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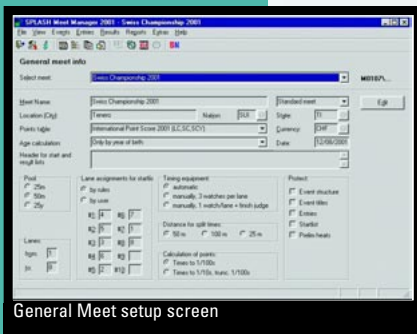


***WORLD CUP QUEEN
MARTINA MORAVCOVA***

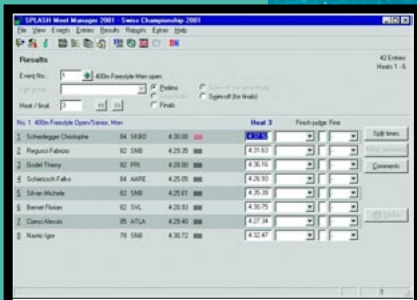
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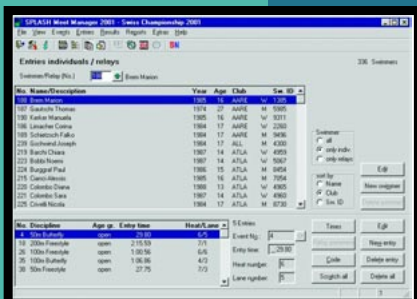
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We are late.

The hold up was TAG times. Everyone expects accurate Canadian Top Age Group Times, but it took longer than expected to merge data files and to clean up the mess.

Most meets are now using a meet manager software to run their competitions, unfortunately few understand this software. After many weeks of effort we have figured some of it out. It still requires close monitoring of each data file to make sure it is clean. Software tools had to be developed for this clean-up process.

We have also transferred our 15-year history of rankings with over a million performances into our new database.

Shortly, a searchable database of rankings and results will be available on our website www.swimnews.com. Gradually it will be expanded world wide.

What follows is an explanation on current published TAG times. We have expanded the number of pages to eight from the previous six. Records and relays will be added later. Rankings are for single years, that is age as of the first day of competition. This allows for a swimmer to be listed in two categories as they change age. If we have an incorrect birthdate, this will affect the rankings. The birthdate is part of the data file for each swimmer, but if it is incorrect or changing from meet to meet it will cause problems. So we remind everyone entering competitions to insure all the required information is accurate.

Quebec meets are a particular problem as they don't come in data format and a good part of the delay was caused by this.

The rest of this issue covers the most exciting FINA World Cup series where 22 World Records fell, the most ever.

The Canadian University Championships resulted in UBC winning its fifth consecutive men's and women's team title with Brian Johns winning seven golds and establishing a Canadian 200 IM record.

The four-day European Championships was the perfect made-for-TV event, a tight two hour length, with lots of swimming and little pomp and ceremony. Since LEN's main source of income is TV it pays to cater to their needs. The fast swimming also help.

Nikki Dryden continues her series Your Health with an article on Sports Psychology and write on the US Open and profiles top backstroker Natalie Coughlin.

Wayne Goldsmith writes on how to manage yourself to get the most out of our training.

Next issue we'll cover the Canadian Commonwealth Trials and after that the World SC Championships in Moscow (RUS).

2002 CANADIAN

March

- 16-17 EKSC White Bears, Edmonton
- 16-17 Lethbridge Invitational, AB
- 19-24 Spring Nationals Cwlt Trials, Winnipeg
- 23-24 CAMO Invitational, Montreal

April

- 5-7 NB SC Team Championships, Fredericton
- 6-7 SAMAK Invitational, Brossard
- 6-7 Excalibur Invitational, Lethbridge
- 13 Etobicoke Pentathlon, ON
- 13-14 Laser Septathlon, Saskatoon
- 13-15 LMRL Invitationals, Vancouver
- 13-15 Chinook Invitational, Calgary
- 19-21 Trojan Invitational, Halifax
- 19-21 Ontario Team Championships Brantford (I), Sudbury (II), TBD (III)
- 19-21 Island Invitational, Victoria
- 26-28 Quebec Team Championships Sainte-Foy (I), St-Jean (II), Sherbrooke (III)
- 26-28 EKI International, Edmonton

May

- 3-5 Hicken Invitational, Etobicoke
- 4-5 Olympian 10&U, Edmonton
- 9-12 Hollandia Garden Invitational, London
- 9-12 ROW Invitational, Waterloo
- 9-12 Cascade NIKE Invitational, Calgary
- 9-12 Leduc Invitational, AB
- 9-12 AMAC Invitational, AB
- 17-19 ALDO Invitational, Montreal
- 17-19 TOP Cup, Etobicoke
- 17-20 Masters Nationals, Saskatoon
- 24-26 NB LC Team Champs, Saint John
- 24-26 Quebec Cup 2
- 23-26 Zajac International, Vancouver

June

- 31-2 Ontario SR Championships
- 31-2 Regina Invitational, SK
- 6-9 Etobicoke AG International, ON
- 7-9 Nova Scotia Championships, Halifax
- 14-15 Toronto Swim Finale, ON
- 14-15 Central Region Champs, Etobicoke
- 14-16 Moose Jaw Invitational, SK
- 14-16 HYACK Invitational, BC
- 14-16 Island Invitational, Victoria
- 21-23 Central Region Team Champs, Etobicoke
- 27-30 Quebec Cup 3
- 27-30 Man-Sask Championships, Winnipeg

July

- 4-7 Ontario JR Provincials, Etobicoke
- 5-7 East Coast Championships, Halifax, NS
- 5-7 Quebec Cup, Montreal
- 12-14 Quebec Championships, St-Hubert
- 12-14 Alberta Championships

- 11-14 BC Championships
- 17-21 Youth, Junior, SWAD Nationals, Winnipeg
- 26-28 Eastern Cup, Montreal

August

- 6-10 Summer Nationals, Victoria

2002 UNITED STATES

March

- 19-23 Spring Nationals, Minneapolis, MN
- 21-23 Women's NCAA Championships, Austin, TX
- 24 5K Open Water Nationals
- 28-30 Men's NCAA Championships, Athens, GA

May

- 17-19 US Grand Prix 1, Ann Arbor
- 25-27 10K-25K Open Water Nationals, Newport Beach, CA

