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***WORLD CUP WINNER
MORGAN KNABE***



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Megan Quann

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Martin,

I wanted to write you to thank you very much for the wonderful camp Jenn attended. She had been looking forward to this camp for a very long time. It met and exceeded her expectations. She feels the camp and the people were awesome and she had a blast! She gained a lot of confidence and independence from the experience. The extra effort getting her there with your team was generous, thanks again.

- dbrown@tru.eastlink.ca

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CALENDAR

CANADIAN

February

- 16-18 Malar Invitational, Hamilton
Quebec A Champs,
Thetford Mines, Brossard, Beaconsfield
- 16-18 BC Age Groups, Prince George
- 23-25 CIAU Championships, Guelph
- 23-25 Youth & Junior Nationals
East - Saint John, NB
West - Saskatoon, SK
- 23-25 Quebec AA Champs, Montreal

March

- 1-4 Man/Sask Championships, Winnipeg
- 2-4 Ontario Age Groups, Nepean
Quebec Championships, Trois-Rivieres
- 13-17 Spring Nationals (50 m) Edmonton
- 23-25 Davis Invitational, Guelph

April

- 7 Etobicoke Pentathlon
- 6-8 Ajax Sprints, Toronto
- 20-22 Ontario Team Championships
- 20-22 Island Invitational, Victoria
- 20-22 Canadian Dolphin 16 & under, Vancouver
- 27-28 Quebec Team Championships
- 28-29 West Coast Open, Richmond

May

- 19-21 Hyack Invitational, New Westminster
- 25-27 Pacific Dolphins International, Vancouver
Thunder Bay Invitational
TOP Cup, Etobicoke

June

- 1-3 Ontario Canada Games Trials, London
- 7-10 AGI Invitational, Etobicoke
- 15-17 Island Invitational, Victoria
- 22-24 BC Championships, Surrey
- 22-24 McCormick Invitational, Hamilton
- 28-1 Man/Sask Championships, Regina
- 29-1 Coupe du Quebec, Montreal

UNITED STATES

March

- 15-17 Women's NCAA, Long Island, NY
- 22-24 Men's NCAA, College Station, TX
- 27-1 World Champs Trials (50 m), Austin, TX

April

- 2 5K Open Water selection, TBD, Texas

May

- 19-20 Cadillac Series 1, Ann Arbor, Michigan
- 21 25K Open Water selection, Clemson, SC

INTERNATIONAL

March

- 10-11 Australian Open Water, Brisbane
- 23-25 British GP, Glasgow
- 24-31 Australian Championships, Hobart
(World Championships Trials)

April

- 10-15 British Championships, Manchester
(World Championships Trials)
- 19-23 Australian Age Groups, Melbourne
- 27-29 British GP, Bath

May

- 19-27 East Asia Games, Osaka

June

- 1-3 British GP Final, Manchester
- 1-3 Mare Nostrum, Barcelona, ESP
- 5-7 Mare Nostrum, Canet, FRA
- 9-10 Mare Nostrum, Rome, ITA
- 12-13 Mare Nostrum, Monte Carlo, MON

July

- 5-8 European Juniors, Malta
- 19-22 English Championships
- 17-29 FINA World Championships, Fukuoka, JPN**

RECORD SETTERS

Short Course pending FINA ratification

WORLD

• Men's 50 free:

- 21.13 Mark Foster, GBR, Paris, Jan 28
Betters old record of 21.21 Anthony Erving, USA, 2000

• Men's 200 backstroke:

- 1:51.62 Matthew Welsh, AUS, Melbourne, Oct 13, 2000.

- 1:51.62 Gordan Kozulj, CRO, Berlin, Jan 21

- Betters 1:52.43 Lenny Krayzelburg, USA, 2000.

• Men's 50 fly:

- 22.87 Mark Foster, GBR, Sheffield, Jan 17

- Betters 23.19 Lars Frolander, SWE, 2000

• Men's 200 butterfly:

- 1:51.58 Franck Esposito, FRA, Antibes, Jan 14, 2001.

- Betters old record of 1:51.76 James Hickman, GBR, 1998.

• Women's 200 breaststroke:

- 2:19.25 Hui Qi, CHN, Paris, Jan 28

- Betters old record of 2:20.22 Masami Tanaka, JPN, 1999

• Women's 50 butterfly:

- 25.60 Anna K. Kammerling, SWE, Valencia, Dec 15, 2000

- 25.36 Anna K. Kammerling, SWE, Stockholm, Jan 25

- Betters 25.64 Anna K. Kammerling, SWE, 1999.

CANADIAN

• Men's 100 breaststroke:

- 59.92 Morgan Knabe, UCSA, Sheffield, Jan 18

- 59.68 Morgan Knabe, UCSA, Berlin, Jan 21

- 59.61 Morgan Knabe, UCSA, Paris, Jan 28

- Betters old record of 59.93 Morgan Knabe, March 1999

• Women's 50 free:

- 25.14 Nadine Rolland, CAMO, College Park, MD, Nov. 15

- Betters old record of 25.25 Shannon Skaespeare, MM

• Women's 100 breast:

- 1:07.74 Rhiannon Leier, MANTA, Sheffield, Jan 17

- Betters old record of 1:07.96 Tara Sloan, UCSC, 1997

• Women's 50 butterfly:

- 27.00 Nadine Rolland, CAMO, Paris, Jan 28

• Women's 4x50 medley relay:

- 1:54.20 CAMO, Pointe Claire, Dec 10

- Betters own record of 1:55.25 from 1999

ABOUT THIS ISSUE

We're back. Our first 2001 issue was delayed due to travel to competitions by the editor.

We had a great deal of feedback on our Olympic issue and most of it is aired in Backwash on pages 13-15. We always like to get feedback, especially from subscribers.

We cover most competitions on our website and only for major events do we provide a summary of what happened in the print magazine, with analysis and the final results. There is so much activity that sometimes it's difficult to follow it all.

The biggest effort in this issue was covering the World Cup. I travelled to four of the 10 competitions and Berlin was the best of the Cups I've experienced in over a decade—with fast swimming, great organization, and a fantastic venue (a legacy of an unsuccessful Olympic bid). Swimmer support of the 10 competitions was uneven, so a re-evaluation is underway on how to proceed for the future.

TAG times include all meets received to early February. We include a 10 & under best times list to motivate those just starting out.

Coming soon in a future issue will be a tribute to Howard Firby, the great Canadian coach who died 10 years ago.

FOUR WORLD, 12 WORLD CUP RECORDS MORAVCOVA WINS 27 EVENTS IN FOUR STROKES

WORLD CUP 1 RIO DE JANEIRO—Host Brazil had their best swimmers in attendance and nine South American records were bettered in four sessions over three days. The extra day was needed as finals were held during the morning to allow for live television coverage on Rede Globo, the biggest broadcaster in the country. The audience for swimming is high as it's one of the most popular sports, just after football and volleyball.

Prize money was awarded to the top three in each event as follows: US \$1,000 for first, \$300 for second, and \$150 for third. There were also awards for the top-performing male and female based on a single event.

Rating Summary WC 1

- 1) 976 1:54.85 200 back M Gordan Kozulj, 76, CRO
- 2) 973 1:55.09 200 back M Rogerio Romero, 69, BRA
- 3) 966 2:12.59 200 IM W Cristina Teuscher, 78, USA

WORLD CUP 2 COLLEGE PARK—Olympic medallists Ed Moses (USA) and Martina Moravcova (SVK) were top performers. Moses won the 100 breast in 1:00.06, after winning the 50 and 200 breast on the first night. Moses' three gold medals earned him a share of the High Point Trophy for the meet, tying with Jirka Letzin of Germany, winner of the 100-200-400 IM.

"I came in wanting to use this meet as a stepping stone for the season like I did last year," Moses said. "I wanted to feel the water and get back in the competitive spirit. This was a good meet to start off the season. If you want to have a great spring season, you have to put in the work now. I planned all last summer for the Olympics. Now I have to put that behind me and get ready for the next season. I'm looking ahead to the spring. I want to have a great Spring Nationals and put myself in a position to win four gold medals at the World Championships next summer."

Moravcova won six events over two days, and the Women's High Point Award. She'll also take home \$3600 in prize money.

Amy Balcerzak (USA) bettered the American record in the 50 breast.

Rating Summary WC 2

- 1) 994 1:56.14 200 free W Martina Moravcova, 76, SVK
- 2) 986 1:56.79 200 free W Yu Yang, 85, CHN
- 3) 981 31.19 50 breast M Amy Balcerzak, 78, USA

WORLD CUP 3 EDMONTON—After two days of competition, Martina Moravcova (SVK) and Ed Moses (USA) were again the undisputed stars.



Canadian 50 free record for Nadine Rolland Marco Chiesa

Moses posted the fastest men's time on the first day in the 50 breaststroke (27.49) but improved on that with his win in the 100 breaststroke on the second day with 59.60, worth 981 points. This gave him the top male performance over two days and the keys to a shiny black Acura.

Moravcova put on a virtuoso display over two days, winning six events. Her best performance was the 200 free in 1:56.39, worth 991 points. Her winning time in the 100 IM of 1:00.67 was the second-best performance, worth 989 points.

Moravcova picked the silver Acura as her reward for all the fine swimming. "It's my colour," Martina said. "I won two silvers at the Olympics." Moses was happy with an all-black car.

One Canadian record fell when the top two female swimmers at the competition matched up in a thrilling and very closely fought 100 IM. Moravcova had the edge after fly and back, with Marianne Limpert (CAN) taking a small lead after breaststroke, only to have Moravcova touch her out 1:00.67 to 1:00.93.

Spectator interest was solid with over 2,100 in attendance for the two finals sessions.

Just over 200 swimmers from 12 countries participated, in addition to Canada's 31 national team members, 20 national junior team (18 and younger) members, and more than 100 club swimmers from across the country.

The future of this competition is up in the air. The cost of staging this competition is escalating



Top swimmers in Edmonton WC 3 earned automobiles for Ed Moses (USA) and Martina Moravcova (SVK)



200 breast world record for Hui Qi (CHN)

every year (more than Cdn \$350,000 this year), but Edmonton wants to be a player and is looking for the magic formula to continue with this much-needed Canadian stop on the World Cup circuit.

Rating Summary WC 3

- | | | | |
|--------|---------|--------------|--------------------------|
| 1) 991 | 1:56.39 | 200 free W | Martina Moravcova,76,SVK |
| 2) 983 | 1:00.93 | 100 IM W | Marianne Limpert,72,CAN |
| 3) 981 | 59.60 | 100 breast M | Ed Moses,80,USA |

WORLD CUP 4 SHANGHAI—Chinese teenager Hui Qi highlighted the meet with a stunning performance in the 200 metres breaststroke, winning in a new World Cup record of 2:21.82. She was third in the 100 breast on the first day (1:07.57). Xuejuan Luo (CHN) won the 100 breast in 1:06.62, just 4/100ths of a second off the national record.

Martina Moravcova (SVK), with five firsts (100-200 free, 50-100 fly, 100 IM) and Davide Cassol (ITA), with three firsts (50-100 breast, 200 IM) won the most individual events.

Over 100 foreign swimmers from 16 countries took part and finals were televised live nationwide.

Rating Summary WC 4

- | | | | |
|---------|---------|--------------|--------------------------|
| 1) 1003 | 2:21.82 | 200 breast W | Hui Qi,85,CHN |
| 2) 994 | 30.91 | 50 breast W | Xuejuan Luo,84,CHN |
| 3) 983 | 1:56.99 | 200 free W | Martina Moravcova,76,SVK |

WORLD CUP 5 MELBOURNE—Xuejuan Luo (CHN) had the swim of the meet with a World Cup record time of 1:06.18 for the 100 breaststroke. She also won the 50 breast (31.11) and the 200 breast (2:23.51).

Giann Rooney (AUS) also won three events: 50 back (28.20), 100 back (1:00.58), and the 200 free (1:57.91).

Matt Welsh (AUS) swept all three backstrokes with times of 24.17, 51.89, and 1:54.76, the most wins by a male.

Grant Hackett (AUS), in his only World Cup appearance, won the 200 free (1:44.78) and the 400 free (3:42.49).

Swimmers from 13 countries competed in this three-day competition.

Rating Summary WC 5

- | | | | |
|---------|---------|--------------|---------------------|
| 1) 1000 | 1:06.18 | 100 breast W | Xuejuan Luo,84,CHN |
| 2) 995 | 23.32 | 50 fly M | Michael Klim,77,AUS |
| 3) 994 | 51.89 | 100 back M | Matt Welsh,76,AUS |

WORLD CUP 6 IMPERIA—Gordan Kozulj (CRO) had the top performance of the meet in the 200 backstroke (994 points for his 1:53.40). He also won the 100 back (52.91).

Martina Moravcova (SVK) was held to two wins, in the 200 free (1:57.80) and the 100 IM (1:01.38), as Johanna Sjoberg (SWE), with four wins (50-100 free, 50-100 fly), took the limelight.

In his only swim of the meet, Massimiliano Rosolino (ITA) missed bettering the national record in the 800 free. He did go 7:45.39, his best for the season. He then slowed down and Christian Minotti (ITA) won the 1500 in 14:40.17, the fastest World Cup winning time this season.

The Italian national channel (RAI) broadcast live each day's final and 1,500 spectators were in attendance for the finals.

Rating Summary WC 6

- | | | | |
|--------|---------|--------------|---------------------------|
| 1) 994 | 1:53.40 | 200 back M | Gordan Kozulj,76,CRO |
| 2) 993 | 2:08.27 | 200 breast M | Dimitri Komornikov,81,RUS |
| 3) 991 | 21.52 | 50 free M | Mark Foster,70,GBR |

WORLD CUP 7 SHEFFIELD—Mark Foster (GBR) bettered the world record in the 50 fly. It was worth US \$32,000 (\$4,000 bonus for the world record, \$8,500 for the top men's performance, and \$20,000 to be shared by world-record setters at the meet).

Two Sydney gold medallists lost in their main events. Brooke Bennett (USA) lost the 800 free with 8:29.71 to Rebecca Cooke (GBR) 8:24.01, who just missed the British record. Megan Quann (USA) was third in the 100 breast in 1:07.60 behind Brooke Hanson (AUS) in 1:07.32 and Emma Igelstrom (SWE) in 1:07.57.

Martina Moravcova (SVK) won the 50-200 free, 50 back, and 100 IM. Her prelim time in the 100 IM of 1:00.34 was the top women's performance, worth \$8,500.

Rating Summary WC 7

- | | | | |
|---------|---------|------------|----------------------|
| 1) 1023 | 22.87 | 50 fly M | Mark Foster,70,GBR |
| 2) 1004 | 1:52.65 | 200 back M | Gordan Kozulj,76,CRO |
| 3) 1000 | 21.39 | 50 free M | Jason Lezak,75,USA |

WORLD CUP 8 BERLIN—After two days, the impressive tally of records was one tied World, four European, and three World Cup bests for the fastest competition of the current World Cup series.

In the previous seven World Cups, there were only three performances rated at 1000 points or better.



European record for Sylvia Gerasch (GER)

There were six here and the top performance, Gordan Kozulj (CRO) in the men's 200 backstroke (1:51.62), was worth 1017 points and equalled the pending world record.

"I was quite interested in the car," Kozulj said. "Since I set the European record in the 100 yesterday, I thought today everything is possible. I had my sights set on a new European 200 mark and now I equalled the world."

Being the top performer, Kozulj claimed DM10,000 for his world record (200 back) and an additional DM10,000 for being the top men's performer and DM4,000 for his European record (100 back). The Rover Sport has a value of DM50,000. Not bad for a weekend of fast swimming.

In a day of superlatives, Mark Foster (GBR) was after the record in the 50 free and, but for the turn, he would have done it. His 21.24 was a new European and World Cup mark.

"After Sheffield (where he broke the 50 fly world record) I was quite sure of being able to set a new



Two cars for Gordan Kozulj (CRO)



Three Canadian records for Morgan Knabe (CAN) in winning seven events

record in the 50 free," Foster said. "I'm sure my turn didn't help and the 3/100ths was lost there. My time today was my best ever (21.31 previous best). I don't know if I'll try again in Stockholm or Paris."

In the lead for the top performance for all but the last five minutes, Martina Moravcova (SVK) gave a good account of herself. She won the 100 fly in a European record time of 57.16 on the first day. She tied for first in the 100 back (1:00.53) and won the 100 IM (1:00.92) on the second day. She settled for top women's performer worth DM10,000 and added another DM4,000 for the European record. In six World Cups that she competed in, she won 27 events in free, back, fly, and IM. She won 8 FINA prize categories for a total of US\$32,000. She was the top performer at two



World record for Anna-Karin Kammerling (SWE)

of the six competitions, winning a car at the Edmonton World Cup in November.

Michael Fischer (GER) won the 100 breaststroke in 59.46, a new German record, over Arseni Malyarov (RUS) 59.53 and Morgan Knabe (CAN) 59.68.

Morgan Knabe competed in every World Cup and after eight competitions had won five firsts in the 50-100 breast and was leading in the FINA categories for those events.

The small French team of five included Solenne Fignes, who won the 400 free in a national record of 4:06.26, having done her personal best in qualifying in 4:11.48.

"I don't even like this event," Fignes said. "I still can't get used to the idea that I'm so improved. I have always thought of the 200 free as my favourite," (she placed second in 1:58.11). Teammate Guy-Noel

Schmitt was second in the 1500 free (14:55.00) but also set a national record in the 400 free (3:45.75) and tied for second.

Rating Summary WC 8

1) 1017 1:51.62	200 back M	Gordan Kozulj,76,CRO
2) 1013 57.16	100 fly W	Martina Moravcova,76,SVK
3) 1010 21.24	50 free M	Mark Foster,70,GBR
4) 1001 1:53.35	200 fly M	Thomas Rupprath,77,GER
1001 51.31	100 fly M	Michael Klim,77,AUS
6) 1000 2:06.70	200 back W	Clementine Stoney,82,AUS

WORLD CUP 9 STOCKHOLM—It came down to the final two events. Gordan Kozulj (CRO) knew he would have to be around 1:52 for the 200 back to beat Tom Malchow's (USA) 200 fly time of 1:52.97 from the previous day, worth 1006 points. Kozulj swam hard enough to win with a 1:52.16, worth 1010 points to give him the top men's performance and the keys to the Chrysler PT Cruiser.

It was the second car in four days for Kozulj, who was the top performer in Berlin's World Cup four days before. Maybe he'll go into the taxi business back home. The University of California (Berkeley) graduate is making up for missing out on the medals at the Olympics (he was 8th in the final of the 200 backstroke). He tied the world record the previous week and has become a top short-course backstroker.

Kozulj won 10 events in the 100-200 backstroke throughout the World Cup series, competing in five competitions on three continents, with the last one in Paris still to come.

In the final event of the two-day competition, Anna-Karin Kammerling (SWE) rose to the challenge, and then some, as she shattered her own pending world record of 25.60 in the 50 butterfly with a 25.39. It was worth 1037 points and gave her the keys to the car that had looked to be safely in the

hands of Hui Qi 's (CHN).

Qi had set a World Cup record in the 200 breaststroke with 2:20.28, just 6/100ths off the world mark. It was worth 1018 points and seemed more than enough to be the top women's performance.

For 31-year-old Sylvia Gerasch (GER), the Euro-



Stockholm's Eriksdalsbadet, the biggest indoor complex in Sweden

pean record was the icing on a perfect World Cup series. She won the 50-100 breast at World Cup 3 in Edmonton. She bettered the German record in the 50 breast the previous week in Sheffield and added personal bests in Stockholm for the 50 breast in 30.04 (European record) and the 100 breast in 1:07.57.

This World Cup missed Olympic champion Lars Frolander (SWE), but this did not take much away from those that did swim. The technical results were terrific, with six swims over the 1000-points level and the fastest single performance, worth 1037 points, for Kammerling's 50 fly world record in all of the World Cups so far this season.

Rating Summary WC9

1) 1037 25.36	50 fly W	Anna-K. Kammerling,80,SWE
2) 1018 2:20.28	200 breast W	Hui Qi,85,CHN
3) 1010 1:52.16	200 back M	Gordan Kozulj,76,CRO
4) 1006 1:52.97	200 fly M	Tom Malchow,76,USA
5) 1004 24.39	50 free W	Therese Alshammar,77,SWE
6) 1003 23.19	50 fly M	Mark Foster,70,GBR

WORLD CUP 10 PARIS—Two world and nine French records brought the World Cup series to end.

Mark Foster (GBR) added the 50 free (21.13) world record to his 50 fly record from 10 days earlier. Hui Qi (CHN) bettered the women's 200 breaststroke world record with 2:19.25.

Five of the nine French records were established by Solenne Fignes in the 100 free (54.78), 200 free (1:57.10), and 100 IM (1:03.41), and by Roxanna Maracineau in the 50 back (28.76) and 100 back (1:00.50).

A total of 224 swimmers from 31 countries took part.

Rating Summary WC 10

1) 1029 2:19.25	200 breast W	Hui Qi,85,CHN
2) 1017 21.13	50 free M	Mark Foster,70,GBR
3) 1007 51.08	100 fly M	Michael Klim,77,AUS
4) 1001 1:53.32	200 fly M	Tom Malchow,76,USA

BACKWASH

Backwash features short clips, gossip, letters, and opinions. Contributions are welcome at our e-mail: swimnews@inforamp.net. Now for the rumours behind the news.

Happily retired: Joanne Malar, one of the stars of Canadian swimming and a member of the National Team for over 10 years, has announced her retirement. She made the announcement from the sport from the same place it began, the Jimmy Thompson Pool in Hamilton. She will now become a coach with the Hamilton-Wentworth Aquatic Club, the same club where she began swimming at age three.

Malar, 25, first made the National Team in 1990 as a 14-year-old and has been a key member ever since.

The three-time Olympian retires with 29 National Championship titles and major international long course accomplishments:

- 2000 Olympics 5th 200 IM 2:13.70, 7th 400 IM 4:45.17
- 99 Pan Pacs 1st 200 IM 2:13.63, 1st 400 IM 4:40.43
- 99 Pan Ams 1st 200 IM 2:14.18, 1st 400 IM 4:38.46
- 98 Cwlths 2nd 200 IM 2:15.28, 1st 400 IM 4:43.72
- 98 Worlds 12th 200 IM 2:17.65, 7th 400 IM 4:46.91
- 97 Pan Pacs 3rd 200 IM 2:16.17, 3rd 400 IM 4:44.17
- 96 Olympics 4th 200 IM 2:15.30, 9th 400 IM 4:46.34
- 95 Pan Pacs 2nd 200 IM 2:15.45, 4th 400 IM 4:46.50
- 95 Pan Ams 1st 200 IM 2:15.66, 1st 400 IM 4:43.64
- 94 Worlds 4th 400 IM 4:44.79
- 94 Cwlths 4th 200 IM 2:17.51, 5th 400 IM 4:48.26
- 92 Olympics 11th 400 IM 4:48.52
- 91 Pan Ams 2nd 200 IM 2:19.14, 2nd 400 IM 4:51.27
- 90 Cwlths 5th 200 IM 2:18.51, 6th 400 IM 4:53.35

While she never managed to add an Olympic medal to her trophy case, she did manage to pick up World Short Course Championship titles, with a bronze medal at the 1997 SC Championships in Goteborg, Sweden, and two gold medals at the 1995 SC Championships in Rio de Janeiro.

She holds Canadian records in freestyle and IM, and is the current Commonwealth record-holder in the 400 IM.

She has also received numerous awards during her career, including being named SNC's female swimmer of the year in 1995 and 1999.

Until September, Joanne will be coaching the age-group swimmers at her old club in Hamilton and finishing up her degree at McMaster in Kinesiology with a minor in business.

In March she will take some time off to get married to fiance Mike Morreale. Mike is a football player with the Hamilton Tiger-Cats.

When asked about her thoughts on her career and the retirement, she had this to say: "I'm really happy with my career and now is the right time to

retire. I'm ready to move on to the next chapter in my life. I'm looking at different opportunities, I want to find something that I am passionate about."

Congratulations and good luck Joanne!

Australia will challenge for Number One:

Forty-three representatives of swimming in Australia met in a two-day conference during December in Melbourne to discuss future directions for the sport. The meeting agreed on the following as the vision of Australian swimming:

"Swimming will be Australia's leading sport, demonstrated through excellent international performance, high participation levels, and administration leadership, to the total satisfaction of all stakeholders."

Some key objectives:

- Achieve Number 1 swimming nation status.
- Increase the number of registered members to 150,000, and reduce the annual attrition of registered members to less than 20%.
- Strengthen clubs through provision of an improved support system.
- Be financially secure, with annual gross revenue of at least \$10,000,000, and be able to cope with the loss of any one income source at short notice.

Oldest British Olympian dies: Austin Rawlinson, MBE, born 11 November 1902, died on 25 November 2000. He was a member of Garston Swimming Club and had a remarkable life in the sport of swimming, being involved at the top of British swimming either as a competitor or an administrator for 76 years.

He missed selection for the 1920 Olympics in Antwerp. He was British backstroke champion for the 150 yards in 1922-26. He competed at the 1924 Olympics in Paris, finishing fifth in the 100 backstroke. A long-time swimming official, he was ASA President in 1968, and was elected to the International Swimming Hall of Fame.

Not likely reinstated: American Rick DeMont was stripped of his gold medal in 1972 as a 16-year-old after winning the 400 freestyle at the Munich Olympics. Before the Games, DeMont disclosed to the USOC that he was asthmatic and taking Marax, a medication that contains the banned substance ephedrine, but this information was never relayed to the proper authorities at the IOC's medical commission.

He was disqualified from further competition in the Munich Games, including the 1500-meter freestyle, in which he held the world record. DeMont has carried the label of "doper" ever since. As recently as the Olympics in Sydney last fall, his name appeared on an Australian newspaper's list of the top 10 cheats in Olympic history.

DeMont's suspension only involved the 1972 Olympics. He resumed his career and became the first sub-four-minute 400 freestyle world champion in 1973.

The United States Olympic Committee has cleared DeMont 29 years after he was stripped of his gold medal. It was part of the resolution of a lawsuit filed by DeMont in 1996 in U.S. District Court, in which he charged breach of fiduciary duty, libel, and negligence. Financial terms of the settlement were not disclosed.

The USOC has no authority to return DeMont's medal, which went to Australia's Brad Cooper; only the International Olympic Committee can do that.

But the International Olympic Committee refused to offer special recognition to Rick DeMont at its February meeting in Dakar, Senegal. The IOC's legal commission ruled out any action. Canadian IOC member Dick Pound, head of the World Anti-Doping Agency, said he raised the issue of recognizing DeMont at the meeting but found no support.

"The juridical commission didn't consider it very long and was not inclined to recommend anything further," Pound said. "I ran it up the flag pole and nobody saluted."

Too many asthmatics: International Olympic Committee medical commission head Prince Alexandre de Merode has expressed surprise at the number of asthma sufferers competing in the Games. "At times it looks like Games for the Sick," he said at the IOC Executive Board meeting in Dakar, Senegal.

About 30% of the Australian swimming team was asthmatic, primarily because asthma sufferers were encouraged to take up swimming. Athletes might gain a "psychological effect" from using a mild stimulant contained in an inhaler. Australian Olympic team head doctor Brian Sando said Australia had a higher rate of asthma than most other countries and rejected de Merode's claim that inhalers gave athletes an advantage.

Normally 1% of the population has asthma. At the Sydney Olympics, 10% of the athletes were asthmatics, and at the Winter Olympics the percentage is much higher.

Tsar to continue: "I am planning to continue at least until the 2004 Olympics in Athens," Alexander Popov said after signing a new four-year contract on Friday with the swimming equipment company Arena.

"I still haven't got everything I have out of me," he said. "And I still have some things to take care of."

Popov said he would like to break the 100 meters world record of 47.84 seconds held by his successor as Olympic champion, Pieter van den Hoogenband. The Dutchman broke the record, held by Popov since 1994, at last year's Sydney Games.

"Maybe this summer at the world championships," Popov said.

He won the 50 and 100 free at the 1992-96 Olympics and established a new world record in the 50 free last June. He was second in the 100 free in Sydney.

Giving it all: Barbara "B.J." Bedford has retired at age 28. The American backstroker missed the Olympic team in 1988, 1992, and 1996. But finally in 2000 she made the team. In Sydney she finished sixth in the individual 100 backstroke but was a member of the 4x100 medley relay that won the gold in world-record time.

"I know it will be hard to let go," Bedford said. "Swimming has been so good to me, and maybe pretty hard on me from time to time as well, but that's why I love it."

Bedford has won medals at every level of major international competition, including the World Championships, Pan Pacific Championships, Pan American Games, Short Course World Championships, World University Games, and Goodwill Games.

She made her first national team in 1991, winning gold in the 100 backstroke and 400 medley relay at the World University Games. She won eight national titles in her career, including six in the 100 backstroke.

Bedford's final meet was the World Cup event in Paris in January. She won the 50 and 100 backstroke and the 100 individual medley.

"You get what you give, and I gave everything," Bedford said. "And in return, I have received the world."

Finding a better way: Instead of worrying about social issues, such as women in sport and funding for the disabled, it's time for a new Vision For Sport, according to Bill Warren, Canadian Olympic Association (COA) President. This would be a third-party agency hopefully in action by next summer. "We could have changed our own funding criteria to focus on excellence," Warren said. "But instead we thought we'd engage Ottawa in the same debate and set up an agency of expert people who know more about sports than the federal government and the COA. They would decide how to allocate the available resources and find a better way."

Letheren dies suddenly: Carol-Ann Letheren, chief executive of the Canadian Olympic Association, died suddenly at age 58 on February 2, 2001. She suffered a brain aneurism while giving a speech two days before. She was one of just over a dozen female members of the International Olympic Committee (IOC). A former international gymnastics judge (1976-1984) who worked her way up the bureau-

cratic sport ladder, in 1988 she was Canada's Summer Olympics Chef-de-Mission. In 1992 she was elected COA President and in 1994 became the first paid Chief Executive of the COA. She was a member of the IOC since 1990. Just days after her death, IOC President Samaranch awarded her the Olympic Order.

Editor: Thank you for your "no holds barred" article on the Olympic fiascos. It is time someone took to task the leadership of our sport in this country. Accountability just does not seem to be one of the strengths of the current administration.

There are many, many silent voices who are in complete agreement with your sentiments as well as your facts.

*Rod Barratt, Assistant Head Coach,
Island Swimming, Victoria, BC*

Clarification: Here is my short version of what happened in Sydney with the coaches assigned to me.

Before Benoit (LeBrun) left, he told me that Dave Johnson would take care of me for the 400 and Jan Bidman for the 800, since Jan had enough swimmers to take care of the first days.

So after Benoit left, Dave tried to take care of me, but he had other things to take care of as well as coaching me, so therefore he wasn't as available as a regular coach would normally have been. It is true that during the days leading to the 400, I had to ask other coaches to help me or simply do it by myself (since most of the coaches had enough swimmers to take care of at that time). It felt like Dave was treating me as if I had 15 years of international experience (which may have been what I was showing from how I acted but wasn't quite true), but I felt a little bit alone.

The day of the 400, Dave was there for the warm-up and took my splits (except the last!) and so did Jan. I got some feedback from both of them afterwards. After the 400, when Jan learned of the situation, he came to me and told me that he would take care of me from now until the 800. The next morning, he was the first on the deck, 15 minutes before I arrived. He was there for all the practices until the day of the 800. The morning of the 800, he was with me on the pool deck before everyone came to warm up to activate my metabolism and the second warm-up he was also with me and took my splits. Jan was a great coach for me during the days between the 400 and the 800.

But the damage was done before the 400, so it wasn't easy to get back on my feet, with little international experience.

I'm not bitter at all about that situation. I learned that it is better to have one coach than two or none! And next time I know what I have to do if this situation

happens again.

Unfortunately, it was only a misunderstanding from everyone, including myself.

*Karine Legault
Verdun, QC*

Editor: I would like to respond to the commentary contained in the fifth full paragraph of the third column of text on page 43 of SWIMNEWS #261 (Sept-Oct 2000), dealing with "Personality: Inge de Bruin: Can It Really Be the Rope Climbing?" by Karin Helmstaedt. This particular section, although dealing with a multitude of issues, suggests a somewhat inferior "know how" in the advice and level of expertise at Canada's National Training Centres (NSCs). Although I have little experience of other NSCs, I can speak from an educated standpoint with regard to the NSC-Calgary. I am appalled by the underlying insinuation of this paragraph as pertains to the level of sport science knowledge and experience at this institution, particularly when the track record for the NSC-Calgary rivals that of most countries, let alone other single sport institutions, in several sports.

In my humble opinion, the head of Sport Science at the NSC-Calgary (Dr. David Smith) is one of literally a handful of individuals worldwide capable of systematically aiding coaches and athletes to peak performance. Something that he has demonstrated repeatedly over several Olympic cycles (both summer and winter) in several different sports. This level of expertise and experience is what drew me (and continues to hold me) to Canada, specifically Calgary, in the first place.

However, it would also be an unbalanced stance for any reasonable individual not to recognize many of the relevant observations made by the staff of SWIMNEWS in this particular issue. Of course, single sports may choose their own "paths" and these may well lie beyond the direct sphere of influence of a particular sport science team, nonetheless, I find it strange, both personally and professionally, that I have never been contacted by such a reputable publication as SWIMNEWS in my five years based in Calgary for first-hand information, particularly with regard to Canadian swimming, if not elite sport in general. Perhaps in the future this omission may be rectified.

