke in 58.66, with Haley Cope, Cal, second with 59.17, and Beth Botsford, Arizona, third with 59.34. Botsford added the 200 m backstroke with 2:06.70, an American record.

Breaststroke

It was an American record performance from senior Kristy Kowal, Georgia, who posted a 1:05.74 in the 100 breast, not far off Penny Heyns' world mark of 1:05.40.

Kowal was pushed by Cal freshman Staciana Stitts, who was out first in 31.24 to Kowal's 31.28. Stitts and Northwestern senior Amy Balcerzak tied for second in 1:06.79. "I'm really excited to be that close to Penny's (Heyns) world record. She's an amazing swimmer and I love racing her, but I won't start thinking about the Olympics until after this meet is over. I'm just so excited with how well the team is doing here.

"It's my senior year so that's the last time I'll swim that event at NCAAs," Kowal said. "It hasn't hit

me yet and probably won't until after I swim the 200, but the 100 is my fun event."

Kowal added the 200 breaststroke in an American record of 2:22.05.

Butterfly

Limin Liu (CHN) of Nevada, the 1996 Olympic silver medalist in the 100 fly, won the 100 fly (57.97) after finishing as runner-up last year. Stanford's Misty Hyman (USA) was runner-up in 58.60. Liu also won the 200 m fly, in 2:06.04.

Individual Medley

Kristy Kowal, Georgia, won her fifth NCAA individual title with a hard-fought victory in the 200 individual medley, touching in 2:10.69.

She was fifth after the first leg (butterfly), but passed Cal senior Elli Overton (AUS) in the breast-stroke to freestyle turn. Overton finished in 2:10.74, followed by Auburn freshman Maggie Bowen in 2:12.21.

"The past two years I've gotten third, and I was happy with that, but I knew this year I had a good shot at it," Kowal said. "I knew it was close. I didn't feel anything the last 15 metres."

Columbia senior Cristina Teuscher claimed her fourth and final NCAA title in decisive fashion, winning the 400 individual medley by almost four seconds with a time of 4:33.81, just off Tracy Caulkins' US Open record of 4:33.44 from 1981. The time would have earned her a silver medal at the FINA Short Course World Championships—a meet she chose to miss so she could compete in her final collegiate meet.

"I think the competition is just as good here, so why fly halfway around the world when I could just

take an hour flight here?" Teuschersaid. "It was nice to end my college career here. Now I'll start focusing on the Olympic Trials. I'm much more mature than I was four years ago and going to Columbia had a lot to do with that. I was really lucky to be able to have the best of both worlds, working with both (Columbia coach) Diana Caskey and club coach John Collins of Badger SC."



California won the first relay, breaking the US Open record in the 4x50 free relay with a time of 1:40.18. The team consisted of Anya



Kristy Kowal helped Georgia to its second team title

Marco Chiesa

Kolbisen (USA) 25.90, Haley Cope (USA) 24.60, Nicole Omphroy (USA) 25.36, and Joscelin Yeo (Singapore) 24.32. Arizona, the third-place finisher, broke the American record in prelims with a 1:40.21.

Seniors Kristy Kowal and Courtney Shealy, who both won individual titles on the first night, led Georgia to a world-record swim in the 4x100 medley relay. Shealy led off with a 58.75, followed by Kowal (1:06.09), Keegan Walkley (59.28), and anchored by freshman Maritza Correia (53.34) with the four posting a 3:57.46, bettering Japan's world record of 3:57.62.

"Courtney and I had never won a relay at NCAAs in our four years so it was a big goal to win and that gave us momentum," Kowal said.

The California 4X50 medley relay team of Haley Cope (USA) 27.25, Staciana Stitts (USA) 30.59, Waen Minprahal (THA) 27.07, and Joscelin Yeo (SIN) 24.32 started off the second night with a world-best swim of 1:49.23. The previous world record was 1:49.47 by Sweden in 1999. Since the California team was composed of swimmers from three countries, it will not be recognized since team members must have the same nationality (FINA rule SW 12.3).

Cope also set her own world record in the 50 back leadoff with a time of 27.25, bettering German Sandra Volkers' time of 27.27. Arizona set the American record with its second-place time of 1:49.71 by Beth Botsford, Amanda Beard, Amy Bouta, and Denali Knapp.

"When I looked up at the board (after my leg) and saw that I broke the world record, I was thinking 'please don't false start,'" Cope said. "Breaking that record was one of my goals this year."

Arizona won the 4x200 free relay with Trina Jackson (1:59.46), Sarah Tolar (1:57.29), Jenny Vanker (2:00.77), and Emily Mastin (1:57.99) in 7:55.51.

It came down to the final relay, with Arizona needing to win the 4x100 free relay and Georgia to finish sixth or lower for the Wildcats to win the title. The Bulldogs could have been extra careful about the relay takeoffs to ensure no false starts. Georgia went after the race aggressively though, with Courtney Shealy (53.70), Stefanie Williams (55.00), Jennifer Mihalik (55.45), and Maritza Correia (53.52) winning the event and the team title with an American record time of 3:37.67, bettering the time set by the USANational Team earlier that day in Athens, Greece, at the Short Course World Championships. Arizona finished second with 3:38.89.

"The coaches told us we just needed to finish fifth, but we weren't out there to do that," senior Courtney Shealy said. "We still wanted to win it."

Thanks to Mary Wagner, USA Swimming Media Relations Coordinator, who provided daily reports from Indianapolis.

2000 MEN'S NCAA CHAMPIONSHIPS

MOSES PARTS THE WATERS

TEXAS RUNS AWAY WITH TEAM TITLE, RECORDS FOR RILEY JANES

MINNEAPOLIS—Seven world short course records fell during the 76th men's NCAA Championships. The records were equalled or bettered in four events.

Virginia sophomore Ed Moses was voted NCAA Swimmer of the Year for his world records in the 100 and 200 breaststrokes.

Texas won the team title, the Longhorns' first since 1996. They won three out of five relays, placed second in the 4x100 free and fourth in the 4x50 free

relay. The Longhorns finished with 538 points, followed by Auburn (385) and Arizona (360.5).

Texas coach Eddie Reese was named NCAA Coach of the Year, winning hisseventh team title during a 21-year career in Austin.

These men's NCAA championships, held continuously since 1924, have been mostly held in a 25-yard pool, but for the first time they were held in a 25-metre pool.

Highlights: Freestyle

California freshman Anthony Ervin shocked the swimming world on the first night with a world record in winning the 50 free (short course metres) in 21.21, edging Arizona sophomore Roland Schoeman (RSA) who also went under

the existing world record with a 21.22. Prior to this meet, Ervin's biggest competition had been at the Junior National level.

"Anthony's never been in the limelight," said California coach Mike Bottom. "He's come out of virtually nowhere."

"I was trying to hit all the things I usually miss, like the start," Ervin said. "I'm known as having bad starts. For me, this was a good start. It was decent, but not a great start by any stretch of the imagination."

Ervin, who at 6' 2"/188 cm weighed just 150 lbs/68 kg when he entered college, has put on 10 pounds of muscle in the last year since he started weight training seriously.

"I think it's been the coaching more than anything (that's made a difference)," Ervinsaid. "I haven't grown much yet."

On day three Ervin pulled off another upset over Arizona's Roland Schoeman (RSA), winning the 100 free from lane one in an American record time of 47.36. Schoeman finished second in 47.51.

Ryk Neethling (RSA), a senior at Arizona, won the 400 free in 3:40.47 on the first day, while Southern Cal



Three world records for Ed Moses

Marco Chiesa

freshman Erik Vendt was second in 3:42.81. On the second day, Neethling won his ninth career title, his second of the meet and his third straight in the 200 free event.

Stanford junior Adam Messner jumped out to an early lead, but Neethling turned it on in the last 25 to move past Messner. His final split was 25.74 to Messner's 27.50. Neethling finished with a 1:43.90 to Messner's 1:45.01.

On the third day, Southern Cal's Erik Vendt turned in a gutsy performance in winning the 1500 freestyle in an American record time of 14:31.02, upsetting three-time defending champion Ryk Neethling (14:39.04) of Arizona, who finished third behind

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Michigan junior Chris Thompson (14:35.95). Thompson took the early lead with Neethling and Vendt staying at his hip until Vendt started his six-beat kick at the 800 mark to pull away from the field. His 10th, 11th, and 12th 100s were all under 58 seconds and he finished with a 58.09 for the last 100. Vendt's time ranks as the fourth-fastest performance in history behind two swims by Australians Grant Hackett and one by Kieren Perkins.

Backstroke

Texas junior Matt Ulrickson won the 100 back out of lane two with a time of 52.05. He was fourth at the 50 mark and then finished in a 26.87 to win the race.

"The race was so close," Ulrickson said, "that I didn't know where I finished until I looked up at the board. I had to look a couple of times to make sure before I got excited."

Last year, Ulrickson made what he termed "an eight-year-old age grouper's mistake" when he turned too soon, thinking the false start rope was the flags. He seems to have learned from his mistake.

Canadian Riley Janes, Texas A & M, in finishing second with 52.18 (52.22 prelims) twice bettered Mark

Tewksbury's record of 52.50 from 1992. Janes also bettered the 50 backstroke national record with his 23.90 lead-off on the 4x50 medley relay. Both former Canadian records were world records in their day.

Florida senior Matt Cole claimed the Gators' first NCAA title since 1996 by winning the 200 back in 1:53.68, ahead of Brazilian Olympians Leonardo Costa (1:54.79) of USC and Alex Massura (1:54.99) of Minnesota.

Breaststroke

With his mom's "Part the Water, Moses" sign in plain view in the Minnesota Aquatic Center, Virginia sophomore Ed Moses did just that in winning the 100 breaststroke in a world-

record time of 57.66 on March 24. It was his second world record-breaking performance of the day as he first broke the mark in prelims with a 58.05.

"I knew I had a shot at the world record this morning after the relay split I had yesterday," Moses said. "My coach told me not to hold back. I had a four-second drop between my first and second 50 splits this morning and had really run out of energy on the last 50. Tonight I tried to hold back a little, which is hard to do in this meet, and then come home strong. I'm surprised my split (for the first 50) was only a little slower than this morning because I had a lot more energy coming home. I don't think I could have done much better."

Moses grabbed the headline again on the final day, shattering the world record in the 200 breast-

stroke. Moses' time of 2:06.40 was more than a second faster than the previous mark of 2:07.59 swum by Russia's Roman Sloudnov at the Short Course World Championships in Athens, Greece, the week before.

"I went out after it," Moses said. "I wanted to go a 2:05, but I made a couple of mistakes. It's only the second or third time I've swum this race in short course metres and it's very different from yards. At my turn for the last 25, I felt like I should be done already. I took it out too quickly and suffered in the last 50. I'm really excited about it though. My goal was to break those records."

Butterfly

Nebraska senior Adam Pine (AUS) won the 100 fly in 51.23 on the second day. Runner-up Nate Dusing of Texas broke the American record with a 52.00.

Stanford junior Adam Messner used a strong back half to win the 200 fly on the third day in 1:55.79, ahead of South Carolina's Zsolt Gaspar (HUN) who led most of the race. Messner had a little trouble getting his warm-up suit off at the blocks.

"Itreminded me of being an age grouper," Messner said. "I used to have to run to the bathroom right



Nine NCAA carrer wins for Ryk Neethling

before my races because I'd get so nervous, but it made my mom even more nervous. That's the only thing that kept me calm tonight—thinking my mom was probably really nervous and maybe she absorbed some of it for me.

"All season we've put an emphasis on underwater dolphin kicking. Misty Hyman brought that to Stanford and Skip (Kenney) really worked us on it. I tried to use it as an offensive weapon tonight. Off both walls I could see him (Gaspar) come off ahead of me so I tried to inch ahead each time with my dolphin kick. I knew we were really close and I didn't know I had won at the end."

Individual medley

Arizona State freshman Atilla Czene (HUN), a 1996 Olympic gold medalist, tied the world record in winning the 200 individual medley on the first day in 1:54.65. Texas junior Nate Dusing was second in 1:56.84. Though only a freshman, Czene is 26 and just recently moved to the United States from Hungary to train.

"It's much more fun at NCAAs (than international competitions)," Czene said. "There was so much pressure on me in Hungary after the Olympics. I didn't feel any pressure here. I went to the 1998 World Championships wanting to win and I made some mistakes and ended up in the consolation final. I thought about quitting, but then I made my decision to come to the United States. I'm glad Arizona State was willing to take me. I feel like I'm re-energized."

Michigan sophomore Tim Siciliano dropped more than five seconds off his prelim time to win the 400 individual medley in an American record time of 4:06.02. Southern Cal freshman Erik Vendt set the record in prelims with a 4:08.22 and finished second in 4:09.35.

Relays

On the very first event of the first day Auburn started off the night by winning the 4x50 free relay with Matt

Busbee (21.77), Aaron Ciarla (21.09), Oswaldo Quevedo (21.34), and Greg Busse (20.94) posting a 1:25.14. The four set a world best in prelims with a 1:24.83, but since Quevedo is from Venezuela it will not be recognized as team members must have the same nationality (FINArule SW 12.3) Roland Schoeman (RSA) was the lead-off for Arizona in a short-lived world record of 21.28.

In the final relay on the first day, Texas won the 4x100 medley relay in 3:31.23, swum by Tom Hannan (52.15), Russell Chozick (59.70), Nate Dusing (51.48), and Bryan Jones (47.90).

On the second day Dusing also swam the butterfly leg (22.52) for Texas' winning 4x50

medley relay, which swam an American record time of 1:35.66 in the first event of the night. Also on that relay was 100 back champion Ulrickson (23.96), Russell Chozick (27.62), and Bryan Jones (21.56).

Texas also won the 4x200 free relay with Jon Younghouse (1:47.34), Nate Dusing (1:44.90), Scott Goldblatt (1:46.52), and Jamie Rauch (1:46.29) with a 7:05.05.

The 4x100 free relay was won by California with Matthew Macedo (47.81), Anthony Ervin (47.32), Bart Kizierowski (POL) 46.92, and Lars Merseburg (GER) 49.20 in 3:11.25.

Thanks to Mary Wagner, USA Swimming Media Relations Coordinator, who provided daily reports from Minneapolis.

BACKWASH

Backwash features short clips, gossip, letters and opinions. Contributions are welcome at our e-mail: swimnews@inforamp.net. Now for the rumours behind the news.

Davis Scholarships Awarded: Six swimmers will be receiving \$1,000 each provided by the Victor Davis Memorial Fund to help them in their swimming careers. The fund was created in 1989 in memory of Olympic and world champion Victor Davis, who died tragically that year. The six swimmers are Kristen Bradley, 16 (Newmarket, ON), Jenna Gresdal, 15 (Huntsville, ON), Alexandra Lys, 15 (Calgary, AB), Benoit Banville-Auger, 17 (Cap-de-la-Madeleine, QC), Francois Castonguay, 17 (St-Jerome, QC), and Matthew Huang, 16 (Vancouver, BC).

After five decades of service: Swim Saskatchewan presented Life Memberships to Betty Lou and David Dean. The Deans were distinguished swimmers, administrators, and master officials. Congratulations.

Paying the price: Alexander Popov pays 100 Australian dollars (US S60) a day to train at the Australian Institute of Sport with his coach Gennadi Touretsky, a former Soviet national sprint coach. The decision to continue to swim for Russia has cost him dearly. Rob Woodhouse, an Olympic bronze medal winner in 1984 and now an agent for swimmers, estimates Popov could have made a million dollars a year in endorsements if he were an Australian. That's what Michael Klim, Popov's training partner, and 17-year-old Ian Thorpe are currently earning.

"The financial thing is difficult for Alex," Touretsky says. "He has a few sponsors, none in Australia."

After winning the 50 and 100 freestyle in 1992 and 1996, Popov is spending six hours a day in the water and an additional hour in the gym preparing for Sydney.

"People are writing Alex off, but I'm not," said Michael Klim. Touretsky agrees. "I know he will win the 100 again," he said. "The difference this time is I don't know how."

Cadillac series: What was formerly known as the USA Grand Prix Series is being replaced by the Cadillac Swim Series. Increased prize money (a total of US \$100,000 over the five meets) and TV exposure within the USA should make for an exciting summer leading up to the Olympic Trials in mid August. ESPN has already agreed to broadcast the Ann Arbor Meet, and other television deals are in the works. See the US Calendar on page 3 for the dates and locations.

Banned: Italian sprinter Viviana Susin, 27, received a four-year suspension from FINA. Susin was tested in January 1999 at a meet in France and was found to have a Testosterone/Epitestosterone level greater than 6. The suspension is effective March 25, 2000. It's not known why there is such a long delay between the test and the suspension. She competed last December at the European SC Championships in Lisbon. Susin won the Italian Championships in the 50 and 100 free during the past decade.

Caught: Trent Bray, NZL, also tested positive earlier this year for the steroid nandrolone, but has so far eluded any actual suspension and competed recently in the New Zealand Championships. Trent hired a good lawyer and got off on a technicality. The judge ruled there was too long a delay between the specimen arriving in the lab—in Sydney—and the tests being done. In addition, the containers that have been used all over the world were found wanting! The NZL drug testing agency has lodged an appeal.

Biggest splash: Speedo announced the Fastskin in Athens. The suit will change the sport. It's a major innovation. The fabric has thousands of tiny teeth-like dents in the knit, mimicking dermal denticles of a shark's skin. Each suit has 13,000 stitches and 1,800 m of thread. A rougher fabric on the underside of the arms helps the swimmer to grip water when stroking. A rougher fabric at the shoulders creates vortices like those generated by the roll of a fish for faster swimming. Speedo claims that the suit is 3 to 7.5 percent faster than other suits.

FINA has approved full body suits as within its existing rules.

The suit will be priced between US \$150 and \$250 depending on the configuration (full body suit to a more conventional shape). The suit will be available to the general public in September. Speedo has agreed to supply Fastskins to swimmers competing at the Canadian Olympic Trials. Swimmers with the best chance to make the Olympic team as prime candidates for the suit.

Other manufacturersalready have full body suits (Adidas) or are close to releasing one (Arena).

Award for Karin Helmstaedt: "I am pleased to tell you that the ASCA (American Swimming Coaches Association) Board of Directors has voted to honor you with the American Swimming Coaches Association Press Award for 2000. Congratulations!

The award is offered in recognition and appreciation of your continued dedication to the unearthing of the story of the East German Doping Regime over the past decades. We are very grateful for your efforts.

The World Clinic is in Cincinnati, Ohio Sept. 7-9, 2000, and the banquet where we will make the award itself is on Friday evening, Sept. 8. We'd be pleased if you wanted to do a 10-20 minute talk at the banquet on the state of doping currently, or what you see happening in Germany/Europe.

We will pick up your travel costs from your home to Cincinnati and return, or equivalent if you plan to go on to Sydney. And we'll take care of your expenses in Cincinnati.

Again, my congratulations and thanks from our entire Board of Directors. I hope this note finds you happy and well."

Best Regards, John Leonard ASCA Executive Director

Congratulations Karin, from your friends at SWIMNEWS!

Remember ... It's not true until it has been officially denied

ASK JUDY

DON'T ALWAYS EXPECT IT!

In preparation for Nationals, I met with many swimmers who were trying to cope with different aspects of anxiety, pressure, and stress. Usually athletes who express these feelings to me are in need of a strategy to calm and relax themselves.

I start by asking the athlete "What is your goal for this competition?"

This may seem like a roundabout way to figure out a strategy, but this often identifies the root of the problem. The most common goal that swimmers set is to do a personal best time or a PB. The next thing to determine is if the goal is difficult, yet realistic, specific, and measurable, and if the swimmer has a clear understanding of what she or he needs to do to achieve the goal.

Once this has been determined, we can move to the next question, which is "What do you expect out of yourself?" The response to this question is the clincher. If the swimmer's response is "I expect a personal best" then we have probably figured out what the problem is.

Now you may be confused, but answer this question—What is the difference between an expectation and a goal? In this case, not much. By definition, an *expectation* is something that you expect to happen, it has high probability of occurring. A *goal* is something that you are striving for, reaching for, not sure if you will achieve it.

If the goal is difficult yet it is something you expect to happen, this can be the cause of a great deal of stress. Expectations should be focused on things that are completely in your control. For example, "I expect myself to keep focused during my race" and "I expect myself to give 100% during the race."

Things that you expect out of yourself are likely to contribute to the chance of you achieving your goal. But when swimmers or athletes, in general, start to set their expectations as high has their goals, the question becomes "What's the point of setting the goal, if you expect it to happen?"

Another way that expectations can cause a great deal of stress or anxiety is when the expectations are not even the athlete's own, but when they are those of the coach, parents, or teammates. So, before your next competition, it is in your best interest to take the time to establish what your goals are and then to determine how they are different from your expectations. This should help you feel more focused and in control.

Keep the letters and emails coming at qossj@dalelessmann.com

Judy Goss, Ph.D., is a Sport Psychology Consultant at the National Sport Centre—Toronto.

TOP AGE GROUP TIMES

Rankings for the period (results received) October 1, 1999 to March 30, 2000 TAG is financially supported by Swimming/Natation Canada. Compiled by SWIMNEWS

2000 SHORT COURSE TAG®

GIRLS 11-12

50 METRES FREESTYLE
Rec: 26.34 Lori Melien,AAC,85
1 27.38 ONTAGMAR Allison Bennett,12,NYAC JRNATFEB Kirsten Pomerleau,12,UCSC ONTAGMAR Nadia Kumentas,12,WD 27.90 BCAGMAR Melissa Lam.12.SPART BCAGMAR Melissa Lam, 12, SPART BCAGMAR KIRST Jeit, 12, PCB ONTAGMAR Julia Wilkinson, 12, SKY ONTAGMAR Emily Gillespie, 12, PERTH ONTAGMAR Manada Kelly, 21, PKA ABAGFEB Amanda Maxey, 12, CASC ONTAGMAR Whitney Rich, 12, ISS SFOYNOV Suzanne Vary, 12, CNDR ONTAGMAR Monica Wakeman, 12, NEW PCSCDEC, Alica Chourt, 12, SCS FORMAR MONICA Wakeman, 12, NEW 28 14 28.20 28.27 28 38 28.44 28.52 ON LAGWAR MONICA WAREMAN, 12,NEW PCSCDEC Alice Chow 11, PCSC YOUTHDEC Amanda Long, 12,LAC PCSCDEC Clare Dermody, 12,HWAC BCAGMAR Brittany Reimer, 12, SKSC ONTAGMAR Chantelle Lonsdale, 12,WAC 28.96 28.99 MBSKMAR Mallory Hoekstra,12,EKSC RAPIDDEC Carleen Ready,12,LASC ONTAGMAR Jamie MacLeod,12,USC 29.20 29.21 ONTAGMAR Heather Julien, 12, LAC
SCARFEB Jessica Lau, 12, SCAR
PDAAAFEB Genevieve Saumur, 12, CAMO
BCAGMAR Carla Henderson, 12, PDSA
ONTAGMAR Ogechi Abara, 12, RHAC 21 22 23 24 29.22 29.27 29.31

100 METRES ERFESTYLE

Rec: 57.36 Lori Melien,AAC,85 1 1:00.02 ONTAGMAR Nadia Kumentas,12,WD JRNATFEB Allison Bennett,12,NYAC BCAGMAR Melissa Lam,12,SPART JRNATFEB Kirsten Pomerleau,12,UCSC 1:01.12 JRNATFEB Kirsten Pomerleau, 12, UCSC YOUTHDEC Amanda Long, 12, LAC ONTAGMAR Amanda Long, 12, LAWAC SFOYNOV Suzanne Vary, 12, CNDR BCAGMAR KIRST Jeil, 12, PGB HWACOCT Clare Dermody, 12, HWAC TDJAN Emily Gillespie, 12, PERTH ONTAGMAR Heather Julien, 12, LAC BCAGMAR Brittany Reimer, 12, SKSC PQAAAFEB Alice Chow, 11, PCSC ONTAGMAR Chantelle Lonsdale, 12, WAC MBSKMAR Mallory Hoekstra, 12, EKSC YOUTHDFC Monica Wakeman 12, NEW 1.01 39 1:01.53 1:01.58 1.01 99 1:02.06 1:02.29 1:02.62 1:02.84 1.02 94 1:02.98 MBSKMAR Mallory Hoekstra, 1,2, FKSC YOUTHDEC Monica Wakeman, 12, NEW POAAAFEB Genevieve Saumur, 12, CAMO ONTAGMAR Whitiney Rich, 12, ISS POAAAFEB Chrystele Roy-L'Ecuyer, 15, CNB ISCUPHOV G, Poirier-Leroy, 12, NRST MSSACNOV Elyse Dudar, 12, MSSAC POAAAFEB Sarah Caron-Cantin, 12, CNCI ONTAGMAR Jackie Morrison, 11, NYAC SCAPEED Marths, 70, ISM (12, VAP). 1:03.02 1:03.08 1:03.08 1:03.16 1:03.58 1.03 58 1:03.59 1:03.72 SCARFEB Martha Ziolkowski,12,YORK PQAAAFEB Marie-C. Dionne,12,UL