June

- 6-9 US Grand Prix 2, Charlotte, NC
- 13-16 US Disability Championships, Federal Way, WA
- 14-17 Mission Viejo Invitational, CA
- 28-30 US Grand Prix 3, Santa Clara, CA

July

- 13-14 US Grand Prix 4, Long Island, NY
- 19-21 US Grand Prix 5, Los Angeles, CA

August

- 12-17 Summer Nationals, Fort Lauderdale, FL
- 18 5K Open Water Nationals, Fort Lauderdale, FL

December

- 5-7 U.S. Open, Minneapolis, MN

2002 INTERNATIONAL

March

- 15-19 South American Championships, Belem, BRA
- 18-23 National Championships, Brisbane, AUS

April

- 4-7 FINA World SC Champs, Moscow, RUS
- 10-15 British Championships, Manchester, GBR
- 11-14 Carifta Championships, Barbados
- 15-21 National Championships, Chalon-sur-Saone, FRA

June

- 1-2 Mare Nostrum 1
- 8-9 Mare Nostrum 2
- 27-30 ASA Championships, GBR

July

- 1-7 Caribbean Championships, Curacao
- 6-7 Coupe de France Finals, Millau
- 25-4 European Championships, Berlin

August

- 30-4 Commonwealth Games, Manchester, GBR
- 22-25 British SC Championships, GBR
- 25-31 Pan Pacific Champs, Yokohama, JPN

November

- 25-1 Central American & Caribbean Games, San Salvador

December

- 12-15 European SC Championships

Nick J. Thierry

The 2001-2002 FINA World Cup was a huge success.

After nine competitions (three in the Americas, one in Asia, one in Australia, and the final four in Europe) over a period of two-and-half months, the end result was 22 world records in 12 events. With top prize money awarded for fast swimming, all of the six winners (three men and three women) had to be at their best ever to remain in contention.

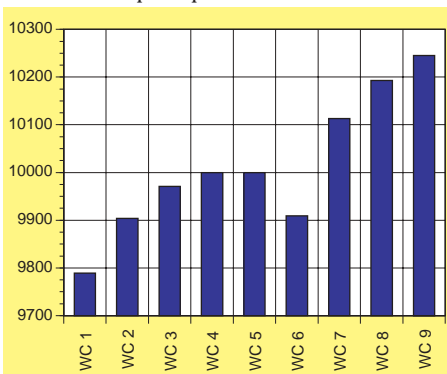
The star performer was Ed Moses (USA), who rewrote the record book in the men's breaststroke with five record swims in the 50, 100, and 200 breaststrokes. It was his 2:03.17 in the 200 that earned him the top prize for the top performance of the series, worth 1049 points.

All three prize winners in the men's category were breaststrokers. It was the intense head-to-head competition over the series that resulted in the amazing results.

Martina Moravcova (SVK) has made the World Cup her own special project. Last year she competed in 6 out of 10 competitions, winning 8 categories and \$32,000 in prize money. This year she easily topped that. With emphasis on fast swimming, she was up to the challenge, winning 24 events in six competitions, adding 4 seconds, and 2 thirds. At the final meet in Berlin, she bettered the world record in the 100 fly with 56.55, worth 1028 points and giving her the top women's performance over the series.

The single best women's performance was by Natalie Coughlin (USA), who shattered world records in the 100 and 200 backstrokes in November 2001. Her 57.08 was worth 1039 points, but she only competed in one meet, so was not eligible for the final prize.

The series will be similar next year; changes that will be in effect for 2004 include a reduction to no more than five to seven competitions and increased prize money in order to encourage the best swimmers in the world to participate.



The chart shows how each competition rated comparing top ten performances. Each competition resulted in faster results (with one exception).

Showing up was definitely not enough anymore.

ED MOSES AND MARTINA MORAVCOVA TOP PERFORMERS

22 WORLD RECORDS, US \$824,000 IN PRIZE MONEY

WORLD CUP 1 RIO DE JANEIRO— The only outdoor competition of the World Cup series was held over three days with finals in the morning. Globo TV, broadcasting live in Brazil, had 12 million viewers during the Sunday-morning finals session from 9 to 11:15 am.

The quality of the competition was much superior to previous years.

Host Brazil had the most medals with 33 (4-10-19) and bettered six national and five South American records.

The Americans won the most golds with 6 and had 11 medals in total. Lindsay Benko was the top American performer with wins in the 200 free and 200 back, and a 400 free win with 4:07.84, beating Yana Klochkova by five seconds. Backstroke Diana MacManus added wins in the 50 and 100.

Yana Klochkova (UKR) won all the IMs, swimming a 1:02.55 in the 100 on the first day. She also finished second in the 400 free. Klochkova easily won the 400 IM; Georgina Bardach (ARG), in second with her 4:41.09, bettered the former South American record of 4:46.16 from 1999.

The five-member Canadian team was solid with 9 medals (5-2-2), with Morgan Knabe winning the 200 breast in 2:09.50, his best ever, and placing third in the 100 breast with 1:00.52. Rhiannon Leier (CAN) won the 100 breast in 1:09.09 and added seconds in the 50 and 200 breast. Rick Say (CAN) had strong performances, winning the 200 free in 1:45.84, the 400 free in 3:45.55, and the 1500 free in 15:11.54. His 200 free was a personal best.

Rating Summary of top performances World Cup 1

- | | | | |
|---------|-------|--------------|--------------------------|
| 1) 1000 | 58.76 | 100 breast M | Roman Sloudnov, 80, RUS |
| 2) 985 | 27.22 | 50 breast M | Oleg Lisogor, 79, UKR |
| 3) 984 | 58.29 | 100 fly W | Johanna Sjoberg, 78, SWE |



Fast start for Sloudnov in Rio



Flyer Geoff Huegill (AUS)

WORLD CUP 2 EDMONTON— Two World Cup records during the second night of finals were the highlights.

First up was Xuejuan Luo (CHN), winner of the 50 breast in 30.71, bettering the old Cup record of 30.77 by Xue Han (CHN) from 1977. It is the third-fastest all-time performance, just 1/10th of a second off the world record. Luo won the 100 breast in 1:06.37. The 50 breast was the top women's performance of the competition, worth 1003 points.

Geoff Huegill (AUS) already had the top men's performance from the first day's 50 fly win of 23.05, worth 1008 points. He added the 100 fly with a 51.04 (1005 points), which bettered the World Cup record of 51.07 by Michael Klim (AUS) in 1997. Huegill also placed second in the 100 backstroke.