Yours, in extreme frustration,

*Stephen R. Norris, Ph.D., Adjunct Assistant
Professor Human Performance Laboratory,
Faculty of Kinesiology, University of Calgary, and
Consultant, Applied Physiologist, National Sport
Centre-Calgary*

Editor: *Sports Illustrated* seems to have missed the mark in calling for the World Anti-Doping Agency to have its funding increased in the vain hope of it

somehow becoming the world's saviour against elite drug-taking athlete cheats (Backwash Sept./Oct. '00, page 44). The idea of an independent world agency taking over drug-testing for all international sports is one that indeed should be applauded. The assertion that the World Anti-Doping Agency is the group that needs to lead when it comes to this issue, however, is shortsighted.

Despite its creation on November 10, 1999, to coordinate an international anti-doping program, it remains a fact that there remains no independent and accountable international organization with the authority to create and administer an effective anti-doping program for Olympic sports during training as well as during competition. WADA works primarily with and through the International Olympic Committee. Of its 32 Board Directors, 16 are from the Olympic movement. WADA's role is ultimately limited to making recommendations to the IOC.

Getting doping out of sports will require a number of things, perhaps the most important being a truly independent international organization with authority over the methods of measurement and sanctions for doping in Olympic sports. This organization, however, should not report to the IOC or any of the sport governing bodies.

Readers of SWIMNEWS may enjoy perusing a document detailing the above comments, published during the Sydney Olympics, by the American National Commission on Sports and Substance Abuse http://www.casacolumbia.org/publications1456/publications_show.htm?doc_id=34968 entitled "Winning at Any Cost: Doping in Olympic Sports."

On an unrelated matter, let me offer a tongue-in-cheek "thanks" to SWIMNEWS for publishing the last 3 or 4 issues without the usual athlete centrefold. This has afforded our family no small measure of peace as our two swimming daughters no longer have the opportunity to argue long and loud over whose turn it is for the picture! I would be remiss without also offering at this time a "heartfelt" thanks to Nick and the other SWIMNEWS writers for doing such a fantastic job in putting out this wonderful publication!

*Ron Tyler
Didsbury, Alberta*

Editor: Based on the recent performance outcome of the Sydney Olympics, it is quite evident that an extensive overhaul is needed within the Canadian swimming organizations. Over the last three Olympics, our medal hopes have been riding on the wings of three veterans: Marriane Limpert, Joanne Malar, and Curtis Myden. It appears that our elite national program seems to be working well, otherwise, these three veterans and many others would

not remain among the top in the world for so many years. However, one has to wonder why no new leaders have come up through the ranks in these eight years. I believe that our swim program is much like the Americans' in that we pay little attention to swimming development at the younger ages and spend all our efforts with those swimmers who filter through to the top. This system is fine for the Americans because of their sheer numbers; they will continually produce top Olympic athletes. We cannot afford to function in this manner.

Looking at the Australian success and with such a small population, we have something to learn from them. Bill Sweetenham has been the National Youth Coach for Australian Swimming Inc. from 1995 to 2000 (he has just recently moved to England). The goal of this National Youth program is to prepare up-and-coming swimmers with talent, as well as to educate, motivate and prepare coaches. Over the past five years of this program's operation, the major national team rookies have gone from below 20% to currently over 90%. More profound is the fact that the average personal best times achieved by the Australian team at the 1999 Pan Pacific Championships was 46% where the youth program scored over 90%.

I had the opportunity to talk with Bill Sweetenham at an Ontario Youth training camp back in May concerning the way in which our top youth swimmers in the country swim. He summed it up in two words: "not good." Similar comments have been made by Rein Haljand (swimming biomechanist from Estonia) who asked "what these funny splashing exercises" our top swimmers were doing.

Having said this, I think we need to critically look at the way skill development is taught at the younger age groups. This seems to be the key to increasing the probability of producing Olympic champions. History illustrates that top Olympians had coaches who primarily focused on skill development at an early age: Alexandre Popov with Gennadi Touretski, Alex Baumann with Dr. Jenő Tihanyi, Ian Thorpe with Doug Frost. What our athletes and coaches need is a youth program (both nationally and provincially) that is built upon the foundations of human development and geared towards skill learning.

Several ideas have come to mind that can be a starting point for a proper youth program. First, I do not think that level I NCCP provides even the most basic of tools that coaches need to properly develop the skills in our younger swimmers. Understanding human development takes many years of learning and to fit this into one weekend course is self-defeating. Perhaps we should split the NCCP levels into a Youth and Senior division, in which coaches need to obtain level III youth NCCP before going on to the senior division.

Second, a lack of funding is an obvious limita-

tion, but we also need to look at its allocation. Several areas within the swimming programs are very heavily funded whereas in others, it is almost nonexistent. We spent the money for 12 relay swimmers to go to Sydney and only 2 swam. The Olympics is not a competition to send swimmers to just for the experience, and to spend a ball-park figure of \$50,000 on those 10 swimmers who did not compete is not the most wise of fiscal decisions.

Third, we need to develop a provincial and national system to impose regulations and requirements concerning the way we coach our younger athletes. Bill Sweetenham was hired to travel from club to club, educating, motivating and preparing coaches and athletes. Perhaps we need someone similar to Mr. Sweetenham to regulate these amendments on a continual basis.

I believe that these ideas are only the beginning of what needs to be done in Canada in order to provide the best opportunity for our youth not to "filter through" but to develop through to the international level. The challenge is to the various swimming organizations to develop a strong youth program that provides a superior environment from which to develop the necessary swimming skills in our young swimmers.

*Jason Wicke
Department of Human Movement
Laurentian University, Sudbury*

Editor: (The following is a letter addressed to various authorities at Swimming/Natation Canada, and has been forwarded to SWIMNEWS Magazine. The content of the letter is specific to the sport of swimming; however, it is believed that the situation described below reflects an attitude that is prevalent throughout amateur sport in Canada. Once an athlete accepts an athletic scholarship in the United States, it becomes difficult to maintain allegiance with Canadian competition. In addition, athletes are not generally received enthusiastically upon their return to Canada. Our country enjoys a proud athletic tradition; however, it is my firm belief that placing 18th in the medal count at the recent Summer Olympic Games in Sydney is far below our potential. We are a part of a first-world nation with almost twice the population of Australia—a Commonwealth country with generous athletic support that placed fourth in the medal count at the Sydney Games. We must begin to realize that combined academic and athletic choices in our country are severely limited, as are the financial subsidies offered to our amateur athletes. In order to keep more of our athletes in Canada, our budget must be altered in order to support athletic scholarship and increased subsidies. I thank you for your time and consideration.)

It has come to my attention that the Canadian

trials for the Long Course World Swimming Championships are being held from March 14-17, concurrently with the Women's Division I NCAA Swimming and Diving Championships. As I understood it, the previous incident of conflicting schedules, in 1999, was an honest mistake, as it was claimed that this situation was simply overlooked. My question is, why has the same mistake been made twice?

I am not naive to the fact that attending university in the United States is condemned by many of those in charge of the sport in our own country. However, these are the same people who vocalize the valid argument that there is a disproportionate amount of government funding for our National Team members, compared with the generous subsidies of athletes in other countries. I support this argument 100%. It is certainly a disadvantage to our elite athletes who are attempting to seek their potential in swimming while receiving limited income. However, where opportunity lacks in our own country, there is substantial opportunity within the United States. The reason that many swimmers leave this country is certainly not a lack of patriotism, nor is it a lack of belief in the training methods offered in Canada—but rather a limited number of academic and athletic choices, and most certainly a lack of funding.

I have always supported efforts attempting to keep our elite athletes in Canada. It is a logical desire that Canadian team members and up-and-coming individuals have frequent opportunities to compete against the best of their own citizenship. Certainly, those who compete at a competitive international level most often stay in Canada. I would argue that this is largely due to the fact that the abilities of these swimmers stabilize their income far above an uncertain C card—where secure funding is contingent upon the stipulation that these “borderline” swimmers continue to improve.

It makes no sense, however, to penalize those who have opted for the alternative route. While I would certainly not expect that Canadian swimmers in the US receive preferential or even similar treatment as their counterparts north of the border, I am angered at the fact that we have not simply received equal opportunity to compete at major selection meets.

It is understandable for in-season competitions in Canada and the US to overlap due to the frequency of competitions. But to schedule the two most important national competitions of the season on the same weekend is absurd, and there is no excuse for it. I recall that the 1998 Spring Nationals in Winnipeg were postponed for one week due to a local curling tournament the same weekend. Similar efforts could most definitely be made to increase the depth of a Canadian Trials competition.

I acknowledge that few swimmers who leave Canada continue their pursuits within Canadian swimming. This is due mostly to a change in priorities—after the collegiate season is over, the swimmer may decide to pursue other avenues in his or her life, which cause swimming to be more of a 6-month rather than a year-round competitive effort. However, there are still Canadian swimmers south of the border who have the desire to continue a year-round program and maintain some sort of allegiance with Swimming Canada. Many swimmers of various abilities have proven that this can be done and that fulfilling careers can be had in both countries. Creating this competition overlap is detrimental to all Canadian competitors, and is also a slap in the face for the individual who has acted in his or her self-interest. Trials for summer international meets were formerly held at Canadian Summer Nationals. I am curious to know if there is a valid reason for this change other than denying Canadian swimmers in the US the right to compete in a Canadian Trials competition, and if a scheduling conflict was actually that difficult to avoid.

There seems to be much ambivalence about where Canadian swimming is heading during the next quadrennial. Rather than armchair criticism, we should attempt to work within our financial limitations, as they are unlikely to change in the near future. While effort should be maintained to press for increased government support, this should not be a solitary effort because there are numerous wounds that need healing. Currently, we are not making the best of one of our suboptimal situations—that is, having swimmers leave the country. Swimmers will continue to leave the country with merely two or three university swimming superpowers to choose from, as well as limited financial support. I suggest that amongst the efforts being put forth to reconstruct the path of the next quadrennial, that one step taken should be to simply grant equal opportunity to any Canadian swimmer with the desire to compete at Trials meets, regardless of where they have chosen to train.

*Jennifer Noddle,
E tobiroke Swimming
UCLA Swimming*

Apparently unfilled spots after the March trials may be available to swimmers qualifying from designated meets in May and June.



*Remember ... It's not true until it has been
officially denied*

HEAD COACH

The Hamilton Wentworth Aquatic Club is seeking a full-time Head Coach effective September 1, 2001. The Club is located in the ambitious city of Hamilton, Ontario with population base of approx. 500,000. The H.W.A.C. consists of about 150 to 200 swimmers ranging from Novice to National level.

Our Club mission “The Pursuit of Excellence”

The Hamilton Wentworth Aquatic Club is dedicated to the development of young swimmers in realizing their goals. These athletes will develop discipline, sportsmanship, and leadership. Our young swimmers achieve excellence while pursuing the dream of competing for Canada.

The H.W.A.C. is governed by a volunteer Board of Directors who are searching for a Head Coach that can implement a competitive swim program that will motivate and help all swimmers achieve their personal bests.

Interested applicants should be highly motivated, flexible and possess excellent communication and interpersonal skills along with a minimum Level III NCCP certificate.

Submit your resume detailing experience, qualifications, goals, coaching philosophy, salary expectations and references by April 30, 2001 to:

*H.W.A.C.
John Pichelli, President,
1920 Edenvale Crescent,
Burlington, Ontario,
L7R 3L9*

Only those applicants selected for interviews will be contacted by May 15, 2001.

FRATESI BETTERS BACKSTROKE RECORD

Nick J. Thierry

A Canadian record for Jennifer Fratesi in the women's 200 backstroke was one of the highlights of the four-day long course Sydney Olympic Youth Festival, held January 11-14 at the Homebush Olympic Pool in Sydney.

The Canadian Junior National Team (swimmers born in 1982 and younger) was comprised of 10 boys and 10 girls. Several had come close to an Olympic team spot—like second-place Trials finishers Jennifer Fratesi (200 back) and Chuck Sayao (400 IM), but missed the required entry standard.

This team was selected based on last summer's results and were in attendance as a team at World Cup 3 in Edmonton, November 18-19. Chad Thomsen, Chuck Sayao, and Fratesi won their specialties at the time.

In Sydney, the Canadian team was third in medal totals, winning 22 medals (7-10-5), behind the host Australians with 37 (15-12-10) and the Japanese with 25 (8-10-7).

Tobias Oriwol, 15, won the 100 and 200 backstrokes as well as the 200 IM, all in personal bests. His 200 back time of 2:00.03 was a three-second improvement from his best last summer.

"I came in with a strategy and stuck to that," said Oriwol. "I made sure it was very tough for myself whether the race was close or not. I did very well. There's a few things I can work on towards the Nationals in March. I think I can go much faster there."

Chuck Sayao, 18, improved four seconds in the 400 IM with his 4:19.99 winning time. In second, Keith Beavers, 17, with 4:22.55, also dropped three seconds. Only the two-swimmers-per-country limit in the finals prevented Oriwol from completing a Canadian sweep, as he did a 4:24.27 in the prelims.

"I'm really surprised," said Sayao. "But it's just a great environment and a great pool. I kept my cool in the breaststroke leg, which is my weakest, and that provided me a lot of energy for a strong kick in the freestyle."

"I simply went out too hard," said Beavers, who led at the halfway point of the

race. "I pretty much died in the end. Still it was a big confidence boost for me to come in here and have this kind of performance."

Jennifer Fratesi, 16, won the 200 backstroke in 2:12.42, after posting a 2:13.17 in the prelims, both Canadian records.

"I'm not surprised at all to break the record," said Fratesi. "It's been my goal for over a year. I told my coach before I came here that I would get the

CANADIAN LONG COURSE RECORDS

Canadian Senior Women's 200 backstroke:

2:13.17 Jennifer Fratesi, ROW, prelims
(32.23 1:06.29 1:40.05)

2:12.42 Jennifer Fratesi, ROW, final
(31.89 1:05.39 1:39.07)

Bettors old record of 2:13.24 Kelly Stefanyshyn, PDSA, 1999.

National Age Group Girls 15-17 200 backstroke:

2:13.17 Jennifer Fratesi, ROW, prelims

2:12.42 Jennifer Fratesi, ROW, final
Bettors old record of 2:13.24 Kelly Stefanyshyn, PDSA, 1999.

National Age Group Boys 15-17 200 backstroke:

2:01.12 Tobias Oriwol, ESWIM, prelims

2:00.03 Tobias Oriwol, ESWIM, final
Bettors old record of 2:01.79 Chris Renaud, UCSC, 1994.



Chuck Sayao won 400 ind.medley Marco Chiesa

record. Everything was pointing to that in training. I was hard heading into this meet. The big difference for me now is my start is much better and I have the endurance. I find it easier to race."

Canadians had 5 of the top 10 performances.

The competition followed the Pan Pacific format, with unlimited swims in the prelims but only two per country advancing to the finals.

Five of the Canadians had arrived as early as December 29 and had more than sufficient time to acclimatize. The rest of the team was in Sydney about a week before the start. All the swimmers in the competition stayed at a private school dorm.

The 40-member (21 girls, 19 boys) Australian team was the strongest of the competition, and were selected based on the Australian Short Course Championships last October.

Newly appointed National Youth Coach Leigh Nugent was pleased with Stephen Penfold, 18, who completed the distance freestyle sweep when he clocked his personal best time of 15:24.72 to win the 1500 metres, his third individual gold and the most individual medals by an Australian.

Earlier he won with personal-best swims the 400 free (3:54:11) and the 800 free (8:01.97).

Top performer of the competition, Joshua Krogh, won the 200 fly in 1:58.38, added the 200 free in 1:51.85 and got touched out in the 100 fly 54.74, by Yoshihiro Okumura, 17, JPN with 54.57



Jennifer Fratesi betters 200 backstroke record twice Marco Chiesa

Rating Summary of Top Performances

1)	968	1:58.38	200 fly M	Joshua Krogh, 82,AUS
2)	967	2:00.03	200 back M	Tobias Oriwol, 85,CAN
3)	964	4:19.99	400 IM M	Chuck Sayao, 82,CAN
4)	961	2:28.35	200 breast W	Kelli Waite, 85,AUS
5)	959	8:01.97	800 free M	Stephen Penfold, 82,AUS
6)	956	2:12.42	200 back W	Jennifer Fratesi, 84,CAN
7)	954	2:01.07	200 free W	Kate Krywulycz, 84,AUS
8)	949	4:22.55	400 IM M	Keith Beavers, 83,CAN
9)	947	2:00.07	200 fly M	Matthew Hall, 81,AUS
	947	2:00.07	200 fly M	Adam Sioui, 82,CAN

NO QUALMS FOR QUANN

Russ Ewald

You may think she is cocky, brash, or even arrogant. But that's before you get to know Megan Quann.

The then 16-year-old American boldly predicted she would win in the 100 metre breaststroke at the 2000 Olympic Games after winning the U.S. trials. Rather than a boast, though, she made it for a purpose.

"I wanted to put myself on the spot," she says. "I needed to do that because then I would do the training necessary to back it."

Putting herself on the line worked for Quann. An underdog to defending gold medallist and world record holder Penny Heyns of South Africa, the green teenager pulled off the upset by almost a half-second. She became the first American to win an Olympic breaststroke event in 28 years.

"The physical side of the sport is important, but the mental side is too," says Quann, who is from Puyallup, near Seattle, Washington. "I saw a lot of swimmers work their butts off in practice. But they don't follow through in the race."

This fall in a small meet in Washington, Quann swam an off-event, the 100 butterfly, and was only the fourth seed. Yet she won.

"I think the others were in awe of me being the Olympic champion," she believes. "You can't think that way and win."

Quann seems to cover all the bases in the mental approach to the sport.

Visualization is another of her tools. Leading up to the Olympics, she visualized the final in Sydney each night before she went to bed. She had a stopwatch and started it as she pictured herself taking off from the blocks, pulling and kicking stroke by stroke throughout the race, and touching at the wall. She stopped the watch as she envisioned the finish.

"When I looked at the watch, the time was always within a fraction of the world record (1:06.52)."

Her bedroom contained a couple of other sources of motivation. Quann posted a copy of the world rankings for the 100 breast on her bedroom wall. Each time she passed someone in the rankings, she crossed out that swimmer's name. Next to her bed, she pinned a photo of Heyns.

"I still have it there because I haven't beaten her world record," says Quann. "I have a lot of respect for her. When I felt tired in practice, I'd think of her. She helped me get where I am."

Megan's family has played a key role in her success.

Quann became competitive in the pool out of a sibling rivalry with older brother Michael, who is 18 and swims at the University of Washington.

"He was much faster than me when I was younger," she relates. "I wanted to be in the same group as him, so I worked hard to improve."

Her parents gave her some good genes. Mother Erin was a classical ballet dancer who received a scholarship to the Joffrey Ballet. Father Tom, an electrical engineer, played and coached water polo at Washington State University.



Marco Chiesa

QUICK FACTS: MEGAN QUANN

BIRTHDATE: 15 JAN 1984
 HEIGHT: 5' 7" / 170cm
 WEIGHT: 132 lbs. / 60 kg
 HOME: Puyallup, WA
 CLUB: Puyallup
 COACH: Richard Benner

LONG COURSE PROGRESSION

Year	100 Breast Time/Ranking	200 Breast Time/Ranking
2000	1:07.05 (1)	2:27.29 (13)
1999	1:07.94 (2)	2:32.36 (42)
1998	1:09.14 (10)	2:32.91 (60)
1997	1:13.03 (146)	- -

Erin and Tom never pushed their daughter and attempted to give her a balance to swimming with family hiking trips, movies, and trips to the mall. Because of all the calories swimming burn, they made sure Megan was eating properly by hiring a nutritionist to monitor her diet.

"She wrote down what I ate for five successive days," says Quann. "She analyzed what vitamins I got and what I needed."

A body fat test revealed Quann had 11 percent body fat. The average for a woman is 24 percent. The nutritionist told her she needed more fat, with the ideal composition being 14 percent.

"I began taking a protein drink that gives me 500 calories," she says.

Since her mother is a massage therapist, Quann benefited from a couple of massages a week at home leading up to the Olympic trials last year. Besides this, the swimmer cracks her back before each race to get the tension out.

Quann has had only one coach throughout her career. Puyallup head man Richard Benner taught Megan to swim and guided her to the gold medal.

"I think that's an advantage because he never had to try to change my stroke from a previous coach," she says.

At age 12, Quann was chasing Amanda Beard's (the 1996 silver medallist in both breasts) records and racing age group star Carly Geehr at the time. She wanted to start doing doubles to break some marks of her own. But Benner convinced Quann and her parents to wait.

"I sat down with the parents," Benner explained in an interview off the club's website. "With regard to swimmers, it's not just them that's involved. It's their parents and their whole families. That's the balance you have to strike with training regimes, family time, and parental issues. You need to involve the parents at a swimmer's early age in what it's going to take to accomplish specific goals."

Benner, who swam for George Breen in the 70s and 80s and coached under Dick Shoulberg in Philadelphia, notes that the goals need to be the swimmer's.

"As a coach, you can't establish goals for your athletes," he says. "The swimmers have to establish what they want to do in the sport. I see our job as being a glorified tour guide, and providing the route they need to take wherever they want to go."

A couple of years later, Benner unleashed Quann. She began doing 20,000 yards a day and 100,000 to



I wanted two golds and two world records, I'm short one record

Marco Chiesa

105,000 yards a week.

"Most breaststrokers are sprinters," says Quann. "I train distance."

The work brought immediate results. Quann dropped her best time in the 100 breast nearly four seconds in 1998 and won at the U.S. spring nationals, just her second appearance at a senior championships. The following year she took the 100 breast at the spring and summer U.S. nationals and finished second to Heyns at the Pan Pacific Championships.

Then came a record bing on the way to the gold medal. She lowered the U.S. record at the 1999 U.S. Open in December, twice at last year's U.S. spring nationals, then at the Olympic trials and the Sydney Games.

With the gold medal in hand now, a letdown would be natural. Quann doesn't think it will happen to her.

"I haven't reached all my goals," she says. "I wanted two gold medals and two world records. I got two gold and one world record (counting the U.S. medley relay win in world record time). I want the other."

Quann took three weeks off after the Olympics. Her coach expected her to be out longer.

"I missed it," she says. "I couldn't stay out of the

water any more."

Quann chose to turn professional before the Olympics and collected \$86,000 in prize money for her gold medals from USA Swimming and the U.S. Olympic Committee. The decision prevents the high school junior from competing in college competition in the future.

"I'd been thinking about it the last two years," she says. "I didn't have a huge interest in swimming in college meets. I would rather focus on a few big meets that are long course than compete in 10 to 20 little meets like there are in college. As a professional, I have the freedom to pick my meets. I don't have to do what other people say."

Following high school, Quann plans to attend college close to home and remain at her club to prepare the two years before the next Olympics. She may go to Pacific Lutheran.

Besides her Olympic prize money, Quann has an endorsement contract with Speedo and received money for a McDonald's commercial that used her reaction at the end of the Olympic 100 breast final. In an appearance on the Rosie O'Donnell show, the host gave Megan a trip to Greece, which she hopes to take after the World Championships this summer in Japan. She makes public appearances, signing

autographs, but limits them to local venues because she doesn't want to miss too much school time.

The U.S. teenager will be missing some school this winter, competing in World Cup meets in Italy, England, and Germany. She's anxious to visit Germany. Among the five or six fan letters she receives daily, there is usually one from that European nation.

Although Quann is aware that more than a few teenage breaststroke sensations have failed to sustain their success to another Olympics, she's not concerned.

"The main strength of most female breaststrokers is their kick," explains Quann. "I think more than a few overtrain in the stroke and hurt their knees because the kick brings stress there. I shift my weight to the upper part of my body and work on the pull and lunge and do a lot of fly in my race sets. It makes sense to break my routine with the fly. It's pretty much the same motion going forward as the breast."

Quann may become a threat in the 200 breast, too. Last year, she dropped her time four seconds, down to 2:27.60 at the U.S. trials and finished third.

However, first she will be shooting for the world record in the 100.

She can see it now.

SWIMNEWS

www.swimnews.com





Pieter van den Hoogenband

Netherland

EIGHT IS ENOUGH

Nikki Dryden

This year I spent my Thanksgiving and Christmas breaks in Dover, New Hampshire. Sure, it doesn't sound glamorous and exciting; it sounds like I might have spent my holidays curled up in front of a fire in a quaint New England home, miles from the nearest modern conveniences (like 7-11 and Dunkin' Donuts.) But that's not exactly as it went down. You see, Dover happens to be a town that has embraced its most famous resident with pride, passion, love, and awe, and it is a town that likes to celebrate its dearest new celebrity.

Dover is the hometown of swimmer Jenny Thompson. And this fall I was adopted by the Thompson family for the holidays. It started out at Thanksgiving, a huge American holiday when you get two days off work and the exodus out of America's major cities is overwhelming. Then my freeloading pretty much ran right into the Christmas long weekend too.

But back to the story. Jenny, like many hometown heroes around the world, has spent the last few months being honoured for her participation at the 2000 Olympic Games. But "participate" is hardly the right word to describe Jenny's activities in Sydney. For it was there, at her third Olympics, that Jenny Thompson became the winningest woman in US history by earning 3 golds and 1 bronze medal. That medal haul brought her lifetime total to 8 golds, 1 silver, and 1 bronze.

Jenny's first event at Thanksgiving, on the officially proclaimed "Jenny Thompson Day," was a reception at the Mayor's house, where they passed out Christmas tree ornaments to commemorate the celebrity that is Jenny Thompson. Then it was off to her alma mater, Dover (pronounced Dovah) High for a pep rally, where Jenny was bestowed with the key to the city. Jenny held up the key, and with tears forming in her eyes, said, "This means so much more to me than a medal ever could." A humble and real response from someone showered with a celebrity she would just as soon not have.

The following night there was a parade. Rained out on the previous night, Jenny shared parade honours with none other than Santa Claus. Even Jenny was a bit astounded. "The support I've felt over the last few months, at the Games, and here today, it is all

a little overwhelming. It means so much to me to be able to bring excitement and pride to my community. It is fun though, being around people who are fans. It has been very gratifying."

Fast forward to Christmas and more local honours; following in a new tradition, the Boston Pops have been performing a holiday concert in New Hampshire for the last few years. In front of as many fans as were cheering for Ian Thorpe in Sydney, Jenny recited, "'Twas the Night Before Christmas" with the Boston Pops. Now, I may be a bit biased, but she was good.

I think the most important part of it all was that these were people and families who came to the show to see the Boston Pops, they weren't simply sports fans, or swimming fans, or residents of Dover. They were a group of thousands of people who were on their feet giving Jenny a standing ovation before she was even halfway across the stage. It brought tears to my eyes. But again, maybe I am a little biased.

Sure, all this hometown pride goes on everywhere, you say. Well then let's look at Jenny on the

national scene. She returned from Sydney to hang with Jay, Regis, and Whoopie. She spent Halloween at the Playboy Mansion and caused such a controversy after posing semi-topless this summer in *Sports Illustrated*, that some people say she has started a new feminist movement.

All this for a swimmer! She's not a Hollywood actress or rock star; she's a swimmer like the rest of us, who wants to be normal, have fun, and enjoy her life in and out of the pool. Of course she's not your typical hometown hero, and not your typical swimmer. Anyone who breaks Mary T.'s 100 fly world record, eight years after breaking her first world record and just before winning her eighth Olympic gold medal, is not your typical swimmer. But Jenny is not one to talk about her amazing swimming feats, but rather about the fact that she doesn't own a TV, what we can do to help the plight of women in Afghanistan, or that she needs to renew her subscription to Ad Busters.

Just imagine getting to the hotseat on *Who Wants to Be a Millionaire?* and telling Regis Philbin that you've never even watched his show. Or imagine laughing it up on the set of *The Tonight Show* with the Barenaked Ladies and Richard Gere or hanging with a party of celebrities on *Hollywood Squares*? These are definitely not things most swimmers dream of when they envision Olympic gold.

But this has been the life of Jenny since she returned from Sydney. She has been basking in the glow of a lot of attention, but she is the last swimmer



Regis Philbin and Jenny Thompson on *Who Wants To Be A Millionaire*



Jenny on *Hollywood Squares*

to really want it. "It is weird to have people come up to me and say 'I see you on TV all the time,' I think I am in denial about a lot of it. And really I am not that famous. One lady came up to me in the bathroom and said, 'Hey, you know you look a lot like Jenny Thompson,' It is pretty hilarious."

But in the tightly knit world of swimming Jenny has attained a higher status than most, and she does appreciate everything that has occurred. "I think it is fun to be a celebrity because I know it's not long-lived. I made certain none of this got in the way of my training. Before the Olympics I limited what I did. I made people come to California if they wanted me to do something. But since the Olympics, my schedule has been freed up and I can travel to different events."

Different events like The Women's Sports Hall of Fame Dinner at the Waldorf Astoria and the March of Dimes Dinner where she was honoured as Woman Athlete of the Year and Athlete of the Year, respectively. Or the ESPN and Sports Illustrated Annual Black Tie awards dinners, events that included photo shoots, press conferences, major stars, and lots of media attention.

But Jenny has also made it a point to do some charity work over the last few years. She has participated in the Elizabeth Glaser Pediatric AIDS benefit, and she just finished a photo shoot to promote a new North American campaign for the AIDS bracelet. "Of course I would love to do more, but because of training commitments it was hard." Jenny found another way to use her celebrity for good recently. On *Who Wants to be a Millionaire?*, Jenny won \$125,000, half of which went to Greenpeace. This was a fallback to her youth growing up in New England. "I went to Conservation Camp when I was in the ninth grade, and I was raised in a very politically conscious family."

When asked by the local press how she is enjoying her post-Olympic experience, Jenny did admit that she is having fun. "It's been crazy since I returned from Sydney. This time all the athletes have definitely received more recognition than after any other Olympics. It is fun being on the game shows and talk shows. It is a lot different than the daily grind of early mornings and long workouts. Jay Leno was pretty cool. But it's so strange because I'm only a swimmer.

I never thought I would be on TV like this. It is pretty surreal sometimes."

Jenny may be suffering from some unreal moments, but it has not gone to her head. She is a gracious celebrity in her hometown, continually signing autographs for kids and adults. Jenny also has time to reflect on the best parts of being a celebrity. "I also like to be a normal person, just a normal person who has the opportunity to be an inspiration to

others. If I can inspire kids, or relate to them in some positive way, that's great. That means more to me than anything I have ever accomplished in the pool."

But despite all the support, her endless records, medals, awards, and success, questions by fans and reporters abound: "Jenny, are you still in search of that illusive individual gold?" "Jenny, will you swim in 2004?" Her only reply with a wink and a smile is, "Isn't eight enough?"

THE BUILDING BLOCKS OF ELITE SWIMMERS:

A CONTINUING SERIES ON YOUR HEALTH

Nikki Dryden

Formula One racecar drivers would never refuel at your friendly neighbourhood Petro-Canada gas station. And elite swimmers shouldn't use everyday "fuel" either. We need to be just as precise as Jacques Villeneuve when it comes to ensuring that our competitive performances start with the right high-grade fuel.

Jacques' British American Racing team works together. Endless hours are spent customizing parts, like his molded carbon fibre and honeycomb composite structured chassis. Jacques' team works to incorporate the latest technology, such as his front and rear suspension pushrod-activated torsion springs and damper units, rockers, and mechanical anti-roll bars. And together they discover the right combinations, such as OZ forged magnesium wheels and Bridgestone Potenza radial tires, all in an effort to create the ultimate racing machine. These days, swimming can be just as systematic. Teams of doctors, physiotherapists, chiropractors, psychologists, nutritionists, therapists, and old-style gurus are behind the swimmers you see mining gold and owning the latest records.

We train until failure, exhaustion, sickness, pain—sometimes even beyond these barriers. We are in the pool, at the gym, and on the roads toning and shaping our bodies into the best physical and mental shape imaginable. But if you put don't put the right fuel in your body, it will only maintain the desired speed for so many laps.

Part One of a continuing series entitled "Your Health" will begin in 2001. What you do or do not do in the pool is up to you and your coach. But in this series, we will give you the formulas to turn your body into an elite racing machine.

The series will begin with the basic building

block for healthy living: diet. After that, "Your Health" will examine supplements, everything from HMB and Creatine to vitamin B12 and iron. Next, we will look at overall strength programs, dryland exercises, and preventive injury programs. Then we will bring you the therapies and rehabilitation plans you can use to treat your injuries and improve your weaknesses. Finally, we will examine the mental component of swimming. There are swimmers who spend years doing everything necessary physically to prepare for the big day but forget about their heads. We will talk to Canada's top sports psychologists about what you can do to stay cool under the hottest pressure.

"Your Health" will include interviews, ideas, and personal tips from the world's top swimming stars. We will talk with Canadians, Americans, Aussies, Brits, and South Africans, and examine the different approaches these swimmers take. We will also seek the advice and wisdom of some of the best sports support experts from around the world.

Over the series you will start to see two recurring ideas: Getting even more sleep than you think you need and drinking more water than you think you can handle. No matter what you do to swim fast, getting to bed early and drinking lots of water are two very easy, but extremely crucial, keys to being healthy, maintaining consistency in training, and performing at your body's peak. And best of all, both come more cheaply than everything we will tell you about later. Both sleep and water are free!