23 103.76
25 103.87 POADAFEB Matres.
200 METRES FREESTYLE
Rec: 2:05.41 Shauna Cillins,ROD,90
1 2:11.19 ONTAGMAR Nadia kumentas,12.WD
2 7:11.30 ONTAGMAR Allison Bennett,12.NYAC
ONTAGMAR Allison Bennett,12.NYAC
ONTAGMAR Allison Bennett,12.COBR Ontagnar Ailison Benneti, 12,147AC Ontagnar Amanda Long, 12,1AC SFOYNOV Suzanne Vary, 12, CNDR Brantnov Amanda Kelly, 12,14WAC ABAGFEB Mallory Hoekstra, 12, EKSC BCAGNAR Brittany Reimer, 12, SKSC BCAGMAR Brittany Relimer, 12, SKSC BCAGMAR Anne Schmuck, 12, PSW CASCNOV Kirsten Pomerleau, 11, UCSC ONTAGMAR Chantelle Lonsdale, 12, WAC PCSCDEC Clare Dermody, 12, HWAC ONTAGMAR Jody Jelen, 12, ESWIM SCARFEB Marfha Ziolkowski, 12, YORK POAAAFEB Marie-C. Dionne, 12, UL POAAAFEB Myriam Roy-L'Ecuyer, 12, CNB RAPIDDEC Melissa Lam, 12, SPART ONTAGMAR Shannon McQueen, 12, GO ISCUPNOV G. Polirier-Leroy, 12, INST RAPIDDEC Carleen Ready, 12, LASC MSSACNOV Elyse Dudar, 12, MSSAC ONTAGMAR Monica Wakeman, 12, NEW ABAGFEB Carol Starratt, 12, CASC 2.14 13 2:15.56 2:15.60 2:16.68 2.17 04 2:17.33 2:17.48 2:17.52 2:17.63 ABAGFEB Carol Starratt, 12, CASC YOUTHDEC Bevan Haley, 12, WTSC BCAGMAR Amanda Bell, 12, SPART MANTADEC Whitney Reed,12,MANTA

400 METRES FREESTYLE | Rec: 4:23.93 | Stephanie Shewchuk, PCSC, 87 | 4:36.46 | SFOYNOV Suzanne Vary, 12, CNDR | 2 4:36.58 | BCAGMAR Anne Schmuck, 12, PSW | ONTAGMAR Amanda Long, 12, LAC
ABAGFEB Mallory Hoekstra, 12, EKSC
NSAGFEB Bevan Haley, 12, WTSC
BCAGMAR Brittany Reimer, 12, SKSC
ONTAGMAR Chantelle Lonsdale, 12, WAC
ONTAGMAR Julia Wilkinson, 12, SKY 4:37.17 4:37.88 4:38.75 4:40.87 4:43.06 4:45.11 4:45.22 ONTAGMAR Nadia Kumentas,12,WD ONTAGMAR Amanda Kelly,12,HWAC 4:46.02 JRNATFEB Caitlyn Harris, 12, LL JRNNA1FEB Calliyn Harris, I.2,I.L BRANTNOV Clare Dermody,12, HWAC ONTAGMAR Shannon McOueen,12,GO POAAAFEB Myriam Roy-L'Ecuyer, 12,CNB ONTAGMAR Allison Bennett,12,NYAC MSSACNOV Elyse Dudar,12,MSSAC 4:46.11 4:46.35 4:47.08 4:47.47 4:48.48 BCAGMAR Kayla Rawlings,12,PSW ABAGFEB Carol Starratt,12,CASC BCAGMAR Amanda Bell,12,SPART 4.48 81 4:48.99 4:49.11 4:49.72 4:50.13 ONTAGMAR Jody Jelen, 12, ESWIM ISCUPNOV G. Poirier-Leroy, 12, NRST 20 21 22 23 ABAGFEB Kirsten Pomerleau, 12, UCSC 4.50.40 4:52.86 4:53.30 ONTAGMAR Jackie Sweers,12,CAJ YOUTHDEC Michelle Mange,12,PDSA ONTAGMAR Katie Lawrie,12,AAC 4.54.36

800 METRES FREESTYLE S FREESTYLE
Stephanie Shewchuk, PCSC, 87
ABAGFEB Mallory Hoekstra, 12, EKSC
ONTAGMAR Amanda Long, 12, LAC
BCAGMAR Anne Schmuck, 12, PSW Rec: 8:55.85 1 9:25.24 9:31.86 BCAGMAR Brittany Reimer, 12, SKSC NSAGFEB Bevan Haley, 12, WTSC 9.32 69 ONTAGMAR Shannon McQueen.12.GO 9:45.22 9:48.44 9:49.55 ONTAGMAR Julia Wilkinson,12,SKY ONTAGMAR Emily Gillespie,12,PERTH BCAGMAR Amanda Bell,12,SPART 9:51.18 BCAGMAR Amafada Bell 11,2 SPART
ONTAGMAR Jody Jelen 12, ESWIM
ONTAGMAR Emiley Jellie 12, ROW
BCAGMAR Erin Caryle, 12, LL
BCAGMAR Kayla Rawlings, 12, PSW
MBSKMAR Carol Starratt, 12, CASC
VOUTHDEC Michelle Mange 12, PDSA
BCAGMAR Kathryn Johnson, 11, PDSA
EOSAFEB G. Hansforth, 11, EBSC
SCUPROV C. Politier-Leroy, 12, NRST
POAAAFEB Marie Arsenault-C., 12, UL
MANTADEC Callivn Harris, 12, SKSC 9:56.99 9:58.20 9.59 07 14 10:00.29 15 10:03.10 16 10:03.70 17 10:03.94 18 10:06.46 19 10:06.78 MANTADEC Caitlyn Harris,12,SKSC POAAAFEB Chelsea Cleary,12,DDO CHENAJAN Brittani Barber,12,PSW 20 10:07 29 10:08.48 LACNOV Heather Julien, 12, LAC BCAGMAR Melanie Nelson, 12, LS BCAGMAR Melanie Nelson, 12, LS 10:08.81

25 10:11.44 BCAGMAR Sarah Mayzes,12,IS
100 METRES BACKSTROKE
Rec: 1:05.71 Stephanie Brueschke,MAC,94
1 1:06.52 ONTAGMAR Emily Gillespie,12,PERTH
2 1:08.19 BCAGMAR Melissa Lam,12,SPART
3 1:08.48 MBSKMAR Mallory Hoekstra,12,EKSC
4 1:08.54 ONTAGMAR Nadia Kumentas,12,WD
5 1:09.11 JRNATFEB Kirsten Pomerleau,12,UCSC
6 1:09.27 POAAFEB Genevieve Saumur, 12,CAMD
1 1:09.41 ONTAGMAR Quilson Benerit 12, WACO
1 1:09.41 ONTAGMAR Quilson Benerit 12, WACO
1 1:09.41 ONTAGMAR Quilson Benerit 12, WACO ONTAGMAR Allison Bennett,12,NYAC ONTAGMAR Amanda Kelly,12,HWAC 1.09 41 BCAGMAR Anne Schmuck, 12, PSW SCARFEB Martha Ziolkowski, 12, YORK ONTAGMAR Jennifer MacLachlan, 12, NEW SCARFEB Monica Wakeman, 12, NEW 1:10.09 1:10.37 1:10.47 SCARFEB MONICA WAREMAN, 12,NE ONTAGMAR Julia Wilkinson,12,SKY ESWIMJAN Amanda Long,12,LAC ABAGFEB Stacie Karach,11,SWDV MBSKMAR Landice Yestrau,12,MM YOUTHDEC Kayla Truswell,12,LAC 1:10.62 1:10.77 1.10 79 1:11.17 ONTAGMAR Heather Julien,12,LAC BCAGMAR Carla Henderson,12,PDSA NWOFEB Katy Murdoch,12,KSS 1:11.64 21 22 23 ABAGFEB Elyse Silzer,12,ROD MBSKMAR Carol Starratt,12,CASC OAKJAN Clare Dermody,12,HWAC UTJAN21 Alyssa Hubert,12,CYPS ABAGFEB Kimberly Kabesh,12,STSC 1:12.16

200 METRES BACKSTROKE S BACKSTROKE Jennifer Fratesi, SSMAC, 97 JRNATFEB Mallory Hoekstra, 12, EKSC POAAAFEB Genevieve Saumur, 12, CAMO BCAGMAR Melissa Lam, 12, SPART BCAGMAR Anne Schmuck, 12, PSW 2:25.92 2:26.40 2:27.54 2:27.62 BCAGMAR Anne Schmuck, 12, PSW KBMSCNOV Emily Gillespie, 12, PERTH OSACFEB Amanda Long, 12, LAC YOUTHDEC Kayla Truswell, 12, LAC MBSKMAR Landice Yestrau, 12, MM CASCNOV Kirsten Pomerleau, 11, UCSC MBSKMAR Carol Starrall, 12, CASC MMSTADEC Elyes Silzer, 12, ROD YOUTHDEC Monica Wakeman, 12, NEW JMACOCT, Campater Koll, 13, JMAC 2:29.17 2:29.90 2:30.74 2:30.94 2:32.45 2:32 50 2:32.72 2:33.03 2:33.97 2:34.38 2:34.42 HWACOCT Amanda Kelly,12,HWAC
POAAAFEB Audrey Portelance,12,CNSJ
PCSCDEC Shannon McQueen,12,G0 PCSCDEC Shannon McQueen, 12, GO SCARFEB Martha Zilokuwski 12, YORK HWACOCT Clare Dermody, 12, HWAC YOUTHDEC Meghan Croucher, 12, NEW BCAGMAR Erin Carlyle, 12, LL OSACFEB Ashley Eykens, 12, LAC ONTAGMAR Christine Sadler, 12, MAC VOUTHDEC, Jennifer MacLachlan, 12, NEW NBJAN Bevan Haley, 12, WTSC 2:34.46 2:34.60 2:35.02 2:35.02 2:35.06 2:35.25 2:35.29 2:35.41 2:35.42 21 22 23 NWOFEB Katy Murdoch, 12, KSS ESWIMJAN Heather Julien, 12, LAC 2:35.63

| Rec: 1:10.11 | Allison Higson,ESC,85 | 1 | 1:15.14 | ONTAGMAR Whitney Rich,12,ISS | 2 | 1:15.73 | JRNATFEB Anne Schmuck,12,PSW | YOUTHOE Elizabeth Engs, 12, CAJ
MBSKMAR Mallory Hoekstra, 12, EKSC
ONTAGMAR Chantelle Lonsdale, 12, WAC
JRNATFEB Elizabeth Hendrick, 12, NCSA
KCSDEC Johanna Wick, 12, PN
PCSCDEC Kim Labbett, 12, OAK 1:17.61 1:19.26 1:19.30 1:19.69 ISCUPNOV Michelle Miller,12,PDSA PQAAAFEB Jasmine Kastner,12,DDO 1:20.15 10 PUAAAFEB Jasmine Kastner, 12, DUD MBSKMAR Jane Harringlon, 11, MM ABAGFEB Carleen Ready, 12, LASC YOUTHDEC Michelle Claessens, 12, MMST ABAGFEB Catherine Kasong, 11, EKSC ONTAGMAR Kristen Low, 12, MSSAC YOUTHDEC Michelle Mange, 12, PDSA KBMSCNOV Andrea Zarins, 12, NKB OSCDEC Dana Williams, 12, STSC BCAGMAR Sarah Minaker, 12, PN OSCDEC Lauren Crawford, 12, ILYSC 1:20.51 1:20.68 1:21.02 1:21.13 12 13 14 15 16 17 1:21.13 1:21.27 1:21.32 1:21.63 1:21.74 1:21.85 OSCDEC Lauren Crawford,12,UCSC BCAGMAR Melanie Nelson,12,IS PCSCDEC Kelly Salvador, 12, TMSC PCSCDEC Alice Chow, 11, PCSC NORACJAN Kristyna Cleminson, 12, BYST SFOYNOV Cecile Dufour, 12, UL 22 1.22 05 1:22.08 1:22.28 1.22 50 25 1:22.50 SFOYNOV Cecile Dufour,12,UL
200 METRES BREATSTROKE
Rec: 2:30.55 Courtenay Chuy,HYACK,98
1 2:40.94 JRNATEB Anne Schmuck,12,PSW
2 2:41.88 ONTAGMAR Whitney Rich,12,ISS
3 2:43.21 UTJAN21 Elizabelt Engs,12,CAJ
4 2:46.47 JRNATEB Mallory Hoekstra,12,EKSC
5 2:47.82 JRNATEB Chantelle Lonsdale,12,WAC 2:48.41 PCSCDEC Kim Labbett, 12, OAK 2:49.56 2:50.53 2:51.09 PQAAAFEB Jasmine Kastner,12,DDO KBMSCNOV Andrea Zarins,12,NKB ISCUPNOV Michelle Miller,12,PDSA ISCOPIOV MICHELE MINET, 12, PDSA EOSAFEB Emily Gillespie, 12, PERTH JRNATFEB Michelle Mange, 12, PDSA ABAGFEB Elizabeth Hendrick, 12, NCSA PGBNOV Johanna Wick, 12, PN 2:51.36 2:51.76 2:51.78 10 12 13 2:51.82 2:52.03 2:53.97 2:54.24 2:54.46 ONTAGMAR Ivanna Corovic, 12, OAK 14 15 16 17 YOUTHDEC Michelle Claessens, 12, MMST ONTAGMAR Jessica Plata, 11, OAK ONTAGMAR Kristen Low, 12, MSSAC 2:54.54 2:54.61 MBSKMAR Catherine Kasongo,12,EKSC YOUTHDEC Melanie Nelson,12,IS BCAGMAR Sarah Minaker 12 PN 20 2.54 99 2:55.51 2:55.72 ABAGFEB Carleen Ready,12,LASC
MBSKMAR Kendall McLean,11,MANTA 21 22

2:55.79 2:56.13 PCSCDEC Kelly Salvador, 12, TMSC SFOYNOV Cecile Dufour, 12, UL BCAGMAR Kaela Richardson.11.VKSC

100 METRES BUTTERELY S BUTTERFLY
Allison Barriscale, KMSC, 89
JRNATFEB Carleen Ready, 12, LASC
ONTAGMAR Amanda Long, 12, LAC
POAAFEB Genevieve Saumur, 12, CAMO
ONTAGMAR Emily Gillespie, 12, PERTH
BCAGMAR Kayla Rawlings, 12, PSW
KCSDEC Mallory Hoeskira, 12, EKSC
ONTAGMAR Claire Lawrence, 12, HWAC
ONTAGMAR Allison Bennett, 12, NYAC
ONTAGMAR Kristine Bunker, 12, MYAC 1:06.63 1:08.90 1:09.76 1.10.02

ONTAGMAR Kristine Bunker 12 NYAC 1:10.51 ONTAGMAR Kristine Bunker, 12,NYAC PCSCDEC Shannon Hazelton, 12,SSMAC SFOYNOV Marie-C. Dionne, 12,UL MBSKMAR Kimberly Kabesh, 12,STSC SFOYNOV Suzanne Vary, 12,CNDR YOUTHDEC Heather Julien, 12,LAC BCAGMAR Katile Kollowski, 12,PSW ONTAGMAR Rachael Kloosterman, 11,WD PRAMTMOV, Laura Conport, 12, OAK 1:10.67 1:11.01 1:11.10 10 11 12 13 14 1:11.60 17 1:11.76

20 1:11.91 23 1:12.05 24 1:12.08 ONTAGMAR Tawnya Rudy,12,TORCH 25 1:12.21 KCSDEC Johanna Wick,12,PN 200 METRES BUTTERFLY

S BUTTERFLY

Michelle Coulombe, CNMN, 78

ONTAGMAR Amanda Long, 12, LAC
BCAGMAR Kayla Rawlings, 12, PSW

ABAGFEB Carleen Ready, 12, LASC

ABAGFEB Mallory Hoekstra, 12, EKSC 2:18.09 2:28.28 2:28 53 2:28.57 2:29.11 2:30.73 2:30.85 2:33.29 PQAAAFEB Genevieve Saumur,12,CAMO JRNATFEB Bevan Haley,12,WTSC ONTAGMAR Emily Gillespie, 12, PERTH ONTAGMAR Nadia Kumentas, 12, WD ONTAGMAR Claire Lawrence, 12, HWAC 2:33.54 2:34.25 ONI AGWAR Claire Lawrence, I.2, HWAL BCAGMAR Katle Kotlowski 12, PSW ONTAGMAR Jennifer MacLachlan, 12, NEW ONTAGMAR Tawnya Rudy, 12, TORCH ONTAGMAR Monica Wakeman, 12, NEW ONTAGMAR Kayla Truswell, 12, LAC 10 11 2:34 35 2:35.94 2:36.30 12 13 14 2:37.54 2:37.73 ONTAGMAR Lindsay Bays, 12, AAC 2:37.82 2:37.94 2:37.95 PCSCDEC Shannon Hazelton,12,SSMAC YOUTHDEC Heather Julien,12,LAC 18 19 2:38.20 MSSACNOV Elyse Dudar,12,MSSAC BCAGMAR Kathryn Johnson,11,PDSA PQAAAFEB Marie-C. Dionne,12,UL 2:38.59 2:38.75 20 21 2:38.89 2:39.79 2:40.59 BCAGMAR Amanda Bell,12,SPART ONTAGMAR Jody Jelen,12,ESWIM ONTAGMAR Rachael Kloosterman,11,WD 22

LACNOV Whitney Rich,11,ISS PQAAAFEB Myriam Roy-L'Ecuyer,12,CNB

24 25 2:40.60 Rec: 2:19.25 Allison Higson,ESC,85 1 2:21.23 SFOYNOV Marie-C. Dionne,12,UL 2 2:26.31 ABAGFEB Mallory Hoekstra,12,EKSC ABAGELB Mallory Hoekstra, 12, EKSC ONTAGMAR Amanda Long, 12, LAC KCSDEC Anne Schmuck, 12, PSW ONTAGMAR Emily Gillespie, 12, PERTH ONTAGMAR Whitiney Rich, 12, ISS JRNATFEB Clare Dermody, 12, HWAC JRNATFEB Carleen Ready, 12, LASC ONTAGMAR Chantelle Lonsdale, 12, WAC YOUTHDEC Monica Wakeman, 12, NEW PORDABAETE Geneviews Samurit, 12 CAME 2:26.34 2:30.23 2:30.64 2:31.24 2:32 90 2:34.00 POAAAFEB Genevieve Saumur,12,CAMO YOUTHDEC Jennifer MacLachlan,12,NEW MBSKMAR Carol Starratt,12,CASC ABAGFEB Kirsten Pomerleau,12,UCSC 2:34.07 2:34.63 2:34.63 2:34.65 ABAGFEB KIRSten Pomerfeau, 12,UC: UTJAN21 Elizabeth Engs, 12, CAJ ISCUPNOV G. Poirier-Leroy, 12,NRST KCSDEC Johanna Wick, 12,PN ESWIMJAN Jody Jelen, 12, ESWIM ISCUPNOV Melissa Lam, 12, SPART 2:35.20 2:35.67 2:35.71 2:35.98 2:36.38 2:36.63 ONTAGMAR Julia Wilkinson,12,SKY PCSCDEC Alice Chow,11,PCSC ONTAGMAR Tawnya Rudy,12,TORCH YOUTHDEC Allison Bennett,12,NYAC ONTAGMAR Ashley Eykens,12,LAC MBSKMAR Landice Yestrau,12,MM 2:37 23 2:37.85

 25
 237,885
 MIBSKMARK Landicle restrau, 12,MM

 400
 METRES IND. MEDLEY

 Rec: 4:55.03
 Allison Higson, ESC, 85

 1
 5:06.88
 ABAGFEB Mallory Hoekstra, 12, EKSC

 2
 5:07.76
 ONTAGMAR Amanda Long, 12, LAC

 3
 5:13.63
 JRNATFEB Anne Schmuck, 12, PSW
 NSAGFEB Bevan Haley,12,WTSC JRNATFEB Carleen Ready,12,LASC 5.14 78 5:20.33 5:23.83 5:24.40

ONTAGMAR Nadia Kumentas, 12, WD YOUTHDEC Michelle Mange, 12, PDSA ONTAGMAR Whitney Rich, 12, ISS ONTAGMAR Kayla Truswell, 12, LAC BCAGMAR Kayla Rawlings, 12, PSW YOUTHDEC Jennifer MacLachlan, 12, NEW CUENDALM, Betteral Professor 5:25.63 5:25.95 5:26.06 5:26.11 CHENAJAN Brittani Barber,12,PSW PCSCDEC Genevieve Saumur,12,CAMO MBSKMAR Carol Starratt,12,CASC 5:26.15 5:26.82 5:27.16 5:28.29

MBSKMAR Carol Starratt, 12, CASC KBMSCNOV Andrea Zarins, 12, NKB PCSCDEC Clare Dermody, 12, HWAC POAAAFEB Myriam Roy-L'Ecuyer, 12, CNB ONTAGMAR Jody Jelen, 12, ESWIM ISCUPNOV G. Poirier-Leroy, 12, NRST KCSDEC Johanna Wick, 12, PN JRNATFEB Caitlyn Harris, 12, LL YOUTHOEC Melanie, Nelson, 12, IS EMBSCNOV, Estils Cillipand, 13, ERDTU 5:29.56 5:30.17 5:32.04 5:32.06

5:32.22 5:32.32 KBMSCNOV Emily Gillespie,12,PERTH ONTAGMAR Tara Baxter,12,NKB 5:34.29 ABAGFEB Kimberly Kabesh, 12, STSC

 25
 5:34,74
 ABAGFEB Kimberly Kabesh,12,STSC

 4XSO M MEDLEY RELLY
 Rec: 2:07.70
 Markham AC,MAC,94

 1
 2:12.53
 BCAGMAR Fraser Valley Spartans,SPART

 2
 2:12.64
 ONTAGMAR North York AC,NYAC

 3
 2:12.84
 YOUTHDEC Newmarket SC,NEW

 4
 2:14.00
 BCAGMAR Pacific Sea Wolves,PSW

 0
 7:14.85
 BRANTNOV Hamilt-Wentworth AC,HWAC

 3
 15:26
 CMSYMAD Means Suize Chia MANTA

2:14.85 2:15.25 2:15.32 MRSKMAR Manta Swim Club MANTA PQAAAFEB Univ.Laval Rouge & Or,UL ABAGFEB Edmonton Keyano,EKSC PCSCDEC Montreal Aquatique,CAMO ONTAGMAR Whitby Dolphins,WD ABAGFEB Cascade Swim Club,CASC 2:15.54 2:16.15 2:16.56 2:16.99 ABAGFEB CASCADE SWIM CUID, CASU SFOYNOV CN Beauport, CNCB ONTAGMAR Cambridge Aquajets, CAJ BTSCNOV Barrie Trojans, BTSC ONTAGMAR Oakville AC, OAK ONTAGMAR Markham AC, MAC

2:18.74 2:19.00 MBSKMAR Manitoba Marlins,MM ONTAGMAR Etobicoke Swimming,ESWIM BCAGMAR Nanaimo Riptide ST,NRST 2:19.71 BCAGMAR Pacific Dolphins, PDSA BCAGMAR Island Swimming, IS NSAGFEB Eastern Alliance, EAST 2:20.30 2:20.31

2:20.37 2:21.17 POAAFEB Hull Phoenix,PHENX PCSCDEC Pointe Claire SC,PCSC 4X50 M FREE RELAY

E RELAY
Regina Opt. Dolphins, ROD, 90
ONTAGMAR North York AC, NYAC
YOUTHDEC London AC, LAC
BCAGMAR Fraser Valley Spartans, SPART
YOUTHDEC Newmarket SC, NEW 1:56.00 1.57 77 1:58.22 BRANTNOV Hamilt-Wentworth AC,HWAC POAAAFEB Univ.Laval Rouge & Or,UL MBSKMAR Manta Swim Club,MANTA 1:58.48 1:59.34 2:00.01

MBSKWAR Wallia SWIII CIUD, WANTA ABAGFEB Edmonton Keyano, EKSC POAAAFEB Montreal Aquatique, CAMO BCAGMAR Pacific Sea Wolves, PSW ABAGFEB Cascade Swim Club, CASC 2:00.18 2:01.01 10 2:01.67 2:01.76 BRANTNOV Pointe Claire SC, PCSC 2:02.33 ABAGFEB Calgary Swimming, UCSC ONTAGMAR Cambridge Aquajets, CAJ BCAGMAR Nanaimo Riptide ST, NRST 2:02.40 2:02.91 2:03.50

2:03.55 2:04.51 ONTAGMAR Whitby Dolphins,WD ONTAGMAR Markham AC,MAC 2:04 57 BCAGMAR Pacific Dolphins, PDSA 2:05.29 2:05.71 ONTAGMAR Oakville AC,OAK ONTAGMAR Etobicoke Swimming,ESWIM 2:05.95 2:06.11 2:06.24 BCAGMAR Island Swimming,IS MANTADEC Uxbridge SC,USC PQAAFEB Dorval SC,DSC

24 25 2.06.27

TOP AGE GROUP TIMES

Rankings for the period (results received) October 1, 1999 to March 30, 2000 TAG is financially supported by Swimming/Natation Canada. Compiled by SWIMNEWS