Rick Say (CAN) continued in his national record-setting mode and overall domination of freestyle events, winning the 200 free with 1:45.59 and the 1500 with 15:05.72. On the first day he won the 400 free with 3:42.42, a Canadian mark, and was second in the 100 free. He won six events in the first two World Cups.

Morgan Knabe (CAN) won the 100 breaststroke in 59.94, holding off a fast-charging Eduardo Fischer (BRA) in second with 1:00.19, a national and South American record.

"I'm still in the 200 mode," Knabe said. "It's not there yet for the sprints. I was having a hard time getting under the minute. I have to work on my speed. It will come the more I race. As soon as I get to



Three Canadian records for Morgan Knabe

Australia and then on to Europe, I'm sure I'll be in the 58s."

Martina Moravcova (SVK) won five of the six events she contested. On the first day, she won the 200 free and 100 fly, on the second she added the 100 free in 53.82, the 100 IM in 1:00.97, and the 50 fly in 26.62. When asked about her stamina, she said "It's the way I train, and I learned to swim many races in college. Actually I'm pleased with my last swim today in the 50 fly, which was just 2/100th off my best." She picked up five firsts and a second in two days. She plans to compete on all the required continents.

A story with a Canadian angle is Brian Johns, an individual medley swimmer. He's been in the shadow of three-time Olympian Curtis Myden. He won the 400 IM the first day with a 4:13.76. The next day he added the 200 IM in 1:59.36. In both races, he edged Tom Wilkens, a world championships medallist last summer. It was a big step up for Johns.

Rating Summary of top performances World Cup 2

- 1) 1008 23.05 50 fly M Geoff Huegill, 79, AUS
- 2) 1003 30.71 50 breast W Xuejuan Luo, 84, CHN
- 3) 997 1:55.92 200 free W Martina Moravcova, 76, SVK

* * *

This is the last World Cup in Edmonton. Every year the competition has improved. The budget is over \$400,000 Canadian. The best things in Edmonton are the large number of former swimmers who contribute time and sponsorship support to the competition. The transport provided to swimmers and officials by the local volunteers is without comparison anywhere. A heartfelt thanks to you all.

Spectator interest was the best ever, with 1100 tickets sold. In the history of the World Cups in Edmonton, each year the local committee improved organizational aspects but this will be the last time. If Canada is to host another World Cup, it will be in Montreal.

WORLD CUP 3 EAST MEADOW—It was Natalie Coughlin's turn to shine, with double world-record swims for the 100 and 200 backstrokes.

One world and four World Cup women's records were bettered on the first evening of finals.

Natalie Coughlin (USA), the 19-year-old University of California at Berkeley student, was the star with two wins and a very close second. She won the 50 backstroke in 27.29, bettering the former World Cup record of 27.62 by Barbara Bedford (USA) from 2000. Then she raced the 100 butterfly, where she was in the lead for the first three-and-a-half lengths, only to be touched out by Martina Moravcova (SVK) 57.43 to 57.44.

About 20 minutes later, Coughlin swam the 200 backstroke and broke the world record with her 2:03.62 (29.49, 1:00.96, 1:32.70). The old record was 2:04.44 by Sarah Price (GBR) from last August. It's the third world record in the event since the end of July 2001.

"It was really, really surprising..." Coughlin said after the 200. "I did not expect this. I was trying to work on my stroke and on my underwater kick. I saw that I was ahead but I did not see by how much. The last 18 months have been amazing...I have been loving every minute of it."

Coughlin won the gold last summer at the Long Course Worlds in the 100 backstroke and a silver in the 4x100 medley relay.

On the second day, she blew away the old record in the 100 backstroke of 58.45 and lowered it to a stunning 57.08.

A bit of history. The first sub-minute women's backstroke time was in 1983. Since then, several rule changes, including turning on to the stomach for the turn, underwater kicking after the start and the turns for 15m, has made short-course backstroke more of a kicking event.

Natalie Coughlin takes advantage of all of this,



Seven Canadian records for Rick Say

kicking on her side after each turn for the maximum allowable distance, and has a steady stroke rate for the surface portion. She thus completed the sweep of all three backstroke events with World Cup records, and world records for the 100 and 200. By a huge margin, she was the top performer of this competition.

"I knew my 100 back was my strongest event," Coughlin said. "If I could do it in the 200, then I was pretty sure I could go after the world record in the 100. I felt really strong. I am just having fun and that is getting me through it. I went out like it was a 50."

Coughlin added another win in the final race of the competition, the women's 50 fly, in 25.83 (American record) over Martin Moravcova (SVK).

Moravcova won three events in very tough races on the first day. First up was the 200 free, which she won in 1:55.41. She bettered the old World Cup record of 1:55.50 by Yu Yang (CHN) from 2000. Minutes later, she came from behind to touch out Coughlin in the 100 fly with 57.43, and she completed the triple with a win in the 50 free in 25.14 over Katrin Meissner (GER) with 25.18.

After the final race, Martina Moravcova said, "I am learning how to finish properly. I love racing in the World Cup Series. It is part of my training and I benefit a lot from these meets."

Rating summary of top performances World Cup 3

- 1) 1039 57.08 100 back W Natalie Coughlin, 82, USA
- 2) 1006 57.43 100 fly W Martina Moravcova, 76, SVK
- 3) 1005 30.68 50 breast W Xuejuan Luo, 84, CHN

After three stages, the 2001-2002 FINA World Cup was off to a strong start with nine World Cup and two world records bettered.

WORLD CUP 4 SHANGHAI—Three world records by four Chinese swimmers were the highlights.

The major highlight of the first day came in the women's 50 m backstroke, thanks to an almost unknown 16-year-old Shanghai swimmer, Hui Li, who, in an all-Chinese final, smashed the world record with a time of 26.83. Li, who features a fit-for-swimming body shape, improved her personal best by nearly two seconds, from 28.61! Her technique was perfect in all stages of the race; she was particularly effective with the underwater dolphin kick. Her feat was saluted with great enthusiasm by both the crowd and the 70 representatives of the Chinese media who were covering the meet. The previous world record belonged to Haley Cope of the USA (27.25), while the previous World Cup record had been set by Natalie Coughlin, also of the USA, at the previous week's World Cup meet in New York. Li's time was worth 1034 points.