Before Part One arrives and during the entire series, we want to hear from you. Swimmers, coaches, and parents, please send your comments, questions, and concerns about your health and your swimmer's health to:

YourHealth@swimmail.com

and we will be certain to ask the swimmers and experts for their opinions and best advice.

HEAD COACH Oakville Aquatic Club

The Oakville Aquatic Club is seeking a full-time Head Coach, effective April 1, 2001. OAK is a well established, competitive club with 140 registered swimmers from novice to national qualifiers.

The successful applicant will have extensive coaching experience, a strong technical background in competitive swimming, and effective organizational and communication skills. NCCP Level III certification is preferred.

The Head Coach is responsible for implementing an overall plan of development from novice through high performance and working closely with our current team of coaches, which includes a Head Age Group Coach, a Novice Program Coach, and several part-time coaches. The club trains in three 6-lane, 25m pools, with a new 8-lane, 25m pool set to open in September, 2001, and has access to nearby weight training facilities.

Please forward your application, together with a resume detailing qualifications, experience, goals, coaching philosophy, salary expectations, and references by February 19, 2001 to:

Search Committee,
Oakville Aquatic Club,
c/o Sandy Welsh, President,
P.O. Box 86044, Oakville, ON. L6H 5V6
Fax: 905-842-5478
E-mail: oak@globalserve.net

"The Oakville Aquatic Club is dedicated to the pursuit of excellence and the development of individual potential in the sport of competitive swimming."

AGE GROUP COACH REQUIRED

20-25 hours per week, with potential to lead to full time. Must have NCCP level 1 and working on obtaining level 2. Current NLS and CPR qualifications. Ideal candidate will possess a strong teaching ability and have a high level of enthusiasm. Previous teaching and coaching experience is required. Fax resume with salary expectations to (905) 634-3179 or contact:

Wendy Wagland, Head Coach
Oakville Dolphins
Suite 3-239
3350 Fairview Street
Burlington, Ontario
L7N 3L5

OPINION

IT'S THE COACHING, STUPID

Paul Bergen

I have been asked by a number of coaches to present my observations regarding the performance of Canadian swimming over the past number of years to the present (Sydney Olympics). While I have not been an employed participant for the last 12 years (although I had two athletes compete in the 1992 Trials, one making the team, earning a bronze medal on the 4x100 free relay), I have nevertheless followed closely the progress of Canadian swimming and kept in touch with a number of friends I was fortunate to have cultivated while coaching in the "Great White North."

When I first came to Canada to assume my duties at Etobicoke (September of 1982), I felt there was a system in place that was unique to Canada:

- Winter Nationals were always held short course in the middle of March.

- Scoring for the Championships was 50-30-20 for first, second, and third. (This allowed small clubs to have a run at a Championship. In 1983 Kitchener-Waterloo won the Men's division with 5 swimmers and Etobicoke won the women's division with 8.)

- Club swimming was the focal point of Canadian swimming, with both high school and university swimming taking a place far down the priority scale.

- The swimmer "carding system" was quite straightforward ("A" - top 8 in the world two per country, "B" - top sixteen in the world two per country, and "C" - top 50 absolute). There were no side requirements like doing the times in certain meets or only in finals.

- There was a strong Club Grant Program based on performance of both individuals and the overall club. (When I first came to Etobicoke, we earned \$0 for 1981-82; however, by the time I left, we were bringing in around \$80,000 per year, which really helped our Club budget.)

- There was a strong "grass roots" learn-to-swim program with ESSO Swim Canada, which brought many local swim clubs a readily available pool of swimmers to recruit from.

- There were some very "savvy" retired world-class coaches who were still providing some great leadership, namely Howard Firby and George Gate. We've lost Howard but not his book, and George's insight seems underutilized.

- There were some "free thinking" coaches who were not taking a back seat to anyone in the world and providing active leadership within Canadian swimming: Jenő Tihany (now teaching only), Cliff Barry (now doing masters only and selling awards), and Paul Meronen (now coaching in Iceland). These coaches were innovative and gave the perception that their swimmers could beat anyone in the world.

The most overwhelming impression I had, being new to the system, was this was a system that evolved over time and was a unique Canadian model. The coaches, officials, swimmers, and public understood it and knew how to make it work. Over my six-year tenure at Etobicoke, I saw the system change from year to year but never more than 10-15%, and there never seemed an attempt to copy ideas from other countries. The exception might have been when Don Talbot was employed to direct Canadian swimming. At that point I saw an attempt to move toward an Australian Institute of Sport model and also to give university swimming a place of more importance because of losing top-notch swimmers south of the border.

My observation is that new programs have been put in place, namely by the "High Performance Coach," that have not yielded the results anticipated over the last eight years. As a practice, I believe that a great program should be able to develop a world record holder in three years. Unfortunately it took me five and one half years at Etobicoke. The last world record holder Canada had was in 1988—someone or something has impacted Canadian swimming so that it has been over 12 years since a Canadian has seen that kind of performance.

It is my opinion that Canada has tried to copy or initiate programs or systems that are not unique to Canada and further, that things seem to be always in a state of flux, constantly changing rules and direction. The opinion that the system needs more time to achieve is bogus—many of the younger, potentially great Canadian coaches do not know what rules they are playing by and there is a definite lack of competent trustworthy leadership. There is no one providing the kind of consistent, confident leadership that is needed to bring Canada up to world-standard performances.

I'm sorry for being so blunt but "I calls um like I sees um." Replacing Harold Cliff or eliminating his position isn't going to improve Canadian swimming. Dave Johnson was given the responsibility to develop the National High Performance Program. He has been given 8+ years to show some progress, but from where I sit that hasn't happened. It is time Canada seeks some new coaching leadership—it's the coaching that will bring results or "it's the coaching, stupid."

I know you folks can do this right. Politics can't be your guiding light, objectivity must be.

Paul Bergen is head coach of Tualatin Hills SC in Beaverton, Oregon. He coached Etobicoke SC during the 1980s and developed 1988 Canadian 200 breaststroke world record holder Allison Higson. For the past three years, Inge de Bruijn has trained with Bergen. Readers can contact Bergen

TOP 10 & unders

10 & under performances
in 25 m pools
since Oct 1, 2001.
Compiled by SWIMNEWS
from competitions received
to Feb 4, 2001

Time to be considered
must meet cut offs
Missing times indicate results have not
been sent to SWIMNEWS
please e-mail to
swimnews@inforamp.net

BOYS 10 & UNDER

100 METRES FREESTYLE (1:15.00)

- 1 1:12.17 Will Hergesheimer,10,NRST
- 2 1:12.35 Andre Kudaba,10,HYACK
- 3 1:12.89 Curtis Lutsch,10,UCSC
- 4 1:13.12 Adam Molnar,10,MSSAC
- 5 1:13.16 Conor Groerer,10,ROW
- 6 1:13.55 Karim Zayed,10,PCSC
- 7 1:13.73 David Hibberd,10,BRSA
- 8 1:13.86 Michael Lowenstein,9,CASC
- 9 1:14.08 Jason Block,10,NCSA
- 10 1:14.37 Olivier Godard,10,PCSC
- 11 1:14.60 Jakob Hlavnicka,10,COBRA
- 12 1:14.79 Alexander Johnson,10,MM

400 METRES FREESTYLE (6:00.00)

- 1 5:23.61 Craig Dagnall,10,IS
- 2 5:23.63 David Walkling,10,NRST
- 3 5:24.82 Will Hergesheimer,10,NRST
- 4 5:30.80 Jim Lee,10,WAC
- 5 5:33.19 Curtis Lutsch,10,UCSC
- 6 5:34.67 Michael Besler,10,EDSON
- 7 5:46.69 Alexander Johnson,10,MM
- 8 5:46.92 Keilan Freeman,10,BRSA
- 9 5:48.45 Ben Berg,10,RDCSC
- 10 5:48.63 David Hibberd,10,BRSA
- 11 5:49.66 Alek Szmigielski,10,GOLD
- 12 5:50.87 Michael Brock,10,LAC
- 13 5:51.17 Michael Lowenstein,9,CASC
- 14 5:53.05 Conor Groerer,10,ROW
- 15 5:53.17 Bretton Love,9,GOLD
- 16 5:55.08 Andres Porras,10,UCSC
- 17 5:55.26 Patrick Cowan,10,GOLD
- 18 5:55.84 Erik Nelson,9,CASC
- 19 5:58.02 Skyler McIndoe,10,LAC
- 20 5:59.29 Jason Block,10,NCSA

100 METRES BACKSTROKE (1:27.00)

- 1 1:20.45 Conor Groerer,10,ROW
- 2 1:20.56 Jim Lee,10,WAC
- 3 1:20.84 Andre Kudaba,10,HYACK
- 4 1:21.59 Curtis Lutsch,10,UCSC
- 5 1:23.18 Dino San Pedro,10,OKA
- 6 1:24.38 Will Hergesheimer,10,NRST
- 7 1:25.05 Alexander Johnson,10,MM
- 8 1:25.45 David Hibberd,10,BRSA
- 9 1:25.67 Jakob Hlavnicka,10,COBRA
- 10 1:26.14 Jordie Szoo,10,CASC

100 METRES BREASTSTROKE (1:37.00)

- 1 1:31.02 Derek Woodhall,10,ROW
- 2 1:31.77 Ben Roberts,10,KBM
- 3 1:32.03 Curtis Lutsch,10,UCSC
- 4 1:33.60 Alexander Johnson,10,MM
- 5 1:34.07 David Hibberd,10,BRSA
- 6 1:34.13 Kelly Tso,10,LASC
- 7 1:34.21 Steven Saltzberry,10,TAT
- 8 1:34.98 Mario di Cosmo,10,RHAC
- 9 1:35.22 Daniel Jensen,9,PCSC
- 10 1:36.25 Evan Emory,10,PCSC
- 11 1:36.90 Michael Besler,10,EDSON

- 12 1:39.10 Jakob Hlavnicka,10,COBRA

100 METRES BUTTERFLY (1:35.00)

- 1 1:17.24 Andre Kudaba,10,HYACK
- 2 1:22.78 Oliver Gergely,10,FTST
- 3 1:22.96 David Hibberd,10,BRSA
- 4 1:26.05 Jordie Szoo,10,CASC
- 5 1:26.18 Ben Berg,10,RDCSC
- 6 1:27.07 Jason Block,10,NCSA
- 7 1:27.65 Craig Dagnall,10,IS
- 8 1:28.43 Jean-P. Houle,10,CNSH
- 9 1:28.51 Abdallah Gandhi,10,PCSC
- 10 1:28.53 Jakob Hlavnicka,10,COBRA
- 11 1:29.11 Michael Lowenstein,9,CASC
- 12 1:29.55 Will Hergesheimer,10,NRST
- 13 1:29.96 Patrick Cowan,10,GOLD
- 14 1:29.98 Conor Groerer,10,ROW
- 15 1:30.33 Tyler Bredschneider,9,COBRA
- 16 1:31.44 Brandon Butler,10,SJL
- 17 1:31.98 Erik Nelson,9,CASC
- 18 1:32.09 Richard Leung,10,RHAC
- 19 1:32.25 Marc-A Benoit,10,CNSH
- 20 1:32.27 Colin Donaldson,10,WVOSC

200 METRES IND. MEDLEY (3:10.00)

- 1 2:51.45 Curtis Lutsch,10,UCSC
- 2 2:52.11 Adam Driedger,10,CASC
- 3 2:57.03 Jim Lee,10,WAC
- 4 2:58.37 Jason Block,10,NCSA
- 5 2:59.49 Andre Kudaba,10,HYACK
- 6 2:59.56 Abdallah Gandhi,10,PCSC
- 7 3:00.60 Alexander Johnson,10,MM
- 8 3:00.82 David Hibberd,10,BRSA
- 9 3:01.03 Will Hergesheimer,10,NRST
- 10 3:01.84 Steven Saltzberry,10,TAT
- 11 3:01.88 Michael Lowenstein,9,CASC
- 12 3:02.37 Patrick Cowan,10,GOLD
- 13 3:03.88 Conor Groerer,10,ROW
- 14 3:04.43 Michael Besler,10,EDSON
- 15 3:05.74 Jakob Hlavnicka,10,COBRA
- 16 3:05.84 Mario di Cosmo,10,RHAC
- 17 3:05.97 Nicholas Blach,10,PCSC
- 18 3:06.05 Wesley Shum,10,GATOR
- 19 3:06.60 Marc-A Murray,10,CNDR
- 20 3:07.59 Ben Roberts,10,KBM
- 21 3:07.91 Jean-P. Houle,10,CNSH
- 22 3:08.35 Spencer Ayre,10,PCSC
- 23 3:08.36 Erik Nelson,9,CASC
- 24 3:08.65 Hugo Faucher,10,CNDR
- 25 3:08.73 Marko Gavric,9,PDSA

GIRLS 10 & UNDER

100 METRES FREESTYLE (1:15.00)

- 1 1:09.60 Kristin Pomerleau,10,DEL
- 2 1:10.80 Susan Long,10,LAC
- 3 1:10.99 Dayna Ahrens,10,ROW
- 4 1:11.19 Ellyn Barnlund,10,MANTA
- 5 1:11.42 Courtney Elliott,10,LAC
- 6 1:12.13 Kaleigh McKinnon,10,TORCH

- 7 1:12.30 Megan Young,10,FMSC
- 8 1:12.31 Brittany Ozar,10,CASC
- 9 1:13.16 Laura Almas,10,ROD
- 10 1:13.22 Ashley Perl,10,LSC
- 11 1:13.77 Marie-P Berube,10,CNHR
- 12 1:14.08 Casey Leslie,10,HWAC
- 13 1:14.54 Dallas Walker,10,BRSA

400 METRES FREESTYLE (6:00.00)

- 1 5:27.44 Courtney Elliott,10,LAC
- 2 5:30.46 Dayna Ahrens,10,ROW
- 3 5:30.67 Laura Stasiuk,10,KSS-NWO
- 4 5:31.69 Ellyn Barnlund,10,MANTA
- 5 5:32.06 Brittany Ozar,10,CASC
- 6 5:33.69 Jacqueline Meade,10,BOSC
- 7 5:33.98 Megan Young,10,FMSC
- 8 5:40.31 Kristina Sims,10,ISS
- 9 5:43.07 Geneva Murphy,10,ROD
- 10 5:44.15 Christine Zwart,10,LAC
- 11 5:48.18 Marie-P Berube,10,CNHR
- 12 5:51.13 Magwyer Herring,10,MANTA
- 13 5:51.44 Megan Bujold,10,TTSC
- 14 5:54.49 Alex Cooper,10,LAC
- 15 5:56.21 Jasmine Peloquin,10,NWO
- 16 5:56.63 Larissa Richards,10,ROD
- 17 5:57.66 Meagan Michalski,9,ISS
- 18 5:58.70 Samantha Uhlich,10,CASC
- 19 5:58.85 Kelsey McCarty,10,KSS
- 20 5:59.80 Shayna Darville,10,GVAC
- 21 9:10.52 Riley Truswell,10,LAC

100 METRES BACKSTROKE (1:27.00)

- 1 1:17.48 Kryssi Unruh,10,HWAC
- 2 1:18.32 Aleisha O'Connor,10,CT33
- 3 1:18.53 Brittany Ozar,10,CASC
- 4 1:20.00 Tara Stokes,10,SACKS
- 5 1:20.36 Kristin Pomerleau,10,DEL
- 6 1:21.22 Susan Long,10,LAC
- 7 1:21.91 Dominique Francis,10,ENC
- 8 1:22.62 Kelsey McCarty,10,KSS
- 9 1:22.91 Julie Kells,9,RDCSC
- 10 1:23.03 Jacqueline Meade,10,BOSC
- 11 1:23.37 Aurelie Letourneau,10,ENC
- 12 1:24.35 Nicole Delaloye,10,CASC
- 13 1:24.90 Courtney Elliott,10,LAC
- 14 1:24.90 Dayna Ahrens,10,ROW
- 15 1:25.41 Casey Leslie,10,HWAC
- 16 1:25.59 Ellyn Barnlund,10,MANTA
- 17 1:25.65 Emilie Roy,10,KOTN
- 18 1:25.66 Amy Harriman,10,HWAC
- 19 1:26.24 Zoe Zeiler,10,WD
- 20 1:26.30 Megan Bujold,10,TTSC
- 21 1:26.56 Mandy Bailey,10,MUSAC

100 METRES BREASTSTROKE (1:37.00)

- 1 1:29.42 Riley Truswell,10,LAC
- 2 1:31.25 Laura Almas,10,ROD
- 3 1:31.52 Susan Long,10,LAC
- 4 1:31.95 Kara Artym,10,UCSC
- 5 1:32.96 Laura Stasiuk,10,KSS
- 6 1:33.12 Kryssi Unruh,10,HWAC

- 7 1:33.35 Larissa Richards,10,ROD
- 8 1:33.76 Alyssa Holliday,10,NWO
- 9 1:34.74 Jennifer Wilson,10,MSSAC
- 10 1:34.90 Megan Young,10,FMSC
- 11 1:36.84 Danielle Newton,10,FMSC
- 12 1:36.85 Jamie-L Morrow,10,HWAC

100 METRES BUTTERFLY (1:36.00)

- 1 1:15.86 Kaleigh McKinnon,10,TORCH
- 2 1:18.25 Ellyn Barnlund,10,MANTA
- 3 1:20.34 Dayna Ahrens,10,ROW
- 4 1:20.50 Susan Long,10,LAC
- 5 1:20.99 Samantha Uhlich,10,CASC
- 6 1:21.25 Geneva Murphy,10,ROD
- 7 1:21.65 Kryssi Unruh,10,HWAC
- 8 1:22.36 Kristin Pomerleau,10,DEL
- 9 1:22.59 Melissa Schuurman,10,WAC
- 10 1:25.62 Laura Stasiuk,10,KSS
- 11 1:25.65 Mathilde Emond,10,ICI
- 12 1:25.94 Melissa Larocque,10,PCSC
- 13 1:26.22 Ashley Perl,10,LSC
- 14 1:26.71 Megan Bujold,10,TTSC
- 15 1:26.93 Magwyer Herring,10,MANTA
- 16 1:27.66 Shelbi Snodgrass,10,CASC
- 17 1:28.79 Aleisha O'Connor,10,CT33
- 18 1:29.30 Riley Truswell,10,LAC
- 19 1:30.02 Diana Granville,10,NKB
- 20 1:30.22 Shawnee Landolt,10,IS
- 21 1:30.45 Nicole Delaloye,10,CASC
- 22 1:30.47 Jasmine Peloquin,10,NWO
- 23 1:30.48 Samantha Green,10,GSC
- 24 1:30.53 Edith Dubois,10,ENC
- 25 1:30.91 Kelsey McCarty,10,KSS

200 METRES IND. MEDLEY (3:10.00)

- 1 2:49.52 Susan Long,10,LAC
- 2 2:50.22 Brittany Ozar,10,CASC
- 3 2:50.39 Kristin Pomerleau,10,DEL
- 4 2:51.50 Kryssi Unruh,10,HWAC
- 5 2:52.52 Kaleigh McKinnon,10,TORCH
- 6 2:53.84 Melissa Schuurman,10,WAC
- 7 2:55.83 Ellyn Barnlund,10,MANTA
- 8 2:57.16 Megan Young,10,FMSC
- 9 2:57.88 Kelsey McCarty,10,KSS-NWO
- 10 2:58.41 Laura Stasiuk,10,KSS-NWO
- 11 2:59.49 Courtney Elliott,10,LAC
- 12 3:00.71 Megan Bujold,10,TTSC
- 13 3:00.72 Geneva Murphy,10,ROD
- 14 3:01.09 Samantha Uhlich,9,CASC
- 15 3:01.55 Aleisha O'Connor,10,CT33
- 16 3:01.99 Riley Truswell,10,LAC
- 17 3:02.36 Laura Almas,10,ROD
- 18 3:03.39 Diana Granville,10,NKB
- 19 3:03.51 Jasmine Peloquin,10,NWO
- 20 3:03.77 Chantique Payne,10,BRANT
- 21 3:03.97 Shelbi Snodgrass,10,CASC
- 22 3:04.19 Casey Leslie,10,HWAC
- 23 3:05.13 Larissa Richards,10,ROD
- 24 3:05.28 Charlie Tapp,9,LO
- 25 3:05.48 Jennifer Piper,10,CT33

TOP AGE GROUP TIMES

Rankings for the period (results received)
October 1, 2000 to Feb 4, 2001
TAG is financially supported by
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2001 SHORT COURSE TAG®

GIRLS 11-12

50 METRES FREESTYLE

Rec: 26.34 Lori Mellen, AAC, 85

1	27.76	CASCNOV Kirsten Pomerleau, 12, DEL
2	27.94	GOLDOCT Julianne Toogood, 12, MANTA
3	28.30	RAPIDDEEC Brittany Reimer, 12, SKSC
4	28.43	METROJAN Brooke Buckland, 11, WTSC
5	28.48	TRENTJAN Kara McFall, 12, TD
6	28.54	PCSDEC Alice Chow, 12, PCSC
7	28.56	CNSHDEC Seanna Mitchell, 12, NKBC
8	28.65	KCSDEC Katerina Symes, 12, EKSC
9	28.66	RAPIDDEEC Amanda Bell, 12, SPART
10	28.68	ONSRNOV Whitney Rich, 12, ISS
11	28.71	BRANTNOV Genevieve Handorf, 12, EBSC
12	28.90	RODJAN Sarah Heinemann, 11, BKSC
13	29.12	YOUTHDEC Jackie Morrison, 12, NYAC
14	29.13	GOLDOCT Mallory Hoekstra, 12, EKSC
15	29.15	MSSACNOV Jody Jelen, 12, ESWMIM
16	29.15	YOUTHDEC Caitlin Reilly, 12, UPCAN
17	29.27	SHERDEC Catherine Kasongo, 12, SHER
18	29.30	PCSDEC Sarah Phee, 12, GO
19	29.51	MANTADEC Lauren MacQuarrie, 12, ROD
20	29.52	KSCDEC Sharla Wingeter, 12, EXST
21	29.55	CHENAJAN Aalaina Den Hartog, 12, CHENA
22	29.60	YOUTHDEC Nadine McAdam, 12, TSC
23	29.60	METROJAN Christina Burton, 12, SBSC
24	29.64	UCSAJAN Jessi Wardale, 12, CASC
25	29.65	KSCDEC Stephanie Pollard, 11, IS

100 METRES FREESTYLE

Rec: 57.36 Lori Mellen, AAC, 85

1	1:00.69	CASCNOV Kirsten Pomerleau, 12, DEL
2	1:00.87	NBAGJAN Brooke Buckland, 11, WTSC
3	1:01.98	RAPIDDEEC Brittany Reimer, 12, SKSC
4	1:02.19	RAPIDDEEC Amanda Bell, 12, SPART
5	1:02.27	GOLDOCT Julianne Toogood, 12, MANTA
6	1:02.64	ISCUPTNOV Anne Schmuck, 12, PSW
7	1:02.75	KCSDEC Katerina Symes, 12, EKSC
8	1:02.86	PCSDEC Alice Chow, 12, PCSC
9	1:02.88	CNSHDEC Seanna Mitchell, 12, NKBC
10	1:02.90	YOUTHDEC Jackie Morrison, 12, NYAC
11	1:03.35	KSCDEC Stephanie Pollard, 11, IS
12	1:03.37	YOUTHDEC Kara McFall, 12, TD
13	1:03.91	KSCDEC Kristine McDonald, 12, KCS
14	1:03.96	MSSACNOV Jody Jelen, 12, ESWMIM
15	1:04.06	KBMOCT Caitlin Reilly, 12, UPCAN
16	1:04.12	BRANTNOV Rachael Kloosterman, 12, WD
17	1:04.27	PCSDEC Sarah Phee, 12, GO
18	1:04.31	MACJAN Rachel Shallhorn, 12, OSHAC
19	1:04.35	CHENAJAN Aalaina Den Hartog, 12, CHENA
20	1:04.50	RAPIDDEEC Kathryn Johnson, 12, PDSA
21	1:04.54	MANTADEC Mackenzie Jones, 11, UCSC
22	1:04.64	YOUTHDEC Genevieve Handorf, 12, EBSC
23	1:04.80	KSCDEC Karine Kasongo, 12, EKSC
24	1:04.96	PCSDEC Kaitlyn Pittman, 12, GO
25	1:05.03	MANTADEC Lauren MacQuarrie, 12, ROD

200 METRES FREESTYLE

Rec: 2:05.41 Shauna Collins, ROD, 90

1	2:12.57	ISCUPTNOV Anne Schmuck, 12, PSW
2	2:12.72	CASCNOV Brittany Reimer, 12, SKSC
3	2:13.99	CASCNOV Carleen Ready, 12, LASC
4	2:14.44	NBAGJAN Brooke Buckland, 11, WTSC
5	2:15.42	RAPIDDEEC Kathryn Johnson, 12, PDSA
6	2:15.43	RAPIDDEEC Amanda Bell, 12, SPART
7	2:16.26	YOUTHDEC Kristen Low, 12, MSSAC
8	2:17.15	YOUTHDEC Rachael Kloosterman, 12, WD
9	2:17.20	PCSDEC Alice Chow, 12, PCSC
10	2:17.33	MSSACNOV Jody Jelen, 12, ESWMIM
11	2:18.16	GOLDOCT Mallory Hoekstra, 12, EKSC
12	2:18.95	KBMOCT Genevieve Handorf, 12, EBSC
13	2:19.51	TRENTJAN Kara McFall, 12, TD
14	2:19.56	YOUTHDEC Emiley Jellie, 12, ROW
15	2:19.62	YOUTHDEC Jackie Morrison, 12, NYAC
16	2:19.91	ISCUPTNOV Katie Koltowski, 12, PSW
17	2:20.10	CNSHDEC Seanna Mitchell, 12, NKBC
18	2:20.12	MANTADEC Mackenzie Jones, 11, UCSC
19	2:20.23	YOUTHDEC Lorraine Whiting, 12, MSSAC
20	2:20.24	KBMOCT Kaitlyn Pittman, 12, GO
21	2:20.27	KSCDEC Cali Morris, 12, HYACK
22	2:20.32	ISCUPTNOV Brittany Durieux, 12, PSW
23	2:20.36	CHENAJAN Lauren Lavigna, 11, GATOR
24	2:20.46	MANTADEC Hailee Traa, 12, MANTA
25	2:20.51	MANTADEC Karen Ingo, 12, KSS

400 METRES FREESTYLE

Rec: 4:23.93 Stephanie Shewchuk, PCSC, 87

1	4:39.21	RAPIDDEEC Amanda Bell, 12, SPART
2	4:39.38	RAPIDDEEC Kathryn Johnson, 12, PDSA
3	4:39.97	ISCUPTNOV Anne Schmuck, 12, PSW
4	4:42.09	CASCNOV Brittany Reimer, 12, SKSC
5	4:43.34	YOUTHDEC Emiley Jellie, 12, ROW
6	4:47.12	GOLDOCT Mallory Hoekstra, 12, EKSC
7	4:47.62	CASCNOV Carleen Ready, 12, LASC
8	4:47.80	MSSACNOV Jody Jelen, 12, ESWMIM
9	4:47.97	YOUTHDEC Kristen Low, 12, MSSAC
10	4:48.98	GOLDOCT Hailee Traa, 12, MANTA
11	4:51.66	YOUTHDEC Rachael Kloosterman, 12, WD
12	4:52.68	KCSDEC Brittany Durieux, 12, PSW
13	4:53.28	KCSDEC Katie Koltowski, 12, PSW
14	4:53.85	KCSDEC Cali Morris, 12, HYACK
15	4:54.89	BROCKJAN Maggie Young, 12, WAC
16	4:56.51	YOUTHDEC Genevieve Handorf, 12, EBSC
17	4:56.77	PCSDEC Kaitlyn Pittman, 12, GO
18	4:57.37	KBMOCT Kaitlyn Pittman, 12, GO
19	4:58.17	MANTADEC Karen Ingo, 12, KSS
20	4:58.46	PCSDEC Rosine Castonguay, 12, CALAC
21	4:58.79	RAPIDDEEC Hollis Roth, 12, IS
22	4:58.86	YOUTHDEC Sacha Lambert, 12, TSC
23	4:59.43	CHENAJAN Lauren Lavigna, 11, GATOR
24	4:59.72	NKBOCT Tara Baxter, 12, NKBC
25	5:00.03	UCSAJAN Glenna Young, 12, FMSC

800 METRES FREESTYLE

Rec: 8:55.85 Stephanie Shewchuk, PCSC, 87

1	9:29.10	ISCUPTNOV Anne Schmuck, 12, PSW
2	9:29.52	RAPIDDEEC Kathryn Johnson, 12, PDSA
3	9:38.63	RAPIDDEEC Amanda Bell, 12, SPART
4	9:43.08	RAPIDDEEC Emiley Jellie, 12, ROW
5	9:44.10	GOLDOCT Mallory Hoekstra, 12, EKSC
6	9:44.82	YOUTHDEC Kristen Low, 12, MSSAC
7	9:48.82	GOLDOCT Hailee Traa, 12, MANTA
8	10:04.59	VANISJAN Hollis Roth, 12, IS
9	10:05.26	ISCUPTNOV Brittany Durieux, 12, PSW
10	10:06.40	EXCELCED Ariane Nadeau, 12, REG
11	10:06.85	MANTADEC Karen Ingo, 12, KSS
12	10:09.62	MANTADEC Glenna Young, 12, FMSC
13	10:10.73	CHENAJAN Lauren Lavigna, 11, GATOR
14	10:13.89	YOUTHDEC Paige Warden, 12, SCAR
15	10:13.89	KBMOCT Tara Baxter, 12, NKBC
16	10:16.03	WOSAFOB Zara Laing, 12, ROW
17	10:16.47	MANTADEC Rebecca Easton, 12, LAC
18	10:18.03	YOUTHDEC Hannah Vaughan, 12, EAST
19	10:22.13	EXCELCED Cheryl Dupuis, 12, CNBC
20	10:23.75	PSWOCT Katie Koltowski, 12, PSW
21	10:24.43	ISCUPTNOV Stephanie Pollard, 11, IS
22	10:25.06	YOUTHDEC Christina Malinas, 12, NYAC
23	10:26.32	YOUTHDEC Jackie Morrison, 12, NYAC
24	10:28.30	ISCUPTNOV Nicole Routh, 12, HYACK

100 METRES BACKSTROKE

Rec: 1:05.71 Stephanie Brueschke, MAC, 94

1	1:07.69	CASCNOV Kirsten Pomerleau, 12, DEL
2	1:08.91	ISCUPTNOV Anne Schmuck, 12, PSW
3	1:08.94	METROJAN Brooke Buckland, 11, WTSC
4	1:10.10	CNSHDEC Tara Baxter, 12, NKBC
5	1:10.48	YOUTHDEC Genevieve Handorf, 12, EBSC
6	1:10.80	GOLDOCT Mallory Hoekstra, 12, EKSC
7	1:10.88	RAPIDDEEC Brittany Reimer, 12, SKSC
8	1:11.84	PCSDEC Kaitlyn Pittman, 12, GO
9	1:11.89	KSCDEC Katerina Symes, 12, EKSC
10	1:12.23	YOUTHDEC Caitlin Reilly, 12, UPCAN
11	1:12.43	LASCOCCT Carleen Ready, 12, LASC
12	1:12.68	PCSDEC Marilou Lepine, 12, CAMO
13	1:12.91	YOUTHDEC Rachael Kloosterman, 12, WD
14	1:13.02	PERTHJAN Courtney Kehoe, 12, PERTH
15	1:13.09	PCSDEC Kelly Hodgson, 12, PCSC
16	1:13.25	RAPIDDEEC Amanda Bell, 12, SPART
17	1:13.30	MSSACNOV Jody Jelen, 12, ESWMIM
18	1:13.31	KCSDEC Cali Morris, 12, HYACK
19	1:13.53	MACJAN Rachel Shallhorn, 12, OSHAC
20	1:13.60	YOUTHDEC Alexandra Loh, 12, OAK
21	1:13.67	KCSDEC Stephanie Pollard, 11, IS
22	1:13.89	KCSDEC Emma Cartwright, 12, PDSA
23	1:14.11	YOUTHDEC Patricia Buenbrazo, 11, ESWMIM
24	1:14.13	CHENAJAN Katie Koltowski, 12, PSW
25	1:14.18	PCSDEC Alice Chow, 12, PCSC

200 METRES BACKSTROKE

Rec: 2:20.47 Jennifer Fratesi, SSMAC, 97

1	2:25.58	NBAGJAN Brooke Buckland, 11, WTSC
2	2:26.59	PSWOCT Anne Schmuck, 12, PSW
3	2:27.78	CASCNOV Kirsten Pomerleau, 12, DEL
4	2:28.27	GOLDOCT Mallory Hoekstra, 12, EKSC
5	2:30.65	YOUTHDEC Genevieve Handorf, 12, EBSC
6	2:31.83	YOUTHDEC Kristen Low, 12, MSSAC
7	2:32.06	MSSACNOV Jody Jelen, 12, ESWMIM
8	2:32.53	RAPIDDEEC Kathryn Johnson, 12, PDSA
9	2:32.81	KSCDEC Katerina Symes, 12, EKSC
10	2:33.72	RAPIDDEEC Amanda Bell, 12, SPART
11	2:36.08	RODJAN Hailee Traa, 12, MANTA
12	2:36.33	PCSDEC Kelly Hodgson, 12, PCSC
13	2:36.40	UCSAJAN Lauren Walker, 12, OSC
14	2:36.50	YOUTHDEC Alexandra Loh, 12, OAK
15	2:36.60	PCSDEC Kaitlyn Pittman, 12, GO
16	2:36.91	MANTADEC Karen Ingo, 12, KSS
17	2:37.20	KCSDEC Brittany Durieux, 12, PSW
18	2:37.32	LASCOCCT Carleen Ready, 12, LASC
19	2:37.97	PERTHJAN Courtney Kehoe, 12, PERTH
20	2:38.00	YOUTHDEC Emiley Jellie, 12, ROW
21	2:38.30	BRANTNOV Marilou Lepine, 12, CAMO
22	2:38.36	KCSDEC Katie Koltowski, 12, PSW
23	2:38.38	UCSAJAN Stephanie Davis, 11, UCSC
24	2:38.45	KCSDEC Jennifer Self, 11, PDSA
25	2:38.85	CASCNOV Pamela Starratt, 12, CASC