2000 SHORT COURSE TAG®

BOYS 11-12

 50 METRES FREESTYLE

 Rec: 25: 28
 John M.Mills, GO,93

 1
 26:25

 CNSHDEC Vincent Boulanger-M.,12,CNQ

 2
 26:61

 ONTAGMAR Sean Dawson 12:GO

 3
 26:76

 ONTAGMAR Jeff Byrne,12,SSMAC

 4
 26:90

 ONTAGMAR Mark Kurtzer,12,NEW
 ON IAGMAR MARK KUTZEF, I Z.JNE W ABAGFEB Darren Tso, 12 LASC MANTADEC Michael Smela, 12, YLSC ONTAGMAR Brandon Holden, 12, HWAC CASCNOV Shane Kemmet, 12 LASC BRANTNOV Julian Cino, 12, HWAC 27.40 27.60 27.98 28.10 BRANTNOV James San Pedro,12,0AK BCAGMAR Brad Barton,12,VKSC OAKJAN Stephen Louli,12,MAC 28 20 28.28 ORLANN Stepnen Loui, 12, MAC YOUTHDEC Michael Allain, 12, BST CASCNOV Braden O'Neill, 12, OSC YOUTHDEC Paul Mereau, 12, CASC RODSCJAN Andrew Malawski, 12, ROD ONTAGMAR Matt Kapitan, 12, COBRA BCAGMAR Jackson Wang,12,DELTA ONTAGMAR Brian Beaudette,12,ROC SFOYNOV Etienne Brillant,12,CNDR 28 46 28.49 28.51 MBSKMAR Jim Judiesch, 12, CASC YOUTHDEC Nelson Niedzielski, 12, MSSAC BCAGMAR Richard Alexander, 12, IS 28.51 28.70 24 28.77 MBSKMAR Alexander Love, 12,ROD 25 28.81 KCSDEC Aaron Loh, 12, EKSC 100 METRES FREESTYLE

 100 METRES FREESTYLE

 Rec: 55.99 Brad Creelman,TOMAC,83

 1 57.25 ONSHDEC Vincent Boulanger-M.,12,CNQ

 2 57.60 ONTAGMAR Sean Dawson,12,GO

 3 58.70 ONTAGMAR Mark Kurtzer,12,NEW

 4 59.76 MBSKMAR Jim Judiesch,12,CASC
 POAAAFEB Etienne Lavallee,12,EXCEL MBSKMAR Braden O'Neill,12,OSC ABAGFEB Darren Tso,12,LASC 1:00.63 1:01.17 1:01.27 1:01.55 ONTAGMAR Brandon Holden,12,HWAC MBSKMAR Gavin D'Amico,12,EKSC CASCNOV Michael Smela,12,YLSC CASCNOV Michael Smela, 12,74SC BCAGMAR Brad Barton, 12,74SC LASCNOV Shane Kemmet, 12,LASC YOUTHDEC Alex Olsen, 12,SCAR SFOYNOV Etienne Brillant, 12,CNDR NWOFEB Christian Carl, 12,TBT 1:01.56 1:01.91 1.02 33 1:02.35 1:02.45 NWOFEB Christian Carl,12,TBT
ONTAGMAR NISON Netzlieski,12,MSSAC
BRANTNOV Julian Cino,12,HWAC
YOUTHDEC Kyles Vara,12,CHAMP
BCAGMAR Richard Alexander,12,IS
CASCNOV Norman Ng,12,HYACK
ABAGFEB Jesse Lund,12,EKSC
MBSKMAR Alexander Love,12,ROD
POAAFEB Samuel Chartrand,12,ELITE
VOILTHEEC Build Mozera,12,ASC 1:02.53 1:02.62 1:02.65 1:02.66 1:02.81 1.02 90 1:02.95 1:02.95 1:02.97 YOUTHDEC Paul Mereau 12 CASC PQAAAFEB David Milot,12,PCSC 200 METRES FREESTYLE

Doug Wake,YLSC,90 CNSHDEC Vincent Boulanger-M.,12,CNQ ONTAGMAR Sean Dawson,12,GO 2:06.63 MBSKMAR Braden O'Neill,12,0SC ONTAGMAR Mark Kurtzer,12,NEW 2:08.17 MBSKMAR Jim Judiesch,12,CASC ONTAGMAR Chris Bento,12,LAC ONTAGMAR Steven Rubacha,11,ESWIM 2:08.72 ONTAGMAR Brandon Connerty, 12, BRANT MANTADEC Michael Smela, 12, YLSC ABAGFEB Pascal Wollach, 12, LASC ABAGFEB Pascal Wollach, 12, LASC ABAGFEB Gavin D'Amico, 12, EKSC ABAGFEB Darren Tso, 12, LASC ABAGFEB Jesse Lund, 12, EKSC ONTAGMAR Matthew Scott, 12, HWAC ONTAGMAR Brandon Holden, 12, HWAC 2:12.81 2:13.69 ONTAGMAR Jeff Byrne, 12, SSMAC YOUTHDEC Alex Olsen, 12, SCAR YOUTHDEC Paul Mereau, 12, CASC 2.14 91 2:15.01 2:15.04 2:15.26 2:15.35 2:16.12 ONTAGMAR Scott VanDoormaal,12,GMAC YOUTHDEC Michael Allain,12,BST YOUTHDEC Nelson Niedzielski,12,MSSAC SFOYNOV Etienne Brillant, 12, CNDR NWOFEB Christian Carl, 12, TBT ONTAGMAR Nelson Nedzielski, 12, MSSAC 2:16.16 2:16.19

400 METRES FREESTYLE Rec: 4:15.89 Chuck Sayao, TOMAC, 95
1 4:32.28 ONTAGMAR Mark Kurtzer, 12, NEW
2 4:32.67 ONTAGMAR Chris Bento, 12, LAC 4:34.17 4:36.40 4:38.95 4:39.72 MBSKMAR Braden O'Neill.12.0SC MBSKMAR Jim Judiesch,12,CASC ABAGFEB Pascal Wollach,12,LASC ONTAGMAR Brandon Connerty,12,BRANT ONTAGMAR Brandon Holden,12,HWAC ONTAGMAR Scott VanDoormaal,12,GMAC 4:41.16 ABAGFEB Jesse Lund,12,EKSC ONTAGMAR Matthew Scott,12,HWAC 4.41 27 4:43.22 PQAAAFEB Jonathan Rinaldi, 12, CALAC 4:43.23 4:44.07 4:44.12 BCAGMAR Richard Alexander,12,IS ONTAGMAR Steven Rubacha,11,ESWIM YOUTHDEC Nelson Niedzielski,12,MSSAC 4:44.53 4:45.75 4:46.09 ABAGFEB Gavin D'Amico,12,EKSC BCAGMAR Leonard Ho,12,HYACK 16 17 ONTAGMAR Nelson Nedzielski,12,MSSAC KCSDEC Kris Yap-Chung,12,HYACK YOUTHDEC Paul Mereau,12,CASC 4:46.10 4:46.88 CNOJAN Etienne Lavallee,12,EXCEL MBSKMAR Alexander Love,12,ROD 20 21 22 4:47.15 4:47.58 ONTAGMAR Scott Samuel,12,0AK PCSCDEC Sean Dawson,12,GO SFOYNOV Etienne Brillant,12,CNDR 4.47 58 4:47.69 4:47.97 4.48 55 ONTAGMAR Adam Filath 12 RHAC

25 4:48.55 ONI NAMAR Adam Lilatin, I.2,RHAC 1500 METRES FREESTYLE Rec: 16:58.85 Jamie White, I.AC, 90 1 18:09.07 ONI TAGMAR Chris Bento, 12, I.AC 2 18:22.83 ONI TAGMAR Scult VanDoormaal, 12, GMAC 3 18:27.12 MBSKMAR Alexander Love, 12, ROD 18:36.18 18:37.46 POAAAFEB Jonathan Rinaldi, 12, CALAC ABAGFEB Pascal Wollach, 12, LASC ONTAGMAR Scott Samuel, 12, OAK POAAAFEB Nicolas Sanschagrin, 12, SAMAK MBSKMAR Gavin D'Amico, 12, EKSC 18:39.06 18:46.68 18:48.23 BCAGMAR Richard Alexander 12.IS 18:49.92 BCAGMAR KICHARO Alexander, 12,1S BCAGMAR Chris Wigaans, 11,PDSA TBTFEB Christian Carl,12,TBT ONTAGMAR David Mongerl,11,BROCK LACNOV Brandon Connerty, 12,BRANT MBSKMAR Jesse Lund, 12,EKSC 18:59.86 19:03.66 12 19:04 23 13 19:09.08 14 19:09.66 15 19:09.69 16 19:09.80 17 19:10.55 BCAGMAR Davor Isic,12,PDSA MANTADEC Brad Hankewich,12,GOLD ONTAGMAR Adam Eilath,12,RHAC ONTAGMAR David Arcand,12,GO
ONTAGMAR Alex Cambareri,11,CPAC
ONTAGMAR Kellan O'Neill,12,SSMAC 18 19:13.67 19 19:15.04 20 19:19 11 20 19:19.11 21 19:23.67 22 19:24.68 23 19:25.06 24 19:26.08 NESFEB Mathieu Bouchard, 12, AQUA OAKJAN Brandon Holden, 12, HWAC OAKJAN Matthew Scott,12,HWAC ULAVDEC Etienne Lavallee,12,EXCEL ONTAGMAR Matthew Pariselli,12,NYAC

100 METRES BACKSTROKE
Rec: 1:03.53 Tobias Oriwol,PCSC,98
1 1:05.78 CNSHDEC Vincent Boulanger-M.,12,CNQ ONTAGMAR Brandon Connerty,12,BRANT MBSKMAR Braden O'Neill,12,OSC BCAGMAR Richard Alexander 12 IS 1:07.66 BCAGMAR Brad Barton, 12, VKSC YOUTHDEC Michael Allain, 12, BST 1:07.87 YOUTHDEC Michael Allain, 12, BST CASCNOV Jesse Lund, 12, EKSC POAAAFEB Elienne Lavallee, 12, EXCEL MWOFEB Christian Carl, 12, TBT ONTAGMAR Steven Rubacha, 11, ESWIM POAAAFEB Alex Desilets, 12, MEGO YOUTHDEC Wesley Newman, 12, CAC ONTAGMAR Jeff Byme, 12, SSMAC ONTAGMAR Jeff Byme, 12, SSMAC ONTAGMAR John Lukovich, 12, COBRA RAPIDDEC Pascal Wollach, 12, LASC ONTAGMAR Ivan Leung, 11, RHAC YOUTHDEC Stephen Malinas, 12, GGST UTJAN21 Alex Olsen, 12, CGAR ONTAGMAR Matthew Scott, 12, HWAC BCAGMAR Leonard Ho, 12, HYACK SCARFEB Mark Kurtzer, 12, NEW 1:08.27 1.08 36 1:08.85 1:09.58 1:09.59 1:09.66 1:09.96 1.10.86 1:11.24 SCARFEB Mark Kurtzer, 12, NEW ONTAGMAR Scott Samuel, 12, OAK PQAAAFEB Felix Renaud, 12, CNB 21 22 23 1:11.49 24 1:11.74 BCAGMAR Jordan Hartney,11,PSW 25 1:11.84 ONTAGMAR Sean Dawson,12,GO 200 METRES BACKSTROKE

Tobias Oriwol,PCSC,98
ONTAGMAR Brandon Connerty,12,BRANT 2:14.05 2:22.13 ONTAGMAR Mark Kurtzer,12,NEW BCAGMAR Richard Alexander,12,IS MBSKMAR Braden O'Neill,12,OSC 2.22 46 2:22.69 2:22.78 2:25.44 2:25.78 2:25.95 PQAAAFEB Etienne Lavallee,12,EXCEL ONTAGMAR Steven Rubacha,11,ESWIM BCAGMAR Brad Barton 12 VKSC 2:26.75 2:27.84 YOUTHDEC Michael Allain, 12, BST ABAGFEB Pascal Wollach, 12, LASC ABAGFEB PASCAI WOIIACH, 12,LASC POAAAFEB AIKE DESIISE, 12,MEGO ABAGFEB Jesse Lund, 12,EKSC YOUTHDEC Stephen Malinas, 12,GGST YOUTHDEC Wesley Newman, 12,CAC ONTAGMAR Scott Samuel, 12,OAK PCSCDEC Matthew Scott, 12, HWAC 2:29.83 2:29.94 2:30.87 2:31.06 2:31.20 POAAAFEB Felix Renaud,12,CNB ONTAGMAR Jeff Byrne,12,SSMAC NWOFEB Christian Carl,12,TBT 2:31.56 2:31.78 2:31.81 2:32.18 2:32.59 2:33.16 2:33.29 2:33.45 ONTAGMAR Ivan Leung,11,RHAC
ONTAGMAR Sean Alexander,12,TD
ONTAGMAR Scott VanDoormaal,12,GMAC
ONTAGMAR Kevin Jones,12,OAK
MBSKMAR Jim Judiesch,12,CASC 21 22 23

BCAGMAR Leonard Ho,12,HYACK ABAGFEB Gavin D'Amico,12,EKSO

24 25 2:33.69

Matthew Huang,ARBU,97 ABAGFEB Rodale Estor,12,CASC ONTAGMAR Bryan Mell,12,NEW UTJAN21 Alex Olsen,12,SCAR MBSKMAR Jesse Lund,12,EKSC MANTADEC Michael Smela,12,YLSC 1:15.74 RODSCJAN Andrew Malawski,12,ROD ONTAGMAR Chris Bento,12,LAC 1:16.51 CASCNOV Darren Tso.12.LASO CASCNOV Datren 150, 12, LASC YOUTHDEC Kyles Vara, 12, CHAMP ONTAGMAR Nathan Zonenberg, 12, NYAC BRANTNOV James San Pedro, 12, OAK BTSCNOV Jamie Ross, 12, AUROR BCAGMAR Brad Barton, 12, VKSC 10 11 1:18.20 1:19.32 1:19.47 BCAGMAR Brad Bardon, 12, VKSC
ONTAGMAR Kyle Palfrey, 12, SCAR
BCAGMAR Leonard Ho, 12, HYACK
SCARFEB Bryn Jones, 12, NEW
ONTAGMAR Kevin Dickson, 12, GMAC
CNO, JAN Elienne Lavallee, 12, EXCEL
SFOYNOV Vincent Boulanger-M., 12, CNO,
CHAMPDEC Kyle Svara, 12, CHAMP
MBSKMAR Braden O'Neilli, 12, OSC
POMAMERE I Borathera Turcott, 13, HIPPO
POMAMERE I Borathera Turcott, 13, HIPPO
POMAMERE BORATHER TO THE PROME TO THE PROME 1:19.66 1:19.71 1:19.77 16 17 18 19 1:19.97 1:20.04 1:20.30 POAAAFEB Jonathan Turcotte 12 HIPPO 22 1.20.61 1:20.71 1:20.86 ULAVDEC Jonathan Dumont,12,NES PQAAAFEB Maxime Dumont,12,CNQ 1.21 39 ONTAGMAR Kellan O'Neill 12 SSMAC 200 METRES BREASTSTROKE Matthew Huang, ARBU, 97
MBSKMAR Rodale Estor, 12, CASC
ONTAGMAR Chris Bento, 12, LAC
ONTAGMAR Bryan Mell, 12, NEW Rec: 2:26.87 2:40.44 2:43.06 MBSKMAR Jesse Lund,12,EKSC MANTADEC Michael Smela,12,YLSC 2.44 33 2:44.39 MANI AUEC Michael Smela, 12, YLSC
YOUTHDEC Kyles Vara, 12, CHAMP
ONTAGMAR Brandon Connerty, 12, BRANT
POAAAFEB Eleinen Lavallee, 12, EXCEL
ONTAGMAR Steven Rubacha, 11, ESWIM
BRANTNOV James San Pedro, 12, OAK
ONTAGMAR Kyle Palfrey, 12, SCAR
YOUTHDEC Alex Olsen, 12, SCAR
SCARFEB Bryn Jones, 12, NEW
BAPIDNEC Pairen 15, o1, 14, ASC 2:46.93 2:47.64 2:48.09 2:48.36 10 2:48.52 2:49.31 12 13 2:49.66 2:49.81 2:50.07 RAPIDDEC Darren Tso.12 LASC 14 15 16 17 2:50.12 2:50.46 RODSCJAN Andrew Malawski,12,ROD BTSCNOV Jamie Ross,12,AUROR BCAGMAR Leonard Ho,12,HYACK 2:50.75 BCAGMAR Leonard Ho,12,HYACK
ONTAGMAR Kellan ONeill,12,SSMAC
RAPIDDEC Geoffrey Chen,12,RAPID
ONTAGMAR Nathan Zonenberg,12,NYAC
POAAAFEB Patrick Marion,12,DDO
POAAAFEB Philippe Grand Maison,12,CAMO
MBSKMAR Gavin Dickson,12,CMAC
MBSKMAR Rewin Dickson,12,GMAC
MBSKMAR Rewander Love,12,ROD
SHITTEPEI V. SHITTE 2:51.08 2:52.73 20 2.52 96 2:53.04 2:53.28 21 22 23 24 2:54.89 2:55.09 2:55.29 Rec: 1:02.37 D.Chorney,TMSC,91 / M.Calkins,IS,91 1:06.60 PQAAAFEB Etienne Lavallee,12,EXCEL POJAAFEB Etlerine Lavairies, IZEXCEL
CNSHDEC Vincent Boulanger-M., 12, CNO
CASCNOV Michael Smela, 12, YLSC
POJAAFEB David Milot, 12, PCSC
ONTAGMAR Jeff Byrne, 12, SSMAC
MBSKMAR Braden O'Neill, 12, OSC 1:09.01 1:09.06 1:09.09 1.09 16

BCAGMAR Kris Yap-Chung,12,HYACK BCAGMAR Lu Yi Lay,12,IS ONTAGMAR Patrick Cuch,11,TSC 1:09.63 1:09.71 1:09.76 1:10.39 ONTAGMAR Scott VanDoormaal, 12, GMAC BRANTNOV Julian Cino, 12, HWAC ETOBFEB Mehmet Dinc, 12, COBRA 10 11 12 13 14 ETUBFEB Memmet DINC, I.2, CUBRA
ONTAGMAR Kyle Palfrey 1,2, SCAR
BCAGMAR Jackson Wang, 12, DELTA
MACJAN Stephen Louli, 12, MAC
SCARFEB Nelson Nedzielski, 13, MSSAC
ONTAGMAR Matthew Pariselli, 12, NYAC 1:10.84 15 16 17 1:11.65 MBSKMAR Gavin D'Amico,12,EKSC POAAAFEB Nicolas Sanschagrin,12,SAMAK ABAGFEB Tyson Larone,12,EKSC 20 1:11.71 ONTAGMAR Nathan Zonenberg, 12, NYAC LASCNOV Shane Kemmet, 12, LASC ONTAGMAR Mathieu Bouchard, 12, AQUA 23 1:12.22

24 1:12.69 POAAAFEB Guillaume Vallieres-L.,11,CNSJ 25 1:12.70 SHERDEC Steven Gagne,12,MEGO 200 METRES BUTTERFLY S BUTTERFLY
Andrew Cho, HYACK, 91
ONTAGMAR Scott VanDoormaal, 12, GMAC
POAAAFEB David Milot, 12, PCSC
BCAGMAR Kris Yap-Chung, 12, HYACK
ONTAGMAR Matthew Pariselli, 12, NYAC 2:17.46 2:30.19 2:30.37 2:31.49 2:34.37

ONI AGWARK MAILINEW PAIRSEIII, IZ,NYAC BCAGMAR Lu YI Lay, IZ,IS ONTAGMAR Patrick Cuch,11,TSC POAAAFEB Nicolas Sanschagrin,12,SAMAK ONTAGMAR Kyle Palifey,12,SCAR ONTAGMAR Nelson Nedzielski,12,MSSAC 2:34.47 2:35.11 2:35.37 2:35.97 2:36.88 UNTAGMAR NEISON NEQZIEISKI, I.Z.MSSAL ABAGFEB Gavin D'Amico, 1.2 EKSC NBJAN Mathieu Bouchard, 12, AQUA BCAGMAR Leonard Ho, 12, HYACK ABAGFEB Tristan Armstrong, 12, NCSA PQAAAFEB Jonathan Blouin, 11, CNQ PQAAAFEB Felix Renaud, 12, CNB 10 11 2:37.52 2:37.56 12 13 14 2:37.71 2:38.71 2:39.08 2:39.14

2:39.82 2:40.50 PQAAAFEB Guillaume Vallieres-L.,11,CNSJ ETOBFEB Mehmet Dinc,12,COBRA EI OBREB Menter Diric, 12, CUBRA POAAAFEB Jonalhan Gagne, 11, DDO ONTAGMAR Scott Samuel, 12, OAK POAAAFEB Matthew Leger, 12, DDO POAAAFEB Jonathan Rinaldi, 12, CALAC ABAGFEB Tyson Larone, 12, EKSC LACNOV Brandon Connerty, 12, BRANT 2.41 24 2:41.24 2:41.35 2:41.48 2:41.76 2:41.83 2:41.98

MBSKMAR Jonathan Lam,12,EKSC ONTAGMAR Adam Eilath,12,RHAC

2.42 92

200 WiTHES INVINIDELT:

Rec: 2:17.55 Matthew Huang, ARBU, 97

1 2:23.50 CNSHDEC Vincent Boulanger-M., 12, CNQ

2 2:25.13 ABAGFEB Braden O'Neill, 12, OSC ABAGFEB Jesse Lund,12,EKSC ONTAGMAR Chris Bento,12,LAC PQAAAFEB Etienne Lavallee,12,EXCEL 2:25.83 2:26.28 2:27.26 2:27.32 ONTAGMAR Brandon Connerty,12,BRANT ONTAGMAR Mark Kurtzer,12,NEW CASCNOV Michael Smela,12,YLSC 2:29.34 2:29.35 2:31 59

ONTAGMAR Kyle Palfrey,12,SCAR ONTAGMAR Steven Rubacha,11,ESWIM 2:31.67 2:32.29 MBSKMAR Gavin D'Amico, 12, EKSC MBSKMAR Gavin D'Amico, IZ,ERSC YOUTHDEC Alex Olsen, 12, SCAR MBSKMAR Jim Judiesch, 12, CASC BCAGMAR Richard Alexander, 12, IS RAPIDDEC Darren Tso, 12, LASC BCAGMAR Leonard Ho, 12, HYACK 2:32.41 2:32.45 2:32.55

2:32.78 2:33.45 BCAGMAR EDNAIGH 10, 12, 147 G.K ONTAGMAR Brandon Holden, 12, 14WAC YOUTHDEC Paul Mereau, 12, CASC ONTAGMAR Nathan Zonenberg, 12, NYAC ONTAGMAR Kellan O'NEII, 12, SSMAC MBSKMAR Rodale Estor, 12, CASC 2:34.76 2:35.00

ONTAGMAR Bryan Mell,12,NEW POAAAFEB Jonathan Rinaldi,12,CALAC BRANTNOV Julian Cino,12,HWAC EOSAFEB Sean Dawson,12,GO 2:35.61 2:36.02

ONTAGMAR Kyle Palfrey,12,SCAR PQAAAFEB Etienne Lavallee,12,EXCEL ABAGFEB Jesse Lund,12,EKSC MANTADEC Michael Smela,12,YLSC BCAGMAR Leonard Ho,12,HYACK 5:16.80

POAAAFEB Jonathan Rinaldi,12,CALAC UTJAN21 Alex Olsen,12,SCAR ONTAGMAR Brandon Holden,12,HWAC 5:23.56 5:23.93 5:24.62 5:24.76

ONTAGMAR Brandon Holden, 12, HWAC ABAGFEB Gavin D'Amico, 12, EKSC BCAGMAR Richard Alexander, 12, IS ABAGFEB Pascal Wollach, 12, LASC ONTAGMAR Scott Samuel, 12, OAK ONTAGMAR Kellan O'Neill, 12, SSMAC ONTAGMAR Matthew Pariselli, 12, NYAC 5:25.63 5:26.35 5:26.49 5:27.48 5:27.92 5:28.36 MBSKMAR Alexander Love, 12, ROD OSCDEC Brandon Grove, 14, EDSON

FSWIM IAN Nelson Niedzielski 12 MSSAC 5.29 11 5:29.34 5:30.38 PCSCDEC Richard Zieba,12,PCSC ONTAGMAR Patrick Cuch,11,TSC

ONTAGMAR Steven Rubacha,11,ESWIM CASCNOV Norman Ng,12,HYACK 5:30.41 ABAGFEB Tristan Armstrong, 12, NCSA

4X50 M MFDI FY RFI AY Rec: 2:05.03 1 2:06.99

DLEY RELAY

Mississauga AC, TOMAC, 92
CDSCNÖV Pacific Dolphins, PDSA

MBSKMAR Cascade Swim Club, CASC
ABAGFEB Edmonton Keyano, EKSC
ONTAGMAR North York AC, NYAC
YOUTHDEC Newmarket SC, NEW
ONTAGMAR Nepean Kanata, NKB
SFOYNOV CN Quebec, CNO
BCAGMAR Island Swimming, IS
ONTAGMAR Brantford AC, BRANT
ONTAGMAR Ponter Swin Club CORBA 2:08.62 2:11.54 2:11.73 2:13.97

2:14.02 2:14.26 2:14.65 2:15.31 ONTAGMAR Cobra Swim Club, COBRA ONTAGMAR Guelph Marlin AC, GMAC ONTAGMAR Richmond Hill AC, RHAC

PCSCDEC Oakville AC,OAK
BRANTNOV Hamilt-Wentworth AC,HWAC BRANTNOV Hamilt-Wentworth AC, HWAC ABAGFEB Calgary Killarney SC, KSC ONTAGMAR Mississauga AC, MSSAC ABAGFEB Calgary Swimming, UCSC OAKJAN Toronto Swim Club, TSC ABAGFEB Nose Creek SA, NCSA BCAGMAR Hyack Swim Club, HYACK PCSCDEC Pointe Claire SC, PCSC ONTAGMAR Elobicoke Swimming, ESWIM CDSCNOV Vancouver Gators, GATOR MANTADEC Saskaton Goldfins, GOLD MBSKMAR Olympian Swim Club, OSC ER RELAY 2:17.97 2:18.60 2:19.44 2:19.45

2:20.61 2:20.64 2:21.26 2:21.59

4X50 M FREE RELAY London Aquatic,LAC,88 ONTAGMAR Brantford AC,BRANT 1:51.22 1:55.41