Hua Chen, 19, won the women's 800 freestyle in a world-record time of 8:15.15 (splits: 59.48, 2:01.57, 3:04.07, 4:06.49, 5:08.94, 6:11.72, 7:14.59). This was an historical feat since the previous world record of 8:15.34 by Astrid Strauss (GDR) dated back to 1987.

On the second day, Wei Li and Xuejuan Luo tied for first in the 50 breaststroke with 30.56, bettering the former world record of 30.60.

The top men's performance was by Roman Sloudnov (RUS) in the 100 breaststroke with 58.57. He won the 200 breast with 2:09.75 on the first day, and the 50 breast in 26.90, a World Cup record.

Rating Summary of top performances World Cup 4

- | | | | | |
|---------|---------|-------------|-----------------|--------------------|
| 1) 1033 | 26.83 | 50 back W | Hui Li,85,CHN | |
| 2) 1010 | 30.56 | 50 breast W | Wei Li,79,CHN | |
| | 1010 | 30.56 | 50 breast W | Xuejuan Luo,84,CHN |
| 4) 1009 | 8:15.15 | 800 free W | Hua Chen,82,CHN | |

WORLD CUP 5 MELBOURNE— Geoff Huegill (AUS) and Zoe Baker (GBR) were named the swimmers of the meet, collecting SA 7000 each for their fine efforts.

Huegill's prize came from his world-record 50 butterfly swim of 22.84; he added the 100 fly with a 50.71, his best ever and another World Cup record.

Baker missed the days-old world record in the 50 breaststroke (30.56), winning with 30.61, but still rated the top women's performance.

With live television for the finals and huge spectator interest, this was the only meet held over three full days.

Rating Summary of top performances World Cup 5

- | | | | |
|---------|-------|-------------|------------------------|
| 1) 1021 | 22.84 | 50 fly M | Geoff Huegill,79,AUS |
| 2) 1008 | 30.61 | 50 breast W | Zoe Baker,76,GBR |
| 3) 1005 | 57.45 | 100 fly W | Rachel Komisarz,77,USA |

WORLD CUP 6 IMPERIA— Zoe Baker (GBR) bettered the world record for the 50 breaststroke on January 15 at World Cup 6 in Imperia, ITA.

This marked the fifth record-setting performance during the past five weeks, as four different swimmers had been taking turns improving the former record of 30.60 from 1999 set by Penny Heyns (RSA).

- 30.56 Xuejuan Luo,CHN, Dec 3,2001
- 30.56 Wei Li,CHN, Shanghai, Dec 3,2001
- 30.56 Emma Igelstrom,SWE,Dec 13,2001
- 30.53 Zoe Baker,GBR, Jan 4,2002
- 30.51 Zoe Baker,GBR,Jan 15,2002

Rating Summary of top performances World Cup 6

- | | | | |
|---------|-------|-------------|---------------------|
| 1) 1013 | 30.51 | 50 breast W | Zoe Baker,76,GBR |
| 2) 1003 | 30.72 | 50 breast W | Xuejuan Luo,84,CHN |
| 3) 999 | 26.96 | 50 breast M | Oleg Lisogor,79,UKR |



50 breaststroker Zoe Baker



Five Canadian records for Jennifer Carroll

WORLD CUP 7 PARIS—The pace picked up noticeably in the last three World Cups as the lure of the big prize money (US\$50,000 for the top swims) brought out the best from those in contention. Over the two days, three world records were bettered.

Ed Moses (USA) bettered his own world record of 2:06.40 from 2000 with a 2:04.37 on the first day, adding the 50 breast in 26.74, a World Cup record.

Yana Klochkova (UKR) shattered the world record in the 400 individual medley with her 4:27.83. The previous record was 4:29.00 from 1993.

In the women's 50 breaststroke, Xuejuan Luo (CHN) lowered the world mark to 30.47. There had been six record-bettering swims by four different swimmers in this event since Dec 3, 2001. The old record was 30.60 from 1999.

Roman Sloudnov (RUS) won the 100 breaststroke in 58.08, a new European record, with Ed Moses (USA) in second with 58.22, and Morgan Knabe (CAN) in third with 59.34, a new Canadian record.

Pieter van den Hoogenband (NED) won the 200 freestyle with 1:44.49, with Rick Say (CAN) second with 1:44.78, another Canadian record.

Martina Moravcova (SVK) won three events on the second day: 100 free in 53.90, 50 fly in 26.56, and 100 IM in 1:00.88, giving her five wins over the two days, the most by anyone. In the four World Cups she has competed in, she has won 18 of the 22 events.

Canadians bettered three national records as Rick Say (UCSA) won the 400 free in 3:42.19, bettering his own previous best of 3:42.42 from last November. His second place in the 200 free with 1:44.78 was also a national record. Jennifer Carroll (CAN) won the 50 backstroke with a 27.41 and bettered her own previous record of 27.83 from November.

Rating Summary of top performances World Cup 7

- | | | | | |
|---------|---------|--------------|--------------------------|--------------------|
| 1) 1035 | 2:04.37 | 200 breast M | Ed Moses,80,USA | |
| 2) 1024 | 4:27.83 | 400 im W | Yana Klochkova,82,UKR | |
| 3) 1017 | 58.08 | 100 breast M | Roman Sloudnov,80,RUS | |
| 4) 1014 | 57.09 | 100 fly W | Martina Moravcova,76,SVK | |
| | 1014 | 30.47 | 50 breast W | Xuejuan Luo,84,CHN |

WORLD CUP 8 STOCKHOLM—Five world records were bettered as fast performances took the spotlight.

Ed Moses (USA) moved into the lead for the overall 2002 World Cup performance winner (worth US \$50,000) after his double world-record-setting performances on the first day of World Cup 8 in Stockholm, Sweden.

Moses first bettered the 50 breaststroke world record with a 26.27 (1035 points), shattering the old mark of 26.70 from 1998. In second with 26.54, Roman Sloudnov (RUS) was also under the old record and established a new European record.

In the 200 breaststroke, Moses bettered his own mark of 2:04.37 from the previous Friday in Paris, with 2:03.28 (1048 points). Both swims bettered his old record of 2:06.40 from 2000.

The men's 200 breaststroke was the best event as Jim Piper (AUS), in second with 2:06.61, bettered his own previous best for an Australian record, and Morgan Knabe (CAN), in third with 2:07.18, also bettered his own national record by almost two seconds.

Geoff Huegill (AUS) won the 50 fly with 22.84, equalling his own world record from December at the Melbourne World Cup 5.