100 METRES BREASTSTROKE

Rec: 1:10.11 Allison Higon, ESC, 85

1	1:14.70	ONSRNOV Whitney Rich, 12, ISS
2	1:14.88	VANISJAN Stephanie Pollard, 11, IS
3	1:17.45	ISCUPTNOV Anne Schmuck, 12, PSW
4	1:17.87	NBAGJAN Morgan Kierstead, 12, AQUA
5	1:18.76	KCSDEC Kaela Richardson, 12, VKSC
6	1:18.91	CNSHDEC Tara Baxter, 12, NKBC
7	1:19.02	YOUTHDEC Sacha Lambert, 12, TSC
8	1:19.21	SHERDEC Genevieve Crevier, 12, CNHR
9	1:19.41	KCSDEC Catherine Kasongo, 12, EKSC
10	1:19.48	CASCNOV Carleen Ready, 12, LASC
11	1:19.87	GOLDOCT Mallory Hoekstra, 12, EKSC
12	1:19.89	YOUTHDEC Jessica Plata, 12, OAK
13	1:19.90	MANTADEC Jane Harrington, 12, MM
14	1:20.43	PCSDEC Alice Chow, 12, PCSC
15	1:20.68	YOUTHDEC Kristen Low, 12, MSSAC
16	1:20.72	YOUTHDEC Nadine McAdam, 12, TSC
17	1:21.13	KCSDEC Katerina Symes, 12, EKSC
18	1:21.18	SHERDEC Laurie Beaussollet, 12, CNBF
19	1:21.28	VANISJAN Hollis Roth, 12, IS
20	1:21.51	YOUTHDEC Caitlin Reilly, 12, UPCAN
21	1:21.58	YOUTHDEC Ivana Corovic, 12, OAK
22	1:21.59	CNSHDEC Alicia Neasmith, 11, PCSC
23	1:21.62	EXCELCED Claudia Bonsant, 12, EXCEL
24	1:21.94	EXCELCED Myriam Plante, 11, UL
25	1:22.05	CNSHDEC Marie-P. Ricard, 12, SHER

200 METRES BREASTSTROKE

Rec: 2:30.55 Courtenay Chuy, HYACK, 98

1	2:41.11	ONSRNOV Whitney Rich, 12, ISS
2	2:44.39	NBAGJAN Morgan Kierstead, 12, AQUA
3	2:46.73	YOUTHDEC Sacha Lambert, 12, TSC
4	2:47.81	KCSDEC Kaela Richardson, 12, VKSC
5	2:48.67	ISCUPTNOV Anne Schmuck, 12, PSW
6	2:49.29	GOLDOCT Mallory Hoekstra, 12, EKSC
7	2:49.75	MSSACNOV Kristen Low, 12, MSSAC
8	2:49.80	PCSDEC Genevieve Crevier, 12, CNHR
9	2:52.09	VANISJAN Hollis Roth, 12, IS
10	2:53.10	KCSDEC Hanna Pierce, 12, EKSC
11	2:53.13	LASCOCCT Carleen Ready, 12, LASC
12	2:53.23	BRANTNOV Jessica Plata, 12, OAK
13	2:53.27	KCSDEC Katerina Symes, 12, EKSC
14	2:54.04	MSSACNOV Esme Hom, 12, TSC
15	2:54.32	EXCELCED Claudia Bonsant, 12, EXCEL
16	2:54.63	CNSHDEC Tara Baxter, 12, NKBC
17	2:54.93	BRANTNOV Ivana Corovic, 12, OAK
18	2:55.09	CASCNOV Catherine Kasongo, 12, EKSC
19	2:55.58	MANTADEC Shannon Byler, 12, CWC
20	2:55.69	YOUTHDEC Rachel Chan, 12, MSSAC
21	2:55.98	MANTADEC Jane Harrington, 12, MM
22	2:55.99	EXCELCED Mireille Tremblay, 12, CNBC
23	2:56.08	KCSDEC Amanda MacDonald, 12, ORCA
24	2:56.71	SHERDEC Marie-P. Ricard, 12, SHER
25	2:56.95	PCSDEC Alicia Neasmith, 11, PCSC

100 METRES BUTTERFLY

Rec: 1:05.24 Allison Garrison, KMSC, 89

1	1:07.26	CASCNOV Carleen Ready, 12, LASC
2	1:09.44	PCSDEC Alice Chow, 12, PCSC
3	1:09.90	BRANTNOV Whitney Rich, 12, ISS
4	1:10.01	PCSDEC Mykah Payne, 12, BRANT
5	1:10.51	RAPIDDEEC Brittany Reimer, 12, SKSC
6	1:10.59	ISCUPTNOV Katie Koltowski, 12, PSW
7	1:10.87	YOUTHDEC Caitlin Reilly, 12, UPCAN
8	1:10.92	RAPIDDEEC Amanda Bell, 12, SPART
9	1:11.18	YOUTHDEC Rachael Kloosterman, 12, WD
10	1:11.23	NBAGJAN Brooke Buckland, 11, WTSC
11	1:11.49	MANTADEC Mackenzie Jones, 11, UCSC
12	1:11.53	CASCNOV Andrea Kells, 11, RDSCS
13	1:11.54	PCSDEC Marilou Lepine, 12, CAMO
14	1:11.93	NBAGJAN Christina Burton, 12, SBSC
15	1:12.26	MANTADEC Jessica Holloway, 12, MANTA
16	1:12.27	YOUTHDEC Kristen Low, 12, MSSAC
17	1:12.44	MACJAN Rachel Shallhorn, 12, OSHAC
18	1:12.58	YOUTHDEC Esme Hom, 12, TSC
19	1:13.19	RAPIDDEEC Hollis Roth, 12, IS
20	1:13.28	MANTADEC Sara Beaver, 12, LAC
21	1:13.40	RAPIDDEEC Kathryn Johnson, 12, PDSA
22	1:13.41	WOSAFOB Zara Laing, 12, ROW
23	1:13.69	CNSHDEC Catherine Bezaeu, 12, SHER
24	1:13.76	MANTADEC Lauren MacQuarrie, 12, ROD
25	1:13.83	CNSHDEC Edith Acevedo, 11, CNMN

200 METRES BUTTERFLY

Rec: 2:18.09 Michelle Coulombe, CNMN, 78

1	2:34.36	KCSDEC Katie Koltowski, 12, PSW
2	2:35.82	KCSDEC Hollis Roth, 12, IS
3	2:36.49	BRANTNOV Whitney Rich, 12, ISS
4	2:37.99	ISCUPTNOV Amanda Bell, 12, SPART
5	2:38.13	YOUTHDEC Emiley Jellie, 12, ROW
6	2:38.76	YOUTHDEC Kristen Low, 12, MSSAC
7	2:40.17	BRANTNOV Mykah Payne, 12, BRANT
8	2:40.80	CHENAJAN Lauren Lavigna, 11, GATOR
9	2:41.41	MANTADEC Glenna Young, 12, FMSC
10	2:41.59	PSWOCT Anne Schmuck, 12, PSW
11	2:41.63	ISCUPTNOV Kathryn Johnson, 12, PDSA
12	2:41.72	PCSDEC Kaela Richardson, 12, VKSC
13	2:41.73	MSSACNOV Jody Jelen, 12, ESWMIM
14	2:42.41	YOUTHDEC Rachael Kloosterman, 12, WD
15	2:42.92	MSSACNOV Esme Hom, 12, TSC
16	2:42.92	MANTADEC Lauren MacQuarrie, 12, ROD
17	2:43.28	RODJAN Jessica Holloway, 12, MANTA
18	2:43.33	RODJAN Courtney Kapuslianyk, 11, GOLD
19	2:44.03	KCSDEC Kaela Richardson, 12, VKSC
20	2:44.17	CNSHDEC Edith Acevedo, 11, CNMN</

TOP AGE GROUP TIMES

Rankings for the period (results received)
October 1, 2000 to Feb 4, 2001
TAG is financially supported by
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2001 SHORT COURSE TAG®

BOYS 11-12

50 METRES FREESTYLE

Rec: 25.28	John M. Mills, GO, 93
1	26.94 CASACNOV Lee Grant, 12, UCSC
2	27.29 MANTADEC Chris Bento, 12, LAC
3	27.43 YOUTHDEC Steven Rubacha, 12, MSSAC
4	27.87 MANTADEC Aaron Moseley-W., 12, TPRR
5	27.97 KCSDEC Brett Schmid, 12, CASC
6	28.04 CASACNOV Travis Routh, 12, WLBFB
7	28.10 UCSAJAN Joel Greenshields, 12, RDCSC
8	28.19 CASHDEC Bryan Mell, 12, NEW
9	28.37 LACNOV David Mongeri, 12, BROCK
10	28.42 RAPIDDEC Fraser Robertson, 12, RAPID
11	28.55 SAMAKJAN Mathieu Bois, 12, HIPPO
12	28.65 KBMOCOT Ryan Gow, 12, TRENT
13	28.68 CASHDEC Kelvin Ng, 12, RHAC
14	28.69 MANTROJAN Daniel MacAulay, 12, EAST
15	28.70 MSSACNOV Patrick Cuch, 12, TSC-TO
16	28.72 EYSCNOV Richard Shih, 12, NYAC
17	28.74 YOUTHDEC Mauro Parker, 12, OAK
18	28.78 RAPIDDEC Johnson Teo, 12, PDSA
19	28.85 SHERDEC Sebastian Angers, 12, CASE
20	28.89 BRANTNOV Samuel Doucet, 12, CAMO
21	29.04 UCSAJAN Nathan Demchuk, 12, EKSC
22	29.09 CASHDEC Samuel Garant, 12, CNCI
23	29.11 PCSDEC Alex Brunton, 12, BRANT
24	29.17 CASHDEC Sean Duncan, 12, RHAC
25	29.19 BRANTNOV Joel Doucet, 12, CAMO

100 METRES BACKSTROKE

Rec: 55.99	Brad Creelman, TOMAC, 83
1	59.71 MANTADEC Chris Bento, 12, LAC
2	59.93 YOUTHDEC Steven Rubacha, 12, MSSAC
3	1:00.79 CASACNOV Lee Grant, 12, UCSC
4	1:01.31 SAMAKJAN Mathieu Bois, 12, HIPPO
5	1:01.45 YOUTHDEC Mauro Parker, 12, OAK
6	1:01.51 KCSDEC Brett Schmid, 12, CASC
7	1:01.73 UCSAJAN Joel Greenshields, 12, RDCSC
8	1:01.76 EYSCNOV Richard Shih, 12, NYAC
9	1:01.93 CASHDEC Bryan Mell, 12, NEW
10	1:02.06 RHACOCOT Yonathan Pralgo, 12, COBRA
11	1:02.24 YOUTHDEC Patrick Cuch, 12, TSC-TO
12	1:02.55 YOUTHDEC Daniel MacAulay, 12, EAST
13	1:02.55 YOUTHDEC David Mongeri, 12, BROCK
14	1:02.52 CASHDEC Kelvin Ng, 12, RHAC
15	1:02.85 RAPIDDEC Davor Isic, 12, PDSA
16	1:02.95 PCSDEC Sebastian Angers, 12, CASE
17	1:03.01 KCSDEC Nathan Demchuk, 12, EKSC
18	1:03.06 KCSDEC Travis Routh, 12, WLBFB
19	1:03.31 EXCELDEC Francois-P. Murray, 12, CNCI
20	1:03.39 KBMOCOT Ryan Gow, 12, TRENT
21	1:03.39 YOUTHDEC Kevin Jones, 12, OAK
22	1:03.59 YOUTHDEC David Landry, 12, OAK
23	1:03.86 METROJAN Marc Pyle, 11, SWAT
24	1:03.94 MANTADEC Aaron Moseley-W., 12, TPRR
25	1:04.03 KCSDEC Patrick Downing, 12, HYACK

200 METRES FREESTYLE

Rec: 2:01.59	Doug Wake, YLSC, 90
1	2:08.78 MANTADEC Chris Bento, 12, LAC
2	2:12.41 SAMAKJAN Mathieu Bois, 12, HIPPO
3	2:12.65 YOUTHDEC Daniel MacAulay, 12, EAST
4	2:13.87 MANTADEC Joel Greenshields, 12, RDCSC
5	2:14.05 EXCELDEC Francois-P. Murray, 12, CNCI
6	2:14.36 EXCELDEC Renaud Laliberte, 12, UL
7	2:14.65 BROCKJAN David Mongeri, 12, BROCK
8	2:15.48 CASACNOV Lee Grant, 12, UCSC
9	2:15.73 YOUTHDEC Mauro Parker, 12, OAK
10	2:16.41 PCSDEC Peter Bowen, 12, GO
11	2:16.55 CASHDEC Bryan Mell, 12, NEW
12	2:16.68 KBMOCOT Nicolas Sanschagrin, 12, GO
13	2:16.70 YOUTHDEC Matthew Sze, 12, PDSA
14	2:16.72 MANTADEC Matthew Vervey, 12, RDCSC
15	2:16.90 ISCUPNOV Jordan Hartney, 12, PSW
16	2:16.98 ISCUPNOV Chris Wiggins, 12, PDSA
17	2:17.08 NKBOCOT Steven Rubacha, 12, MSSAC
18	2:17.27 YOUTHDEC Patrick Cuch, 12, TSC-TO
19	2:17.97 EYSCNOV Richard Shih, 12, NYAC
20	2:18.22 CASHDEC Kelvin Ng, 12, RHAC
21	2:18.40 CASHDEC Sean Duncan, 12, RHAC
22	2:18.57 RAPIDDEC Davor Isic, 12, PDSA
23	2:18.60 BROCKNOV Jamie Ross, 12, AUROR
24	2:18.64 KCSDEC Nathan Demchuk, 12, EKSC
25	2:18.65 KBMOCOT Ryan Gow, 12, TRENT

400 METRES FREESTYLE

Rec: 4:15.89	Chuck Sayao, TOMAC, 95
1	4:31.33 MANTADEC Chris Bento, 12, LAC
2	4:39.62 YOUTHDEC David Mongeri, 12, BROCK
3	4:39.65 YOUTHDEC Daniel MacAulay, 12, EAST
4	4:45.50 YOUTHDEC Patrick Cuch, 12, TSC-TO
5	4:45.78 RAPIDDEC Johnson Teo, 12, PDSA
6	4:46.41 PCSDEC Peter Bowen, 12, GO
7	4:46.78 CHENAJAN Jordan Hartney, 12, PSW
8	4:48.34 YOUTHDEC Bryan Mell, 12, NEW
9	4:48.91 EXCELDEC Renaud Laliberte, 12, UL
10	4:49.67 YOUTHDEC Mauro Parker, 12, OAK
11	4:49.93 MANTADEC Joel Greenshields, 12, RDCSC
12	4:50.90 SAMAKJAN Mathieu Bois, 12, HIPPO
13	4:51.67 EXCELDEC Francois-P. Murray, 12, CNCI
14	4:51.83 KBMOCOT Nicolas Sanschagrin, 12, GO
15	4:51.89 LACNOV Yonathan Pralgo, 12, COBRA
16	4:52.73 CASACNOV Matthew Vervey, 12, RDCSC
17	4:52.73 ISCUPNOV Davor Isic, 12, PDSA
18	4:52.77 KCSDEC Nathan Demchuk, 12, EKSC
19	4:53.18 KCSDEC Daniel Kennedy, 12, KISU
20	4:53.30 MSSACNOV Jonathan Marques, 12, TSC
21	4:53.44 KCSDEC Adam Szoo, 12, CASC
22	4:53.50 RAPIDDEC Yang Li, 12, GATOR
23	4:54.21 ISCUPNOV Chris Wiggins, 12, PDSA
24	4:54.79 YOUTHDEC Alex Cambareni, 12, CPAC
25	4:55.19 KCSDEC Patrick Downing, 12, HYACK

1500 METRES FREESTYLE

Rec: 16:58.85	Jamie White, LAC, 90
1	17:45.96 MANTADEC Chris Bento, 12, LAC
2	18:17.49 YOUTHDEC Daniel MacAulay, 12, EAST
3	18:39.07 YOUTHDEC Patrick Cuch, 12, TSC-TO
4	18:45.33 ISCUPNOV Davor Isic, 12, PDSA
5	18:49.25 YOUTHDEC David Mongeri, 12, BROCK
6	18:54.13 EXCELDEC Renaud Laliberte, 12, UL
7	18:58.86 UCSAJAN Matthew Vervey, 12, RDCSC
8	19:02.43 ISCUPNOV Matthew Sze, 12, PDSA
9	19:06.20 CHENAJAN Jordan Hartney, 12, PSW
10	19:07.49 EXCELDEC Jonathan Gagne, 12, DDO
11	19:12.12 YOUTHDEC Inaki Gomez, 12, PDSA
12	19:12.56 ISCUPNOV Chris Wiggins, 12, PDSA
13	19:12.78 EXCELDEC Francois-P. Murray, 12, CNCI
14	19:19.46 UCSAJAN Jayme Hagen, 12, OSC
15	19:26.07 MANTADEC Lee Grant, 12, UCSC
16	19:27.46 ISCUPNOV Kyr Getman, 11, WVOSC
17	19:27.90 YOUTHDEC Alex Cambareni, 12, CPAC
18	19:28.56 COBRANOV Yonathan Pralgo, 12, COBRA
19	19:33.37 CASHDEC Sean Duncan, 12, RHAC
20	19:37.37 UCSAJAN Nathan Demchuk, 12, EKSC
21	19:40.89 CASHDEC Guillaume Vallieres-L., 12, CNSJ
22	19:46.06 EXCELDEC Pascal Provencher-F., 12, GAMIN
23	19:46.68 YOUTHDEC Viktor Verblac, 12, YORC
24	19:47.47 UCSAJAN Adam Kautz, 12, JASC
25	19:47.62 YOUTHDEC Cameron Cummings, 12, OAK

100 METRES BACKSTROKE

Rec: 1:03.53	Tobias Oriwol, PCSC, 98
1	1:05.70 YOUTHDEC Steven Rubacha, 12, MSSAC
2	1:07.79 ISCUPNOV Jordan Hartney, 12, PSW
3	1:08.04 MANTADEC Lee Grant, 12, UCSC
4	1:09.26 PCSDEC Sebastian Angers, 12, CASE
5	1:09.43 MANTADEC Joel Greenshields, 12, RDCSC
6	1:09.81 SHERDEC Maxime Rome-Gosselin, 12, CNHR
7	1:09.98 TORJAN Kevin Jones, 12, OAK
8	1:10.24 KCSDEC Brett Schmid, 12, CASC
9	1:10.32 RHACOCOT Ivan Leung, 12, RHAC
10	1:10.97 ESWIMOCT Chris Bento, 11, LAC
11	1:11.10 KCSDEC Leonard Ma, 12, PDSA
12	1:11.24 YOUTHDEC Travis Redpath, 12, PDSA
13	1:11.28 CASHDEC Mathieu Bois, 12, HIPPO
14	1:11.33 EYSCNOV Richard Shih, 12, NYAC
15	1:11.59 CASHDEC Jonathan Blouin, 12, CMQ
16	1:11.82 PCSDEC Etienne Paquet, 12, BFB
17	1:12.21 MSSACNOV Patrick Cuch, 12, TSC-TO
18	1:12.21 KCSDEC Daniel Kennedy, 12, KISU
19	1:12.25 LACNOV Yonathan Pralgo, 12, COBRA
20	1:12.50 RAPIDDEC Fraser Roberts, 12, RAPID
21	1:12.53 KCSDEC Jonathan Ross, 12, EKSC
22	1:12.93 ISCUPNOV Chris Wiggins, 12, PDSA
23	1:13.08 BRANTNOV Joel Doucet, 12, CAMO
24	1:13.18 KCSDEC Adam Szoo, 12, CASC
25	1:13.53 RAPIDDEC Jeffrey Lau, 12, GATOR

200 METRES BACKSTROKE

Rec: 2:14.05	Tobias Oriwol, PCSC, 98
1	2:21.47 MANTADEC Chris Bento, 12, LAC
2	2:24.01 ISCUPNOV Jordan Hartney, 12, PSW
3	2:25.65 YOUTHDEC Steven Rubacha, 12, MSSAC
4	2:26.25 MANTADEC Joel Greenshields, 12, RDCSC
5	2:29.48 CASACNOV Lee Grant, 12, UCSC
6	2:29.53 YOUTHDEC Kevin Jones, 12, OAK
7	2:30.91 MSSACNOV Patrick Cuch, 12, TSC-TO
8	2:31.04 PCSDEC Sebastian Angers, 12, CASE
9	2:31.89 YOUTHDEC Travis Redpath, 12, PDSA
10	2:33.37 KCSDEC Brett Schmid, 12, CASC
11	2:33.68 SHERDEC Maxime Rome-Gosselin, 12, CNHR
12	2:33.81 RHACOCOT Ivan Leung, 12, RHAC
13	2:34.27 RAPIDDEC Inaki Gomez, 12, PDSA
14	2:34.48 CASHDEC Daniel Baier, 12, STARS
15	2:34.60 ISCUPNOV Chris Wiggins, 12, PDSA
16	2:34.78 PCSDEC Etienne Paquet, 12, BFB
17	2:35.12 KCSDEC Adam Szoo, 12, CASC
18	2:35.40 YOUTHDEC Matthew Sze, 12, PDSA
19	2:35.73 KCSDEC Jonathan Ross, 12, EKSC
20	2:35.91 PERTHJAN Glen Toronto, 12, OYO
21	2:36.01 LACNOV Yonathan Pralgo, 12, COBRA
22	2:36.43 CASHDEC Sean Duncan, 12, RHAC
23	2:36.48 KCSDEC Tim Routh, 12, WLBFB
24	2:36.77 CASACNOV Justin Di Stefano, 12, UCSC
25	2:36.84 LACNOV David Mongeri, 12, BROCK

100 METRES BREASTSTROKE

Rec: 1:07.51	Matthew Huang, ARBU, 97
1	1:12.47 CASHDEC Mathieu Bois, 12, HIPPO
2	1:13.11 CASHDEC Bryan Mell, 12, NEW
3	1:13.22 ONSRNOV Jamie Ross, 13, AUROR
4	1:15.14 MANTADEC Patrick Cuch, 12, TSC-TO
5	1:16.96 YOUTHDEC Steven Rubacha, 12, MSSAC
6	1:19.29 CASHDEC Eric Belec, 12, PCSC
7	1:19.73 KCSDEC Jeffrey Lai, 12, EKSC
8	1:20.03 YOUTHDEC Matthew Sze, 12, PDSA
9	1:20.52 KCSDEC Travis Routh, 12, WLBFB
10	1:20.83 YOUTHDEC Tristan Partridge, 12, OAK
11	1:20.89 CASHDEC Daniel Baier, 12, STARS
12	1:21.15 EXCELDEC Luka Elezovic, 12, HYACK
13	1:21.31 YOUTHDEC Jason Yee, 11, NEW
14	1:21.40 METROJAN Marc Pyle, 11, SWAT
15	1:21.41 PCSDEC Simon Robichaud, 12, CNHR
16	1:21.71 METROJAN Scott Bennett, 12, SJL
17	1:21.80 CASACNOV Charles Wong, 11, UCSC
18	1:22.30 RAPIDDEC Yang Li, 12, GATOR
19	1:22.35 EXCELDEC Francis Sarrasin-L., 12, UL
20	1:22.61 CASACNOV Michael Ng, 12, EKSC
21	1:22.68 PCSDEC Chris Waldau, 12, PCSC
22	1:22.91 CASHDEC Kelvin Ng, 12, RHAC
23	1:22.92 EXCELDEC Erik Brisson, 12, DDO
24	1:23.18 UTOCT Jonathan Marques, 12, TSC-TO
25	1:23.20 CASACNOV Matthew Vervey, 12, RDCSC

200 METRES BREASTSTROKE

Rec: 2:26.87	Matthew Huang, ARBU, 97
1	2:37.15 CASHDEC Mathieu Bois, 12, HIPPO
2	2:38.54 CASHDEC Bryan Mell, 12, NEW
3	2:47.03 YOUTHDEC Steven Rubacha, 12, MSSAC
4	2:48.99 BROCKNOV Jamie Ross, 12, AUROR
5	2:49.99 METROJAN Scott Bennett, 12, SJL
6	2:51.73 CHENAJAN Jordan Hartney, 12, PSW
7	2:51.98 CASHDEC Daniel Baier, 12, STARS
8	2:52.11 CHENAJAN Yang Li, 12, GATOR
9	2:52.99 YOUTHDEC Tristan Partridge, 12, OAK
10	2:53.10 CASHDEC Guillaume Vallieres-L., 12, CNSJ
11	2:53.84 BRANTNOV Eric Belec, 12, PCSC
12	2:54.59 YOUTHDEC Matthew Sze, 12, PDSA
13	2:54.88 MSSACNOV Jonathan Marques, 12, TSC
14	2:54.80 KCSDEC Travis Routh, 12, WLBFB
15	2:55.50 EXCELDEC Francis Sarrasin-L., 12, UL
16	2:55.73 KCSDEC Jeffrey Lai, 12, EKSC
17	2:55.80 CASACNOV Charles Wong, 11, UCSC
18	2:56.21 DCSNOV Marc Pyle, 11, SWAT
19	2:56.55 EXCELDEC Erik Brisson, 12, DDO
20	2:56.68 LACNOV Yonathan Pralgo, 12, COBRA
21	2:57.04 YOUTHDEC Inaki Gomez, 12, PDSA
22	2:57.15 MANTADEC Matthew Vervey, 12, RDCSC
23	2:58.68 LACNOV Nick Mazmanian, 12, CAJ
24	2:58.70 ISCUPNOV Joey Wal, 12, HYACK
25	2:59.18 EXCELDEC Olivier Clement-S., 12, DYNAM

100 METRES BUTTERFLY

Rec: 1:02.37	Drew Chorney, TMSC, 91 / Michael Calkins, IS, 91
1	1:07.36 MSSACNOV Patrick Cuch, 12, TSC-TO
2	1:07.78 CASHDEC Mathieu Bois, 12, HIPPO
3	1:07.85 MANTADEC Joel Greenshields, 12, RDCSC
4	1:07.92 YOUTHDEC David Mongeri, 12, BROCK
5	1:08.89 CHENAJAN Jordan Hartney, 12, PSW
6	1:09.77 CASHDEC Endi Babbi, 12, EYSC
7	1:11.37 EXCELDEC Guillaume Gagnon, 10, CNBC
8	1:11.37 SHERDEC Maxime Rome-Gosselin, 12, CNHR
9	1:11.78 CASACNOV David Holmes, 12, OSC
10	1:11.98 RAPIDDEC Davor Isic, 12, PDSA
11	1:12.07 MANTADEC Lee Grant, 12, UCSC
12	1:12.41 RAPIDDEC Fraser Roberts, 12, RAPID
13	1:12.44 CASHDEC Jonathan Turcotte, 12, HIPPO
14	1:12.52 PCSDEC Nicolas Sanschagrin, 12, GO
15	1:12.59 RAPIDDEC Johnson Teo, 12, PDSA
16	1:12.67 YOUTHDEC Inaki Gomez, 12, PDSA
17	1:12.99 KCSDEC Zacary Odger, 12, CASC
18	1:13.12 KCSDEC Ilya Brotzky, 12, PDSA
19	1:13.66 EXCELDEC Jonathan Gagne, 12, DDO
20	1:13.76 CASHDEC Samuel Garant, 12, CNCI
21	1:13.76 UCSAJAN Jeffrey Lai, 12, EKSC
22	1:13.79 KCSDEC Travis Routh, 12, WLBFB
23	1:14.16 UCSAJAN Nathan Demchuk, 12, EKSC
24	1:14.34 ESWIMOCT Chris Bento, 12, LAC
25	1:14.74 VPSNOV Yang Li, 12, GATOR

200 METRES BUTTERFLY

Rec: 2:17.46	Andrew Cho, HYACK, 91
1	2:29.75 YOUTHDEC Patrick Cuch, 12, TSC-TO
2	2:31.47 CASHDEC Mathieu Bois, 12, HIPPO
3	2:35.19 BRANTNOV Chris Bento, 13, LAC
4	2:35.36 ISCUPNOV Jordan Hartney, 12, PSW
5	2:35.65 BRANTNOV David Mongeri, 12, BROCK
6	2:38.28 CASHDEC Endi Babbi, 12, EYSC
7	2:38.56 KBMOCOT Nicolas Sanschagrin, 12, GO
8	2:39.76 KCSDEC Nathan Demchuk, 12, EKSC
9	2:39.84 EXCELDEC Jonathan Gagne, 12, DDO
10	2:39.93 YOUTHDEC Inaki Gomez, 12, PDSA
11	2:40.43 RHACOCOT Yonathan Pralgo, 12, COBRA
12	2:40.99 KCSDEC Ilya Brotzky, 12, PDSA
13	2:41.07 YOUTHDEC Viktor Verblac, 12, YORC
14	2:42.27 YOUTHDEC Cody Gault, 12, TSC
15	2:42.43 MANTADEC McLean Eubank, 12, BRSA
16	2:42.87 EXCELDEC Guillaume Gagnon, 10, CNBC
17	2:43.26 ISCUPNOV Davor Isic, 12, PDSA
18	2:44.13 CASHDEC Jayme Hagen, 12, OSC
19	2:45.05 KCSDEC Jeffrey Lai, 12, EKSC
20	2:45.84 YOUTHDEC Karl Trimble, 12, BROCK
21	2:46.77 CASHDEC Samuel Garant, 12, CNCI
22	2:47.66 KCSDEC Jim Phelan, 12, EKSC
23	2:47.90 CASHDEC Jonathan Turcotte, 12, HIPPO
24	2:47.99 KCSDEC Ryan Buna, 12, IS
25	2:49.32 KCSDEC Nathan Lynch, 12, OSC

200 METRES IND. MEDLEY

Rec: 2:17.55	Matthew Huang, ARBU, 97
1	2:19.62 MANTADEC Chris Bento, 12, LAC
2	2:23.11 CASHDEC Mathieu Bois, 12, HIPPO
3	2:26.74 YOUTHDEC Steven Rubacha, 12, MSSAC
4	2:29.37 YOUTHDEC Bryan Mell, 12, NEW
5	2:29.73 MANTADEC Lee Grant, 12, UCSC
6	2:30.75 YOUTHDEC Matthew Sze, 12, PDSA
7	2:30.96 YOUTHDEC Patrick Cuch, 12, TSC-TO
8	2:31.68 CASACNOV Joel Greenshields, 12, RDCSC
9	2:32.20 EYSCNOV Richard Shih, 12, NYAC
10	2:32.38 ISCUPNOV Jordan Hartney, 12, PSW
11	2:33.96 YOUTHDEC David Mongeri, 12, BROCK
12	2:34.23 KCSDEC Travis Routh, 12, WLBFB

TOP AGE GROUP TIMES

Rankings for the period (results received)
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2001 SHORT COURSE TAG®

**GIRLS
13-14**

50 METRES FREESTYLE

Rec: 26.04 Kristin Topham, MANTA, 88

- 26.84 CNSHDEC Jennifer Beckberger, 14, AAC
- 27.19 UCSAJAN Kirsten Pomerleau, 13, DEL
- 27.31 GOLDOCT Erin Kardash, 14, MM
- 27.34 YOUTHDEC Allison Bennett, 14, NYAC
- 27.37 KCSDEC Tina Hoang, 14, HYACK
- 27.40 TMSCNOV Andrea Shoust, 14, SSMAC
- 27.47 RAPIDDEC Melissa Lam, 13, SPART
- 27.49 MANTADEC Joana Cook, 14, RYMM
- 27.49 GOLDOCT Diane Kardash, 14, MM
- 27.49 EXCELDEC Marie-P. Blais, 14, DDO
- 27.53 YOUTHDEC Nadia Kumentas, 13, WD
- 27.56 ONSRNOV Emily Gillespie, 13, PERTH
- 27.65 EDMONNOV Kari Pomerleau, 15, DELTA-AB
- 27.66 MANTADEC Julianne Toogood, 12, MANTA
- 27.77 MANTADEC Kelly Timmons, 14, OSC-SE
- 27.94 MANTADEC Ashlee Hagel, 14, LASC
- 28.02 UCSAJAN Lindsey Miller, 14, NCSA
- 28.04 MANTADEC Vanessa Johnson, 14, MM
- 28.14 EXCELDEC Caitlin Babb, 14, DDO
- 28.15 ISCPNOV Jessica Aspinaill, 13, RAC
- 28.16 MANTADEC Katie Lee, 13, USC
- 28.16 MACJAN Kelsey Nemeth, 14, AAC
- 28.20 CAMOOC Genevieve Saumur, 13, CAMO
- 28.24 PRASCDCE April Tam, 14, SA
- 28.25 RAPIDDEC Faye Ling, 14, DELTA