2:19.46

MBSKMAR Edmonton Keyano,EKSC MBSKMAR Cascade Swim Club,CASC BTSCNOV Barrie Trojans,BTSC 1:56.59 BTSCNOV Barrie Irojans,BTSC
ONTAGMAR Newmarket SC,NEW
BRANTNOV Hamilt-Wentworth AC,HWAC
ONTAGMAR Oakville AC,OAK
BCAGMAR Island Swimming,IS
ONTAGMAR North York AC,NYAC 1:57.46 1:57.77 1:58.21 1:58.60 1:58.73 1:59.47 10 ONTAGMAR Richmond Hill AC,RHAC BCAGMAR Pacific Dolphins,PDSA 2:00.24 2:00.67

BCAGMAR Pacific Dolphins, PDSA SFOYNOV CN Quebec, CNO MANTADEC Saskatloon Goldfins, GOLD ONTAGMAR Guelph Martin AC, GMAC ONTAGMAR Nepean Kanata, NKB ONTAGMAR Cobra Swim Club, COBRA CDSCNOV Hyack Swim Club, HYACK MANTADEC Calgary Killarney SC, KSC ABAGFEB Nose Creek SA, NCSA PCSCDEC Pointe Claire SC, PCSC BCAGMAR Y Anocouver Gators, GATOR ONTAGMAR Toronto Swim Club, DSC PICKDEC MISSKMAR Olympian Swim Club, DSC PICKDEC MISSISSISSIAN AC MSSAC 2:00.68 2:00.79 2:01.01 2:01.37 2:03.11 2.03.24

2:03.66 2:03.75 2:03.97 2:04.14 2:04.76 PICKDEC Mississauga AC, MSSAC ABAGFEB Calgary Swimming, UCSC

BCAGMAR Brad Barton 12.VKSC

Rankings for the period (results received) October 1, 1999 to March 30, 2000 TAG is financially supported by Swimming/Natation Canada. Compiled by SWIMNEWS

2000 SHORT COURSE TAG.

GIRLS 13-14

50 METRES FREESTYLE Kristin Topham,MANTA,88

MANTADEC Alexandra Lys,14,UCSC 26.67 MANTADEC Alexandra Lys,14,UCSC
ONTAGMAR Jennifer Porenta,14,MMST
PCSCDEC Jackie Chan,14,MSSAC-TO
JRNATTEB Kate Plyley,14,OAK
POAAAFEB Sarah Gault,14,CAC
BCAGMAR Courtenay Chuy,14,HYACK
JRNATTEB Kari Pomerleau,14,UCSC
ONTAGMAR Stephanie Kunh,14,TMSC
BCAGMAR Mila Zvijerac,14,HYACK
JRNATTEB Leave Lefel 14, CMMOX 26.96 26.97 26.97 26.99 JRNATFEB Jenny Lock,14,COMOX JRNATFEB Marie-P. Blais,13,MEGO ONTAGMAR Andrea Shoust,14,SSMAC 27 33 27.41 27.51 ONTAGMAR Andrea Shoust,14,SSMAC JRNATFEB Amy Kllam,14,LASC ABAGFEB Andrea Baird,14,RDCSC JRNATFEB Diane Kardash,14,MM KBMSCNOV Amanda Gillespie,14,PERTH ABAGFEB Hayley Doody,14,CASC ONTAGMAR Jennifer Beckberger,14,AAC MANTADEC Erin Kardash,14,MM JRNATFEB April Tam,13,PM 15 16 17 18 19 20 27.64 27.66 27.79 JRIVATTEB APRIL 13III, 13,FN KCSDEC Orlagh O'Kelly, 14,EKSC ONTSRNOV Leanna Lee,14,TORCH POAAFEB Suzanne Vary,13,CNDR BCAGMAR Tina Hoang,14,HYACK MBSKMAR Jennifer Humphreys,14,AMAC 21 22 23 27.85 27.88 27.95

100 METRES ERFESTYLE MALMOFEB Courtenay Chuy,14,HYACK ABAGFEB Hayley Doody,14,CASC ONTAGMAR Stephanie Kuhn,14,TMSC 58 92 58.94 59.29 PQAAAFEB Sarah Gault,14,CAC JRNATFEB Erin Kardash,14,MM 59 33 JRNA1FEB Enn Kardash, 14, MINI
KCSDEC Andrea Baird, 14, RDCSC
YOUTHDEC Monica Wejman, 14, ESWIM
JRNATFEB Jenny Lock, 14, COMOX
JRNATFEB Chelsey Burnett, 14, NRST
SSMACMAR Andrea Shoust, 14, SSMAC
RAPIDDEC Michelle Landry, 14, PDSA
CACAMA Chapped Light 12, DDSA 59.64 59.69 59.73 59 75 1:00.01 RAPIDDEC MICROIRE Landry, 14, PUSA BCAGMAR Shannon Hackett, 13, PDSA MBSKMAR Orlagh O'Kelly, 14, EKSC KCSDEC Mila Zvijerac, 14, HYACK ONTSRNOV Jessica Vance, 14, BRANT ONTAGMAR Sarah Phillips, 14, MUSAC 1:00.14 1:00.15 18 19 1:00.21 1:00.26 1:00.29 POAAAFEB Suzanne Vary,13,CNDR ONTAGMAR Leanna Lee,14,TORCH PICKDEC Amanda Gillespie,14,PERTH 21 22 23 1.00.32 1:00.36 1:00.55 24 1:00.74 BCAGMAR April Tam,13,PN 25 1:00.86 JRNATFEB Kari Pomerleau,14,UCSC 200 METRES FREESTYLE

S FREESTYLE

Jane Kerr, ESC, 83

JRNATFEB Alexandra Lys, 14, UCSC

JRNATFEB Kate Plyley, 14, OAK
ISCUPNOV Michelle Landry, 14, PDSA

ABAGFEB Hayley Doody, 14, CASC

YOUTHDEC Monica Wejman, 14, ESWIM
ONTAGMAR Stephanie Kunn, 14, TMSC

BCAGMAR Courtenay Chuy, 14, HYACK

BCAGMAR Chalsey Burnay 11, MPST Rec: 2:00.88 2:05.28 2.05.53 2:05.76 2:06.19 2:06.96 2:07.10 BCAGMAR Courtenay Chuy,14,HYACK BCAGMAR Chelsey Burnet,14,NRST YOUTHDEC Jackie Chan,14,MSSAC-TO ONTAGMAR Kathy Siuda,14,ROW POAAAFEB Alex Lachance-F,14,UL ONTAGMAR Kelsey Nemeth,14,AAC BCAGMAR Marla May,14,KCS POAAAFEB Patricla Perreaul,14,CNCB BCAGMAR Jenny Lock,14,COMOX BPANTIOV,Carth Cernet,14,CA 2:08 41 2:08.60 2.08.84 2:08.88 2:08.93 BCAGMAR Jenny Lock, 14, COMUX BRANTROV Carly Cermak, 14, CAJ JRNATFEB Elizabeth Amer, 14, EKSC POAAAFEB Julia Guay, Pacine, 14, CAMO POAAAFEB Suzanne Vary, 13, CNDR ONTAGMAR Nathaile Lacoste, 14, MSSAC ONTAGMAR Jennifer Dorenta, 14, MMST MBSKMAR Orlagh O'Kelly, 14, EKSC JRNATFEB Lynette Bayliss, 14, UCSC MBSKMAR Krista Haslund, 14, ROD ONTSPINOV, Lessies Vanor, 14, BRANT 2.09 31 2:09.37 2:10.46 2:10.49 2:10.50 2:10.65 2:10.71 2:10.77

ONTSRNOV Jessica Vance, 14, BRANT

400 METRES FREESTYLE Rec: 4:14.43 Elissa Purvis,CDSC,85 Elissa Purvis, CDSC, 85
JRNATFEB Hayley Doody, 14, CASC
JRNATFEB Kale Plyley, 14, OAK
RAPIDDEC Michelle Landry, 14, PDSA
ONTAGMAR Kathy Sluda, 14, EOW
JRNATFEB Alexandra Lys, 14, UCSC
YOUTHDEC Carly Cermak, 14, CAJ
JRNATFEB Chelsey Burnett, 14, IRST
YOUTHDEC Monica Wejman, 14, ESWIM
BCAGMAR Marla May, 14, KCS
ONTAGMAR Nathalle Lacoste, 14, MSSAC
BCAGMAR Jenny Lock, 14, COMOX
JRNATFER J. unpette Ravils; 14, UISSC 4:21.83 4:21.92 4:22.80 4:24.15 4:28.41 4.28.45 4:30.46 4:31.02 4:31.76 4:31.78 JRNATFEB Lynette Bayliss,14,UCSC CNQJAN Patricia Perreault,14,CNCB PQAAAFEB Alex Lachance-F,14,UL 12 4.32 59 4:32.88 POAAAFEB Alex Lachance-F,14,UL
ONTAGMAR Kelsey Nemeth,14,AAC
KCSDEC Andrea Baird,14,RDCSC
PCSCDEC Angela Sloan,14,PCSC
BCAGMAR Brianne Cloak,14,IS
BCAGMAR Shannon Hackett,13,PDSA
VOITHDEC Sheena Martin,14,TORCH
POAAAFEB Suzanne Vary,13,CNDR
JRNATFEB Stacy Cormack,13,GLEN
RCAGMAR Kelsey Birch 13,PAVS 4.33 15 4:33.57 4:33.99 4:34.20 4:34.43 20 4:34 49 4:35.81 4:36.36 4:36.53 4:36.59 BCAGMAR Kelsey Rush,13,RAYS ONTAGMAR Elyse Dudar,13,MSSAC GOLDOCT Michelle Cove,14,RDCSC

800 METRES FREESTYLE | 800 METRES FREESTYLE | Rec: 8:40.43 | Elissa Purvis,CDSC,86 | 1 9:01.74 | ISCUPNOV Michelle Landry,14,PDSA | 2 9:03.68 | JRNATFEB Hayley Doody,14,CASC | 3 9:10.35 | JRNATFEB Alex Lachance-F,14,UL ONTAGMAR Kathy Siuda,14,ROW BCAGMAR Chelsey Burnett,14,NRST BCAGMAR Marla May,14,KCS 9:12.12 9:15.71 9:17.25 BCAGMAR María May, 14, KCS
MANTADEC Alexandra Lys, 14, UCSC
CNOJAN Patricia Perreault, 14, CNCB
ONTAGMAR Elyse Dudar, 13, MSSAC
ONTAGMAR Elizabeth Osterer, 14, NKB
VOUTHDEC Monica Wejman, 14, ESWIM
BCAGMAR Brianne Cloak, 14, IS
DECEMBRA Brianne Logar, 14, DECEMBRA BRIANNE LIBERCE MARIA 10 9.22.01 9:22.62 9:23.01 9:26.47 9:27.02 BCAGMAR Jaimie Graham, 14, PDSA BCAGMAR Shannon Hackett, 13, PDSA MANTADEC Lynette Bayliss,14,UCSC CNQJAN Suzanne Vary,13,CNDR YOUTHDEC Nathalie Lacoste,14,MSSAC 9.27 13 9:29.06 9:30.36 9:30.74 ONTAGMAR Brittany Cooper,13,LAC ONTAGMAR Kahla Walkinshaw,14,HWAC ON IAGWAR KAILW WAINTISHAW 14,1WA
JRNATFEB Cynthia Galfre, 14,EKSC
MANTADEC Rebecca Haight, 14,BROCK
ABAGFEB Stacy Cormack, 13,GLEN
BCAGMAR Stephanie Bigelow, 13,IS
MANTADEC Krista Haslund, 13,ROD
YOUTHDEC Laura Wise, 13,COBRA 9:31.18 9.31.89 23 9.34 27 9:35.73 9:36.63

100 METRES BACKSTROKE

S BACKS I ROKE
SUZAINE WECKEND, 15,92
ONTAGMAR Andrea Shoust, 14, SSMAC
ONTAGMAR Randi Beaulieu, 14, MSSAC
ONTAGMAR Jackie Chan, 14, MSSAC-TO
ONTAGMAR Jackie Chan, 14, MSSAC-TO
ONTAGMAR Katie Smith, 13, COBRA 1:02.21 1:05.02 1:05.26 1:05.69 BCAGMAR Tina Hoang,14,HYACK JRNATFEB Claudia Bernard,14,CNQ 1.05.70 1:06.09 1:06.13 JRNATFEB Maya Ziolkowski, 14, YORK JRNATEB Maya ZIOIKOWSKI, 14, YOK ABAGFEB Hania Kubas, 14, EKSC JRNATEB Lynette Bayliss, 14, UCSC MANTADEC Erin Kardash, 14, MM ONTAGMAR Laura Wise, 13, COBRA BBSCOCT Diane Kardash, 13, MM 1:06.26 1:06.52 1:06.57 1:06.73 1:06.81 12 13 JRNATTEB Kari Pomerleau, 14,UCSC YOUTHDEC Danielle Di Giovanni,14,MSSAC ONTAGMAR Melissa Bartlett,13,CYPS 1.06.83 1:06.93 1:06.94 UNI JAGMAR Melissa Bartlett, 13, CYPS
POAAAFE B Julia Guay-Racine, 14, CAMO
ONTAGMAR Kristen McIlroy, 13, MMST
YOUTHDEC Amanda MacNeill, 14, ESWIM
ONTAGMAR Tiffany Vincen, 14, BRANT
ONTAGMAR Callan Gault, 14, TSC
JINNATTER, Assende Cill (1875) A. P. STATL. 1.07.05 1:07.13 1:07.29 JRNATFEB Amanda Gillespie.14.PERTH 21 1.07 44 1:07.51 1:07.59 ISCUPNOV Michelle Landry,14,PDSA JRNATFEB Chelsey Burnett,14,NRST 24 1:07.67 JRNATFEB Jennifer Porenta, 14, MMST 25 1:07.81 YOUTHDEC Stephanie Moir, 14, EAST 200 METRES BACKSTROKE

2:25.14

ONTAGMAR Sheena Martin,14,TORCH
ONTAGMAR Randi Beaulieu,14,MSSAC
POAAAFEB Julia Guay-Racine,14,CAMO
YOUTHDEC Callan Gault,14,TSC
ONTAGMAR Kristen McIroy,13,MMST
JRNATFEB Lesley Emter,14,LL
ONTAGMAR Kelsey Nemeth,14,AAC
ONTAGMAR Vanessa Fleguli,14,NKB
POAAAFEB Noemie Brand,13,PCSC
VOITHDEC Labuleu Doody,14,CASC 2.21.45 2:22.63 2:22.91 2:23.41 2:23.88 2:23.94 2:24.24 2:24.25 YOUTHDEC Hayley Doody,14,CASC PCSCDEC Amanda MacNeill,14,ESWIM ONTAGMAR Melissa Bartlett,13,CYPS 2.24 33 2:24.48 2:24.49 MBSKMAR Thea Norton,13,STSC BCAGMAR Tina Hoang,14,HYACK BRANTNOV Katherine Telfer,14,ESWIM 2:24.60 2:24.67 2.24 84 22 23 24 2:24.93 2:25.07 SFOYNOV Amelie Houde,14,CNCB ONTAGMAR Tiffany Vincent,14,BRANT PCSCDEC Kate Plyley,14,OAK YOUTHDEC Carly Cermak,14,CAJ 2:25.10

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BCAGMAR Mila Zvijerac, 14, HYACK
CASCNOV Alexandra Lys, 14, UCSC
JRNATEB Kelly Timmons, 13, OSC
ABAGFEB Kimberley Hirsch, 14, ASTSC
ONTAGMAR Brooke Heath, 4, TAT
BRANTNOV Stephanie Arthur, 14, PCSC
JRNATEB Elizabeth Osterer, 14, NKB
ULAVDEC Caitlin Babb, 13, DDO
MANTADEC Norah Vogan, 14, CPP
ONTAGMAR Shannon Kryhul, 14, LAC
MBSKMAR Evangeline Blais, 14, CASC
BRANTNOV Brittany Segeren, 13, SKY
KCSDEC Christine Barton, 14, WSC
YOUTHDEC Carly Cermak, 14, CAU
BRANTNOV Kathy Siuda, 14, ROW
ONTAGMAR Rachel Brock, 14, STARS
POAAAFEB Joan Darsigny, 14, CNSH
ONTAGMAR Elizabeth Engs, 13, CAJ
             1:14.36
            1:14.36
              1.14.86
              1:14.96
10
11
             1:15.03
1:15.14
              1:15 15
 12
13
14
15
             1.15 57
            1:16.16
1:16.25
 16
17
             1:16.32
1:16.52
                                    ONTAGMAR Elizabeth Engs,13,CAJ
YOUTHDEC Monica Wejman,14,ESWIM
JRNATFEB Genevieve Dack,14,TBT
20
             1.16 71
            1:16.74
1:16.86
             1:16.89
1:16.98
                                         DDOJAN Caitlin Babb,13,DDO
JRNATFEB Renee Hober,14,ROW
SFOYNOV Amelie Boulanger,14,CNQ
 200 METRES BREASTSTROKE
2:38.76
2:39.26
2:40.36
2:40.63
                                     JRNATFEB Kelly Timmons,13,0SC
ONTAGMAR Shannon Kryhul,14,LAC
JRNATFEB Elizabeth Osterer,14,NKB
                                       PQAAAFEB Caitlin Babb,13,DDO
JRNATFEB Genevieve Dack,14,TBT
                                    BRANTNOV Brittany Segeren, 13, SKY
BRANTNOV Stephanie Arthur, 14, PCSC
KCSDEC Christine Barton, 14, WKSC
HWACOCT Lyla Gharib, 13, BRANT
ONTAGMAR Elizabeth Engs, 13, CAJ
MBSKMAR Evangeline Blais, 14, CASC
            2:41.49
          2:41.56
 10
11
12
13
14
            2:41.80
2:42.07
          2:42.09
2:42.76
                                    MBSNMAR EVAILEBIAIS, 14, CASC
YOUTHDEC Carly Cermak, 14, CAJ
BCAGMAR Natalie Foster, 14, LL
MANTADEC Alexandra Lys, 14, UCSC
ABAGFEB Kimberley Hirsch, 14, STSC
ONTAGMAR Kim Labbett, 13, OAK
          2.43.22
 15
16
17
18
          2:43.24
2:43.26
2:43.55
           2:43.61
2:43.82
                                       ONTSRNOV Kathy Siuda,14,ROW
BRANTNOV Renee Hober,14,ROW
JRNATFEB Meaghan Nicholson,13,NKB
 20
21
22
            2:43.96
2:43.96
23
           2:44.85
                                        POAAAFER Heather Chance 14 PCSC
           2:44.92
2:45.03
                                    ONTAGMAR Amanda Williams,13,NEW
BCAGMAR Haylee Johnson,13,PDSA
24
25
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ONTAGMAR Kathy Siuda,14,ROW ONTAGMAR Blair Holmes,13,COBRA JRNATFEB Orlagh O'Kelly,14,EKSC 1:05.85 1.06 14 1:06.17 JRNATEB Orlagin Oreily, 14,ESSC ONTAGMAR Siephanie Kuhn,14,TMSC JRNATFEB Chelsey Burnett,14,NRST ONTAGMAR Tilfany Vincent,14, BRANT PCSCDEC Kate Plyley,14,OAK ABAGFEB Jennifer Humphreys,14,AMAC BCAGMAR Kelsey Rush, 13,RAYS 1:06.17 1:06.22 1:06.26 8 9 10 1:06.28 11 12 13 1:06.50 1:06.57 13 1:06.50 ONTAGIMAR Elizabelh Ostrer;14,NKB
14 1:06.81 POAAAFEB Sarah Gault,14,CAC
PCSCDEC Andrea Shoust;14,SSMAC
16 1:06.89 POAAAFEB Alex Lachance-F.14,UL
17 1:06.90 PCSCDEC Monica Welman,14,ESWIM
18 1:07.19 PCSCDEC Monica Welman,14,ESWIM
19 1:07.28 CASCNOV Andrea Baird,14,RDCSC
107.31 ONTAGIMAR Leanna Lee,14,TORCH
21 1:07.57 MSSACNOV Maya Ziolkowski,14,VORK
22 1:07.74 MANTADEC Paige Guy,14,PPSC
23 1:07.98 MANTADEC Paige Guy,14,PPSC
24 1:07.98 JRNATFEB Kristin Anstey.14,STSC
25 1:08.02 ONTAGIMAR Callan Gault,14,TSC
200 METRES BUTTERFLY
Rec: 21.37 S Sandra Marchand,ENL,88 ONTAGMAR Elizabeth Osterer 14 NKB 1:06.65

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S BUTTERFLY
Sandra Marchand, ENL, 88
POAAAFEB Julia Guay-Racine, 14, CAMO
ONTAGMAR Blair Holmes, 13, COBRA
ONTSRNOV Amanda Gillespie, 14, PERTH
ONTAGMAR Tiffany Vincent, 14, BRANT
ONTAGMAR Kahla Walkinshaw, 14, HWAC
              2:23.29
              2:24.54
2:24.89
               2:25.10
               2:25.43
2:25.93
                                                       JRNATFEB Orlagh O'Kelly,14,EKSC
BCAGMAR Brianne Cloak,14,IS
                                                    BCAGMAR Brianne Cloak, 14,15
PQAAAFEB Alex Lachance-F,14,UL
ABAGFEB Alexandra Lys,14,UCSC
BCAGMAR Kelsey Rush,13,RAYS
JRNATFEB Kristin Anstey,14,STSC
JRNATFEB Brittney Kremer,14,OSC
               2:26.55
               2:26.97
            2:27.28
2:27.42
2:27.74
2:27.92
10
11
12
13
                                               JRNATEB Brittiney Kremer, 14,05C JRNATEB Avery Kremer, 13,05C JRNATEB Gillian Coles, 14,BROCK ONTAGMAR Brittany Cooper, 13,LAC BRANTNOV Tamara Wagner, 14,TOREN BCAGMAR Stephanie Bigelow, 13,IS BCAGMAR Meaghan McColl, 14,IS ONTSRNOV Kate Plyley, 14,0AK JRNATEB Leah Murrin, 14, S.L. VOLITHDEC Callan Guilt 14, TSC
14
15
16
            2:28.81
2:28.87
            2.29 08
               2:29.16
18
19
20
               2:29.35
               2:29.92
2:29.95
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YOUTHDEC Callan Gault.14.TSC

ONTAGMAR Jane Wilkinson,14,SKY BCAGMAR Shannon Hackett,13,PDSA JRNATFEB Kelly Timmons,13,OSC JRNATFEB Johanna Gatien,14,LUSC

21 2.29 96

22

24

2:30.00 2:30.13 2:30.59

2:30.66

l	1	JU	NJ	L IAU
	200	METRE	S IND.MEDLE	Υ
	Rec	2:16.79	Allison Higson	
	1	2:20.10	RAPIDDEC I	Michelle Landry,14,PDSA
	2	2:21.10	JRNATFEB I	Kathy Siuda,14,ROW
	2	2:22.47	JRNATFEB /	Amanda Gillespie, 14, PERTH
	4	2:22.90	JRNATFEB /	Alex Lachance-F,14,UL
		2:23.03	PARISFEB (Courtenay Chuy, 14, HYACK
	6	2:23.52		Stephanie Kuhn,14,TMSC
	7	2:23.71	PQAAAFEB S	Sarah Gault, 14, CAC
	8	2:24.13	BCAGMAR .	Jenny Lock,14,COMOX
	9	2:24.37	JRNATFEB /	Alexandra Lys, 14, UCSC
	10	2:24.40	JRNATFEB "	Tamara Wagner, 14, TORCH
	11	2:24.58	ONTAGMAR I	Elizabeth Osterer, 14, NKB
	12	2:24.92	ABAGFEB I	Hayley Doody,14,CASC
	13	2:25.61	ABAGFEB I	Lynette Bayliss, 14, UCSC
	14	2:26.20	YOUTHDEC I	Monica Wejman,14,ESWIM
	15	2:26.38	JRNATFEB (Chelsey Burnett, 14, NRST
	16	2:26.47	YOUTHDEC (Carly Cermak, 14, CAJ
	17	2:26.60	CNQJAN A	Amelie Houde, 14, CNCB
		2:26.70	ONTAGMAR *	Tiffany Vincent, 14, BRANT
		2:26.75	YOUTHDEC I	Evangeline Blais,14,CASC
	20	2:27.33	BCAGMAR I	Kelsey Rush, 13, RAYS
	21	2:27.36	KCSDEC I	Mila Źvijerac, 14, HYACK
	22	2:27.55	ONTAGMAR I	Brittany Cooper, 13, LAC
	23	2:28.17	BCAGMAR [*]	Tina Hoang, 14, HYACK
		2:28.34		Heather Chance, 14, PCSC
	25	2:28.37	KCSDEC /	Andrea Baird,14,RDCSC
	400	METRE	S IND.MEDLE	Y
	Rec:	4:47.40	Carrie Burgoyr	ne,MANTA,96
		4:55.05	JRNATFĚB I	Kathy Siuda,14,ROW
	2	4:57.26	ISCUPNOV I	Michelle Landry,14,PDSA
	3	5:00.14	ONTAGMAR I	Elizabeth Osterer, 14, NKB

ABAGFEB Alexandra Lys,14,UCSC BCAGMAR Jenny Lock,14,COMOX JRNATFEB Alex Lachance-F,14,UL 5:00.38 5:01.07 5:04.40 JRNATIFES Hate Lauraine-F, 14, UL ONTAGMAR Brittany Cooper, 13, LAC YOUTHDEC Carly Cermak, 14, CAJ MANTADEC Lynette Bayliss, 14, UCSC ONTAGMAR Kate Plyley, 14, OAK JRNATIFEB Thea Norton, 13, STSC ONTAGMAR Blair Holmes, 13, COBRA LIDMATICAL Leader Devolt 14, CASC 5:05.04 5:05.75 5:07.29 10 5:08.27 5:08.88 5:09.00 5:09.68