A European record was established by Martina Moravcova (SVK) in the 100 fly with 56.86, bettering her previous record of 57.08 from January 18 at the Paris World Cup 7. It was Moravcova's 19th win in 23 events she has competed in on the current World Cup circuit.

Another European record was set by Emma Igelstrom (SWE) in the 100 breaststroke with 1:02.61, bettering her previous 1:06.21 from two weeks before at the South African Championships.

Rick Say (UCSA) broke his Canadian record in winning the 400 free with 3:41.99, bettering his previous 3:42.19.

Jennifer Carroll (CAN) broke the 50 backstroke Canadian record with her win in 27.31. It was her fourth record in this event since November 23 in Edmonton.

Ed Moses (USA) gained a third world record in Stockholm as he improved his own world record in the 100 breaststroke with a 57.47, bettering his previous record of 57.66 from 2000. That gave Ed Moses a sweep of all three breaststroke world records at this World Cup in Stockholm, something never done before.

The men's 100 breaststroke was very fast, with all the finalists under the minute and the top three under 58 seconds. Roman Sloudnov (RUS) was second with

57.73, a European record, and Oleg Lisogor (UKR) was third with 57.97.

Emma Igelstrom (SWE) lowered the 50 breaststroke world record with 30.43, bettering the four-day-old previous record of 30.47 by Xuejuan Luo (CHN).

Rick Say (UCSA) set a Canadian record in the 200 freestyle with 1:44.40, bettering his own 1:44.78 from the previous Saturday. Say has been in great form on the World Cup circuit, with seven record swims in the 200 and 400 free since last November.

Fourteen world records have been bettered in the 2001-2002 World Cup to date in nine events.

Rating Summary of top performances World Cup 8

- 1) 1048 2:03.26 200 breast M Ed Moses,80,USA
- 2) 1025 57.73 100 breast M Roman Sloudnov,80,RUS
- 3) 1021 22.84 50 fly M Geoff Huegill,79,AUS
- 4) 1020 56.86 100 fly W Martina Moravcova,76,SVK
- 5) 1019 25.50 50 fly W Anna-K Kammerling,80,SWE
- 1019 57.97 100 breast M Oleg Lisogor,79,UKR
- 7) 1016 30.43 50 breast W Emma Igelstrom,80,SWE
- 8) 1010 2:06.61 200 breast M Jim Piper,81,AUS
- 9) 1008 27.31 50 back W Jennifer Carroll,81,CAN
- 10)1007 2:20.87 200 breast W Hui Qi,85,CHN
- 1007 30.62 50 breast W Zoe Baker,76,GBR

WORLD CUP 9 BERLIN—Six world records brought the overall total to 23, the most ever in the 13-year history of the FINA World Cup. Four world records were set the first day.

Ed Moses (USA) lowered his four day-old record for the 200 breaststroke to 2:03.17; it was his fifth world-record performance in the past week. He was upset in the 50 breaststroke as Oleg Lisogor (UKR) won in 26.20 for his first world record.

Geoff Huegill (AUS) won the 50 fly in 22.80, but established a new world mark of 22.74 in the prelims. He already held the old record of 22.84 from December 2001 at the Melbourne World Cup.

Martin Moravcova (SVK) established a new world record in the 100 butterfly with 56.55, bettering the old mark of 56.56 from 2000. It was the sixth fly win in the current series for Moravcova.

In addition, three European marks fell to Lisogor, Moravcova, and to Emma Igelstrom (SWE), who bettered her own 100 breaststroke with 1:06.14.

Amanda Pascoe (AUS) lowered the 800 free Commonwealth and Australian record with her 8:17.64.

Jennifer Carroll (CAN) won the 50 backstroke with a Commonwealth and Canadian record of 27.26.

On the second day, Thomas Rupprath (GER) upset Geoff Huegill (AUS) in the 100 butterfly. It took a fabulous world record of 50.10 by Rupprath, who split 23.33, with Huegill never in contention, splitting 24.06 for a final time of 50.84.

The other world record was by Zoe Baker (GBR) in the 50 breaststroke with 30.31, bettering the four-day-old record of 30.43 by Emma Igelstrom. The old world record at the end of November was 30.60 and had been whittled down by four different swimmers no less than seven times.

* * *

Of the 34 events on the World Cup program, 17 events had 40 record-setting performances.

At the start of the series in World Cup 1, only one performance reached 1000 points. The quality improved dramatically in the final three competitions in Europe, with 13 swims over the 1000-point level in Berlin.

It was fitting that the top three prize winners for the men were all breaststrokers who raced repeatedly, each lowering world records six times at the three distances.

Seventeen Canadian records were bettered in seven events. Michael Mintenko (UBCD) bettered the 100 fly Canadian record in Berlin with his third-place 51.91. The old record was 51.94.

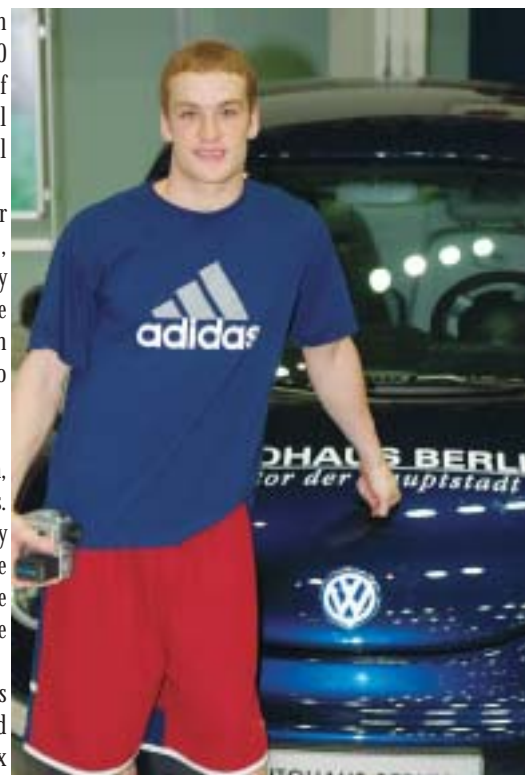
Rating Summary of top performances World Cup 9

