

TEAM SELECTION CONTROVERSY

COMMONWEALTH GAMES HISTORY

SwimNews

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GEOFF HUEGILL**



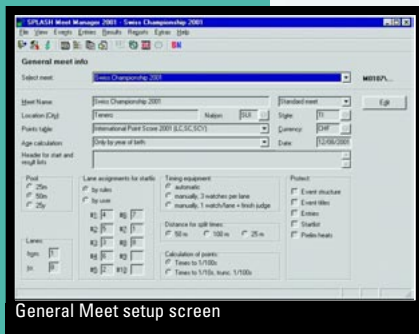
**THE BALTIMORE CLIPPER
MICHAEL PHELPS**

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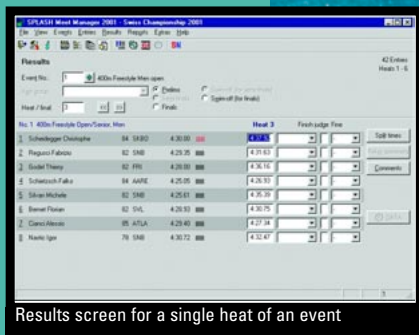
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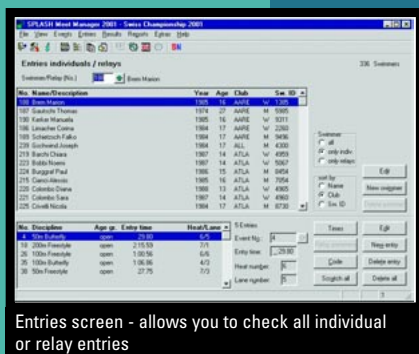
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Cover photo: Marco Chiesa



Natalie Coughlin



Graham Smith



Anthony Ervin



Geoff Huegill

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ABOUT THIS ISSUE

Another team selection turned into a major controversy.

For three months after the conclusion of Commonwealth Trials in March, appeals and counter appeals have marred what should have been a simple process.

We have Nikki Dryden to thank for documenting in detail what took place. She competed in 1994 and 1998 at these Games, as well as the 1992 and 1996 Olympics and is more than qualified to write her commentary.

When your turns come for selection and something like this happens, you'll be able to use this article as a reference point.

Problems with selection have always been part of swimming. In earlier times teams were small and that would cause the controversy. In recent times, as team size expanded and more objective criteria developed, controversy continued around the wording and interpretation of the selection criteria.

Feel free to send in your comments as we'll publish them all in the next issue.

Other topics in this issue:

Brief history of the Commonwealth Games is on page 12-13 and note that the single greatest Games performance was by Canada's Graham Smith in Edmonton in 1978. He won the 100-200 breaststroke and the 200-400 IM, as well as swimming on two of Canada's winning relays, for a total of six golds, a feat yet to be repeated. He was coached by Don Talbot who was in Thunder Bay from 1972 to 1979 and helped Canada to its only defeat of Australia, 31 to 30 medals.

On page 18-19 we tell the story of Anthony Ervin who was only 19 when he tied for the gold at the Olympics in the 50 freestyle.

On page 22 Cecil Colwin is back with his story on Michael Phelps, a product of the North Baltimore AC whose story he will tell in a future issue. Phelps is a prodigy at age 15, the youngest American male Olympian since 1932 and the youngest-ever male world record holder.

There is a review of Colwin's new book *Breakthrough Swimming* on page 33. It's the third book the prolific Colwin has written in the past decade, a remarkable accomplishment.

Nikki Dryden tells us about Geoff Huegill, the sprint flyer, on page 34-35. She will be covering him and the Canadians in Manchester at the Commonwealth Games.

TAG times should be somewhat improved, although we're still fixing problems with exact birthdays. If you're in the wrong category let us know your exact birthdate and we'll get it right for the next time. It's very much a work in progress.

CALENDAR

2002 CANADIAN

July

- 12-14 Quebec Championships, St-Hubert
- 12-14 Alberta Championships
- 11-14 BC Championships
- 17-21 Youth, Junior, SWAD Nationals, Winnipeg
- 26-28 Eastern Cup, Montreal

August

- 6-10 Summer Nationals, Victoria

October

- 26 TAS SR Circuit 1, Victoria, BC
- 26-27 Goldfin Invitational, Saskatoon, SK

November

- 1-2 UBC Collegec Cup, Vancouver, BC
- 2-3 Hyack Invitational, New Westminster, BC
- 8-10 Island Pacific Cup, Victoria, BC

December

- 29-1 Prairie Invitational, Winnipeg, MB
- 29-1 Rapids FasSwim, Richmond, BC
- 30-1 Atlantic SC Championships, Fredericton, NB
- 6-8 NYAC Youth Cup, ON
- 6-8 Kamloops Ice Classic, BC

2003

January

- 11-12 TAS SR Circuit 2, Richmond, BC
- 19-20 Hyack Invitational, New Westminster, BC
- 24-26 Canada West Championships
- 24-26 ROD Invitational, Regina, SK

February

- 6-9 Man/Sask Championships, Winnipeg, MB
- 7-9 TAS BC Senior Championships, Vancouver, BC
- 20-23 Youth/Junior Nationals East, London, ON
- 20-23 Youth/Junior Nationals West, Regina, SK
- 21-23 CIS Interuniversity Champs, Victoria, BC

March

- 28-2 Nova Scotia AG Championships
- 28-2 Alberta AG Championships
- 6-9 TAS BC Championships
- 8-9 Alberta SR Championships

April

- 4-6 Limpert Team Championships, NB
- 12-13 Richmond West Coast, BC
- 18-20 Island Invitational, Victoria, BC

May

- 3-4 Alberta Open
- 17-19 Hyack Invitational, New Westminster, BC
- 23-25 New Brunswick Championships
- 23-25 Mel Zajac International, Vancouver, BC

June

- 30-1 ROD Classic, Regina, SK
- 6-8 Ken Dunn Championships, Halifax, NS
- 6-8 Kamloops Classic, BC
- 13-15 Moose Jaw Invitational, SK
- 20-22 Island Invitational, Victoria, BC

- 26-29 Man/Sask Championships, Regina, SK

July

- 4-6 East Coast Championships, NB
- 4-6 Alberta SR Championships
- 10-13 TAS BC Championships
- 11-13 Alberta AG Championships
- 25-28 Eastern Cup, Montreal

2002 INTERNATIONAL

July

- 25-4 European Championships, Berlin

August

- 26-4 Commonwealth Games, Manchester, GBR
- 12-18 African Championships, Cairo, EGY
- 22-25 British SC Championships, GBR
- 24-26 Asian AG Championships, Zuhai, CHN
- 24-29 Pan Pacific Champs, Yokohama, JPN

October

- 29-16 Asian Games, Pusan, KOR

November

- 5-9 FINA Open Water Worlds, EGY
- 15-17 World Cup 1, Rio de Janeiro, BRA
- 22-23 World Cup 2, New York, USA
- 26-27 World Cup 3, Montreal, CAN

December

- 1-2 World Cup 4, Shanghai, CHN
- 6-8 World Cup 5, Melbourne, AUS
- 12-15 European SC Championships, Riesa, GER

2003

January

- 13-14 World Cup 6, Imperia, ITA
- 17-18 World Cup 7, Paris, FRA
- 21-22 World Cup 8, Stockholm, SWE
- 25-26 World Cup 9, Berlin, GER

July

- 13-27 FINA World Championships, Barcelona, ESP

August

- 1-17 Pan American Games, Santo Domingo
- 21-31 World University Games, Daegu, KOR
- 24-29 Asian AG Championships, TPE

October

- 4-18 All Africa Games, Abuja, NGR

2002 UNITED STATES

July

- 13-14 US Grand Prix 4, Long Island, NY
- 19-21 US Grand Prix 5, Los Angeles, CA

August

- 13-17 Summer Nationals, Fort Lauderdale, FL
- 18 5K Open Water Nationals, Fort Lauderdale, FL

December

- 5-7 U.S. Open, Minneapolis, MN

CONTROVERSY RAGED RIGHT FROM THE START

THE PROCESS WAS VERY DIFFICULT AND HARD ON THE ATHLETES WHO HAVE BEEN ADDED AND DROPPED, AND ADDED AGAIN

Nikki Dryden

Despite months of petitions, protests, appeals, and arbitration, the original team announced on March 24, 2002 will be the same team representing Canada at the 2002 Commonwealth Games. Swimmers have been added and dropped, and added again, and the best team will be heading to Manchester. But the three swimmers who have been passed over will not soon forget the bitter sting of a long selection process that did not go their way, nor will their coaches and teammates who make up one side of a growing division in Canadian swimming.

As conjectures developed and rumours flew over just who might be selected and de-selected from the Games Team, the number of swimmers fearing for their position on the team grew to double digits. And hundreds of concerned team members, coaches, and parents also spent the last few months in flux. Separately, but perhaps even worse, because of past appointments of those undeserving, we have allowed the creation of an atmosphere in Canadian swimming where an unworthy athlete believes she is entitled to represent her country without earning her spot on the team.

It is apparent that the sport of swimming in Canada cannot afford another such estrangement. Miscommunication can only be used as an excuse for so long. While we profess to learn from our mistakes, public opinion in Canada as well as that from the world swimming community is continually deteriorating. While the selection of the Commonwealth Team has been resolved with external assistance, what is being done to bring together a pool deck divided?

Identifying the Swimmers, Committees, and Groups Involved

In order to understand this controversy, the groups involved in this dispute must be identified. The first group of swimmers who appealed the selection of the Commonwealth Team are Commonwealth Trials silver medallists: Chad Murray (UCSA), Kurtis MacGillivray (ROW), and Karley Stutzel (IS). These swimmers were the first to appeal the original team selection to the Internal Appeals Panel.

The second group of swimmers involved are Commonwealth Trials bronze medallists: Annamay

Pierse (UASC), Gord Veldman (Kingston), and Doug Wake (UBCD). These swimmers appealed their de-selection from the team to an external body, the Alternative Dispute Resolution for Sport (ADR-SPORT-RED.)

Nadine Rolland (Montreal) petitioned the Selection Committee, appealed to the Internal Appeals Panel, and finally the ADR for her inclusion in the team under Category F.

The first committee involved is the SNC High Performance Standing Committee chaired by Marco Veilleux and made up of coaches Tom Johnson (UBCD), Jan Bidrman (UCSA), Peter Vizsolyi (IS), Bud McAllister (ROW), and Linda Kiefer (UofT).

The second committee involved is the Selection Committee who reviewed and finalized the selection criteria, and selected the team. This committee is made up of Marco Veilleux, John Vadeika, president of the Canadian Swim Coaches Association (CSCA), and Brent Sallee (swimmer's representative). Two persons, former swimmer's representative Lisa Flood and former national team member Chris Bowie, are

also members of the Selection Committee, however neither individual was present at the Commonwealth Games Trials in Winnipeg.

The third group involved is the Internal Appeals Panel made up of chair Cheryl Gibson (former national swim team member, Edmonton-based lawyer and 1976 Olympic silver medallist), Linda Cuthbert (president of the Canadian Amateur Diving Association), and Dan Smith (director of athletics at the University of Western Ontario and former director general of Sport Canada). This panel heard the appeals of the silver medallists and Rolland.

The Alternative Dispute Resolution for Sport (ADR-SPORT-RED) is the arbitration body, which heard separately both the appeals of the bronze medallists and Rolland. The ADR has been in development for the last two years, and was first used for athletes wishing to appeal against a decision of the Canadian Olympic Association Team Selection Committee for the 2002 Winter Olympics. The object of the ADR program is "to offer the national sports community a National Alternative Dispute Resolution

SNC SWIMMER SELECTION CRITERIA XVII COMMONWEALTH GAMES

CATEGORY A: Swimmers who medal in an Olympic individual event at the XVII Commonwealth Games Trials in Winnipeg, Manitoba AND whose performances equal or better the 2004 FINA "A" standard shall be automatically selected. Performances in the preliminaries and/or the semi-finals of the top three finishers shall be considered for selection.

CATEGORY B: Once Category A selections have been determined and finalized, swimmers who are medalists in an Olympic program individual event at the XVII Commonwealth Games Trials shall be ranked according to the 2001-2005 SNC Long Course Performance Ratings and shall be considered for selection up to a maximum of 12 men and 12 women inclusive of the Category A selections. 2001-10-01

CATEGORY C: Should positions remain open in the team complement, the SNC Selection Committee shall consider the first place finishers in an Olympic program event not selected in Category A or B. The swimmers shall be selected in rank order according to the 2001-2005 SNC Long Course Performance Ratings.

CATEGORY D: Should positions remain open in the team complement, the SNC Selection Committee shall consider the second place finishers in an Olympic program event not selected in Category A, B or C. The swimmers shall be selected in rank order according to the 2001-2005 SNC Long Course Performance Ratings.

CATEGORY E: Should positions remain open in the team complement, the selection committee shall consider the third place finishers in an Olympic program event not selected in Category A, B, C or D. The swimmers shall be selected in rank order according to the 2001-2005 SNC Long Course Performance Ratings.

CATEGORY F: Additional swimmers may be considered for selection at the discretion of the SNC Selection Committee and SNC National Coach - Director High Performance Services.

RELAYS: Relays shall be made up from the team complement at the discretion of SNC National Coach - Director High Performance Services.

2004 FINA 'A' STANDARD

WOMEN	EVENTS	MEN
0:25.62	50 Free	0:22.51
0:55.58	100 Free	0:49.66
2:00.07	200 Free	1:49.60
4:11.60	400 Free	3:52.01
8:37.57	800/1500 Free	15:14.43
1:02.35	100 Back	0:55.64
2:13.58	200 Back	2:00.20
1:09.85	100 Breast	1:01.92
2:28.21	200 Breast	2:14.20
0:59.67	100 Fly	0:53.56
2:11.20	200 Fly	1:58.63
2:15.27	200 IM	2:02.54
4:46.42	400 IM	4:20.17

System...that will provide a decisional, administrative and educational structure" for all participants in the Canadian sport system. The program was modelled after the Court of Arbitration for Sport, which is the international sports arbitration body. Mr. Picher is the arbitrator who heard the appeal of the bronze medallists, while Mr. Clement is the arbitrator who heard the appeal for Rolland. Mr. McLaren is the Co-Chief Arbitrator who was called upon to oversee the conflicting decisions of Clement and Picher.

The Selection Criteria

In October, Swimming/Natation Canada (SNC) published the selection criteria for the 2002 Commonwealth Games. Dave Johnson, SNC national coach, director of High Performance Services, in consultation with Josey Corbo, the SNC Coordinator of National Team programs, originally drafted the selection criteria. The SNC High Performance Standing Committee then reviewed the draft. The selection criteria were reviewed and approved by the Selection Committee. SNC by-laws specifically provide that the Selection Committee is the body responsible for drafting and implementing selection criteria for all international teams.

In the SNC Swimmer Selection Criteria six categories were laid out for swimmers to be selected to the team. Categories A and B are inclusive. Categories C, D, E, and F appear to be exclusive on the one hand, but have also proved inclusive. Only Category A involves the automatic selection of swimmers who equal or better the 2004 FINA "A" standards. Categories B-F involve the discretionary selection of swimmers based on their placing at the Trials and their point scores based on the 2001-2005 SNC Long Course Performance Ratings.

Category F is a totally discretionary category under which the Selection Committee was able to select swimmers using their discretion and that of Dave Johnson's. Due to an injury that forced him

from the Trials, triple Olympic bronze medallist Curtis Myden was pre-selected to the team under this category as the 40th swimmer. Jennifer Carroll of Montreal was selected under this category based on her 50 back performance from the Trials, as non-Olympic events were not a basis for selection in Categories A-E.

Determining the Team Size

Canada is allowed to take 40 able bodied swimmers to the Commonwealth Games, and 21 women and 19 men have been selected to the team. Logically a team of 40 would mean 20 women and 20 men, however the number of men and women was not spelled out in the selection criteria. The criteria do say the top 12 women and top 12 men in Olympic events (no stroke 50s) would be the first chosen, using Categories A and B. Next, the two women and two men who won their events (Olympic events only), but did not make the top twelve for their sex were selected using Category C. Myden and Carroll were selected using Category F. With 10 spots remaining, the Selection Committee combined all the silver and bronze medallists regardless of sex and chose the top 10 swimmers in Olympic events based on points. If the team had been evened out, and 20 women and 20 men were selected to the team, then Murray (who is the highest scoring swimmer of the silver medallists) would have been selected to the team in lieu of Piere, who is the lowest scoring woman on the team.

Distinguishing Between the Point Systems

There also needs to be an explanation of the different point systems used. While the automatic selection cuts used in Category A came from the published 2004 FINA (Federation Internationale de Natation) Olympic 'A' standards, the rest of the team was selected using the 2001-2005 SNC Long Course Performance Ratings. These SNC ratings use the FINA 'A' standard to equal 1000 points and proceed downwards.

The IPS World Ranking Points (used to evaluate top swims at major international competitions including FINA World Cups) range from 0-1100 points. Point values are

assigned at the start of each season based on all-time performances.

Instead of inspiring Canada's swimmers to step up and race the rest of the world, SNC created a point system where the minimum requirement needed to just make the Olympics becomes the ultimate goal. The whole world will be using the FINA time standards to select their Olympic teams in 2004. Presently Canada cannot field a 40-person team using the 'A' cuts alone, however Canada could use a combination of the 'A' and the 'B' cuts or use the worldwide-unified IPS point system. However, the reason for the creation of this inferior point system is another issue, and the big question is wouldn't it make sense for the entire selection criteria to be uniform and use either the standards of FINA or those of SNC?

The Appeals

On March 24, 2002, after the announcement by the Selection Committee of the Commonwealth Games Team, poolside protests erupted, and five coaches, Peter Vizsolyi, Mike Blondal (UCSA), Jan Bidrman, Byron MacDonald (TO*), and Ron Jacks (IS), immediately entered an appeal to the Selection

Timeline of Events

- ❑ October, 2001-SNC releases selection criteria for the Commonwealth Games Team
- ❑ March 6, 2002-SNC issues press release announcing Curtis Myden is being pre-selected as the 40th team member under Category F of the selection criteria
- ❑ March 22—The Selection Committee hears Nadine Rolland's request for consideration in team selection
- ❑ March 24—The Selection Committee releases CG Team Members, Rolland is not selected, neither are Trials silver medallists Murray, MacGillivray, and Stutzel
- ❑ March 24—Appeals over the team selection are submitted by six coaches
- ❑ March 24—The Selection Committee rules it has no jurisdiction to entertain the appeals, but releases its rationale for selection
- ❑ May 10—An Internal Appeals Panel hears the appeals of the three bronze medallists, as well as that of Rolland.
- ❑ May 13—The Appeals Panel releases decision instructing Selection Committee to overturn their selections and add the silver medallists to the team
- ❑ May 15—The Selection Committee reconvenes, re-examines the selection, but maintains the original team
- ❑ May 21—SNC President and CEO instruct Selection Committee of their obligation to abide by the Appeals Panel decision, and the committee overturns their May 15 selections
- ❑ May 23—SNC announces the new team, selecting Murray, MacGillivray, and Stutzel, and de-selecting Piere, Veldman, and Wake
- ❑ June 21—ADR Arbitrator rules Rolland must be selected to the team
- ❑ June 23—Separate ADR Arbitrator rules in favour of Piere, Veldman, and Wake
- ❑ June 25—SNC requests clarification from ADR over contradictory rulings
- ❑ June 26—ADR confirms that Selection Committee has discretion to select team
- ❑ June 27—SNC announces final team selection, which is the same as the March 24th Team

Committee submitting. "That the selection of third place non A and B Category swimmers be overturned." The appeal noted, "Exceptions were to be made only around medal opportunities," thus leaving room for the pre-selection of Myden and the selection of Carroll for her 50 back.

Dean Boles (ROW) submitted a separate appeal, asking if the selection criteria were followed in regards to the silver medal swim of Kurtis MacGillivray in the 1500 free.

In response to the appeals filed by the six coaches, the Selection Committee decided that it did not have the jurisdiction to entertain the appeals and passed the petitions on to acting SNC CEO Ken Radford and SNC President Rob Colburn. However, it did make public the rationale for choosing the swimmers that it did select. The Selection Committee admitted that based on its interpretation of the selection criteria, the interpreted intent of the selection criteria, and based on technical information from Dave Johnson, that the Selection Committee should consider all swimmers in categories D and E according to each swimmer's ranking in the 2001-2005 SNC Long Course Performance Rating. The committee said that it was under these criteria that they selected the top ten performers without regard to gender or place.

The most important admission of the Selection Committee was that the key words in the criteria were, "shall consider." In Categories B, C, D, and E, the words, "shall be considered" basically allowed the Selection Committee to not consider the three slowest silver medallists. Category F is the same only the words are "may be considered."

Despite the fact that the Selection Committee interpreted the words "shall be considered" to mean that some swimmers in categories higher than others could not be considered, other points of contention were likely going to arise as two of the five coaches on the SNC High Performance Standing Committee were now protesting the interpretation of the selection criteria—meaning that the intent of the selection criteria to pass over swimmers in one category for swimmers in a lower category was controversial.

New SNC CEO Karen Spierkel received and accepted appeals by the three silver medallists, as well as one by Rolland. SNC President Rob Colburn then set up an Independent Appeals Panel to review the appeals. The aforementioned swimmers chose Cheryl Gibson to be on the panel.

On May 10, the Appeals Panel heard the appeals of MacGillivray, Murray, and Stutzel, and on May 13 the Appeals Panel stated that the selection criteria were clear and required the selection of all category D swimmers before the selection of any category E swimmers. The Panel then referred the matter back to the Selection Committee for re-selection on the basis that all category D swimmers must be selected before

any category E swimmers. (In the ADR's later ruling it was found that the Appeals Panel might have used ancillary documents to make their decision. However, it was found that only the selection criteria may be used to select the team.)

On May 15, the Selection Committee then reconvened and following extensive discussion, the Selection Committee unanimously adopted a motion to select an identical team to that announced on

March 24, 2002. Concerned with this decision as it did not follow the direction recommended by the Appeals Panel, SNC executives Colburn and Spierkel (who as President and CEO are allowed to sit as observers on any SNC Committee) asked to speak with the Selection Committee and did so on May 21. According to the minutes of that meeting, Colburn declared that SNC has stated that it is committed to following the Appeals Panel's recommendation. Spierkel conferred that

2002 COMMONWEALTH TEAM

Men	Club	Coach	Event Qualified
BEAVERS, Keith, 19,	KWNSC, Waterloo, ON	Bud McAllister	200 back
BROWN, Michael, 17	PERTH Stingrays, ON	Nandi Kormendi	100 breast
HAYDEN, Brent, 18	UBC Dolphins, Vancouver, BC	Tom Johnson	100 free
HURD, Andrew, 19	TO All Stars, Mississauga AC	Mark Temple	400 free
HUTCHINSON, Craig, 26	TO All Stars, Toronto, ON	Byron MacDonald	100 free
JANES, Rilyn, 22	Etobicoke Swimming, ON	Kevin Thorburn	100 back
JOHNS, Brian, 19	UBC Dolphins, Vancouver, BC	Tom Johnson	200-400 IM
JOHNSTON, Mark, 22	UBC Dolphins, Vancouver, BC	Tom Johnson	200 free
KNABE, Morgan, 21	UCSA, Calgary, AB	Jan Bidrman	100 breast
MINTENKO, Michael, 26	UBC Dolphins, Vancouver, BC	Tom Johnson	100 fly
MYDEN, Curtis, 28	UCSA, Calgary, AB	Jan Bidrman	200 IM
ORIWOL, Tobias, 17	Etobicoke Swimming, ON	Kevin Thorburn	100 back
ROSE, Matt, 20	TRENT, Peterborough, ON	Iain McDonald	50 free
SAY, Rick, 22	UCSA, Calgary, AB	Jan Bidrman	200 free
SAYAO, Chuck, 19	TO All Stars, Mississauga AC	Mark Temple	400 IM
SIOUI, Adam, 19	Trenton Dolphins, ON	Kevin Anderson	200 fly
STAMHUIS, John, 23	Island Swimming, Victoria, BC	Ron Jacks	100 breast
VELDMAN, Gord, 22	Ernestown Barracudas, ON	Gord Emmerson	100 back
WAKE, Doug, 24	UBC Dolphins, Vancouver, BC	Tom Johnson	100 fly
Women	Club	Coach	Event Qualified
BELL, Danielle, 18	Island Swimming, Victoria, BC	Ron Jacks	800 free
BUTTON, Jennifer, 24	TO All Stars, Toronto, ON	Linda Kiefer	100 fly
CAMERON, Kristy, 20	UCSA, Calgary, AB	Jan Bidrman	200 IM
CARROLL, Jennifer, 20	MAA, Montreal, QC	Patrick Clement	50 back
DEGLAU, Jessica, 21	UBC Dolphins, Vancouver, BC	Tom Johnson	200 free
DURAND, Dena, 21	UCSA, Calgary, AB	Mike Blondal	400 IM
FRATESI, Jennifer, 17	KWNSC, Waterloo, ON	Bud McAllister	200 back
GAMMEL, Erin, 21	UCSA, Calgary, AB	Jan Bidrman	100 back
GRESDAL, Jenna, 17	Etobicoke Swimming, ON	Kevin Thorburn	100 free
LACROIX, Audrey, 18	CAMO, Montreal, QC	Claude St-Jean	100 fly
LEIER, Rhiannon, 24	MNSC, Winnipeg, MB	Vlastimil Cerny	100 breast
LIMPERT, Marianne, 29	CAMO, Montreal, QC	Claude St-Jean	200 IM
LISCHINSKY, Michelle, 27	MNSC, Winnipeg, MB	Vlastimil Cerny	100 back
NICHOLLS, Laura, 23	Region of Waterloo, ON	Dean Boles	100 free
PETELSKI, Christin, 24	Island Swimming, Victoria, BC	Ron Jacks	200 breast
PIERSE, Annamay, 18	UASC, Edmonton, AB	Marc Tremblay	200 breast
POMEROY, Laura, 18	TO All Stars, Oakville, ON	Christy Yaremczuk	100 free
SIMARD, Sophie, 22	UL, Quebec, QC	Michel Berube	200 free
STEFANYSHYN, Kelly, 19	UBC Dolphins, Vancouver, BC	Tom Johnson	100 back
WARDEN, Elizabeth, 24	TO All Stars, Toronto, ON	Byron MacDonald	200 back, 200 IM
WYLCIFFE, Elizabeth, 19	Ernestown Barracudas, ON	Gord Emmerson	200 back
SWAD (Swimmers with a disability)			
GAGNON, Phillipe, 22	CNUS, Sherbrooke, QC	Alain Iacono	50-100 free S10
HUOT, Benoit, 18	CAMO, Montreal, QC	Benoit Lebrun	50-100 free S10
CAMPO, Danielle, 17	Windsor Aquatic Club, ON	Mike Moore	100 free S7
COTE, Kirby, 17	MANTA, Winnipeg, MB	Tom Hainey	50 free S13
DIXON, Stephanie, 18	TO All Stars, Toronto, ON	Byron MacDonald	50-100 free S9

under SNC policy the Selection Committee is obligated to follow the decision of the Appeals Panel.

According to the minutes of that meeting, Colburn stated that Spierkel, Jan Meyer, Sport Canada Swimming Consultant, and he were all concerned with the decision of the Selection Committee. He stated that the Panel members were all very well respected people in the sport community and that it was not good for swimming's reputation to turn down the decision of the Panel members. He informed the Selection Committee that they must take into consideration the decision of the Appeals Panel and name all 2nd place finishers before 3rd place finishers.

While Spierkel remained supportive of Dave Johnson and the Selection Committee, she said that the committee needed to consider the impact it will have on SNC, on the reputation of the National Team Head coach, and on the integrity of SNC and its leadership. Spierkel later explained to *SwimNews* that she and Mr. Colburn intervened because they "wished to bring additional material and information to the Committee such that the Committee understood correctly that it must abide by an Appeals Panel ruling, otherwise why have an Appeals Panel?"

Under pressure, and "In full abidance with the decision of the Appeals Panel." the Selection Committee overturned their two previous announcements and selected silver medallists Murray, MacGillivray, and Stutzel to the team. SNC announced this decision on May 23, which included the de-selection of bronze medallists Piers, Veldman, and Wake.

While in Winnipeg on March 22, Nadine Rolland had petitioned the Selection Committee to consider her for the team, however she was not selected because she did not meet any of the selection criteria. However, on May 10, the Appeals Panel also heard the appeal of Rolland. Completely contradicting her rationale for appealing, Rolland admitted that she had been aware since October 2001 that the criteria did not allow for selection of swimmers in non-Olympic events, except under Category F, but she still argued that the selection criteria were unreasonable because non-Olympic events are not treated on par with Olympic events.

Rolland stated that her ranking in the 2001-2005 SNC Long Course Performance Rating and finish at the Commonwealth Games Trials in the 50 fly entitled her to selection. She also argued that her performance in the 50 fly should have resulted in her selection under Category F of the selection criteria. Rolland referred to a certain "incident" that occurred on the pool deck, which inhibited her ability to qualify for the team in an Olympic event.

However, Rolland admitted that it was not until her incident on the pool deck that she decided to take issue with the selection criteria.

The Appeals Panel did not allow the appeal of

Rolland, and confirmed the Selection Committee's decision not to select her to the team. Despite her rejection by both the Selection Committee and the Appeals Panel, Rolland felt a need to take her fight further.

After being de-selected from the team, the bronze medallists (as well as Rolland) asked SNC's permission to take their appeals to the ADR, and SNC allowed it. According to SNC, the swimmers all knew that the ADR's decision would be final and binding on all parties, and all agreed to follow the final outcome.

Despite SNC's request that both appeals be heard together, the ADR heard the bronze medallists' appeal separately from the Rolland appeal. The ADR decided that the two groups had the right to have their appeals heard in their language of choice, thus Rolland's appeal was heard in French, and the bronze medallists' appeal was heard in English. It was also felt by the ADR that Rolland's grounds for appeal were significantly different and warranted a separate hearing.

On June 23, ADR Arbitrator Picher heard the appeals of the bronze medallists and allowed the appeal of Piers, Veldman, and Wake, and found that the Internal Appeals Panel was "unreasonable and directed SNC to restore the original team selection made by the Selection Committee on March 24, 2002."

However, on June 21 ADR Arbitrator Clement heard and allowed the appeal of Rolland to be selected to the team under Category F. This decision was in direct contradiction to the Picher decision because it now meant that there were 41 swimmers for only 40 spots on the team. SNC then requested clarification on the decisions from the ADR, and on June 25, ADR Co-Chief Arbitrator McLaren requested and directed Picher to provide the final clarification.

So on June 26, Picher's final decision included the statement that, "...the Selection Committee has the discretion to choose any three successful appellants athletes for inclusion in the team." With this final ruling in mind, the Selection Committee selected Piers, Veldman, and Wake, the original three swimmers selected to the team back in March.

The Controversy

The reason for all of these appeals has been the question over what was the true "intent" of the selection criteria.

The first swimmers who appealed to the Appeals Panel argued that the wording of the selection criteria required that selection be undertaken in a step process. That is, all Category C swimmers be selected before any Category D swimmers and all Category D swimmers be selected before any Category E swimmers.

However, the Selection Committee focused on the conditional wording in the criteria that the

Selection Committee "shall consider" swimmers in Categories B-F. The intent of the criteria as interpreted by the Selection Committee and as allowed by ADR Arbitrator Picher was that the use of the words "shall consider" meant that they had the discretion to consider, but not select, any swimmer in each category.

As found by Arbitrator Picher, if the intent of the selection criteria were that each category must be applied strictly and in sequential order, then the 40 positions on the team would be filled automatically, effectively deleting Category F from the criteria. Without the conditional wording of the criteria and the discretion allowed to the Selection Committee, the committee would have been prevented from considering the special circumstances of Myden and Carroll.

It was found that if Category F is read together with the entire criteria, including the automatic selection in Category A and the words "shall consider" in Categories B-E, the substance of the document is to give discretion to the Selection Committee as it proceeds successively through Categories A-F. If the intent of categories B-F was to automatically select the swimmers in each category before moving to the next, then there would have been no need to use different wording in the criteria.

However, the question arises why even create separate Categories C-E if the intent was to combine all three and pick the swimmers with the highest point swims? According to one member of the SNC High Performance Standing Committee, the purpose of creating separate categories D and E, and thus selecting second-place finishers over third-place swimmers, was to promote competition in Canada.

From this writer's perspective of the High Performance Committee's intent, everyone knew the last few swimmers that made the team would be low point scorers with little chance of medalling at the Games. The purpose was to try to bring back the competitiveness of racing in Canada rather than reward less competitive swimmers who are average point scorers anyway. However, another member of the HP Committee explained that while this interpretation was discussed, it is the Selection Committee who has the final say on the criteria and how they shall be interpreted.