100 METRES FREESTYLE

Rec: 56.29 Shauna Collins, ROD, 90

- 58.49 YOUTHDEC Allison Bennett, 14, NYAC
- 58.75 CNSHDEC Jennifer Beckberger, 14, AAC
- 58.90 ONSRNOV Emily Gillespie, 13, PERTH
- 59.30 GOLDOCT Erin Kardash, 14, MM
- 59.41 MANTADEC Joana Cook, 14, RYMM
- 59.58 ISCPNOV Melissa Lam, 13, SPART
- 59.68 CNSHDEC Kelsey Nemeth, 14, AAC
- 59.79 KCSDEC Tina Hoang, 14, HYACK
- 1:00.07 YOUTHDEC Shannon Hackett, 14, PDSA
- 1:00.14 NEOROCT Andrea Shoust, 14, SSMAC
- 1:00.19 GOLDOCT Diane Kardash, 15, MM
- 1:00.31 MANTADEC Julianne Toogood, 12, MANTA
- 1:00.32 EXCELDEC Caitlin Babb, 14, DDO
- 1:00.44 EXCELDEC Marie-P. Blais, 14, MEGO
- 1:00.50 YOUTHDEC Kayla Graham, 14, EAST
- 1:01.01 CNSHDEC Joan Brouillard, 14, ELITE
- 1:01.51 PCSDCDEK Julia Guay-Racine, 14, CAMO
- 1:01.85 KCSDECK Genevieve Poirier-Leroy, 13, NRST
- 1:00.88 YOUTHDEC Sarah Chan, 14, NYAC
- 2:00.88 MANTADEC Katie Lee, 13, USC
- 2:00.91 BRANTNOV Nadia Kumentas, 13, WD
- 2:00.92 PCSDCDEK Chani Davidson, 14, CAMO
- 2:00.95 PCSDCDEK Genevieve Saumur, 13, CAMO
- 2:01.12 MSSACNOV Martha Ziolkowski, 13, YORK
- 2:01.12 RAPIDDEC Kelsey Rush, 14, RAYS

200 METRES FREESTYLE

Rec: 2:00.88 Jane Kerr, ESC, 83

- 2:06.72 YOUTHDEC Allison Bennett, 14, NYAC
- 2:07.36 CNSHDEC Kelsey Nemeth, 14, AAC
- 2:07.93 YOUTHDEC Shannon Hackett, 14, PDSA
- 2:08.36 PERTHJAN Emily Gillespie, 13, PERTH
- 2:08.62 CNSHDEC Jennifer Beckberger, 14, AAC
- 2:08.75 PCSDCDEK Julia Guay-Racine, 14, CAMO
- 2:09.00 MANTADEC Kelly Timmons, 14, OSC-SE
- 2:09.40 TORJAN Laura Wise, 14, COBRA
- 2:09.48 MANTADEC Avery Kremer, 14, OSC
- 2:09.94 MANTADEC Krista Haslund, 14, ROD
- 2:10.30 MANTADEC Stacy Cormack, 14, BRSA
- 2:10.30 KCSDEK Tina Hoang, 14, HYACK
- 2:10.47 NBAGJAN Bevan Haley, 13, WTSC
- 2:10.61 YOUTHDEC Elyse Dudar, 13, MSSAC-TO
- 2:10.66 KCSDEK Anne Schmuick, 13, PSW
- 2:11.02 KCSDEK Valerie Pomaizt, 14, NRST
- 2:11.07 YOUTHDEC Kayla Graham, 14, EAST
- 2:11.44 YOUTHDEC Taryn Lencoe, 14, PDSA
- 2:11.50 EXCELDEC Caitlin Babb, 14, DDO
- 2:11.77 EXCELDEC Suzanne Vary, 13, CNDR
- 2:12.16 PCSDCDEK Joan Brouillard, 14, ELITE
- 2:12.31 VANISJAN Genevieve Poirier-Leroy, 13, NRST
- 2:12.33 ONSRNOV Nadia Kumentas, 13, WD
- 2:12.54 PCSDCDEK Chani Davidson, 14, CAMO
- 2:12.62 MANTADEC Brittany Cooper, 14, LAC

400 METRES FREESTYLE

Rec: 4:14.43 Elissa Purvis, CDSC, 85

- 4:22.54 YOUTHDEC Shannon Hackett, 14, PDSA
- 4:22.73 CNSHDEC Kelsey Nemeth, 14, AAC
- 4:26.88 YOUTHDEC Elyse Dudar, 13, MSSAC-TO
- 4:28.30 NBAGJAN Bevan Haley, 13, WTSC
- 4:31.37 KCSDEK Anne Schmuick, 13, PSW
- 4:32.01 MANTADEC Krista Haslund, 14, ROD
- 4:32.49 MANTADEC Avery Kremer, 14, OSC
- 4:34.00 KCSDEK Valerie Pomaizt, 14, NRST
- 4:34.02 YOUTHDEC Taryn Lencoe, 14, PDSA
- 4:34.79 YOUTHDEC Allison Bennett, 14, NYAC
- 4:36.03 MANTADEC Stacy Cormack, 14, BRSA
- 4:37.19 PERTHJAN Emily Gillespie, 13, PERTH
- 4:37.64 VANISJAN Stephanie Bigelow, 14, IS
- 4:37.92 RAPIDDEC Brienne Cloak, 14, IS
- 4:38.33 MANTADEC Brittany Cooper, 14, LAC
- 4:38.96 YOUTHDEC Martha Ziolkowski, 13, YORK
- 4:39.53 ONSRNOV Laura Wise, 14, COBRA
- 4:40.33 GOLDOCT Kelly Timmons, 14, OSC-SE
- 4:40.37 BRANTNOV Amanda Kelly, 13, HWAC
- 2:40.79 RAPIDDEC Kelsey Rush, 14, RAYS
- 4:41.04 MANTADEC Kristen Vandenberg, 14, LAC
- 4:41.33 CNSHDEC Andrea Zarinis, 13, NKB
- 4:41.58 PCSDCDEK Josiane Lepine, 15, CAMO
- 4:41.59 SHERDEC Myriam Roy-L'Ecuyer, 13, CNB
- 4:41.97 DCSNOV Amy Longobardi, 13, EAST

800 METRES FREESTYLE

Rec: 8:40.43 Elissa Purvis, CDSC, 86

- 9:05.84 YOUTHDEC Elyse Dudar, 13, MSSAC-TO
- 9:09.21 YOUTHDEC Shannon Hackett, 14, PDSA
- 9:11.48 CNSHDEC Kelsey Nemeth, 14, AAC
- 9:15.31 METROJAN Ainsley McFadden, 12, CBD
- 9:17.40 YOUTHDEC Taryn Lencoe, 14, PDSA
- 9:18.87 MANTADEC Krista Haslund, 14, ROD
- 9:19.45 EDMONNOV Bevan Haley, 13, WTSC
- 9:19.70 MANTADEC Kelly Timmons, 14, OSC-SE
- 9:20.41 MANTADEC Brittany Cooper, 14, LAC
- 9:21.69 MANTADEC Kristen Vandenberg, 14, LAC
- 9:22.16 MANTADEC Amanda Long, 13, LAC
- 9:22.93 CHENAJAN Anne Schmuick, 13, PSW
- 9:26.36 MANTADEC Stacy Cormack, 14, BRSA
- 9:26.40 KCSDEK Valerie Pomaizt, 14, NRST
- 9:27.30 RAPIDDEC Stephanie Bigelow, 14, IS
- 9:28.00 YOUTHDEC Haylee Johnson, 14, PDSA
- 9:30.16 RAPIDDEC Brienne Cloak, 14, IS
- 9:35.13 MANTADEC Avery Kremer, 14, OSC
- 9:35.56 MANTADEC Ashlee Hagel, 14, LASC
- 9:36.95 ISCPNOV Courtney Mulhern, 13, PSW
- 9:37.23 YOUTHDEC Jody Jelen, 13, ESWM
- 9:37.90 KCSDEK Stephanie Nicholls, 14, PN
- 9:38.34 CAJGAN Andrea Zarinis, 14, NKB
- 9:38.56 MANTADEC Carly Schaab, 14, UCSC
- 9:38.62 ABSRIJAN Thea Norton, 14, OSC

100 METRES BACKSTROKE

Rec: 1:02.21 Suzanne Weekend, JS, 92

- 1:04.82 TORJAN Katie Smith, 14, COBRA
- 1:05.05 NEOROCT Andrea Shoust, 14, SSMAC
- 1:05.26 ONSRNOV Emily Gillespie, 13, PERTH
- 1:05.30 KCSDEK Tina Hoang, 14, HYACK
- 1:05.41 BRANTNOV Melissa Bartlett, 14, CYPSS
- 1:06.00 CNSHDEC Kelsey Nemeth, 14, AAC
- 1:06.43 ISCPNOV Jessica Aspinaill, 13, RAC
- 1:06.67 PCSDCDEK Genevieve Saumur, 13, CAMO
- 1:06.79 RAPIDDEC Melissa Lam, 13, SPART
- 1:06.85 MSSACNOV Laura Wise, 14, COBRA
- 1:06.85 CNSHDEC Jennifer Beckberger, 14, AAC
- 1:07.24 MANTADEC Mallory Hoekstra, 13, EKSC
- 1:07.25 PCSDCDEK Julia Guay-Racine, 14, CAMO
- 1:07.26 MANTADEC Gillian Bryon, 14, USC
- 1:07.42 PCSDCDEK Noemie Brand, 14, MM
- 1:07.47 GOLDOCT Erin Kardash, 14, PDSA
- 1:07.48 CASCNOV Kari Pomerleau, 14, DEL
- 1:07.59 YOUTHDEC Martha Ziolkowski, 13, YORK
- 1:07.63 YOUTHDEC Brittny Scott, 14, ROW
- 2:07.92 TRENTJAN Shannon McQueen, 13, NKB
- 2:08.20 MANTADEC Kendall Filazek, 14, UCSC
- 2:08.53 BRANTNOV Alyssa Hubert, 13, CYPSS
- 2:08.57 GOLDOCT Diane Kardash, 14, MM
- 2:08.65 MANTADEC Stacy Cormack, 14, BRSA
- 2:08.72 UCSAJAN Kirsten Pomerleau, 13, DEL

200 METRES BACKSTROKE

Rec: 2:12.86 Kelly Stefanyshyn, MANTA, 97

- 2:20.33 BRANTNOV Laura Wise, 14, COBRA
- 2:21.27 CNSHDEC Kelsey Nemeth, 14, AAC
- 2:22.16 TMSCNOV Andrea Shoust, 14, SSMAC
- 2:22.85 ONSRNOV Katie Smith, 14, COBRA
- 2:23.29 PCSDCDEK Emily Gillespie, 13, PERTH
- 2:23.58 KCSDEK Tina Hoang, 14, HYACK
- 2:23.89 MANTADEC Mallory Hoekstra, 13, EKSC
- 2:23.95 MANTADEC Gillian Bryon, 14, USC
- 2:24.19 CNSHDEC Hilary Jackson, 14, STARS
- 2:24.28 TORJAN Melissa Bartlett, 14, CYPSS
- 2:24.28 CNSHDEC Shannon McQueen, 13, NKB
- 2:25.19 RAPIDDEC Kelsey Rush, 14, RAYS
- 2:25.23 KCSDEK Anne Schmuick, 13, PSW
- 2:25.34 PCSDCDEK Genevieve Saumur, 13, CAMO
- 2:25.34 PCSDCDEK Noemie Brand, 14, PDSA
- 2:26.14 YOUTHDEC Martha Ziolkowski, 13, YORK
- 2:26.35 MANTADEC Stacy Cormack, 14, BRSA
- 2:26.57 BRANTNOV Julia Guay-Racine, 14, CAMO
- 2:26.69 MANTADEC Elyse Dudar, 13, ROD
- 2:26.90 GOLDOCT Thea Norton, 14, OSC
- 2:26.98 GOLDOCT Kelly Timmons, 14, OSC-SE
- 2:27.13 RAPIDDEC Melissa Lam, 13, SPART
- 2:27.17 EXCELDEC Allyson Germain, 14, LUL
- 2:27.35 PCSDCDEK Stephanie Ross, 14, CAMO
- 2:27.42 GOLDOCT Diane Kardash, 14, MM

100 METRES BREASTSTROKE

Rec: 1:08.64 Allison Higson, ESC, 88

- 1:12.16 EDMONNOV Kelly Timmons, 14, OSC-SE
- 1:14.23 MANTADEC Elizabeth Hendrick, 13, BRSA
- 1:14.31 KCSDEK So Yoon Lee, 13, HYACK
- 1:14.64 YOUTHDEC Michelle Mange, 13, PDSA
- 1:14.90 EXCELDEC Marie-P. Ratelle, 14, MEGO
- 1:14.92 YOUTHDEC Haylee Johnson, 14, PDSA
- 1:15.19 YOUTHDEC Kim Labbett, 14, OAK
- 1:15.90 KCSDEK Anne Schmuick, 13, PSW
- 1:16.05 EXCELDEC Caitlin Babb, 14, DDO
- 1:16.18 PCSDCDEK Emily Gillespie, 13, PERTH
- 1:16.35 ISCPNOV Christina Chan, 14, PDSA
- 1:16.35 YOUTHDEC Elizabeth Engs, 13, CAJ
- 1:16.42 CNSHDEC Jennifer Beckberger, 14, AAC
- 1:17.00 YOUTHDEC Jennifer Brown, 14, TCSC
- 1:17.10 YOUTHDEC Amanda Williams, 14, NEW
- 1:17.36 CNSHDEC Meaghan Nicholson, 14, NKB
- 1:17.37 KCSDEK Danielle Sandulak, 14, EKSC
- 1:17.38 BRANTNOV Julia Wilkinson, 13, SKY
- 1:17.49 CASCNOV Tanya Lahdenranta, 14, SKSC
- 2:17.57 ONSRNOV Tianna Day, 14, OAK
- 2:17.63 ONSRNOV Andrea Zarinis, 13, NKB
- 2:17.76 YOUTHDEC Kristin Cloutier, 14, CAJ
- 2:17.77 YOUTHDEC Susan Miner, 14, HHAC
- 2:17.90 KCSDEK Genevieve Poirier-Leroy, 13, NRST
- 2:17.92 KBMOCOT Roberta Gillespie, 14, PERTH

200 METRES BREASTSTROKE

Rec: 2:26.48 Allison Higson, ESC, 88

- 2:35.37 YOUTHDEC Michelle Mange, 13, PDSA
- 2:35.64 YOUTHDEC Kim Labbett, 14, OAK
- 2:37.39 EDMONNOV Kelly Timmons, 14, OSC-SE
- 2:39.81 YOUTHDEC Haylee Johnson, 14, PDSA
- 2:41.87 MANTADEC Elizabeth Hendrick, 13, BRSA
- 2:42.87 KCSDEK So Yoon Lee, 13, HYACK
- 2:43.37 EXCELDEC Caitlin Babb, 14, DDO
- 2:43.64 VANISJAN Chantal Huard, 14, IS
- 2:43.84 ONSRNOV Andrea Zarinis, 13, NKB
- 2:43.87 YOUTHDEC Elizabeth Engs, 13, CAJ
- 2:44.96 EYSCNOV Amanda Williams, 14, NEW
- 2:44.98 PGBNOV Amy Ballantyne, 14, PGB
- 2:45.22 VANISJAN Genevieve Poirier-Leroy, 13, NRST
- 2:45.42 YOUTHDEC Jennifer Brown, 14, TCSC
- 2:45.88 PERTHJAN Emily Gillespie, 13, PERTH
- 2:46.09 CNSHDEC Meaghan Nicholson, 14, NKB
- 2:46.30 KCSDEK Anne Schmuick, 13, PSW
- 2:47.00 EXCELDEC Jasmine Kastner, 13, DDO
- 2:47.07 KCSDEK Johanna Wick, 13, PN
- 2:47.42 EXCELDEC Marie-P. Ratelle, 14, MEGO
- 2:47.71 KCSDEK Carol Starratt, 13, CASC
- 2:47.98 GOLDOCT Thea Norton, 14, OSC
- 2:48.17 MANTADEC Sasha Tracy, 14, USC
- 2:48.22 MANTADEC Megan Bird, 14, UCSC
- 2:48.34 KCSDEK Diana Williams, 13, STSC

100 METRES BUTTERFLY

Rec: 1:02.60 Jennifer Fratesi, SSMAC, 99

- 1:05.64 PCSDCDEK Julia Guay-Racine, 14, CAMO
- 1:05.85 BRANTNOV Blair Holmes, 14, COBRA
- 1:06.13 MANTADEC Avery Kremer, 14, OSC
- 1:06.25 KCSDEK Tina Hoang, 14, HYACK
- 1:06.39 MANTADEC Carleen Ready, 13, LASC
- 1:06.44 YOUTHDEC Teresa Au Yeung, 14, PDSA
- 1:06.70 PCSDCDEK Genevieve Saumur, 13, CAMO
- 1:06.86 YOUTHDEC Shannon Hackett, 14, PDSA
- 1:06.87 MANTADEC Stefanie Andrichuk, 14, MANTA
- 1:07.11 PCSDCDEK Allyson Germain, 14, LUL
- 1:07.14 CHENAJAN Kayla Rawlings, 13, PSW
- 1:07.25 YOUTHDEC Brittny Scott, 14, ROW
- 1:07.70 NBAGJAN Amy Longobardi, 14, EAST
- 1:07.81 CNSHDEC Emillie Chan, 14, PCSC
- 1:07.82 KCSDEK Stephanie Nicholls, 14, PN
- 1:07.86 EXCELDEC Anna Roy, 14, NES
- 1:07.92 TORJAN Melissa Bartlett, 14, CYPSS
- 1:08.01 GOLDOCT Kelly Timmons, 14, OSC-SE
- 1:08.04 VANISJAN Shizuka Kikuchi, 14, CRKW
- 2:08.05 MANTADEC Ally Jack, 13, BRSA
- 2:10.10 KCSDEK Kimberly Kabesh, 13, STSC
- 2:10.17 GOLDOCT Erin Kardash, 14, MM
- 2:10.19 PERTHJAN Emily Gillespie, 13, PERTH
- 2:10.31 MSSACNOV Martha Ziolkowski, 13, YORK
- 2:10.39 CNSHDEC Monica Wakeman, 13, NEW

200 METRES BUTTERFLY

Rec: 2:13.75 Sandra Marchand, ENL, 88

- 2:23.99 TORJAN Blair Holmes, 14, COBRA
- 2:24.03 MANTADEC Avery Kremer, 14, OSC
- 2:25.19 VANISJAN Stephanie Bigelow, 14, IS
- 2:25.66 PCSDCDEK Julia Guay-Racine, 14, CAMO
- 2:25.70 NBAGJAN Bevan Haley, 13, WTSC
- 2:25.79 TORJAN Brittny Scott, 14, ROW
- 2:26.56 ISCPNOV Shannon Hackett, 14, PDSA
- 2:26.75 MANTADEC Carleen Ready, 13, LASC
- 2:27.96 CHENAJAN Kayla Rawlings, 13, PSW
- 2:28.54 PCSDCDEK Genevieve Saumur, 13, CAMO
- 2:28.67 PCSDCDEK Allyson Germain, 14, LUL
- 2:29.25 YOUTHDEC Michelle Mange, 13, PDSA
- 2:29.57 KCSDEK Haylee Kremer, 13, OSC
- 2:29.84 BRANTNOV Nadia Kumentas, 13, WD
- 2:30.20 RAPIDDEC Kelsey Rush, 14, RAYS
- 2:30.30 MANTADEC Ally Jack, 13, BRSA
- 2:30.42 KBMOCOT Erin Stevens, 14, NKB
- 2:30.46 MSSACNOV Elyse Dudar, 13, MSSAC-TO
- 2:30.47 TORJAN Melissa Bartlett, 14, CYPSS
- 2:30.63 KBMOCOT Emily Gillespie, 13, PERTH
- 2:30.79 MANTADEC Brittany Cooper, 14, LAC
- 2:30.80 LACNOV Heather Julien, 13, LAC
- 2:30.85 YOUTHDEC Teresa Au Yeung, 14, PDSA
- 2:30.94 MANTADEC Stefanie Andrichuk, 14, MANTA
- 2:31.82 GOLDOCT Kelly Timmons, 14, OSC-SE

200 METRES IND. MEDLEY

Rec: 2:16.79 Allison Higson, ESC, 87

- 2:21.08 PCSDCDEK Dominique Lafleur, 14, ENSF
- 2:24.95 PCSDCDEK Emily Gillespie, 13, PERTH
- 2:24.98 EXCELDEC Caitlin Babb, 14, DDO
- 2:25.02 KCSDEK Kelly Timmons, 14, OSC-SE
- 2:25.25 KCSDEK Anne Schmuick, 13, PSW
- 2:25.56 MANTADEC Brittany Cooper, 14, LAC
- 2:27.40 MANTADEC Carleen Ready, 13, LASC
- 2:27.41 YOUTHDEC Elyse Dudar, 13, MSSAC-TO
- 2:27.46 ISCPNOV Genevieve Poirier-Leroy, 13, NRST
- 2:27.54 KCSDEK Valerie Pomaizt, 14, NRST
- 2:27.59 KCSDEK Tina Hoang, 14, HYACK
- 2:28.02 CNSHDEC Amanda Williams, 14, NEW
- 2:28.13 YOUTHDEC Michelle Mange, 13, PDSA
- 2:28.28 MANTADEC Krista Haslund, 14, ROD
- 2:28.42 NBAGJAN Bevan Haley, 13, WTSC
- 2:28.42 MANTADEC Mallory Hoekstra, 13, EKSC
- 2:28.59 RAPIDDEC Kelsey Rush, 14, RAYS
- 2:28.72 BRANTNOV Blair Holmes, 14, COBRA
- 2:28.88 VANISJAN Stephanie Bigelow, 14, IS
- 2:28.89 PCSDCDEK Allyson Germain, 14, LUL
- 2:29.02 YOUTHDEC Nadia Kumentas, 13, WD
- 2:29.12 PCSDCDEK Jennifer Hodgson, 14, PCSC
- 2:29.13 CNSHDEC Joan Brouillard, 14, ELITE
- 2:29.24 BRANTNOV Katie Smith, 14, COBRA
- 2:29.25 YOUTHDEC Jennifer Brown, 14, TCSC

400 METRES IND. MEDLEY

Rec: 4:47.40 Carrie Burgoyne, MANTA, 96

- 5:03.04 YOUTHDEC Michelle Mange, 13, PDSA
- 5:03.46 MANTADEC Kelly Timmons, 14, OSC-SE
- 5:03.71 NBAGJAN Bevan Haley, 13, WTSC
- 5:05.71 VANISJAN Stephanie Bigelow, 14, IS
- 5:06.15 KCSDEK Anne Schmuick, 13, PSW
- 5:06.59 MANTADEC Brittany Cooper, 14, LAC
- 5:07.81 YOUTHDEC Shannon Hackett, 14, PDSA
- 5:07.86 MANTADEC Avery Kremer, 14, OSC
- 5:08.18 MANTADEC Amanda Long, 13, LAC
- 5:09.89 ISCPNOV Kelsey Rush, 14, RAYS
- 5:11.36 YOUTHDEC Elyse Dudar, 13, MSSAC-TO
- 5:11.53 VANISJAN Genevieve Poirier-Leroy, 13, NRST
- 5:11.85 PCSDCDEK Emily Gillespie, 13, PERTH
- 5:12.42 KCSDEK Thea Norton, 14, OSC
- 5:12.60 KCSDEK Valerie Pomaizt, 14, NRST
- 5:13.59 MANTADEC Carleen Ready, 13, LASC
- 5:14.11 YOUTHDEC Haylee Johnson, 14, PDSA
- 5:14.50 YOUTHDEC Nadia Kumentas, 13, WD
- 5:15.25 RODJAN Krista Haslund, 14, ROD
- 5:15.92 PCSDCDEK Allyson Germain, 14, LUL
- 5:16.00 BRANTNOV Blair Holmes, 14, COBRA
- 5:16.09 MANTADEC Stacy Cormack, 14, BRSA
- 5:16.16 MANTADEC Gillian Bryon, 14, USC
- 5:16.73 ONSRNOV Andrea Zarinis, 13, NKB
- 5:16.76 MANTADEC Ashlee Hagel, 14, LASC

4X50 M MEDLEY RELAY

Rec: 2:00.93 Etobicoke SC, ETOB, 97

- 2:05.94 YOUTHDEC Pacific Dolphins, PDSA
- 2:06.37 YOUTHDEC Cambridge Aquajets, CAJ
- 2:06.66 MANTADEC Bow River Swim Assoc, BRSA
- 2:07.04 PCSDCDEK Montreal Aquatique, CAMO
- 2:07.08 GOLDOCT Olympian Swim Club, OSC
- 2:07.49 MANTADEC Uxbridge SC, USC
- 2:07.69 KCSDEK Hyack Swim Club, HYACK
- 2:08.09 PCSDCDEK Pointe Claire SC, PCSC
- 2:08.14 YOUTHDEC North York AC, NYAC
- 2:08.29 GOLDOCT Manitoaba Marlins, MM
- 2:08.65 EXCELDEC Dollard Swim Team, DDO
- 2:08.75 KCSDEK Cascade Swim Club, CASC
- 2:08.76 KCSDEK Pacific Sea Wolves, PSW
- 2:09.00 EXCELDEC Megophias Trois Rivieres, MEGO
- 2:09.11 MANTADEC London AC, LAC
- 2:09.43 EXCELDEC Univ. Laval Rouge & Or, LUL
- 2:09.54 CASCNOV Glencoe Gators, GLEN
- 2:10.06 VANISJAN Nainaimo Riptide, ST, NRST
- 2:10.22 KCSDEK Edmonton Keyano, EKSC
- 2:10.47 MANTADEC Univ. of Calgary SC, UCSC
- 2:10.50 PCSDCDEK Perth Slingrays, PERTH
- 2:10.52 KCSDEK Island Swimming, IS
- 2:11.44 YOUTHDEC Newmarket SC, NEW
- 2:11.65 YOUTHDEC Eastern Alliance, EAST
- 2:12.16 BRANTNOV Ajax Aquatic Club, AAC

4X50 M FREE RELAY

Rec: 1:48.47 Etobicoke Swimming, ETOB, 97

- 1:52.57 PCSDCDEK Pointe Claire SC, PCSC
- 1:52.80 GOLDOCT Manitoaba Marlins, MM
- 1:52.88 PCSDCDEK Montreal Aquatique, CAMO
- 1:52.96 YOUTHDEC North York AC, NYAC
- 1:53.74 MANTADEC Bow River Swim Assoc, BRSA
- 1:54.45 KCSDEK Cascade Swim Club, CASC
- 1:54.76 YOUTHDEC Pacific Dolphins, PDSA
- 1:54.76 KCSDEK Hyack Swim Club, HYACK
- 1:54.80 KCSDEK Pacific Sea Wolves, PSW
- 1:55.32 EXCELDEC Dollard Swim Team, DDO
- 1:55.47 MANTADEC London AC, LAC
- 1:55.64 KCSDEK Nanaimo Riptide ST, NRST
- 1:55.72 EXCELDEC Univ. Laval Rouge & Or, LUL
- 1:56.45 KCSDEK Edmonton Keyano, EKSC
- 1:56.49 YOUTHDEC Etobicoke Swimming, ESWM
- 1:56.74 MANTADEC Uxbridge SC, USC
- 1:56.75 BRANTNOV Ajax Aquatic Club, AAC
- 1:57.19 EXCELDEC Megophias Trois Rivieres, MEGO
- 1:57.22 GOLDOCT Olympian Swim Club, OSC
- 1:57.43 CASCNOV Univ. of Calgary SC, UCSC
- 1:57.56 RAPIDDEC Island Swimming, IS
- 1:58.03 YOUTHDEC Cambridge Aquajets, CAJ
- 1:58.04 CASCNOV Glencoe Gators, GLEN
- 1:58.15 BRANTNOV Barrie Trojans, BTSC
- 1:58.17 MANTADEC Manla Swim Club, MANTA

TOP AGE GROUP TIMES

BOYS 13-14

Rankings for the period (results received)
October 1, 2000 to Feb 4, 2001
TAG is financially supported by
Swimming/Natation Canada. Compiled by SWIMNEWS

2001 SHORT COURSE TAG

50 METRES FREESTYLE

Table with 2 columns: Rank and Name/Club. Entries include Yannick Lupien, Kevin Gillespie, Eric Chan, Vincent Boulanger, Colin Baird, William Wray, Matthew Sy, Kieran O'Neill, Paul Ouevedo, Marc Laliberte, Michael Smela, Janco Mynhardt, Justin Pommerville, Euan Thomson, TORJAN Joe Bajcar, EXCELDEC Tommy St-Pierre, Misha Vujaklija, Darren Tso, Jim Tung, Zac Andrew, James San Pedro, Marco Monaco, Jean Boivin, Caleb McLean, Eric Gendron, EYSCNOV Adam Slater.

100 METRES FREESTYLE

Table with 2 columns: Rank and Name/Club. Entries include Yannick Lupien, YOUTHDEC Colin Baird, KCSDEC Kevin Gillespie, CSHDEC Vincent Boulanger, EXCELDEC Tommy St-Pierre, YOUTHDEC Marco Monaco, BRANTNOV Eric Chan, YOUTHDEC Joe Bajcar, YOUTHDEC Matthew Sy, EXCELDEC Marc Laliberte, KCSDEC Janco Mynhardt, MANTADECEC Derek Richter, YOUTHDEC Adam Slater, EXCELDEC David Provencher, YOUTHDEC Mark Kurtzer, KCSDEC Jim Tung, LACNOV Paul Ouevedo, CSHDEC Philippe Drolet, YOUTHDEC Misha Vujaklija, VKSCNOV William Wray, RAPIDDEC Norman Ng, PCSDEC Sean Dawson, GOLDOCT Michael Smela, KCSDEC Euan Thomson, CHENAJAN Simon Wing, YOUTHDEC Simon Gabsch.

200 METRES FREESTYLE

Table with 2 columns: Rank and Name/Club. Entries include Yannick Lupien, CSHDEC Vincent Boulanger, BRANTNOV Marco Monaco, EXCELDEC Nicolas Murray, KCSDEC Kevin Gillespie, EXCELDEC Marc Laliberte, YOUTHDEC Simon Gabsch, PCSDEC Jason Althoff, TORJAN Joe Bajcar, EYSCNOV Adam Slater, MACJAN Justin Bronson, PCSDEC Buddy Green, ISCPNOV Simon Wing, KCSDEC Justin Pommerville, RAPIDDEC James Monk, MANTADECEC Adam Abdulla, KCSDEC Richard Alexander, KCSDEC Janco Mynhardt, BRANTNOV Eric Chan, NEORCT Kieran O'Neill, MANTADECEC Derek Richter, MANTADECEC Lee Cookson, GOLDOCT Malcolm Lavoie, YOUTHDEC Misha Vujaklija, RAPIDDEC Luke Hoffman, WSAFEB Andrew Cheung.

400 METRES FREESTYLE

Table with 2 columns: Rank and Name/Club. Entries include Jamie Stevens, YOUTHDEC Simon Gabsch, YOUTHDEC Colin Akroyd, YOUTHDEC Mark Kurtzer, PCSDEC Buddy Green, YOUTHDEC Joe Bajcar, RAPIDDEC James Monk, BRANTNOV Marco Monaco, EYSCNOV Adam Slater, KCSDEC Simon Wing, TORJAN Gareth Chantler, VANISJAN Richard Alexander, EXCELDEC Nicolas Murray, RAPIDDEC Tristan Robertson, MANTADECEC Adam Abdulla, KCSDEC Luke Hoffman, CSHDEC Matt Hawes, TORJAN Simon Borjeson, PCSDEC Marc Laliberte, GOLDOCT Malcolm Lavoie, KCSDEC Janco Mynhardt, EXCELDEC David Provencher, RAPIDDEC Sebastian Salas, MANTADECEC Lee Cookson, KCSDEC Braden O'Neill, LASCOCT Kevin Gillespie.

1500 METRES FREESTYLE

Table with 2 columns: Rank and Name/Club. Entries include Alex Baumann, YOUTHDEC Simon Gabsch, MANTADECEC Adam Abdulla, RAPIDDEC James Monk, YOUTHDEC Joe Bajcar, RAPIDDEC Tristan Robertson, CSHDEC Matt Hawes, YOUTHDEC Nicolas Murray, TMSNOV Buddy Green, ISCPNOV Simon Wing, VANISJAN Richard Alexander, MANTADECEC Lee Cookson, GOLDOCT Malcolm Lavoie, MANTADECEC Alexander Love, ISCPNOV Brad Reid, KCSDEC Luke Hoffman, YOUTHDEC David Hughes, PSWOCT Janco Mynhardt, RAPIDDEC Sebastian Salas, EXCELDEC David Provencher, KSMOCT Kyle Pittman, KCSDEC Derek Westra, YOUTHDEC Brad Childs, EXCELDEC Phillip Brassard, EXCELDEC Etienne Lavallee, CSHDEC Matthew Letourneau.