- 1) 1049 2:03.17 200 breast M Ed Moses,80,USA
- 2) 1039 26.20 50 breast M Oleg Lisogor,79,UKR
- 3) 1031 50.10 100 fly M Thomas Rupprath,77,GER
- 4) 1028 56.55 100 fly W Martina Moravcova,76,SVK
- 5) 1023 22.80 50 fly M Geoff Huegill,79,AUS
- 6) 1022 30.31 50 breast W Zoe Baker,76,GBR
- 1022 57.86 100 breast M Roman Sloudnov,80,RUS
- 8) 1014 4:00.30 400 free W Lindsay Benko,76,USA
- 9) 1011 27.26 50 back W Jennifer Carroll,81,CAN
- 10)1006 30.64 50 breast W Emma Igelstrom,80,SWE
- 11)1003 2:09.24 200 im W Yana Klochkova,82,UKR
- 1003 2:21.31 200 breast W Hui Qi,85,CHN
- 13)1002 8:17.64 800 free W Amanda Pascoe,85,AUS

ALL WORLD RECORDS WORTH US \$4,000

Berlin, January 26, 2002—The FINA Swimming World Cup Council decided to keep the allocation of US \$4,000 for each world record achieved in the FINA Swimming World Cup 2001/2002 by raising the total amount of money for world record (WR) bonuses.

According to the General Rules of the FINA



US \$83,000 and car for top performer Ed Moses

Swimming World Cup, a total maximum of US \$40,000 is meant to reward the setting of new world records—10 world records at US \$4,000 each (or division of the total money by the number of world records). Since the 2001/2002 edition of the FINA Swimming World Cup exceeded all the best expectations in terms of world records, the FINA Swimming World Cup Council decided to maintain the minimum amount of US \$4,000 for each new world record, no matter the number of world records bettered.

“The establishment of new World Records is essential to the success of the FINA Swimming World Cup as it enhances the promotion of the competition. Also for the athletes, the amount of US \$4,000 is a fair reward for their effort and devotion to swimming,” considered the FINA Swimming World Cup Council in its decision.

The top three performances (men and women) during the nine World Cups, earning the highest points and competing in all three continental series, earned prize money with all prize winners bettering the world records in their respective events.

Canadian prize winners (individual events only)

- Rick Say (UCSA) 9,500
- Morgan Knabe (UCSA) 7,000
- Jennifer Carroll (CAMO) 5,500
- Tobias Oriwol (ESWIM) 2,000
- Mike Mintenko (UBCD) 1,250

FINA WORLD CUP 2001-2002 PRIZE WINNERS (amounts in \$ US)

Swimmer	Ind. Events	World Records	FINA Prize	Total
Ed Moses (USA)	13,000	20,000	50,000	83,000
Martina Moravcova (SVK)	28,000	4,000	50,000	82,000
Yana Klochkova (UKR)	11,000	4,000	30,000	45,000
Oleg Lisogor (UKR)	6,000	4,000	30,000	40,000
Emma Igelstrom (SWE)	6,750	4,000	20,000	30,750
Roman Sloudnov (RUS)	7,250		20,000	27,250
Geoff Huegill (AUS)	12,500	12,000		24,500

MEN'S 2002 FINA WORLD CUP MEDALLISTS

50 METRES FREESTYLE

Rio de Janeiro	21.91 Jose M. Meolans, 78, ARG	22.10 Raphael De Thuin, 76, BRA	22.13 Nicholas Dos Santos, 80, BRA
Edmonton	21.85 Jose M. Meolans, 78, ARG	22.29 Bartosz Kizierowski, 77, POL	22.44 Denis Pimankov, 75, RUS
East Meadow	21.86 Jason Lezak, 75, USA	21.96 Bartosz Kizierowski, 77, POL	22.28 Fernando Scherer, 74, BRA
Shanghai	22.35 Denis Pimankov, 75, RUS	22.58 Oleg Lisogor, 79, UKR	22.63 Edvaldo Silva, 78, BRA
Melbourne	21.75 Jason Lezak, 75, USA	22.09 Aaron Claria, 78, USA	22.21 Ashley Callus, 79, AUS
Imperia	21.86 Bartosz Kizierowski, 77, POL	21.98 Aleksander Volynets, 74, UKR	22.20 Denis Pimankov, 75, RUS
Paris	21.64 Jason Lezak, 75, USA	21.71 Mark Foster, 70, GBR	21.71 Bartosz Kizierowski, 77, POL
Stockholm	21.57 Jason Lezak, 75, USA	21.66 Mark Foster, 70, GBR	21.80 Bartosz Kizierowski, 77, POL
Berlin	21.51 Mark Foster, 70, GBR	21.63 Salim Iles, 75, ALG	21.65 Jason Lezak, 75, USA

100 METRES FREESTYLE

Rio de Janeiro	48.05 Jose M. Meolans, 78, ARG	48.64 Scott Tucker, 75, USA	48.66 Gustavo Borges, 72, BRA
Edmonton	47.74 Jose M. Meolans, 78, ARG	49.04 Rick Say, 79, CAN	49.28 Bartosz Kizierowski, 77, POL
East Meadow	47.67 Jason Lezak, 75, USA	48.37 Scott Tucker, 75, USA	48.46 Neil Walker, 76, USA
Shanghai	48.29 Denis Pimankov, 75, RUS	49.60 Edvaldo Silva, 78, BRA	50.04 Kyle Smerdon, 80, CAN
Melbourne	47.79 Jason Lezak, 75, USA	48.43 Michael Klim, 77, AUS	48.43 Ashley Callus, 79, AUS
Imperia	47.73 Gustavo Borges, 72, BRA	48.13 Denis Pimankov, 75, RUS	48.54 Bartosz Kizierowski, 77, POL
Paris	47.44 Jason Lezak, 75, USA	47.84 Denis Pimankov, 75, RUS	48.10 Scott Tucker, 75, USA
Stockholm	47.25 Jason Lezak, 75, USA	47.68 Salim Iles, 75, ALG	47.84 Denis Pimankov, 75, RUS
Berlin	47.30 Jason Lezak, 75, USA	47.33 Jose M. Meolans, 78, ARG	47.54 Salim Iles, 75, ALG