"The decision of ADR has clearly upheld the ability of the Selection Committee to use discretionary criteria," Spierkel told *SwimNews*. "And so it is clear to SNC that it has certain discretion in selecting its team. However, this process was very difficult and hard on the athletes. I would not want this situation to ever occur again. Obviously, the more objective the criteria, the less chance they can be misinterpreted, but the ruling of the ADR does allow discretion, and I think that it is important to respect that."

BRIEF HISTORY OF THE COMMONWEALTH GAMES 1930-1998

Jack Kelso

The upcoming Commonwealth Games slated for Manchester, at the end of July conjures up a myriad of images from the lengthy history of these Games. It also provides one with the incentive to reflect and hypothesize on the impact and importance of this type of international competition to Canadian swimmers. A strong emphasis has always been placed on participation in this setting, yet in examining the statistics it is clear that there has been only minor improvement in the breadth of countries participating. The various medal tables clearly illustrate that there are really only two, or perhaps three, countries that win the majority of the medals in each Games: Australia, Canada, and England. In comparison, there were 70 nations represented in the last Commonwealth Games, yet only a total of 10 nations have won swimming medals throughout the history of the Games (with three of these winning only one medal each over the years). The competition is mainly a three-way effort, with the odd medal being won by others on rare occasions. The Australian and Canadian teams have competed fairly closely over the years, but in the immediate past five Games the Aussies have clearly dominated the medal wins.

The Commonwealth Games, as it exists today, consists of 70 nations around the world that have had, at some time, a political connection to Britain. The

Games were first held in Hamilton, Ontario, in August of 1930. At these inaugural Games, 400 athletes from 11 countries competed. The pool for the swimmers and divers was a new, 25-yard, six-lane, indoor facility; and it was the only time that swimmers at these Games competed in such a pool. The English team won the most medals, and this was the only time that

has happened. In contrast to these first Games, the Victoria 1994 Games had over 2500 competitors from 63 countries. The only year in which Canadians were the top country in swimming at the Games was in 1978, in Edmonton.

In the 1994 Games, Canada did very poorly in total medals, with only 19. This was the lowest number since 1962. The Australians, in contrast, have dominated the total medals won, and in Victoria they amassed a total of 52, which was one less than they won in 1990. The Aussies have certainly dominated the competition for the past several Games, and will undoubtedly be the strongest team this September.

In 1998 for the first time the Games were hosted by an Asian country in Kuala Lumpur, Malaysia. This was the largest Games ever, with over 5,000 participants

from 70 countries. The swimming pool was a new 50 metres 10 lane facility. The Australians dominated the swimming events, winning 48 medals, England was second with 22, and Canada third with 21. Top Canadian male swimmer was Mark Versfeld (Vancouver), winning both men's backstroke events. Joanne Malar (Hamilton) was the top Canadian women swimmer with five medals, including a gold in her specialty, the 400 Individual Medley. The Canadian women fared better than the men, with a total of 15 medals, to the men's 6. Marianne Limpert (Fredericton) won the 200 Individual Medley. Other multiple medal winners for Canada were: Jessica Deglau (Vancouver), Lauren van Oosten (Nanaimo), Kelly Stefanyshyn (Winnipeg), Laura Nicholls (Waterloo) and Garret Pulle (Vancouver).

So where does this put the significance of these Games in the total scheme of international competitions? As a swimming nation, we are certainly committed to "performance excellence" pursuits on the international scene, and we compete in all of the international games that are available to us, including the Pan American Games, which is of a similar nature to the Commonwealth Games except the Americans dominate that scene. The World Championships are certainly important, as are the Olympic Games, but what are we



The greatest single Commonwealth Games performer, Canada's Graham Smith, winner of six golds in 1978

Total Swimming Medals by Country

Country	1930	1934	1938	1950	1954	1958	1962	1966	1970	1974	1978	1982	1986	1990	1994	1998	TOTAL
Australia	2	4	11	11	11	22	36	24	42	32	30	34	33	53	52	48	445
Canada	7	15	10	3	4	6	11	23	24	27	31	25	25	23	19	21	274
England	14	11	11	10	5	10	18	18	13	13	20	22	22	10	18	22	237
New Zealand	2	1	1	6	4	2	3	6	1	8	6	1	6	10	7	2	66
Scotland	6	7	1	3	5	3	1	1	1	6	0	5	4	0	1	1	45
South Africa	0	2	3	5	9	2	0	0	0	0	0	0	0	0	2	2	25
Wales	3	1	1	1	1	0	0	0	0	0	0	5	1	0	0	0	13
Jamaica	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
Guyana	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1
Isle of Man	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1

to make of the restrictive competitive environment within the Commonwealth Games?

Each country is allowed to enter three competitors in each individual event—the only international Games where we are still allowed this freedom. This could be considered a positive element, as it provides us with more racing slots to fill, and thus more opportunity to gain international experience. On the down side, it also provides the opportunity for a strong team to simply become more dominant by sweeping medals in any given event.

With so few nations competing in swimming at these Games, the heats are not often very competitive, with the better swimmers being reasonably assured of a final spot in their best events. Relay events are contested by only the bigger nations, with no need for heats, and usually every swimmer on these relays teams was assured a medal!

The following five figures/charts were compiled and reproduced by the author in the hope that it will provide a further understanding and recognition of Canada's role throughout its participation in these Games in swimming. As a final note, in order to clarify the different names given to these Games, the following evolution is offered:

- 1930, 1934, 1938, 1950-British Empire Games
- 1954, 1958, 1962-British Empire and Commonwealth Games
- 1966, 1970, 1974-British Commonwealth Games
- 1978 and onward-Commonwealth Games

The Commonwealth Games have been a mainstay of our international swimming program for 70 years. Canada was the inaugural site, and the country that hosted the Games the most times—four. We have enjoyed success in the swimming events at all of these Games, but with only three countries providing the vast majority of medallists over the years, the Commonwealth Games cannot be truly considered a major international swimming competition.

Jack Kelso is Professor Emeritus, School of Human Kinetics, University of British Columbia and the leading historian of Canadian Aquatics.

SWIMMING MILESTONES

Canadian Participants in Three Games

- George Burleigh 1930 - 1934 - 1938
- William Mahoney 1966 - 1970 - 1974
- Becky Smith 1974 - 1978 - 1982
- Tom Ponting 1982 - 1986 - 1990
- Andrea Nugent 1986 - 1990 - 1994

Canadian Medal Sweeps

- 1970 Men's 100 metres Butterfly
- 1. Byron MacDonald, 2. Tom Arusoo, 3. Ron Jacks
- 1982 Women's 200 metres Breaststroke
- 1. Anne Ottenbrite, 2. Kathy Bald, 3. Kathy Richardson
- 1982 100 metres Backstroke
- 1. Mike West, 2. Cam Henning, 3. Wade Flemons

Consecutive Games Winners

- Dan Thompson 1978-1982 100 Fly
- Mark Tewksbury 1986-1990 100 Back
- Alex Baumann 1982-1986 200-400 IM

Canadian Medal Totals 1930-1998

	Gold	Silver	Bronze	Total
Men	50	50	47	147
Women	39	44	44	127
Totals	89	94	91	274

Swimming Medals 1930-1998

Country	Gold	Silver	Bronze	Totals
1 Australia	191	136	118	445
2 Canada	89	94	91	274
3 England	59	77	101	237
4 New Zealand	13	24	29	66
5 Scotland	8	17	20	45
6 South Africa	7	12	6	25
7 Wales	3	5	5	13
8 Jamaica	-	1	-	1
8 Guyana	-	1	-	1
10 Isle of Man	-	-	1	1

Top Canadian Performers at a Single Game

- Elaine Tanner, 1966** (4 gold, 2 silver)
- 1st 100 Back, 100-200 Fly, 400 IM,
- 1st 4x100 Free
- 2nd 200 Back, 4x100 Medley
- Graham Smith, 1978** (6 golds)
- 1st 100-200 Breast, 200-400 IM
- 1st 4x100 Free, 4x100 Medley
- Ralph Hutton, 1966** (1 gold, 5 silvers, 2 bronze)
- 2nd 100-200 back, 400 IM
- 3rd, 400-1500 Free
- 1st 4 x 100 Medley
- 2nd 4 x 100 Free, 4 x 200 Free
- Bill Sawchuk, 1978** (2 gold, 4 silvers, 2 bronze)
- 2nd 100 - 200 Free, 200 IM
- 3rd 100 Fly, 400 IM
- 1st 4x100 Free, 4x100 Medley
- 2nd 4 x 200 Free

The Smith Family Record

- George Smith, 1970**
- 1st 200-400 Ind. Medley
- 2nd 4 x 100 Free, 4 x 200 Free
- Sandra Smith, 1970**
- Finalist in 200-800 Free
- Susan Smith, 1970**
- 2nd 100 Fly, 4 x 100 Free
- 3rd 4 x 100 Medley
- Becky Smith 1974-78-82**
- 2nd 200-400 IM (three silvers)
- 3rd 200 IM
- 1st 4 x 100 Free
- Graham Smith, 1978**
- 1st 100-200 Breast, 200-400 IM
- 1st 4 x 100 Free. 4 x 100 Medley
- Family Totals**
- Individual - 6 gold, 4 silver, 1 bronze
- Relays - 3 gold, 3 silver, 1 bronze
- Total: 18 Commonwealth Games Medals

INTERNATIONAL

COUGHLIN LOOKS BEST SHOCKER FROM POLL

Monte Carlo, June 1-2

The first meet of the annual Mare Nostrum series in Monte Carlo featured the stroke 50s with five rounds over two days, the only competition of its kind. But to make room for all the sprints, freestyle distance events were dropped.

In men's sprints Bartosz Kizierowski (POL) won the 50 free in 22.08 with world record holder Alexander Popov (RUS) winner of the prelims 22.91, the eight finals in 22.91, and the quarters in 22.48, but disqualified in the semis. Popov was third in the 100 free.

Lenny Krayzelburg (USA) won the 50-100 back with 26.05 and 55.75. He had been injured and missed the previous six months.

Oleg Lisogor (UKR) won the 50 breast in 27.86 and was fastest throughout the five rounds. (28.90 prelims, 28.69 eight finals, 28.46 quarter finals, 28.45 semi finals)

Jodie Henry (AUS) won the 50 free leading throughout the five rounds to post a 25.40, her best ever by half a second. She added a second in the 100 free with 55.75.

Martina Moravcova (SVK) won the 100 free in 55.34, and the 50-100 fly with 27.22 and 58.46, which was the top female performance.

Zoe Baker (GBR) was in her element, winning the 50 breast by 1/100th of a second over Kristy Kowal (USA) with 31.70 to 31.71. Baker was faster in the semis with 31.38.

Three Canadians also took part with Rick Say picking up a second in the 200 free with 1:50.60, adding a third in the 400 free with 3:56.38.

Breaststroker Morgan Knabe reached the semis in the 50 breast where he had the third-best time of 28.71. He was fourth in the 100 breast with 1:03.11. Jennifer Carroll reached the semis in the 50 backstroke and finished with the fourth fastest time of 29.17.

Rome, June 4-5

The second competition in the Mare Nostrum series moved to Rome (ITA) and Dimitri Komornikov (RUS) was the top performer with wins in the 100 and 200 breaststroke in 1:01.60 and 2:11.81.

Emiliano Brembilla (ITA) won the 200 free in 1:48.79 and the 400 free in 3:49.98 and Alessio Boggiatto took both IMs in 2:01.95 and 4:19.94.

Franck Esposito (FRA) won the 200 fly in 1:56.37, adding a second in the 100 fly with 53.22.

Martina Moravcova (SVK) posted a 55.01 in the 100 free and a 1:59.52 in the 200 free, as the top three went under 2 minutes, with Lindsey Benko (USA) second in 1:59.59 and a surprising Yana Klochkova (UKR) in third with 1:59.90.

Top women's performance was Hui Qi (CHN), winner in the 200 breaststroke with 2:26.18.

The three Canadians taking part missed the podium, with Rick Say 5th in the 200 free in 1:51.00 and 8th in the 400 free in 4:02.31. Morgan Knabe was 5th in the 100 breast with 1:03.45 and fourth in the 200 breast with 2:17.54. Jennifer Carroll was 8th in the 100 back with 1:04.66.

This second competition did not schedule the stroke 50s.

Canet, Jun 8-9

report by Karin Helmstaedt

The third leg of this year's Mare Nostrum Tour lived up to

its reputation of being a weather wild-card.

The warm welcome the swimmers always receive upon arriving in Canet was promptly cooled off by the onset of thick, threatening cloud cover. By Saturday morning the mercury had plummeted to about 12 degrees and rain was the order of the day.

As a result the performances on Saturday were limited to what the swimmers could muster in glacial conditions—an exercise in toughness and mental perseverance. It was Denis Sylantsev (UKR) who calmly opposed the elements and posted a highly respectable 1:56.29 in the 200 fly, just to let everyone know (in particular number-one ranked French rival Franck Esposito) he's on track for the European Championships coming up in July in Berlin.

Having come on from Monaco and Rome, there was no shortage of top names: Russian sprint czar Alexander Popov always has Canet on his itinerary although he managed no better than 5th on Saturday in the 100 free (50.56). Pieter van den Hoogenband (NED) kept the upper hand in that race in 49.66—in conditions that, as he was



NEAR WORLD RECORD FOR COUGHLIN

It looks certain that Natalie Coughlin (USA) will get the world record of 1:00.16, the question is how soon.

On Saturday, June 29, at the 35th Annual Santa Clara Meet, Coughlin won the 100 backstroke in 1:00.19, just 3/100ths off the eight-year world record of 1:00.16 of Cihong He (CHN) established at the 1994 World Championships in Rome.

Coughlin was ahead of the record split with her 29.42 (29.54 record split). She could become the first one to better the one-minute barrier.

Coughlin also swam a 54.93 for the 100 free, only the fourth American to better 55.00

It was also the first appearance in the USA this year of Inge de Bruijn (NED) back with coach Paul Bergen at Tualatin Hills SC in Oregon. She won the 100 fly in 58.87 over Coughlin with 58.97.

Canadians were in good form in their final tune-up before the Commonwealth Games in four weeks in Manchester (ENG), winning nine events and a total of 27 medals. The UBC Dolphins swept the three men's relays, and won the team title. Brian Johns (UBCD) won the 400 IM in 4:19.82, adding seconds in the in 200 IM 2:03.34, and the 400 free in 3:56.85. Rick Say (UCSA) won the 200-400 free with 1:50.18 and 3:55.91. Jessica Deglau (UBCD) won the 200-400 free with 2:03.11 and 4:18.34, adding a second in the 200 fly in 2:14.43 with Audrey Lacroix (CAMO) winning it with 2:13.21.

heard to say, "separate the men from the boys." World record holder Qi Hui of China set a new meet record in her specialty the 200 breaststroke (2:26.89)

On Sunday, right on schedule, the "tramontane" wind took over, sweeping the sky of cloud—and just about everything else with it. That meant sunshine and gale force winds, but the swimmers responded with some startlingly good performances, promising good things for Berlin—"VDH" as van den Hoogenband is known in France, took the 200 free in 1:47.58. Martina Moravcova (SVK) posted 58.26 in the 100 butterfly, preserving her number-one ranking in the world and the best performance so far this year. Russian breaststroker Roman Sloudnov took the 100 breaststroke in a meet record time of 1:01.45. Popov imposed in the 50 free (22.39), and Ukrainian dynamo Yana Klochkova demonstrated her dominance and diversity with wins in the 400 free (4:11.31), 200 IM (2:13.93, Meet Record), and 200 fly (Saturday, in 2:10.21).

The Canadian contingent was small this year but Rick Say and Morgan Knabe did make it onto the podium in the 400 free and 100 breast respectively. Short course world champion Jennifer Carroll, although using the meet as a training opportunity, was a local favourite as the latest in a long tradition of Canadian recruits swimming for Canet 66 Natation.

For years she was a fixture at the meet in Canet, where wind on the open water was her element. For those who wondered at the sudden scratch of Costa Rican Claudia Poll from the meet in Rome, by the time they got to Canet, they had an explanation. And a shocker it was too. On June 6th FINA announced that Poll was suspended for four years after a doping control from last February came up positive for Norandrosterone (metabolites of nandrolone). The suspension takes effect as of March 26th, 2002, and involves a retroactive sanction and cancellation of all results performed in the six months prior to that. Poll has one month to make an appeal at the Court of Arbitration for Sport in Lausanne, and insists she is innocent and that she will fight it all the way. An Olympic (1996) and World Champion (1998) Poll has been an international medal winner since 1993.

Whatever the outcome of this sorry affair, it marked the end of an era in Canet where Poll holds meet records in the 200 and 400 freestyle.

Barcelona, Jun 11-12

report by Jorge Torres

Oleg Lisogor (UKR) and Zoe Baker (GBR) were the top performers in Barcelona International Grand Prix, the closing event of the 2002 Mare Nostrum circuit.

Oleg did 27.73 (991) and Zoe 31.40 (983), both Meet Records for their respective 50 breaststroke.

The competition level was a good one, with five Meet Records broken:

Men's 100 breast - 1.01.79 Roman Sloudnov (RUS)

Men's 50 fly - 24.00 Lars Frolander (SWE)

Men's 100 fly - 53.09 Igor Marchenko (RUS)

Men's 200 fly - 1.56.90 Denis Sylantsev (UKR)

Women's 100 free - 55.32 Xu Yanwei (CHN)

A new Spanish record was set in women's 400 Free with 4.14.74 by Erika Villacajca. The winner in this event was Camelia Potec (ROM) with 4.10.23.

Alexander Popov (RUS) won the 50 free 22.54 with a second in the 100 free.

Romania (6 gold and 1 bronze) was first with the most gold medals, thanks to Camelia Potec, Ceazr Badita and Coman Dragos. With less gold but a bigger total came China (5-3-3), with a team of 5 female and 3 male swimmers.

OLYMPIC AND WORLD CHAMPION IN THE SPRINT FREESTYLE

Russ Ewald

Anthony Ervin received tremendous media attention two years ago when he became the first African-American to make the U.S. Olympic swimming team. Being in the spotlight didn't deter Ervin in Sydney. The tall, slender sprinter won a gold medal, finishing tied for first (with Gary Hall) in the 50 metre freestyle.

But Ervin, whose father is part African-American and part American Indian, and whose mother is Jewish, felt uncomfortable being cast as a role model for his race.

"It put me in an awkward position, trying to make me something I wasn't," he says. "Not that they were trying to make me black, but trying to make me a representative of some race. I don't want to be defined as from some race. I want to be known as Tony or Anthony, not as the first African-American gold medalist. I want to be a role model, but I want to be a role model for all kids."

In the focus on his racial origin, the media overlooked Ervin's incredibly quick rise to the top. He was 19 when he collected the gold medal. The average age of the other seven 50 free finalists was 25.4 years. Only two years earlier, his best time of 23.28 ranked just 76th in the world. He hardly worked out the summer prior to the Olympics and skipped the 1999 U.S. summer nationals because "I wasn't seriously thinking about making the Olympic team."

Instead, Ervin, who developed in the Canyon Aquatics program in the Los Angeles suburb of Newhall, thought about college swimming. As the No. 1 ranked high school sprinter nationally, leading college teams like Auburn, California, Stanford, and USC recruited him. Nonetheless, he chose California because of its co-head coach, Mike Bottom.

"After talking with Mike, I believed he was the one that could make me faster," recalls Ervin, "make me be the best I can. Of course, I never imagined I'd be where I am now."

Bottom recalls first seeing Ervin swim at the 1998 U.S. summer nationals in Clovis.

"Although he wasn't one of the best at the time,

I thought he could be great," says Bottom. "His ability to get hold of the water compared well with the best in the world. He had a natural feel for the water and for what his body is doing in it. He just needed some fine-tuning and seasoning.

"Nort (Thornton, the other California head coach) and I look at people's potential. We could see the possibilities (in Ervin), although we have given scholarships to guys that had possibilities that didn't pan out."

emphasis on technique. That is important, especially for a sprinter at the top level. That's basically what we did. Mike and I found ways to improve my technique and strengthen me in areas I needed in order to catch more water, as opposed to just swimming laps back and forth.

"I had never focused much in training on the catch. At California, I worked on being able to catch the water far out, holding the power and using your body roll and shoulder motion to drive your body forward onto the water rather than driving your body down to your catch. I made my stroke longer and more efficient."

Ervin says his team does a lot of sculling, especially front sculling.

"The front sculling helps strengthen our forearms," he says. "The forearms are the basis for being able to hold the catch all the way through your stroke. I think about the catch and applying it while I am swimming."

California does a lot more cross training than other college programs. Running, pull ups, basketball, box, skip rope, rope climbing, and plyometrics are all part of the workout process.

"We used plyometrics to counter our weight lifting," says Ervin. "We did speed bags for triceps and high leg kick for squats. It made the workouts a lot more interesting and fun."

The team has a dryland "speed circuit," which is a high intensity, high repetition, and light weights-lifting set performed on a time interval. The swimmers do sets using a different muscle every 30 seconds.

"Cross training is part of our regime," says Bottom. "We try to train the full body. The core strength is very important. Endurance is important and the capacity of the heart and lungs. It's a lot easier to train the cardiovascular system outside the water."

Ervin is sold on cross training.

"For me, dryland training is better aerobic conditioning than swimming," he says, "because swimming aerobically tends to cause wear and tear on my joints. It promotes injury."

Ervin needed the most work on his start.



A rare Olympic Gold medal tie in the 50 free with Gary Hall

Marco Chiesa

Ervin rewarded the faith of the co-coaches. In his first season at California, he swept the sprints at the national college (NCAA) championships and swam on the champion 4x100 metre free relay. The events were held in metres instead of yards for the first time, allowing for world records at the NCAAs. Ervin capitalized on the opportunity, setting a world record of 21.21 in the 50. His 100 metre time was 47.36.

"A lot happened to me with the transition from high school to college," explains Ervin. "In age group swimming, I didn't think there was much

QUICK FACTS: Anthony Ervin

Born: 26 MAY 1981

Height: 6' 2" / 185 cm

Weight: 165 lbs. / 75 kg

Hometown: Valencia, CA

Club: Phoenix

Attends: University of California (Berkeley)

Coach: Mike Bottom

Long Course Progression (World Ranking)

Year	50 Freestyle	100 Freestyle
1998	23.28 (76)	
1999	did not swim long course	
2000	21.80 (3)	48.89 (7)
2001	22.05 (2)	48.83 (1)

"When he came to Cal," said Bottom, "his start was probably the worst I've seen of any top-flight swimmer. But he recognized that. He has ability that once he needs to work on something, he attacks it with extraordinary determination. He practised his starts over and over until he got much better."

Ervin admits that his technique was awful before he began training at Cal.

"I think it had a lot to do with I don't have very much leg strength," he says. "I didn't have the spring and power off the block that a lot of sprinters have."

Bottom coaches at the Phoenix Swim Club during the summer. Following Ervin's freshman year, the young sprinter joined his coach in Phoenix where he trained with Gary Hall, the double silver medallist in the sprints in 1996, and Polish star Bart Kizierowski, another Cal sprinter.

Ervin made great strides in Phoenix.

"It was great there," he says. "I did nothing but work out. It was the hardest I ever trained in my life. That summer was one of the best times of my life even though a lot of it was spent being sore and tired. I still had tons and tons of fun because my teammates became my friends."

Hall said at the Olympics, "A lot of guys didn't like him at first. I didn't like him at first. He's very confident. It's a good thing, self-confidence,

because if you don't have confidence in this sport, you're not going to make it, but he'd push it. The more I knew him, the more I like him, but I still wanted to wring his neck about every other day."

Ervin says he doesn't remember who won the majority of races in practice. "It swung both ways," he says. "It wasn't necessarily me or Gary winning or performing best on the sets. Some guys were doing gold-medal times in workouts. Some people will surprise you how fast they can go in practice."

Whatever happened during those workouts, the practices made for perfect U.S. Olympic trials for the Phoenix pair. Hall and Ervin both went under the American record with the veteran winning, 21.76 to 21.80.

In Sydney, Ervin had to overcome a disappointing start when the U.S. 4x100 free relay lost for the first time ever—although he led off in a personal-best 48.89.

"I remember it (losing the relay) making me feel bad," he recalls. "I was fighting a shoulder problem. My shoulder kept locking up. As much as I

got it stretched out and worked on, it wasn't feeling good. I didn't sleep very much. Before the prelims (of the 50), I didn't sleep at all. I was exhausted, too edgy to sleep. I was just hoping to make it to the semis."

Ervin made it to the semis as the fourth qualifier and placed second behind Hall in his semifinal race. By the time of the final, though, he felt much better physically and mentally.

"On the night of the finals, a calm came over me," he remembers. "I walked out there and there was nothing in my head. No worries. I didn't see anything. I didn't hear anything."

"I had no idea where I was during the race. At the touch, I knew I was in the pack. I looked at the board and didn't believe it. I saw right away it was a tie."

Ervin could have earned \$83,000 with his Olympic performances. But he passed up the money to remain eligible for college competition.

"I didn't feel I was ready to abandon my team at Cal," he says. "I didn't want to make swimming a job. I am still in the years of my life when I want to have fun with what I'm doing."

Since the Olympics, Ervin has experienced no letdown. On the contrary, he improved so much in the 100 that he swept the sprints at last year's World Championships in Fukuoka, Japan. He bettered Matt Biondi's U.S. record of 48.42 to beat Olympic champ Pieter van den Hoogenband in 48.33. At the U.S. Olympic Trials the year before, he had finished only fifth.

"A lot of it (his improvement) was technique change," he explains. "And my game plan, my racing strategy. Before, I was breathing every stroke in the 100. I thought I had to. I really don't. I was breathing every four the past summer."

This winter he took sole claim on the American record in the 100 yard freestyle, winning at the NAAs in 41.62. He had tied Biondi's mark of 41.80 the previous year. It was his third successive NCAA victory in the 100. The 50 yard free may be a little short for him now. After winning the 50 at the metric distance his freshman year, he's placed second the last two seasons when the race has been swum in yards.

Ervin is not ready to rest on his laurels.

"I can go farther," he proclaims. "There are still world records to break. I think the 100 freestyle can be gotten. I don't think by any means I've reached my peak. Hopefully, I'll still be around in 2004."



Anthony Ervin built for speed

Marco Chiesa

SwimNews

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Jennifer Carroll
Canada

MICHAEL PHELPS—BALTIMORE'S FLYING CLIPPER

YOUNGEST AMERICAN MALE OLYMPIAN SINCE 1932, YOUNGEST EVER MALE WORLD RECORD HOLDER

Cecil Colwin

"Everything we did in those first two years was to encourage him to raise his sights, set progressive goals, and learn the importance of self-discipline and perseverance." ...Coach Bob Bowman

When coach Bob Bowman joined the North Baltimore Aquatic Club in 1996, he wasn't to know that within a year he would experience every coach's dream, namely to have a future world-beater drop right into his lap. Bowman was immediately impressed when he first set eyes on Michael Phelps, then a promising 11-year-old who had already set national age-group records in backstroke, IM, and the 100 fly. Bowman saw that the lad had a fine physique and a keen competitive instinct, but that his breaststroke and freestyle "needed a dramatic overhaul."

Under Bowman's tutelage, Phelps' career took off. In the 11-12-year-old age group, he was soon recognized as an outstanding prospect. While Bowman's primary objective remained fixed on improving Michael's stroke mechanics, he encouraged Michael to believe that there were no limits to the improvement he could make. Bowman says, "I wanted Michael to set his sights on long-term development and where he might fit in the big picture of swimming. Everything we did in those first two years was to encourage him to raise his sights, set progressive goals, and learn the importance of self-discipline and perseverance."

Growth Spurt

Bowman started Phelps on an endurance swimming program, in which he covered about 6,000 yards or metres per session, seven days a week. Bowman said, "Michael progressed extremely quickly with the introduction of the increased work load. This was an IM-oriented program but the majority of his real distance work was done on freestyle. Michael spent quite a bit of time trying to get his freestyle to a point where he was more efficient than when he was younger."

Although Michael had set US national age-group records for 9-10-year-olds, he didn't set any records at all as an 11-12-year-old, even though he was focussed on doing so, and was working hard and improving. Nevertheless, he was the top-ranked 11-12-year-old boy in the country. At that time, he wasn't as physically

In May, Hall of Famer Cecil Colwin was selected by ISHOF as the Paragon Award winner for 2002. The Paragon award is presented annually to individuals who have excelled in their fields and contributed to the development of aquatics.

On his way home from Fort Lauderdale, Colwin stopped in Baltimore for several days to visit Murray Stephens' North Baltimore Aquatic Club, where he observed the program, advised and worked with swimmers and coaches. In this issue he writes about NBAC's phenomenal Michael Phelps, the youngest male world record holder in swimming history. In next month's issue, Colwin, on his third visit in 15 years to NBAC, talks with Head Coach Murray Stephens on how he built and developed the giant self-owned Meadowbrook swimming complex, home to this successful world-renowned team. Stephens stresses the importance of coaches being independent and self-reliant.

mature as some of the other boys in his age group. However, by the time he turned 13, he had grown about four inches and gained 30 pounds in almost a year. The result was that he set 25 national age group records when he entered the new age group.



Michael Phelps

By the summer of 1999, Michael had brought his general conditioning program and technique refinement to a new level. The results of this focus showed in the 2000 Spring Nationals, when he surprised Coach Bowman and the swimming public by clipping his best time for the 200 fly from 2:04

MICHAEL PHELPS: BORN 30 JUN 1985 Height 6'-3" / 187cm Weight 165 lbs / 79 kg
LONG COURSE PROGRESSION

Event	1995 Actual Age	1996	1997	1998	1999	2000	2001	* 2002
	9-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17
50 free				27.01		25.15		
100 free	1:06.32		59.96	59.25				
200 free	2:22.07		2:09.12	2:07.29		1:55.37	1:51.73	1:52.36
400 free			4:29.71	4:24.27	4:11.61	3:58.80	3:57.38	3:55.32
800 free					8:31.25	8:16.10	8:14.59	8:20.34
1500 free					16:00.82	15:39.08	15:35.35	15:39.50
100 back	1:16.27		1:05.91	1:07.00		1:01.21	59.49	
200 back						2:11.92	2:00.57	
100 breast								
200 breast						2:27.42		
100 fly	1:10.48	1:06.27	1:04.34	1:04.17	57.50	55.78	52.98	
200 fly					2:04.68	1:59.02	1:54.58	
200 im	2:42.17		2:23.18	2:22.13	2:14.85	2:06.50	2:00.86	2:03.04
400 im					4:31.84	4:24.77	4:15.20	4:19.35

Note: 2002 times are from early season (mid-May)

Other facts:

- ☐ 2001 Worlds 1st 200 fly 1:54.58 (world record)
- ☐ 2000 Olympics 5th 200 fly 1:56.50 (youngest American male (15) Olympian since 1932)



Youngest male world record setter

Patrick Kramer

(which was also his own national record for 13-14 boys) to an undreamed-of 1:59.0 to place third in the senior national event.

A Moment of Truth

He accomplished this new performance on once-daily practices except for a six-week period when he did two double workouts daily just prior to the nationals. Michael's sudden improvement immediately caused intense interest as to his future prospects. Bob Bowman recounts how Michael had recorded 1:59.6 in the last of the morning prelims and, as he sent him to warm down, Bowman remembered walking to the car park to get the car to come around and pick him up, when suddenly the thought flashed through his mind "so clearly that Michael would be swimming in the Olympic Games...and that this was inevitable—there was nothing we could do to stop it!"

Bowman said that "Michael's reaction was much the same as it had been all along, which was something that I find very interesting about him. He is extremely low-keyed in terms of never having been overly impressed with his swims at any level. When he went his 1:59 flat, that was the best that he could give, and he was quite happy with it, but didn't feel that that was the time to relax or lay back—he was hungry."

Michael Phelps' appetite was piqued to improve,

and his enthusiasm was at a higher peak than ever before. Michael was now 14, and Coach Bowman decided to gear Michael's preparation towards the Olympic trials, but that he would avoid placing extra stress on him by maintaining the same training program, with the exception that he would add a little more butterfly swimming.

Bowman met with Michael's parents and forbade them to say the word "Olympics" until August of that year, so that he wasn't living with it 24 hours a day. At this stage, according to Bowman, "Michael was pretty much living his normal life." During the course of that summer they went to several Grand Prix meets where he steadily improved. "So we had a good feeling that things were on the right track, and when we got to the Olympic Trials, he was very well prepared both mentally

and physically."

A Champion's Typical Day

Michael lives quite close to the pool, and during the school year, he rises at about 5:45 am, arrives at the pool at 6 am, and swims until 7.30. Michael attends Towson High School, and he is fortunate that the school authorities allow him to arrive an hour late for school. He doesn't have to be there before 8.45. He stays at school until about 2.15 pm, at which time he stops by his house on the way back to the pool to have a snack and relax for a while, then trains for 2 1/4 hours of swimming, followed by 30 to 45 minutes of land training. At 6.45 pm he returns home to do schoolwork. He tries to be in bed by 9.30. On the three days a week that he doesn't have a morning practice, he sleeps until 8 o'clock.