ONI JAGMAR Blair Holmes, 13, CUBRA
JRNATFEB Hayley Doody, 14, CASC
KCSDEC Andrea Baird, 14, RDCSC
ONTSRNOV Amanda Gillespie, 14, PERTH
ONTSRNOV Callan Gault, 14, TSC
YOUTHDEC Evangeline Blais, 14, CASC 5:10.38 BCAGMAR Stephanie Bigelow,13,IS MANTADEC Rebecca Haight,14,BROCK PQAAAFEB Heather Chance,14,PCSC 18 5:11.76 5:12.20 JRNATFEB Avery Kremer,13,0SC BCAGMAR Chelsey Burnett,14,NRST

ISCUPNOV Courtenay Chuy,14,HYACK JRNATFEB Stacy Cormack,13,GLEN ONTAGMAR Tiffany Vincent,14,BRANT 4X50 M MEDLEY RELAY

5.13.87

2:08.56

DIEY RELAY
ONTAGMAR Cobra Swim Club,COBRA
ONTAGMAR Nepean Kanata,NKB
BCAGMAR Hyack Swim Club,HYACK 2:04.01 2:04.42 ABAGFEB Edmonton Keyano,EKSC YOUTHDEC Mississauga AC,MSSAC PCSCDEC Pointe Claire SC,PCSC 2:04.69 2.05.63 2:06.02 2:06.16 PCSCDEC Montreal Aquatique, CAMO 2:07.12 2:07.34 2:07.42 ABAGFEB Calgary Swimming,UCSC ONTAGMAR London AC,LAC MBSKMAR Manitoba Marlins,MM 10 SFOYNOV CN Quebec,CNQ PQAAAFEB Univ.Laval Rouge & Or,UL 11 12 13 2:07.92 2:07.93 ABAGFEB Cascade Swim Club, CASC ONTAGMAR Oakville AC, OAK 2.08 14 2:08.26

DISTRIBUTION VARVILLE AL, DAK
PCSCDEC Elobicoke Swimming, ESWIM
ONTAGMAR Chaltham Y, CYPS
BRANTNOV Toronto Olympians, TORCH
BRANTNOV Region of Waterloo, ROW
BCAGMAR Pacific Dolphins, PDSA
SFOYNOV Univ. Laval, UI.
SHEDPEC, Monophila Trick Buildens MCCC 2:08.66 2:08.69 2.09.04 2:09.35 2:09.36 SFUTIVOV UTIVL ZAVAI, UL SHERDEC Megophias Trois Rivieres, MEGO ABAGFEB Olympian Swim Club, OSC ONTAGMAR Ajax Aquatic Club, AAC BCAGMAR Island Swimming, IS MANTADEC Uxbridge SC, USC FDEI AV 21 2:09 58 2:09.82 2:10.02 2:10.21

4X50 M FREE RELAY
Rec: 1:48.47 Etobicoke Swimming,ETOB,97
1 1:50.93 ABAGFEB Calgary Swimming,UCSC

1:56.21

24

ABAGHEB Calgary Swimming LUCY
ABAGHEB Edmonton Keyano EKSC
MBSKMAR Manitoba Marlins, MM
ONTAGMAR Nepean Kanata, NKB
ONTAGMAR Kobra Swim Club, COBRA
POAAAFEB Montreal Aqualique, CAMO
OVALTHEC Mississauga AC, MSSAC
PCSCDEC Pointe Claire SC, PCSC
BCAGMAR Pacific Dolphins, PDSA
VOLITHEE NAMEY VAY & G NYAC 1:51.21 1:51.96 1:52.29 1:52.99 1:53.64 1:53.77 10 1:53.84 YOUTHDEC North York AC NYAC 1:53.88 1:53.97 1:54.90 ONTAGMAR Ajax Aquatic Club,AAC ONTAGMAR London AC,LAC PQAAAFEB Univ.Laval Rouge & Or,UL 11 12 13

1:54.96 1:55.12 BCAGMAR Hyack Swim Club,HYACK ABAGFEB Cascade Swim Club,CASC PCSCDEC Oakville AC,OAK 1.55.23 16 POSCUEC CHARVITIE AC, CAR BCAGMAR Points North SC, PN PICKDEC Toronto Olympians, TORCH BRANTNOV Etobicoke Swimming, ESWIM BCAGMAR Nanaimo Riptide ST, NRST 1:55.35 1:55.57 18 1:55.67 1:55.70 21 1.55.71 ARAGEER Lethbridge ASC LASC 1:55.78 1:55.97

TOP AGE GROUP TIMES

Rankings for the period (results received) October 1, 1999 to March 30, 2000 TAG is financially supported by Swimming/Natation Canada. Compiled by SWIMNEWS

2000 SHORT COURSE TAG®

BOYS 13-14

50 METRES FREESTYLE Rec: 23.45 Yannick Lupien,CAGRA,95 1 24.07 UTJAN21 Kurtis Miller,14,SCAR JRNATFEB Graeme Tozer,14,UCSC JRNATFEB Devin Phillips,14,EKSC 24 17 ONTAGMAR Tobias Oriwol, 14 FSWIM 25.08 POAAAFEB Nicolas Bovell,13,PPO ONTAGMAR Alex Tanton,14,NEW 25.13 25.17 ONTAGMAR Michael Chu,14,CHAMP POAAAFEB Tristan Jones,14,CNNG BRANTNOV Mark Thauvette,14,OAK 25.22 25.29 JRNATFEB Kevin Laflamme,14,RCA POAAAFEB Steve Desforges,14,CAG PCSCDEC Kevin Rioux,14,CAMO 25.38 25.47 25.50 ABAGFEB Gaelen Andrews,14,FMSC ONTAGMAR Nathan Chang,14,TORCH POAAAFEB Alex Chartrand,14,ELITE MBSKMAR Pat Turanich-N.,14,STSC ONTAGMAR Kieran O'Neill,14,SSMAC 25.68 KCSDEC Chase Reid,14,CASC BCAGMAR Ben Keast,14,HYACK ABAGFEB Jian-Lok Chang,14,EKSC 25.78 25.87 25.89 ABAGFEB JIBIA-LOK Changl, 14, EXSC YOUTHDEC Casey Ralph, 14, IS POAAAFEB Serge Demers-Giroux, 13, CNTR BCAGMAR Richard Hortness, 14, SKSC ONTAGMAR Ian McLean, 14, CYPS POAAAFEB Jean Boivin, 13, CNQ 26.03 26.07

BRANTNOV Mark Thauvette,14,0AK POAAAFEB Nicolas Bovell,13,PPO POAAAFEB Tristan Jones,14,CNNG 54.29 54.57 54.70 CNOJAN Kevin Laflamme,14,RCA
ONTAGMAR Alex Tanton,14,NEW
MBSKMAR Pat Turanich-N.,14,STSC
YOUTHDEC Casey Ralph,14,IS
ONTAGMAR Kieran O'Neill,14,SSMAC 55.05 55.60 55.81 ONTAGWAR KIERIAT OVEITI, 14,25WIAC
POAAAFEB Jonathan Aubry, 15,CNB
ONTAGMAR Andrew Nicholas, 14,NEW
PCSCDEC Sofian Mohand-Cherif, 14,CAMO
YOUTHDEC Dario Isic, 14,PDSA
BRANTNOV Kevin Rioux, 14,CAMO
AND CENTRAGENES AND CONTRACTOR OF THE PROPERTY OF THE PRO 55.82 56.26 56.29 56.30 56.30 ABAGFEB Gaelen Andrews, 14.FMSC POAAAFEB Alex Chartrand,14,ELITE
PQAAAFEB Tommy St-Pierre,13,CNCC
CHAMPDEC Michael Chu,14,CHAMP 56.45 56.62 56.66 56.68 BCAGMAR Justin Pommerville,13,IS RDCSCFEB Marcus Greenshields,14,RDCSC

24 56.79 ONTAGMAR Jonathan Long,14,LAC 25 56.83 YOUTHDEC Marc Sze,14,PDSA 200 METRES FREESTYLE Yannick Lupien, CAGRA, 95 JRNATFEB Tobias Oriwol, 14, ESWIM JRNATFEB Graeme Tozer.14.UCSC BRANTNOV Mark Thauvette, 14, OAK ABAGFEB Devin Phillips, 14, EKSC 1:56.93 1:59.19 1:59.73 1:59.96 2:00.31 2:00.59 PUAAAFEB ITISIAN JONES, 14, UNING ONTAGMAR Andrew Nicholas, 14, NEW PCSCDEC Douglas McQueen, 14, GO ONTAGMAR Michael Pisarczyk, 14, LAC ONTAGMAR Joe Bajcar, 14, OAK ONTAGMAR Alex Tanton, 14, NEW 2:00.73 2:00.73 2:00.93 2:01.57 YOUTHDEC Justin Pommerville,13,IS ONTAGMAR Kieran O'Neill,14,SSMAC KCSDEC Casey Ralph,14,IS 2.02.25 2:02.64 2:02.68 ABAGFEB Gaelen Andrews,14,FMSC MBSKMAR Pat Turanich-N.,14,STSC ONTAGMAR Adam Slater,14,NEW 2:02.72 2:03.03 2:03.37 ULAVDEC Nicolas Murray,13,DYNAM ABAGFEB Jian-Lok Chang,14,EKSC OSACFEB Jonathan Long,14,LAC 2.03.45 2:03.65 2:03.71

400 METRES FREESTYLE Rec: 3:58.32 Jamie Stevens,MANTA,89 JRNATFEB Graeme Tozer,14,UCSC YOUTHDEC Tobias Oriwol,14,ESWIM BRANTNOV Mark Thauvette,14,OAK 4.08 32 4:12.36 4:12.36 BRANTHOV Mark Thauvetle, 14,0AK
ONTAGMAR De Bajor, 14,0AK
ABAGFEB Devin Phillips, 14,EKSC
PCSCDEC Douglas McQueen, 14,60
POAAAFEB Jonathan Aubry, 14,CNB
YOUTHDEC Casey Ralph, 14,IS
ONTAGMAR Ryan Alkinson, 14, LAC
ONTAGMAR Jonathan Long, 14, LAC
BCAGMAR Justin Pommerville, 13,IS
DCSCDEC Control Abob 14, ESIMM 4:13.10 4:16.10 4:16.24 4:16.71 4:16.89 4:17.55 PCSCDEC Conrad Aach,14,ESWIM ULAVDEC Kevin Laflamme,14,RCA ONTAGMAR Kurtis Miller,14,SCAR 4.18 14 POAAAFEB Charles Rodrigue,14,UL ONTAGMAR Michael Pisarczyk,14,LAC ONTAGMAR Alex Tanton,14,NEW 4.20.86 4:22.42 4:22.61 ON IAGMAK AIEX LATION, 14,174,PSW BCAGMAR Janco Mynhardt,14,PSW PQAAAFEB Nicolas Murray,13,DYNAM BCAGMAR Jens Cuthbert,13,PDSA ULAVDEC Philippe Desharrais,14,RCA ONTAGMAR Andrew Baier,14,COBRA 4:22.76 4:22.80 4.22.86 4:22.92 4:22.92 4:23.24 4:23.62 4:23.97 BCAGMAR Thomas Demetzer,14,PGB ONTAGMAR Adam Slater,14,NEW POAAAFEB Maxime Samson,14,ELITE 15:32.15 Alex Baumann, LUSC, 79 ABAGFEB Graeme Tozer,14,UCSC YOUTHDEC Tobias Oriwol,14,ESWIM ONTAGMAR Jonathan Long,14,LAC 16:25.21 16:30.35 16:44.32

1500 METRES FREESTYLE ONTAGWAR JOINGIAIN LONG, 14, CNB
ONTAGMAR Ryan Alkinson, 14, LAC
YOUTHDEC Simon Gabsch, 13, MSSAC
YOUTHDEC Conrad Aach, 14, ESWIM
ONTAGMAR Joe Bajcar, 14, OAK
ABAGFEB Devin Phillips, 14, EKSC 16:47.97 16:50.43 16:55.14 16:58.79 16:59.33 17:04.87 ABAGFED DEVIN PHILIPS, 14, E.K.S.C.
BCAGMAR Justin Pommerville, 13, IS
BCAGMAR Jens Cuthbert, 13, PDSA
POAAAFEB Charles Rodrigue, 14, UL
YOUTHDEC Casey Rajh, 14, IS
POAAAFEB David Provencher, 13, GAMIN 10 17:09.95 11 17:10.60 12 17:16.70 ONTAGMAR Andrew Baier,14,COBRA ULAVDEC Nicolas Murray,13,DYNAM MBSKMAR Adam Abdulla,13,ROD 15 17:24 72 16 17:25.90 17 17:28.25 ULAVDEC Kevin Laflamme,14,RCA BCAGMAR Patrick Fonseca,14,WVOSC ONTAGMAR Michael Pisarczyk,14,LAC 18 17:30.18 17:30.27 20 17:30.91 BCAGMAR Brendan Robertson, 14, HYACK ONTAGMAR Buddy Green, 13, LUSC BCAGMAR Mark Grossman 14 PN 23 17:36 23 24 17:36.52 25 17:37.04 ONTAGMAR Simon Borjeson,13,OAK CNQJAN Philippe Desharnais,14,RCA 100 METRES BACKSTROKE

Garret Pulle,MAC,93
0 JRNATFEB Tobias Oriwol,14,ESWIM
5 JRNATFEB Kurtis Miller,14,SCAR
4 MBSKMAR Devin Phillips,14,EKSC Rec: 56.93 1 57.10 57.85 ONTAGMAR Ryan Atkinson,14,LAC PCSCDEC Martin Renaud,14,CNB POAAAFEB Nicolas Bovell,13,PPO 1:00.94 1.00 96 1:01.18 ABAGFEB Gaelen Andrews,14,FMSC
POAAAFEB Kevin Bouchard,14,EXCEL
YOUTHDEC Conrad Aeah,14,ESWIM
LUSCOCT David Gibson,14,SSWMC
ONTAGMAR Danny Carter,14,NKB
BCAGMAR Justin Pommerville 13,IS
POAAAFEB Timothy Ruse,14,PCSC
ONTAGMAR Andrew Nicholas,14,NEW
ONTAGMAR Nathan Chang,14,TORCH
ABAGFEB Myles Mavey,14,CASC
YOUTHDEC Casey Ralph,14,IS
POAAAFEB Serge Demers-Giroux,13,CNTR
BRANTNOV Mark Thauvette,14,OAK
ONTAGMAR Brian Holland,13,MSSAC
BCAGMAR Thomas Demeteer,14,PGB 1:01.40 ABAGFEB Gaelen Andrews, 14, FMSC 1:02.90 1:02.95 1:02.99 12 13 1.03 16 1:03.22 1:03.25 1:03.61 1:03.62 1.03 72 1:03.83 1:03.84 21 1.03.87 BCAGMAR Thomas Demetzer 14 PGF
 21
 13.03.87
 BCASMAR I Inomas Demetzer, 14, PGB

 22
 1.03.89
 POAAAFEB Vincent Boulanger-M, 13, CNQ

 23
 1.04.16
 NSAGFEB Patrick Craine, 14, EAST

 24
 1.04.17
 SCARFEB David Himan, 14, SCAR

 25
 1.04.40
 ONTAGMAR Andrew Baier, 14, COBRA

 200 METRES BACKSTROKE

Rec: 2:00.04 Tobias Oriwol,ESWIM,0 1 2:00.04 JRNATFEB Tobias Oriwol,14,ESWIM MBSKMAR Devin Phillips,14,EKSC UTJAN21 Kurtis Miller,14,SCAR POAAAFEB Kevin Bouchard,14,EXCEL 2:06.52 2:08.17 2:10.26 2:10.91 POJAMPED REVIII BOUCHIII, 14,EXCEL YOUTHDEC Conrad Aach, 14,ESWIM PCSCDEC Douglas McQueen, 14,GO ONTAGMAR Ryan Alkinson, 14,LAC ULAVDEC Martin Renaud, 14,CNB JRNATFEB Justin Pommerville, 13, IS 2.12.32 JRNATFEB Justin Pommerville, 13.15.

ABAGFEB Geeien Andrews, 14-MSC
BCAGMAR Thomas Demetzer, 14, PGB
JRNATFEB Myles Maxey, 14, CASC
ONTAGMAR Danny Carter, 14, NRB
ABAGFEB Graeme Tozer, 14, UCSC
KCSDEC Casey Ralph, 14, IS
ONTAGMAR Andrew Baier, 14, COBRA
PDAAAFEB Timothy Ruse, 14, PCSC
ONTAGMAR Greg Toglema, 14, LAC
BCAGMAR Erich Schmitt, 14, IS
ONTAGMAR and McLean, 14, CYPS
POAAAFEB Solfan Mohand-Cherif, 14, CASC
ONTAGMAR SOLFAN
ONTAG 2:13.99 2:15.30 2:15.56 2:15.82 2:16.60 2:16.88 2.17.57 POAAAFER Sofian Mohand-Cherif 14 CAMO 22 23 24 2:17.57 2:18.79 2:18.86 2:18.93 YOUTHDEC Nathan Chang, 14, TORCH PQAAFEB Alexandre Leroux, 14, CNTR ONTAGMAR Marc Mazzucco, 14, ESWIM

YOUTHDEC Craig Partridge,14,GGST

100 METRES BREASTSTROKE Rec: 1:03.27 Michael Mason, EPS, 89 POAAAFEB Tristan Jones,14,CNNG POAAAFEB Andre Champagne,14,SAMAK BCAGMAR Ryan Chiew,13,HYACK 1.07 21 1:09.31 PCSCDEC Kevin Rioux,14,CAMO ESWIMJAN Tobias Oriwol,14,ESWIM ONTAGMAR Michael Chu,14,CHAMP 1:10.05 1:10.12 1:10.17 YOUTHDEC Conrad Aach,14,ESWIM MBSKMAR Devin Phillips,14,EKSC ONTAGMAR Warren Barnes,14,PICK NSAGFEB Douglas Young,14,SWAT ONTAGMAR Eric Chan,14,AAC 1:10.38 10 11 1:10.68 1:10.70 BCAGMAR Ben Keast, 14, HYACK JRNATFEB Brandon Grove, 14, EDSON POAAAFEB Simon Letendre, 14, SHER 1:10.80 12 13 14 15 PUAPAREB SIMON LEBENGRE, 14, SHEK ABAGFEB TIM KINSEII, 14, EKSC KCSDEC Chase Reid, 14, CASC ONTAGMAR Nathan Chang, 14, TORCH BCAGMAR Brendan Robertson, 14, HYACK UTJAN21 Kurtis Miller, 14, SCAR 1.11 83 16 17 1:11.85 1:11.90 PCSCDEC Olivier Andre,14,CAMO ABAGFEB Graeme Tozer,14,UCSC PCSCDEC Gareth Chantler,13,OAK 20 1.12 11 1:12.16 1:12.43 1:12.53 1:12.57 PQAAAFEB Jonathan Aubry,14,CNB CLMOCT Michael Eubank,14,CP ONTAGMAR David McKechnie,14,CYC 23 24 200 METRES BREASTSTROKE Rec: 2:14.36 1 2:25.72 Matthew Huang,PDSA,98
ESWIMJAN Tobias Oriwol.14.ESWIM 2:27.47 2:28.23 PCSCDEC Conrad Aach,14,ESWIM
PQAAAFEB Andre Champagne,14,SAMAK 2:28.68 2:29.99 2:30.39 2:31.43 2:31.59 BCAGMAR Ryan Chiew,13,HYACK POAAAFEB Tristan Jones,14,CNNG PCSCDEC Kevin Rioux,14,CAMO JRNATFEB Tim Kinsella,14,EKSC JRNATFEB Brandon Grove,14,EDSON POAAAFEB Maxime Samson,14,ELITE 2:32.29 2:32.78 NSAGFEB Douglas Young,14,SWAT MBSKMAR Devin Phillips,14,EKSC 10 11 12 13 14 2:33.66 2:34.13 ONTAGMAR Warren Barnes, 14 PICK 2:34.18 2:34.45 ONTAGMAR Jonathan Long,14,LAC ONTAGMAR Marco Monaco,13,OAK

2:35.06 2:35.28 2:35.65 2:35.77 YOUTHDEC Mark Pariselli,14,NYAC ONTAGMAR Nathan Chang,14,TORCH POAAAFEB Timothy Ruse,14,PCSC 15 16 17 18

POAAAFEB Jinnibn Ause, 14,PCSC POAAAFEB Jonathan Aubry,14,CNB POAAAFEB Olivier Andre,14,CAMO KCSDEC Chase Reid,14,CASC ABAGFEB Marcus Greenshields,14,RDCSC ONTAGMAR Raymond Chow,13,TMSC 20 21 22 2:36.47 BCAGMAR Brendan Robertson 14 HYACK 23 2:36.96

2:37.09 2:37.37 OAKJAN Gareth Chantler,13,0AK RAPIDDEC Matt Yuzwa,13,CASC 24 25 100 METRES BUTTERELY

ES BUTTERFLY
Garret Pulle,MAC,93
ONTAGMAR Tobias Oriwol,14,ESWIM
ONTAGMAR Kurtis Miller,14,SCAR
ABAGFEB Graeme Tozer,14,UCSC 58.91 59.90 PCSCDEC Douglas McQueen.14.GO 1:00.33 POAAAFEB Nicolas Bovell,13,PPO PCSCDEC Kevin Rioux,14,CAMO 1:00.85 PUSCHECK VIEW INVOLVE, 11-AUVILOR INVOLVE, 12-AUVILOR INVOLVE, 14-AUVILOR INVOLVE, 14-1:01.10 . 8 9 10 1:01.88 11 12 13 1:02.14 ABAGFEB Malcolm Lavoie,14,0SC ONTAGMAR Eric Chan,14,AAC POAAAFEB Tristan Jones,14,CNNG 1:02.18 1:02.35 1:02.48 1:02.64 1:02.81 CNQJAN Kevin Laflamme,14,RCA BCAGMAR Patrick Waters,14,PN MBSKMAR Jian-Lok Chang, 14, EKSC ONTAGMAR Ryan Atkinson, 14, LAC ONTAGMAR Andrew Nicholas, 14, NEW 18 19 20 1.02 89 1:02.92 1:03.30 21 1.03 46 RAPIDDEC William Johnson 14 PDSA RAFIDDEC WIIIIAM JORRSON, 14,PDSA ONTAGMAR Marco Monaco,13,OAK CHAMPDEC Michael Chu,14,CHAMP POAAAFEB Boumed Gueffai,14,CAMO BCAGMAR Ben Keast,14,HYACK 1:03.99

200 METRES BUTTERFLY Philip Weiss, SKSC, 94 ONTSRNOV Douglas McQueen, 14, GO Rec: 2:04.83 1 2:12.98 ONTSANOV DOUGHS INCOMENT, 13,00
KCSDEC Malcolm Lavoie, 14,0SC
ONTAGMAR Michael Pisarczyk, 14,LAC
BCAGMAR Patrick Waters, 14,PN
VOUTHDEC Tobias Orivol, 14,ESWIM
POAAAFEB Sofian Mohand-Cherlf, 14,CAMO
YOUTHDEC Conrad Aach, 14,ESWIM
ONTACKAM Puren Missea, 14, MC 2:14.56 2:16.17 2:16.93 2:17.69 OUTHDEL CONTAG ABCN, 14,ESWIN/
ONTAGMAR RYAN AKINSON, 14,LAC
POAAAFEB Steve Desforges, 14,CAG
ONTAGMAR Joe Bajcar, 14, OAK
POAAAFEB Timothy Ruse, 14, PCSC
ONTAGMAR Jason Chan, 14, TORCH
BRANTNOV Yuto Matsudaira, 14,ROW 2:18.55 2:18.71 2:18.74 2:18.86 2:18.98 10 11 12 13 BRANTHOY Yufo Matsudaira,14,ROW ONTAGMAR Fric Chan,14,AC BCAGMAR, Janco Mynhardl,14,PSW ONTAGMAR Keyin Bouchard,14,PSW POAAAFER Kevin Bouchard,14,EXCEL ESWIMJAN M. ASarczyk,14,LAC YOUTHDEC Marc Sze,14,PDSA MBSKMAR Callum Ng,14,CASC POAMAEER Beurned Gueffel 11,CAMO 14 15 16 2:19.00 2:19.04 2.19 47 2:20.05 2:20.86 2:20.97 2.21.22 POAAAFER Roumed Gueffai 14 CAMO 2:21.28 2:21.58 ABAGFEB Marcus Greenshields,14,RDCSC
MBSKMAR Erik Hogan,14,UCSC
KCSDEC Casey Ralph,14,IS

ISCUPNOV William Johnson,14,PDSA

24 2:22.65

Tobias Oriwol,ESWIM,0 JRNATFEB Tobias Oriwol,14,ESWIM PCSCDEC Conrad Aach,14,ESWIM JRNATFEB Graeme Tozer,14,UCSC 2.05.94

PQAAAFEB Nicolas Bovell, 13, PPO PQAAAFEB Tristan Jones, 14, CNNG POJAAFEB ITISIAI JORES, 14, CNNG MBSKMAR Devin Phillips, 14, EKSC KCSDEC Casey Ralph, 14, IS PCSCDEC Kevin Rioux, 14, CAMO CNOJAN Kevin Laflamme, 14, RCA ONTAGMAR Joe Bajcar, 14, OAK ONTAGMAR Marco Monaco, 13, OAK 2:15.25 2:15.90 2:16.06 2:16.74