200 METRES FREESTYLE

Rio de Janeiro	1:45.84 Rick Say, 79, CAN	1:46.48 Gustavo Borges, 72, BRA	1:47.56 Scott Tucker, 75, USA
Edmonton	1:45.59 Rick Say, 79, CAN	1:47.78 Chad Carvin, 74, USA	1:48.60 Brent Hayden, 83, CAN
East Meadow	1:46.13 Romain Barnier, 76, FRA	1:46.76 Josh Davis, 72, USA	1:46.83 Scott Tucker, 75, USA
Shanghai	1:46.94 Yu Liu, 82, CHN	1:48.52 Guillem Riland, 79, FRA	1:48.93 Kyle Smerdon, 80, CAN
Melbourne	1:44.24 Michael Klim, 77, AUS	1:44.76 William Kirby, 75, AUS	1:46.32 Antony Malkovich, 77, AUS
Imperia	1:45.04 Gustavo Borges, 72, BRA	1:45.26 Matteo Pellicciari, 79, ITA	1:46.45 Andrei Kapralov, 80, RUS
Paris	1:44.49 Pieter vdHoogenband, 78, NED	1:44.78 Rick Say, 79, CAN	1:45.60 Gustavo Borges, 72, BRA
Stockholm	1:43.85 Pieter vdHoogenband, 78, NED	1:44.40 Rick Say, 79, CAN	1:45.95 Scott Tucker, 75, USA
Berlin	1:43.81 Pieter vdHoogenband, 78, NED	1:45.23 Scott Tucker, 75, USA	1:45.60 Stefan Herbst, 78, GER

400 METRES FREESTYLE

Rio de Janeiro	3:45.55 Rick Say, 79, CAN	3:49.38 Bruno Bonfim, 79, BRA	3:49.60 Juan M. Pereyra, 78, ARG
Edmonton	3:42.42 Rick Say, 79, CAN	3:50.45 Chad Carvin, 74, USA	3:53.04 Lionel Cormack, 82, CAN
East Meadow	3:46.05 Josh Davis, 72, USA	3:49.99 Ricardo Monasterio, 78, VEN	3:52.05 Richard Moreau, 74, FRA
Shanghai	3:51.17 Zhixiang Ji, 85, CHN	3:45.09 William Kirby, 75, AUS	3:51.38 Bin Ying, 83, CHN
Melbourne	3:44.18 Chad Carvin, 74, USA	3:45.09 William Kirby, 75, AUS	3:46.84 Craig Stevens, 80, AUS
Imperia	3:42.50 Massi Rosolino, 78, ITA	3:46.37 Denis Rodkin, 83, RUS	3:46.87 Matteo Pellicciari, 79, ITA
Paris	3:42.19 Rick Say, 79, CAN	3:45.95 Denis Rodkin, 83, RUS	3:46.19 Kyu-Chul Han, 81, KOR
Stockholm	3:41.99 Rick Say, 79, CAN	3:46.10 Jacob Carstensen, 78, DEN	3:46.56 Kyu-Chul Han, 81, KOR
Berlin	3:43.38 Massi Rosolino, 78, ITA	3:43.98 Kyu-Chul Han, 81, KOR	3:44.47 Drago Coman, 80, ROM

1500 METRES FREESTYLE

Rio de Janeiro	15:11.54 Rick Say, 79, CAN	15:17.29 Luiz Lima, 77, BRA	15:28.88 Bruno Bonfim, 79, BRA
Edmonton	15:05.72 Rick Say, 79, CAN	15:17.28 Chad Carvin, 74, USA	15:32.41 Richard Cormack, 82, CAN
East Meadow	14:50.92 Chris Thompson, 78, USA	15:09.11 Ricardo Monasterio, 78, VEN	15:28.24 Max Jabon, 85, USA
Shanghai	15:05.06 Chen Yu, 83, CHN	15:12.65 Bin Ying, 83, CHN	15:15.71 Yueliang Song, 83, CHN
Melbourne	15:03.33 Daniel Kowalski, 75, AUS	15:04.28 Craig Stevens, 80, AUS	15:22.05 Nicola Selliari, 80, ITA
Imperia	14:56.16 Christian Minotti, 80, ITA	15:03.26 Andrea Righi, 79, ITA	15:04.81 Simone Ercoli, 79, ITA
Paris	14:56.80 Drago Coman, 80, ROM	14:58.93 Nicolas Rostoucher, 81, FRA	15:01.22 Kyu-Chul Han, 81, KOR
Stockholm	14:55.90 Kyu-Chul Han, 81, KOR	15:04.92 Drago Coman, 80, ROM	15:08.20 Rick Say, 79, CAN
Berlin	14:54.38 Kyu-Chul Han, 81, KOR	15:05.59 Drago Coman, 80, ROM	15:09.58 Spyridon Gianniotis, 80, GRE

50 METRES BACKSTROKE

Rio de Janeiro	24.64 Michael Gilliam, 79, USA	24.92 Sebastian Halgash, 82, GER	24.92 Toni Helbig, 82, GER
Edmonton	24.94 Michael Gilliam, 79, USA	25.54 Bob Hayes, 76, CAN	25.69 Alexandre Pichette, 77, CAN
East Meadow	24.42 Neil Walker, 76, USA	24.93 Pablo Abal, 77, ARG	24.88 Michael Gilliam, 79, USA
Shanghai	25.00 Xuwei Cao, 84, CHN	25.17 Michael Gilliam, 79, USA	25.27 Lei Chen, 81, CHN
Melbourne	24.34 Matt Welsh, 76, AUS	24.78 Toni Helbig, 82, GER	24.88 Sebastian Halgash, 82, GER
Imperia	24.54 Ante Maskovic, 79, CRO	24.71 Toni Helbig, 82, GER	25.03 Miro Zeravica, 72, CRO
Paris	24.69 Ante Maskovic, 79, CRO	24.86 Min Sung, 82, KOR	25.02 Evgeni Alechine, 79, RUS
Stockholm	24.50 Michael Gilliam, 79, USA	25.09 Tero Raty, 78, FIN	25.21 Petter Sjodad, 79, NOR
Berlin	24.05 Stev Theloke, 78, GER	24.24 Michael Gilliam, 79, USA	24.37 Toni Helbig, 82, GER