Michael Phelps' Butterfly Technique

Asked to describe Michael Phelps' butterfly technique, coach Bob Bowman said, "The first thing you notice about Michael's butterfly is how relaxed he is, particularly in his arm recovery. He keeps his recovery very low to the water, elbows nearly straight, and he enters with very 'soft' (not braced) hands instead of crashing them in. He is very careful to keep his hands and wrists relaxed as they enter the water. When Michael swims a fast time and tells me that it felt

relaxed, I know he is ready to swim well, because that is when he is at his most efficient. He takes his breath with excellent head position, without lifting it too much, maintaining a near horizontal body position throughout the stroke. Michael has something that no other world-class 200 butterfly swimmer has, namely a continuous kicking action throughout the entire 200 metres."

When I noted that Michael's arms are able to hyper-extend at the elbows, which is rare for a male swimmer, Bowman responded by saying that "Michael has rather unusual flexibility in that his upper body is extremely flexible...but his hamstrings are extremely tight. He has actually experienced some back

PHELPS' BUTTERFLY TECHNIQUE

"Natural" and "relaxed" are the two words that best describe Michael Phelps' flowing butterfly stroke. Simply stated, for beauty of rhythm and timing, this lad's technique is already up there with all-time greats like Mary T. Meagher and Pablo Morales.

Michael Phelps' body is ideally "designed" for butterfly swimming. He is long, lean, and lanky with tremendous arm-reach, powerful thighs, and a streamlined frame that allows him to slip almost eel-like through the water.

Michael Phelps swims a classical butterfly stroke with "key-hole pull" and pronounced "teeter-totter" action of torso and hips so clearly enunciated years ago by Howard Firby, that master stroke technician.

When Phelps' arms are about to enter the water—with elbows up and hands relaxed, and just wide of the shoulders—the swimmer's head and upper torso have already dropped well between his arms. His spine is arched and his hips have popped up above the surface. Split-second timing combined with extreme flexibility of the hinge-like sterno-clavicular joints, chest, shoulder-joints, and spine make this somewhat unusual posture easy to attain. As performed by Phelps, this phase of the stroke is both efficient and beautiful to behold.

Not only is Phelps' spine unusually flexible, but his arms can extend "past the straight" (hyperextend), and so can his knees and ankle joints. His breathing technique is well timed; he inhales just before his hands exit and his head returns beneath surface as his arms recover past the shoulder-line. When inhaling, his head lift is minimal, and the back of his neck is flat as he breathes with face down. His body-dolphin kick is continuous. He uses more knee bend on the second kick which is well-timed with the final thrust of forearms and hands.

problems because of the tightness in his hamstrings, so that's an area that we have to work on."

Michael Phelps' Butterfly Training

In describing some of Michael Phelps' training methods, Coach Bowman said, "To avoid becoming too fatigued to maintain technique Michael doesn't swim excessive amounts of butterfly. Therefore, he does most of his repeats in multiples of 100 metres or less. He swims repeats of 100 yards or metres, or 75s or 50s, at high speed, usually on a very short rest interval, because we're trying to teach him to relax at high speed. The short rest intervals give him enough recovery time to maintain correct stroke. Michael does most of his training in a short course yard or metres pool. We train long course three or four times during a typical week. We feel that short course training is important for stroke swimmers because they can maintain stroke much better in the short pool. They can also maintain higher pulse rates and stroke rates than in the long pool.

"We haven't done a lot of early-morning pulse-rate testing, but when they did test Michael, his resting pulse rate was in the 40s. Phelps has used the Treffene heart rate monitor, and the highest pulse rate he has registered to this point is around 205. He tends to do most of his training somewhere around 160-170."

Future Plans

Coach Bowman has been careful to plan Michael's activities within a long-term plan that provides for his development as a swimmer, and as a developing young adult. Bowman believes that Phelps could continue to compete internationally for up to 12 years from the time that he first burst upon the scene, maybe more if he so chooses.

Says Bowman, "Our goal is to make Michael the most complete swimmer that we can, and to offer him as many avenues for success as possible. With this in mind, we've really focussed on the IM and tried to make him proficient in all four strokes, and this will continue to be part of all our future planning."

Bowman believes that Michael thinks of himself as more of an IMer than a butterfly. He says, "The butterfly is where he is tremendously talented, and his 100 butterfly will improve as he gets stronger, older, and more mature. As we try to push his 200 time down, we

will spend more time on developing speed than we have done up to now."

Michael Phelps is versatile; he has swum 2 minutes for the 200 backstroke, and is an excellent backstroker as well as a freestyler. His coach wants to keep all options open "without spreading him too thin."

Bowman states that his first objective is to bring Michael's IM to the level of his 200 butterfly, and then to "look at doing some other things." Bowman says that Michael's main focus for the next two years will be the IM, the 200, and the 100 butterfly. "His freestyle

and backstroke legs can be so devastating in the 200 IM that they will probably be good enough to enable him to be competitive."

Part of Bowman's philosophy is that two or three times a year, Michael will attend meets where he will swim two or three events in the prelims and finals each day, plus relays. Sometimes he will swim 21 times over three days. "We've found that he produces remarkable performances over three-day periods in all strokes. We also try to choose certain meets where he swims the breaststroke or backstroke in order to focus on these aspects of his IM."

Michael Phelps receives special medical and/or physiological supervision and advice on his training loads, Bowman says: "Right now, we have a blood analysis done every four to six weeks under Dr Peter Rowe at Johns Hopkins University. This blood work focuses on three areas. There is a general health area, which will tell us if he's sick or anything like that. There is a nutritional spectrum, which gives us some idea whether he is getting the proper nutrients, and how that's going. And then there are some markers that we have come up with to detect over-training or anything that might give a hint as to how his training is going, such as cortisone levels, his ECG, and those sorts of things. So from that standpoint, we do have a blood analysis available."

Asked to what extent Michael Phelps' training partners help establish his pace or provide opposition in training, Bowman replied that the training group was progressing to the point where some of the younger boys, and even their best distance girls, can "sort of swim in Michael's ballpark."

While Michael was coming through the ranks, he did virtually all his work without the benefit of training partners, since they "really swam at his feet, and so he became very adept at training against the clock." Bowman added that he has always tried to instill in Michael the belief that "ultimately he is going to be training against the clock anyway because our goal is to try to move him into a category by himself." However, Bowman says that, on some occasions, particularly when swimming breaststroke or some of his other strokes, it is possible to set up some racing situations for him, but "in general, he pretty much races the clock."



Olympic champion Tom Malchow with heir apparent Phelps

Marco Chiesa

and breaststroke times have steadily decreased. It is interesting that he never made a national ranking time in breaststroke when he was 9 or 10. So, as an 11-12-year-old, we set that as a goal for him to try to be in the top 16 rankings in the breaststroke. He never accomplished that goal. But as a 13-year-old, he improved to the point where he was the number-one-ranked boy in the 200 breaststroke. He has swum a tremendous 200 yards breaststroke in 2:01 flat. We think his breaststroke is steadily improving. Although Michael may not be a top breaststroker, his butterfly

TOP AGE GROUP TIMES

Long Course Rankings for the period
January 1, 2002 to June 30, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 LONG COURSE TAG[®]

GIRLS 10 & Under

50 m Freestyle

1	31.51	ONLUSCMAY GIMON,Tamara,91,BAD
2	31.63	ONLUSCMAY BOUCHARD,Dominique,D,91,NSA
3	32.06	ONNEORAJUN MONTGOMERY,Shelby,91,LLBSC
4	32.21	PPOJUN SUPPAN,Alexandra,92,DYNAMO
5	32.25	ONTPCPMAY BELL,Hilary,91,LSC
6	32.48	ABEXSTJUN NESBITT,Collen,92,GLEN
7	32.82	ABSTSCJUN MCGHEE,Pamela,91,UCSC
8	32.88	BCAAANVJUN LEE,Bora,91,UBCD
9	33.06	BCHYACKMAY THORLAKSON,Hannah,91,COMOX
10	33.45	ABSTSCJUN TANNINEN,Christina,92,EKSC

100 m Freestyle

1	1:09.14	ONNKBMAY COUILLARD,Marie-Pier,91,REG
2	1:09.52	ONLUSCMAY GIMON,Tamara,91,BAD
3	1:09.53	ONLUSCMAY BOUCHARD,Dominique,D,91,NSA
4	1:11.41	ONSWIMJUN BELL,Hilary,91,LSC
5	1:11.72	ONTPCPMAY SCHULTZ,Paige,91,CREST
6	1:12.23	ONTPCPMAY BELL,Hilary,91,LSC
7	1:12.24	ABSTSCJUN MCGHEE,Pamela,91,UCSC
8	1:12.33	ONTPCPMAY HARRICHARAN,Alisha,91,COBRA
9	1:13.52	ONNEORAJUN MONTGOMERY,Shelby,91,LLBSC
10	1:13.92	BCAAANVJUN LEE,Bora,91,UBCD

200 m Freestyle

1	2:29.64	PPOJUN COUILLARD,Marie-Pier,91,REG
2	2:30.98	PPOJUN SUPPAN,Alexandra,92,DYNAMO
3	2:31.44	ONLUSCMAY BOUCHARD,Dominique,D,91,NSA
4	2:34.71	ONLUSCMAY GIMON,Tamara,91,BAD
5	2:36.97	ONSWIMJUN SCHULTZ,Paige,91,CREST
6	2:38.17	ONNKBMAY GERA,Janny,92,REG
7	2:40.26	MBMMIMAY MAMAKEESIC,Courtney,91,CGF
8	2:40.50	PPOJUN GERA,Janny,91,REG
9	2:40.74	ONNEORAJUN MONTGOMERY,Shelby,91,LLBSC
10	2:42.18	ONWOSABJUN GIGNAK,Jenna,91,HWAC

400 m Freestyle

1	5:29.39	BCCDSCAPR PANET-RAYMOND,Chrissy,91,HYACK
2	5:46.42	ONLACMAY MCCANN,Lisa,91,LAC
3	5:46.82	ONLACMAY FRAPPIER,Jasmine,91,CNS
4	5:47.75	ONVICDAPR MCCASEY,Kirstyn,L,91,OSHAC
5	5:48.38	ABEKSCMAR HOUSTON,Emily,91,CASC
6	5:49.79	ABLEDUCMAY FLETCHER,Evangeline,91,ARR
7	5:51.31	ONLACMAY ADKIN,Sydney,92,LAC
8	5:51.47	ABLEDUCMAY POLIQUIN,Rachelle,91,STSC
9	5:52.55	ONWOSABJUN GIGNAK,Jenna,91,HWAC
10	5:55.45	ABEXSTMAR DAKIN-KUIPER,Sierra,91,LASC

50 m Backstroke

1	37.07	PPOJUN SUPPAN,Alexandra,92,DYNAMO
2	38.65	SKRYMMIMAY PUFAHL,Alexis,91,GOLD
3	38.95	ONNKBMAY COUTURE,Aleksandra,91,REG
4	39.04	ONTPCPMAY CAMERON,Elyssa,91,PCSC
5	39.27	ONVICDAPR GIMON,Tamara,91,BAD
6	39.89	ONLACMAY JOHNSTON,Amanda,92,LYAC
7	40.16	ONTPCPMAY WOZNIAK,Joanna,91,NIAC
8	40.29	ONROWMAY MILLER,Paige,91,OOSC
9	40.41	ONNKBMAY CORRIEVAL,Emmalina,91,GO
10	40.47	ABEKSCMAR HOUSTON,Emily,91,CASC

100 m Backstroke

1	1:15.44	ONNKBMAY COUILLARD,Marie-Pier,91,REG
2	1:19.93	ONLUSCMAY BOUCHARD,Dominique,D,91,NSA
3	1:22.72	ONROWMAY GIMON,Tamara,91,BAD
4	1:24.32	BCCDSCAPR PANET-RAYMOND,Chrissy,91,HYACK
5	1:25.00	ONNKBMAY COUTURE,Aleksandra,91,REG
6	1:25.11	ONNEORAJUN MONTGOMERY,Shelby,91,LLBSC
7	1:25.15	ONSWIMJUN MCCASEY,Kirstyn,L,91,OSHAC
8	1:25.90	ONTPCPMAY HEARD,Kaleigh,91,PICK
9	1:26.15	ONNKBMAY GERA,Janny,92,REG
10	1:27.15	BCKCSJUN LAVOIE,Maura,91,OSC

200 m Backstroke

1	2:41.75	ONNKBMAY COUILLARD,Marie-Pier,91,REG
2	2:48.44	ONLUSCMAY BOUCHARD,Dominique,D,91,NSA
3	2:49.19	PPOJUN SUPPAN,Alexandra,92,DYNAMO
4	2:58.39	BCHYACKMAY PANET-RAYMOND,Chrissy,91,HYACK
5	2:59.24	ONNKBMAY COUTURE,Aleksandra,91,REG

6	3:00.32	MBMMIMAY MAMAKEESIC,Courtney,91,CGF
7	3:01.10	ONSWIMJUN KASPER,Kirsten,91,NEW
8	3:01.25	BCKCSJUN LAVOIE,Maura,91,OSC
9	3:01.59	ONSWIMJUN MCCASEY,Kirstyn,L,91,OSHAC
10	3:02.42	ABEKSCMAR HOUSTON,Emily,91,CASC

50 m Breaststroke

1	41.14	PPOJUN JEAN-LACHAPELLE,Marie-Soleil,91,CAMO
2	42.01	PPOJUN COUILLARD,Marie-Pier,91,REG
3	42.93	ONTPCPMAY SCHULTZ,Paige,91,CREST
4	43.26	ONTPCPMAY BELL,Hilary,91,LSC
5	43.56	SKRYMMIMAY PUFAHL,Alexis,91,GOLD
6	43.57	ONTPCPMAY DEBRUX,Valerie,92,BBF
7	43.95	BCKCSJUN WATSON,Stephanie,91,ORCA
8	44.09	ONAACAPR HARRICHARAN,Alisha,91,COBRA
9	44.20	PPOJUN SUPPAN,Alexandra,92,DYNAMO
10	44.24	ONLACMAY ABRAMETZ,Rebecca,91,BOSC

100 m Breaststroke

1	1:25.87	BCAAANVJUN LEE,Bora,91,UBCD
2	1:29.59	ONNKBMAY COUILLARD,Marie-Pier,91,REG
3	1:30.35	ONSWIMJUN BELL,Hilary,91,LSC
4	1:33.60	ONTPCPMAY DEBRUX,Valerie,92,BBF
5	1:34.18	ONTPCPMAY SCHULTZ,Paige,91,CREST
6	1:35.05	ABEXSTMAR DAKIN-KUIPER,Sierra,91,LASC
7	1:35.83	ONLACMAY ABRAMETZ,Rebecca,91,BOSC
8	1:37.66	ABSTSCJUN MCCORD,Kate,92,UCSC
9	1:38.00	NSDUNNJUN STEELE,Jacqueline,91,SWAT
10	1:38.02	ONNKBMAY DANIS,Stefanie,91,REG

200 m Breaststroke

1	3:04.21	BCAAANVJUN LEE,Bora,91,UBCD
2	3:10.19	PPOJUN COUILLARD,Marie-Pier,91,REG
3	3:19.60	PPOJUN SUPPAN,Alexandra,92,DYNAMO
4	3:19.76	ONSWIMJUN SCHULTZ,Paige,91,CREST
5	3:20.81	ABEXSTMAR DAKIN-KUIPER,Sierra,91,LASC
6	3:21.05	ONSWIMJUN BELL,Hilary,91,LSC
7	3:22.42	NSDUNNJUN STEELE,Jacqueline,91,SWAT
8	3:27.16	ONLACMAY ABRAMETZ,Rebecca,91,BOSC
9	3:27.91	ONLACMAY HARDING,Jennifer,92,CNS
10	3:27.93	ABUCSCMAY MATTHEWS,Deanna,92,EKSC

50 m Butterfly

1	34.15	PPOJUN COUILLARD,Marie-Pier,91,REG
2	34.49	PPOJUN GERA,Janny,91,REG
3	35.92	ONAACAPR BELL,Hilary,91,LSC
4	36.32	ONAACAPR HARRICHARAN,Alisha,91,COBRA
5	36.80	ONTPCPMAY HEARD,Kaleigh,91,PICK
6	36.91	ONTPCPMAY LITTLE,JOHN,Meagan,92,COBRA
7	37.18	ONROWMAY GIGNAK,Jenna,91,HWAC
8	37.31	ABSTSCJUN MCGHEE,Pamela,91,UCSC
9	37.62	PPOJUN JEAN-LACHAPELLE,Marie-Soleil,91,CAMO
10	37.80	SKRYMMIMAY PUFAHL,Alexis,91,GOLD

100 m Butterfly

1	1:17.53	ONNKBMAY COUILLARD,Marie-Pier,91,REG
2	1:21.44	ONNKBMAY GERA,Janny,91,REG
3	1:23.99	ABLEDUCMAY FLETCHER,Evangeline,91,ARR
4	1:24.26	ONTPCPMAY HARRICHARAN,Alisha,91,COBRA
5	1:24.38	ONLUSCMAY BOUCHARD,Dominique,D,91,NSA
6	1:25.40	ONTPCPMAY HERBERT-TOIREASA,Joyce,92,PCSC
7	1:26.60	ONAACAPR BELL,Hilary,91,LSC
8	1:27.38	ONTPCPMAY HEARD,Kaleigh,91,PICK
9	1:27.98	ABSTSCJUN PIERSE,Fionnuala,92,EKSC
10	1:29.37	ONLUSCMAY GIMON,Tamara,91,BAD

200 m Ind. Medley

1	2:38.90	ONVICDAPR GIMON,Tamara,91,BAD
2	2:51.18	PPOJUN COUILLARD,Marie-Pier,91,REG
3	2:53.94	ONLUSCMAY BOUCHARD,Dominique,D,91,NSA
4	2:55.32	ONTPCPMAY SCHULTZ,Paige,91,CREST
5	2:55.32	ONSWIMJUN BELL,Hilary,91,LSC
6	2:55.59	PPOJUN JEAN-LACHAPELLE,Marie-Soleil,91,CAMO
7	2:56.91	ONTPCPMAY BELL,Hilary,91,LSC
8	2:58.64	BCHYACKMAY THORLAKSON,Hannah,91,COMOX
9	3:01.71	PPOJUN GERA,Janny,91,REG
10	3:01.75	ONVICDAPR ULIANA,Kendra,91,GMAC

BOYS 10 & Under

50 m Freestyle

1	30.65	BCHYACKMAY GAVRIC,Marko,91,UBCD
2	30.75	ONSWIMJUN RUBENCHIK,Darren,91,CHAMP
3	32.05	ONROWMAY HARDING,Grant,92,ROW
4	33.08	ABEKSCMAR KOZELL,Greg,92,STSC
5	33.22	BCAAANVJUN BROTKY,Dennis,92,UBCD
6	33.31	ABEXSTMAR TRICKETT,Chris,91,RBSC
7	33.39	ONTPCPMAY GAJOS,Patrick,91,ESWIM
8	33.40	ONTPCPMAY HERBERT,Matthew,92,SCAR
9	33.43	ONLACMAY LOSHUSAN,Brandon,92,WAC
10	33.57	ONLACMAY DIMITROV,David,91,MMST

100 m Freestyle

1	1:06.68	ONSWIMJUN RUBENCHIK,Darren,91,CHAMP
2	1:07.91	BCHYACKMAY GAVRIC,Marko,91,UBCD
3	1:12.50	ONROWMAY VOWLES,Tristan,91,HWAC
4	1:13.57	ONLACMAY LOSHUSAN,Brandon,92,WAC
5	1:13.61	ONPNTLNAPR LEITE,Jeremy,91,LAC
6	1:14.04	ONLACMAY FAUCHER,Jean-Michel,91,CNS
7	1:14.10	ONTPCPMAY ZIELINSKI,Paul,92,MSSAC
8	1:14.23	ONTPCPMAY HERBERT,Matthew,92,SCAR
9	1:14.24	ONTPCPMAY GAJOS,Patrick,91,ESWIM
10	1:14.87	ABUCSCMAY WOLK,Karl,91,EKSC

200 m Freestyle

1	2:35.47	BCCDSCAPR GAVRIC,Marko,91,UBCD
2	2:37.71	ONSWIMJUN ZIELINSKI,Paul,92,MSSAC
3	2:37.98	ABSTSCJUN WOLK,Karl,91,EKSC
4	2:39.43	ONROWMAY TANG,Jack,92,HWAC
5	2:39.58	ONLACMAY DIMITROV,David,91,MMST
6	2:40.91	ONNEORAJUN LAWRENCE,Joshua,92,SSMAC
7	2:41.19	ONROWMAY VOWLES,Tristan,91,HWAC
8	2:41.50	PPOJUN FAUCHER,Jean-Michel,91,CNS
9	2:41.59	ABEKSCMAR SPENCELEY,John,92,CASC
10	2:42.10	ONLACMAY LEITE,Jeremy,91,LAC

400 m Freestyle

1	5:18.22	BCHYACKMAY GAVRIC,Marko,91,UBCD
2	5:32.32	ONSWIMJUN ZIELINSKI,Paul,92,MSSAC
3	5:33.32	ABEKSCAPR WOLK,Karl,91,EKSC
4	5:35.93	ONSWIMJUN DAIKOKU,Kairun,91,MSSAC
5	5:37.67	ONLACMAY DIMITROV,David,91,MMST
6	5:37.97	ONLACMAY LEITE,Jeremy,91,LAC
7	5:38.25	BCCDSCAPR NICOL,Marlow,91,UBCD
8	5:42.10	ONLACMAY FAUCHER,Jean-Michel,91,CNS
9	5:43.48	BCHYACKMAY SMIT-ANSEEUW,Nils,92,PSW
10	5:43.88	BCCDSCAPR RAE,Thomas,91,PSW

1500 m Freestyle

1	20:52.29	BCHYACKMAY GAVRIC,Marko,91,UBCD
2	21:54.37	ABUCSCMAY WOLK,Karl,91,EKSC
3	21:56.25	ABUCSCMAY NEWTON,Braeden,92,FMSC
4	22:47.82	ONLACMAY DIMITROV,David,91,MMST
5	23:13.54	SKRYMMIMAY LOVE,Bretton,91,GOLD
6	32:53.98	ABNCSSAMAY FREEMAN,Spencer,92,CP

50 m Backstroke

1	36.34	ABUCSCMAY WOLK,Karl,91,EKSC
2	37.89	ONROWMAY HARDING,Grant,92,ROW
3	38.10	ONNKBMAY PATTERSON,Harley,91,GO
4	39.33	ONTPCPMAY OLAVARIO,Paolo,91,CREST
5	39.37	ONNKBMAY COCKELL,Ryan,92,NKB
6	39.50	ONLACMAY LOSHUSAN,Brandon,92,WAC
7	39.61	ABEKSCMAR BLATTNER,Gregory,92,CASC
8	39.95	ONLACMAY SALMON,Mackenzie,92,LAC
9	40.04	ABEKSCMAR KOZELL,Greg,92,STSC
10	40.41	ONTPCPMAY ROCKETT,Austin,92,MSSAC

100 m Backstroke

1	1:19.19	ABSTSCJUN WOLK,Karl,91,EKSC
2	1:19.84	ONSWIMJUN RUBENCHIK,Darren,91,CHAMP
3	1:22.40	ONNKBMAY COCKELL,Ryan,92,NKB
4	1:22.43	BCCDSCAPR GAVRIC,Marko,91,UBCD
5	1:22.97	ONVZTMAPR SUNDBY,Allan,91,BOSC
6	1:23.57	ONTPCPMAY OLAVARIO,Paolo,91,CREST
7	1:24.59	ONPNTLNAPR LEITE,Jeremy,91,LAC
8	1:25.20	ONNKBMAY BAXTER,Troy,91,NKB
9	1:25.50	BCCDSCAPR SMIT-ANSEEUW,Nils,92,PSW
10	1:25.53	ONLACMAY LOSHUSAN,Brandon,92,WAC

200 m Backstroke

1	2:47.27	ABEKSCAPR WOLK,Karl,91,EKSC
2	2:52.78	BCHYACKMAY GAVRIC,Marko,91,UBCD
3	2:56.37	BCHYACKMAY PARTRIDGE,Alex,91,UBCD
4	2:57.83	ONNKBMAY COCKELL,Ryan,92,NKB
5	2:58.03	BCCDSCAPR SMIT-ANSEEUW,Nils,92,PSW
6	2:59.24	ONSWIMJUN DAIKOKU,Kairun,91,MSSAC
7	3:03.36	ONNKBMAY BAXTER,Troy,91,NKB
8	3:03.90	ONLACMAY LOSHUSAN,Brandon,92,WAC
9	3:04.28	ABEKSCMAR BLATTNER,Gregory,92,CASC

10 3:05.33 ONROWMAY HARDING,Grant,92,ROW

50 m Breaststroke

1	42.76	ONTPCPMAY CHANG,Micheal,92,SCAR
2	43.24	ONTPCPMAY SHIN,Cameron,91,CREST
3	43.33	BCKCSJUN CHRISTIE,Benjamin,91,WVOSC
4	43.53	ONTPCPMAY LEITE,Jeremy,91,LAC
5	43.71	ONAACAPR TZEVANOV,Emil,91,CHAMP
6	44.29	ONTPCPMAY EMORY,Matt,92,PCSC
7	44.71	ONVICDAPR WEIR,Anthony,92,TRENT
8	45.16	ONPOSDNAPR KEUKEN,Jordan,91,OSAC
9	45.21	ONROWMAY HARDING,Grant,92,ROW
10	45.27	ONNKBMAY PATTERSON,Harley,91,GO

100 m Breaststroke

1	1:32.32	BCCDSCAPR GAVRIC,Marko,91,UBCD
2	1:32.77	ONTPCPMAY CHANG,Micheal,92,SCAR
3	1:33.40	ONTPCPMAY LEITE,Jeremy,91,LAC
4	1:34.42	BCAAANVJUN BROTKY,Dennis,92,UBCD
5	1:34.96	BCCDSCAPR NICOL,Marlow,91,UBCD
6	1:35.57	ONNEORAJUN LIEW,Anthony,92,TRENT
7	1:36.64	ONAACAPR SHIN,Cameron,91,CREST
8	1:37.06	ONTPCPMAY EMORY,Matt,92,PCSC
9	1:37.07	ONNKBMAY PATTERSON,Harley,91,GO
10	1:37.52	ONAACAPR TZEVANOV,Emil,91,CHAMP

200 m Breaststroke

1	3:15.32	BCCDSCAPR GAVRIC,Marko,91,UBCD
2	3:16.61	ONLACMAY LEITE,Jeremy,91,LAC
3</		

TOP AGE GROUP TIMES

Long Course Rankings for the period
January 1, 2002 to June 30, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 LONG COURSE TAG®

GIRLS 11 Years of Age

50 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like BCKCSJUN RYAN, ONESWIMJUN MENU-COUREY, etc.

100 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like BCKCSJUN RYAN, ONLACMAY SLOAN, etc.

200 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like OC3LCAPR SIMON, ONLACMAY SLOAN, etc.

400 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN FREEMAN, ONESWIMJUN MCINTYRE, etc.

800 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like OC3LCAPR SIMON, ONESWIMJUN MCINTYRE, etc.

50 m Backstroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like OC3LCAPR FRANCIS, ABKSCMAR KELLS, etc.

100 m Backstroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONLUSCMAY DAILEY, ONESWIMJUN MCINTYRE, etc.

200 m Backstroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like OC3LCAPR FRANCIS, ONESWIMJUN FREEMAN, etc.

10 2:49.73 PPOINVMAY SUPPAN,Alex,91,BYD

50 m Breaststroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONAACAPR PITCHIK, ABKSCMAR KURWAL, etc.

100 m Breaststroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like ABKSCAPR ACHTYMICHUK, ONAACAPR PITCHIK, etc.

200 m Breaststroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONNKBMAY MACDONALD, PPOINVMAY HOGAN, etc.

50 m Butterfly

Table with 2 columns: Rank and Name/Time. Includes swimmers like OC3LCAPR SIMON, PPOINVMAY FRANCIS, etc.

100 m Butterfly

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN POLICHT, ONDVZTMAPR RAININGER, etc.

200 m Butterfly

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN BROCKINGTON, ONESWIMJUN MCINTYRE, etc.

50 m Ind. Medley

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONVICDAPR MCKAY, OC2LCAPR SOUCISSE, etc.

200 m Ind. Medley

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN MCINTYRE, OC3LCAPR SIMON, etc.

BOYS 11 Years of Age

50 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONAACAPR YOON, ONESWIMJUN BLOCH-HANSEN, etc.

100 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like BCDCSCAPR KUDABA, ONESWIMJUN BLOCH-HANSEN, etc.

200 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONAACAPR YOON, ONESWIMJUN COOMBS, etc.

400 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN COOMBS, BCCHYACKMAY MAYBURY, etc.

800 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN BLOCH-HANSEN, BCCHYACKMAY MAYBURY, etc.

1500 m Freestyle

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN COOMBS, ONESWIMJUN CHAN, etc.

50 m Backstroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like ABKSCMAR MAYBURY, ONVICDAPR BUCK, etc.

100 m Backstroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN COOMBS, ONNKBMAY THIVIERGE, etc.

Table with 2 columns: Rank and Name/Time. Includes swimmers like BCCHYACKMAY MASSIE-MARTEL, ONESWIMJUN BLOCH-HANSEN, etc.

50 m Breaststroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like OC2LCAPR PELLETIER-PLANTE, ONVICDAPR STEMLER, etc.

100 m Breaststroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN KNEZEVIC, ONAACAPR YOON, etc.

200 m Breaststroke

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN KNEZEVIC, ONESWIMJUN MONKS, etc.

50 m Butterfly

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONAACAPR YOON, OC2LCAPR THIVIERGE, etc.

100 m Butterfly

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONAACAPR YOON, BCDCSCAPR KUDABA, etc.

200 m Butterfly

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONNKBMAY THIVIERGE, ABKSCMAR LOWENSTEIN, etc.

200 m Ind. Medley

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONVICDAPR STEMLER, ONAACAPR YOON, etc.

400 m Ind. Medley

Table with 2 columns: Rank and Name/Time. Includes swimmers like ONESWIMJUN COOMBS, ONVICDAPR TAPP, etc.