2:16.82 2:16.99 ONTAGWAR WARD MONACO, 13, JAN JRNATFEB Marcus Greenshields, 14, RDCSC ONTAGMAR Nathan Chang, 14, TORCH BCAGMAR Justin Pommerville, 13, IS SFOYNOV Charles Rodrigue, 14, JL ONTAGMAR Kleran O'Neill, 14, SSMAC 2:17.03 2:17.93 2:18.40 2.18 93

2:19.02 2:19.31 KCSDEC Chase Reid,14,CASC BCAGMAR Patrick Waters,14,PN SFOYNOV Martin Renaud,14,CNB BCAGMAR Ryan Chiew,13,HYACK POAAAFEB Kevin Bouchard,14,EXCEL BCAGMAR Thomas Demetzer,14,PGB 2:20.07 2:20.12 2:20.24

2:20.30 2:20.57 YOUTHDEC Mark Pariselli,14,NYAC ONTAGMAR Ian McLean,14,CYPS 25 2:20.58 ABACFEB Sean Compston,14,CASC
400 METRES IND. MEDLEY

Rec: 4:24.89

JRNATFEB Graeme Tozer,14,UCSC 4.24.89 4:37 35 4:37.42 PCSCDEC Douglas McQueen, 14,GO JRNATFEB Devin Phillips,14,EKSC ABAGFEB Marcus Greenshields,14,RDCSC 4:41.68 4:48.90 4:49.54 4:50.64 4.50.69

ABAGFEB Marcus Greenshields, 14, MD
ONTAGMAR MARCO Monaco, 13, OAK
POAAAFEB Timothy Ruse, 14, PCSC
POAAAFEB Charles Rodrigue, 14, UL
YOUTHOEC Casey Ralph, 14, IS
ONTAGMAR Ryan Aktinson, 14, LAC
ONTAGMAR Jonathan Long, 14, LAC
POAAAFEB Maxime Samson, 14, ELTE
POAAAFEB Maxime Samson, 14, ELTE
RACAMAB Patrick Makers, 14, DN
RACAGEM PARTICLE MARCON PARTICLE POAAAFEB
RACAGMAB Patrick Makers, 14, DN 4:50.73 4:51.59 4:51.79 4:52.72 4.54.22

BCAGMAR Patrick Waters,14,PN POAAAFEB Kevin Bouchard,14,EXCEL YOUTHDEC Mark Pariselli,14,NYAC 4:54.52 4:55.00 ONTAGMAR Andrew Baier, 14, COBRA ULAVDEC Kevin Laflamme, 14, RCA ONTAGMAR Robert Barron, 14, VAC 4:55.06

4:55.75 4:56.72 4:56.99 BCAGMAR Justin Pommerville,13,IS ABAGFEB Malcolm Lavoie,14,OSC 4:57.07 YOUTHDEC Marc Sze 14 PDSA 4:57.51 4:58.06 BCAGMAR Thomas Demetzer,14,PGB MBSKMAR Callum Ng,14,CASC

ONTAGMAR Etobicoke Swimming, ESWIM BCAGMAR Hyack Swim Club, HYACK 1.57 17 1:58.41

BCAGMAR Hyack Swim Club, HYACK ONTAGMAR London AC, LAC YOUTHDEC Scarborough SC, SCAR POAAAFEB CN Quebec, CNO POAAAFEB Pointe Claire SC, PCSC BCAGMAR Island Swimming, IS BCAGMAR Pacific Dolphins, PDSA ONTAGMAR Cobra Swim Club, COBRA ONTAGMAR Nepean Kanata, MKB BRANTNOV Galville AC, OAK ONTAGMAR Toronto Dympians, TORCH ABAGFEB Calgary Swimming, UCSC POAAAFEB Samak de Brossard SAMAK 1:58.72 1:59.39 1:59.77 2:00.32 2:00.57 11 12 13 2:01.42

2:02.07 2:03.32 2:03.54 2:03.87 POAAAFEB Samak de Brossard, SAMAK PCSCDEC Glouc-Ottawa Kingfish, GO MACJAN Toronto Champs, CHAMP

PCSCDEC Hamilt-Wentworth AC HWAC 2.03.95 OSACFEB Region of Waterloo,ROW ONTAGMAR Markham AC,MAC CASCNOV Olympian Swim Club,OSC MBSKMAR Calgary Killarney SC,KSC 2:04.01 2:04.11 2:04.29

4X50 M FREE RELAY
Rec: 1:38.37 Markham AC,MAC,92
1 1:43.10 ABAGFEB Edmonton Keyano,EKSC ABAG+LB Edmonton Keyano, EKSC PCSCDEC Montreal Aquatique, CAMO ONTAGMAR Newmarket SC, NEW BCAGMAR Hyack Swim Club, HYACK YOUTHDEC Pacific Dolphins, PDSA KCSDEC Cascade Swim Club, CASC YOUTHDEC Scarborough SC, SCAR ONTAGMAR Cobra Swim Club, COBRA ONTAGMAR London AC, LAC KCSDEC Island Swimming IS 1:43.27 1:45.16 1:45.53 1:46.33

1.46 45 KCSDEC Island Swimming,IS YOUTHDEC Etobicoke Swimming,ESWIM MBSKMAR Calgary Swimming,UCSC PQAAAFEB CN Quebec,CNQ 10 1:47.01 1:47.24 1:47.36 1:47.72

POAAFEB CN Oubec, CNO
ONTAGMAR JOAKUILE AC, OAK
PCSCDEC Hamilt-Wentworth AC, HWAC
ONTAGMAR Toronto Olympians, TORCH
POAAFEB Samak de Brossard, SAMAK
PCSCDEC Pointe Claire SC, PCSC
PCSCDEC Glouc-Otlawa Kingfish, GO
BCAGMAR Richmond Rapids, RAPID
PCSCDEC JOAKUILA CO, GAWILLA CO, DAWILLA CO, DAWI 1:47.88 1:48.62 1.49 15 1:49.52 1:49.62

1:49.83 1:49.84 21 1.49 86 PCSCDEC Oakville AC OAK 1:49.96 1:50.19 EOSAFEB Nepean Kanata,NKB ONTAGMAR Mississauga AC,MSSAC YOUTHDEC North York AC,NYAC 24 1:50.44 ABAGFEB Calgary Patriots,CP

PQAAAFEB Vincent Boulanger-M.,13,CNQ

2:04:24

Rankings for the period (results received) October 1, 1999 to March 30, 2000 TAG is financially supported by Swimming/Natation Canada. Compiled by SWIMNEWS

2000 SHORT COURSE TAG_®

GIRLS 15-17

50 METRES FREESTYLE
Rec: 25.25 Shannon Shakespeare, MM, 93
1 25.80 JRNATEEB Chrissy MacAulay, 17, ESWIM JRNATTEB Chrissy MacAulay,17,ESWIM
JRNATTEB Jenna Gresdal, 15,ESWIM
MANTADEC Jessie Bradshaw,15,UCSC
JRNATTEB Natalie Kiegelmann,16,BTSC
BCAGMAR Tara Taylor,17,HYACK
PCSCDEC Tilfany Woods,15,PCSC
EDMONNOV Kelly O'Toole,17,EKSC
BRANTHOV Adrienne Karney,16,AAC
PCSCDEC Audrey Lacroix,16,CAMO
RAPIIDDEC Francine Ling,16,DELTA
MANTADEC Andrea Hayden,16,CPP
MALMOFEB Kelly Stefanyshyn,17,PDSA 26.61 26.63 26.73 26.81 27.00 27.03 27.09 MALMOFEB Kelly Stefanyshyn,17,PDSA WALMULEB Kelly Stetanystyn, I./PUSA
JENATEEB Michaela Schmidt, 16,CASC
BEAVNDEC Adriana Koc-Spadaro, 16,PDSA
SFOYNOV Merylie Giguere, 17, UL
POAAAFEB Catherine Digas-Savoie, 16,DYNAM
POAAAFEB Victoria Poon, 15,CALAC 27.20 ONTAGMAR Heather Crowdis, 16,AAC EDMONNOV Elizabeth Wycliffe, 16,EBSC EDMONNOV Angela Catford, 16,NEW 27 20 27.21 27.24 JRNATFEB Sasha Taylor,17,PERTH JRNATFEB Elizabeth Cleven,15,MM ABAGFEB Heather McIntosh,17,LEDUC 27.28 27.30 21 22 23 24 27.30 PQAAAFEB Kathryn Milligan, 16, DDO ONTSRNOV Jennefer Brankovsky, 17, EYSC

100 METRES ERFESTYLE

27.32 UNI SKNOV Jenneler Brankovsky, IT, EYSC 100 METRES FREESTYLE Rec: 54.75 Shannon Shakespeare, MM, 94 S. 57.28 JRNATFEB Jenna Gresdal, 15, ESWIM JRNATFEB Jenna Gresdal, 15, ESWIM S. 57.28 JRNATFEB Chrissy MacAulay, 17, ESWIM K. CSDEC Tara Taylor, 17, HYACK S. 57.39 MANTADEC Jessie Bradshaw, 15, UCSC 65.74.9 P. CSCDEC Tiffany Woods, 15, PCSC 7. 57.61 JRNATFEB Audrey Lacroix, 16, CAMO 9. 57.64 P. OPAAAFEB Audrey Lacroix, 16, CAMO 9. 57.74 MALMOFEB Kelly Stefamysthyn, 17, PDSA 10. 58.20 BEAWNDEC Adriana Koc-Spadaro, 16, PDSA 11. 58.22 P. OPAAAFEB Marieve De Blois, 16, PPO 12. 58.36 SFOYNOV Merylie Giguere, 17, UL 13. 58.41 JRNATFEB Eitzabeth Collins, 17, PRO 14. 58.49 JRNATFEB Francine Ling, 16, DELTA 15. 58.52 JRNATFEB Francine Ling, 16, DELTA 15. 58.52 JRNATFEB Francine Ling, 16, DELTA 16. 58.59 JRNATFEB Chantal Ares, 15, GO JRNATFEB EIIZBOEIN WYCIIIRI, 16,EBSC JRNATFEB Chantal Ares, 15,GO JRNATFEB Michaela Schmidt, 16,CASC MBSKMAR Meghan Demchuk, 16,ROD JRNATFEB Andrea Hayden, 17,GPP ONTAGMAR Monica Wejman, 15,ESWIM JRNATFEB Tamee Ebert, 16,PDSA MBSKMAR [Linkshib] Amer, 15,FESWIM JRNATFEB Tamee Ebert, 16,PDSA 58 59 18 19 20 21 22 23 58.62 58.65 58.66 58 73 MBSKMAR Elizabeth Amer, 15, EKSC JRNATFEB Melanie Bouchard, 17, CNB JRNATFEB Kelly O'Toole, 17, EKSC JRNATFEB Deanna Stefanyshyn, 15, PDSA

23 5.876 JRIVETTE Deathwar.
200 METRES FREESTYLE
Rec: 1:58.28 Patricia Noall CNMN,88
1 2:02.72 PARISFEB Kelly Slefanyshyn,17.PDSA
2 2:02.91 COLPKNOV Jenna Gresdal, 15.ESWIM
GRAVNDEC Deanna Stefanyshyn, 15,PDS
Denielle Bell, 16.IS COLPANOV Jenna Gresadi, J.S.WIM BEAVNDEC Deanna Stefanyshyn, 15, PDSA ISCUPNOV Danielle Bell, 16, IS JRNATFEB Tamee Ebert, 16, PDSA JRNATFEB Elizabeth Wycliffe, 16, EBSC JRNATFEB Jessie Bradshaw, 15, UCSC 2:03.53 2:03.87 COLPKNOV Jennifer Fratesi, 15, ROW ONTAGMAR Kristen Bradley, 16, NEW KCSDEC Tara Taylor, 17, HYACK 2.04 17 2:04.78 KCSDEC 1ara 1aylor,17,HYACK POAAAFEB Audrey Lacroix,16,CAMO ISCUPNOV Karley Stutzel,17,IS MANTADEC Andrea Hayden,16,GPP ONTSRNOV Loren Sweny,17,NKB POAAAFEB Catherine Dugas-Savole,16,DYNAM 2.04 90 2:05.18 2:05.43 ONTAGMAR Monica Wejman,15,ESWIM SFOYNOV Merylie Giguere,17,UL PQAAAFEB Chanell Charron-W.,15,CAG 2:05.61 2:05.64 2:05.76 JRNATFEB Elizabeth Collins, 17, ROD BCAGMAR Jennifer Coombs, 16, HYACK POAAAFEB Melanie Bouchard, 17, CNB 2:05.85 2:05.91 2:06.25 2:06.26 2:06.31 ABAGFEB Leslie Cove,17,RDCSC EDMONNOV Melissa Laflamme,17,UL JRNATFEB Aimee Bourassa.16.NKB

ONTAGMAR Cynthia Pearce, 16, MSSAC-TO

| 400 METRES FREESTYLE | Rec: 4:07.79 | Nikki Dryden,IS,93 | 1 4:15.35 | EDM/ONNOV Kelly Stefanyshyn,17,PDSA | 2 4:15.75 | ISCUPPNOV Danielle Bell,16,IS | 3 4:18.54 | JRNATFEB Tamee Ebert,16,PDSA | Control of the con 4:18.54 4:18.87 BEAVNDEC Deanna Stefanyshyn,15,PDSA ISCUPNOV Karley Stutzel,17,IS 4:20.46 ISCUPNOV Karley Sutzlei, 17,18
JRNATFEB Audréy Lacrois, 16, CAMO
JRNATFEB Michelle Landry, 15, PDSA
JRNATFEB Cynthia Pearce, 16, MSSAC-TO
JRNATFEB Tara Taylor, 17, HYACK
ABAGFEB Shauna McNally, 17, EKSC
JRNATFEB Andrea Hayden, 17, GPP 4:21.26 4:22.29 4:22.70 4:22.85 4:23.22 4:23.24 JRNATFEB Andrea Hayden, 17, GPP
JRNATFEB Danielle Beland, 15, GO
JRNATFEB Jennifer Coombs, 16, HYACK
JRNATFEB Jennifer Coombs, 16, HYACK
JRNATFEB Loren Sweny, 17, MKB
JRNATFEB Allison Laidfow, 15, PDSA
JRNATFEB Amber Dykes, 16, HYACK
JRNATFEB Emily Carwithen, 15, COMOX
JRNATFEB Stephanie Barbe, 17, UL
POAAAFEB Joan Bernier, 15, CNCB
JRNATFEB Leslie Cove, 17, RDCSC
JRNATFEB Leslie LOVE, 17, RBCCK
JRNATFEB Leslica Jobse 16, MANTA 4.23.25 4:23.52 4:24.03 4.24 33 4:24.62 4:24.71 4:24.74 4:24.78 4.24.82 4:24.95 4:25.38 4:25.69 4:25.92 JRNATFEB Alicia Jobse 16,MANTA JRNATFEB Julie Babin, 16,ESWIM ONTAGMAR Katherine Telfer, 15,ESWIM 800 METRES FREESTYLE

Nikki Dryden,IS,93 ISCUPNOV Danielle Bell,16.IS Rec: 8:31.65 8:43.45 JRNATFEB Tamee Ebert, 16, PDSA ISCUPNOV Karley Stutzel, 17, IS 8:48.60 8:53.13 ISCUPINOV Karley Stutzel, 17,15

BEAVNDEC Deanna Stefanyshyn, 15, PDSA
KCSDEC Tara Taylor, 17, HYACK
JRNATTEB Joan Bernier, 15, CNCB
ABAGFEB Shauna McNally, 17, EKSC
ARNATTEB Dale Colman, 17, MSSAC-TO
BCAGMAR Emily Carvithen, 15, COMOX 8:56.61 8:57.56 9:00.82 9:01.97 9:02.37 JRNATFEB Allison Laidlow, 15, PDSA JRNATFEB Jennifer Coombs, 16, HYACK 9.02 92 9:03.70 JRNATFEB Annie Lizotte,16,CNCB JRNATFEB Michelle Landry,15,PDSA JRNATFEB Kristy MacLennan,17,ESWIM 9:06.19 9:07.16 9:08.76 JRNATFEB Amber Dykes,16,HYACK JRNATFEB Julie Babin,16,ESWIM JRNATFEB Christy Anderson,17,STARS 9.08 79 9:09.11 9:09.11 ABAGFEB Leslie Cove,17,RDCSC ONTAGMAR Kristen Bradley,16,NEW MANTADEC Alicia Jobse,16,MANTA 9.09 28 9:09.31 9:10.35 JRNATFEB Dominique Charron,15,PPO MBSKMAR Alison McKay,17,EKSC POAAAFEB Audrey Lacroix,16,CAMO JRNATFEB Sara McNally,15,EKSC POAAAFEB Stephanie Barbe,17,UL 9.11.47 23

100 METRES BACKSTROKE

S BACKSTROKE
Kelly Slefanyshyn, PDSA, 99
EDMONNOV Kelly Slefanyshyn, 17, PDSA
JRNATFEB Elizabeth Wycliffe, 16, EBSC
JRNATFEB Jenna Gresdal, 15, ESWIM
EDMONNOV Jennifer Frales, 15, ROW
PCSCDEC Melanie Frigon, 17, BBF
JRNATFEB Amy Jacina, 15, GMAC
ONTAGMAB, lennifer Feford, 16, ROW 1:00.43 1:00.50 1:02.36 1:03.45 1.03 49 JRNATFEB Ally Jaclina, 13, John ONTAGMAR Jennifer Esford, 16, ROW JRNATFEB Michaela Schmidt, 16, CASC EDMONNOV Shauna McNally, 17, EKSC JRNATFEB Alexis Rieck, 17, ROW JRNATFEB Elizabeth Collins, 17, ROW JRNATFEB Caitlin Meredith, 15, KCS ONTSCHOWL Jennifer Conscript JL Mc 1:04.00 1:04.61 1:04.71 1:04.86 12 13 JRNAHTEB Callin Meredin, 15, RCS ONTSRNOV Jennifer Cooper, 17, LAC RAPIDDEC Andree-Ann Leroy, 17, NRST JRNATTEB Jessie Bradshaw, 15, UCSC SHERDEC Chanell Charron-W., 15, CAG JRNATTEB Jennifer Kasuya, 17, HYACK 1.04 87 1:04.92 1:05.06 1:05.22 EDMONNOV Stephanie Barbe,16,UL POAAAFEB Catherine Dugas-Savole,16,DYNAM JRNATFEB Sasha Taylor,17,PERTH JRNATFEB Shawna Bothwell,16,RDCSC 1:05.25 1:05.33 1:05.48 21 1.05 49

200 METRES BACKSTROKE

Rec: 2:08.06 Kelly Stelanyshyn, PDSA,99

1 2:08.06 EUMONNOV Kelly Stefanyshyn,17,PDSA

2 2:12.17 JRNATEEB Elizabeth Wycliffe,16,EBSC

2 2:14.14 PCSCDEC Melanie Frigon,17,BBF

5 2:15.79 JRNATEEB ANJ Jacina, 15, GMAC

6 2:16.80 EDMONNOV JANUAR MENDALING,17,TEKSC

7 2:16.98 JRNATEEB Jennifer Esford,16,ROW

1 JRNATEEB Jennifer Esford,16,ROW

2 2:17.89 JRNATEEB Jennifer Esford,16,ROW JRNATFEB Jenna Gresdal,15,ESWIM ONTAGMAR Kristen Bradley,16,NEW 2.17 78 2:18.14 2:18.27 2:18.60 2:18.63 BEAVNDEC Allison Laidlow 15.11 JRNATFEB Chanell Charron-W.,15,CNO BCAGMAR Amanda Leslie,16,RAYS OSACFEB Jennifer Cooper,17,LAC 2:18.87 2:19.09 RAPIDDEC Michaela Schmidt,16,CASC BCAGMAR Caitlin Meredith,16,KCS DALAUMAK CARUIN MEREDIII, 16, KCS JRNATFEB Andrea Szewchuk, 16, ESWIM MANTADEC Adrienne Ford, 16, YLSC PCSCDEC Sophie McKay, 16, CAMO JRNATFEB Anna Szaflarski, 15, BROCK JRNATFEB Sasha Taylor, 17, PERTH BRANTMOU FEB DORMOW, 21, 11, MACC 2.19 10 2:19.16 2:19.31 2:19.40 2:19.48 2.19 57 22 23 24 BRANTNOV Erin Dermody,17,HWAC ONTAGMAR Katherine Telfer,15,ESWIM PCSCDEC Lucy Mae Smith,17,BBF 2:20.39 25 2:20.42 ONTAGMAR Maya Ziolkowski,15,YORK

JRNATFEB Marcy Edgecumbe, 16, EKSC ONTAGMAR Joanna Lee, 15, MSSAC-TO JRNATFEB Marie-C. Guilbert, 17, BBF 1:12.47 ABAGFEB Annamay Pierse, 16, EKSC JRNATFEB Trisha Lakatos, 17, PCSC POAAAFEB Marieve De Blois, 16, PPO 1:12.64 POAAAFEB Marieve De Blois, 16,PPO JRNATFEB Christy Anderson, 17,STARS EDMONNOV Kristen Bradley, 16,NEW JRNATFEB Ariane Kich, 16,GMAC KCSDEC Michelle Poirier, 17,RDCSC PCSCDEC Lucy Mae Smith, 17,BBF RAPIDDEC Francine Ling, 16,DELTA JRNATFEB Horah Vogan, 15,GPP JRNATFEB Dessica Sloan, 17, UCSC ABAGFEB Emma Spooner, 16,NCSA ABAGFEB Lesley Williams, 17,STSC ULAVDEC Barbara Poure, 16, UL 1:12.89 1:13.00 1:13.09 1:13.55 1:13.57 10 11 12 13 14 15 1:13.69 1:13.70 1:13.74 1:13.80 16 17 ULAVDEC Barbara Pouret.16.UL RAPIDDEC Meagan Sinclair, 15, CASC PCSCDEC Tiffany Woods, 15, PCSC JRNATFEB Chrissy MacAulay,17,ESWIM PQAAFEB Julie Marcotte,16,CNQ JRNATFEB Kristen Lis,16,ROD 20 1.14 29 1:14.32 1:14.44 1:14.45 1:14.55 ULAVDEC Annie Lizotte, 16, CNCB BCAGMAR Mia Baumeister, 15, HYACK ONTAGMAR Kim Bacon, 15, COBRA 200 METRES BREASTSTROKE Rec: 2:27.08 Anne Ottenbrite, AAC, 84 IRNATEER Marieve De Blois 16 PPO 2:34 23 2:34.40 2:34.59 JRNATFEB Christy Anderson,17,STARS ABAGFEB Annamay Pierse,16,EKSC ABAGTED Alliadiay Fleise, Ick. SSC JRNATFEB Trisha Lakatos, 17, PCSC KCSDEC Marcy Edgecumbe, 16, EKSC JRNATFEB Kristen Bradley, 16, NEW JRNATFEB Marie-C. Guilbert, 17, BBF ONTAGMAR Joanna Lee, 15, MSSAC-TO JRNATFEB Heather Bell, 16, BTSC 2:34.86 2:35.01 2:35.07 2:35.41 2:35.54 2:36.67 2:37.20 2:37.24 2:37.35

JRNATFEB Heather Bell, 16, BTSC

JRNATFEB Michelle Poirier, 17, RDCSC

JRNATFEB Emma Spooner, 16, NCSA

ABAGFEB Lesley Williams, 17, STSC

RAPIDDEC Meagan Sinclair, 15, CASC

MANTADEC Alicia Jobse, 16, MANTA 10 11 12 13 14 2:37.36 2:37.42 JRNATFEB Chrissy MacAulay,17,ESWIM
JRNATFEB Norah Vogan,15,GPP
JRNATFEB Annie Lizotte,16,CNCB 2:38.00 15 16 17 18 2:38.10 2:38.48 2:38.48 PQAAAFEB Julie Marcotte,16,CNQ JRNATFEB Ariane Kich,16,GMAC 20 21 22 KCSDEC Kathleen Stoody, 17, HYACK 2:38.86 POAAAFEB Genevieve Frappier, 16, EXCEL JRNATFEB Jennefer Brankovsky, 17, EYSC MBSKMAR Katherine Cochrane, 16, CASC ONTAGMAR Kim Bacon, 15, COBRA BCAGMAR Alex Leziy-Miller, 16, PDSA 23 2.39 93 2:40.16 2:41.07 24 25

100 METRES BUTTERFLY

S BUTTERFLY
Kristin Topham,EPS,91
EDMONNOV Audrey Lacroix,16,CNMM
EDMONNOV Jennifer Fratesi,15,ROW
JRNATFEB Michaela Schmidt,16,CASC 1:00.45 1:01.18 1:02.31 1:02.77 JRNATFEB Jessie Bradshaw.15.UCSC RAPIDDEC Julie Unrau,16,PDSA MBSKMAR Elizabeth Collins,17,ROD 1.02 85 1:03.10 JRNATFEB Nancy Gajos, 15, ESWIM JRNATFEB Cynthia Pearce, 16, MSSAC-TO SFOYNOV Merylie Giguere, 17, UL JRNATFEB Melissa Laflamme, 17, UL 1:03.28 1:03.36 1:03.38 10 1:03.96 11 12 13 1:04.06 1:04.08 JRNATFEB Jennifer Graf,16,ROD JRNATFEB Alexis Rieck,17,ROW JRIVALTES BIERS RIECK, 17, KUW PCSCDEC Danielle Beland, 15, GO EDMONNOV Angela Catford, 16, NEW POAAAFEB Isabelle Ascah-Coallier, 16, CAMO RAPIDDEC Meghan Brown, 15, PDSA JRNATFEB Lindsay, Burton, 16, NKB 1.04 29 1:04.36 1:04.51 1:04.52 BCAGMAR Claire Wong,15,PDSA SFOYNOV Veronick Cullen,15,RCA POAAAFEB Valerie Tcholkayan,15,DDO 1.04 66 1:04.72 1:04.79 ONTSRNOV Elizabeth Day,17,NEW
JRNATFEB Rocio Flores,16,PPO
ONTSRNOV Pamela Tung,17,MAC
JRNATFEB Suzanne Brodeur,17,MAC
BCAGMAR Martina Zamecnik,16,KISU 21 1.04 88 22 1:05.06 1:05.24