100 METRES BACKSTROKE

Table with 2 columns: Rank and Name/Club. Entries include Garret Pulte, YOUTHDEC Colin Baird, MANTADECEC Eric Gendron, MANTADECEC Kyle Sorrenti, KCSDEC Kevin Gillespie, YOUTHDEC Brian Holland, BRANTNOV Aaron Donst, PCSDEC Jamie Ellerton, KCSDEC Justin Pommerville, TRENJAN Matt Hawes, YOUTHDEC Patrick Craine, CSHDEC Vincent Boulanger, EXCELDEC Wesley Newman, YOUTHDEC Marco Monaco, VANISJAN Richard Alexander, TRENJAN Art Hare, CSHDEC Andrej Lenert, KCSDEC Brad Barton, YOUTHDEC Colin Akroyd, KCSDEC Jesse Lund, MANTADECEC Adam Abdulla, KCSDEC Simon Wing, MANTADECEC Derek Richter, VKSCNOV William Wray, KCSDEC Alex Sherwood, YOUTHDEC Joe Bajcar.

200 METRES BACKSTROKE

Table with 2 columns: Rank and Name/Club. Entries include Tobias Oriwol, YOUTHDEC Brian Holland, YOUTHDEC Colin Baird, VANISJAN Richard Alexander, KCSDEC Justin Pommerville, MANTADECEC Eric Gendron, YOUTHDEC Colin Akroyd, KSMOCT Matt Hawes, MANTADECEC Kyle Sorrenti, EXCELDEC Wesley Newman, KCSDEC Kevin Gillespie, YOUTHDEC Patrick Craine, CSHDEC Andrej Lenert, MANTADECEC Adam Abdulla, PCSDEC Jamie Ellerton, MANTADECEC Derek Richter, BRANTNOV Aaron Donst, YOUTHDEC Joe Bajcar, CSHDEC Vincent Boulanger, MANTADECEC Lee Cookson, KCSDEC Brad Barton, KCSDEC Jesse Lund, GOLDOCT Malcolm Lavoie, VKSCNOV William Wray, TORJAN Marco Monaco, EXCELDEC Etienne Lavallee.

100 METRES BREASTSTROKE

Table with 2 columns: Rank and Name/Club. Entries include Michael Mason, BRANTNOV Eric Chan, KCSDEC Ryan Chiew, PCSDEC Raymond Chow, YOUTHDEC Marco Monaco, KCSDEC Rodale Estor, YOUTHDEC Misha Vujaklija, BRANTNOV David McKechnie, MANTADECEC Oswald Lee, EDSONOCT Brandon Grove, VACDEC Winston Pui, PCSDEC Jason Althoff, EXCELDEC Marc Laliberte, TORJAN Gareth Chantler, MANTADECEC Michael Lett, GOLDOCT Michael Smela, YOUTHDEC Colin Baird, EYSCNOV Andrew Bell, PCSDEC Nicholas Knowles, CSHDEC Yuri Tremblay, MANTADECEC Cody Hitchcock, YOUTHDEC Andrew King, YOUTHDEC James San Pedro, KCSDEC Jesse Lund, NEORCT Kieran O'Neill, CSHDEC Bryn Jones.

200 METRES BREASTSTROKE

Table with 2 columns: Rank and Name/Club. Entries include Matthew Huang, KCSDEC Ryan Chiew, KCSDEC Rodale Estor, TMSNOV Raymond Chow, BRANTNOV Marco Monaco, BRANTNOV David McKechnie, YOUTHDEC Misha Vujaklija, CSHDEC Bryn Jones, MANTADECEC Cody Hitchcock, YOUTHDEC James San Pedro, ONSRNOV Eric Chan, RODJAN Michael Smela, RODJAN Michael Lett, PCSDEC Jason Althoff, MANTADECEC Adam Dunn, VACDEC Winston Pui, EXCELDEC Marc Laliberte, EYSCNOV Andrew Bell, BRANTNOV Andrew Cheung, TORJAN Gareth Chantler, CSHDEC Yuri Tremblay, YOUTHDEC Alex Olsen, EYSCNOV Adam Slater, PCSDEC Zachary Glassman.

100 METRES BUTTERFLY

Table with 2 columns: Rank and Name/Club. Entries include Garret Pulte, YOUTHDEC Eric Chan, YOUTHDEC Marco Monaco, YOUTHDEC Simon Gabsch, KCSDEC Janco Mynhardt, TRENJAN Nathan Ferguson, CSHDEC Matt Hawes, PCSDEC David Milot, CSHDEC Jason Harley, YOUTHDEC Misha Vujaklija, PCSDEC Buddy Green, YOUTHDEC Joe Bajcar, MANTADECEC Adam Abdulla, MANTADECEC Chris Jones, EXCELDEC Nicolas Murray, DCSNOV Colin Baird, MSSACNOV Matteo Di Paolo, EXCELDEC Tommy St-Pierre, CSHDEC Philippe Drolet, OSCOCT Malcolm Lavoie, PCSDEC Jason Althoff, MANTADECEC Eric Gendron, KCSDEC Justin Pommerville, PCSDEC Julian Cino, RAPIDDEC James Monk.

200 METRES BUTTERFLY

Table with 2 columns: Rank and Name/Club. Entries include Phillip Weiss, YOUTHDEC Simon Gabsch, ONSRNOV Eric Chan, CSHDEC Matt Hawes, CSHDEC Jason Harley, GOLDOCT Malcolm Lavoie, ISCPNOV Simon Wing, KCSDEC Janco Mynhardt, PCSDEC Buddy Green, MSSACNOV Bruce Evans, ISCPNOV James Monk, YOUTHDEC Marco Monaco, PCSDEC David Milot, KCSDEC Chris Kratzmann, YOUTHDEC Bryce Tung, EXCELDEC Phillip Brassard, EXCELDEC Nicolas Murray, MANTADECEC Adam Abdulla, RAPIDDEC Jens Culbert, CSHDEC Philippe Drolet, KCSDEC Norman Ng, PCSDEC Octavian Petre, LACNOV Brent Charlton, CSHDEC Francis Pelland, MANTADECEC Chris Jones, CSHDEC Matthew Letourneau.

200 METRES IND. MEDLEY

Table with 2 columns: Rank and Name/Club. Entries include Tobias Oriwol, TORJAN Marco Monaco, KCSDEC Ryan Chiew, PCSDEC Jason Althoff, CSHDEC Matt Hawes, KCSDEC Jesse Lund, MANTADECEC Derek Richter, MANTADECEC Lee Cookson, MACJAN Justin Bronson, KCSDEC Simon Wing, EXCELDEC Marc Laliberte, EYSCNOV Adam Slater, KCSDEC Norman Ng, YOUTHDEC Colin Akroyd, KCSDEC Luke Hoffman, CSHDEC Andrej Lenert, YOUTHDEC Brian Holland, KCSDEC Jim Tung, MANTADECEC Kyle Sorrenti, PCSDEC Phillip Brassard, YOUTHDEC Misha Vujaklija, PCSDEC Malcolm Lavoie, CSHDEC Yuri Tremblay, MSSACNOV Simon Gabsch, LACNOV Brandon Connery.

400 METRES IND. MEDLEY

Table with 2 columns: Rank and Name/Club. Entries include Tobias Oriwol, ONSRNOV Marco Monaco, YOUTHDEC Simon Gabsch, YOUTHDEC Colin Akroyd, CSHDEC Matt Hawes, YOUTHDEC Joe Bajcar, CHENAJAN Simon Wing, KCSDEC Jesse Lund, MANTADECEC Adam Abdulla, MANTADECEC Lee Cookson, PCSDEC Phillip Brassard, GOLDOCT Malcolm Lavoie, PCSDEC Bryce Tung, RAPIDDEC Luke Hoffman, KCSDEC Braden O'Neill, YOUTHDEC Daniel Gooden, MANTADECEC Matt Derochie, MANTADECEC Michael Smela, KCSDEC Richard Alexander, KCSDEC Norman Ng, PCSDEC Brandon Connery, KCSDEC Leonard Ho, CSHDEC Francis Pelland, RAPIDDEC Andrew Wagner.

4X50 M MEDLEY RELAY

Table with 2 columns: Rank and Name/Club. Entries include Markham A.C., KCSDEC Hyack Swim Club, MANTADECEC Bow River Swim Assoc., YOUTHDEC Mississauga A.C., KCSDEC Island Swimming, YOUTHDEC Oakville A.C., KCSDEC Cascade Swim Club, PCSDEC Scarborough S.C., PCSDEC Montreal Aquatique, KCSDEC Edmonton Keyano, PCSDEC Pointe Claire, MANTADECEC Regina Opt. Dolphins, BRANTNOV Ajax Aquatic Club, MANTADECEC Mantla Swim Club, YOUTHDEC North York A.C., PCSDEC Hamilt-Wentworth A.C., ISCPNOV Pacific Sea Wolves, MANTADECEC North West Ontario, RAPIDDEC Richmond Rapids, PCSDEC Gloucester-Kingfish, EXCELDEC Univ. Laval, CASCNOV Calgary Killarney S.C., EXCELDEC Matane-Mont. Joli, PCSDEC Longueuil/Elite, LACNOV Cobra Swim Club.

4X50 M FREE RELAY

Table with 2 columns: Rank and Name/Club. Entries include Markham A.C., KCSDEC Island Swimming, KCSDEC Hyack Swim Club, MANTADECEC Bow River Swim Assoc., YOUTHDEC Mississauga A.C., MANTADECEC Regina Opt. Dolphins, PCSDEC Hamilt-Wentworth A.C., YOUTHDEC Oakville A.C., YOUTHDEC North York A.C., BRANTNOV Ajax Aquatic Club, KCSDEC Edmonton Keyano, YOUTHDEC Scarborough S.C., KCSDEC Cascade Swim Club, PCSDEC Montreal Aquatique, EXCELDEC Matane-Mont. Joli, RAPIDDEC Pacific Dolphins, PCSDEC Pointe Claire, ISCPNOV Pacific Sea Wolves, MACJAN Markham A.C., CASCNOV Univ. of Calgary, PCSDEC Longueuil, PCSDEC Gloucester-Kingfish, MANTADECEC Mantla Swim Club, MANTADECEC North West Ontario, LACNOV Cobra Swim Club, WSAFEB Guelph Marlin A.C.

TOP AGE GROUP TIMES

Rankings for the period (results received)
 October 1, 2000 to Feb 4, 2001
 TAG is financially supported by
 Swimming/Natation Canada. Compiled by SWIMNEWS

2001 SHORT COURSE TAG®

GIRLS 15-17

50 METRES FREESTYLE

Rec: 25.25 Shannon Shakespeare, MM, 93

1	25.66	STOCKJAN Jenna Gresdal, 16, ESWM
2	25.84	EDMONNOV Laura Pomeroy, 16, OAK-TO
3	26.19	EDMONNOV Jessie Bradshaw, 16, UCSA
4	26.56	YOUTHDEC Jackie Chan, 15, MSSAC-TO
5	26.75	MANTADEC Erin Kardash, 15, MM
6	26.82	TMSCNOV Stephanie Kuhn, 15, TMSC-NWO
7	26.82	KCSDEC Caitlin Meredith, 16, KCS
8	26.85	YOUTHDEC Jackie Garay, 16, TSC-TO
9	26.89	EDMONNOV Michaela Schmidt, 16, UCSA
10	26.99	YOUTHDEC Kate Pleyley, 15, OAK-TO
11	26.92	ONSRNOV Jennifer Porenla, 15, MMST
12	26.92	CNSHDEC Angela Catford, 17, NEW
13	26.95	THSCDEC Hayley Doody, 15, UCSA
14	27.02	PCSCDEC Joanna McLean, 17, ESWM
15	27.05	CNSHDEC Amanda Gillespie, 15, NKB
16	27.06	KCSDEC Mila Zvijerac, 15, HYACK
17	27.07	CAMOOCO Sarah Gault, 15, SAMAK
18	27.10	PCSCDEC Victoria Poon, 15, CALAC
19	27.11	ONSRNOV Natalie Kiegelmann, 17, BTSC
20	27.21	RAPIDDEC Kelsey Leckovic, 16, PDSA
21	27.23	MANTADEC Elizabeth Cleven, 16, MM
22	27.23	RAPIDDEC Michelle Landry, 15, PDSA
23	27.27	CAMOOCO Audrey Lacroix, 16, CAMO
24	27.28	ONSRNOV Elizabeth Wycliffe, 17, EBSC
25	27.30	RAPIDDEC Francine Ling, 17, DELTA

100 METRES FREESTYLE

Rec: 54.75 Shannon Shakespeare, MM, 94

1	56.32	YOUTHDEC Jenna Gresdal, 16, ESWM
2	57.19	EDMONNOV Laura Pomeroy, 16, OAK-TO
3	57.56	THSCDEC Jessie Bradshaw, 16, UCSA
4	57.80	YOUTHDEC Jackie Chan, 15, MSSAC-TO
5	58.07	MANTADEC Erin Kardash, 15, MM
6	58.08	TRENTJAN Amanda Gillespie, 15, NKB
7	58.14	TORJAN Jennifer Porenla, 15, MMST-TO
8	58.16	EDMONNOV Elizabeth Collins, 17, ROD
9	58.24	YOUTHDEC Jackie Garay, 16, TSC-TO
10	58.25	MANTADEC Annamay Pierse, 16, EKSC-SE
11	58.25	YOUTHDEC Monica Wejman, 15, ESWM
12	58.25	PCSCDEC Stephanie Kuhn, 15, TMSC-NWO
13	58.42	ONSRNOV Kate Pleyley, 15, OAK-TO
14	58.42	PCSCDEC Victoria Poon, 15, CALAC
15	58.51	EDMONNOV Audrey Lacroix, 17, CAMO
16	58.57	THSCDEC Laura Grant, 16, UCSA
17	58.61	ONSRNOV Marieve De Blois, 16, PPO
18	58.64	KCSDEC Caitlin Meredith, 16, KCS
19	58.83	YOUTHDEC Chandra Engs, 16, CAJ
20	58.85	ONSRNOV Katherine Telfer, 16, ESWM
21	58.86	CHENAJAN Francine Ling, 17, DELTA
22	58.92	CASCNOV Hayley Doody, 15, UCSA
23	58.99	CNSHDEC Angela Catford, 17, NEW
24	59.03	PCSCDEC Isabelle Aschah-Coallier, 17, CAMO
25	59.04	RAPIDDEC Adriana Koc-Spadaro, 17, PDSA

200 METRES FREESTYLE

Rec: 1:58.28 Patricia Noall, CNMN, 88

1	2:02.81	STOCKJAN Jenna Gresdal, 16, ESWM
2	2:03.10	THSCDEC Hayley Doody, 15, UCSA
3	2:03.19	THSCDEC Jessie Bradshaw, 16, UCSA
4	2:03.30	THSCDEC Michelle Landry, 15, PDSA
5	2:03.89	THSCDEC Meghan Brown, 16, PDSA
6	2:04.45	THSCDEC Deanna Stefanyshyn, 16, PDSA
7	2:04.93	YOUTHDEC Kate Pleyley, 15, OAK-TO
8	2:04.97	ISCPUNOV Danielle Bell, 17, IS
9	2:05.24	EDMONNOV Elizabeth Wycliffe, 17, EBSC
10	2:05.27	CNSHDEC Kristen Bradley, 17, NEW
11	2:05.31	EDMONNOV Elizabeth Collins, 17, ROD
12	2:05.83	YOUTHDEC Monica Wejman, 15, ESWM
13	2:05.93	YOUTHDEC Chandra Engs, 16, CAJ
14	2:06.04	CNSHDEC Amanda Gillespie, 15, NKB
15	2:06.13	CAMOOCO Audrey Lacroix, 16, CAMO
16	2:06.23	MANTADEC Annamay Pierse, 16, EKSC-SE
17	2:06.35	KCSDEC Marla May, 15, KCS
18	2:06.38	KCSDEC Caitlin Meredith, 16, KCS
19	2:06.68	MANTADEC Meghan Demchuk, 16, ROD
20	2:06.69	RAPIDDEC Tamee Ebert, 17, PDSA
21	2:06.78	PCSCDEC Isabelle Aschah-Coallier, 17, CAMO
22	2:07.10	YOUTHDEC Jackie Garay, 16, TSC-TO
23	2:07.29	KCSDEC Mila Zvijerac, 16, HYACK
24	2:07.31	MANTADEC Sara McNally, 16, EKSC
25	2:07.41	YOUTHDEC Katherine Telfer, 16, ESWM

400 METRES FREESTYLE

Rec: 4:07.79 Nikki Dryden, IS, 93

1	4:19.49	ISCPUNOV Karley Stutzel, 18, IS, VIKES
2	4:19.70	THSCDEC Hayley Doody, 15, UCSA
3	4:19.77	THSCDEC Deanna Stefanyshyn, 16, PDSA
4	4:20.82	ISCPUNOV Danielle Bell, 17, IS
5	4:22.06	THSCDEC Meghan Brown, 16, PDSA
6	4:22.34	THSCDEC Allison Laidlow, 16, PDSA
7	4:22.45	CNSHDEC Kristen Bradley, 17, NEW
8	4:22.95	PCSCDEC Julie Babin, 17, ESWM
9	4:23.48	MANTADEC Sara McNally, 16, EKSC
10	4:24.41	KCSDEC Marla May, 15, KCS
11	4:24.42	TORJAN Katherine Telfer, 16, ESWM
12	4:24.48	YOUTHDEC Kate Pleyley, 15, OAK-TO
13	4:26.04	YOUTHDEC Chandra Engs, 16, CAJ
14	4:26.04	YOUTHDEC Monica Wejman, 15, ESWM
15	4:26.61	ONSRNOV Elizabeth Wycliffe, 17, EBSC
16	4:27.62	ONSRNOV Kathy Sluda, 15, ROW
17	4:27.80	RAPIDDEC Jennifer Coombs, 17, HYACK
18	4:28.00	ONSRNOV Danielle Beland, 16, GO
19	4:29.33	TORJAN Nathalie Lacoste, 15, MSSAC-TO
20	4:29.34	EXCELDEC Joan Bernier, 16, CNCB
21	4:29.88	PCSCDEC Angela Sloan, 15, PCSC
22	4:29.99	CNSHDEC Angela Catford, 17, NEW
23	4:30.30	KCSDEC Amber Dykes, 17, HYACK
24	4:30.42	ISCPUNOV Francine Ling, 17, DELTA
25	4:30.43	BRANTNOV Rosie Meade, 16, BOSCC

800 METRES FREESTYLE

Rec: 8:31.65 Nikki Dryden, IS, 93

1	8:44.28	SHEFFJAN Tamee Ebert, 17, PDSA
2	8:51.64	VANISJAN Danielle Bell, 17, IS
3	8:54.72	EDMONNOV Allison Laidlow, 16, PDSA
4	8:58.44	MANTADEC Annamay Pierse, 16, EKSC-SE
5	9:00.10	MANTADEC Sara McNally, 16, EKSC
6	9:00.66	EXCELDEC Joan Bernier, 16, CNCB
7	9:01.24	THSCDEC Deanna Stefanyshyn, 16, PDSA
8	9:07.22	EDMONNOV Hayley Doody, 15, UCSA
9	9:07.62	YOUTHDEC Monica Wejman, 15, ESWM
10	9:08.52	KCSDEC Amber Dykes, 17, HYACK
11	9:08.92	EDMONNOV Kathy Sluda, 15, ROW
12	9:12.27	YOUTHDEC Katherine Telfer, 16, ESWM
13	9:13.13	EDMONNOV Danielle Beland, 16, ROW
14	9:13.65	YOUTHDEC Kate Pleyley, 15, OAK-TO
15	9:13.71	YOUTHDEC Carly Cermak, 15, CAJ
16	9:14.47	LACNOV Chandra Engs, 16, CAJ
17	9:15.61	YOUTHDEC Nathalie Lacoste, 15, MSSAC
18	9:16.44	GOLDOCT Elizabeth Collins, 17, ROD
19	9:17.52	ISCPUNOV Chelsea Burnett, 15, NRST
20	9:18.98	RAPIDDEC Emily Carwithen, 16, COMOX
21	9:18.99	EXCELDEC Claudia Bernard, 15, REG
22	9:19.29	MANTADEC Alicia Jobse, 17, MANITA
23	9:19.58	KCSDEC Jennifer Coombs, 17, HYACK
24	9:20.15	KCSDEC Marla May, 15, KCS
25	9:21.45	YOUTHDEC Alana Murphy, 16, ESWM

100 METRES BACKSTROKE

Rec: 1:00.43 Kelly Stefanyshyn, PDSA, 99

1	1:01.22	EDMONNOV Elizabeth Wycliffe, 17, EBSC
2	1:01.39	EDMONNOV Jennifer Fratesi, 16, ROW
3	1:02.37	EDMONNOV Kelly Tucker, 15, AUS
4	1:03.06	TRENTJAN Amanda Gillespie, 15, NKB
5	1:03.10	YOUTHDEC Jenna Gresdal, 16, ESWM
6	1:03.17	KCSDEC Caitlin Meredith, 16, KCS
7	1:04.05	THSCDEC Jessie Bradshaw, 16, UCSA
8	1:04.28	YOUTHDEC Randi Beauville, 15, MSSAC-TO
9	1:04.71	TORJAN Sheena Martin, 15, ROW
10	1:04.89	YOUTHDEC Andrea Shoust, 15, SSMAC
11	1:05.15	MANTADEC Hania Kubas, 15, EKSC
12	1:05.30	ONSRNOV Amy Jacina, 16, GMAC
13	1:05.35	MSSACNOV Katherine Telfer, 15, ESWM
14	1:05.57	ONSRNOV Jennifer Estford, 16, ROW
15	1:05.80	MANTADEC Erin Kardash, 15, MM
16	1:05.83	BRANTNOV Anna Szaffarski, 16, BROCK
17	1:05.85	MANTADEC Ashleigh Thomas, 17, USC
18	1:05.85	RAPIDDEC Allison Laidlow, 16, PDSA
19	1:06.01	YOUTHDEC Jackie Chan, 15, MSSAC-TO
20	1:06.15	YOUTHDEC Michelle Zambri, 16, WD
21	1:06.23	YOUTHDEC Callan Gault, 15, TSC-TO
22	1:06.23	THSCDEC Lynette Bayliss, 15, UCSA
23	1:06.28	PCSCDEC Joanna McLean, 17, ESWM
24	1:06.30	MANTADEC Diane Kardash, 15, MM
25	1:06.30	YOUTHDEC Jackie Garay, 16, TSC-TO

200 METRES BACKSTROKE

Rec: 2:08.06 Kelly Stefanyshyn, PDSA, 99

1	2:09.63	EDMONNOV Jennifer Fratesi, 16, ROW
2	2:12.39	EDMONNOV Elizabeth Wycliffe, 17, EBSC
3	2:15.17	THSCDEC Allison Laidlow, 16, PDSA
4	2:16.22	ONSRNOV Jenna Gresdal, 16, ESWM
5	2:16.41	KCSDEC Caitlin Meredith, 16, KCS
6	2:17.11	CNSHDEC Amanda Gillespie, 15, NKB
7	2:18.01	ONSRNOV Amy Jacina, 16, GMAC
8	2:18.41	THSCDEC Lynette Bayliss, 15, UCSA
9	2:18.53	BRANTNOV Jennifer Estford, 16, ROW
10	2:19.02	TORJAN Sheena Martin, 15, ROW
11	2:19.22	YOUTHDEC Andrea Shoust, 15, SSMAC
12	2:19.48	TORJAN Katherine Telfer, 16, ESWM
13	2:20.07	EDMONNOV Chanelle Cherron, 16, CAG
14	2:20.14	BRANTNOV Anna Szaffarski, 16, BROCK
15	2:20.18	MSSACNOV Julie Babin, 17, ESWM
16	2:20.27	PCSCDEC Andrea Szwuchuk, 17, ESWM
17	2:20.33	TORJAN Kathy Sluda, 15, ROW
18	2:20.64	THSCDEC Hayley Doody, 15, UCSA
19	2:20.77	PCSCDEC Victoria Poon, 15, CALAC
20	2:20.98	RAPIDDEC Michelle Landry, 15, PDSA
21	2:21.29	MANTADEC Adrienne Ford, 17, LASER
22	2:21.35	MANTADEC Hania Kubas, 15, EKSC
23	2:21.35	RAPIDDEC Deanna Stefanyshyn, 16, PDSA
24	2:21.59	MANTADEC Shanna Bothwell, 17, ROCSB
25	2:21.67	GOLDOCT Elizabeth Collins, 17, ROD

100 METRES BREASTSTROKE

Rec: 1:07.96 Tara Sloan, UJSC, 97

1	1:10.79	EDMONNOV Annamay Pierse, 16, EKSC-SE
2	1:10.85	EDMONNOV Marcy Edgcombe, 16, EKSC
3	1:11.92	YOUTHDEC Laura Pomeroy, 16, OAK-TO
4	1:12.39	EDMONNOV Tamara Wagner, 15, ROW
5	1:12.65	EDMONNOV Christy Anderson, 17, STARS
6	1:12.65	THSCDEC Meagan Sinclair, 16, UCSA
7	1:12.86	TORJAN Joanna Lee, 16, MSSAC-TO
8	1:12.98	YOUTHDEC Renee Hober, 15, ROW
9	1:13.24	EDMONNOV Emma Spooner, 17, UCSA-UC
10	1:13.27	TORJAN Shannon Kryhul, 15, ROW
11	1:13.30	KCSDEC Christine Barton, 15, VKSC
12	1:13.50	EXCELDEC Barbara Poret, 17, UL
13	1:13.54	RAPIDDEC Michelle Landry, 15, PDSA
14	1:13.59	EDMONNOV Meghan Demchuk, 16, ROD
15	1:13.62	KCSDEC Mila Zvijerac, 15, HYACK
16	1:13.88	EDMONNOV Kathleen Stood, 17, SFU
17	1:14.11	KCSDEC Milra Chandler, 16, HYACK
18	1:14.11	CNSHDEC Courtney Desjardins, 16, STARS
19	1:14.25	TRENTJAN Jacquelyn Craft, 15, TRENT
20	1:14.29	ONSRNOV Ariane Kich, 16, GMAC
21	1:14.44	TORJAN Kim Bacon, 16, COBRA
22	1:14.45	EXCELDEC Annie Lizotte, 17, CNCB
23	1:14.50	KCSDEC Norah Vogan, 16, GPP
24	1:14.56	BRANTNOV Trisha Lakatos, 17, PCSC
25	1:14.67	CNSHDEC Elizabeth Osterer, 15, NKB

200 METRES BREASTSTROKE

Rec: 2:27.08 Anne Ottenbrille, AAC, 84

1	2:29.11	MANTADEC Annamay Pierse, 16, EKSC-SE
2	2:32.28	THSCDEC Meagan Sinclair, 16, UCSA
3	2:32.42	MANTADEC Marcy Edgcombe, 16, EKSC
4	2:34.53	CNSHDEC Kristen Bradley, 17, NEW
5	2:36.43	YOUTHDEC Joanna Lee, 16, MSSAC-TO
6	2:36.85	ONSRNOV Tamara Wagner, 15, ROW
7	2:36.97	ONSRNOV Emma Spooner, 17, UCSA-UC
8	2:36.97	MANTADEC Genevieve Dack, 15, TBT-NWO
9	2:37.04	KCSDEC Milra Chandler, 16, HYACK
10	2:37.91	PCSCDEC Genevieve Frappier, 17, CAMO
11	2:38.13	YOUTHDEC Renee Hober, 15, ROW
12	2:38.74	BRANTNOV Trisha Lakatos, 17, PCSC
13	2:38.92	ONSRNOV Shannon Kryhul, 15, ROW
14	2:39.18	ONSRNOV Marieve De Blois, 16, PPO
15	2:40.50	ONSRNOV Ariane Kich, 16, GMAC
16	2:40.59	EDMONNOV Kathleen Stood, 17, SFU
17	2:40.61	EDMONNOV Norah Vogan, 16, GPP
18	2:40.66	KCSDEC Christine Barton, 15, VKSC
19	2:41.03	EDMONNOV Christy Anderson, 17, STARS
20	2:41.13	ONSRNOV Heather Bell, 16, BTSC
21	2:41.24	TORJAN Kathy Sluda, 15, ROW
22	2:41.42	THSCDEC Leah Schaab, 16, UCSA
23	2:41.68	CNSHDEC Courtney Desjardins, 16, STARS
24	2:41.75	MANTADEC Meghan Demchuk, 16, ROD
25	2:41.95	BRANTNOV Kim Bacon, 16, COBRA

100 METRES BUTTERFLY

Rec: 1:00.45 Kristin Topham, EPS, 91

1	1:00.45	EDMONNOV Jennifer Fratesi, 16, ROW
2	1:01.09	EDMONNOV Audrey Lacroix, 17, CAMO
3	1:02.18	EDMONNOV Michaela Schmidt, 16, UCSA
4	1:02.24	EDMONNOV Elizabeth Collins, 17, ROD
5	1:02.69	THSCDEC Jessie Bradshaw, 16, UCSA
6	1:03.61	EDMONNOV Michelle Landry, 15, PDSA
7	1:03.71	EDMONNOV Meghan Brown, 16, PDSA
8	1:03.97	YOUTHDEC Nancy Gajos, 16, ESWM
9	1:04.32	THSCDEC Laura Grant, 16, UCSA
10	1:04.39	EXCELDEC Valerie Tcholkayan, 16, DDO
11	1:04.80	TRENTJAN Amanda Gillespie, 15, NKB
12	1:04.91	BRANTNOV Darce Armstrong, 15, TAT
13	1:05.10	KCSDEC Kristin Anstey, 15, STSC
14	1:05.12	YOUTHDEC Kate Pleyley, 15, OAK-TO
15	1:05.14	EDMONNOV Orlagh O'Kelly, 15, EKSC
16	1:05.19	YOUTHDEC Jenna Gresdal, 16, ESWM
17	1:05.26	CHENAJAN Francine Ling, 17, DELTA
18	1:05.34	ONSRNOV Danielle Gudgeon, 17, NYAC
19	1:05.43	ONSRNOV Cynthia Pearce, 17, MSSAC-TO
20	1:05.53	EXCELDEC Joan Bernier, 16, CNCB
21	1:05.57	PCSCDEC Isabelle Aschah-Coallier, 17, CAMO
22	1:05.59	RAYSEDC Kim Burnett, 16, NRST
23	1:05.61	BRANTNOV Sarah Wun, 16, SCAR
24	1:05.61	PCSCDEC Cassie Bartosh, 16, PCSC
25	1:05.69	PCSCDEC Leila Angrand, 16, LUSC

200 METRES BUTTERFLY

Rec: 2:09.47 Jessica Deglau, PDSA, 98

1	2:13.59	EDMONNOV Audrey Lacroix, 17, CAMO
2	2:15.68	EDMONNOV Michelle Landry, 15, PDSA
3	2:15.74	EDMONNOV Michaela Schmidt, 16, UCSA
4	2:18.51	CNSHDEC Kristen Bradley, 17, NEW
5	2:20.37	PCSCDEC Danielle Gudgeon, 17, NYAC
6	2:20.42	MANTADEC Terra Welsh, 17, MANITA
7	2:20.44	YOUTHDEC Nancy Gajos, 16, ESWM
8	2:21.39	EDMONNOV Danielle Beland, 16, ROW
9	2:21.57	

TOP AGE GROUP TIMES

BOYS
15-17

Rankings for the period (results received)
October 1, 2000 to Feb 4, 2001
TAG is financially supported by
Swimming/Natation Canada. Compiled by SWIMNEWS

2001 SHORT COURSE TAG

400 METRES FREESTYLE

- Rec: 3:47.27 Brian Johns, RAPID, 0
1 3:55.22 YOUTHDEC Tobias Oriwol, 15, ESWM
2 3:58.24 USASCDC Andrew Coupland, 17, GO
3 4:00.09 PCSDCDC Mark Thauvette, 16, PCSC
4 4:01.24 ONSRNOV Keith Beavers, 17, STARS
5 4:01.38 ONSRNOV Kurtis MacGillivray, 16, ROW
6 4:03.68 CNSHDEC Steven Medaglia, 16, NKB
7 4:04.10 THSCDEC Darryl Rudolf, 16, PDSA
8 4:05.42 YOUTHDEC Matt Johnston, 16, MSSAC
9 4:05.57 PCSDCDC Michael Brown, 16, PERTH
10 4:06.03 THSCDEC Douglas McQueen, 15, PDSA
11 4:06.68 MANTADEC Devin Phillips, 15, EKSC
12 4:07.78 BRANTNOV Scott Dickens, 16, BRANT
13 4:08.55 KCSDEC J.T. Collison, 16, VKSC
14 4:08.57 RAPIDDEC Bryce McRae, 16, COMOX
15 4:09.16 MANTADEC Jonathan Long, 15, LAC
16 4:09.18 CNSHDEC Robert McDow, 16, RHAC
17 4:09.38 MANTADEC Graham Diehl, 17, CWC
18 4:09.47 MANTADEC Malcolm Lavioie, 15, OSC
19 4:09.50 RAPIDDEC Ken Hamilton, 17, IS
20 4:10.25 CASCNV Brent Hankewich, 17, GOLD
21 4:10.93 RAPIDDEC Richard Taylor, 17, RAPID
22 4:10.98 RAPIDDEC Don Nicholson, 17, TSUN
23 4:11.13 METROJAN Noah Pink, 17, EAST
24 4:11.33 CNSHDEC Maxime Samson, 15, ELITE
25 4:11.44 EXCELDEC Dominic Pelletier, 16, UL