TOP AGE GROUP TIMES

Long Course Rankings for the period
January 1, 2002 to June 30, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 LONG COURSE TAG®

GIRLS 12 Years of Age

50 m Freestyle

1	28.39	SKRODJUN	ROBSON,Brittany,89,LASER
2	29.18	BCSRLCFEB	CARRIER-LESSARD,Catherine,89,UBCD
3	29.48	ABEKSCAPR	POMERLEAU,Kristin D,90,DEL
4	29.59	PPONVMAY	BLAIS-LAROCHE,Sarah,89,RCA
5	29.70	ONDV2TMAPR	GILLISPIE,Lisa,90,PERTH
6	29.71	ONLACMAY	SCHUURMAN,Melissa,90,WAC
7	29.81	ONSWIMJUN	LONG,Susan,90,LAC
8	29.83	ONLUSCMAY	O'CONNOR,Elisha E,89,NSA
9	29.87	OC3LCAPR	BOULE-RACINE,Lauriane,89,CALAC
10	29.89	OC2LCAPR	BELZILE,Myriam,89,HIPPO

100 m Freestyle

1	1:02.44	BCSRLCFEB	CARRIER-LESSARD,Catherine,89,UBCD
2	1:04.03	ABEKSCAPR	POMERLEAU,Kristin D,90,DEL
3	1:04.72	SKRYMMAY	ROBSON,Brittany,89,LASER
4	1:04.87	ONSWIMJUN	MCTEAGUE,Amanada,89,ESWIM
5	1:04.89	ABEKSCAPR	HEINEMANN,Sarah,89,SK
6	1:05.27	BCKCSJUN	BOGETTI,Gia,90,KCS
7	1:05.36	BCCDSCAPR	MURTON,Becca,90,UBCD
8	1:05.44	NITSCMAY	STITSKI,Monika,89,ESWIM
9	1:05.70	BCCDSCAPR	THOM,Robyn,89,UBCD
10	1:05.87	ONLACMAY	SCHUURMAN,Melissa,90,WAC

200 m Freestyle

1	2:17.14	BCSRLCFEB	CARRIER-LESSARD,Catherine,89,UBCD
2	2:18.00	OC1LCAPR	BLAIS-LAROCHE,Sarah,89,RCA
3	2:18.24	OC3LCAPR	MURRAY,Caroline,90,DYNAM
4	2:19.21	ONSWIMJUN	KOMARNYCKY,Alexa,89,ESWIM
5	2:19.35	ONLUSCMAY	O'CONNOR,Elisha E,89,NSA
6	2:19.50	ONSWIMJUN	MCTEAGUE,Amanada,89,ESWIM
7	2:19.54	NITSCMAY	STITSKI,Monika,89,ESWIM
8	2:19.70	ONDV2TMAPR	HAGAN,Natalie,90,ESWIM
9	2:19.70	BCKCSJUN	MORTON,Lindsay,89,OSC
10	2:20.29	ONSWIMJUN	LONG,Susan,90,LAC

400 m Freestyle

1	4:40.74	BCSRLCFEB	CHAN,Natalie,89,UBCD
2	4:48.61	ONSWIMJUN	KOMARNYCKY,Alexa,89,ESWIM
3	4:49.04	ONSWIMJUN	STITSKI,Monika,89,ESWIM
4	4:51.82	NITSCMAY	MCTEAGUE,Amanada,89,ESWIM
5	4:53.03	PPONVMAY	BLAIS-LAROCHE,Sarah,89,RCA
6	4:54.18	PPONVMAY	MURRAY,Caroline,90,DYNAM
7	4:56.12	ABEKSCAPR	THOMPSON,Rheagan,89,KISU
8	4:56.91	ONSWIMJUN	HAGAN,Natalie,90,ESWIM
9	4:57.99	OC1LCAPR	DESHARNAIS,Karine,89,RCA
10	4:58.91	BCKCSJUN	MORTON,Lindsay,89,OSC

800 m Freestyle

1	9:50.79	ONSWIMJUN	KOMARNYCKY,Alexa,89,ESWIM
2	9:53.16	ONSWIMJUN	MCTEAGUE,Amanada,89,ESWIM
3	10:00.65	ONSWIMJUN	OKE,Katelyn,89,LAC
4	10:05.78	ONLUSCMAY	O'CONNOR,Elisha E,89,NSA
5	10:07.39	OC3LCAPR	MURRAY,Caroline,90,DYNAM
6	10:09.65	ONSWIMJUN	LONG,Susan,90,LAC
7	10:12.69	ONSWIMJUN	HAGAN,Natalie,90,ESWIM
8	10:14.64	ABRDSCJUN	CHAPMAN,Kelsey,89,PGB
9	10:16.11	ABEKSCAPR	THOMPSON,Rheagan,89,KISU
10	10:17.06	BCHYACKMAY	GARNER,Brea,90,UBCD

1500 m Freestyle

1	19:43.93	NSSPRINVAPR	DONNELLY,Stephanie,89,DCSC
2	19:45.06	BCCDSCAPR	VANCE-GRIMARD,Danica,89,HYACK
3	19:55.66	BCCDSCAPR	JUNG,Michelle,89,CHENA
4	20:45.93	BCHYACKMAY	WIGGANS,Karina,90,UBCD
5	20:53.12	SKRYMMAY	RICHARDS,Larissa,90,RCD
6	21:06.54	BCHYACKMAY	KOOT,Jacqueline,89,UBCD
7	21:33.59	BCHYACKMAY	DRANSUTAVICIUS,Corina,89,FMSC
8	21:34.71	BCAAANVJUN	BURG,Lindsay,90,SKSC
9	21:49.18	BCAAANVJUN	MOORE,Alicson,89,UBCD
10	22:02.07	BCHYACKMAY	JOHNSON,Johanna,90,UBCD

50 m Backstroke

1	34.20	ABEKSCMAR	OZAR,Brittany,90,CASC
2	34.42	OC2LCAPR	PLANTE,Myriam,90,EXCEL
3	34.51	OC1LCAPR	DESHARNAIS,Karine,89,RCA
4	34.63	SKRODJUN	ROBSON,Brittany,89,LASER
5	34.71	OC1LCAPR	VINCENT,Véronique,89,SAMAK
6	34.72	BCSRLCFEB	CARRIER-LESSARD,Catherine,89,UBCD
7	35.01	PPONVMAY	MURRAY,Caroline,90,DYNAM
8	35.06	ABNCSANAY	POMERLEAU,Kristin D,90,DEL
9	35.41	ONLACMAY	NELL,Hayley,89,LAC
10	35.53	NBTLMCMAY	SULLIVAN,Brooke,89,MWVC

100 m Backstroke

1	1:12.13	BCAAANVJUN	THOM,Robyn,89,UBCD
2	1:12.44	BCSRLCFEB	CARRIER-LESSARD,Catherine,89,UBCD
3	1:13.28	SKRYMMAY	ROBSON,Brittany,89,LASER
4	1:13.69	ONWOSABJUN	NELL,Hayley,89,LAC
5	1:13.92	ONSWIMJUN	GALLANT,Natalie,89,COBRA
6	1:14.35	ONPNLTLNAPR	OKE,Katelyn,89,LAC
7	1:14.36	ONDV2TMAPR	PAYNE,Chantique,89,BRANT
8	1:14.64	ABEKSCAPR	MURDOCH,Jodie,90,KSS
9	1:14.65	ONLUSCMAY	UNRUH,Kryssi,89,UNAT-ON
10	1:14.72	ONDV2TMAPR	STITSKI,Monika,89,ESWIM

200 m Backstroke

1	2:33.12	ONLUSCMAY	O'CONNOR,Elisha E,89,NSA
2	2:33.47	BCSRLCFEB	CARRIER-LESSARD,Catherine,89,UBCD
3	2:34.30	ONSWIMJUN	KOMARNYCKY,Alexa,89,ESWIM
4	2:34.83	OC2LCAPR	PLANTE,Myriam,90,EXCEL

5	2:35.04	OC3LCAPR	MURRAY,Caroline,90,DYNAM
6	2:35.71	ONSWIMJUN	OKE,Katelyn,89,LAC
7	2:35.73	ONSWIMJUN	STITSKI,Monika,89,ESWIM
8	2:35.96	ABEKSCMAR	OZAR,Brittany,90,CASC
9	2:36.68	OC1LCAPR	DESHARNAIS,Karine,89,RCA
10	2:38.72	ONDV2TMAPR	MCTEAGUE,Amanada,89,ESWIM

50 m Breaststroke

1	37.69	OC1LCAPR	TREMBLAY,Katherine,89,SAMAK
2	37.94	ONAACAPR	DI CLEMENTE,Sabrina,89,NYAC
3	37.98	PPONVMAY	BOIS,Amelie,89,HIPPO
4	38.02	NITSCMAY	STITSKI,Monika,89,ESWIM
5	38.63	OC2LCAPR	PURCELL,Stephanie,89,PHENI
6	38.81	OC1LCAPR	LONG,Karolyn,90,DDO
7	38.97	ONLACMAY	SCHUURMAN,Melissa,90,WAC
8	39.01	ABEKSCMAR	SNOODGRASS,Shelbi,90,CASC
9	39.28	MBMMAY	CROCKETT,Leah,89,TPRR
10	39.42	ONROWMAY	GREAVETTE,Melissa,89,MUSAC

100 m Breaststroke

1	1:20.07	ONLACMAY	TRUSWELL,Riley,90,LAC
2	1:21.16	ONDV2TMAPR	O'CONNOR,Elisha E,89,NSA
3	1:21.22	ONDV2TMAPR	STITSKI,Monika,89,ESWIM
4	1:21.89	NSDUNNJUN	LI,Kyra,90,DCSC
5	1:22.15	ONDV2TMAPR	DI CLEMENTE,Sabrina,89,NYAC
6	1:22.90	ABRDSCJUN	CHAPMAN,Kelsey,89,PGB
7	1:23.51	ONDV2TMAPR	MCCABE,Martha,89,GGST
8	1:23.77	BCSRLCFEB	WERRY,Andrea,89,SPART
9	1:23.96	MBMMAY	MALTAIS,Brittany,89,MANTA
10	1:24.15	MBMMAY	BOCHEN,Kerri-Ann,89,MANTA

200 m Breaststroke

1	2:50.15	ONSWIMJUN	STITSKI,Monika,89,ESWIM
2	2:52.61	ONLACMAY	TRUSWELL,Riley,90,LAC
3	2:56.41	ABRDSCJUN	CHAPMAN,Kelsey,89,PGB
4	2:56.54	ONDV2TMAPR	O'CONNOR,Elisha E,89,NSA
5	2:56.88	MBMMAY	BOCHEN,Kerri-Ann,89,MANTA
6	2:57.17	ONSWIMJUN	MCCABE,Martha,89,GGST
7	2:58.81	NSDUNNJUN	LI,Kyra,90,DCSC
8	2:58.95	ONSWIMJUN	WILSON,Jennifer,90,MSSAC
9	2:59.20	ONDV2TMAPR	DI CLEMENTE,Sabrina,89,NYAC
10	2:59.36	OC2LCAPR	LACOMBE,Gabrielle,89,CNHR

50 m Butterfly

1	31.90	PPONVMAY	TETREAU,T,Alexandra,90,CNSH
2	32.14	ABNCSAMAY	POMERLEAU,Kristin D,90,DEL
3	32.21	OC1LCAPR	TREMBLAY,Katherine,89,SAMAK
4	32.74	PPONVMAY	BOIS,Amelie,89,HIPPO
5	32.88	OC1LCAPR	BELLEAU,Emilie,89,DDO
6	33.00	PPONVMAY	AYLOR,Jenn,90,UCSA
7	33.10	ONLACMAY	SCHUURMAN,Melissa,90,WAC
8	33.46	ONAACAPR	CHAK,Christy,89,CHAMP
9	33.62	PPONVMAY	LETOURNEAU,Aurèle,90,KEC
10	33.72	OC2LCAPR	PAQUET,Kim,90,REG

100 m Butterfly

1	1:09.89	ONSWIMJUN	MCKINNON,Kaleigh,90,NYAC
2	1:09.94	ONLUSCMAY	O'CONNOR,Elisha E,89,NSA
3	1:11.91	ABEKSCAPR	BARNLUND,Elyn,90,MANTA
4	1:12.07	ONDV2TMAPR	PAYNE,Chantique,89,BRANT
5	1:12.30	ONDV2TMAPR	GRANVILLE,Diana,90,NKB
6	1:12.90	ABEKSCAPR	HARMA,Chelsey,89,EKSC
7	1:13.49	ONSWIMJUN	LONG,Susan,90,LAC
8	1:13.55	ABEKSCAPR	FINDLAY,Amy,89,KSC
9	1:13.67	BCKCSJUN	BOGETTI,Gia,90,KCS
10	1:13.71	BCCDSCAPR	VANCE-GRIMARD,Danica,89,HYACK

200 m Butterfly

1	2:31.05	ONDV2TMAPR	MCKINNON,Kaleigh,90,NYAC
2	2:36.32	ONDV2TMAPR	O'CONNOR,Elisha E,89,NSA
3	2:40.01	ONDV2TMAPR	KOMARNYCKY,Alexa,89,ESWIM
4	2:40.63	ABRDSCJUN	CHAPMAN,Kelsey,89,PGB
5	2:41.20	ABEKSCAPR	BARNLUND,Elyn,90,MANTA
6	2:42.95	BCCDSCAPR	VANCE-GRIMARD,Danica,89,HYACK
7	2:43.26	ABRDSCJUN	MORTON,Lindsay,89,OSC
8	2:43.98	ABEKSCAPR	FINDLAY,Amy,89,KSC
9	2:44.34	ONVICDAPR	GALLANT,Natalie,89,COBRA
10	2:45.27	ABEKSCAPR	BOCHEN,Kerri-Ann,89,MANTA

200 m Ind. Medley

1	2:32.07	ONVICDAPR	LOCKHART,Helen,89,TAT
2	2:33.28	BCSRLCFEB	CHAN,Natalie,89,UBCD
3	2:33.46	ONVICDAPR	KRUG,Michelle,89,CYPS
4	2:33.48	ONVICDAPR	GLOVER,Brynelle,89,CYPS
5	2:34.26	ONDV2TMAPR	STITSKI,Monika,89,ESWIM
6	2:34.52	ONDV2TMAPR	MCKINNON,Kaleigh,90,NYAC
7	2:35.27	ONSWIMJUN	KOMARNYCKY,Alexa,89,ESWIM
8	2:35.52	ONNEORAJUN	O'CONNOR,Elisha E,89,CT33
9	2:36.08	PPONVMAY	MURRAY,Caroline,90,DYNAM
10	2:36.96	ABEKSCMAR	OZAR,Brittany,90,CASC

400 m Ind. Medley

1	5:21.26	ONSWIMJUN	KOMARNYCKY,Alexa,89,ESWIM
2	5:25.84	ONSWIMJUN	MCKINNON,Kaleigh,90,NYAC
3	5:28.64	ONSWIMJUN	MCTEAGUE,Amanada,89,ESWIM
4	5:28.74	ONROWMAY	STITSKI,Monika,89,ESWIM
5	5:30.59	ONNEORAJUN	O'CONNOR,Elisha E,89,CT33
6	5:31.59	PPONVMAY	MURRAY,Caroline,90,DYNAM
7	5:32.63	ABRDSCJUN	CHAPMAN,Kelsey,89,PGB
8	5:36.07	BCKCSJUN	MORTON,Lindsay,89,OSC
9	5:36.73	PPONVMAY	LACOMBE,Gabrielle,89,CNHR
10	5:37.32	BCCDSCAPR	VANCE-GRIMARD,Danica,89,HYACK

BOYS 12 Years of Age

50 m Freestyle

1	27.57	PPONVMAY	BENOIT,Marc-Andre,90,CNSH
2	27.93	ONSWIMJUN	BROWN,Alex,89,DUCKS
3	27.98	NSSPRINVAPR	VAUGHAN,Parker,89,DCSC
4	28.08	ONSWIMJUN	WONG,Jonathan,89,CHAMP
5	28.56	BCHYACKMAY	MAXEY,Taylor A.,89,CASC
6	28.81	BCHYACKMAY	MANJLOVIC-KOLARSKI,Mirko,89,UBCD
7	28.96	ONDV2TMAPR	KIKOT,Luke,90,ODSC
8	29.21	SKRODJUN	MAZGA,Colin,89,GOLD
9	29.34	BCKCSJUN	TANNINEN,Christopher,89,EKSC
10	29.38	ONDV2TMAPR	GIBSON,Grant,89,OSAC

100 m Freestyle

1	1:00.95	ONSWIMJUN	BROWN,Alex,89,DUCKS
2	1:02.87	ABEKSCAPR	TANNINEN,Christopher,89,EKSC
3	1:03.16	BCHYACKMAY	MANJLOVIC-KOLARSKI,Mirko,89,UBCD
4	1:03.34	NSSPRINVAPR	VAUGHAN,Parker,89,DCSC
5	1:03.43	BCHYACKMAY	MAXEY,Taylor A.,89,CASC
6	1:03.44	ONSWIMJUN	WONG,Jonathan,89,CHAMP
7	1:03.88	ONDV2TMAPR	YOUNG,Kyungsoo,90,NYAC
8	1:03.94	ONLUSCMAY	ROSS,Daniel,89,NYAC
9	1:03.98	ABEKSCAPR	MAZGA,Colin,89,SK
10	1:04.10	ONIKBMAY	PELLETIER-BERNIER,Frederic,89,REG

200 m Freestyle

1	2:17.75	ONLUSCMAY	ROSS,Daniel,89,NYAC
2	2:18.23	ONROWMAY	SUMMERHAYES,Zach,90,RISC
3	2:18.63	NSSPRINVAPR	VAUGHAN,Parker,89,DCSC
4	2:18.64	BCCDSCAPR	MANJLOVIC-KOLARSKI,Mirko,89,UBCD
5	2:18.70	ABEKSCMAR	TANNINEN,Christopher,89,EKSC
6	2:18.78	ONSWIMJUN	YOUNG,Kyungsoo,90,NYAC
7	2:18.86	OC1LCAPR	EPELEA,Cedric-Dan,90,PCSC
8	2:19.05	ONSWIMJUN	PELLETIER-BERNIER,Frederic,89,REG
9	2:20.59	OC2LCAPR	GAGNON,Guillaume,90,CNCB
10	2:21.41	OC3LCAPR	KNOWLES,Jonathan,90,CALAC

400 m Freestyle

1	4:51.58	PPONVMAY	LUTSCH,Curtis,90,UCSA
2	4:54.11	ABEKSCMAR	TANNINEN,Christopher,89,EKSC
3	4:54.65	ONSWIMJUN	LAMOUREUX-AUCLAIR,Antoine,89,REG
4	4:55.70	ONSWIMJUN	JOHNSON,Alexander,89,CREST
5	4:56.51	BCCDSCAPR	MANJLOVIC-KOLARSKI,Mirko,89,UBCD
6	4:56.94	ONROWMAY	SUMMERHAYES,Zach,90,RISC
7	4:58.09	ONSWIMJUN	TCHOUGAÏNOV,Fedor,90,ESWIM
8	5:02.10	ABEKSCMAR	

TOP AGE GROUP TIMES

Long Course Rankings for the period
January 1, 2002 to June 30, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 LONG COURSE TAG[®]

GIRLS 13 Years of Age

50 m Freestyle

- 28.63 BCHAACKMAY TYLER, Jillian, 88, CASC
- 28.76 NSDUNNUN BUCKLAND, Brooke, 89, UNAT-NS
- 28.92 ONDVITMAPR WONG, Emily, 88, NK
- 29.09 ABEKSCAPR JONES, Mackenzie, 89, CASC
- 29.12 BCHAACKMAY CHAN, Natalie, 89, UBUD
- 29.12 OC2LCAPR HORNER, Stephanie, 89, BFB
- 29.20 ONLACMAY TAN, Victoria, 88, WAC
- 29.24 OC2LCAPR GENEREUX, Andrea, 88, CAG
- 29.26 OC2LCAPR DE LAROCHELLE, Etienne, 88, ULAV
- 29.39 ONIKBMAI DILLON, Jennifer, 88, NK

100 m Freestyle

- 1:01.19 BCZAJACMAY CHAN, Natalie, 89, UBUD
- 1:01.80 ABEKSCAPR TYLER, Jillian, 88, CASC
- 1:02.87 ONESWIMJUN LACOSTE, Nicole, 88, MSSAC
- 1:03.12 BCHAACKMAY JONES, Mackenzie, 89, CASC
- 1:03.19 ABEKSCAPR TRAA, Hailee, 88, MANTA
- 1:03.76 ONDVITMAPR WONG, Emily, 88, NK
- 1:03.83 ONLACMAY HINSON, Adriana, 88, TAT
- 1:03.88 ONNEORAJUN KERR, Karen, 89, TRENT
- 1:04.45 ONLACMAY TAN, Victoria, 88, WAC
- 1:04.61 ONLUSCMAY YOUNG, Lisa, 88, NYAC

200 m Freestyle

- 2:12.53 BCDCSCAPR CHAN, Natalie, 89, UBUD
- 2:14.40 BCHAACKMAY LAVIGNA, Lauren, 89, GATOR
- 2:14.87 BCHAACKMAY JONES, Mackenzie, 89, CASC
- 2:15.09 ONLACMAY HINSON, Adriana, 88, TAT
- 2:16.38 ABEKSCAPR TRAA, Hailee, 88, MANTA
- 2:16.57 BCSCRLCFEB JOHNSON, Kathryn, 88, UBUD
- 2:16.64 ABEKSCAPR TYLER, Jillian, 88, CASC
- 2:17.11 ONESWIMJUN LACOSTE, Nicole, 88, MSSAC
- 2:18.07 BCAAANVJUN SELF, Jennifer, 89, UBUD
- 2:18.12 ONESWIMJUN CHARLES, Lindsay, 92, ESWIM

400 m Freestyle

- 4:31.40 BCZAJACMAY CHAN, Natalie, 89, UBUD
- 4:41.69 BCHAACKMAY LAVIGNA, Lauren, 89, GATOR
- 4:43.67 ONESWIMJUN LACOSTE, Nicole, 88, MSSAC
- 4:45.08 ONLACMAY HINSON, Adriana, 88, TAT
- 4:46.28 BCHAACKMAY SELF, Jennifer, 89, UBUD
- 4:46.72 PPOINVMAY HORNER, Stephanie, 89, BFB
- 4:47.27 ABEKSCAPR TRAA, Hailee, 88, MANTA
- 4:47.89 BCAAANVJUN IVANITZ, Tara, 88, VSC
- 4:48.18 BCAAANVJUN VANCE, GRIMARD, Danica, 89, HYACK
- 4:48.19 BCAAANVJUN HO, Phoebe, 88, UBUD

800 m Freestyle

- 9:17.98 BCZAJACMAY CHAN, Natalie, 89, UBUD
- 9:43.38 BCHAACKMAY VANCE, GRIMARD, Danica, 89, HYACK
- 9:45.76 BCAAANVJUN IVANITZ, Tara, 88, VSC
- 9:48.00 BCHAACKMAY SELF, Jennifer, 89, UBUD
- 9:51.26 ONLACMAY HINSON, Adriana, 88, TAT
- 9:54.23 ABEKSCAPR TRAA, Hailee, 88, MANTA
- 9:55.54 ONESWIMJUN MOHER, Olena, 88, ESWIM
- 9:56.51 ONESWIMJUN LACOSTE, Nicole, 88, MSSAC
- 9:58.84 ABEKSCAPR GROSS, Sheena, 89, EKSC
- 9:59.07 ABEKSCAPR JENKINS, Kelsey, 89, FMSC

1500 m Freestyle

- 17:55.40 BCDCSCAPR CHAN, Natalie, 89, UBUD
- 18:29.03 BCHAACKMAY LAVIGNA, Lauren, 89, GATOR
- 19:13.02 BCAAANVJUN VANCE, GRIMARD, Danica, 89, HYACK
- 19:28.64 BCDCSCAPR SELF, Jennifer, 89, UBUD
- 19:29.81 NITTSICMAY MOHER, Olena, 88, ESWIM
- 19:32.44 NITTSICMAY CHARLES, Lindsay, 92, ESWIM
- 19:36.78 BCAAANVJUN SCHMUCK, Annika, 88, PSW
- 19:42.75 BCDCSCAPR CREPNJK, Jessica, 89, PSW
- 19:45.56 BCDCSCAPR MUNRO, Lara, 88, PCSC
- 20:25.13 NSDUNNUN BRADEN, Michelle, 89, HTAC

50 m Backstroke

- 31.22 CANCWTRMAR BUCKLAND, Brooke, 89, WTSO
- 33.43 ONLACMAY TAN, Victoria, 88, WAC
- 33.60 OC2LCAPR TAILLEFER, Vanessa, 89, DDO
- 33.61 PPOINVMAY HORNER, Stephanie, 89, BFB
- 34.35 ONAACAPR POLICHT, Adrienne, 89, BFB
- 34.59 ABLEUDUCMAY KELLS, Andrea, 89, RDSC
- 34.71 BCZAJACMAY SELF, Jennifer, 89, UBUD
- 34.88 OC3LCAPR RICHER, Isabelle, 88, CNTR
- 34.91 ONAACAPR KIM, Miriam, 89, TSC
- 34.92 OC2LCAPR NEASMITH, Alicia, 89, PCSC

100 m Backstroke

- 1:06.39 BCZAJACMAY BUCKLAND, Brooke, 89, ACNS
- 1:11.09 BCSCRLCFEB KOTLOWSKI, Katie, 88, PSW
- 1:11.49 ONDVITMAPR TAN, Victoria, 88, WAC
- 1:11.69 BCHAACKMAY TYLER, Jillian, 88, CASC
- 1:12.07 BCDCSCAPR CREPNJK, Jessica, 89, PSW
- 1:12.26 BCZAJACMAY SELF, Jennifer, 89, UBUD
- 1:12.90 ONESWIMJUN POLICHT, Adrienne, 89, YORK
- 1:13.15 ONESWIMJUN HEANEY, Megan, 89, MSSAC
- 1:13.23 BCDCSCAPR LAVIGNA, Lauren, 89, GATOR
- 1:13.32 ONDVITMAPR PERCY, Meghann, 88, WAC

200 m Backstroke

- 2:26.39 CANCWTRMAR BUCKLAND, Brooke, 89, WTSO
- 2:32.26 BCZAJACMAY SELF, Jennifer, 89, UBUD
- 2:32.35 BCCKSJUN GROSS, Sheena, 89, EKSC
- 2:32.37 BCSCRLCFEB KOTLOWSKI, Katie, 88, PSW

- 2:32.65 BCDCSCAPR LAVIGNA, Lauren, 89, GATOR
- 2:33.02 NISTARJUN CRAIG, Jessica, 89, TD
- 2:34.31 ONESWIMJUN POLICHT, Adrienne, 89, YORK
- 2:35.15 ABEKSCAPR TRAA, Hailee, 88, MANTA
- 2:35.35 BCHAACKMAY TYLER, Jillian, 88, CASC
- 2:36.24 ONLACMAY TAN, Victoria, 88, WAC

50 m Breaststroke

- 35.87 OC2LCAPR BONSANT, Claudia, 89, EXCEL
- 36.27 CANCWTRMAR KIERSTEAD, Morgan, 88, AQUA
- 36.91 OC2LCAPR KEITH, Veronica, 88, RCA
- 36.91 PPOINVMAY WOLCH, Sarah, 88, PICK
- 37.08 OC2LCAPR NEASMITH, Alicia, 89, PCSC
- 37.23 OC2LCAPR LONG, Nadia, 88, DDO
- 37.24 OC2LCAPR JOHNSON, Sherelle, 88, CALAC
- 37.79 SKRODJUN KENKE, Lisa, 88, GOLD
- 37.83 OC2LCAPR MCKINNON, Sabrina, 88, CNCR
- 38.19 ONAACAPR THOMPSON, Melanie, 89, USC

100 m Breaststroke

- 1:18.44 CANCWTRMAR KIERSTEAD, Morgan, 88, AQUA
- 1:19.00 BCZAJACMAY KENKE, Lisa, 88, SC
- 1:19.00 BCHAACKMAY CREPNJK, Jessica, 89, PSW
- 1:20.61 ONDVITMAPR LONSDALE, Chantelle, 88, WAC
- 1:20.65 BCDCSCAPR NEASMITH, Alicia, 89, PCSC
- 1:21.11 ABEKSCAPR BENINGER, Stephanie, 93, CASC
- 1:21.74 BCHAACKMAY HAHTO, Tara, 89, CASC
- 1:22.98 ONDVITMAPR HINSON, Adriana, 88, TAT
- 1:23.03 ABEKSCAPR SETTERLAND, Courtney, 89, KSS
- 1:22.73 BCHAACKMAY CHAN, Natalie, 89, UBUD

200 m Breaststroke

- 2:45.72 OC2LCAPR TREMBLAY, Mireille, 89, CNCR
- 2:47.07 BCZAJACMAY CREPNJK, Jessica, 89, PSW
- 2:47.42 ABEKSCAPR KENKE, Lisa, 88, GOLD
- 2:50.13 OC2LCAPR NEASMITH, Alicia, 89, PCSC
- 2:51.15 NSSPRINVAPR KIERSTEAD, Morgan, 88, AQUA
- 2:51.52 PPOINVMAY BONSANT, Claudia, 89, EXCEL
- 2:52.70 ONDVITMAPR LONSDALE, Chantelle, 88, WAC
- 2:54.07 BCSCRLCFEB SCHMUCK, Annika, 88, PSW
- 2:54.78 PPOINVMAY WARD, Jessica, 88, PICK
- 2:55.15 ONESWIMJUN NOLAN, Caitlin, 89, CHAMP

50 m Butterfly

- 30.91 ABEKSCAPR KELLS, Andrea, 89, RDSC
- 30.92 OC2LCAPR HORNER, Stephanie, 89, BFB
- 31.32 SKRODJUN BROWN, Erika, 88, ROD
- 31.33 OC2LCAPR BLEAU, Marie-Pier, 88, CNHR
- 31.52 ONROWMAY GARDHOUSE, Sara, 88, MUSAC
- 31.74 ONLACMAY TAN, Victoria, 88, WAC
- 31.76 BCZAJACMAY BUCKLAND, Brooke, 89, ACNS
- 32.23 OC2LCAPR TAILLEFER, Vanessa, 89, DDO
- 32.26 BCZAJACMAY SELF, Jennifer, 89, UBUD
- 32.27 ABEKSTJUN MCPHEE, Laura, 88, NCSA

100 m Butterfly

- 1:08.35 BCSCRLCFEB KOTLOWSKI, Katie, 88, PSW
- 1:08.67 SKRODJUN BROWN, Erika, 88, ROD
- 1:09.30 SKRODJUN KAPUSTIANVY, Courtney, 89, LASER
- 1:09.63 BCHAACKMAY JONES, Mackenzie, 89, CASC
- 1:09.85 ONESWIMJUN HEANEY, Megan, 89, MSSAC
- 1:10.42 ONESWIMJUN KLOOSTERMAN, Rachael, 88, WD
- 1:10.84 BCAAANVJUN CHAN, Natalie, 89, UBUD
- 1:11.65 BCDCSCAPR SELF, Jennifer, 89, UBUD
- 1:11.81 NSDUNNUN BUCKLAND, Brooke, 89, UNAT-NS
- 1:12.18 ONLACMAY SERWOTKA, Dana, 88, CYPSS

200 m Butterfly

- 2:28.90 BCSCRLCFEB KOTLOWSKI, Katie, 88, PSW
- 2:32.57 SKRODJUN KAPUSTIANVY, Courtney, 89, LASER
- 2:33.18 BCAAANVJUN CHAN, Natalie, 89, UBUD
- 2:35.51 BCHAACKMAY LAVIGNA, Lauren, 89, GATOR
- 2:37.35 BCHAACKMAY JONES, Mackenzie, 89, CASC
- 2:38.74 ABEKSCAPR KELLS, Andrea, 89, RDSC
- 2:39.18 BCHAACKMAY CREPNJK, Jessica, 89, PSW
- 2:39.35 BCHAACKMAY VANCE, GRIMARD, Danica, 89, HYACK
- 2:40.23 OC2LCAPR BLEAU, Marie-Pier, 88, CNHR
- 2:42.82 ONESWIMJUN CAO, Jennifer, 89, ESWIM

200 m Ind. Medley

- 2:30.64 ONVICDAPR LAYLAND, Laura, 89, SKYAC
- 2:31.53 OC2LCAPR TREMBLAY, Mireille, 89, CNCR
- 2:31.94 BCHAACKMAY CREPNJK, Jessica, 89, PSW
- 2:32.18 BCZAJACMAY CHAN, Natalie, 89, UBUD
- 2:32.87 MBMMMAY TRAA, Hailee, 88, MANTA
- 2:34.85 BCHAACKMAY LAVIGNA, Lauren, 89, GATOR
- 2:35.35 OC2LCAPR HORNER, Stephanie, 89, BFB
- 2:35.41 ABEKSCAPR JONES, Mackenzie, 89, CASC
- 2:36.33 NSDUNNUN KIERSTEAD, Morgan, 88, AQUA
- 2:36.78 ONESWIMJUN CAO, Jennifer, 89, ESWIM

400 m Ind. Medley

- 5:19.92 BCZAJACMAY CHAN, Natalie, 89, UBUD
- 5:22.74 BCHAACKMAY CREPNJK, Jessica, 89, PSW
- 5:23.45 BCHAACKMAY LAVIGNA, Lauren, 89, GATOR
- 5:24.70 ABEKSCAPR TRAA, Hailee, 88, MANTA
- 5:26.47 NSSPRINVAPR KIERSTEAD, Morgan, 88, AQUA
- 5:28.25 ONESWIMJUN LACOSTE, Nicole, 88, MSSAC
- 5:28.28 BCAAANVJUN VANCE, GRIMARD, Danica, 89, HYACK
- 5:28.85 BCCKSJUN GROSS, Sheena, 89, EKSC
- 5:29.54 ONDVITMAPR LONSDALE, Chantelle, 88, WAC
- 5:30.86 BCSCRLCFEB SCHMUCK, Annika, 88, PSW

BOYS 13 Years of Age

50 m Freestyle

- 27.13 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 27.55 BCCKSJUN MISKINAN, Michael, 88, ORCA
- 27.65 NSDUNNUN PYLE, Marc, 89, WTSO
- 27.80 NSDUNNUN VAUGHAN, Parker, 89, DCSC
- 27.83 BCHAACKMAY WOOLDRIDGE, Glen, 89, WLB
- 28.03 ONNEORAJUN JOLETTE, Philippe, 88, TMSC
- 28.17 OC2LCAPR DOWNING, Patrick, 88, PCSC
- 28.39 NISTARJUN THOMPSON, Alex, 89, OAK
- 28.45 ONESWIMJUN KWOK, Kevin, 89, RHAC
- 28.47 OC2LCAPR FRANCIS, Charles, 88, ENC

100 m Freestyle

- 59.36 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 1:00.01 BCDCSCAPR TAPP, Jake, 88, LOSC
- 1:01.04 ONROWMAY KWOK, Kevin, 89, RHAC
- 1:01.21 NSDUNNUN PYLE, Marc, 89, WTSO
- 1:01.49 ONNEORAJUN JOLETTE, Philippe, 88, TMSC
- 1:01.67 NSDUNNUN VAUGHAN, Parker, 89, DCSC
- 1:01.65 BCSCRLCFEB DOWNING, Patrick, 88, HYACK
- 1:02.24 NISTARJUN THRALL, Sam, 89, OAK
- 1:02.47 ONIKBMAI DUMONT, Max, 89, REG
- 1:02.47 ABEKSCAPR BERRNS, Nick, 89, SK