200 METRES BUTTERFLY

Jessica Deglau,PDSA,98 HONGKJAN Audrey Lacroix,16,CAMO EDMONNOV Melissa Laflamme,17,UL 2:17.04 JRNATFEB Nancy Gajos,15,ESWIM JRNATFEB Michaela Schmidt,16,CASC 2:18.00 2:18.55 JRNATFEB Julie Unrau,17,PDSA JRNATFEB Cynthia Pearce,16,MSSAC-TO PCSCDEC Kristy MacLennan,17,ESWIM 2:19.07 2:19.33 JRNATFEB Jennifer Coombs,16,HYACK SFOYNOV Merylie Giguere,17,UL 2:19.41 BEAVNDEC Meghan Brown,15,PDSA JRNATFEB Jennefer Brankovsky,17,EYSC JRNATFEB Emily Aubie,17,NKB 10 11 12 13 2:19.82 2:20.25 2:20.26 2:20.64 ONTAGMAR Kristen Bradlev.16.NEW ONTAGMAR Krisien Bradley, 16, NEW JRNATFEB Danielle Beland, 15, GO MANTADEC Jessie Bradshaw, 15, UCSC JRNATFEB Rocio Flores, 16, PPC MANTADEC Julie Cocks, 17, UCSC POAAFEB Genevieve Frappier, 16, EXCEL JRNATFEB Joan Bernier, 15, CNCB OSCDEC Brigitta Olson, 17, UCSC BCACKMAP, Caliza Mona, 18, DSCA 2:20.65 2:20.84 14 15 16 17 18 19 20 2:21.20 2:21.38 2:21.48 2:21.52 2:21.54 BCAGMAR Claire Wong, 15, PDSA JRNATFEB Alexis Rieck, 17, ROW ONTAGMAR Danielle Gudgeon, 16, NYAC ONTSRNOV Loren Sweny, 17, NKB 2.21 64 2:21.75 2:22.35 24 2:22.40

JRNATFEB Lindsay Burton, 16, NKB

2:22.43

Nancy Sweetnam, LLSC, 91 2:16.68

HONGKJAN Kristen Bradley,16,NEW JRNATFEB Elizabeth Wycliffe,16,EBSC PQAAAFEB Marieve De Blois,16,PPO JRNATFEB Melissa Laflamme, 17, UL JRNATFEB Jennefer Brankovsky, 17, EYSC JRNATFEB Jenna Gresdal, 15, ESWIM 2:19.60 2:19.86 2:20.70 2:20.80

JRNATFEB Jenina Gresda, 15,ESWIM
ABAGFEB Shauna McNally, 17,EKSC
JRNATFEB Julie Unrau, 17,PDSA
JRNATFEB Meghan Demchuk, 16,ROD
RAPIDDEC Andree-Ann Leroy, 17, NRST
JRNATFEB Deanna Stefanyshyn, 15,PDSA
KCSDEC Michelle Poirier, 17,RDCSC
JRNATFEB Jennifer Coombs, 16,HYACK
JRNATFEB Jennifer Coombs, 16,HYACK
JRNATFEB LORISY Andress
JRNATFEB Christy Andresson, 17, STARS
JRNATFEB Elizabeth Collins, 17,ROD
ABAGFEB Michaela Schmidt, 16,CASC
JRNATFEB Francine Ling, 16,DELTA
JRNATFEB Melanie Frigon, 17, BBP
JRNATFEB Anamany Pierse, 16,EKSC
POAAAFEB Genevieve Frappier, 16, EXCEL
POAAFEB Chanell Charron-W, 15,CAG
JRNATFEB Shawna Bolthwell, 16,RDCSC 2:20.88 2:20.88 2:20.89 2:21.05 2:21.25 2:21.57 2:22.04

2:22.08 2:22.63 2.22 74 2:22.93

22 2:23.27 FOAMPTED CHARRIER CHARRIER, 13,0KBC
23 2:23.45 JRNATFEB Shawna Bothwell,16,RDCSC
24 2:23.74 BCAGMAR Jennifer Kasuya, 17,HYACK
25 2:23.97 JRNATFEB Emily Aubie,17,NKB
400 METRES IND.MEDLEY

Nancy Sweetnam, LLSC, 91 HONGKJAN Kristen Bradlev. 16. NEW Rec: 4:39.32 4.46.69 4:53.21 4:53.71 POAAAFEB Marieve De Blois,16,PPO BEAVNDEC Allison Laidlow,15,LL 4:55.85 4:57.17 4:57.80 JRNATFEB Jennifer Coombs,16,HYACK PCSCDEC Lucy Mae Smith,17,BBF POAAAFEB Melissa Laflamme,17,UL 4:57.84

PUNAMFEB Meilssa Lallatimite; 17,0L JRNATFEB Emily Aubie, 17,NKB JRNATFEB Michelle Landry, 15, PDSA JRNATFEB JENGER BRANCYSKY, 17, EYSC ABAGFEB Shauna McNally, 17, EKSC BRANTHOV Jenna Gresdal, 15, ESWIM 4:58.37 10 4.58 37 4:58.47 4:58.79

BRANI NOV Jellia Glesdaj, 15,ESWINI JRNATFEB Genevieve Frapier, 16,ECEL SHERDEC Chanell Charron-W., 15,CAG JRNATFEB Julie Babin, 16,ESWIM RAPIDDEC Michaela Schmidt, 16,CASC JRNATFEB Leah Schaad, 15,UCSC JRNATFEB Kristy MacLennan, 17,ESWIM POMAKER, box Persier 15, CMCP. 4:59.12 5:00.24 5:00.64 16 17 18 5:00.64 5:01.59 5:01.61

JRIVATEEB KRISTY MACCENTIAN, 17,ESWII PQAAAFEB Joan Bernier, 15,CNCB RAPIDDEC Andree-Ann Leroy, 17, JRST POAAAFEB Stephanie Barbe, 17, UL RAPIDDEC Francine Ling, 16,DELTA MANTADEC Terra Welsh, 16,MANTA 5:02.47 5:02.63 5:02.66 5:02.74

ONTSRNOV Christy Anderson,16,STARS ONTAGMAR Marcia Bryon,16,USC JRNATFEB Meghan Demchuk,16,ROD 5:03 11 5:03.19 5:03.33

4X50 M MEDLEY RELAY

DLEY RELAY
Cobra Swim Club, COBRA, 93
ONTAGMAR Etobicoke Swimming, ESWIM
BCAGMAR Hyack Swim Club, HYACK
ONTAGMAR Toronto All Stars, TO
KCSDEC Edmonton Keyano, EKSC
POAAAFEB Montreal Aquatique, CAMO
POAAAFEB CN Quebec, CNO
RCAGMAR Pacific Dolhbins PDSA
RCAGMAR Pacific Dolhbins PDSA 1:58.37 2:00.24 2:00.75 2:01.80 2:02.39 2:03.22

BCAGMAR Pacific Dolphins,PDSA ONTSRNOV Mepean Kanata,NKB ONTAGMAR Oakville AC,OAK 2:03.59 2:03.82 2:04.05 POAAAFEB Pisc.Olym Montreal,PPO ONTSRNOV Mississauga AC,MSSAC POAAAFEB Dollard Swim Team,DDO 2:04.16 2:04.42

11 12 13 PUAAAFEB DOIlard SWIM TEAM, DDU MANTADEC Uxbridge SC, USC SFOYNOV Chaudiere-Appalache, RCA ONTSRNOV Univ. New Brunswick, UNB PCSCDEC Pointe Claire SC, PCSC RODSCJAN Regina Opt. Dolphins, ROD 2.05 14 2:05.32 2:05.60 2:05.60 2:05.67

TDJAN Perth Stingrays, PERTH MANTADEC Calgary Swimming, UCSC GOLDOCT Cascade Swim Club, CASC ONTAGMAR Cobra Swim Club, COBRA 2.05.89 2:05.90 2:05.91 2.06.11 ONTAGMAR Hamilt-Wentworth AC,HWAC ONTSRNOV Newmarket SC,NEW 2:06.71 2:06.78 ONTAGMAR Ajax Aquatic Club,AAC BCAGMAR Kamloops Classic,KCS

4X50 M FREE RELAY

1:53.22 1:53.31 1:53.57 1:53.78

24

E RELAY
Etobicoke Pepsi,EPS,90
ONTSRNOV Etobicoke Swimming,ESWIM ONTSRNOV EUDICAR SWIMMING, SWIM
KCSDEC Hyack Swim Club, HYACK
PCSCDEC Montreal Aquatique, CAMO
ABAGFEB Edmonton Keyano, EKSC
BCAGMAR Pacific Dolphins, PDSA
ONTSRNOV Mississauga AC, MSSAC
ONTSRNOV East York SC, EYSC
ONTACAMA Tecropia, MISSIC TO 1:48.83 1:48.83 1:49.83 1:50.01 1:50.06 1:50.14 ONTAGMAR Toronto All Stars, TO
PCSCDEC Pointe Claire SC, PCSC
ABAGFEB Cascade Swim Club, CASC 1.50.30 1:51.63 ABAGFEB Cascade Swim Club, CASC
ONTAGMAR Hamilt-Wentworth AC, HWAC
KCSDEC Red Deer Catalina SC, RDCSC
ABAGFEB Calgary Swimming, UCSC
BCAGMAR Kamloops Classic, KCS
BTSCNOV Barrie Trojans, BTSC 1:51.70 1:51.84 1:51.95 11 12 13 BTSCNOV BATHE TOJARS, BTSC ONTAGMAR Newmarket SC, NEW KCSDEC Kisu Swim Club, KISU PCSCDEC Oakville AC, OAK PQAAAFEB CN Quebec, CNQ TDJAN Perth Stingrays, PERTH 1.52.85 1:52.90 1:53.04 1:53.16 1:53.20 POAAAFEB Dollard Swim Team.DDO 1.53 22

ONTAGMAR Uxbridge SC,USC BRANTNOV Ajax Aquatic Club,AAC ONTAGMAR Dorado SC,STARS

ONTSRNOV Glouc-Ottawa Kingfish,GO

TOP AGE GROUP TIMES

Rankings for the period (results received) October 1, 1999 to March 30, 2000 TAG is financially supported by Swimming/Natation Canada. Compiled by SWIMNEWS

2000 SHORT COURSE TAG®

BOYS 15-17

50 METRES FREESTYLE
Rec: 22.56 Simon MacDonald,NKB,97
1 23.77 BEAVNDEC Daniel Petrus,16,PDSA JRNATFEB Nick Langan,17,SCAR JRNATFEB Adam Sioui,17,TD 23.78 JRNATFEB Ian Grotkowski,17.UCSC 23.87 JRNATFEB lan Grotkowski,17,UCSC
JRNATFEB Cedric Sureau-L-1,16,PPO
JRNATFEB David Whang,16,ESWIM
MANTADEC Lee Raffa,17,UCSC
KCSDEC Brian Verigin,16,PGB
ONTSRNOV Doug Fleming,17,ODSC
MBSKMAR Borrey,Kim,17,OSC
JRNATFEB Serge Loiselle,17,LUSC
JRNATFEB Maithew Liberatore,17,ESWIM
MBSKMAN EVAILS Searceki,11,COLD
MRSKMAN EVAILS Searceki,11,COLD 23 97 24.01 24.05 24 16 24.18 24.19 JRNATFEB Mattnew Liberatore, 17,ESW MBSKMAR Kevin Saganski,17,GOLD MANTADEC Scott Briggs,17,USC ONTAGMAR Andrew Bignell,16,SSMAC JRNATFEB Joe Bartoch,16,LAC ISCUPNOV Jason Strelzow,17,PDSA 24.26 24.30 24.36 JRNATEB Andrew Coupland, 16, GO
ONTAGMAR Bradley Vanderkam, 16, LAC
BCAGMAR Bradley Vanderkam, 16, LAC
BCAGMAR Brath Hayden, 16, SPART
JRNATEB Stefano Caprara, 16, VAC
ONTAGMAR Patrick Doret, 16, ESWIM
DONAMER Nation Couplant (1988) 24 40 24.40 24.41 PQAAAFEB Nicolas Guillotte, 16, CAMO 24.48 ONTSRNOV C. Vythoulkas,15,DSC PQAAAFEB Daniel Emond,17,CNQ 24.49

100 METRES ERFESTYLE

FREESTYLE nnick Lupien,GO,97 JRNATFEB Brian Johns,17,RAPID JRNATFEB Adam Sioui,17,TD BEAVNDEC Daniel Petrus,16,PDSA JRNATFEB Andrew Coupland,16,GO Rec: 49.84 Yai 1 49.93 51.11 51.53 51.96 JRNATFEB Brent Hayden,16,SPART JRNATFEB Serge Loiselle,17,LUSC MANTADEC Richard Cormack,17,GLEN 52.28 JRNATFEB David Whang,16,ESWIM JRNATFEB Daniel Emond,17,CNQ 52.28 JRNATFEB Daniel Emond, 17, CNO
JRNATFEB IAN GORDOWS, 17, JUSCS
PQAAAFEB Nicolas Guillotte, 16, CAMO
PCSCDEC Cedric Sureau-L., 16, PPO
ONTSRNOV Bob Phipps, 16, STARS
JRNATFEB Bill Cocks, 16, TRENT
JRNATFEB Borrey Kim, 17, OSC
ONTAGMAR Andrew Bignell, 16, SSMAC
POAAAFEB Kevin Monaghan, 17, CNO
JRNATFEB Stefan Canarra 16, VAC 52.42 52.51 52.57 52.71 52.79 53.00 JRNATFEB Stefano Caprara,16,VAC ISCUPNOV Jason Strelzow,17,PDSA ONTSRNOV Doug Fleming,17,0DSC JRNATFEB Brian Verigin,16,PGB ONTSRNOV Chuck Sayao,17,MSSAC-TO 53 31 53.32 53.34

23 35.34 ONTAGNAR Bradley Vanderkam,16,LAC 25 53.42 JRNATFEB Nick Langan,17,SCAR 200 METRES FREESTYLE Rec: 1:47.83 A Baumann,LUSC,B1/F.Parenti, NSC,B9 1:48.97 JRNATFEB Brian Johns,17,RAPID 2 1:52.17 JRNATFEB Andrew Hurd,17,MSAC-TO JRNATEB Andrew Fund, 17, MSSAC-11 RNATEB Andrew Coupland, 16, GO JRNATFEB Serge Loiselle, 17, LUSC MANTADEC Richard Cormack, 17, GLEN EDMONNOV Adam Sloui, 17, TD POAAFEB Nicolas Guillotte, 16, CAMO 1.52 42

1:53.72 1:53.83 MBSKMAR Borrey Kim,17,0SC JRNATFEB Simon Gignac,17,SHER JRNATFEB Ian Grotkowski,17,UCSC 1.53 96 1:54.24 1:54.43 JRNATFEB Iarl GOIKOWSKI, I/J. UCSC. BEAWNDEC Daniel Petrus, 16, PDSA JRNATFEB Cameron Hyder, 17, NCSA PCSCDEC Cedric Sureau-L., 16, PPO EDMONNOV Chuck Sayao, 17, MSSAC-TO POAAAFEB Daniel Emond, 17, CNO 1:54.50 1:54.58 1:54.62

POWAPTE D Baller Filling, 17, 10NU BCAGMAR Brent Hayden, 16, SPART ONTSRNOV Bob Phipps, 16, STARS JRNATFEB Frederic Cayen, 17, UL JRNATFEB Benjamin Petrieux, 17, PPO PCSCDEC Erik Gendreau-B., 16, CAMO UTJAN21 Keith Beavers, 16, STARS 1.54.65 1:55.15 1:55.29 JRNATFEB Brent O'Connor,16,PDSA PQAAAFEB Mark Thauvette,15,PCSC ONTAGMAR Devon Ackroyd,16,SCAR 1:55.47 1:55.92 1:56.17

JRNATFEB Alex Boulanger, 17, CAMO

400 METRES FREESTYLE Rec: 3:47.27 Brian Johns,RAPID,0 JRNATFEB Brian Johns, 17, RAPID
JRNATFEB Andrew Hurd, 17, MSSAC-TO
JRNATFEB Andrew Coupland, 16, GO
JRNATFEB Chuck Sayao, 17, MSSAC-TO
EDMONNOV Brent O'Connor, 16, PDSA
JRNATFEB Benjamin Petrieux, 17, PPO
JRNATFEB Senjamin Petrieux, 17, PPO 3:47.27 3.57 92 4:00.81 JRNATFEB Benjamin Petrieux,17,PPO
JRNATFEB Simmo Gigna; 17,SHER
JRNATFEB Nicolas Guillotte,16,CAMO
MANTADEC Richard Cormack,17,GLEN
JRNATFEB Kurlis MacGilliway,16,BRANT
JRNATFEB Serge Loiselle,17,LUSC
JRNATFEB David Rose,18,ROW
JRNATFEB Loses larke 17,UCSC
PAPIDING: Loses larke 17,UCSC 4:01.28 4:01.58 4:01.87 4:02.07 4:02.72 4.04 33 4:04.77 4:04.95 JRNATFEB Jonathan Bird,17,UCSC RAPIDDEC JESSE Jacks,17,IS JRNATFEB Steven Medaglia,15,GO JRNATFEB Frederic Cayen,17,IUL JRNATFEB Mark Thauvett,15,OAK POAAAFEB Jerome Le Siege,16,LAVAL EDMONNOV Philippe Dubreuil,17,SHER JRNATFEB Alex Boulanger,17,CAMO JRNATFEB Cameron Hyder,17,NCSA JRNATFEB Cameron Hyder,17,NCSA 4.04 99 4:05.20 4:05.21 16 17 4:05.71 4:05.77 4:06.01 4:06.35 4:06.54

22 4:06.54 JRNATFEB Cameron Hyder, 17, NC.5 23 4:06.70 JRNATFEB Kyle Welsh, 15, OAK 24 4:06.81 JRNATFEB Marcin Partyka, 17, PGB 25 4:06.93 JRNATFEB Cahill Dalhouse, 17, TSC 1500 METRES FREESTYLE Rec: 15:04.14 Michael McWha, WAC, 95

15:13.76 EDMONNOV Andrew Hurd, 17,MSSAC-TO 15:44.87 ISCUPNOV Brian Johns, 17,RAPID 15:47.18 JRNATFEB Chuck Sayao, 17,MSSAC-TO MBSKMAR Karim Abdulla, 16,ROD EDMONNOV Brent O'Connor, 16,PDSA JRNATFEB Kurtis MacGillivary, 16,BRANT 15:55.18 16:00.83 16:03.72 RAPIDDEC Jesse Jacks, 17, IS 16:07.32 JRNATFEB Elliot MacDonald, 17, MANTA 16:09.01 JRNATFEB Frederic Cayen, 17, UL JRNATFEB Frederic Cayen 17, JUL BCAGMAR Travis Musgarave, 16, COMOX JRNATFEB Benjamin Petrieux, 17, PPO EDMONNOV Philippe Dubreuil, 17, SHER JRNATFEB Jerome Le Siege, 16, LAVAL JRNATFEB Olivier Gauthier, 15, PPO 10 16:09.69 16:11.88 16:12.12 13 16:15.07 14 16:16.36

ABAGFEB Richard Cormack,17,GLEN JRNATFEB Bryan McMillan,17,GMAC JRNATFEB J.T. Collison,16,VKSC 15 16:16.97 16 16:17.75 17 16:18.18 1/ 16-18-18 JRNATFEB J.T. Collison 16, VKSC
18 16:20.95 JRNATFEB Marcin Partyka, 17, PGB
19 16:22.63 JRNATFEB Anton Blais, 16, CASC
20 16:22.71 RAPIDDEC Terry Nathan, 17, IS
21 16:22.83 JRNATFEB Rylan Kafara, 16, RDCSC
22 16:26.05 ONTAGMAR Spencer Laidley, 16, PERTH
23 16:26.72 JRNATFEB Andy Andrew, 16, WVOSC
24 16:27.89 JRNATFEB Andy Andrew, 16, BRANT
25 16:28.55 ONTAGMAR Kyle Welsh, 15, OAK
100 METRES BACKSTROKE
RE: 54.56 Chir Repauld IUCSC 92

JANATTEB Craig sillis, Inc.Ass.
ONTAGMAR Chris Ford, 16, CPAC
JRNATFEB Bryan McMillan, 17, GMAC
ONTAGMAR Bradley Vanderkam, 16, LAC
POAAAFEB Marc Prud+Dmme, 17, CALAC
ONTSRNOV Remy DI Giovanni, 17, MSSAC
MANTADEC Richard Cormack, 17, GLEN
JUNATEEE, Celei Lykes 14, ECMIM. 58.16

59.00 59.04 59.06 MANY ADEC RICHARD COMMACK, 17, GLEN
JRNATFEB Chris Lukas, 16, ESWIM
JRNATFEB Andrew McGillivray, 16, MANTA
ONTSRNOV Doug Fleming, 17, ODSC
UTJAN21 Keith Beavers, 16, STARS
MBSKMAR Trevor Coulman, 15, GOLD 59 18 59.34 59 40

MBSKMAR Trevor Coulman, 15, GOLD
BEAVNDEC Andrew Green; 15, UNATT
JRNATFEB Anthony Costa, 17, NEW
ABAGFEB Ryan Dube, 16, EKSC
ONTSRNOV BICHARD MICHAEL
JRNATFEB Maciek Zielnik, 15, EKSC
JRNATFEB Martin Enault, 17, CNB
JRNATFEB Charles Turanich-N., 16, STSC
POAAAFEB Olivier Mathieu, 17, HIPPO
BRACKSTPOKE 59 69 59.80

200 METRES BACKSTROKE
Rec: 1:57.13 Chris Renaud,UCSC,94
1 2:01.77 EDMONNOV Chuck Sayao,17,MSSAC-TO

EDMONNOV Chuck Sayao, 17, MSSAC-TO JRNATFEB Andrew Coupland, 16, 200 POAAAFEB Benoil Barville-A., 17, MEGO JRNATFEB Craig Gillis, 16, CASC ONTSRNOV Francois Castonguay, 17, PPO JRNATFEB Stefano Caprara, 16, VAC ONTAGMAR Spencer Laidley, 16, PERTH UTJAN21, kelth Beavers, 16, STARS MANTADEC Richard Cormack, 17, GLEN MANTADEC Ciaran Dickson, 16, ROD JRNATFEB Kurlis MacGilliway 16, BRANT ONTSRNOV Remy Di Giovanni, 16, MSSAC ESWIMJAN Chris Lukas, 16, ESWIM ONTSRNOV Doug Flemina, 17, ODSC 2:02.60 2:03.13 2:05.07 2.05.78 2:05.82 2:05.96 2:06.85 2:07.12 2:07.32 2:07.55 2:07.75 ONTSRNOV Doug Fleming,17,0DSC JRNATFEB Bryan McMillan,17,GMAC 2.08.05 2:08.37

JRNATEE Bryan McMillan, 17,6MAC ONTSRNOV Goran Marjanovic,17,1HWAC JRNATFEB Andrew Hurd,17,MSSAC-TO MANTADEC Geoff Keyser,17,GLEN BCAGMAR Kyle Narz,16,PN JRNATFEB Adam Martinson,15,CASC 2:08.46 2:08.47 2:08.57 JRNATFEB Andrew McGillivray,16,MANTA
ONTAGMAR Patrick Doret,16,ESWIM
PQAAAFEB Marc Prud'Homme,17,CALAC
JRNATFEB Noah Pink,16,EAST 2.08.65 22 23 24 2:08.69 2:08.75 2:08.80 JRNATFEB Charles Turanich-N.,16,STSC 2:08.94

100 METRES BREASTSTROKE Rec: 59.93 Morgan Knabe, UCSC, 99 EDMONNOV Matthew Huang, 15, PDSA EDMONNOV Chad Thomsen, 16, EKSC MBSKMAR Nathan Parker, 16, MJKFF 1:04.90 JRNATFEB Michael Brown, 15, PERTH JRNATFEB Scott Dickens, 15, BRANT JRNATFEB David Montpetit, 17, PPO 1:05.89 JRNATFEB David Montpetit,17,PPO
JRNATFEB Richard Hui,17,RHAC
JRNATFEB Francois Hudon,17,CNQ
EDMONNOV Lee Raffa,17,CS
KCSDEC Brian Verigin,16,FGB
JRNATFEB Chris Keung,17,SCAR
KCSDEC Andrew Sweet,17,PGB
JRNATFEB Mike Yuzwa,17,CASC
RAPIDDEC Ken Hamilton,16,15
EDMATFEB Bett Lever 16, M/R 1:05.96 1:05.96 1:06.16 1:06.17 1:06.24 10 11 1:06.27 12 13 14 15 1:06.67 1:06.81 RAPIDDEC Ken Hamilton,16,IS JRNATFEB Brett Lever,16,NKB JRNATFEB Alex Boulanger,17,CAMO MBSKMAR Thomas South,16,CASC JRNATFEB Daniel Tracy,16,USC UTJAN21 Jonathan Cheng,17,SCAR JRNATFEB Alexy Jones,17,LUSC ONTAGMAR Jonathan Moga,16,ESWIM JRNATFEB Evan Jellie,16,ROW JRNATFEB Pomen Marquit, 15,NAC 1.06.88 16 17 1:06.97 1:07.02 1:07.04 1:07.15 1.07 18 1:07.36 1:07.40 23 1:07-43 JRNATFEB Roman Margulls,15,NYAC
24 1:07-44 POAAAFEB Mathieu Bilodeau,16,UL
25 1:07-46 JRNATFEB Keegan Harris,17,NKB
200 METRES BREASTSTROKE Morgan Knabe, UCSC, 98 EDMONNOV Matthew Huang, 15, PDSA EDMONNOV Chad Thomsen, 16, EKSC UTJAN21 Keith Beavers, 16, STARS Rec: 2:11.45 1 2:13.38 2:19.23