1500 METRES FREESTYLE

- Rec: 15:04.14 Michael McWha, WAC, 95
1 15:54.39 YOUTHDEC Matt Johnston, 16, MSSAC
2 15:54.46 YOUTHDEC Tobias Oriwol, 15, ESWM
3 15:58.18 EDMONNOV Kurtis MacGillivray, 16, ROW
4 16:08.97 MANTADEC Karim Abdulla, 17, ROD
5 16:12.66 MANTADEC Jonathan Long, 15, LAC
6 16:17.85 EDMONNOV Keith Beavers, 17, STARS
7 16:22.87 RAPIDDEC Don Nicholson, 17, TSUN
8 16:24.08 RAPIDDEC Darryl Rudolf, 16, PDSA
9 16:25.49 KCSDEC J.T. Collison, 16, VKSC
10 16:26.24 CNSHDEC Steven Medaglia, 16, NKB
11 16:33.34 ABSRJAN Graeme Tozer, 15, UCSA
12 16:36.10 ABSRJAN Malcolm Lavioie, 15, OSC
13 16:36.25 RAPIDDEC Douglas McQueen, 15, PDSA
14 16:37.49 CHENAJAN Richard Taylor, 17, RAPID
15 16:40.22 ISCUPNOV Bryce McRae, 16, COMOX
16 16:40.29 MANTADEC Ryan Atkinson, 15, LAC
17 16:41.51 ABSRJAN Michael Derban, 16, UCCS
18 16:43.66 UDSNOV Simon Gignac, 17, SHER
19 16:45.74 CHENAJAN Elliott Rushton, 16, PDSA
20 16:48.07 ABSRJAN Rylan Kafara, 17, RDSC
21 16:49.04 YOUTHDEC Joey Kehoe, 16, ESWM
22 16:49.10 SHERDEC Jonathan Aubry, 17, CNHR
23 16:49.78 RAPIDDEC Andy Andrew, 17, WVOS
24 16:52.80 YOUTHDEC Conrad Aach, 15, ESWM
25 16:56.07 RAPIDDEC Travis Musgrave, 16, COMOX

100 METRES BACKSTROKE

- Rec: 1:57.13 Chris Renaud, UCCS, 94
1 1:57.76 YOUTHDEC Tobias Oriwol, 15, ESWM
2 2:03.77 THSCDEC Craig Gillis, 17, UCSA
3 2:04.00 EDMONNOV Ashley Anderson, 16, AUS
4 2:04.52 USASCDC Andrew Coupland, 17, GO
5 2:04.76 THSCDEC Adam Martinson, 16, UCSA
6 2:04.92 MANTADEC Devin Phillips, 15, EKSC
7 2:05.45 EDMONNOV Benoit Banville-A, 17, MEGO
8 2:05.48 ONSRNOV Keith Beavers, 17, STARS
9 2:06.13 PCSDCDC Mark Thauvette, 16, PCSC
10 2:06.38 MANTADEC Cianan Dickson, 17, ROD
11 2:06.76 PCSDCDC Chris Lukas, 17, ESWM
12 2:06.91 MSSACNOV Stefano Caprara, 17, VAC
13 2:07.68 MANTADEC Ryan Atkinson, 15, LAC
14 2:08.22 MANTADEC Adam Kafka, 16, LAC
15 2:08.24 THSCDEC James Winfield, 17, UCCS
16 2:08.38 CNSHDEC Steven Medaglia, 16, NKB
17 2:09.10 YOUTHDEC Conrad Aach, 15, ESWM
18 2:09.20 GOLDOCT Andrew McGillivray, 17, MANTA
19 2:09.43 MANTADEC Ryan Dink, 17, EKSC
20 2:09.59 METROJAN Noah Pink, 17, EAST
21 2:09.85 YOUTHDEC Kurtis Miller, 15, SCAR
22 2:09.87 CNSHDEC Brian Jaeggi, 16, NEW
23 2:10.04 EXCELDEC Kevin Bouchard, 15, EXCEL
24 2:10.05 MANTADEC Brendan Curley, 16, ROD
25 2:10.12 PCSDCDC Patrick Bourassa-F., 17, CAMO

200 METRES BACKSTROKE

- Rec: 3:47.27 Brian Johns, RAPID, 0
1 3:55.22 YOUTHDEC Tobias Oriwol, 15, ESWM
2 3:58.24 USASCDC Andrew Coupland, 17, GO
3 4:00.09 PCSDCDC Mark Thauvette, 16, PCSC
4 4:01.24 ONSRNOV Keith Beavers, 17, STARS
5 4:01.38 ONSRNOV Kurtis MacGillivray, 16, ROW
6 4:03.68 CNSHDEC Steven Medaglia, 16, NKB
7 4:04.10 THSCDEC Darryl Rudolf, 16, PDSA
8 4:05.42 YOUTHDEC Matt Johnston, 16, MSSAC
9 4:05.57 PCSDCDC Michael Brown, 16, PERTH
10 4:06.03 THSCDEC Douglas McQueen, 15, PDSA
11 4:06.68 MANTADEC Devin Phillips, 15, EKSC
12 4:07.78 BRANTNOV Scott Dickens, 16, BRANT
13 4:08.55 KCSDEC J.T. Collison, 16, VKSC
14 4:08.57 RAPIDDEC Bryce McRae, 16, COMOX
15 4:09.16 MANTADEC Jonathan Long, 15, LAC
16 4:09.18 CNSHDEC Robert McDow, 16, RHAC
17 4:09.38 MANTADEC Graham Diehl, 17, CWC
18 4:09.47 MANTADEC Malcolm Lavioie, 15, OSC
19 4:09.50 RAPIDDEC Ken Hamilton, 17, IS
20 4:10.25 CASCNV Brent Hankewich, 17, GOLD
21 4:10.93 RAPIDDEC Richard Taylor, 17, RAPID
22 4:10.98 RAPIDDEC Don Nicholson, 17, TSUN
23 4:11.13 METROJAN Noah Pink, 17, EAST
24 4:11.33 CNSHDEC Maxime Samson, 15, ELITE
25 4:11.44 EXCELDEC Dominic Pelletier, 16, UL

100 METRES BREASTSTROKE

- Rec: 59.93 Morgan Knabe, UCCS, 99
1 1:01.04 EDMONNOV Chad Thomsen, 17, EKSC-SE
2 1:02.86 THSCDEC Matthew Huang, 16, PDSA
3 1:04.34 MANTADEC Nathan Parker, 16, MJKFF
4 1:04.67 RAPIDDEC Ian Chan, 17, PDSA
5 1:05.12 ONSRNOV Keith Beavers, 17, STARS
6 1:05.21 PCSDCDC Michael Brown, 16, PERTH
7 1:05.56 BRANTNOV Scott Dickens, 16, BRANT
8 1:05.69 EYSCNOV Richard Hui, 18, RHAC
9 1:05.94 RAPIDDEC Ian Meredith, 17, RAYS
10 1:06.12 THSCDEC Jung Hun Choi, 16, PDSA
11 1:06.18 PCSDCDC Kevin Rioux, 15, CAMO
12 1:06.87 YOUTHDEC Tobias Oriwol, 15, ESWM
13 1:06.94 YOUTHDEC Conrad Aach, 15, ESWM
14 1:07.12 THSCDEC Kelvin Chiu, 17, RHAC
15 1:07.15 EXCELDEC Louis-P. Delorme, 17, MEGO
16 1:07.24 TRENTJAN Steven Medaglia, 16, NKB
17 1:07.40 BRANTNOV Devon Acroyd, 17, SCAR
18 1:07.41 TORJAN Danny Parsons, 17, SCAR
19 1:07.75 TORJAN Donald Smith, 16, COBRA
20 1:08.01 MANTADEC Jeff Cormack, 17, BRSA
21 1:08.14 MANTADEC Jamie Del Mastro, 16, USC
22 1:08.15 CNSHDEC Kevin Tyson, 16, NKB
23 1:08.32 ONSRNOV Jay Souliere, 17, WAC
24 1:08.58 RAPIDDEC Ken Hamilton, 17, IS
25 1:08.70 YOUTHDEC Warren Barnes, 15, SCAR

200 METRES BREASTSTROKE

- Rec: 2:12.45 Morgan Knabe, UCCS, 98
1 2:12.07 EDMONNOV Chad Thomsen, 17, EKSC-SE
2 2:16.14 THSCDEC Matthew Huang, 16, PDSA
3 2:18.43 EDMONNOV Keith Beavers, 17, STARS
4 2:18.43 MANTADEC Nathan Parker, 16, MJKFF
5 2:20.32 THSCDEC Jung Hun Choi, 16, PDSA
6 2:20.54 RAPIDDEC Ian Chan, 17, PDSA
7 2:21.28 ONSRNOV Michael Brown, 16, PERTH
8 2:21.28 BRANTNOV Scott Dickens, 16, BRANT
9 2:21.69 YOUTHDEC Tobias Oriwol, 15, ESWM
10 2:21.80 THSCDEC Thomas South, 17, UCSA
11 2:22.66 PCSDCDC Kevin Rioux, 15, CAMO
12 2:23.84 RAPIDDEC Ken Hamilton, 17, IS
13 2:24.40 MANTADEC Daniel Tracy, 17, USC
14 2:25.09 EXCELDEC Dominic Pelletier, 16, UL
15 2:25.39 ONSRNOV Steven Medaglia, 16, NKB
16 2:25.46 YOUTHDEC Conrad Aach, 15, ESWM
17 2:26.91 MANTADEC Robbie Anderson, 17, ROD
18 2:27.05 TORJAN Danny Parsons, 17, SCAR
19 2:27.17 MANTADEC Jamie Del Mastro, 16, USC
20 2:27.61 TORJAN Donald Smith, 16, COBRA
21 2:27.69 CHENAJAN Richard Taylor, 17, RAPID
22 2:27.95 MANTADEC Adam Kafka, 16, LAC
23 2:27.96 ONSRNOV Devon Acroyd, 17, SCAR
24 2:28.12 ONSRNOV Jay Souliere, 17, WAC
25 2:28.19 ONSRNOV Bill Cocks, 16, TRENT

100 METRES BUTTERFLY

- Rec: 53.77 Adam Sioul, TD, 0
1 53.57 EDMONNOV Benoit Banville-A, 17, MEGO
2 53.57 MANTADEC Bradley Vanderkam, 17, LAC
3 56.50 THSCDEC Craig Gillis, 17, UCSA
4 56.92 YOUTHDEC Tobias Oriwol, 15, ESWM
5 57.07 THSCDEC Darryl Rudolf, 16, PDSA
6 57.20 TRENTJAN Bill Cocks, 16, TRENT
7 57.45 THSCDEC Daniel Petrus, 17, PDSA
8 57.49 PCSDCDC Ian MacLeod, 17, ESWM
9 57.65 CNSHDEC Steven Medaglia, 16, NKB
10 57.70 YOUTHDEC Kurtis Miller, 15, SCAR
11 57.97 EDMONNOV Karim Abdulla, 17, ROD
12 58.15 MSSACNOV Mark Sy, 17, CREST
13 58.46 THSCDEC Graeme Tozer, 15, UCSA
14 58.48 ONSRNOV Andrew Bignell, 17, SSMAC
15 58.76 ONSRNOV Evan Jellie, 16, ROW
16 58.80 CNSHDEC Thierry Bannion, 17, SAMAK
17 58.97 RAPIDDEC Matthew Huang, 16, PDSA
18 59.09 RAPIDDEC Douglas McQueen, 15, PDSA
19 59.09 ESIMOOCT Stefano Caprara, 17, VAC
20 59.10 YOUTHDEC Roman Margulis, 16, NYAC
21 59.11 RAPIDDEC Brent Hayden, 17, SPART
22 59.23 EDMONNOV Brent O'Connor, 17, PDSA
23 59.37 ONSRNOV Trevor Coulman, 16, GOLD
24 59.40 MANTADEC Taylor Graham, 15, NCSA
25 59.46 SHERDEC Mathieu Aubry, 17, CNHR

200 METRES BUTTERFLY

- Rec: 1:57.66 Adam Sioul, TD, 99
1 2:04.48 CNSHDEC Steven Medaglia, 16, NKB
2 2:05.06 MANTADEC Karim Abdulla, 17, ROD
3 2:06.84 MANTADEC Bradley Vanderkam, 17, LAC
4 2:06.99 THSCDEC Darryl Rudolf, 16, PDSA
5 2:06.27 YOUTHDEC Tobias Oriwol, 15, ESWM
6 2:06.28 EDMONNOV Benoit Banville-A, 17, MEGO
7 2:06.77 PCSDCDC Ian MacLeod, 17, ESWM
8 2:06.84 THSCDEC Matthew Huang, 16, PDSA
9 2:07.25 CNSHDEC Thierry Bannion, 17, SAMAK
10 2:07.65 MSSACNOV Mark Sy, 17, CREST
11 2:08.21 THSCDEC Craig Gillis, 17, UCSA
12 2:08.33 PCSDCDC Sean Zunini, 16, CAMO
13 2:08.42 THSCDEC Douglas McQueen, 15, PDSA
14 2:09.11 PCSDCDC Jordan Chitlley, 17, NYAC
15 2:09.69 EDMONNOV Brent O'Connor, 17, PDSA
16 2:10.59 YOUTHDEC Conrad Aach, 15, ESWM
17 2:10.62 TORJAN Evan Jellie, 17, ROW
18 2:10.66 RAPIDDEC Ken Hamilton, 17, IS
19 2:11.19 YOUTHDEC Roman Margulis, 16, NYAC
20 2:11.39 RODJAN Trevor Coulman, 16, GOLD
21 2:11.55 PCSDCDC Dominic Pelletier, 16, UL
22 2:11.77 ONSRNOV Bill Cocks, 16, TRENT
23 2:11.89 RAPIDDEC Chris Kargil-Simard, 16, PDSA
24 2:12.15 CNSHDEC Thomas Senecal, 16, NEW
25 2:12.35 KCSDEC Callum Ng, 15, CASC

200 METRES IND. MEDLEY

- Rec: 1:59.35 Curtis Myden, UCCS, 91
1 2:02.95 YOUTHDEC Tobias Oriwol, 15, ESWM
2 2:03.79 EDMONNOV Keith Beavers, 17, STARS
3 2:05.40 THSCDEC Craig Gillis, 17, UCSA
4 2:07.58 CNSHDEC Steven Medaglia, 16, NKB
5 2:07.79 THSCDEC Matthew Huang, 16, PDSA
6 2:09.13 ONSRNOV Devon Acroyd, 17, SCAR
7 2:09.15 THSCDEC Graeme Tozer, 15, UCSA
8 2:09.38 MANTADEC Bradley Vanderkam, 17, LAC
9 2:09.49 MANTADEC Andrew McGillivray, 17, MANTA
10 2:09.61 YOUTHDEC Conrad Aach, 15, ESWM
11 2:09.76 MANTADEC Devin Phillips, 15, EKSC
12 2:09.77 RAPIDDEC Jung Hun Choi, 16, PDSA
13 2:10.11 BRANTNOV Scott Dickens, 16, BRANT
14 2:10.11 RODJAN Chad Hankewich, 19, GOLD
15 2:11.07 ONSRNOV Kurtis MacGillivray, 16, ROW
16 2:11.20 ONSRNOV Michael Brown, 16, PERTH
17 2:11.31 RAPIDDEC Andrew Carruthers, 17, IS-VIKES
18 2:11.42 MANTADEC Karim Abdulla, 17, ROD
19 2:11.83 RAPIDDEC Ian Chan, 17, PDSA
20 2:11.98 CAMOUCT Benoit Banville-A, 17, MEGO
21 2:12.01 RODJAN Nathan Parker, 16, MJKFF
22 2:12.03 RAPIDDEC Chris Kargil-Simard, 16, PDSA
23 2:12.24 YOUTHDEC Roman Margulis, 16, NYAC
24 2:12.67 MANTADEC Jamie Del Mastro, 16, USC
25 2:13.01 PCSDCDC Kevin Rioux, 15, CAMO

400 METRES IND. MEDLEY

- Rec: 4:12.67 Alex Baumann, LUSC, 81
1 4:20.17 EDMONNOV Tobias Oriwol, 15, ESWM
2 4:20.75 EDMONNOV Keith Beavers, 17, STARS
3 4:30.91 THSCDEC Douglas McQueen, 15, PDSA
4 4:31.52 YOUTHDEC Conrad Aach, 15, ESWM
5 4:32.87 ONSRNOV Kurtis MacGillivray, 16, ROW
6 4:33.50 MANTADEC Karim Abdulla, 17, ROD
7 4:33.68 THSCDEC Matthew Huang, 16, PDSA
8 4:33.82 ONSRNOV Devon Acroyd, 17, SCAR
9 4:33.30 ONSRNOV Steven Medaglia, 16, NKB
10 4:39.04 RAPIDDEC Chris Kargil-Simard, 16, PDSA
11 4:39.10 PCSDCDC Kevin Rioux, 15, CAMO
12 4:39.63 MANTADEC Bradley Vanderkam, 17, LAC
13 4:39.74 ISCUPNOV Ken Hamilton, 17, IS
14 4:39.95 RODJAN Brent Hankewich, 17, GOLD
15 4:40.07 ONSRNOV Michael Brown, 16, PERTH
16 4:40.75 YOUTHDEC Roman Margulis, 16, NYAC
17 4:40.81 ABSRJAN Graeme Tozer, 15, UCSA
18 4:40.97 YOUTHDEC Matt Johnston, 16, MSSAC
19 4:41.02 PCSDCDC Eric Pelletier, 23, UL
20 4:41.53 MANTADEC Devin Phillips, 15, EKSC
21 4:42.26 YOUTHDEC Kyle Welsh, 16, OAK
22 4:42.65 KCSDEC Callum Ng, 15, CASC
23 4:42.90 PCSDCDC Patrick Bourassa-F., 17, CAMO
24 4:43.44 EXCELDEC Dominic Pelletier, 16, UL
25 4:43.49 MANTADEC Adam Kafka, 16, LAC

4X50 M MEDLEY RELAY

- Rec: 1:44.55 Markham AC, MAC, 94
1 1:47.14 PCSDCDC Etobicoke Swimming, ESWM
2 1:48.91 YOUTHDEC Scarborough SC, SCAR
3 1:48.97 MANTADEC London AC, LAC
4 1:50.06 GOLDOCT Edmonton Keyano, EKSC
5 1:51.14 KCSDEC Cascade Swim Club, CASC
6 1:51.20 RODJAN Saskatoon Goldfins, GOLD
7 1:51.23 PCSDCDC Montreal Aqualite, CAMO
8 1:51.31 MANTADEC Univ. of Calgary SC, UCCS
9 1:52.24 YOUTHDEC North York AC, NYAC
10 1:52.36 MANTADEC Regina Opi Dolphins, ROD
11 1:52.96 PCSDCDC Pointe Claire SC, PCSC
12 1:53.65 ISCUPNOV Pacific Dolphins, PDSA
13 1:53.66 BRANTNOV Cobra Swim Club, COBRA
14 1:53.66 BRANTNOV Brantford AC, BRANT
15 1:55.54 YOUTHDEC Oakville AC, OAK
16 1:56.01 YOUTHDEC Mississauga AC, MSSAC
17 1:57.02 KCSDEC Island Swimming, IS
18 1:57.16 RHACOCT Richmond Hill AC, RHAC
19 1:57.18 EXCELDEC Univ. Laval Rouge & Or, UL
20 1:59.38 KCSDEC Williams Lake Bluefins, WLBF
21 1:59.94 MACJAN Markham AC, MAC
22 2:00.20 EYSCNOV East York SC, EYSC
23 2:00.57 PCSDCDC Galtys-Ottawa Kingfish, GO
24 2:00.62 CASCNV Calgary Patriots, CP
25 2:01.06 VANISJAN Nanaimo Ripptide, ST, NRST

4X50 M FREE RELAY

- Rec: 1:34.58 Markham AC, MAC, 92
1 1:36.33 PCSDCDC Etobicoke Swimming, ESWM
2 1:39.04 MANTADEC Edmonton Keyano, EKSC
3 1:39.34 PCSDCDC Montreal Aqualite, CAMO
4 1:39.56 CASCNV Saskatoon Goldfins, GOLD
5 1:40.25 BRANTNOV Scarborough SC, SCAR
6 1:40.57 KCSDEC Cascade Swim Club, CASC
7 1:40.67 MANTADEC Bow River Swim Assoc, BRSA
8 1:40.89 ISCUPNOV Univ. Victoria IS-VIKES
9 1:41.00 TRENTJAN Nepean Kanata, NKB
10 1:41.05 RAPIDDEC Pacific Dolphins, PDSA
11 1:41.30 PCSDCDC Pointe Claire SC, PCSC
12 1:41.55 BRANTNOV Cobra Swim Club, COBRA
13 1:41.57 LACNOV London AC, LAC
14 1:41.60 YOUTHDEC North York AC, NYAC
15 1:42.75 KCSDEC Hyack Swim Club, HYACK
16 1:43.50 YOUTHDEC Mississauga AC, MSSAC
17 1:43.55 BRANTNOV Brantford AC, BRANT
18 1:43.72 EYSCNOV East York SC, EYSC
19 1:43.91 RHACOCT Richmond Hill AC, RHAC
20 1:44.14 YOUTHDEC Oakville AC, OAK
21 1:44.76 CASCNV Univ. of Calgary SC, UCCS
22 1:44.77 EXCELDEC Univ. Laval Rouge & Or, UL
23 1:44.84 MANTADEC Mantwa Swim Club, MANTA
24 1:45.55 MANTADEC Lethbridge ASC, LASC
25 1:45.73 RAPIDDEC Island Swimming, IS

RESULTS

2000 EUROPEAN SC CHAMPIONSHIPS

Valencia, ESP, Dec 14-17 (25 m)

• = European record

MEN

50 METRES FREESTYLE

- 1) 21.52 Stefan Nystrand,81,SWE
- 2) 21.60 Mark Foster,70,GBR
- 3) 21.70 Oleksander Volynets,74,UKR
- 4) 21.77 Bartosz Kizierowski,77,POL
- 5) 22.21 Vyacheslav Shyrshov,79,UKR
- 6) 22.33 Stephan Kunzelmann,78,GER
- 7) 22.45 Ewout Holst,78,NED
- 8) 22.50 Karel Novy,80,SUI

100 METRES FREESTYLE

- 1) 47.56 Stefan Nystrand,81,SWE
- 2) 47.69 Denis Pimankov,75,RUS
- 3) 47.87 Karel Novy,80,SUI
- 4) 48.20 Duje Draganja,83,CRO
- 5) 48.40 Stefan Herbst,78,GER
- 6) 48.89 Vyacheslav Shyrshov,79,UKR
- 7) 49.12 Peter Mankoc,78,SLO
- 8) 49.38 Ewout Holst,78,NED

200 METRES FREESTYLE

- 1) 1:44.63 Massi Rosolino,78,ITA
- 2) 1:45.27 Kvetoslav Svoboda,82,CZE
- 3) 1:46.24 Paul Palmer,74,GBR
- 4) 1:46.72 Stefan Herbst,78,GER
- 5) 1:46.78 Matteo Pellicciari,79,ITA
- 6) 1:47.67 James Salter,76,GBR
- 7) 1:48.46 Ricardo Pedrosa,77,POR
- 8) 1:48.78 Michal Sapon,81,POL

400 METRES FREESTYLE

- 1) •3:39.59 Massi Rosolino,78,ITA
- 2) 3:44.80 Paul Palmer,74,GBR
- 3) 3:47.36 Kvetoslav Svoboda,82,CZE
- 4) 3:47.38 Matteo Pellicciari,79,ITA
- 5) 3:48.63 Ihor Koptur,78,BLR
- 6) 3:48.79 Vlastimil Burda,75,CZE
- 7) 3:49.17 Ilya Nikitin,82,RUS
- 8) 3:50.34 James Salter,76,GBR

1500 METRES FREESTYLE

- 1) •14:36.93 Massi Rosolino,78,ITA
- 2) 14:53.93 Frederik Hviid,74,ESP
- 3) 14:56.36 Igor Chervynskiy,81,UKR
- 4) 14:58.10 Adam Faulkner,81,GBR
- 5) 14:59.22 Ihor Koptur,78,BLR
- 6) 15:05.86 Andrea Rigbi,79,ITA
- 7) 15:06.62 Spyridon Gianniotis,80,GRE
- 8) 15:08.86 Sylvain Cros,80,FRA

50 METRES BACKSTROKE

- 1) 24.60 Ante Maskovic,79,CRO
- 2) 24.81 Orn Armarson,81,ISL
- 3) 24.82 Darius Grigalions,77,LTU
- 4) 24.83 Thomas Rupprath,77,GER
- 5) 24.90 Sebastian Halgasch,80,GER
- 6) 24.95 Blaz Medvesek,80,SLO
- 7) 25.18 Przemyslaw Wilant,77,POL
- 8) 25.34 Gordan Kozulj,76,CRO

100 METRES BACKSTROKE

- 1) •52.28 Orn Armarson,81,ISL
- 2) 52.57 Gordan Kozulj,76,CRO
- 3) 53.21 Przemyslaw Wilant,77,POL
- 4) 53.62 Blaz Medvesek,80,SLO
- 5) 53.67 Bartosz Kizierowski,77,POL
- 6) 53.85 Volodymyr Nikolaychuk,75,UKR
- 7) 54.10 Ante Maskovic,79,CRO
- 8) 54.12 Darius Grigalions,77,LTU

200 METRES BACKSTROKE

- 1) 1:52.90 Orn Armarson,81,ISL
- 2) 1:53.50 Gordan Kozulj,76,CRO
- 3) 1:54.61 Blaz Medvesek,80,SLO
- 4) 1:55.52 Viktor Bodrogi,83,HUN
- 5) 1:56.21 Jorge Sanchez,77,ESP
- 6) 1:57.38 Sander Ganzevles,82,NED
- 7) 1:57.50 Volodymyr Nikolaychuk,75,UKR
- 8) 1:58.22 Stephen Parry,77,GBR

50 METRES BREASTSTROKE

- 1) 27.11 Mark Warnecke,70,GER
- 2) 27.11 Daniel Malek,73,CZE
- 3) 27.11 Domenico Fioravanti,77,ITA
- 4) 27.32 Darren Mew,79,GBR
- 5) 27.43 Remo Lutolf,80,SUI
- 6) 27.62 Michael Fischer,82,GER

- 7) 28.00 Hugues Duboscq,81,FRA
- 8) disq Oleg Lisogor,79,UKR

100 METRES BREASTSTROKE

- 1) 58.89 Domenico Fioravanti,77,ITA
- 2) 59.67 Daniel Malek,73,CZE
- 3) 1:00.04 Darren Mew,79,GBR
- 4) 1:00.17 Stephan Perrot,77,FRA
- 5) 1:00.32 Michael Fischer,82,GER
- 6) 1:00.47 Martin Gustavsson,80,SWE
- 7) 1:00.52 Davide Cassol,80,ITA
- 8) 1:00.78 Adam Whitehead,80,GBR

200 METRES BREASTSTROKE

- 1) •2:07.58 Stephan Perrot,77,FRA
- 2) 2:08.76 Domenico Fioravanti,77,ITA
- 3) 2:08.86 Daniel Malek,73,CZE
- 4) 2:09.55 Martin Gustavsson,80,SWE
- 5) 2:11.49 Ian Edmond,78,GBR
- 6) 2:11.82 Max Podoprigora,78,AUT
- 7) 2:13.50 Alfonso Uruburu,79,ESP
- 8) 3:33.28 Michael Williamson,81,IRL

50 METRES BUTTERFLY

- 1) 23.31 Mark Foster,70,GBR
- 2) 23.48 Jere Hard,78,FIN
- 3) 23.61 Jorge Ulibarri,75,ESP
- 4) 23.71 Thomas Rupprath,77,GER
- 5) 23.87 Ewout Holst,78,NED
- 6) 24.21 Ivan Mladina,80,CRO
- 7) 24.26 Anatoli Poliakov,80,RUS
- 8) 24.65 Vlastimil Havlicek,72,CZE

100 METRES BUTTERFLY

- 1) 51.31 Thomas Rupprath,77,GER
- 2) 51.76 Lars Frolander,74,SWE
- 3) 52.54 Anatoli Poliakov,80,RUS
- 4) 52.56 Jorge Ulibarri,75,ESP
- 5) 52.85 Jere Hard,78,FIN
- 6) 52.88 Ivan Mladina,80,CRO
- 7) 52.94 Denis Pankratov,74,RUS
- 8) 53.11 Joakim Dahl,76,SWE

200 METRES BUTTERFLY

- 1) 1:53.28 Thomas Rupprath,77,GER
- 2) 1:54.01 Anatoli Poliakov,80,RUS
- 3) 1:54.37 Stephen Parry,77,GBR
- 4) 1:55.10 James Hickman,76,GBR
- 5) 1:56.34 Viktor Bodrogi,83,HUN
- 6) 1:57.04 Stefan Aartsen,75,NED
- 7) 1:58.16 Anders Bo Pedersen,81,DEN
- 8) disq Ales Abersek,77,SLO

100 METRES IND.MEDLEY

- 1) 54.14 Peter Mankoc,78,SLO
- 2) 54.22 Indrek Sei,72,EST
- 3) 55.10 Davide Cassol,80,ITA
- 4) 55.24 Christian Keller,72,GER
- 5) 55.54 Brenton Cabello,81,ESP
- 6) 55.63 Nuno Laurentino,75,POR
- 7) 55.81 Lorenz Liechti,75,SUI
- 8) 56.47 Ian Edmond,78,GBR

200 METRES IND.MEDLEY

- 1) 1:56.62 Massi Rosolino,78,ITA
- 2) 1:57.68 Christian Keller,72,GER
- 3) 1:58.14 Peter Mankoc,78,SLO
- 4) 1:59.77 Brenton Cabello,81,ESP
- 5) 2:00.23 Michael Halika,78,ISR
- 6) 2:00.37 Jordi Carrasco,75,ESP
- 7) 2:01.00 Lorenz Liechti,75,SUI
- 8) 2:02.88 James Hickman,76,GBR

400 METRES IND.MEDLEY

- 1) 4:10.61 Alessio Boggiatto,81,ITA
- 2) 4:12.94 Frederik Hviid,74,ESP
- 3) 4:13.48 Michael Halika,78,ISR
- 4) 4:15.67 Simon Miliutis,77,GBR
- 5) 4:16.44 Brenton Cabello,81,ESP
- 6) 4:16.47 Marko Milenkovic,76,SLO
- 7) 4:16.69 Vasilius Demetis,82,GRE
- 8) 4:19.49 Darren Wigg,80,GBR

4X50 M MEDLEY RELAY

- 1) 1:36.23 Germany,GER
- 2) 1:37.48 Ukraine,UKR
- 3) 1:37.71 Croatia,CRO
- 4) 1:37.87 Great Britain,GBR
- 5) 1:39.24 Switzerland,SUI
- 6) 1:39.58 Czech Republic,CZE
- 7) 1:39.89 Portugal,POR
- 8) 4X50 M FREE RELAY

- 1) 1:27.52 Sweden,SWE
- 2) 1:27.81 Germany,GER
- 3) 1:28.18 Great Britain,GBR
- 4) 1:28.84 Switzerland,SUI
- 5) 1:29.59 Spain,ESP
- 6) 1:29.91 Italy,ITA
- 7) 1:30.72 Croatia,CRO
- 8) disq Sweden,SWE

WOMEN

50 METRES FREESTYLE

- 1) 24.09 Therese Alshammar,77,SWE
- 2) 24.48 Alison Sheppard,72,GBR
- 3) 24.75 Anna-K. Kammerling,80,SWE
- 4) 25.17 Olga Mukomol,79,UKR
- 5) 25.30 Judith Draxler,70,AUT
- 6) 25.41 Jana Kolukanova,81,EST
- 7) 25.56 Elena Popchenko,79,BLR
- 8) 25.59 Karen Edgal,78,DEN

100 METRES FREESTYLE

- 1) 53.13 Therese Alshammar,77,SWE
- 2) 53.82 Johanna Sjoberg,78,SWE
- 3) 53.97 Martina Moravcova,76,SVK
- 4) 54.64 Britta Steffen,83,GER
- 5) 54.95 Karen Pickering,71,GBR
- 6) 54.97 Petra Dallmann,78,GER
- 7) 55.55 Cristina Chiuso,73,ITA
- 8) 55.70 Elena Popchenko,79,BLR

200 METRES FREESTYLE

- 1) 1:56.51 Martina Moravcova,76,SVK
- 2) 1:57.22 Karen Pickering,71,GBR
- 3) 1:57.60 Karen Legg,78,GBR
- 4) 1:59.23 Irina Oufimtseva,85,RUS
- 5) 1:59.32 Laura Roca,80,ESP
- 6) 1:59.33 Paula Carballido,79,ESP
- 7) 1:59.97 Ida Mattsson,85,SWE
- 8) 2:00.77 Olga Bogoslovenko,85,RUS