200 m Freestyle

- 2:06.80 OC2LCAPR LALIBERTE, Renaud, 88, EXCEL
- 2:08.46 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 2:13.57 OC2LCAPR DOWNING, Patrick, 88, PCSC
- 2:14.08 BCDCSCAPR TAPP, Jake, 88, LOSC
- 2:15.03 PPOINVMAY PROVENCHER-FORGET, Pascal, 88, DDO
- 2:15.32 ABEKSCAPR BERRNS, Nick, 89, SK
- 2:15.63 NSDUNNUN PYLE, Marc, 89, WTSO
- 2:15.95 BCDCSCAPR HARTNEY, Jordan, 88, PSW
- 2:15.99 NISTARJUN THRALL, Sam, 89, OAK
- 2:16.17 ABEKSCAPR SZOO, Adam, 88, CASC

400 m Freestyle

- 4:32.30 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 4:32.86 OC2LCAPR DOWNING, Patrick, 88, PCSC
- 4:35.81 PPOINVMAY MURRAY, Francois-Pier, 89, CNDR
- 4:42.88 BCDCSCAPR TAPP, Jake, 88, LOSC
- 4:43.67 ONESWIMJUN JANIK, Matthew, 88, MSSAC
- 4:44.88 PPOINVMAY PROVENCHER-FORGET, Pascal, 88, DDO
- 4:45.47 NITTSICMAY BABI, Endi, 88, ESWIM
- 4:46.47 BCAAANVJUN BROTZKY, Ilya, 88, UBUD
- 4:47.83 ABEKSCAPR BERRNS, Nick, 89, SK
- 4:47.93 ONNEORAJUN JOLETTE, Philippe, 88, TMSC

800 m Freestyle

- 9:55.53 ABRDCSCJUN PENHALE, Sean, 88, RDSC
- 10:00.92 BCDCSCAPR GETMAN, Kyr, 89, UBUD
- 10:12.19 BCHAACKMAY TAYLOR, Ian, 88, HYACK
- 10:18.85 NSDUNNUN VAUGHAN, Parker, 89, DCSC
- 10:38.06 SKRODJUN BAILEY, Jake, 89, RAYS
- 10:49.40 ABRDCSCJUN MACSWEEN, Scott, 89, RDSC
- 10:50.44 NISTARJUN SALTZBERY, Tyler, 89, TAT
- 10:51.05 ABRNTLCJUN SANCHEZ, Gilberto, 89, OSC
- 11:03.09 ABRDCSCJUN CULLY, Mason, 88, LEDUC
- 11:12.10 BCAAANVJUN SHING, Justin, 88, GATOR

1500 m Freestyle

- 18:04.69 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 18:29.19 BCHAACKMAY BROTZKY, Ilya, 88, UBUD
- 18:48.60 BCDCSCAPR TAYLOR, Ian, 88, HYACK
- 18:51.03 ABRDCSCJUN TAPP, Jake, 88, LOSC
- 18:52.04 PPOINVMAY MURRAY, Francois-Pier, 89, CNDR
- 18:52.93 PPOINVMAY RINALDI, Christopher, 89, CAMO
- 18:54.70 ONESWIMJUN JANIK, Matthew, 88, MSSAC
- 18:56.51 BCHAACKMAY GETMAN, Kyr, 89, UBUD
- 19:04.93 ABRDCSCJUN RAVLICK, Douglas, 89, OSC
- 19:06.61 PPOINVMAY DALLAIRE, Jean-Francois, 88, EXCEL

50 m Backstroke

- 31.18 PPOINVMAY FRANCIS, Charles, 88, ENC
- 33.02 SKRODJUN RICHTER, Brett, 88, ROD
- 33.26 ABRDCSCJUN WARDLE, Derek, 88, BRSC
- 33.40 ABRDCSCJUN KIMAK, Sean, 89, GLEN
- 33.44 OC3LCAPR LEROUX, Frederic, 88, CNTR
- 33.78 PPOINVMAY LALIBERTE, Renaud, 89, EXCEL
- 33.81 MBMMMAY CAWSON, Curtis, 88, SD
- 33.93 ONAACAPR HALL, Andrew, 88, CHAMP
- 34.01 PPOINVMAY LAMOTHE, Guillaume, 88, CNNG
- 34.25 OC2LCAPR PEPELEA, Cedric-Dan, 89, PCSC

100 m Backstroke

- 1:07.15 BCDCSCAPR TAPP, Jake, 88, LOSC
- 1:07.68 ONESWIMJUN HALL, Andrew, 88, CHAMP
- 1:09.16 BCDCSCAPR HARTNEY, Jordan, 88, PSW
- 1:09.29 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 1:10.40 ONESWIMJUN ZELER, Zack, 89, WD
- 1:11.29 ABEKSCAPR RICHTER, Brett, 88, SK
- 1:11.35 ONAACAPR CUMMINGS, Cam, 88, OAK
- 1:11.41 ONAACAPR JANKOWSKI, Andrew, 88, COBRA
- 1:11.62 ABEKSCAPR CHAN, Matthew Y.C., 88, STSC
- 1:11.81 ABEKSCAPR DISTEFANO, Justin, 88, UCCS

200 m Backstroke

- 2:26.10 BCDCSCAPR HARTNEY, Jordan, 88, PSW
- 2:27.07 PPOINVMAY FRANCIS, Charles, 88, ENC
- 2:27.66 BCDCSCAPR TAPP, Jake, 88, LOSC
- 2:28.73 BCDCSCAPR BROTZKY, Ilya, 88, UBUD

- 2:29.01 ONESWIMJUN HALL, Andrew, 88, CHAMP
- 2:29.03 NITTSICMAY CUCH, Patrick, 88, ESWIM
- 2:29.17 OC2LCAPR LALIBERTE, Renaud, 88, EXCEL
- 2:30.37 ABEKSCAPR DISTEFANO, Justin, 88, UCCS
- 2:30.63 BCSCRLCFEB REDPATH, James, 88, UBUD
- 2:33.14 ABEKSCAPR CHAN, Matthew Y.C., 88, STSC

50 m Breaststroke

- 34.43 PPOINVMAY GENEREUX, Pierre-Louis, 88, CNTR
- 36.28 ONAACAPR SHOUST, Nicholas, 89, SSMAC
- 36.75 PPOINVMAY CHOQUETTE, Frederic, 89, CAMO
- 37.10 OCCAMOMAR WALDUA, Christopher, 89, CAMO
- 37.35 ONVICDAPR KRUG, Mike, 88, CYPSS
- 37.39 ONAACAPR HALL, Andrew, 88, CHAMP
- 37.72 SKRODJUN ACTON, Sam, 88, ROD
- 37.74 OC2LCAPR OCHIAI, Jason, 89, DDO
- 37.84 OC2LCAPR MENARD, Mathieu, 88, CAJA
- 38.01 ABLEUDUCMAY CULLY, Mason, 88, LEDUC

100 m Breaststroke

- 1:12.64 ONIKBMAI DUMONT, Max, 89, REG
- 1:14.81 ONDVITMAPR LAI, Alex, 88, COBRA
- 1:17.53 ABEKSCAPR YEAP, Winston, 88, OSC
- 1:17.97 NSDUNNUN PYLE, Marc, 89, WTSO
- 1:18.67 ONPNTLNAPR VERBITSKY, Pavel, 88, RAMAC
- 1:19.84 ONLUSCMAY SHOUST, Nicholas, 89, SSMAC
- 1:20.48 ONDVITMAPR SAULT, Nicholas, 89, VAC
- 1:20.58 ONVICDAPR KRUG, Mike, 88, CYPSS
- 1:20.64 ABEKSCAPR DOERKSEN, Derek, 88, CASC

200 m Breaststroke

- 2:36.48 ONIKBMAI DUMONT, Max, 89, REG
- 2:43.61 ONESWIMJUN LAI, Alex, 88, COBRA
- 2:47.55 ABEKSCAPR YEAP, Winston, 88, OSC
- 2:49.30 NSDUNNUN PYLE, Marc, 89, WTSO
- 2:50.91 OC2LCAPR GENEREUX, Pierre-Louis, 88, CNTR
- 2:52.84 ONESWIMJUN GIANNVOULOPOULOS, Anthony, 89, MAC
- 2:53.88 ONROWMAY WANG, Benjamin, 89, RHAC
- 2:54.62 ONVICDAPR KRUG, Mike, 88, CYPSS
- 2:55.39 ONESWIMJUN COLLINS, Alex, 89, TSC
- 2:55.48 ABEKSCAPR DOERKSEN, Derek, 88, CASC

50 m Butterfly

- 30.70 SKRODJUN SAGANSKI, Jeff, 89, GOLD
- 30.90 PPOINVMAY FRANCIS, Charles, 88, ENC
- 31.06 PPOINVMAY CHEMISSEY, Timour, 88, CAMO
- 31.47 OCCAMOMAR POMVINVILLE, Ugo, 89, CNTR
- 31.47 OC2LCAPR LEROUX, Frederic, 88, CNTR
- 31.48 PPOINVMAY VEZINA-LAVASSEUR, Philip, 88, CNFB
- 31.52 ONAACAPR CHOING, Daniel, 88, AAC
- 31.61 PPOINVMAY MURRAY, Francois-Pier, 89, CNDR
- 31.71 ONLACMAY EARLEY, Matthew, 89, CYPSS
- 31.91 PPOINVMAY LALIBERTE, Renaud, 89, EXCEL

100 m Butterfly

- 1:02.18 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 1:05.39 ABEKSCAPR SAGANSKI, Jeff, 89, GOLD
- 1:05.50 NITTSICMAY BABI, Endi, 88, ESWIM
- 1:05.59 BCDCSCAPR TAPP, Jake, 88, LOSC
- 1:06.86 BCDCSCAPR BROTZKY, Ilya, 88, UBUD
- 1:08.29 SKRODJUN ASCHENBRENER, Lucas, 89, ROD
- 1:09.64 ONLACMAY EARLEY, Matthew, 89, CYPSS
- 1:10.18 ONDVITMAPR CHOING, Daniel, 88, AAC
- 1:10.55 BCCKSJUN RAWLICK, Douglas, 89, OSC
- 1:10.71 ABEKSCAPR DISTEFANO, Justin, 88, UCCS

200 m Butterfly

- 2:18.97 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 2:21.66 NITTSICMAY BABI, Endi, 88, ESWIM
- 2:27.56 BCAAANVJUN BROTZKY, Ilya, 88, UBUD
- 2:29.55 PPOINVMAY LALIBERTE, Renaud, 89, EXCEL
- 2:29.84 ABEKSCAPR SAGANSKI, Jeff, 89, GOLD
- 2:31.12 BCDCSCAPR TAPP, Jake, 88, LOSC
- 2:33.25 BCDCSCAPR HARTNEY, Jordan, 88, PSW
- 2:34.51 ONLACMAY EARLEY, Matthew, 89, CYPSS
- 2:35.51 ABRDCSCJUN PENHALE, Sean, 88, RDSC
- 2:35.95 BCCKSJUN RAWLICK, Douglas, 89, OSC

200 m Ind. Medley

- 2:16.17 ONVICDAPR RIPLEY, Jon, 88, CYPSS
- 2:16.34 ONVICDAPR KRUG, Mike, 88, CYPSS
- 2:25.33 ONVICDAPR BODEN, Tim, 88, BAD
- 2:25.68 ONESWIMJUN CUCH, Patrick, 88, ESWIM
- 2:27.69 PPOINVMAY LALIBERTE, Renaud, 89, EXCEL
- 2:29.09 NSDUNNUN PYLE, Marc, 89, WTSO
- 2:29.48 BCDCSCAPR HARTNEY, Jordan, 88, PSW
- 2:31.24 PPOINVMAY MURRAY, Francois-Pier, 89, CNDR
- 2:32.68 BCDCSCAPR BROTZKY, Ilya, 88, UBUD
- 2:32.98 OC2LCAPR FRANCIS, Charles, 88, ENC

400 m Ind. Medley

- 5:03.34 ONDVITMAPR CUCH, Patrick, 88, ESWIM
- 5:09.97 PPOINVMAY LALIBERTE, Renaud, 89, EXCEL
- 5:18.07 BCDCSCAPR TAPP, Jake, 88, LOSC
- 5:21.57 ONVICDAPR BROTZKY, Ilya, 88, UBUD
- 5:23.33 OC2LCAPR DOWNING, Patrick, 88, PCSC
- 5:23.62 NITTSICMAY BABI, Endi, 88, ESWIM
- 5:29.07 NISTARJUN CUMMINGS, Cam, 88, OAK
- 5:30.00 BCCKSJUN RAWLICK, Douglas, 88, OSC
- 5:30.78 PPOINVMAY GRIFFITH, Alex, 89, PICK
- 5:33.61 NISTARJUN O'DONNELL, Sean, 88, BROCK

TOP AGE GROUP TIMES

Long Course Rankings for the period
January 1, 2002 to June 30, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 LONG COURSE TAG®

GIRLS 14 Years of Age

50 m Freestyle

1	27.46	MIDOMINOMAY GILLESPIE, Emily, 87, EOSA
2	27.51	BCHYACKMAY REIMER, Brittany, 88, SKSC
3	27.83	NSSPRINVAPR VAUGHAN, Hannah, 88, DCSC
4	27.84	ONDV2TMAPR MORDEN, Marlee, 87, BOSCC
5	27.89	ABEKSACPR POMERLEAU, Kirsten L, 87, DEL
6	27.93	ONESWIMJUN KUMENTAS, Nadia, 87, WD
7	27.97	BCHYACKMAY PASLOSKI, Lynsey, 87, WGB
8	28.17	ONESWIMJUN LEE HA, Catherine, 88, RHAC
9	28.29	ONDV1TMAPR MCADAM, Nadine, 88, TSC
10	28.43	ONESWIMJUN RICH, Whitney, 88, LAC

100 m Freestyle

1	58.74	MIDOMINOMAY GILLESPIE, Emily, 87, EOSA
2	59.52	ONDV2TMAPR MORDEN, Marlee, 87, BOSCC
3	59.58	CANCVTRMAPR POMERLEAU, Kirsten L, 87, DEL
4	59.82	BCZAJACMAY REIMER, Brittany, 88, SKSC
5	1:00.65	BCHYACKMAY PASLOSKI, Lynsey, 87, WGB
6	1:01.03	ONESWIMJUN LEE HA, Catherine, 88, RHAC
7	1:01.38	ONESWIMJUN MACLEOD, Jamie, 87, ESWM
8	1:01.48	ABEKSACPR SYMES, Katerina, 88, EKSC
9	1:01.66	BCHYACKMAY RAWLINGS, Kayla, 87, PSW
10	1:01.73	ABEKSACPR BEAUDRY, Maya, 88, UBCCD

200 m Freestyle

1	2:06.84	BCZAJACMAY REIMER, Brittany, 88, SKSC
2	2:10.85	ONNKBMAY GILLESPIE, Emily, 87, PERTH
3	2:10.94	BCZAJACMAY SCHMUCK, Anne, 87, PSW
4	2:11.87	ONESWIMJUN JELEN, Jody, 87, ESWM
5	2:12.24	ABEKSACPR BEAUDRY, Maya, 88, UBCCD
6	2:12.28	ONLACMAY MORDEN, Marlee, 87, BOSCC
7	2:13.04	BCZAJACMAY JOHNSON, Kathryn, 88, UBCCD
8	2:13.04	ONDV1TMAPR MACLEOD, Jamie, 87, ESWM
9	2:13.40	BCAAAINJVUN BEATON, Erica, 88, HYACK
10	2:14.30	BCZAJACMAY BELL, Amanda, 88, SPART

400 m Freestyle

1	4:22.75	BCZAJACMAY REIMER, Brittany, 88, SKSC
2	4:24.87	BCZAJACMAY GRIFFIN, August, 88, UBCCD
3	4:33.39	BCSRLCFEB SCHMUCK, Anne, 87, PSW
4	4:33.69	BCZAJACMAY JOHNSON, Kathryn, 88, UBCCD
5	4:37.12	BCZAJACMAY BELL, Amanda, 88, SPART
6	4:40.78	BCAAAINJVUN BEAUDRY, Maya, 88, UBCCD
7	4:40.96	ONDV1TMAPR MACLEOD, Jamie, 87, ESWM
8	4:43.18	ONDV2TMAPR MORDEN, Marlee, 87, BOSCC
9	4:44.39	BCHYACKMAY YOUNG, Glenna, 88, FMSC
10	4:44.62	ONDV1TMAPR JELEN, Jody, 87, ESWM

800 m Freestyle

1	9:01.04	BCZAJACMAY REIMER, Brittany, 88, SKSC
2	9:15.30	CANCVTRMAPR SCHMUCK, Anne, 87, PSW
3	9:19.59	BCZAJACMAY JOHNSON, Kathryn, 88, UBCCD
4	9:29.74	ABEKSACPR YOUNG, Glenna, 88, FMSC
5	9:29.90	ABEKSACPR BEAUDRY, Maya, 88, UBCCD
6	9:30.07	BCZAJACMAY BELL, Amanda, 88, SPART
7	9:42.11	ONESWIMJUN JELEN, Jody, 87, ESWM
8	9:45.71	BCSRLCFEB LEE, So Yun, 87, HYACK
9	9:48.13	ONESWIMJUN LOW, Kristen, 88, MSSAC
10	9:51.90	BCDCSCAPR GRIFFIN, August, 88, UBCCD

1500 m Freestyle

1	17:26.63	BCAAAINJVUN REIMER, Brittany, 88, SKSC
2	17:50.31	BCHYACKMAY JOHNSON, Kathryn, 88, UBCCD
3	17:57.10	BCDCSCAPR SCHMUCK, Anne, 87, PSW
4	18:39.26	NITSCCMAY MACLEOD, Jamie, 87, ESWM
5	18:40.86	BCHYACKMAY YOUNG, Glenna, 88, FMSC
6	18:44.71	BCDCSCAPR GRIFFIN, August, 88, UBCCD
7	18:52.13	BCAAAINJVUN BEAUDRY, Maya, 88, UBCCD
8	18:55.14	BCDCSCAPR RAWLINGS, Kayla, 87, PSW
9	19:31.95	SKRODJDUN DUARTE, Linda, 87, ROD
10	19:38.03	BCDCSCAPR BARBER, Britanni, 87, PSW

50 m Breaststroke

1	31.25	BCHYACKMAY KOTLOWSKI, Katie, 88, PSW
2	31.26	CANCVTRMAPR GILLESPIE, Emily, 87, PERTH
3	32.54	CANCVTRMAPR POMERLEAU, Kirsten L, 87, DEL
4	32.58	BCZAJACMAY BUCKOWSKI, Whitney, 88, BRSA
5	33.11	BCZAJACMAY HOEKSTRA, Mallory, 87, UOFA
6	33.36	BCZAJACMAY KABESH, Kim, 87, STSC
7	33.42	QC1LCAPR NGUYEN, Celia, 87, DDO
8	33.52	QC1LCAPR PULIATTI, Christina, 87, DDO
9	33.76	ONAAACAPR MCCOLEMAN, Anne-Louis, 87, BTSC
10	33.79	PPNOINVMAY DUFOR, Cecile, 88, EXCEL

100 m Breaststroke

1	1:06.96	ABEKSACPR POMERLEAU, Kirsten L, 87, DEL
2	1:07.12	MIDOMINOMAY GILLESPIE, Emily, 87, EOSA
3	1:08.85	BCZAJACMAY REIMER, Brittany, 88, SKSC
4	1:09.56	BCZAJACMAY BUCKOWSKI, Whitney, 88, BRSA
5	1:09.72	ABEKSACPR HOEKSTRA, Mallory, 87, EKSC
6	1:10.09	BCZAJACMAY SCHMUCK, Anne, 87, PSW
7	1:10.27	BCZAJACMAY KOTLOWSKI, Katie, 88, PSW
8	1:10.52	ONLACMAY RICH, Whitney, 88, LAC
9	1:10.87	ABEKSACPR SYMES, Katerina, 88, EKSC
10	1:11.07	BCHYACKMAY PASLOSKI, Lynsey, 87, WGB

200 m Breaststroke

1	2:23.08	BCHYACKMAY REIMER, Brittany, 88, SKSC
2	2:24.35	CANCVTRMAPR SCHMUCK, Anne, 87, PSW
3	2:26.24	BCZAJACMAY KOTLOWSKI, Katie, 88, PSW
4	2:30.93	ABEKSACPR GILLESPIE, Lauren, 87, EXST

5	2:30.95	BCZAJACMAY HOEKSTRA, Mallory, 87, UOFA
6	2:31.62	BCZAJACMAY BUCKOWSKI, Whitney, 88, BRSA
7	2:32.08	PPNOINVMAY DUFOR, Cecile, 88, EXCEL
8	2:32.69	QC1LCAPR FRECHETTE, Anne Marie, 87, CNB
9	2:32.90	BCCKSJUN WALKER, Lauren, 88, OSC
10	2:33.03	ONDV1TMAPR MCCOLEMAN, Anne-Louis, 87, BTSC

50 m Breaststroke

1	35.56	CANCVTRMAPR RICH, Whitney, 88, LAC
2	36.09	ONAAACAPR PLATA, Jessica, 88, OAK
3	36.18	QC1LCAPR CREVIER, Genevieve, 88, CNHR
4	36.99	ONAAACAPR LITWIN, Erin, 87, CHAMP
5	37.17	ONAAACAPR MCADAM, Nadine, 88, TSC
6	37.19	ONLACMAY LONSDALE, Chantelle, 88, IWAC
7	37.22	PPNOINVMAY DUFOR, Cecile, 88, EXCEL
8	37.30	QC1LCAPR FONTAINE, Genevieve, 88, LAVAL
9	37.73	BCZAJACMAY READY, Carleen, 87, LASC
10	38.16	ONLACMAY ROBINSON, Rachel, 87, MMST

100 m Breaststroke

1	1:15.58	MIDOMINOMAY OBAS, Katrina, 88, EOSA
2	1:16.24	ONLACMAY RICH, Whitney, 88, LAC
3	1:17.58	BCSRLCFEB SCHMUCK, Anne, 87, PSW
4	1:17.90	ONDV2TMAPR GILLESPIE, Emily, 87, PERTH
5	1:18.15	BCHYACKMAY PASLOSKI, Lynsey, 87, WGB
6	1:18.43	ABEKSACPR PIERSE, Hanna, 88, EKSC
7	1:18.65	BCAAAINJVUN RICHARDSON, Kaela, 88, VKSC
8	1:19.03	ONAAACAPR PLATA, Jessica, 88, OAK
9	1:19.49	ABEKSACPR READY, Carleen, 87, LASC
10	1:19.86	ABEKSACPR SYMES, Katerina, 88, EKSC

200 m Breaststroke

1	2:42.81	ONLACMAY RICH, Whitney, 88, LAC
2	2:44.10	BCCKSJUN PIERSE, Hanna, 88, EKSC
3	2:45.64	PPNOINVMAY CREVIER, Genevieve, 88, CNHR
4	2:45.91	MIDOMINOMAY OBAS, Katrina, 88, EOSA
5	2:46.98	BCZAJACMAY READY, Carleen, 87, LASC
6	2:48.71	BCHYACKMAY PASLOSKI, Lynsey, 87, WGB
7	2:48.84	ONESWIMJUN CHAN, Rachel, 88, MSSAC
8	2:49.07	BCAAAINJVUN RICHARDSON, Kaela, 88, VKSC
9	2:49.31	BCDCSCAPR SCHMUCK, Anne, 87, PSW
10	2:51.13	ONLACMAY LONSDALE, Chantelle, 88, IWAC

50 m Butterfly

1	30.46	PPNOINVMAY FRECHETTE, Anne Marie, 87, CNB
2	30.61	ABNCSAMAY POMERLEAU, Kirsten L, 87, DEL
3	30.89	BCZAJACMAY KOTLOWSKI, Katie, 88, PSW
4	30.91	ONLACMAY MORDEN, Marlee, 87, BOSCC
5	31.14	BCZAJACMAY RAWLINGS, Kayla, 87, PSW
6	31.48	PPNOINVMAY LEPINE, Marilou, 88, CAMO
7	31.51	BCSRLCFEB BRICE, Caitlin, 87, NRST
8	31.58	QC1LCAPR PERRON, Melissa, 88, CNBC
9	31.60	SKRODJDUN DUARTE, Linda, 87, ROD
10	31.68	QC1LCAPR CHOW, Alice, 88, PCSC

100 m Butterfly

1	1:05.42	CANCVTRMAPR GILLESPIE, Emily, 87, PERTH
2	1:06.39	ONESWIMJUN KUMENTAS, Nadia, 87, WD
3	1:06.99	BCAAAINJVUN RAWLINGS, Kayla, 87, PSW
4	1:07.10	BCZAJACMAY KOTLOWSKI, Katie, 88, PSW
5	1:07.22	ABEKSACPR KABESH, Kim, 87, STSC
6	1:07.72	BCZAJACMAY READY, Carleen, 87, LASC
7	1:07.75	ONLACMAY RICH, Whitney, 88, LAC
8	1:07.95	ONESWIMJUN RUDY, Tawnya, 87, SCAR
9	1:08.36	ABEKSACPR YOUNG, Glenna, 88, FMSC
10	1:08.37	BCAAAINJVUN REIMER, Brittany, 88, SKSC

200 m Butterfly

1	2:24.78	BCSRLCFEB RAWLINGS, Kayla, 87, PSW
2	2:26.83	BCZAJACMAY READY, Carleen, 87, LASC
3	2:28.40	MBMMIMAY ANDRUCHUK, Stefanie, 88, MANTA
4	2:28.68	ABEKSACPR YOUNG, Glenna, 88, FMSC
5	2:29.84	BCHYACKMAY JOHNSON, Kathryn, 88, UBCCD
6	2:30.15	BCAAAINJVUN KOTLOWSKI, Katie, 88, PSW
7	2:30.82	BCZAJACMAY DUARTE, Linda, 87, SK
8	2:31.60	QC1LCAPR FRECHETTE, Anne Marie, 87, CNB
9	2:31.76	ABEKSACPR KABESH, Kim, 87, STSC
10	2:31.85	BCHYACKMAY SCHMUCK, Anne, 87, PSW

200 m Ind. Medley

1	2:25.50	CANCVTRMAPR SCHMUCK, Anne, 87, PSW
2	2:26.27	ONLACMAY RICH, Whitney, 88, LAC
3	2:26.73	BCZAJACMAY REIMER, Brittany, 88, SKSC
4	2:26.77	CANCVTRMAPR GILLESPIE, Emily, 87, PERTH
5	2:30.46	BCZAJACMAY READY, Carleen, 87, LASC
6	2:31.97	BCHYACKMAY KOTLOWSKI, Katie, 88, PSW
7	2:32.15	BCHYACKMAY RAWLINGS, Kayla, 87, PSW
8	2:33.24	ONDV1TMAPR RUDY, Tawnya, 87, SCAR
9	2:34.05	QC1LCAPR PARENT, Anny, 87, PHENI
10	2:34.28	ABEKSACPR WALKER, Lauren, 88, OSC

400 m Ind. Medley

1	5:01.21	BCZAJACMAY REIMER, Brittany, 88, SKSC
2	5:06.26	BCZAJACMAY SCHMUCK, Anne, 87, PSW
3	5:14.94	CANCVTRMAPR GILLESPIE, Emily, 87, PERTH
4	5:15.88	ONESWIMJUN RICH, Whitney, 88, LAC
5	5:17.65	BCZAJACMAY READY, Carleen, 87, LASC
6	5:19.85	ONDV1TMAPR JELEN, Jody, 87, ESWM
7	5:20.62	BCDCSCAPR KOTLOWSKI, Katie, 88, PSW
8	5:22.59	ONDV1TMAPR RUDY, Tawnya, 87, SCAR
9	5:22.60	MBMMIMAY ANDRUCHUK, Stefanie, 88, MANTA
10	5:22.79	ONDV1TMAPR LAMBERT, Sacha, 88, TSC

BOYS 14 Years of Age

50 m Freestyle

1	25.94	PPNOINVMAY BOIS, Mathieu, 88, HIPPO
2	26.33	BCDCSCAPR LIM, Ki Hun, 87, UBCCD
3	26.37	ONAAACAPR CAGUIAT, Jonathan, 87, CHAMP
4	26.37	ONDV2TMAPR GOW, Ryan, 88, TRENT
5	26.37	BCCKSJUN SILVERBERG, Avi, 87, UCSC
6	26.39	BCCKSJUN WANG, Jackson, 87, DELTA
7	26.41	PPNOINVMAY SILVERBERG, Avi, 88, UCSA
8	26.43	BCHYACKMAY WOLLACH, Pascal, 87, CASC
9	26.44	ABEKSACPR GRANT, Lee, 88, UCSC
10	26.73	ABEKSACPR BETUZZI, Ray, 87, UCSC

100 m Freestyle

1	55.65	QC1LCAPR MURRAY, Nicolas, 88, DYNAM
2	56.90	BCHYACKMAY WOLLACH, Pascal, 87, CASC
3	57.54	BCDCSCAPR LIM, Ki Hun, 87, UBCCD
4	57.78	ONDV2TMAPR GOW, Ryan, 88, TRENT
5	57.81	BCCKSJUN WANG, Jackson, 87, DELTA
6	58.11	ABEKSACPR SILVERBERG, Avi, 87, UCSC
7	58.16	NSDUNNUNJUN MACAULAY, Daniel, 88, DCSC
8	58.66	ABEKSACPR BETUZZI, Ray, 87, UCSC
9	58.72	ABEKSACPR GRANT, Lee, 88, UCSC
10	58.82	ABEKSACPR GREENSHIELDS, Joel, 88, RDSCC

200 m Freestyle

1	2:02.39	QC1LCAPR MURRAY, Nicolas, 88, DYNAM
2	2:04.15	ABEKSACPR WOLLACH, Pascal, 87, CASC
3	2:05.89	ONESWIMJUN VAN DOORMAAL, Scott, 87, GMAC
4	2:07.15	ONAAACAPR GOW, Ryan, 88, TRENT
5	2:07.16	PPNOINVMAY SILVERBERG, Avi, 88, UCSA
6	2:07.24	ABEKSACPR GREENSHIELDS, Joel, 88, RDSCC
7	2:07.46	BCCKSJUN DEMCHUK, Nathan, 88, EKSC
8	2:07.76	BCCKSJUN WANG, Jackson, 87, DELTA
9	2:07.78	ABEKSACPR LOVE, Alexander, 87, SK
10	2:08.06	BCDCSCAPR LIM, Ki Hun, 87, UBCCD

400 m Freestyle

1	4:24.95	BCHYACKMAY WOLLACH, Pascal, 87, CASC
2	4:27.08	ONNEORAJUN GOW, Ryan, 88, TRENT
3	4:28.72	ABEKSACPR BETUZZI, Ray, 87, UCSC
4	4:29.72	ABEKSACPR GREENSHIELDS, Joel, 88, RDSCC
5	4:31.63	BCHYACKMAY ISIC, Davor, 88, UBCCD
6	4:32.30	ONDV1TMAPR EILATH, Adam, 87, NYAC
7	4:35.17	BCCKSJUN DEMCHUK, Nathan, 88, EKSC
8	4:35.43	BCDCSCAPR HO, Leonard, 87, HYACK
9	4:35.56	BCHYACKMAY WIGGANS, Chris, 87, UBCCD
10	4:36.53	ABRDCSCAJUN VERWEY, Matthew, 88, RDSCC

800 m Freestyle

1	9:04.10	BCHYACKMAY WOLLACH, Pascal, 87, CASC
2	9:22.09	ONNKBMAY GOW, Ryan, 88, TRENT
3	9:24.91	BCDCSCAPR ISIC, Davor, 88, UBCCD
4	9:37.19	BCHYACKMAY SZE, Matthew, 88, UBCCD
5	9:46.88	ABRDCSCAJUN VERWEY, Matthew, 88, RDSCC
6	9:50.50	BCHYACKMAY YAP-CHUNG, Kris, 87, HYACK
7	9:55.31	BCHYACKMAY INVERARITY, Max, 88, UBCCD
8	9:55.31	BCDCSCAPR GOMEZ, Inaki, 88, UBCCD
9	9:56.57	NBTMLCMAY THIBODEAU, Kyle, 87, BLAST
10	9:57.06	BCDCSCAPR WIGGANS, Chris, 87, UBCCD

1500 m Freestyle

1	17:33.19	BCHYACKMAY ISIC, Davor, 88, UBCCD
2	17:37.40	ABEKSACPR WOLLACH, Pascal, 87, CASC
3		

TOP AGE GROUP TIMES

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2002 LONG COURSE TAG®

GIRLS 15 Years of Age

50 m Freestyle

1	27.51	OC1LCAPR SAUMUR, Genevieve, 87, CAMO
2	27.69	ONDVITMAPR MITCHELL, Seanna, 87, NKB
3	27.70	CANCWTRMAR BENNETT, Allison, 87, NYAC
4	28.38	ONESWIMJUN WAKEMAN, Monica, 87, NEW
5	28.52	BCKCSJUN Ling, Faye, 86, DELTA
6	28.52	OC2LSCAPR CAMPEAU, M-Pierre, 86, HIPPO
7	28.59	BCSRLCFEB TAM, April, 86, PN
8	28.63	ONLUSCMAY SERGEANT, Erika, 87, BTSC
9	28.67	ONAACAPR ZIOLKOWSKI, Martha, 87, YORK
10	28.69	BCHYACKMAY TAYLOR, Sabrina, 86, HYACK