2:20.74 2:21.16 2:21.41 2:21.73 2:22.22 RAPIDDEC Ken Hamilton,16,IS PCSCDEC David Montpetit,17,PPO JRNATFEB Michael Brown,15,PERTH

JRNATFEB Alex Boulanger,17,CAMO JRNATFEB Scott Dickens,15,BRANT JRNATFEB Nathan Parker,15,MJKFF 2:22.36 JRNATFEB Chris Keung,17,SCAR JRNATFEB Aleksy Jones,17,LUSC KCSDEC Andrew Sweet,17,PGB 2:22.38 10 11 12 13 14 2:22.88 2:23.71 2:23.85 2:23.87 JRNATFEB Daniel Tracy,16,USC JRNATFEB Steven Medaglia,15,GO 2.24 03

JRNATFEB Francois Hudon,17,CNQ JRNATFEB Brian Verigin,16,PGB PQAAAFEB Dominic Pelletier,15,UL 15 16 17 18 2:24.26 2:24.35 2:24.81 POJAAFEB DOMINIC PERREIR, 15, DL ISCUPNOV Brian Johns, 17, RAPID JRNATFEB Stefan Dagenais, 17, EAST JRNATFEB Andy White, 17, WTSC JRNATFEB Bill Parker, 17, GMAC MBSKMAR Thomas South, 16, CASC 2:24.86 20 21 22 2:24.96

JRNATFEB Mike Yuzwa, 17, CASC 23 2.25 95 2:26.08 2:26.20 ONTSRNOV Chuck Sayao,17,MSSAC-TO MBSKMAR Robbie Anderson,17,ROD 24 25 100 METRES BUTTERFLY

MEIRES BUTTENET

53.77 Adam Sioui,TD,0

53.77 JRNATFEB Adam Sioui,17,TD

54.20 JRNATFEB Brian Johns,17,RAPID

56.40 JRNATFEB Benia Barville-A,17,MEGO

56.74 POAAAFEB Kevin Monaghan,17,CNU MBSKMAR Karim Abdulla,16,ROD MBSKMAR Borrey Kim,17,OSC 57.27

MBSKMAR Borrey Kim,17,0SC
PQAAAFEB Frederic Cayen,17,UL
RAPIDDEC Jesse Jacks,17,IS
RAPIDDEC Craig Gillis,16,CASC
ONTAGMAR Bradley Yanderkam,16,LAC
JRNATFEB B Bradley Yanderkam,16,LAC
JRNATFEB Marin Enault,17,CNB
JRNATFEB Jesen-S. Savard,17,CAMO
ONTAGMAR Andrew Bignell,16,SSMAC
PQAAAFEB Cedric Sureau-L_,16,PPO
JRNATFEB Daniel Emond,17,CNQ
PCSCDEC David Whang,16,ESWIM
PQAAAFEB Nicolas Guillote:16,CAMO 10 57.63 57.77 57.83 57.88 11 12 13 58.05 58.12 58.31 18 19 20 58 40 PQAAAFEB Nicolas Guillotte, 16, CAMO ONTSRNOV Andy White,17,WTSO JRNATFEB BIII Cocks,16,TRENT

RAPIDDEC Chris Barry,16,PDSA POAAAFEB Erik Gendreau-B.,17,CAMO ONTAGMAR lan MacLeod,16,USC 21 58.68 22 58.79 58.85 BEAVNDEC Daniel Petrus, 16, PDSA PQAAAFEB Sammy Najar, 16, LAVAL

200 METRES BUTTERFLY

 METRES BUTTERELY

 1:57.66
 Adam Sloul, TD, 99

 1:57.65
 RIONOV Adam Sloul, 17, TD

 2:03.70
 JBSKMAR Karim Abdulla, 16, ROD

 2:04.35
 EDMONNOV Brent O'Connor, 16, PDSA

 2:05.41
 JRNATFEB Bean-S. Savard, 17, CAMO

 2:06.61
 JRNATFEB Steven Medagila, 15, GO

 2:06.60
 ONTSRNOV Andy White, 17, WTSC

 2:06.60
 JBWATEFE Bitzery Bangon, 17, SAMAY
 JRNATFEB Thierry Bannon, 17, SAMAK JRNATFEB Mark Sy, 17, CREST 2.06.90 JRNATFEB Mark Syj 17, PREST PCSCDEC Francois Castonguay 17, PPO ONTAGMAR Bradley Vanderkam, 16, LAC ONTAGMAR Andrew Coupland, 16, GO JRNATFEB Alex Boulanger, 17, CAMO MANTADEC Ian MacLeod, 16, USC ONTSRNOV Andrew Hurd; 17, MSSAC-TO DRAMATER, ELECTRON, B. 21, CAMO 10 11 12 13 2:07.93 2:08.40 2:08.46 2:08.52 13 2:08.52 14 2:08.63 15 2:08.89 16 2:09.27 17 2:09.38 18 19 20

UNI SRNOV ANDEW HURI, I7, MSSAC-I L POAAAFEB Erik Gendreau-B.,17, CAMO JRNATFEB Jordan Chittley,17, NYAC MBSKMAR Borrey Kim, 17, OSC JRNATFEB Carig Gillis,16, CASC JRNATFEB Cameron Hyder,17, NCSA 2:09.61 2:09.63 2:10.37 2:10.38 ISCUPNOV Jesse Jacks 17 IS 2:10.56 2:10.65 ONTAGMAR Douglas McQueen,15,GO JRNATFEB Chris Kargl-Simard,15,PDSA JRNATFEB Lawrence Cohen,17,MANTA 2:10.75

ONTAGMAR Vlad Guerrero,16,SCAR

24

2:10.85

S IND.MEDLEY
Curtis Myden,UCSC,91
JRNATFEB Brian Johns,17,RAPID
UTJAN21 Keith Beavers,16,STARS
JRNATFEB Chuck Sayao,17,MSSAC-TO 2:01.60 2:05.32 2:05.54 2:06.17

PQAAAFEB Francois Castonguay,17,PPO JRNATFEB Adam Sioui,17,TD 2:06.25 JRNATEB Adam Sioui,17,10
JRNATEB Brian Verigin,16,PGB
JRNATFB Frederic Cayen,17,UL
BEAWNDEC Chad Thomsen,16,EKSC
JRNATFB Craig Gillis,16,CASC
JRNATFEB Steven Medaglia,15,GO
JRNATFEB Cameron Hyder,17,NCSA 2:06.43 2:06.54 2:06.65 2:06.69 2:07.12 2:07.55

JRNATFEB Cameron Hyder, 17, NCSA
PCSCDEC Andrew Coupland, 16, GO
EDMONNOV Matthew Huang, 15, PDSA
JRNATFEB Alex Boulanger, 17, CAMO
JRNATFEB Andrew McGilliway, 16, MANTA
JRNATFEB Kurtis MacGilliway, 16, BRANT
JRNATFEB Wartis MacGilliway, 16, BRANT
JRNATFEB Boeon Ackroyd, 16, SCAR
MANTADEC Richard Cormack, 17, GLEN
KCSDEC Andrew Sweet, 17, PGB
CNOOCT Stephen Presbon, 17, ULL
JRNATFEB Dominic Pelletier, 15, UL
ONTSRNOV Bob Phinos, 16, STARS 2.07.93 2:08.07 2.08.30 2:08.50 2:08.62

2:08.94 2:09.07 2.09.82 2:09.99 2:10.04

23 2:10.24 ONTSRNOV Bob Phipps,16,STARS 24 2:10.41 BTSCNOV Bill Cocks,15,TRENT 25 2:10.72 JRNATFEB Geoff Keyser,17,GLEN 400 METRES IND.MEDLEY

SIND.MEDLEY

Alex Baumann, LUSC, 81
ISCUPNOV Brian Johns, 17, RAPID
JRNATFEB Chuck Sayao, 17, MSSAC-TO
BRANTNOV Kelith Beavers, 16, STARS
JRNATFEB Kurlis MacGillivary, 16, BRANT
PCSCDEC Steven Medaglia, 15, GO
RAPIDDEC Ken Hamilton, 16, 15
JRNATFEB Alex Boulanger, 17, CAMO
JRNATFEB Fraceis Cayen, 17, UL
POAAAFEB Francis Castongiusy, 17, PPO
POAAAFEB Dominic Pelletier, 15, UL
JRNATFEB Cameron Hyder, 17, NCSA
RAPIDDEC Terry Nathan, 17, IS
ONTAGMAR Conrad Aach, 15, ESWIM
POAAAFEB Marc Prud'Homme, 17, CALAC
ONTSRNOV Andy White, 17, WTSC Rec: 4:12.67 4.21 92 4.24 92 4:25.99 4:29.44 4:30.56 4:31.14 4:31.61

4:32.02 10 4.33 39 4:33.83 4:35.36

4:35.80 4:36.47 4:36.77 4:37.35 4:37.37

POLAAFEB Marc Prud Homme, 17, CALAC
ONTSRNOV Andy White, 17, WTSC
JRNATFEB Karim Abdulla, 16, ROD
MANTADEC Richard Cormack, 17, GLEN
MANTADEC Eliloti MacDonald, 17, MANTA
KCSDEC Craig Gillis, 16, CASC
MBSKMAR Andrew McGillivray, 17, MANTA
KCSDEC Candrew Sweet, 17, PGB
ONTAGMAR Devon Ackroyd, 16, SCAR
ONTSRNOW, Brazilloy, Mandrean, 16, LAC 4:37.63 4:38.98

4:39.09 4:39.13 4.39 14

ONTSRNOV Bradley Vanderkam,16,LAC ONTAGMAR Ryan Smith,15,COBRA JRNATFEB Andrew Hurd,17,MSSAC-TO

11 12 13 1:52.53 1:53.88

ONTAGMAR North York AC,NYAC PCSCDEC Pointe Claire SC,PCS BRANTFEB Brantford AC,BRANT 1:53.90 1:54.33 1:54.33 1:54.38 PQAAAFEB Pisc.Olym Montreal,PPO PCSCDEC Oakville AC,OAK 1.54.59

GOLDOCT Saskatoon Goldfins,GOLD GOLDOCT Regina Opt.Dolphins,ROD BCAGMAR Points North SC,PN 1:54.88 1:54.98 BCAGMAR Hyack Swim Club,HYACK
CASCNOV Calgary Swimming, UCSC
PCSCDEC Glouc-Ottawa Kingfish,GO
CASCNOV Silver Tide SC,STSC
ONTAGMAR Newmarket SC,NEW
F DEI AY 1:55.08 1:55.31 1:55.45

4X50 M FREE RELAY

Markham AC,MAC,92 ONTSRNOV Scarborough SC,SCAR ONTSRNOV Scarborough SC, SCAR
ONTAGMAR Elobicoke Swimming, ESWIM
KCSDEC Prince George BSC, PCB
MANTADEC Uxbridge SC, USC
POAAAFEB Pisc. Olym Montreal, PPO
PCSCDEC Montreal Aqualique, CAMO
ONTAGMAR Nepean Kanata, NKB
PCAAAFEB Univ. Laval Rouge & Or, UIL
CASCNOV Calgary Swimming, UCSC
ONTAGMAR North York AC, NYAC
PCSCDEC Pointe Claire SC, PCSC 1:37.40 1:39.02 1:39.14

1:39.48 1.40 97 1:41.52 1:41.65 1:41.71 PCSCDEC Pointe Claire SC,PCSC BCAGMAR Pacific Dolphins,PDSA KCSDEC Nose Creek SA,NCSA 11 12 13 1:42.13

1:42.15 1:42.25 1:42.29 GOLDOCT Edmonton Keyano, EKSC KCSDEC Cascade Swim Club, CASC BCAGMAR Points North SC, PN ABAGFEB Silver Tide SC,STSC ABAGFEB Glencee Gators, GLEN ONTAGMAR Cobra Swim Club, COBRA PCSCDEC Glouc-Ottawa Kingfish, GO PQAAAFEB CN Boucherville, CNB 1:42.34 1:42.42 1:42.76 1.42 86

1:42.98 1:43.02 BRANTFEB Brantford AC,BRANT ONTAGMAR London AC,LAC 24 1:43.10 PCSCDEC Oakville AC.OAK PQAAAFEB CN Outaouais, CNO

TAKING THE NEXT STEP

BE TOMORROW'S SWIMMER TODAY

Wayne Goldsmith

At every stage of their swimming development, swimmers come to hurdles or obstacles. These hurdles and obstacles become goals to overcome and targets for swimmers to achieve.

For example, an obstacle that swimmers may face early in their career could be the challenge to swim fast enough to qualify to swim at their local, club, or regional championships. Once that has been achieved, the next goal might be to qualify for Metropolitan Championships or Regional Championships (for regional swimmers). The next target might be State or Provincial Championships, then Nationals. Finally, their ultimate goal might be to swim internationally.

This ongoing process of setting, achieving, and then resetting goals is fundamental to success in most areas of life. At each step along the way, hurdles and obstacles need to be overcome by training and racing smarter, more frequently, faster, with better skills, and with more commitment than ever before.

To make the breakthroughs and achieve the important goals (and to take the next step at each level), swimmers need to think and train like swimmers who are already at the next level.

In other words, to be successful at the next level, swimmers must act as if they are already there!

Look at a practical example: The six factors essential to swimming success are:

- Swim with excellent technique
- Swim with excellent skills
- Swim with fast strokes
- Swim with long strokes
- Do all the above when tired
- Do all the above when under pressure

These six factors can be used to progress training sets and training routines as swimmers aim for higher and higher goals.

A training set like 16 x 25 butterfly might be completed on a one-minute cycle by a young swimmer training for his or her local competition. The importance would be placed on the stroke technique and skills elements, rather than speed, at this early stage. However, we know that as the swimmer develops and aims for higher, more challenging, and more difficult goals, three things are crucial to good butterfly at senior levels:

- Swim great technique with maximum speed
- Swim great technique with minimum breaths
- Swim great technique with minimum stroke

When training for the next step (such as Metropolitan or Country/Regional), it could be expected that the swimmer would complete the 16×25 flyset with less rest and perhaps at a faster speed.

Targeting the next step (such as State or Provinial Age Championships), the swimmer would aim to maintain good speed with less rest and with a minimum breath count (perhaps breathing every three or four strokes).

At the next step (such as National Age Championships), the swimmer would aim to hold good speed, with limited rest, with the minimum number of breaths, and hold a stroke count of 8-10 strokes per 25.

Training sets need to progress in terms of faster speeds, shorter rest (or longer rest), breathing control, skill level, and stroke efficiency as the swimmer progresses to the next level of excellence and takes the next step in their competitive career.

A key part of progressing to the next step is to think like a swimmer who is already there! This is a difficult concept to understand because it requires you to "know" what you "don't know."

This change in mindset and change to approach applies particularly to training. It comes with a change in the swimmer's level of commitment to the program. It comes with a change in attitude to workouts. It comes with a change in the effort put into doing the little things right in training. It comes with a change in attention to detail with starts, turns, dives, and finishes. It comes with a change in time management and a better approach to time prioritizing—school, swimming, and life.

To get to the next level, you must think like you are already there. To compete like a State Level Swimmer, Regional Level swimmers need to train like a State Level swimmer, warm up like a State Level swimmer, eat and rest like a State Level Swimmer, and so on.

This is where your coach can be the greatest help. It has been said that a coach's main job is to convince the unwilling to do the unwanted to achieve the unknown.

Your coach knows what is expected and what is needed to be successful at the next level. Your training program is designed to help you break through barriers and obstacles and to help you understand what it is like to be a "next level" swimmer. The little challenges that your coach sets before you at training are designed to help you take the next step by demanding more of you than ever before and in the process teaching you to expect more of yourself than you ever thought possible.

The "I can—I will—I did" philosophy is an important part of taking any step forward. Believing you can leads to the confidence to say "I will," which is only a short step away from "I did." Confidence is the key element in all successful sporting achievements. Achieving success at each step along the way gives you the confidence and self belief to take the next step.

In many ways you are already "there" (at the next level) before you actually get the opportunity to prove it at a meet. The swim meet just confirms what you and your coach already know—that you have, by your thoughts and actions, taken the next step.

"The significant problems we face cannot be solved by the same level of thinking that created them." (Einstein).

TARA SLOAN 1979-2000

Nikki Dryden

"This is a time to cherish.

It's a time to come together in celebration and gratitude.

A time to hear the tender and humorous stories. A time to revel in a thousand beautiful moments. A time to capture once more the vision of her smile. A time to embrace the best of her.

And to memorialize for all time, the gifts of Tara's precious life."

On March 18, one week after her death, family, friends, and teammates gathered in Calgary to celebrate the life of Tara Leigh Sloan. Although seeing her beautiful smile and hearing warm memories of Tara was the hardest thing I have ever done, it was such a wonderful celebration that I did not want it to end. I did not want to have to come home and write this, I wanted her here with us. But what the celebration of Tara's life did was remind everyone that she will always be here with us, for her spirit lives on in all whose lives she touched.

Looking around the room, Tara's father said to me, "We are so lucky, just look at all the wonderful people she brought into our lives." Tara brought me into their lives. I remember worrying just a little about moving to Calgary, and I recall a friend saying to me, "Oh you will love it there. Do you know Tara? She is such a cool girl; not just a swimmer. She plays guitar and writes poetry. I think you will really like her." I feel so lucky that I moved to Calgary when I did.

Just months ago I wrote an article about Penny Heyns and our team's amazing breaststroking clan. Tara was a member of our order of breaststrokers. She was also a member of that elite group of swimmers I so lovingly refer to as black line hogs! Although I just began swimming with Tara in September, the swimming community has known her for years. Tara burst onto the national scene as a fiery 16-year-old with her first of five national titles. That first win was in the 100 breast at the 1996 winter Nationals; she went on to win two more short-course titles in the 100 and 200 breast and two long-course titles in the same events. Tara still holds the Canadian record in the 100 breast (SC) with a time of 1:07.96.

Tara represented Canada internationally for the past four years. She raced most recently at the Pan American Games in Winnipeg, placing 8th and 9th in the 200 and 100 breasts. She competed at both the 1998

World Championships, placing 14th in the 100 breast, and the 1997 World Short Course Championships with 8th and 11th place finishes. Perhaps her best swimming came at the 1997 Pan Pacific Championships. There she placed 4th in the 100 breast in her first major international competition.

Tara tempered her love of swimming and her love of travel by racing on the World Cup circuit in 1997 and 1998. She came away with 17 medals and a realization of her love of Europe. It was after her first year on the circuit she decided to spend the summer living in



Marco Chiesa

Prague in the Czech Republic.

Medals and times only go so far in describing a swimmer. More accurately, Tara's career can best be defined by her tenacity of spirit and dedication to hard work. It is easy to train and compete when you are swimming fast and feeling healthy, but a true champion is able to toil during the moments in our careers when life is not perfect. Tara exemplified the real spirit of swimming by never giving up the fight.

Although most swimmers dream of having a career as successful as Tara's, surprisingly it is not her swimming for which she will be remembered best. For those who were privileged to know Tara, it was her passion for living that was so special. Never content to be labeled an athlete, Tara was always exploring new dimensions of her creative abilities. Artist, writer, singer, and musician, Tara never ceased to amaze us.

Tara's swimming accomplishments speak for themselves, but it was her person that was referred to again and again during the celebration of her life. One story that was shared by her friend and teammate Allison Zwarich was of a trip to the West Coast Trail. "Tara sat with her back against a log gazing out over the Pacific, when a pod of killer whales decided to swim by. The sun was rising behind her and she casually leaned back, placed her hands behind her head and said, "Life doesn't get much better than this."

Then there were the stories of her younger years, always cooking up schemes for herself and her younger brother Tyler. It was as she matured that her wild imagination was shaped into a beautiful and thoughtful mind. Tara's coach, Mike Blondal, told of her smile that came with her sense of accomplishment, while Hap Davis, our sports psychologist, listed all the many gifts Tara inadvertently gave to him through their friendship.

The next description was written by Tara's parents as part of her obituary for the *Calgary Herald*. As my words can never capture Tara's beauty as well as her family has done, I have reprinted the following:

"From the time she was very young, Tara was independent and unique...a free spirit with a zest for life, marching to her own tune. Her giving nature allowed people to feel comfortable and accepted in her presence. Although her accomplishments were many she remained modest about her successes. Tara's love of music, drawing, and composing allowed her to express profound feelings about life and love. Her creativity extended into cooking, pottery, and decorating. Tara loved all things that enabled her to connect with nature. She was an eager learner, who strove to better herself through a broad education."

I last spoke with Tara in the locker room at the pool. She was smiling and asking me questions about my impending trip to New York City. She spoke of her desire to go there one day, and I said to her I knew she would love it there. New York is so full of life and energy, I said. Tara would have fit in very well there.

If friends so desire, memorial tributes may be made directly to the Tara Sloan Memorial Fund, set up to continue Tara's legacy by providing help and support to young aspiring athletes, as well as contributions to other charities such as the Foothills ICU Foundation and S.T.A.R.S. (Shock Trauma Air Rescue Society).

You may make contributions in person at any Royal Bank or Royal Trust in Calgary, by telephone at (403) 299-5005 or (403) 503-6110 or by mail to the

Tara Sloan Memorial Fund, Royal Bank, 755 Lake Bonavista Dr. SE, Calgary, AB, T2G ON3, Canada.

SWIMNEWS / MARCH 2000 29

MAKING WAVES.



Braden O'Neill, 12 Club: Olympian Swim Club Coach: Kevin Dennis & Kelly Steeves Specialty: Freestyle, back, fly and I.M. 3rd ranked in SCM00 TAG for 200-400 free 100 back and 200 I.M.

100 back and 200 i.ivi.		
Best Times	SCM99	SCM00
200 freestyle	2:17.76	2:08.17
400 freestyle	4:50.14	4:34.17
100 backstroke	1:10.04	1:07.12
200 ind.medley	2:34.46	2:25.13



 Etienne Lavallee, 12

 Club: EXCEL
 Coach: Martin Cleroult

 Specialty: Fly, back, I.M.
 1st ranked SCM00 TAG in the 100 fly and 5th for 200 back, 200-400 IM, 50 free

 Best Times
 SCM99
 SCM00

 200 backstroke
 2:38.80
 2:25.44

 100 butterfly
 1:14.52
 1:06.60

5:40.87

200 ind.medley

400 ind.medley



Deanna Stefanyshyn Club: Pacific Dolphin Swim Association Coach: Tom Johnson Specialty: Freestyle and I.M. 3rd ranked in SCM00 TAG for 200 free, 4th for 400-800 freestyle Best Times SCM99 SCM00 200 freestyle 2:03.47 2:03.17 400 freestyle 4:24.00 4:18.87 800 freestyle 9:00.41 8:56.61

2:25.96

2:20.88



Carleen Ready, 12
Club: Lethbridge Swim Club
Coach: Brad Vanderstelt
Specialty: Butterfly and I.M.
1st ranked in SCM00 TAG for 100 fly, 3rd for 200 fly, 5th for 400 I.M.

Best Times SCM99 SCM

,		
Best Times	SCM99	SCM00
100 butterfly	1:15.79	1:06.63
200 butterfly		2:28.57
200 ind.medley	2:39.82	2:31.24
400 ind.medley	5:40.82	5:15.99



Alexandra Lys, 14
Club: Calgary Swimming
Coach: Bill Humby
Specialty: Freestyle
1st ranked for SCM00 TAG in the 50-100-200
freestyle, 4th for 100 breast and 400 I.M.

Best Times SCM99 SCM00
50 freestyle 26.89 26.67
100 freestyle 57.14 56.89

2:04.49

1:15.57

2:03.76

1:14.36

5:00.38

200 freestyle

100 breaststroke

400 ind.medley

It's Fast, Easy & FREE

2:27.26

5:15.38

Web based e-mail for the entire swimming community

200 ind.medley

What is SwimMail?

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This means while you are at school, at work, at the local public library, or while traveling to swim meets, you'll be able to check your e-mail! SwimMail gives you one central place to store and read all your messages. Your account will have the same messages in it no matter where you check it. And, since your e-mail address looks like:

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You can move or travel without having to inform your friends of your new e-mail address. Your SwimMail account will stay the same no matter where you go.

So don't delay. Go to www.SwimMail.com and sign up today!



Club: Lethbridge Swim Club Coach: Dave Vanderstelt Specialty: Freestyle, backstroke 5th ranked for SCM00 TAG in the 400-1500 free. 9th for 200 backstroke Best Times LCM99 SCM00 200 freestyle 2:25.20 2:12.60 400 freestyle 5:00.71 4:38.95 1500 freestyle 18:37.46

2:41.58

2:27.84 5:25.63

200 backstroke

400 ind.medley

SwimMail.com