400 METRES FREESTYLE

- 1) 4:06.71 Irina Oufimtseva,85,RUS
- 2) 4:09.52 Jana Pechanova,81,CZE
- 3) 4:10.80 Rebecca Cooke,83,GBR
- 4) 4:11.30 Ann Berglund,84,SWE
- 5) 4:12.07 Ida Mattsson,85,SWE
- 6) 4:12.34 Chantal Strasser,78,SUI
- 7) 4:12.86 Hanna Miluska,84,SUI
- 8) 4:16.66 Kristina Kynerova,79,CZE

800 METRES FREESTYLE

- 1) 8:27.23 Chantal Strasser,78,SUI
- 2) 8:29.24 Rebecca Cooke,83,GBR
- 3) 8:31.17 Jana Pechanova,81,CZE
- 4) 8:44.30 Marion Perrotin,83,FRA
- 5) 8:46.83 Maria A. Bardina,80,ESP
- 6) 8:56.80 Flora Lamotte,80,FRA
- 7) 8:56.80 Flora Lamotte,80,FRA
- 8) 8:56.80 Flora Lamotte,80,FRA

50 METRES BACKSTROKE

- 1) 27.84 Ilona Hlavackova,77,CZE
- 2) 28.10 Nina Zhivanevskaya,77,ESP
- 3) 28.12 Daniela Samulski,84,GER
- 4) 28.43 Suze Valen,78,NED
- 5) 28.76 Sarah Price,79,GBR
- 6) 28.90 Alessandra Cappa,82,ITA
- 7) 28.91 Aleksandra Herasimienka,85,BLR
- 8) 28.99 Katy Sexton,82,GBR

100 METRES BACKSTROKE

- 1) 58.82 Ilona Hlavackova,77,CZE
- 2) 1:00.04 Katy Sexton,82,GBR
- 3) 1:00.09 Nina Zhivanevskaya,77,ESP
- 4) 1:00.79 Louise Orstedt,85,DEN
- 5) 1:01.25 Sarah Price,79,GBR
- 6) 1:01.38 Anja Carman,85,SLO
- 7) 1:01.62 Camilla Johansson,74,SWE
- 8) 1:01.66 Alessandra Cappa,82,ITA

200 METRES BACKSTROKE

- 1) 2:08.19 Joanna Fargus,82,GBR
- 2) 2:09.15 Nina Zhivanevskaya,77,ESP
- 3) 2:10.71 Anja Carman,85,SLO
- 4) 2:11.82 Louise Orstedt,85,DEN
- 5) 2:12.04 Marcela Kubalcikova,73,CZE
- 6) 2:12.81 Jana Korbasova,76,SVK
- 7) 2:13.87 Anna Kopatchenka,80,BLR
- 8) 2:14.13 Helen Don-Duncan,81,GBR

50 METRES BREASTSTROKE

- 1) 31.26 Emma Igelstrom,80,SWE
- 2) 31.55 Agnieszka Braszkiewicz,81,POL
- 3) 31.70 Anne-M. Gulbrandsen,84,NOR
- 4) 31.71 Desiree Mahle,84,GER
- 5) 31.74 Alicja Peczak,70,POL
- 6) 31.81 Elena Bogomazova,82,RUS
- 7) 32.03 Vera Lischka,76,AUT
- 8) 32.06 Roberta Crescentini,75,ITA

100 METRES BREASTSTROKE

- 1) 1:06.95 Alicja Peczak,70,POL
- 2) 1:07.14 Emma Igelstrom,80,SWE
- 3) 1:08.17 Anne-M. Gulbrandsen,84,NOR
- 4) 1:08.73 Elin Austevoll,74,NOR
- 5) 1:08.77 Heidi Earp,80,GBR
- 6) 1:08.94 Elena Bogomazova,82,RUS
- 7) 1:09.34 Vipa Bernhardt,82,GER
- 8) 1:09.35 Anne Poleska,80,GER

200 METRES BREASTSTROKE

- 1) 2:24.05 Emma Igelstrom,80,SWE
- 2) 2:24.17 Alicja Peczak,70,POL
- 3) 2:25.55 Anne-M. Gulbrandsen,84,NOR
- 4) 2:26.20 Heidi Earp,80,GBR
- 5) 2:26.93 Agata Czaplacki,83,SUI
- 6) 2:27.48 Olga Bakalidina,85,RUS
- 7) 2:28.08 Vipa Bernhardt,82,GER
- 8) 2:28.59 Anne Poleska,80,GER

50 METRES BUTTERFLY

- 1) 25.60 Anna-K. Kammerling,80,SWE
- 2) 26.72 Karen Edgal,78,DEN
- 3) 26.74 Johanna Sjoberg,78,SWE
- 4) 26.81 Daniela Samulski,84,GER
- 5) 27.31 Hinkelin Schreuder,84,NED
- 6) 27.38 Vered Borochovski,84,ISR
- 7) 27.56 Marietta Uhle,80,GER
- 8) 27.88 Elena Popchenko,79,BLR

100 METRES BUTTERFLY

- 1) 57.54 Martina Moravcova,76,SVK
- 2) 57.86 Johanna Sjoberg,78,SWE
- 3) 58.91 Mette Jacobsen,73,DEN
- 4) 1:00.14 Natalia Soutiaguina,80,RUS
- 5) 1:00.23 Petra Zahr,81,AUT
- 6) 1:00.29 Vered Borochovski,84,ISR
- 7) 1:00.36 Marietta Uhle,80,GER
- 8) 1:00.53 Margaretta Pedder,80,GBR

200 METRES BUTTERFLY

- 1) •2:05.77 Annika Mehlhorn,83,GER
- 2) 2:07.70 Mette Jacobsen,73,DEN
- 3) 2:09.29 Petra Zahr,81,AUT
- 4) 2:09.75 Margaretta Pedder,80,GBR
- 5) 2:10.19 Mireia Garcia,81,ESP
- 6) 2:12.02 Marcela Kubalcikova,73,CZE
- 7) 2:12.12 Natalia Soutiaguina,80,RUS
- 8) 2:13.99 Malgorzata Gembricka,85,POL

100 METRES IND.MEDLEY

- 1) 1:00.58 Martina Moravcova,76,SVK
- 2) 1:01.21 Annika Mehlhorn,83,GER
- 3) 1:01.25 Sue Rolph,78,GBR
- 4) 1:02.00 Oxana Verevka,77,RUS
- 5) 1:02.63 Hanna-M. Seppala,84,FIN
- 6) 1:02.94 Yvetta Hlavacova,75,CZE
- 7) 1:03.31 Natasha Kejzar,76,SLO
- 8) 1:03.69 Tatiana Rouba,83,ESP

200 METRES IND.MEDLEY

- 1) 2:10.75 Yana Klochkova,82,UKR
- 2) 2:12.15 Oxana Verevka,77,RUS
- 3) 2:12.28 Sue Rolph,78,GBR
- 4) 2:13.68 Sara Nordenstam,83,SWE
- 5) 2:14.32 Otilia Jedrejczak,83,POL
- 6) 2:14.47 Vered Borochovski,84,ISR
- 7) 2:14.81 Tatiana Rouba,83,ESP
- 8) 2:17.42 Sophie De Ronchi,85,FRA

400 METRES IND.MEDLEY

- 1) 4:35.11 Yana Klochkova,82,UKR
- 2) 4:39.02 Annika Mehlhorn,83,GER
- 3) 4:40.11 Rachel Corner,81,GBR
- 4) 4:42.13 Otilia Jedrejczak,83,POL
- 5) 4:43.83 Pavla Chrasova,79,CZE
- 6) 4:44.16 Yvetta Hlavacova,75,CZE
- 7) 4:44.46 Roser Vives,84,ESP
- 8) 4:46.18 Yseult Gervy,79,BEL

4X50 M MEDLEY RELAY

- 1) •1:48.31 Sweden,SWE
- 2) 1:50.96 Germany,GER
- 3) 1:51.20 Great Britain,GBR
- 4) 1:52.24 Czech Republic,CZE
- 5) 1:52.24 Denmark,DEN
- 6) 1:53.77 Poland,POL
- 7) 1:53.98 Italy,ITA
- 8) 1:54.39 Russia,RUS

4X50 M FREE RELAY

- 1) •1:38.21 Sweden,SWE
- 2) 1:38.39 Great Britain,GBR
- 3) 1:39.63 Germany,GER
- 4) 1:43.07 Spain,ESP
- 5) 1:43.69 Denmark,DEN
- 6) 1:45.33 Russia,RUS

BIGGEST PAYDAY FOR KLOCHKOVA

Nick J. Thierry

VALENCIA—In a crowded year with a short course Worlds in March, a long course Europeans in July, and the Olympics in September, the short course Europeans in December attracted a good field and



Fish-eye view of temporary pools in velodrome

Marco Chiesa

resulted in some fast swimming. Most of the European Olympic gold medallists were present except the two from Holland and Romania's Diana Mocanu who was ill.

The final totals after four days of Championship swimming and after 38 events was 3 World, 8 European, and 15 Championship records.

Sweden won the most golds with 10, with 4 silvers and 2 bronze for a total of 16. Italy was second with 7 golds and a total of 9 (7-1-1), and Germany was third with 12 total (5-5-2). Most medals went to Great Britain with 19 (2-7-10), who picked up 2 golds on the final day, after missing out for the first three days. At the end of the competition, Great Britain emerged with the most points with 218 (having had the most swimmers at the competition with 33), with Germany second with 187, then Sweden with 186. Points are awarded to finalists.

The Spanish city of Valencia was the host and the venue was an indoor velodrome where a temporary 25 m competition and warm-up pool were installed. The building, which had been unheated, received a new heating system that will extend the use of the complex during the cool winter months. The pools, once the competition ended, will be dismantled and

moved to an existing outdoor complex and will become a 50 m facility.

Yana Klochkova (UKR) accomplished what seemed an impossible task a year ago winning the same event at three European Championships as well as the Olympics. She accomplished this with ease in

both the 200 and 400 individual medleys. To add to her feat, she broke the world record in the 400 IM in Sydney. All this brought her the LEN prize worth 200,000 German Marks (half for winning all four titles in the same event, and half for the world record). This has to be one of the bigger prizes ever available in swimming.

After the all events were finished, the top four individual performers were awarded a LEN prize

of 5,000 Swiss Francs each. These went to:

Anna-Karin Kammerling (SWE), who had the most points (1024) for her 50 fly world record; Therese Alshammar (SWE), Annika Melhorn (GER), and Martina Moravcova (SVK) the last two had set European records for the 200 and 100 butterfly, respectively.

On Day One, 17-year-old Annika Mehlhorn (GER) electrified the competition with her 200 butterfly European record of 2:05.77. The former record holder, Mette Jacobsen (DEN), was second in 2:07.70. Mehlhorn's time was third on the all-time performers list.

Massimiliano Rosolino (ITA) had a great competition. On the first day he broke the 400 freestyle European record with a 3:39.59 to better the old time of 3:40.45 held by fellow Italian Emiliano Brembilla. Minutes later Rosolino also won the 200 IM in 1:56.62, an event in which he won



Massimiliano Rosolino (ITA)

Marco Chiesa

Olympic gold in Sidney three months before.

Rosolino said, "I expected this European record, that's what I came to Valencia for. There hasn't been a lot of time to prepare since the Olympics."

Rosolino's 1500 swim on the third day was his second European record. He held the lead throughout the distance, splitting his 300s: 2:53.59, 2:57.56, 2:55.30, 2:57.30, and 3:54.99. He went through the first 400 in 3:52.90 and at the 800 his split was 7:48.16. All in all, it was a great swim.

He said after the race: "I'm very proud of this record because I have admired former record holder Salnikov very much. It was a relaxed swim and brought back memories of my last 1500 in March of 1998."

Winning his fourth gold in the 200 free, Rosolino's time of 1:44.63 (51.23) was enough to hold off Kvetoslav Svoboda (CZE) with 1:45.27 (who improved three seconds since last year) and Paul Palmer (GBR) with 1:46.24.

Orn Arnarson (ISL) made it three years in a row, winning the 200 backstroke in 1:52.90. Arnarson won



Klochkova with one of two DM100,000 cheques, with LEN's Sven Egil Folvik

Marco Chiesa

Rating Summary of top performances

1)	1024	25.60	50 fly W	Anna-K. Kammerling, 80, SWE
2)	1021	24.09	50 free W	Therese Alshammar, 77, SWE
3)	1004	2:05.77	200 fly W	Annika Mehlhorn, 83, GER
	1004	57.54	100 fly W	Martina Moravcova, 76, SVK
5)	1002	1:53.28	200 fly M	Thomas Rupprath, 77, GER
6)	1001	1:52.90	200 back M	Orn Arnarson, 81, ISL
7)	1000	2:07.58	200 breast M	Stephan Perrot, 77, FRA
8)	998	58.82	100 back W	Ilona Hlavackova, 77, CZE
	998	24.48	50 free W	Allison Sheppard, 72, GBR
	998	58.89	100 breast M	Domenico Fioravanti, 77, ITA
	998	3:39.59	400 free M	Massi Rosolino, 78, ITA

this event in 1998 as a 17-year-old with 1:55.16, and last year in 1:54.23.

"I wasn't sure I could win this one. It was a hard race and I was surprised by the time." Arnarson was fourth in this event at the Olympics.

He added the 100 back win on Day Four with a 52.28 (25.61), battling Gordan Kozulj (CRO) most of the distance, who was second with 52.57 (25.52). Amarson's time was a new European record.

On the second day, Sweden's Anna-Karin

fly. He upset veteran British flyers James Hickman (the world record holder short course) and Stephen Parry, an Olympic finalist. Rupprath took off in world record pace—25.21, 53.27, 1:22.60—only to fade in the final metres, finishing in 1:53.26. Anatoli Poliakov (RUS) was second with 1:54.01 and Stephen Parry (GBR) third with 1:54.37. Hickman, who was never in contention, finished fourth in 1:55.10.

Rupprath's time was his best by more than a second. "These Championships have been unbelievable. I'm surprised at my fly times as I haven't trained that much for this meet." Rupprath was second last year, behind Hickman.

In the men's 50 breast, three swimmers tied for first. It was inevitable that evenly matched great swimmers would do this, especially in a short race such as the 50 breaststroke.

Olympic 100 breaststroke champion Domenico Fioravanti (ITA) was in the lead after the first length but by the smallest of margins, and then Daniel Malek (CZE) and Mark Warnecke (GER) surged to the finish, all three touching simultaneously in 27.11.

Martina Moravcova (SVK) won three events, and added a third in the 100 free. She was not

pressed in the 100 IM, winning with 1:00.58, faster than a year ago but off her European record of 59.71 from last March. Within a few minutes she swam the semis of the 100 fly.

Moravcova had two great wins on the final day. First was the 200 free, where she obviously swam just fast enough to win in 1:56.51, saving the big effort for the 100 fly about 15 minutes later. Finishing second in the 200 free was Karen Pickering (GBR), a winner already in this event in



European record for Orn Arnarson (ISL)

Marco Chiesa

1993 at the first World Championships. Her teammate Karen Legg was third with 1:57.60.

For her next swim, Moravcova swam a well-paced effort in the 100 fly. She was half a body back at the 50 (27.61 to Sjoberg's 27.11) but turned it on in the second half to move easily into the lead, touching in 57.54, bettering her own European record by 1/100th of a second. Johanna Sjoberg (SWE) was second with 57.86.

"It was great last day with two golds in 20 minutes," Moravcova said.

The host Spanish team was in fine form at these championships, with six medals (0-4-2) and 20 national records in 13 events. Eurosport showed the complete finals daily (4 pm to 6 pm), including semis and medal presentations, on each of the four days, live throughout Europe. In addition, Spanish Television showed highlights for the first two days and had live coverage of finals for the last two.



Third-fastest ever 200 flyer Annika Mehlhorn (GER)

Marco Chiesa

Kammerling bettered her own 50 fly world record with 25.60 (from 25.64 a year ago). Sweden's women's 4x50 free relay improved their own world best with a 1:38.21 from 1:38.45 in 1999. Emma Igelstrom won the 200 breast in a championship record time of 2:24.05, adding to her win in the 50 breast earlier.

The only Swedish mishap was Lars Frolander's loss in the 100 butterfly. It cost him DM100,000 as he was in line to collect the LEN Prize if he won. Frolander won last year's SC Europeans, the LC Europeans in July, and the Olympics. It seemed in the bag and LEN was about to present him with his cheque. But Thomas Rupprath (GER) put an end to all that.

Frolander was in the lead (23.86) but faltered on the last length as Rupprath touched ahead in 51.31 to Frolander's 51.76. It was an expensive loss. But Frolander still has the Olympic gold and Rupprath was seventh there.

On Day Three, Thomas Rupprath won the 200



Top performers Kammerling, Alshammar, Mehlhorn, Moravcova, and Len's Fovlik

Marco Chiesa

THERE IS NO WORLD RECORD THAT DOESN'T CAUSE US TO ASK QUESTIONS

Interview with John Leonard, Executive Director of the American Swimming Coaches Association

Interview by Matthias Krause at the Olympics in Sydney

Q: With the advent of a test for erythropoetin (EPO), IOC President Juan Antonio Samaranch said these Games would be "clean." What's your impression after watching the swimming?

A: Well for starters, the EPO test is a joke. The test basically allows an athlete to use EPO until three days before the competition. That's basically a license for athletes to go ahead and do that. And I think, although I obviously don't have any specifics on who has done it, it's very clear to me that a lot of athletes are going to take advantage of that window. The USOC did exactly the same thing in 1984 with our track and field athletes. They said we'll test you at the end and find out if you were clean or not. Well that's a licence to cheat, and that's the same thing the IOC has done here.

Q: We've seen fifteen world records over the course of the swimming events; how do you explain that?

A: The unfortunate thing, of course, is that there is no world record that's set today that doesn't cause us to ask questions. But we have to ask questions about *every* world record. In my opinion some of the ones set here are tainted, I won't say which ones. I also think a lot of the medals here are tainted, but a much bigger problem is all the things that are not illegal yet that are being done.

Q: Would you hazard a guess at how many medals are clean?

A: I'm of the opinion that probably a quarter to a third of the medals should at least be seriously questioned based on what has gone on in the past in the countries in question, and looking at the results of those athletes. They're athletes who have an improvement profile that more closely matches people who we know from the past to have been doped athletes, and I think we can say with some assurance that there are improvement patterns that are suspicious.

Q: You mentioned things that are not yet illegal being done to enhance performance. Can you elaborate?

A: I'm told that the most popular current technique is electromagnetic-stimulation of the adrenal system to put your own human growth hormone into

your system in concentrations that are far higher than normal, and I've heard numbers of 30 to 100 times normal concentrations. There is no rule against it, certainly there's a question about it ethically, but it's not illegal, and it's my opinion that there are a number of athletes here, who by one means or another, whether it's through electromagnetic-stimulation or diet, are manipulating their own growth hormone supply. And whether we can write a rule to cover that sort of thing, or whether we should write a rule to cover it, is an open question.

Q: How would you explain the fact that Italy, Romania, and Holland are doing so well here?

A: Well, once again, no one knows exactly. Certainly, when you look at the history of doping in Italy, there's a question mark there. A couple of years ago 700 doctors were implicated in a vast doping scheme in that country. I assume those people are *not* all in prison. Many are probably actively working. You have to ask some hard questions as to whether things are still going on, or whether, like many others, they've found legal ways to manipulate their adrenal system. The Romanians and certainly all the former East Bloc countries, because of the history of doping in the past in those countries, all have to be questioned. But I want to emphasize that unfortunately, for the same reasons, so does every other country.

Q: US Olympic coaches complained shortly before the Games that their top swimmers hadn't been tested since March. Why is that?

A: I don't know why they haven't been tested since March, but one thing is that FINA seems to have stopped testing some time around March. They did a lot of tests from January to March, but they seem to have stopped testing everyone, not just Americans, for the whole period leading up to these Games. I don't understand that. There has been no explanation from FINA. They claim to have done a very large number of tests, more tests than they've done in the past, but they don't tell you when those tests were done. And yet when you ask athletes and coaches from all over the world, very few people say they were tested after the end of March. The American coaches were very concerned because we have athletes like Dara Torres, who's doing remarkable things, just like Holland's Inge de Bruijn, and the question is, if you're not testing Dara Torres, then just who are you testing? The question needed to be asked.

Q: What about the Chinese? A number of their athletes withdrew before the Games and we're not seeing any major performances here, but what do you expect in the future?

A: My last trip to China was last November and I spent a lot of time talking not just to swim coaches but also to administrators from the Chinese Swimming Association, and they all basically said the same thing: "We can't have any more embarrassments if we're going to win the (Olympic) bid for 2008, therefore we'll have to make sure we're clean." And it certainly appears that that's what they're doing. They're making sure that right now, they're clean. But the question is, once they win the bid, are they going to stay clean? Are they committed to clean sport? From everything I've seen, the commitment is to winning the bid, and that makes me very worried about what comes after that.

Q: What's the future of doping in your opinion? Is growth hormone manipulation the state of the art?

A: The scariest thing that I'm aware of in the whole area of performance enhancement is gene therapy. And the people in the United States who know the most about gene therapy will tell you that the best published research in the world on gene therapy is coming out of China. China has no ethical controls, no academic processes it has to go through in order to experiment, so if they have the best published research in the world, it makes you wonder about what the unpublished research is, and I'm very concerned that they're experimenting right now with gene therapy in China. That would make sense to me based on past history and knowing how important sports are to them.

Q: How do we avoid the monster Games in 2008?

A: Everyone I talk to in the US who's involved in this type of genetic research throws up their hands and says there's no way they can possibly imagine being able to detect if someone has been genetically manipulated...so probably the writing of a rule to cover something like that is, at least at this point in time, futile.

Q: That's not very optimistic.

A: No. I've often said that sports writers these days are simply chronicling the decline of sport, and very shortly we're not going to have anything that looks like sport as we've known it in the past.

Matthias Krause is a Berlin-based journalist.

WINNIG AT ANY PRICE IS NOT AN ACCEPTABLE PHILOSOPHY

Introduction by John Leonard

Karin Helmstaedt, a journalist who has dedicated a decade of her life to studying and writing about the cheating and deadly East German sports doping regime, was honoured by the ASCA at the 2000 World Clinic in Cincinnati for her efforts. Karin came all the way from Berlin, where she is employed now in German TV, to accept the award. The following is the text of her moving remarks, which did not leave a dry eye in the audience. Thank you Karin, for the wonderful job you have done on this important story.

Karin Helmstaedt

CINCINNATI, Ohio, Sept. 8, 2000—First of all I'd like to say thank you to everyone here. It's an incredible honour to be here tonight. And thanks to John Leonard and the American Swimming Coaches Association for bestowing this honour upon me. I have to tell you I'm especially happy that this award is connected to my work on doping in swimming because as you all know, doping has become something of a flogged horse in the world of sports journalism, and it's a topic that usually doesn't make you many friends! When I first heard that I would receive this award I realised that I do have some readers who believe what I write, and that's an amazing feeling.

I'd also like to take this opportunity to say a special thank you to my dear friend and editor Nick Thierry, the publisher of Swimnews Magazine, who couldn't be here tonight because he's off to the Olympics. Nick was the first person to have listened to my suspicions back in the early days, and he's not only supported much of my research both morally and financially, but within the scope of his publication, he had the courage to print from the beginning what a lot of larger, more-established publications would not.

My interest in doping dates back to my very first international competition as a swimmer: I was barely 18 and went to Germany and Sweden as part of a Canadian national team tour. It was the first time I was confronted with Eastern European swimmers at close range—East Germans, Romanians, and Russians. It was also the first time I heard what sounded like male voices in the women's locker rooms, saw the moon-shaped faces, and unseemly hair on the haunches of some of my competitors. And I saw what they could do in the water. After questioning one of the Canadian coaches about their appearance, I was told

in low tones something along the lines of "some people suspect them of being on drugs."

I later wrote a term paper in senior high school on the use of anabolic steroids in sport. A couple of years later at the University of Toronto, I was studying Phys. Ed., still on the national team, and several international experiences richer.

As an athlete, I was unsettled by the unquestionable East German dominance of my sport. Perhaps because I was distinctly aware of the kind of law of silence that we observed on the deck at international meets. Drugs were NOT a topic of conversation—"no one had proof," the coaches would say. Or, "you can't think about that sort of thing: it's self-defeating."

It may have been self-defeating, but they were wrong when they said that there was no proof. In Germany the defection of East German breaststroker Renate Vogel caused a huge stir in the media already in 1979: she was one of the Wundermaedchen from the World Championships in Belgrade in 1973, and when she got out she revealed enough of what had been done with her that, had the political will been otherwise, the truth about East Germany could have come out much sooner.

West German intelligence and government knew what was going on behind the Wall as early as 1974. Throughout the 80s and the first half of the 90s a relentless stream of doping revelations in the German press was just as relentlessly ignored. We as athletes were continually faced with the mysterious superiority of the stand-offish "diplomats in track." East German coaches, meanwhile, boasted about individual aspects of their sport-science wonders, but kept the full picture of systematic drug use top secret. The result was that we trained the endless kilometres without the drugs to fortify our muscles. We were subjected to lactate tests that accumulated mountains of data and not a single practical result. We were doing everything the way the East Germans did, or so we naively thought. So why weren't the results there too?

The fall of the Berlin Wall in 1989 marked the end of an era—the beginning of the end of the Cold War, the end of a divided Europe and a divided Germany. It spelled the end of the total control that East German bureaucrats and sports officials had exerted upon their youth—and the beginning of a long and painful period of revelation and reckoning.

It was also a turning point for my family, half of which is of East German origin. It turns out that

swimming also runs in the family somewhat, and I discovered a disturbing case within my own family of a swimmer, a 1970s Olympic hopeful, who died of heart failure at the age of 17. His body was found three hours after practice at the bottom of the pool.

As a journalist, I set about following my hunches and finding out what it was that no one wanted to know. It was painstaking work, learning German as I went, finding the pieces of a massively complicated puzzle that slowly came together by 1998. The more I learned and the more I talked with the victims of the East German system, the more the women who had once been my invincible competition were reduced to beings worthy of empathy and compassion.

The German Doping Trials, which began in March 1998, were the result of the necessary hashing out of East German history. It took a long time to make them happen, but we can be grateful they happened at all, and Prof. Werner Franke and his wife Brigitte Berendonk in Heidelberg are to be thanked, not only for their research, but also for their determination in forcing the issue into the limelight.

Sitting in on those trials was not easy. I often had the feeling I was caught up in a bad sci-fi film. Worse than the realization that I and my teammates had been hoodwinked for years, was how calculated and brutal it had all been. How to comprehend the perversion of a political system that "instrumentalizes" human beings? How to understand doctors who administer dangerous substances to healthy children? How to understand coaches who morally and emotionally betray their athletes? And then persist in denying it all in the face of the results?

Those results are hideous today. Many women who were fed anabolic steroids as young girls now suffer from permanently deepened voices and excess facial hair. The list of complaints goes on, with permanent joint damage, reproductive disorders, multiple miscarriages, liver tumours, breast cancer and, in one of the worst cases, gender dysphoria [a constant mental discontent with being female, in this case]. Perhaps most frightening of all is the fact that in a number of cases, children of the next generation have been affected as well, with physical deformities and other serious health problems.

The punishments handed down to East German coaches, doctors and officials convicted of bodily harm through doping are a joke compared to what many victims continue to endure. But it never was a matter of getting even. It was a matter of achieving open and official recognition of what happened in East Germany, of how so much of sporting history had been distorted. And it's disheartening when, in the middle of all of that, the Chinese show strong signs of following a similar agenda. Just this week China announced that it would amend, and that means that China has had five positives in swimming alone since the month of

May. Juan Antonio Samaranch typically put a positive spin on it and said, "The system works! They're cleaning house!" But I fail to see that we've made any headway at all.

One Canadian coach recently said to me, "Since about 1993, it's disheartening to coach swimmers at the elite level because of the plethora of drugs. Just when we got rid of the DDR, the USSR, et al, everyone seems to be into it now." Perhaps many of you in this room have had the same thought in recent years. And what does that say to me? It says that the angst and the unease have spread beyond the grippers huddled in the press room. They've spread across every country and every sport, and the fact that we're currently experiencing a jump in top performances in swimming like we haven't seen since 1976 only intensifies the alarm. And yet it all keeps going on.

As a parent myself, I sit before a dilemma: my son will soon be five. He's active, well built, and oozes talent for swimming, soccer, or even gymnastics. I live in what was once East Berlin and I always say if it were still the good old days, they'd already have him pegged. This year I observed his fascination for the Tour de France. When he'd say to me, "Mummy, I want to be a cyclist," I was forced to consider what implications a comment like that actually holds. I look at what sport has become, what OUR sport has become: a sport in which every outstanding performance is questioned. And I think to myself, "How far do I let him go? What do I encourage, what CAN I encourage?" In the final analysis, I want my son to have the good things from sport that I had. In which case my only recourse, and my ultimate responsibility, is VIGILANCE.

On the eve of another Olympic Games, I can't help thinking, back in the 70s, the Olympics were good fun, because although there were drugs—and there were lots of them, not only in the East Bloc—we didn't have the knowledge that we have today. Back then ignorance was bliss, and we could just enjoy the Games. Now we have IOC scandals, out-of-competition testing, designer drugs, creatine, money, money, money. And soon there will be other techniques for athlete building that even the East Germans hadn't dreamt up. I'm not alone when I look toward Sydney with a mixture of excitement and foreboding, wondering how many positive tests will go unpunished, and worse, how many positives won't even show up.

The bottom line of what I and so many other journalists have been trying to say is that whether it's an Olympics, a world championship, or a varsity competition, victory at any price is NOT an acceptable philosophy. Coaches are the ones first in line with the athletes; they see them often more than their parents do, and I think their responsibility is AWARENESS. Awareness of the value of sport as we once knew it to be: as a test of our natural capabilities. They need to know BEFORE they step onto the deck that there IS a longrun for their athletes and drugs do have devastating effects long after the thrill of the medal podium and the million-dollar contracts.

The drug cheats will continue to outfox the scientific world. It's no secret either that the technology abounds to catch them. It's the will to use it that is lacking. It's an utter mystery why the carbon isotope testing technique or even the new test for EPO will not be used in any effective capacity at these Games. Three days ago in this country, the top Olympic swim coaches complained that in the last five months not one top American swimmer has been tested out of competition. That's a discrepancy that's hard to understand given all the posturing to the contrary. And it's not very reassuring, because the same probably goes for other sports and other countries. Why the IOC and the Olympic Committees aren't applying the mountains of research available with the utmost of energy is something only they see a reason for.

As if to underline that, Charles Yesalis of Penn State University said at a conference two years ago: "Honest, investigative journalism is the best way to investigate drug use. Scientific sampling and surveying have too many problems to get anything useful."

"Useful" is a relative term, but if writing about it can stop it from happening even once, then my feeling is that it's all been well worth it.

Thank you.



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Kirsten Pomerleau, 12

Club: Delta Swim Club
Specialty: Backstroke
1st ranked for SCM01 TAG in 50-100 free and 100 back

Best Times	SCM00	SCM01
50 freestyle	27.83	27.19
100 freestyle	1:01.12	1:00.69
100 backstroke	1:09.11	1:07.69
200 backstroke	2:32.45	2:27.78



Brooke Buckland, 11

Club: Wolfville Tritons Swim Club
Coach: Matt Carruthers
Specialty: Backstroke and freestyle
1st ranked for SCM01 TAG in 200 back, 2nd for 100 free, 3rd for 100 back

Best Times	SCM00	SCM01
50 freestyle		28.43
100 freestyle	1:07.05	1:00.87
100 backstroke	1:15.03	1:08.94
200 backstroke		2:25.58



Steven Rubacha, 12

Club: Mississauga Aquatic Club
Coach: Mike Rutledge
Specialty: Free, back, breast and i.m.
1st ranked for SCM01 TAG in 100 back, 3rd for 50 free, 200 back, 200 breast, and 200 IM

Best Times	SCM00	SCM01
50 freestyle	29.50	27.43
100 freestyle	1:03.23	59.93
100 backstroke	1:09.59	1:05.70
200 ind.medley	2:31.67	2:26.74



Bevan Haley, 12

Club: Wolfville Tritons Swim Club
Coach: Matt Carruthers
Specialty: Distance free, fly, ind.medley
3rd for SCM01 TAG in 400 IM, 4th in 400 free, 5th for 200 fly.

Best Times	SCM00	SCM01
400 freestyle	4:38.75	4:28.30
800 freestyle	9:25.78	9:19.45
200 butterfly	2:30.85	2:25.70
400 ind.medley	5:14.78	5:03.71



Emiley Jellie, 12

Club: Region of Waterloo Swim Club
Coach: Dawn Button
Specialty: Distance free, fly
5th ranked for SCM01 TAG in 400-800 free and 200 butterfly

Best Times	SCM00	SCM01
400 freestyle	4:56.29	4:43.34
800 freestyle	9:58.20	9:44.05
200 butterfly	2:43.62	2:38.13
400 ind.medley	5:38.59	5:33.59

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Patrick Cuch, 12

Club: Toronto Swim Club
Coach: John Grootveld
Specialty: Butterfly
1st ranked for SCM01 TAG in 100-200 fly, 3rd for 1500 free, 4th for 400 free and IM

Best Times	SCM00	SCM01
400 freestyle	5:00.21	4:45.50
1500 freestyle	19:28.90	18:39.07
100 butterfly	1:09.63	1:07.36
200 butterfly	2:35.11	2:29.75
400 ind.medley	5:30.38	5:21.06

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