100 m Freestyle

1	59.33	CANCWTRMAR BENNETT, Allison, 87, NYAC
2	59.76	CANCWTRMAR SAUMUR, Genevieve, 87, CAMO
3	1:00.11	CANCWTRMAR MITCHELL, Seanna, 87, NKB
4	1:01.11	BCZAJACMAY TAYLOR, Sabrina, 86, HYACK
5	1:01.13	OC2LSCAPR HACKETT, Shannon, 86, UBCCD
6	1:01.37	QC1LCAPR FILIATEAUX-VELLEUX, Pamela, 86, RCA
7	1:01.65	CANCWTRMAR WISE, Laura, 86, TO
8	1:01.67	ONESWIMJUN LAU, Jessica, 87, SCAR
9	1:01.71	ONNEORAJUN SERGEANT, Erika, 87, BTSC
10	1:01.90	MBMMIMMAY MONKMAN, Tiffany, 86, MANTA

200 m Freestyle

1	2:06.88	CANCWTRMAR HACKETT, Shannon, 86, UBCCD
2	2:08.90	BCSRLCFEB LENCOC, Taryn, 86, UBCCD
3	2:09.23	CANCWTRMAR BENNETT, Allison, 87, NYAC
4	2:09.52	OC1LCAPR SAUMUR, Genevieve, 87, CAMO
5	2:10.39	NSDUNJUN HALEY, Bevan, 87, WTSC
6	2:11.02	ABEKSCAPR NORTON, Thea, 86, OSC
7	2:11.86	CANCWTRMAR WISE, Laura, 86, TO
8	2:11.87	ONESWIMJUN JELEN, Jody, 87, ESWMJ
9	2:12.20	QC1LCAPR FILIATEAUX-VELLEUX, Pamela, 86, RCA
10	2:12.65	ONDVITMAPR MITCHELL, Seanna, 87, NKB

400 m Freestyle

1	4:21.09	CANCWTRMAR HACKETT, Shannon, 86, UBCCD
2	4:22.84	BCSRLCFEB LENCOC, Taryn, 86, UBCCD
3	4:28.39	CANCWTRMAR HALEY, Bevan, 87, WTSC
4	4:33.87	BCZAJACMAY NORTON, Thea, 86, UOFA
5	4:34.03	CANCWTRMAR DUDAR, Elyse, 86, TO
6	4:34.92	CANCWTRMAR KREMER, Avery, 86, UASC
7	4:35.09	CANCWTRMAR POMAIZL, Valerie, 86, NRST
8	4:36.81	BCSRLCFEB RUSH, Kelsey, 86, WVOSC
9	4:37.07	BCSRLCFEB GOODRIDGE, Darcy, 86, UBCCD
10	4:37.61	QC1LCAPR FILIATEAUX-VELLEUX, Pamela, 86, RCA

800 m Freestyle

1	9:00.24	CANCWTRMAR HACKETT, Shannon, 86, UBCCD
2	9:01.87	BCSRLCFEB LENCOC, Taryn, 86, UBCCD
3	9:05.84	CANCWTRMAR HALEY, Bevan, 87, WTSC
4	9:08.63	CANCWTRMAR DUDAR, Elyse, 86, TO
5	9:23.91	CANCWTRMAR NORTON, Thea, 86, UASC
6	9:26.46	CANCWTRMAR POMAIZL, Valerie, 86, NRST
7	9:31.19	BCSRLCFEB GOODRIDGE, Darcy, 86, UBCCD
8	9:33.68	ABEKSCAPR KREMER, Avery, 86, OSC
9	9:38.60	ONESWIMJUN CHAPPELLE, Danielle, 86, LAC
10	9:39.07	ONESWIMJUN LONG, Amanda, 87, LAC

1500 m Freestyle

1	17:24.26	ONESWIMJUN DUDAR, Elyse, 86, TO
2	17:58.06	BCCDSCAPR GOODRIDGE, Darcy, 86, UBCCD
3	18:27.79	BCHYACKMAY STARRATT, Carol, 87, CASC
4	21:42.18	BCAAINJUN ENGESETH, Jodie, 87, HYACK

50 m Backstroke

1	30.60	CANCWTRMAR BARTLETT, Melissa, 86, CYPES
2	31.40	CANCWTRMAR SMITH, Katelyn, 86, TO
3	31.46	MBMMIMMAY YESTRAU, Landice, 87, MM
4	31.82	CANCWTRMAR MCILLROY, Kristin, 86, TO
5	32.37	CANCWTRMAR SAUMUR, Genevieve, 87, CAMO
6	32.39	ONLACMAY HUBERT, Alyssa, 87, CYPES
7	32.45	BCZAJACMAY ASPINALL, Jessica, 87, RAC
8	32.92	ONLACMAY MACLAUCHLAN, Jenn, 87, NEW
9	32.93	SKRODJUN SILZER, Elyse, 87, ROD
10	33.54	QC1LCAPR ROSS, Carolyn, 87, CAMO

100 m Backstroke

1	1:06.14	CANCWTRMAR BARTLETT, Melissa, 86, CYPES
2	1:06.52	CANCWTRMAR SMITH, Katelyn, 86, TO
3	1:07.36	CANCWTRMAR MCILLROY, Kristin, 86, TO
4	1:07.62	MBMMIMMAY YESTRAU, Landice, 87, MM
5	1:07.89	ONDVITMAPR HUBERT, Alyssa, 87, CYPES
6	1:08.02	ONLACMAY JACKSON, Hilary, 86, STARS
7	1:10.13	ABEKSCAPR STARRATT, Carol, 87, CASC
8	1:10.15	BCZAJACMAY SILZER, Elyse, 87, SK
9	1:10.29	ONAACAPR WISE, Laura, 86, COBRA
10	1:10.39	ONDVITMAPR SADLER, Christine, 87, MAC

200 m Backstroke

1	2:22.65	CANCWTRMAR WISE, Laura, 86, TO
2	2:24.02	CANCWTRMAR MCILLROY, Kristin, 86, TO
3	2:24.55	CANCWTRMAR BARTLETT, Melissa, 86, CYPES
4	2:25.71	CANCWTRMAR SMITH, Katelyn, 86, TO
5	2:26.68	MBMMIMMAY YESTRAU, Landice, 87, MM
6	2:27.05	CANCWTRMAR RUSH, Kelsey, 86, WVOSC
7	2:27.23	CANCWTRMAR SAUMUR, Genevieve, 87, CAMO

8	2:27.71	ONESWIMJUN JACKSON, Hilary, 86, STARS
9	2:27.80	ONDVITMAPR HUBERT, Alyssa, 87, CYPES
10	2:27.86	BCZAJACMAY SILZER, Elyse, 87, SK

50 m Breaststroke

1	35.00	BCSRLCFEB JONHSON, Haylee, 86, UBCCD
2	35.06	CANCWTRMAR MANGE, Michelle, 87, UBCCD
3	36.05	CANCWTRMAR LABBETT, Kim, 87, OAK
4	36.28	CANCWTRMAR LAKATOS, Nikki, 87, OAK
5	36.53	ABEKSTJUN HENDRICK, Elizabeth, 87, NCSA
6	36.70	ONAACAPR BECK, Casey, 87, COBRA
7	36.84	ONAACAPR MCCABE, Allison, 87, STSC
8	37.68	BCZAJACMAY WILLIAMS, Dana, 87, STSC
9	37.90	POINVMAY KASTNER, Jasmine, 87, DDO
10	38.03	ONLACMAY ENGS, Elizabeth, 87, CAJ

100 m Breaststroke

1	1:15.62	BCSRLCFEB JONHSON, Haylee, 86, UBCCD
2	1:15.79	CANCWTRMAR LAKATOS, Nikki, 87, OAK
3	1:16.20	CANCWTRMAR LABBETT, Kim, 87, OAK
4	1:16.67	BCZAJACMAY MANGE, Michelle, 87, UBCCD
5	1:16.91	CANCWTRMAR TIMMONS, Kelly, 86, UASC
6	1:18.14	ABEKSCAPR WILLIAMS, Dana, 87, STSC
7	1:18.75	ONDVITMAPR ENGS, Elizabeth, 87, CAJ
8	1:19.57	ONPNTLNAPR BECK, Casey, 87, COBRA
9	1:19.62	ONESWIMJUN NGUYEN, Ouyh, 86, MSSAC
10	1:19.86	ONESWIMJUN WILLIAMS, Amanda, 86, NEW

200 m Breaststroke

1	2:38.06	CANCWTRMAR MANGE, Michelle, 87, UBCCD
2	2:42.06	BCSRLCFEB JONHSON, Haylee, 86, UBCCD
3	2:44.87	CANCWTRMAR TIMMONS, Kelly, 86, UASC
4	2:45.63	CANCWTRMAR LABBETT, Kim, 87, OAK
5	2:47.87	CANCWTRMAR LAKATOS, Nikki, 87, OAK
6	2:48.44	ONESWIMJUN WILLIAMS, Amanda, 86, NEW
7	2:48.65	ONDVITMAPR MCCABE, Allison, 87, STSC
8	2:49.81	ABEKSCAPR WILLIAMS, Dana, 87, STSC
9	2:50.92	ONESWIMJUN BECK, Casey, 87, COBRA
10	2:51.89	BCHYACKMAY STARRATT, Carol, 87, CASC

50 m Butterfly

1	29.10	CANCWTRMAR SAUMUR, Genevieve, 87, CAMO
2	29.86	OCALACAPR HODGSON, Jennifer, 87, PCSC
3	29.93	BCZAJACMAY HACKETT, Shannon, 86, UBCCD
4	30.16	CANCWTRMAR SMITH, Katelyn, 86, TO
5	30.56	ONORWIMY SCOTT, Britney, 86, ROW
6	30.83	NBTMLCMAY BLAKNEY, Tara, 87, CVAC
7	30.95	MBMMIMMAY MOORS, Kimberly, 86, MM
8	31.07	ONLACMAY JULIEN, Heather, 87, LAC
9	31.24	ONLACMAY HUBERT, Alyssa, 87, CYPES
10	31.40	ABEKSTJUN HENDRICK, Elizabeth, 87, NCSA

100 m Butterfly

1	1:06.03	ONDVITMAPR SCOTT, Britney, 86, ROW
2	1:06.66	BCZAJACMAY HACKETT, Shannon, 86, UBCCD
3	1:06.67	CANCWTRMAR SAUMUR, Genevieve, 87, CAMO
4	1:06.79	CANCWTRMAR KREMER, Avery, 86, UASC
5	1:06.80	QC1LCAPR HODGSON, Jennifer, 87, PCSC
6	1:06.85	ONESWIMJUN DUDAR, Elizabeth A, 86, MSSAC
7	1:07.10	ONPNTLNAPR SMITH, Katelyn, 86, COBRA
8	1:07.17	BCHYACKMAY DOWNING, Mackenzie, 86, WGB
9	1:07.55	QC1LCAPR GERMAIN, Allyson, 87, ULAV
10	1:07.72	ONESWIMJUN MARION, Ashley, 87, LAC

200 m Butterfly

1	2:24.21	BCSRLCFEB HACKETT, Shannon, 86, UBCCD
2	2:25.11	ONESWIMJUN DUDAR, Elizabeth A, 86, MSSAC
3	2:25.65	CANCWTRMAR HALEY, Bevan, 87, WTSC
4	2:27.10	QC1LCAPR HODGSON, Jennifer, 87, PCSC
5	2:27.26	ONDVITMAPR SCOTT, Britney, 86, ROW
6	2:27.35	ONESWIMJUN JULIEN, Heather, 87, LAC
7	2:28.48	BCHYACKMAY JACK, Ally, 86, CASC
8	2:28.76	CANCWTRMAR KREMER, Avery, 86, UASC
9	2:29.06	QC1LCAPR GERMAIN, Allyson, 87, ULAV
10	2:29.95	ABEKSCAPR NORTON, Thea, 86, OSC

200 m Ind. Medley

1	2:22.78	CANCWTRMAR TIMMONS, Kelly, 86, UASC
2	2:28.01	CANCWTRMAR POMAIZL, Valerie, 86, NRST
3	2:28.07	CANCWTRMAR NORTON, Thea, 86, UASC
4	2:29.92	ONLACMAY MARION, Ashley, 87, LAC
5	2:29.94	BCSRLCFEB MANGE, Michelle, 87, UBCCD
6	2:29.99	QC1LCAPR HODGSON, Jennifer, 87, PCSC
7	2:30.10	CANCWTRMAR SAUMUR, Genevieve, 87, CAMO
8	2:30.16	ONPNTLNAPR SMITH, Katelyn, 86, COBRA
9	2:30.24	MBMMIMMAY YESTRAU, Landice, 87, MM
10	2:30.65	NSDUNJUN HALEY, Bevan, 87, WTSC

400 m Ind. Medley

1	5:05.71	CANCWTRMAR TIMMONS, Kelly, 86, UASC
2	5:06.68	BCSRLCFEB MANGE, Michelle, 87, UBCCD
3	5:08.89	CANCWTRMAR NORTON, Thea, 86, UASC
4	5:11.97	NSDUNJUN HALEY, Bevan, 87, WTSC
5	5:17.64	ONLACMAY MARION, Ashley, 87, LAC
6	5:19.36	CANCWTRMAR JONHSON, Haylee, 86, UBCCD
7	5:19.78	QC1LCAPR HODGSON, Jennifer, 87, PCSC
8	5:19.85	ONDVITMAPR JELEN, Jody, 87, ESWMJ
9	5:20.36	ONESWIMJUN WAKEMAN, Monica, 87, NEW
10	5:20.56	ABEKSCAPR KREMER, Avery, 86, OSC

BOYS 15 Years of Age

50 m Freestyle

1	25.80	QC1LCAPR NEWMAN, Wesley, 86, DDO
2	25.99	QC2LSCAPR LALIBERTE, Marc, 86, EXCEL
3	26.21	ONDVITMAPR POSTHUMUS, Steven, 87, TBT
4	26.26	ONLACMAY KURTZER, Mark, 87, NEW
5	26.27	ONNEORAJUN BYRNE, Jeff, 87, SSMAC
6	26.41	ABEKSTMAR TSO, Darren, 87, LASC
7	26.44	QC3LSCAPR BRILLANT, Etienne, 86, CNDR
8	26.48	ONNEORAJUN HURD, Zachary, 86, BTSC
9	26.54	BCZAJACMAY JACKS, Greer, 86, IS
10	26.62	QC1LCAPR MILOT, David, 87, PCSC

100 m Freestyle

1	55.65	QC1LCAPR NEWMAN, Wesley, 86, DDO
2	56.05	ONLACMAY KURTZER, Mark, 87, NEW
3	56.61	QC2LSCAPR LALIBERTE, Marc, 86, EXCEL
4	57.03	ONAACAPR MONACO, Marco, 86, OAK
5	57.11	BCZAJACMAY DEROCHIE, Matthew, 86, BRSA
6	57.18	QC3LSCAPR BRILLANT, Etienne, 86, CNDR
7	57.37	BCZAJACMAY JACKS, Greer, 86, IS
8	57.48	ABEKSCAPR MCKNIGHT, James, 87, GOLD
9	57.61	ONNEORAJUN BYRNE, Jeff, 87, SSMAC
10	57.67	ONDVITMAPR CARL, Christian, 87, TBT

200 m Freestyle

1	2:00.73	QC1LCAPR PROVENCHER-FORGET, David, 86, DDO
2	2:00.88	QC2LSCAPR LALIBERTE, Marc, 86, EXCEL
3	2:01.28	ONESWIMJUN KURTZER, Mark, 87, NEW
4	2:03.07	QC1LCAPR NEWMAN, Wesley, 86, DDO
5	2:03.78	BCSRLCFEB MONK, James, 86, UBCCD
6	2:04.01	ONLUSCMAY HURD, Zachary, 86, BTSC
7	2:05.20	BCZAJACMAY MCKNIGHT, James, 87, SK
8	2:05.47	BCHYACKMAY NG, Norman, 86, HYACK
9	2:06.11	ONKMBMAY CONNERTY, Brandon, 87, BRANT
10	2:06.40	QC1LCAPR LACHANCE-FORTIN, Aubert, 87, ULAV

400 m Freestyle

1	4:17.56	ONLACMAY KURTZER, Mark, 87, NEW
2	4:18.60	BCSRLCFEB MONK, James, 86, UBCCD
3	4:20.04	QC1LCAPR PROVENCHER-FORGET, David, 86, DDO
4	4:21.80	ONDVITMAPR ACKROYD, Colin, 86, AAC
5	4:24.63	ONNEORAJUN HURD, Zachary, 86, BTSC
6	4:24.67	BCZAJACMAY CUTHBERT, Jens, 86, UBCCD
7	4:24.74	ONLACMAY BENTO, Chris, 87, LAC
8	4:25.71	ONESWIMJUN NIEDZIELSKI, Nelson, 87, MSSAC
9	4:26.80	BCHYACKMAY REID, Brad, 86, HYACK
10	4:26.92	BCHYACKMAY WAGNER, Andrew, 86, UBCCD

800 m Freestyle

1	8:59.99	BCHYACKMAY CUTHBERT, Jens, 86, UBCCD
2	9:09.33	BCHYACKMAY QUINLAN, Edward, 86, UBCCD
3	9:12.90	BCHYACKMAY WAGNER, Andrew, 86, UBCCD
4	9:19.48	BCAAINJUN HU, Leonard, 87, HYACK
5	9:34.26	BCHYACKMAY MINSTER, Dan, 86, UBCCD
6	9:40.45	BCAAINJUN NG, Norman, 86, HYACK
7	10:42.96	BCAAINJUN CHEW, Ryan, 86, HYACK
8	11:57.46	BCAAINJUN MAROIS, Sebastian, 87, SRSC

1500 m Freestyle

1	17:03.97	BCSRLCFEB MONK, James, 86, UBCCD
2	17:11.83	BCZAJACMAY CUTHBERT, Jens, 86, UBCCD
3	17:26.94	ONESWIMJUN NIEDZIELSKI, Nelson, 87, MSSAC
4	17:29.72	ONESWIMJUN MIDGLEY, Andrew, 87, LAC
5	17:31.24	BCZAJACMAY REID, Brad, 86, HYACK
6	17:41.69	ONNEORAJUN HURD, Zachary, 86, BTSC
7	17:47.00	ONLACMAY BENTO, Chris, 87, LAC
8	17:48.02	BCCDSCAPR QUINLAN, Edward, 86, UBCCD
9	17:53.10	ONESWIMJUN WHITE, Kyle, 87, MSSAC
10	17:54.48	BCHYACKMAY NG, Norman, 86, HYACK

50 m Backstroke

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2002 LONG COURSE TAG®

GIRLS 16 Years of Age

50 m Freestyle

- 26.51 CANCWTRMAR PORENTA, Jennifer, 85, TO
- 26.87 CANCWTRMAR BECKERBERGER, Jennifer, 86, AAC
- 26.91 BCZAJACMAY KARDASH, Erin, 85, MM
- 27.56 BCZAJACMAY NG, Jennifer, 85, UBUD
- 27.65 CANCWTRMAR VANGODOEVER, Elsa, 85, NCSA
- 27.71 MIDOMINOMAY SHOUST, Andrea, 85, SSMAC
- 27.74 BCZAJACMAY KARDASH, Diane, 85, MM
- 28.04 BCZAJACMAY LOCK, Jenny, 85, COMOX
- 28.18 CANCWTRMAR ZVIJERAC, Mila, 85, HYACK
- 28.20 ABEKSCAPR SANDULAK, Danielle, 86, EKSC

100 m Freestyle

- 57.52 CANCWTRMAR PORENTA, Jennifer, 85, TO
- 58.09 CANCWTRMAR KARDASH, Erin, 85, MM
- 58.66 CANCWTRMAR BECKERBERGER, Jennifer, 86, AAC
- 59.22 BCZAJACMAY NG, Jennifer, 85, UBUD
- 1:00.21 ONESWIMJUN LACOSTE, Nathalie, 85, MSSAC
- 1:00.36 CANCWTRMAR KARDASH, Diane, 85, MM
- 1:00.39 CANCWTRMAR VANGODOEVER, Elsa, 85, NCSA
- 1:00.40 ONAACAPR SHOUST, Andrea, 85, SSMAC
- 1:00.43 CANCWTRMAR DOODY, Hayley, 85, UCSA
- 1:00.47 OC1LCAPR BABB, Caitlin, 86, DDO

200 m Freestyle

- 2:08.00 CANCWTRMAR PORENTA, Jennifer, 85, TO
- 2:08.78 ONESWIMJUN LACOSTE, Nathalie, 85, MSSAC
- 2:09.00 CANCWTRMAR DOODY, Hayley, 85, UCSA
- 2:09.07 CANCWTRMAR LENCOE, Taryn, 86, UBUD
- 2:09.71 CANCWTRMAR SIUDA, Kathy, 85, ROW
- 2:09.71 OC1LCAPR GUAY-RACINE, Julia, 86, CAMO
- 2:09.78 BCZAJACMAY LOCK, Jenny, 85, COMOX
- 2:09.93 MBMMIMAY KARDASH, Erin, 85, MM
- 2:10.14 ONAACAPR BECKERBERGER, Jennifer, 86, AAC
- 2:10.42 OC1LCAPR BABB, Caitlin, 86, DDO

400 m Freestyle

- 4:23.38 BCZAJACMAY LENCOE, Taryn, 86, UBUD
- 4:23.56 BCZAJACMAY JELINEK, Courtney, 85, CHENA
- 4:24.26 CANCWTRMAR LACOSTE, Nathalie, 85, TO
- 4:25.81 CANCWTRMAR SIUDA, Kathy, 85, ROW
- 4:28.81 CANCWTRMAR DOODY, Hayley, 85, UCSA
- 4:34.53 BCHYACKMAY GOODRIDGE, Darcy, 86, UBUD
- 4:37.50 BCHYACKMAY CORMACK, Stacy, 86, CASC
- 4:38.15 OC1LCAPR GUAY-RACINE, Julia, 86, CAMO
- 4:39.54 BCZAJACMAY BLOCK, Carmen, 86, BRSA
- 4:39.71 BCZAJACMAY JONHSON, Haylee, 86, UBUD

800 m Freestyle

- 8:55.11 BCZAJACMAY LENCOE, Taryn, 86, UBUD
- 9:07.54 CANCWTRMAR LACOSTE, Nathalie, 85, TO
- 9:15.67 BCZAJACMAY GOODRIDGE, Darcy, 86, UBUD
- 9:23.31 BCZAJACMAY DOODY, Hayley, 85, UCSA
- 9:34.84 BCZAJACMAY BLOCK, Carmen, 86, BRSA
- 9:34.99 ONESWIMJUN COOPER, Brittany, 86, LAC
- 9:39.61 BCZAJACMAY BIGELOW, Stephanie, 86, IS
- 9:40.51 BCZAJACMAY BAYLISS, Lynette, 85, UCSA
- 9:40.79 BCZAJACMAY HASLUND, Krista, 86, SK
- 9:40.99 ONESWIMJUN FOWLER, Stephanie, 86, LAC

1500 m Freestyle

- 17:24.15 ONESWIMJUN LACOSTE, Nathalie, 85, MSSAC
- 17:38.12 BCHYACKMAY GOODRIDGE, Darcy, 86, UBUD
- 17:58.92 BCHYACKMAY CORMACK, Stacy, 86, CASC
- 18:38.81 BCCDSCAPR GRAHAM, Jaime, 85, UBUD
- 19:10.12 SKRODJUN HASLUND, Krista, 86, ROD
- 19:13.52 ONIKBMAY STEVENS, Erin, 86, NKB
- 19:23.03 SKRODJUN HOEVING, Ashley, 85, ROD
- 19:26.29 BCCDSCAPR TAYLOR, Kimberly, 86, UBUD
- 19:30.57 BCCDSCAPR MURTON, Whitney, 85, UBUD
- 20:37.02 BCCDSCAPR WHEATLEY, Megan, 85, CHENA

50 m Backstroke

- 30.45 CANCWTRMAR KUBAS, Hanna, 85, UASC
- 31.19 ONAACAPR SHOUST, Andrea, 85, SSMAC
- 31.26 BCZAJACMAY KARDASH, Erin, 85, MM
- 31.31 CANCWTRMAR BEAULIEU, Randi, 85, TO
- 31.59 CANCWTRMAR BRAND, Noemie, 86, PCSC
- 31.77 BCZAJACMAY HOANG, Tina, 85, HYACK
- 31.90 ONAACAPR BECKERBERGER, Jennifer, 86, AAC
- 32.21 CANCWTRMAR GUAY-RACINE, Julia, 86, CAMO
- 32.55 CANCWTRMAR KARDASH, Diane, 85, MM
- 33.38 BCHYACKMAY BRYAN, Kimberley, 86, WLB

100 m Backstroke

- 1:04.31 CANCWTRMAR KUBAS, Hanna, 85, UASC
- 1:06.29 ONESWIMJUN SMITH, Katelyn, 86, COBRA
- 1:06.32 CANCWTRMAR BEAULIEU, Randi, 85, TO
- 1:06.40 CANCWTRMAR KARDASH, Erin, 85, MM
- 1:06.54 MIDOMINOMAY SHOUST, Andrea, 85, SSMAC
- 1:07.05 ONESWIMJUN BRAND, Noemie, 86, PCSC
- 1:07.57 BCZAJACMAY BAYLISS, Lynette, 85, UCSA
- 1:08.24 BCZAJACMAY HOANG, Tina, 85, HYACK
- 1:08.44 OC1LCAPR ROSS, Stephanie, 86, CAMO
- 1:08.64 ONDV2TMAPR NEMETH, Kelsey, 86, AAC

200 m Backstroke

- 2:23.10 BCZAJACMAY KUBAS, Hanna, 85, UOFA
- 2:23.12 CANCWTRMAR BAYLISS, Lynette, 85, UCSA
- 2:23.73 ONAACAPR SHOUST, Andrea, 85, SSMAC
- 2:24.74 ONESWIMJUN BEAULIEU, Randi, 85, MSSAC

50 m Breaststroke

- 33.04 CANCWTRMAR WAGNER, Tamara, 85, ROW
- 34.06 CANCWTRMAR ZVIJERAC, Mila, 85, HYACK
- 34.47 CANCWTRMAR BECKERBERGER, Jennifer, 86, AAC
- 34.67 CANCWTRMAR HIRSCH, Kimberley, 85, STSC
- 35.20 ONROWMAY DJ, CRESECE, Christine, 85, RHAC
- 35.27 CANCWTRMAR HEATH, Brooke, 85, TAT
- 36.28 MBMMIMAY KARDASH, Erin, 85, MM
- 36.33 ONAACAPR SUN, Stephanie, 85, TD
- 36.67 BCSRLCFEB LOCK, Jenny, 85, COMOX
- 36.92 ONAACAPR TRACY, Sasha, 86, USC

100 m Breaststroke

- 1:11.83 CANCWTRMAR WAGNER, Tamara, 85, ROW
- 1:14.99 CANCWTRMAR HIRSCH, Kimberley, 85, STSC
- 1:15.15 CANCWTRMAR ZVIJERAC, Mila, 85, HYACK
- 1:16.49 BCZAJACMAY JONHSON, Haylee, 86, UBUD
- 1:16.76 OC1LCAPR DARSIGNY, Joan, 85, CNB
- 1:17.30 ONLACMAY HEATH, Brooke, 85, TAT
- 1:18.13 OC2LCAPR RATTLE, Marie-Pier, 86, MEGO
- 1:18.34 BCZAJACMAY LOCK, Jenny, 85, COMOX
- 1:18.97 BCZAJACMAY MATTE, Ashley, 85, PGB
- 1:19.02 ABRDSCJUN MACDONALD, Heather, 86, EDSON

200 m Breaststroke

- 2:40.70 CANCWTRMAR WAGNER, Tamara, 85, ROW
- 2:41.10 BCZAJACMAY JONHSON, Haylee, 86, UBUD
- 2:45.36 BCZAJACMAY MATTE, Ashley, 85, PGB
- 2:46.34 BCZAJACMAY HIRSCH, Kimberley, 85, STSC
- 2:48.64 ABLEDUCMAY BALLANTYNE, Amy, 85, PGB
- 2:49.97 ONDV2TMAPR BECKERBERGER, Jennifer, 86, AAC
- 2:50.10 OC1LCAPR DARSIGNY, Joan, 85, CNB
- 2:51.07 OC2LCAPR RATTLE, Marie-Pier, 86, MEGO
- 2:55.13 BCZAJACMAY CLARKE, Mackenzie, 86, BRSA
- 2:55.28 NSDUJUNJUN BROWN, Jennifer, 86, TCSC

50 m Butterfly

- 28.53 CANCWTRMAR PORENTA, Jennifer, 85, TO
- 29.03 CANCWTRMAR DOODY, Hayley, 85, UCSA
- 29.37 CANCWTRMAR VANGODOEVER, Elsa, 85, NCSA
- 29.41 CANCWTRMAR O'KELLY, Orliagh, 85, UASC
- 29.48 ONAACAPR NEMETH, Kelsey, 86, AAC
- 29.69 CANCWTRMAR BECKERBERGER, Jennifer, 86, AAC
- 29.76 CANCWTRMAR GUAY-RACINE, Julia, 86, CAMO
- 30.01 MBMMIMAY KARDASH, Erin, 85, MM
- 30.31 BCZAJACMAY NG, Jennifer, 85, UBUD
- 30.32 ONAACAPR HOLMES, Blair, 86, COBRA

100 m Butterfly

- 1:03.72 CANCWTRMAR GUAY-RACINE, Julia, 86, CAMO
- 1:04.29 CANCWTRMAR DOODY, Hayley, 85, UCSA
- 1:04.68 CANCWTRMAR O'KELLY, Orliagh, 85, UASC
- 1:06.66 ONESWIMJUN SMITH, Katelyn, 86, COBRA
- 1:06.95 ONESWIMJUN HOLMES, Blair, 86, COBRA
- 1:07.04 CANCWTRMAR NICHOLLS, Stephanie, 85, PN
- 1:07.09 CANCWTRMAR SIUDA, Kathy, 85, ROW
- 1:07.24 OC2LCAPR PERREAU, Patricia, 86, CNCB
- 1:07.39 NSDUJUNJUN LONGOBARDI, Amy, 86, HTAC
- 1:07.40 OC1LCAPR RATTI, Anne-Marie, 86, ULAV

200 m Butterfly

- 2:22.42 CANCWTRMAR O'KELLY, Orliagh, 85, UASC
- 2:23.37 CANCWTRMAR GUAY-RACINE, Julia, 86, CAMO
- 2:25.54 NSDUJUNJUN LONGOBARDI, Amy, 86, HTAC
- 2:26.40 ONESWIMJUN COOPER, Brittany, 86, LAC
- 2:28.74 ONESWIMJUN HOLMES, Blair, 86, COBRA
- 2:30.63 BCZAJACMAY BIGELOW, Stephanie, 86, IS
- 2:30.87 BCZAJACMAY CLOAK, Brianna, 86, IS
- 2:31.57 BCCDSCAPR GRAHAM, Jaime, 85, UBUD
- 2:31.58 CANCWTRMAR NEMETH, Kelsey, 86, AAC
- 2:32.38 CANCWTRMAR JOBSE, Cindy, 85, MAMTA

200 m Ind. Medley

- 2:25.09 CANCWTRMAR SIUDA, Kathy, 85, ROW
- 2:27.96 CANCWTRMAR NICHOLLS, Stephanie, 85, PN
- 2:27.97 OC1LCAPR GUAY-RACINE, Julia, 86, CAMO
- 2:28.18 ONLACMAY COOPER, Brittany, 86, LAC
- 2:28.34 ONESWIMJUN HOLMES, Blair, 86, COBRA
- 2:28.82 OC1LCAPR BABB, Caitlin, 86, DDO
- 2:29.19 ABEKSCAPR SANDULAK, Danielle, 86, EKSC
- 2:29.31 ABEKSCAPR HAGEL, Ashley, 86, LASC
- 2:29.60 ONDV2TMAPR CLOUTIER, Kristin, 86, CAJ
- 2:30.04 ONESWIMJUN LACOSTE, Nathalie, 85, MSSAC

400 m Ind. Medley

- 5:11.50 CANCWTRMAR SIUDA, Kathy, 85, ROW
- 5:12.95 ONESWIMJUN COOPER, Brittany, 86, LAC
- 5:13.01 CANCWTRMAR DOODY, Hayley, 85, UCSA
- 5:13.50 BCZAJACMAY BLOCK, Carmen, 86, BRSA
- 5:15.51 CANCWTRMAR LACOSTE, Nathalie, 85, TO
- 5:16.19 BCZAJACMAY BIGELOW, Stephanie, 86, IS
- 5:17.35 CANCWTRMAR NICHOLLS, Stephanie, 85, PN
- 5:20.33 BCZAJACMAY SANDULAK, Danielle, 86, UOFA
- 5:21.24 CANCWTRMAR BAYLISS, Lynette, 85, UCSA
- 5:22.52 OC1LCAPR BABB, Caitlin, 86, DDO

BOYS 16 Years of Age

50 m Freestyle

- 24.94 ABEKSTMAR GILLESPIE, Kevin, 85, EXST
- 25.16 NSDUJUNJUN YOUNG, Doug, 85, SWAT
- 25.16 CANCWTRMAR BAIRD, Colin, 85, UNB
- 25.20 ABEKSTMAR HORTNESS, Richard, 85, AMAC
- 25.31 ONDV2TMAPR CHAN, Eric, 85, AAC
- 25.44 ONESWIMJUN CHAN, Jason, 85, SCAR
- 25.57 OC1LCAPR LAFLAMME, Kevin, 86, RCA
- 25.65 BCHYACKMAY ISIC, Dario, 85, UBUD
- 25.68 ABEKSCAPR NG, Callum, 85, CASC
- 25.71 OC2LCAPR HARRIS, Brendan, 85, BFB

100 m Freestyle

- 54.58 ABEKSCAPR HORTNESS, Richard, 85, AMAC
- 54.72 ONAACAPR CHAN, Eric, 85, AAC
- 54.82 ABEKSCAPR GILLESPIE, Kevin, 85, EXST
- 54.93 CANCWTRMAR BAIRD, Colin, 85, UNB
- 55.08 ONESWIMJUN CHAN, Jason, 85, SCAR
- 55.31 OC1LCAPR LAFLAMME, Kevin, 86, RCA
- 55.62 ONESWIMJUN MONAGHAN, James, 85, NYAC
- 56.08 BCCDSCAPR ISIC, Dario, 85, UBUD
- 56.34 ABEKSCAPR TURANICH-NOYEN, Patrick, 85, EKSC
- 56.39 ONESWIMJUN QUEVEDO, Paul, 86, COBRA

200 m Freestyle

- 1:54.95 CANCWTRMAR ORIWL, Tobias, 85, ESWIM
- 1:55.40 CANCWTRMAR PHILLIPS, Devin, 85, UASC
- 2:00.33 CANCWTRMAR RODRIQUE, Charles, 85, ULAV
- 2:00.45 BCSRLCFEB JONES, Evan, 85, UBUD
- 2:02.11 BCSRLCFEB ISIC, Dario, 85, UBUD
- 2:02.33 OC1LCAPR RODRIGUE, Charles, 86, ULAV
- 2:02.57 OC1LCAPR LAFLAMME, Kevin, 86, RCA
- 2:02.81 ABEKSCAPR LAVOIE, Malcolm, 85, OSC
- 2:03.03 ABEKSTMAR HORTNESS, Richard, 85, AMAC
- 2:03.20 BCCDSCAPR MONK, James, 86, UBUD

400 m Freestyle

- 4:06.22 CANCWTRMAR PHILLIPS, Devin, 85, UASC
- 4:13.09 CANCWTRMAR RODRIQUE, Charles, 85, ULAV
- 4:13.24 ABEKSCAPR LAVOIE, Malcolm, 85, OSC
- 4:13.52 OC1LCAPR RODRIGUE, Charles, 86, ULAV
- 4:13.82 OC1LCAPR RUSE, Tim, 85, PCSC
- 4:14.86 BCSRLCFEB ISIC, Dario, 85, UBUD
- 4:15.32 BCSRLCFEB JONES, Evan, 85, UBUD
- 4:15.32 ONESWIMJUN CHAN, Jason, 85, SCAR
- 4:15.87 ABEKSCAPR NG, Callum, 85, CASC
- 4:19.93 BCZAJACMAY MONK, James, 86, UBUD

800 m Freestyle

- 8:46.97 BCHYACKMAY ISIC, Dario, 85, UBUD
- 8:46.62 BCHYACKMAY MONK, James, 86, UBUD
- 8:54.02 ABEKSCAPR JONES, Evan, 85, UBUD
- 9:09.50 BCHYACKMAY DRIEDGER, Michael, 86, CASC
- 9:16.43 BCCDSCAPR STRELZOW, Desmond, 85, UBUD
- 9:18.64 BCCDSCAPR WAGNER, Andrew, 86, UBUD
- 9:20.90 NISTARJUN CHARLTON, Brent, 86, TAT
- 9:39.81 SKRODJUN ABDULLA, Adam, 85, ROD
- 9:43.51 BCAAANVJUN SCHMUCK, Andreas, 86, PSW

1500 m Freestyle

- 16:23.46 BCZAJACMAY LAVOIE, Malcolm, 85, UOFA
- 16:30.13 CANCWTRMAR RODRIQUE, Charles, 85, ULAV
- 16:52.79 BCSRLCFEB JONES, Evan, 85, UBUD
- 16:59.48 BCZAJACMAY MONK, James, 86, UBUD
- 17:03.55 ABEKSCAPR PHILLIPS, Devin, 85, EKSC
- 17:18.27 BCCDSCAPR ISIC, Dario, 85, UBUD
- 17:19.49 ABEKSCAPR NG, Callum, 85, CASC
- 17:22.65 ONEORAJUN GREEN, Buddy, 86, LUSC
- 17:42.30 BCZAJACMAY ABDULLA, Adam, 85, SK
- 17:46.63 ABEKSCAPR DRIEDGER, Michael, 86, CASC

50 m Backstroke

- 26.37 CANCWTRMAR ORIWL, Tobias, 85, ESWIM
- 27.40 CANCWTRMAR NG, Callum, 85, CASC
- 29.52 BCZAJACMAY SORRENTI, Kyle, 86, BRSA
- 30.26 ONAACAPR KAYSER, Riley, 85, TRENT
- 30.33 BCSRLCFEB STRELZOW, Desmond, 85, UBUD
- 30.46 BCSRLCFEB SCHMITT, Erich, 85, IS
- 30.70 ABEKSTJUN GILLESPIE, Kevin, 85, EXST
- 30.71 ONAACAPR HARE, Art, 86, TRENT
- 30.84 SKRODJUN RICHTER, Derek, 86, ROD
- 30.93 BCSRLCFEB WATERS, Patrick, 85, KCS

100 m Backstroke

- 1:06.19 CANCWTRMAR ORIWL, Tobias, 85, ESWIM
- 1:06.41 ONIKBMAY HAWES, Mathew, 86, NKB
- 1:00.73 CANCWTRMAR NG, Callum, 85, CASC
- 1:01.24 CANCWTRMAR PHILLIPS, Devin, 85, UASC
- 1:01.55 CANCWTRMAR BAIRD, Colin, 85, UNB
- 1:01.73 BCZAJACMAY SORRENTI, Kyle, 86, BRSA
- 1:02.61 BCSRLCFEB SCHMITT, Erich, 85, IS
- 1:02.85 OC2LCAPR BOUCHARD, Kevin, 86, EXCEL
- 1:03.27 BCZAJACMAY STRELZOW, Desmond, 85, UBUD
- 1:03.86 BCCSJSJUN SHERWOOD, Graham, 85, CP

200 m Backstroke

- 2:01.81 CANCWTRMAR ORIWL, Tobias, 85, ESWIM
- 2:08.79 CANCWTRMAR HAWES, Mathew, 86, GO
- 2:10.24 BCSRLCFEB SCHMITT, Erich, 85, IS
- 2:11.69 CANCWTRMAR NG, Callum, 85, CASC
- 2:12.19 BCZAJACMAY STRELZOW, Desmond, 85, UBUD

6 2:13.68 OC2LCAPR BOUCHARD, Kevin, 86, EXCEL

7 2:14.39 CANCWTRMAR PHILLIPS, Devin, 85, UASC

8 2:15.23 ABEKSCAPR GILLESPIE, Kevin, 85, EXST

9 2:15.46 BCZAJACMAY SORRENTI, Kyle, 86, BRSA

10 2:16.74 BCHYACKMAY MAXEY, Myles, 85, CASC

50 m Breaststroke

- 30.75 BCZAJACMAY THIESSEN, Chad, 85, SPART
- 31.79 ONAACAPR MAK, Stephen, 85, AAC
- 31.87 CANCWTRMAR BARNES, Warren, 85, SCAR
- 33.24 ABUCSCMAY ROBERTSON, Jeremy, 85, UASC
- 33.55 BCSRLCFEB ROBERTSON, Brendan, 85, HYACK
- 33.70 ONAACAPR KAYSER, Riley, 85, TRENT
- 34.01 ONAACAPR MAK, Stephen, 85, AAC
- 34.15 BCSRLCFEB FAIRHURST, Sean, 85, HANEY
- 34.21 ABUCSCMAY VAN HEERDE, Wihan, 86, FMSC
- 34.26 ONAACAPR DUNN, Adam, 86, AAC

100 m Breaststroke

- 1:06.58 ONDV2TMAPR CHOW, Raymond, 86, TMSC
- 1:07.00 BCSRLCFEB THIESSEN, Chad, 85, SPART
- 1:07.54 ONDV2TMAPR BARNES, Warren, 85, SCAR
- 1:09.45 OC2LCAPR LETENDRE, Simon, 85, CWS
- 1:09.68 ONEORAJUN MCKECHNIE, Dave, 85, CYC
- 1:10.72 ONDV2TMAPR CHAN, Eric, 85, AAC
- 1:12.71 NSDUJUNJUN YOUNG, Doug, 85, SWAT
- 1:13.07 BCSRLCFEB FAIRHURST, Sean, 85, HANEY
- 1:13.27 ONESWIMJUN MA, Tim, 86, NYAC
- 1:13.30 ONDV2TMAPR HALE, Brannyn, 86, NSA

200 m Breaststroke

- 2:26.99 ONDV2TMAPR CHOW, Raymond, 86, TMSC
- 2:30.49 CANCWTRMAR THIESSEN, Chad, 85, SPART
- 2:31.78 OC2LCAPR LETENDRE, Simon, 85, CWS
- 2:32.42 CANCWTRMAR BARNES, Warren, 85, SCAR
- 2:34.01 ONEORAJUN MCKECHNIE, Dave, 85, CYC
- 2:35.37 OC1LCAPR GLASSMAN, Zachary, 86, DDO
- 2:36.79 ONAACAPR CHAN, Eric, 85, AAC
- 2:38.96 ABEKSCAPR HITCHCOCK, Cody, 86, ROD
- 2:39.41 BCZAJACMAY ROBERTSON, Brendan, 85, HYACK
- 2:39.51 ABEKSCAPR NG, Callum, 85, CASC

50 m Butterfly

- 27.05 BCSRLCFEB KEAST, Ben, 85, HYACK
- 27.22 ONVICAPR BRONSON, Justin, A, 86, OSHA
- 27.48 NBTMLCMAY FEICH, Brad, 86, TIDE
- 28.04 ONAACAPR CHAN, Eric, 85, AAC
- 28.32 ABUCSCMAY HOGAN, Erik, 85, UASC
- 28.64 ABEKSTJUN GILLESPIE, Kevin, 85, EXST
- 28.69 ONAACAPR PANKHURST, Abraham, 85, ROC
- 28.92 NBTMLCMAY FEICH, Brad, 86, TIDE
- 29.06 BCSRLCFEB KEAST, Ben, 85, HYACK
- 29.12 MBMMIMAY BECK, Patrick, 85, RYMM

100 m Butterfly

- 59.79 ABEKSCAPR NG, Callum, 85, CASC
- 1:00.23 OC1LCAPR RUSE, Tim, 85, PCSC
- 1:00.47 ONIKBMAY HAWES, Mathew, 86, NKB
- 1:00.64 ONDV2TMAPR FERGUSON, Nathan, 86, EBSC
- 1:00.96 BCZAJACMAY LAVOIE, Malcolm, 85, UOFA
- 1:00.90 ONESWIMJUN CHAN, Jason, 85, SCAR
- 1:01.06 BCZAJACMAY MONK, James, 86, UBUD
- 1:01.12 ONDV2TMAPR CHAN, Eric, 85, AAC
- 1:01.17 BCHYACKMAY KEAST, Ben, 85, HYACK
- 1:01.28 ABEKSCAPR HOGAN, Erik, 85, UASC

200 m Butterfly

- 2:07.85 CANCWTRMAR LAVOIE, Malcolm, 85, UASC
- 2:08.28 ABEKSCAPR NG, Callum, 85, CASC
- 2:11.76 CANCWTRMAR HAWES, Mathew, 86, GO
- 2:17.02 ONDV2TMAPR CHAN, Eric, 85, AAC
- 2:17.08 ABEKSCAPR PHILLIPS, Devin, 85, EKSC
- 2:17.38 BCSRLCFEB KEAST, Ben, 85, HYACK
- 2:17.46 BCZAJACMAY MONK, James, 86, UBUD
- 2:19.10 ONDV2TMAPR FERGUSON, Nathan, 86, EBSC
- 2:20.34 BCSRLCFEB WATERS, Patrick, 85, KCS
- 2:20.92 OC1LCAPR BRASSARD, GAGNON, Phillip, 86, DDO

200 m Ind. Medley

- 2:04.72 CANCWTRMAR ORIWL, Tobias, 85, ESWIM
- 2:13.60 CANCWTRMAR NG, Callum, 85, CASC
- 2:13.60 BCZAJACMAY SORRENTI, Kyle, 86, BRSA
- 2:15.54 ABEKSCAPR PHILLIPS, Devin, 85, EKSC
- 2:16.06 OC1LCAPR RUSE, Tim, 85, PCSC
- 2:16.76 BCSRLCFEB SCHMITT, Erich, 85, IS
- 2:17.41 OC1LCAPR RODRIGUE, Charles, 86, ULAV
- 2:17.88 ONEORAJUN KAYSER, Riley, 85, TRENT
- 2:18.38 ONIKBMAY HAWES, Mathew, 86, NKB
- 2:19.22 ONLACMAY SLATER, Adam, 86, NEW

400 m Ind. Medley

- 4:29.17 ONDV1TMAPR ORIWL, Tobias, 85, ESWIM
- 4:41.22 BCZAJACMAY LAVOIE, Malcolm, 85, UOFA
- 4:43.91 OC1LCAPR RUSE, Tim, 85, PCSC
- 4:48.10 BCSRLCFEB SCHMITT, Erich, 85, IS
- 4:48.20 BCZAJACMAY SORRENTI, Kyle, 86, BRSA
- 4:55.57 ABEKSCAPR NG, Callum, 85, CASC
- 4:57.30 ONEORAJUN KAYSER, Riley, 85, TRENT
- 4:59.25 ONESWIMJUN SLATER, Adam, 86, NEW
- 5:00.95 BCAAANVJUN ISIC, Dario, 85, UBUD
- 5:02.01 OC1LCAPR GLASSMAN, Zachary, 86, DDO

TOP AGE GROUP TIMES

Long Course Rankings for the period
January 1, 2002 to June 30, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 LONG COURSE TAG®

GIRLS 17 Years of Age

50 m Freestyle		
1	26.19	CANCWTRMAR GRESDAL, Jenna, 84, ESWIM
2	26.94	CANCWTRMAR POON, Victoria, 84, CAMO
3	27.22	QC1LCAPR GAULT, Sarah, 85, DDO
4	27.47	CANCWTRMAR BRADSHAW, Jessie, 84, UCSA
5	27.49	ONDV2TMAPR KUHN, Stephanie, 85, TMSC
6	27.52	MIDMOMINOMAY HOBER, Renee, 85, ROW
7	27.70	CANCWTRMAR LECKOVIC, Kelsey, 84, UBUD
8	27.86	ABEKSACAPR LYS, Alexandra, 85, UCSA
9	27.94	CANCWTRMAR LEFORT, Emilie, 85, DDO
10	27.98	CANCWTRMAR CHARRON-WATSON, Channele, 84, ULAV
100 m Freestyle		
1	57.04	CANCWTRMAR GRESDAL, Jenna, 84, ESWIM
2	58.75	CANCWTRMAR CHARRON-WATSON, Channele, 84, ULAV
3	59.17	CANCWTRMAR POON, Victoria, 84, CAMO
4	59.25	CANCWTRMAR BRADSHAW, Jessie, 84, UCSA
5	59.27	ABEKSACAPR LYS, Alexandra, 85, UCSA
6	59.50	CANCWTRMAR KUHN, Stephanie, 85, TMSC
7	59.51	CANCWTRMAR LECKOVIC, Kelsey, 84, UBUD
8	59.64	NCULTRAJUN HOBER, Renee, 85, ROW
9	59.68	CANCWTRMAR AMER, Elizabeth, 84, UAUC
10	1:00.14	CANCWTRMAR CHAN, Jackie, 85, TO
200 m Freestyle		
1	2:04.86	CANCWTRMAR STEFANYSHYN, Deanna, 84, UBUD
2	2:05.52	CANCWTRMAR CHARRON-WATSON, Channele, 84, ULAV
3	2:05.57	CANCWTRMAR GRESDAL, Jenna, 84, ESWIM
4	2:07.15	ONDV1TMAPR FRATESI, Jennifer, 84, ROW
5	2:09.30	ABEKSACAPR LYS, Alexandra, 85, UCSA
6	2:09.31	CANCWTRMAR AMER, Elizabeth, 84, UAUC
7	2:09.78	ONESWIMJUN TELFER, Katharine, 84, ESWIM
8	2:10.40	QC2LCAPR SAVARD, Audrey, 85, CNB
9	2:10.45	ONDV2TMAPR WALKINSHAW, Kahla, 85, HWAC
10	2:11.13	ABEKSACAPR GALTRE, Cynthia, 85, EKSC
400 m Freestyle		
1	4:22.28	CANCWTRMAR STEFANYSHYN, Deanna, 84, UBUD
2	4:25.61	BCZAJACMAY MANNING, Jessica, 85, UBUD
3	4:27.04	QC1LCAPR CHARRON-WATSON, Channele, 84, ULAV
4	4:29.31	BCSRLCFEB BROWN, Meghan, 84, UBUD
5	4:29.94	CANCWTRMAR TELFER, Katharine, 84, ESWIM
6	4:32.61	ONDV2TMAPR WALKINSHAW, Kahla, 85, HWAC
7	4:33.63	ABEKSACAPR GALTRE, Cynthia, 85, EKSC
8	4:35.54	ONDV1TMAPR MARTIN, Sheena, 85, ROW
9	4:35.54	CANCWTRMAR BERNIER, Joan, 84, CNCB
10	4:36.10	ONESWIMJUN STEPHENSON, Frances, 84, SCAR
800 m Freestyle		
1	9:05.72	BCSRLCFEB STEFANYSHYN, Deanna, 84, UBUD
2	9:17.29	ONESWIMJUN TELFER, Katharine, 84, ESWIM
3	9:25.98	ONESWIMJUN STEPHENSON, Frances, 84, SCAR
4	9:27.74	ABEKSACAPR GALTRE, Cynthia, 85, EKSC
5	9:30.27	ONLACMAY COLES, Gillian, 85, BROCK
6	9:35.06	BCZAJACMAY SCHNAPP, Nicole, 84, PGB
7	9:35.19	BCZAJACMAY WALKINSHAW, Kahla, 85, HWAC
8	9:38.53	MIDMOMINOMAY MARTIN, Sheena, 85, ROW
9	9:41.18	BCZAJACMAY GRAHAM, Jamie, 85, UBUD
10	9:41.78	ONESWIMJUN BERNARD, Claudia, 84, REG
1500 m Freestyle		
1	19:21.92	BCHYACKMAY MANNING, Jessica, 85, UBUD
2	19:30.87	ONKKBIMAY ALDRICH, Rachelle, 85, NKB
3	21:46.52	NSDUNJUN CHISHOLM, Terese, 84, AA
4	22:19.55	NSSPRINVAPOX, Cox, Jen, 85, YWV
50 m Backstroke		
1	31.00	CANCWTRMAR BRADSHAW, Jessie, 84, UCSA
2	31.02	CANCWTRMAR GILLESPIE, Amanda, 85, NKB
3	31.92	CANCWTRMAR KUHN, Stephanie, 85, TMSC
4	32.01	CANCWTRMAR VINCENT, Tiffany, 85, BRANT
5	32.52	CANCWTRMAR ROBERTS, Andrea, 84, TCSC
6	32.59	CANCWTRMAR MARTIN, Sheena, 85, ROW
7	32.62	CANCWTRMAR LEFORT, Emilie, 85, DDO
8	32.98	ONAACAPR ZIOLKOWSKI, Maya, 84, YRST
9	33.17	BCZAJACMAY BURNETT, Chelsea, 85, NRST
10	33.22	CANCWTRMAR CLEVEN, Elizabeth, 84, MM
100 m Backstroke		
1	1:03.74	CANCWTRMAR FRATESI, Jennifer, 84, ROW
2	1:04.67	CANCWTRMAR BRADSHAW, Jessie, 84, UCSA
3	1:05.12	CANCWTRMAR GILLESPIE, Amanda, 85, NKB
4	1:06.02	ONESWIMJUN GRESDAL, Jenna, 84, ESWIM
5	1:07.76	CANCWTRMAR STEFANYSHYN, Deanna, 84, UBUD
6	1:07.97	CANCWTRMAR ROBERTS, Andrea, 84, TCSC
7	1:08.22	CANCWTRMAR TELFER, Katharine, 84, ESWIM
8	1:08.52	QC1LCAPR MONTON, Danielle, 85, PCSC
9	1:08.55	ONDV2TMAPR KUHN, Stephanie, 85, TMSC
10	1:08.57	CANCWTRMAR MARTIN, Sheena, 85, ROW
200 m Backstroke		
1	2:13.02	CANCWTRMAR FRATESI, Jennifer, 84, ROW
2	2:15.57	CANCWTRMAR GILLESPIE, Amanda, 85, NKB
3	2:22.50	ONDV1TMAPR GRESDAL, Jenna, 84, ESWIM
4	2:24.08	CANCWTRMAR TELFER, Katharine, 84, ESWIM
5	2:25.22	MIDMOMINOMAY MARTIN, Sheena, 85, ROW
6	2:26.59	ONLACMAY SZAFARSKI, Anna, 84, BROCK
7	2:26.62	CANCWTRMAR ROBERTS, Andrea, 84, TCSC

8	2:26.68	QC1LCAPR DONOVAN, Kayleigh, 85, DDO
9	2:27.12	BCZAJACMAY STEFANYSHYN, Deanna, 84, UBUD
10	2:28.65	QC1LCAPR MONTON, Danielle, 85, PCSC
50 m Breaststroke		
1	33.49	CANCWTRMAR HOBER, Renee, 85, ROW
2	34.23	CANCWTRMAR GAULT, Sarah, 85, DDO
3	35.06	ONROWMAY WAGNER, Tamara, 85, ROW
4	35.43	BCSRLCFEB LANDRY, Michelle, C, 84, UBUD
5	35.51	ONAACAPR CRAFT, Jacquelyn, 85, TRENT
6	35.53	CANCWTRMAR ALLEN, Megan, 84, PN
7	35.68	CANCWTRMAR BARTOSH, Sarah, 84, UNAT-OC
8	35.73	CANCWTRMAR DACK, Genevieve, 85, TBT
9	35.78	CANCWTRMAR LEE, Joanna, 84, TO
10	35.84	CANCWTRMAR BAUMEISTER, Mia, 84, HYACK
100 m Breaststroke		
1	1:12.19	MIDMOMINOMAY WAGNER, Tamara, 85, ROW
2	1:12.58	CANCWTRMAR HOBER, Renee, 85, ROW
3	1:15.54	CANCWTRMAR GAULT, Sarah, 85, DDO
4	1:15.72	ABEKSACAPR SINCLAIR, Meagan, 84, UCSA
5	1:15.90	ONKKBIMAY CRAFT, Jacquelyn, 85, TRENT
6	1:15.92	QC1LCAPR DUFOUR, Micheline, 85, ULAV
7	1:16.29	ONDV2TMAPR DACK, Genevieve, 85, TBT
8	1:17.78	CANCWTRMAR LEE, Joanna, 84, TO
9	1:17.79	QC1LCAPR BOULIANNE, Bianca, 85, CAMO
10	1:18.09	BCSRLCFEB ALLEN, Megan, 84, PN
200 m Breaststroke		
1	2:38.77	MIDMOMINOMAY HOBER, Renee, 85, ROW
2	2:38.86	ONDV1TMAPR WAGNER, Tamara, 85, ROW
3	2:41.60	CANCWTRMAR DACK, Genevieve, 85, TBT
4	2:42.16	CANCWTRMAR SINCLAIR, Meagan, 84, UCSA
5	2:42.55	BCSRLCFEB LANDRY, Michelle, C, 84, UBUD
6	2:42.76	CANCWTRMAR DUFOUR, Micheline, 85, ULAV
7	2:43.20	ONKKBIMAY CRAFT, Jacquelyn, 85, TRENT
8	2:44.82	CANCWTRMAR GAULT, Sarah, 85, DDO
9	2:47.29	QC1LCAPR CHANCE, Heather, 85, PCSC
10	2:47.58	CANCWTRMAR LEE, Joanna, 84, TO
50 m Butterfly		
1	28.49	CANCWTRMAR ARMSTRONG, Darcie, 84, TAT
2	28.86	CANCWTRMAR KUHN, Stephanie, 85, TMSC
3	29.09	CANCWTRMAR VINCENT, Tiffany, 85, BRANT
4	29.52	CANCWTRMAR GILLESPIE, Amanda, 85, NKB
5	29.61	CANCWTRMAR CLEVEN, Elizabeth, 84, MM
6	29.62	ONLACMAY PORENTA, Jennifer, 85, MJMST
7	29.70	BCSRLCFEB CHARD, Christine, 84, WVOSC
8	29.72	BCSRLCFEB LANDRY, Michelle, C, 84, UBUD
9	29.72	CANCWTRMAR BRADSHAW, Jessie, 84, UCSA
10	29.76	CANCWTRMAR BARTOSH, Sarah, 84, UNAT-OC
100 m Butterfly		
1	1:03.45	ONDV1TMAPR FRATESI, Jennifer, 84, ROW
2	1:04.04	CANCWTRMAR BERNIER, Joan, 84, CNCB
3	1:04.25	ONDV1TMAPR VINCENT, Tiffany, 85, BRANT
4	1:04.26	CANCWTRMAR KUHN, Stephanie, 85, TMSC
5	1:04.43	CANCWTRMAR GILLESPIE, Amanda, 85, NKB
6	1:04.69	CANCWTRMAR ANSTEY, Kristin, 85, STSC
7	1:05.42	BCZAJACMAY WALKINSHAW, Kahla, 85, HWAC
8	1:05.42	QC1LCAPR BARTOSH, Sarah, 84, PCSC
9	1:05.50	ONDV1TMAPR ARMSTRONG, Darcie, 84, TAT
10	1:05.63	CANCWTRMAR BRADSHAW, Jessie, 84, UCSA
200 m Butterfly		
1	2:19.81	CANCWTRMAR BERNIER, Joan, 84, CNCB
2	2:20.10	BCSRLCFEB LANDRY, Michelle, C, 84, UBUD
3	2:22.18	CANCWTRMAR GILLESPIE, Amanda, 85, NKB
4	2:22.55	CANCWTRMAR STEFANYSHYN, Deanna, 84, UBUD
5	2:24.72	BCZAJACMAY WALKINSHAW, Kahla, 85, HWAC
6	2:26.05	QC1LCAPR BARTOSH, Sarah, 84, PCSC
7	2:26.90	QC1LCAPR LACHANCE-FORTIN, Alex, 85, ULAV
8	2:27.90	QC1LCAPR ROY, LeCuyer, Chrystele, 84, CNB
9	2:28.16	MBMMAY FOLEY, Kara, 85, BBSC
10	2:28.20	ABEKSACAPR ANSTEY, Kristin, 85, STSC
200 m Ind. Medley		
1	2:18.82	CANCWTRMAR LANDRY, Michelle, C, 84, UBUD
2	2:18.87	CANCWTRMAR FRATESI, Jennifer, 84, ROW
3	2:24.85	CANCWTRMAR GILLESPIE, Amanda, 85, NKB
4	2:25.34	ONESWIMJUN GRESDAL, Jenna, 84, ESWIM
5	2:25.91	ONDV2TMAPR KUHN, Stephanie, 85, TMSC
6	2:26.02	ONLACMAY CERMAK, Carly, 85, CAJ
7	2:26.33	CANCWTRMAR GAULT, Sarah, 85, DDO
8	2:26.91	CANCWTRMAR BERNIER, Joan, 84, CNCB
9	2:27.07	CANCWTRMAR OSTERER, Elizabeth, 85, NKB
10	2:28.24	NCULTRAJUN HOBER, Renee, 85, ROW
400 m Ind. Medley		
1	4:56.23	CANCWTRMAR LANDRY, Michelle, C, 84, UBUD
2	5:04.02	ONDV1TMAPR FRATESI, Jennifer, 84, ROW
3	5:06.98	QC1LCAPR CHARRON-WATSON, Channele, 84, ULAV
4	5:07.78	CANCWTRMAR OSTERER, Elizabeth, 85, NKB
5	5:12.52	QC1LCAPR CHANCE, Heather, 85, PCSC
6	5:15.16	MIDMOMINOMAY STEPHENSON, Frances, 84, SCAR
7	5:15.38	ONESWIMJUN GRESDAL, Jenna, 84, ESWIM
8	5:16.35	CANCWTRMAR SINCLAIR, Meagan, 84, UCSA
9	5:16.70	QC1LCAPR LACHANCE-FORTIN, Alex, 85, ULAV
10	5:17.71	ONLACMAY CERMAK, Carly, 85, CAJ

BOYS 17 Years of Age

50 m Freestyle		
1	23.89	MIDMOMINOMAY MILLER, Kurtis, 85, SCAR
2	24.19	CANCWTRMAR NEUFELD, Trevor, 84, UCSA
3	24.19	CANCWTRMAR TOZER, Graeme, 85, MM
4	24.69	ONLUSCMAY RUSSELL, Colin, 84, BTSC
5	24.94	ONESWIMJUN ORIWOL, Tobias, 85, ESWIM
6	25.00	BCSRLCFEB SZE, Marc, 85, UBUD
7	25.00	CANCWTRMAR COULMAN, Trevor, 84, GOLD
8	25.14	BCHYACKMAY SZE, Marc, Alexander, 85, UBUD
9	25.21	ONDV1TMAPR CHANG, Nathan, 85, SCAR
10	25.24	QC2LCAPR CHARTRAND, Alex, 85, ELITE
100 m Freestyle		
1	52.99	CANCWTRMAR RUDOLF, Darryl, 84, UBUD
2	53.07	CANCWTRMAR MILLER, Kurtis, 85, SCAR
3	53.45	CANCWTRMAR TOZER, Graeme, 85, MM
4	53.57	CANCWTRMAR NEUFELD, Trevor, 84, UCSA
5	53.93	ONESWIMJUN SCHACH, Ben, 85, NEW
6	53.96	SKRODJUN HORTNESS, Richard, 85, AMAC
7	54.00	CANCWTRMAR RUSSELL, Colin, 84, BTSC
8	54.06	ONESWIMJUN ORIWOL, Tobias, 85, ESWIM
9	54.56	BCSRLCFEB SZE, Marc, Alexander, 85, UBUD
10	54.96	MIDMOMINOMAY MEDAGLIA, Steve, 84, EOSA
200 m Freestyle		
1	1:53.70	BCZAJACMAY RUDOLF, Darryl, 84, UBUD
2	1:56.47	ONESWIMJUN ORIWOL, Tobias, 85, ESWIM
3	1:56.80	ONDV1TMAPR RUSSELL, Colin, 84, BTSC
4	1:57.60	CANCWTRMAR MEDAGLIA, Steve, 84, NKB
5	1:58.97	MBMMAY TOZER, Graeme, 85, MM
6	1:59.70	QC1LCAPR RIOUX, Kevin, 85, CAMO
7	1:59.92	BCZAJACMAY SZE, Marc, Alexander, 85, UBUD
8	1:59.99	QC1LCAPR AUBRY, Jonathan, 85, CNB
9	2:00.26	ONESWIMJUN SCHACH, Ben, 85, NEW
10	2:00.43	CANCWTRMAR LONG, Jonathan, 85, LAC
400 m Freestyle		
1	4:04.61	BCZAJACMAY RUDOLF, Darryl, 84, UBUD
2	4:05.26	QDSTAGLJAN MACGILLIVRAY, Kurtis, 84, ROW
3	4:06.04	CANCWTRMAR RUSSELL, Colin, 84, BTSC
4	4:09.85	ONESWIMJUN ORIWOL, Tobias, 85, ESWIM
5	4:12.12	BCZAJACMAY TOZER, Graeme, 85, MM
6	4:12.16	BCZAJACMAY PHILLIPS, Devin, 85, UOFA
7	4:13.01	BCSRLCFEB MCRAE, Bryce, 84, COMOX
8	4:13.20	CANCWTRMAR KEHOE, Joey, 84, TO
9	4:13.99	CANCWTRMAR JOHNSTON, Matthew, 84, TO
10	4:14.26	ONDV1TMAPR MEDAGLIA, Steve, 84, NKB
800 m Freestyle		
1	8:21.16	QDSTAGLJAN MACGILLIVRAY, Kurtis, 84, ROW
2	9:11.47	ABRDCCJUN ENGI, Morgan, 85, RDSC
3	11:06.35	BCAAINJUN TEMPLE, Evan, 85, HYACK
1500 m Freestyle		
1	16:00.79	QDSTAGLJAN MACGILLIVRAY, Kurtis, 84, ROW
2	16:20.92	ONESWIMJUN ORIWOL, Tobias, 85, ESWIM
3	16:30.84	BCSRLCFEB RUDOLF, Darryl, 84, UBUD
4	16:39.51	CANCWTRMAR KEHOE, Joey, 84, TO
5	16:39.76	ONESWIMJUN LONG, Jonathan, 85, LAC
6	16:57.46	BCSRLCFEB MCRAE, Bryce, 84, COMOX
7	17:01.40	CANCWTRMAR JOHNSTON, Matthew, 84, TO
8	17:03.29	CANCWTRMAR AUBRY, Jonathan, 85, CNB
9	17:11.58	ONESWIMJUN ATKINSON, Ryan, 85, LAC
10	17:19.28	BCSRLCFEB HO, Justin, 84, UBUD
50 m Backstroke		
1	27.05	CANCWTRMAR MILLER, Kurtis, 85, SCAR
2	27.78	BCZAJACMAY NG, Callum, 85, CASC
3	28.16	CANCWTRMAR ATKINSON, Ryan, 85, LAC
4	28.36	BCZAJACMAY COULMAN, Trevor, 84, SK
5	28.51	CANCWTRMAR MARTINSON, Adam, 84, UCSA
6	28.97	BCZAJACMAY PHILLIPS, Devin, 85, UOFA
7	30.12	ONLACMAY CUNNINGHAM, Adam, 85, NEW
8	30.46	ONAACAPR DEL MASTRO, Jamie, 84, PICK
9	30.70	BCSRLCFEB CHEW, Mark, 84, HYACK
10	30.84	BCSRLCFEB SHERSTOBTIFF, Timothy, 84, KAJ
100 m Backstroke		
1	57.81	MIDMOMINOMAY ORIWOL, Tobias, 85, ESWIM
2	58.86	CANCWTRMAR MILLER, Kurtis, 85, SCAR
3	59.26	CANCWTRMAR ATKINSON, Ryan, 85, LAC
4	59.65	CANCWTRMAR MARTINSON, Adam, 84, UCSA
5	1:00.81	BCZAJACMAY COULMAN, Trevor, 84, SK
6	1:01.65	BCZAJACMAY PHILLIPS, Devin, 85, UOFA
7	1:01.97	QC1LCAPR RENAUD, Martin, 85, CNB
8	1:02.16	ONESWIMJUN AACH, Conrad, 85, ESWIM
9	1:03.41	ABEKSACAPR ANDREWS, Gaellen, 85, CASC
10	1:03.43	BCHYACKMAY BLAIR, Aaron, 85, CASC
200 m Backstroke		
1	2:05.15	MIDMOMINOMAY ORIWOL, Tobias, 85, ESWIM
2	2:07.78	MIDMOMINOMAY ATKINSON, Ryan, 85, LAC
3	2:08.08	CANCWTRMAR MARTINSON, Adam, 84, UCSA
4	2:11.61	QC1LCAPR RENAUD, Martin, 85, CNB
5	2:12.35	MIDMOMINOMAY MILLER, Kurtis, 85, SCAR
6	2:12.36	ONESWIMJUN ATKINSON, Ryan, 85, LAC
7	2:13.95	ONESWIMJUN AACH, Conrad, 85, ESWIM
8	2:14.61	BCZAJACMAY MILLER, Robert, 84, WVOSC

9	2:15.47	QC1LCAPR CHERHUNKHIN, Oleg, 84, CAMO
10	2:15.88	ONKKBIMAY CARTER, Danny, 85, NKB
50 m Breaststroke		
1	29.26	CANCWTRMAR HICKENS, Scott, 84, BRANT
2	30.12	BCSRLCFEB DUANG, Matthew, 84, UBUD
3	30.21	CANCWTRMAR BROWN, Michael, 84, PERTH
4	33.13	BCSRLCFEB CHOI, Jung Hun, 84, UBUD
5	33.36	ABEKSACAPR HARPER, Cori, 85, EXST

University of Calgary Swimming Association
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**COACH/ADMINISTRATOR
UNIVERSITY OF GUELPH**

(Men's and Women's Swimming - Aquatics & Recreation Programming)

Contract position

Reporting to the Aquatics Supervisor, the successful candidate will be responsible for the continued development and growth of the University of Guelph Men's and Women's Varsity Swimming Programs. Specific duties include recruitment and training of student-athletes; design and delivery of a nationally ranked intercollegiate program; programming and staffing support for two swimming pools and other associated duties. The varsity program currently has some 50 elite student-athletes while the swimming pools operate approximately 19 hours per day, 7 days per week.

Requirements of the position include: a minimum university undergraduate degree, National Coaching Certification Program Level 3 coaching accreditation, current NLS, 3 to 5 years experience at the university level in Canada or the USA. Appreciation for the high demands placed on student-athletes who chose to pursue their sport in an internationally recognized academic institution. Experience in sport administration and a strong background in and knowledge of post secondary education is preferred. Proven ability to work within a team setting.

The University of Guelph is a mid sized university ranked in the top 20 universities in Canada by MacLean's and ranked in the top 10 places to live by Chatelaine.

The university boasts five swimming alumni as Olympians.
Apply ASAP. Applications will be accepted until the position is filled.

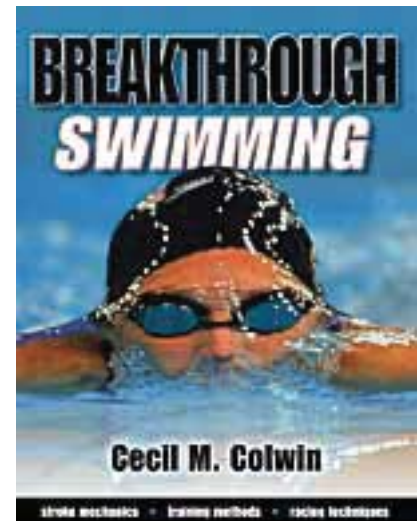
For further information: Alan Fairweather
(emailto: afairwea@uoguelph.ca)
(519-824-4120 x2220)

Applications to:
Human Resources Department,
University of Guelph,
Guelph, Ontario.
N1G 2W1

BOOK REVIEW

BREAKTHROUGH SWIMMING

By Cecil M. Colwin
247 pp., Champaign, IL
Human Kinetics, US \$22.95 (Cdn \$36.95)



This book, *Breakthrough Swimming*, has it all: descriptions of historical swimming moments, explanations of the controversies surrounding the use of performance-enhancing drugs, in-depth discussions of the complex technical principles of human hydrodynamics, as well as the analysis of training and racing skills of the world's best competitive swimmers. The competitive swimming enthusiast will, without a doubt, be rewarded and recharged after reading this extensive and rich anthology.

In his quest to keep competitive swimming at the forefront of international sport excellence, the author has left no stone unturned. Colwin's knowledge and passion for competitive swimming translate well into his concise and comprehensive books through which he has established himself as the pre-eminent researcher and writer in this sport. This is his third book in the past ten years, and it is, thus far, his finest work.

Colwin has an uncanny knack of selecting the perfect anecdotal material and conjuring up vivid imagery of the past, in order to enhance the reader's enjoyment and understanding of issues that face competitive swimming today and to help establish realistic goals for the future of this unique sport. The title, "Breakthrough Swimming," is apt as it is consistently used and developed as the major theme of this book; from the cover photo of a breaststroker breaking through the water's surface tension, to the recent breakthroughs of scientists, coaches, and swimmers at the elite level. It is certain that this book will play an important role in the continued development of competitive swimming.

This treatise is a must-have for swimming coaches everywhere and a great read for everyone who enjoys this sport. *Breakthrough Swimming* is exceptionally presentable, readable, and interesting. This is a comprehensive and important book that will set the tone for the sport of competitive swimming for many years to come.

Review by: J.G. Kelso, Ph.D.
Professor Emeritus, School of Human Kinetics,
University of British Columbia

EVERY RACE BECOMES A STEPPING STONE TO THE FINALS OF THE 100 FLY AT THE OLYMPIC GAMES

Nikki Dryden

He jets from capital to capital, lives and trains in paradise, and is treated like a rock star in his homeland; this is the glitzy world of Australian butterflyer Geoff Huegill, who trains with Ken Wood in Redcliffe, just north of Brisbane, Australia. Nicknamed Skippy, Geoff has the attitude to be a champion; his confidence borders on cockiness, but is backed up with just enough great swims to make you believe he will be great.

From Rio de Janeiro to New York to Berlin, Skippy hops from one continent to the next, staying just long enough to pick up a few gold medals, break a few world records, and cash a few paycheques before moving on to the next location. Geoff's also got world titles, Olympic medals, world records, and enough prime-time endorsements to rival Michael Jordan at his peak. Welcome to the life of the newest breed of professional swimmer.

Geoff's financial windfall began with the Goodwill Games in Brisbane last summer, where US \$250,000 was up for grabs. Then, after a surfing vacation in Maldives, Geoff headed to New York for Gary Hall's Sprint Cup. There he won the title of Male Swimmer of the Meet and collected well over US \$15,000 when his event, the 50 fly, was selected to carry double the prize money. Winners were supposed to collect US \$7,500 for a win, but Geoff's race was drawn out of the hat before the race for the double-prize-money bonus.

Skippy was also the King of this year's World Cup Circuit, with meet stops in Rio, Edmonton, New York, Melbourne, Stockholm, and Berlin. With the added pressure of having to pay his own way, Geoff made certain to make every swim count. Australia Swimming usually pays Skippy's expenses, but after changes in the sport's hierarchy, he had to pay his own way through this year's circuit when Australia decided to only send a junior team. But that hardly slowed him. Geoff won six 50-fly events and five 100-fly races, only to have his eleven-event winning streak broken by Germany's Thomas Rupprath on the final event of the tour in Berlin. Rupprath not only upset Geoff, but also smashed the world record, clocking 50.10 to Geoff's 50.84.

Geoff had his own records though; he broke the 50 fly world record three times on the circuit, with the first one dropping in front of the Aussie crowd in Melbourne. Skippy was pretty excited about breaking

his first short-course world record. "I wasn't thinking about it [the record]. I had a really good day, did a promotion for Speedo with Michael Klim in the city, came back to the hotel, and just relaxed. I felt really good. But I must admit I had a blinder of a swim and was actually pretty long on the wall." Geoff's first record was clocked at 22.84; he tied that time in Stockholm, and finally lowered it to 22.74 in Berlin. In total, Geoff's efforts on the tour earned him US \$24,500. And thus is the life of a pro swimmer.

But do not let the image mislead you; money is not all that powers this sport. Geoff is an Olympic bronze medallist, but it is a gold medal in the 100 fly at the Olympic Games that drives Geoff each and every day. "I still have strong memories as a 5-year-old seeing Jon Sieben and the 'Mean Machine' win medals

in the 1984 Los Angeles Olympics. It was at this point that I began thinking about how great it would be to one day represent Australia at the Olympics...Every time I step onto the blocks, the race becomes a stepping stone to the finals of the 100 fly at the Olympic Games."

So while money is an incentive to swim World Cup, it is the racing that will get Geoff his dream. "My top priority at World Cup this year was to race. Travel, race, travel, race; I wanted to get my body ready for the big races by learning how to swim when I'm tired and sore. Your body starts to adapt to being constantly exhausted, so when I get to the big meets it is easier to swim fast."

The whole World Cup process has also helped Geoff grow as a swimmer. Although he traveled alone, he talked to his coach every night after finals and made certain he maintained all the little things that are equally as important for swimming fast. "I'm at



Huegill off the blocks

Patrick Kramer

that age where I know what I have to do; like getting rubs, eating right, and warming down properly. I think I've really matured physically and mentally as a swimmer from when I was 18."

Geoff's dominance continued after the World Cup Circuit ended, and will likely continue well into the summer. At the Short Course World Championships in Moscow, Geoff won two titles, leading Aussie sweeps with his countryman Adam Pine in the 50 and 100 flies. Despite being off his best in both races, Geoff was pleased with his 100 fly win. "After the first 25 metres I knew I was in front, and I just had to hang on to win and I was determined to claim this gold medal tonight." The flyers received an extra treat when one of Russia's highest flyers, famous Cosmonaut Victor Savinich, made the medal presentations to the winners. And after the 50, Geoff was equally as pleased, even though he admitted he was trying for his own world record. "I was certainly

trying to get under my own world mark and I just couldn't get there in the end, but to win two world titles is a huge thrill, I'm loving every bit of it."

The reign continued for Skippy into the Australian Commonwealth Games / Pan Pacific Trials in his hometown of Brisbane. Australian Swimming named Skippy as "The Face" of the 2002 Australian Swimming Championships, and Geoff helped to market the event, making a number of promotional and publicity appearances. Geoff admitted that after "a great time on the World Cup Tour, I am glad to be home. I achieved some good results on the Tour, but now I am focused on bigger and better things at the Australian Championships and for the rest of the season."

Skippy did not disappoint the organizers, as "The Face" of the meet won the 50 and 100 fly. Geoff beat Adam Pine for both wins, and despite missing Michael Klim from the meet, who is out for the season after back surgery, the Brisbane crowd were on their feet the entire time. The pool rocked to the sounds of "Skippy," a tune from the legendary Australian TV show "Skippy" about a real bush kangaroo who helps people somewhat like America's favourite dog Lassie and Canada's friendliest dog, the Littlest Hobo.

Meanwhile, Skippy the swimmer won race after race, and then thanked his growing legion of fans in the stands. A group of over 250 Skippy fans, dressed in green and gold and waving "We Love You Geoff" and "Go Skippy" banners, created an energetic atmosphere at the pool. "It's good to swim in front of my home fans and I really appreciate the support I have been getting from the crowd here. It makes it a lot more enjoyable and a lot easier to get up for races when you have a good crowd behind you."

But do not expect it to be easy to quiet the English crowd in Manchester that will be screaming for their butterfly heroes Steve Parry and James Hickman. Perhaps Geoff's rock-star status will finally be tested. But for now anyway, Geoff is the world's best 50 flyer and, luckily for him, he will be able to swim it this summer at the Commonwealth Games. But the reality is that he will not be in the same position at the Olympics, and Geoff has had to accept the fact that his best event, the 50 fly, will not be in the Olympics in 2004.

"I didn't want to get my hopes up that FINA would add the 50s to the Olympic program. I know they've tried before and been unsuccessful. I could only wish the 50 was an event." And so Geoff strives to maintain his focus on what really counts. "While it was fun to do the 50 at Worlds, I knew my life couldn't be that easy for me. Deep down I've always known that I have to achieve success in the 100, not in the 50, and it's always been the event I've trained for." Geoff says the 100 is his favourite event, despite being the world's best 50 swimmer. "Anyone can get in and swim a 50, but it's the 100 where the bigger, stronger

swimmers race."

So what does Geoff Huegill have to do to turn a fast 50 into a winning 100? "Basically I just have to swim the perfect race, get it all together on the right day." His best 100 so far came in the semi-final of the Olympics in Sydney. "In terms of swimming the perfect race, I need to have a strong start, explode out of the 15-metre mark, get 17 strokes on the first 50, get a great turn and 15 metres off the wall, then come home in 21 strokes."

While the Olympics are still two years away, Geoff Huegill will be using every opportunity to perfect his swimming and get ready to win that elusive Olympic gold. And this summer he has two big chances to get some work done at both the Commonwealth Games in Manchester and the Pan Pacific Championships in Yokohama.

QUICK FACTS: HUEGILL, Geoff, AUS

BIRTHDATE, PLACE: 4 MAR 1979, Gove

HEIGHT: 187 cm WEIGHT: 85 kg

HOME: Scarborough

REPRESENTS: Redcliffe Leagues SC

COACH: Ken Wood

■ 2001 Worlds 1st 50 fly 23.50, 3rd 100 fly 52.36, 1st 4x100 medley

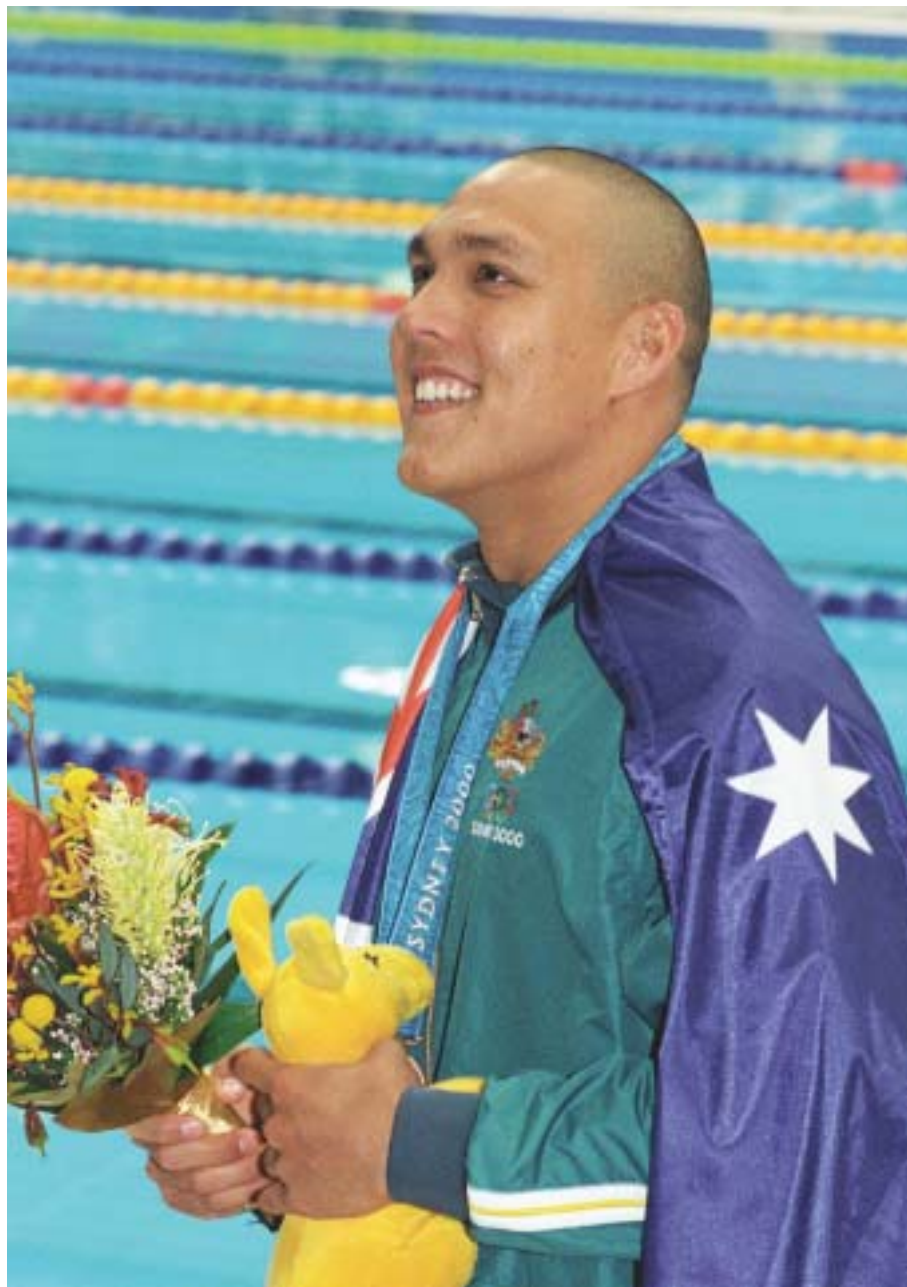
■ 2000 Olympics 3rd 100 fly 52.22, 2nd 4x100 medley

■ 1999 Pan Pacs 2nd 100 fly 52.51

■ 1998 Commonwealths 1st 100 fly 52.81

■ 1998 Worlds 3rd 100 fly 52.90

■ 1997 Pan Pac Trials 1st 100 fly 52.95



Huegill wins 50 fly at 2001 Worlds

Marco Chiesa

CHANGING THE YEARLY PLAN FOR CANADIAN SWIMMING

Jim Fowlie

Below is a proposal which was made to the Provincial Technical Directors at the National Technical Planning meeting, held in Mississauga, April 15–17, 2002. The motivation behind presenting this plan was made from observations at National Championships in Winnipeg and from discussions with Canadian swim coaches and swimmers across the country.

Proposal A

Move Summer Nationals (early August) to late September or early October and create a short course Nationals for selection to all winter international teams.

Physiological basis for consideration: The current swimming program in Canada is extremely winter dominant. During winter periods, swimmers are limited to “functional” training adaptations. Functional adaptation is the cardiovascular and glycolysis adaptation to training (aerobic, anaerobic systems). While this is good, the problem is the adaptation is temporary: within a three-week period of competition and rest, the swimmer can lose up to 80% of the training benefits they gained (one step forward and 8/10ths of a step backward). However, during summer periods, athletes benefit much more from both “functional” and “structural” adaptation. Structural adaptation is the growth and development of the athlete. Structural adaptation is the critical long term change athletes require to achieve full potential. Swimmers must go into a catabolic state to lose this training effect, i.e. mononucleosis.

Proposal B

Move Spring Nationals to 10 – 12 weeks prior to the major International Competition of the year, mid – late May.

Physiological basis for consideration: The optimum length of time for training adaptation to occur for functional work is 6 to 9 weeks. The minimum period of time for structural adaptation to occur is six months.

**Points for Consideration:
Moving to late September Nationals**

Extends the swimming year by up to two months. It is estimated, most Canadian swimmers are swimming less than 10 months a year and average under 2000 km per year. In comparison, their Australian counterparts swim 11 months per year and

Provincial and Youth Championships, plus allows time for other summer activities and holidays, while continuing to swim.

Swim clubs are back in training and full activity. The focus and attention provided senior club swimmers from within their own club will be enhanced.

Maximize the use of outdoor pools and good weather training across Canada.

Create potential involvement of summer swimmers across Canada. Many of Canada’s best talent has come from summer swim club programs. By closer aligning of Winter Clubs to Summer Clubs this talent search can be enhanced.

Avoid conflicts with University swim programs and academic schedules.

Canada has the best summer climate in the world for training. Long summer days allow for more than 12-hour training days.

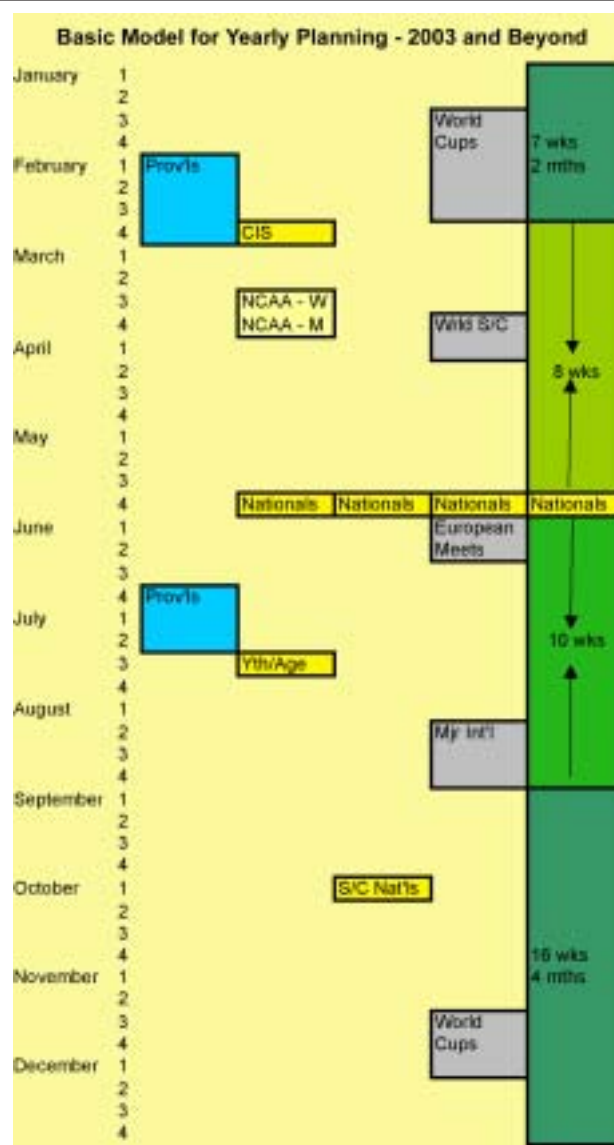
Observation of other sports, Triathlon, Rowing and Cycling, attempt to enhance the length of their summers by moving around the world to train in a summer climate.

Indoor pools are not the best environment to train in for extended periods of time. People must train in fresh air. Swimming is a summer sport and should be conducted outside as much as possible.

Canadian swim clubs currently spend large amounts of money traveling to the USA for training camps at Christmas and Easter. By extending training into the summer this pressure on clubs can be reduced.

Observation of other countries: Hungary, Finland, Sweden, Norway, Germany, Russia have sent many groups to summer climates for extended periods during their winters. Of particular note, the British have been sending swimmers to Australia for 6-to-8 week camps during

their winter. In addition the British have introduced a September Nationals following the Australian model, which has been in use for over 10 years.



average 2500 km per year. Allow the senior national swimmers, a full summer program to prepare. For age group national level swimmers it allows more time to accommodate

Moving to Mid-late May Trials

Provide 6 to 8 weeks for athletes to prepare for long course trials after University championships.

Reduce conflict with exam periods at all levels.

NCAA Collegiate swimmers can easily return for the Nationals in May.

Avoid dangerous long periods of extended functional adaptation causing "plateau effect" leading into major competitions. Reference is made to the 1996 USA Olympic review in which athletes and coaches both felt they were over trained (prepared) and under competed because of such long extended training periods.

For functional adaptations to occur between National Trials and a major competition, there needs to be a training period of more than six months. In this case the American model is best used, where they are selecting their teams for the next 13 months from this August's Nationals.

In addition, the American model of having their Olympic Trials 3 weeks before the 2000 Olympic Games provided them with the best result they have had since 1976. This 3 weeks model allows virtually no time for training adaptations, but rather the enhancement of competitive skill.

The combination of this National Trials 13 month and 3 week selection process would be of particular interest.

Weekend Invitational Meet and Senior Meet Format Proposal

Goal

To improve and enhance the competitive nature of the meets

Requirements

Valued award/ recognition system (money/honours). Real measurable challenge

Structure:

3 meets in one:

Elimination 50s

(heats; round of 12; round of 6; round of 3)

Combined total time 100s

(lowest total time: heats + finals)

Timed Finals – 200 and longer

(Top 10 performances on IPS)

Age Group – PENTATHLON Weekend

Goal

Improve and enhance the competitive nature of the meets

Requirements

Active and frequent involvement of children

Limit time access

Limit funding resources (parents and clubs)

FUN – sense of accomplishment:

Measurable

Self improvement

Ranking improvement

Structure:

5 events – all strokes

Jim Fowlie is head coach at the Pacific Sport National Swim Centre in Victoria, BC.

AUSTRALIAN NEWS

AUSSIE TEAM MAKES LAST MINUTE CHANGES

TOURETSKI AND HASS WITHDRAW, PIERRE LAFONTAINE ADDED TO COACHING STAFF

Nikki Dryden

Gennadi Touretski appears to be on his final legs here in Australia. After an incident involving rowdy behaviour aboard an airplane flight, Touretski was suspended by the Australian Sports Commission, and has since withdrawn from the Australian Commonwealth Games Team after his top swimmer, backstroker Ray Hass, pulled out of the meet.

Australian Swimming Chief Executive Glenn Tasker announced that Touretski is being replaced by David Urquhart of the Redlands Club in Brisbane, coach of sprint star Ashley Callus. Hass's spot on the swim team has been replaced by a female, butterflyer Rachel Coffee. While in Monte Carlo, Hass was involved in a motor scooter accident, breaking his elbow after a fall, and was immediately flown home for surgery.

Before Touretski withdrew from the Commonwealth Team, with just one swimmer, Olympic 200 backstroker Clementine Stoney, under his charge, he left the AIS pool in Canberra where he has coached since 1993.

Soon after leaving the pool it was announced by Australian Sports Commission chief executive Mark Peters that the commission and the AIS believed Touretski was currently unable to perform his services as required by the terms of his engagement and was suspended on full pay pending a medical examination.

Touretski was quoted as saying, "I have done some good things and some bad things in my time here (AIS)." He said he felt that there was little chance that he would be given the opportunity to continue coaching at the AIS and it was just a matter of time before he received his marching orders.

Of immediate concern to Touretski was to ensure that his one healthy swimmer, Clementine Stoney, would be coached up to the Commonwealth Games in Manchester. It was decided she would train under newly appointed AIS coach Pierre Lafontaine of Canada. Lafontaine joined the AIS coaching staff two months ago, after leaving the Phoenix Swim Club in the US, where he coached Olympic

medallist, Klete Keller.

Touretski's suspension by the Australian Sports Commission was also due to his actions while returning from the Mare Nostrum Tour. It is alleged that on an airplane flight from Singapore to Sydney, Touretski was harassing other passengers, and had spilled coffee over a flight attendant trying to settle him. Airline staff then handcuffed him. It has been suggested he was intoxicated on the flight, although Touretski has asserted to AIS officials that he had reacted badly at altitude to blood pressure tablets he



Gennadi Touretski

Marco Chiesa

is required to take. Touretski is facing possible prosecution over the alleged incident. Qantas Airways said a passenger had "behaved inappropriately towards a number of passengers and crew" and had been questioned by police on arrival in Sydney.

No charges have been laid yet by police, and their investigation is expected to take five or six weeks. This would be the second such incident for Touretski who was involved in a similar air rage incident resulting in a \$10,000 fine. While flying from Sydney to LA for the Pan Pacific Championships in 1995,

which were held in Atlanta, he punched a pilot, bit a flight attendant, and poked a fellow passenger in the eye while intoxicated. The plane made an unscheduled stop in Honolulu, where Touretski was arrested and served 30 days in jail. Australian Swimming only reprimanded him at the time.

Gennadi Touretski was also in hot water earlier this year when he told a reporter during the World Short Course Championships in Moscow that his colleagues betrayed him during his legal battle against drugs charges last year. He was suspended from his role at the AIS last year, after drugs were allegedly found in a safe stolen from his home. The charges were later dropped and he was allowed to resume his duties at the AIS.

Speaking to a reporter from Reuters in Moscow, Touretski said his colleagues, who poached his swimmers during his legal battle, had betrayed him. He also said it was difficult to work and compete under somebody else's flag.

MAKING WAVES®



Tamara Gimón, 10
 Club: Burlington Aqua Devils
 Coach: Henry Bekker
 Specialty: Freestyle, back and IM
 1st ranked for LCM02 TAG in the 50 free and 200 IM, 2nd for 100 free

Best Times	LCM02
50 freestyle	31.51
100 freestyle	1:09.52
100 backstroke	1:22.72
200 ind.medley	2:38.90



Antoine Lamoureux-Auclair, 12
 Club: Les Riverains
 Coach: Martin Gregoire
 Specialty: Free, breast, fly, IM
 1st ranked for LCM02 TAG in the 200 breast, 3rd ranked in the 400 free and IM

Best Times	LCM02
400 freestyle	4:54.65
100 breaststroke	1:20.50
200 breaststroke	2:49.02
400 ind.medley	5:28.57



Zach Summerhays, 12
 Club: Rock Island Swim Club
 Coach: Mary Ellen Peace-Hall
 Specialty: Individual medley
 2nd ranked for LCM02 TAG in the 400 IM

Best Times	LCM02
400 freestyle	4:56.94
50 breaststroke	38.10
400 ind.medley	5:28.57



Alexa Kormanycky, 12
 Club: Etobicoke Swimming
 Coach: Jocelyn Jay
 Specialty: Distance free and IM
 1st ranked for LCM02 TAG in the 800 free and 400 IM, 2nd for the 400 free

Best Times	LCM02
400 freestyle	4:48.61
800 freestyle	9:50.79
200 ind.medley	2:35.27
400 ind.medley	5:21.26



Frederic Pelletier-Bernier, 12
 Club: Les Riverains
 Coach: Martin Gregoire
 Specialty: Backstroke and butterfly
 3rd ranked for LCM02 TAG in the 200 back, 3rd for 100 fly

Best Times	LCM02
100 backstroke	1:12.82
200 backstroke	2:35.36
100 butterfly	1:11.85
200 butterfly	2:43.49

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Kyungsoo Yoon, 12
 Club: North York Aquatic Club
 Coach: Brian Kelly
 Specialty: Freestyle and butterfly
 1st ranked for LCM02 TAG in the 100 fly, 2nd for 200 fly, 4th for 1500 free

Best Times	LCM02
100 freestyle	1:03.88
1500 freestyle	19:37.14
100 butterfly	1:08.23
200 butterfly	2:37.73

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