100 METRES BACKSTROKE

Rio de Janeiro	53.94 Sebastian Halgash, 80, GER	54.32 Rogério Romero, 69, BRA	54.48 Cleber Costa, 79, BRA
Edmonton	53.61 Michael Gilliam, 79, USA	53.68 Geoff Huegill, 79, AUS	54.56 Rogério Romero, 69, BRA
East Meadow	52.71 Neil Walker, 76, USA	54.08 Michael Gilliam, 79, USA	54.35 Geoff Huegill, 79, AUS
Shanghai	54.25 Gordan Kozulj, 76, CRO	54.45 Rui Yu, 82, CHN	54.63 Michael Gilliam, 79, USA
Melbourne	53.26 Toni Helbig, 82, GER	53.51 Sebastian Halgash, 80, GER	53.72 Beau Mannix, 80, AUS
Imperia	53.21 Evgeni Alechine, 79, RUS	53.38 Ante Maskovic, 79, CRO	53.76 Min Sung, 82, KOR
Paris	53.15 Min Sung, 82, KOR	53.22 Evgeni Alechine, 79, RUS	53.24 Eithan Urbach, 77, ISR
Stockholm	52.69 Michael Gilliam, 79, USA	53.81 Edward Roche, 79, AUS	53.93 Simon Dufour, 79, FRA
Berlin	51.35 Thomas Rupprath, 77, GER	52.38 Lenny Krayzelburg, 75, USA	52.72 Stev Theloke, 78, GER

200 METRES BACKSTROKE

Rio de Janeiro	1:56.16 Rogério Romero, 69, BRA	1:56.18 Sebastian Halgash, 80, GER	1:59.44 Leonardo Costa, 76, BRA
Edmonton	1:56.33 Rogério Romero, 69, BRA	1:57.05 Rui Yu, 82, CHN	1:57.46 Keith Beavers, 83, CAN
East Meadow	1:56.38 Neil Walker, 76, USA	1:56.41 Rogério Romero, 69, BRA	1:57.07 Romain Barnier, 76, FRA
Shanghai	1:56.82 Peng Wu, 87, CHN	1:57.59 Gordan Kozulj, 76, CRO	1:59.85 Junqing Wu, 84, CHN
Melbourne	1:54.23 Matt Welsh, 76, AUS	1:55.73 Raymond Hass, 77, AUS	1:57.27 Sebastian Halgash, 80, GER
Imperia	1:54.79 Evgeni Alechine, 79, RUS	1:55.77 Min Sung, 82, KOR	1:55.79 Yoav Gath, 80, ISR
Paris	1:54.65 Min Sung, 82, KOR	1:54.94 Yoav Gath, 80, ISR	1:55.27 Simon Dufour, 79, FRA
Stockholm	1:54.41 Simon Dufour, 79, FRA	1:56.92 Luka Gabrilo, 81, SUI	1:57.51 Klaas Zwering, 81, NED
Berlin	1:54.14 Simon Dufour, 79, FRA	1:54.84 Gordan Kozulj, 76, CRO	1:55.56 Stev Theloke, 78, GER

50 METRES BREASTSTROKE

Rio de Janeiro	27.22 Oleg Lisogor, 79, UKR	27.32 Roman Sloudnov, 80, RUS	27.67 Eduardo Fischer, 80, BRA
Edmonton	27.81 Morgan Knabe, 81, CAN	27.83 Eduardo Fischer, 80, BRA	28.30 Timo Lorenz, 82, GER
East Meadow	27.53 Ed Moses, 80, USA	27.96 Eduardo Fischer, 80, BRA	28.08 Mark Riley, 82, AUS
Shanghai	26.90 Roman Sloudnov, 80, RUS	27.33 Oleg Lisogor, 79, UKR	27.77 Daqing Yu, 78, CHN

* = world record

Melbourne	27.92 Jim Piper, 81, AUS	27.99 Ed Moses, 80, USA	28.02 Morgan Knabe, 81, CAN
Imperia	26.96 Oleg Lisogor, 79, UKR	27.70 Domenico Fioravanti, 77, ITA	27.91 Olivier Vincenzetti, 78, ITA
Paris	26.74 Ed Moses, 80, USA	26.84 Roman Sloudnov, 80, RUS	27.50 Hugues Duboscq, 81, FRA
Stockholm	26.28* Ed Moses, 80, USA	26.54 Roman Sloudnov, 80, RUS	27.64 Olivier Vincenzetti, 78, ITA
Berlin	26.20* Oleg Lisogor, 79, UKR	26.48 Ed Moses, 80, USA	27.73 Michael Fischer, 82, GER

100 METRES BREASTSTROKE

Rio de Janeiro	58.76 Roman Sloudnov, 80, RUS	1:00.44 Oleg Lisogor, 79, UKR	1:00.52 Morgan Knabe, 81, CAN
Edmonton	59.94 Morgan Knabe, 81, CAN	1:00.19 Eduardo Fischer, 80, BRA	1:01.73 Timo Lorenz, 82, GER
East Meadow	1:00.14 Ed Moses, 80, USA	1:00.62 Jim Piper, 81, AUS	1:00.71 Eduardo Fischer, 80, BRA
Shanghai	58.57 Roman Sloudnov, 80, RUS	1:00.40 Oleg Lisogor, 79, UKR	1:01.18 Ziqian Liu, 82, CHN
Melbourne	59.29 Ed Moses, 80, USA	1:00.09 Morgan Knabe, 81, CAN	1:00.47 Jim Piper, 81, AUS
Imperia	59.70 Oleg Lisogor, 79, UKR	1:00.07 Dimitri Komornikov, 81, RUS	1:00.33 Domenico Fioravanti, 77, ITA
Paris	58.08 Roman Sloudnov, 80, RUS	58.22 Ed Moses, 80, USA	59.34 Morgan Knabe, 81, CAN
Stockholm	57.47* Ed Moses, 80, USA	57.73 Roman Sloudnov, 80, RUS	57.97 Oleg Lisogor, 79, UKR
Berlin	57.67 Ed Moses, 80, USA	57.86 Oleg Lisogor, 79, UKR	57.86 Roman Sloudnov, 80, RUS

200 METRES BREASTSTROKE

Rio de Janeiro	2:09.50 Morgan Knabe, 81, CAN	2:09.62 Terence Parkin, 80, RSA	2:10.79 Marcelo Tomazini, 78, BRA
Edmonton	2:08.71 Morgan Knabe, 81, CAN	2:13.03 Timo Lorenz, 82, GER	2:13.46 Tom Wilkens, 75, USA
East Meadow	2:09.58 Jim Piper, 81, AUS	2:10.18 Ed Moses, 80, USA	2:13.27 Tony de Pellegrini, 82, FRA
Shanghai	2:09.75 Roman Sloudnov, 80, RUS	2:10.24 Jim Piper, 81, AUS	2:11.68 Hao Cheng, 81, CHN
Melbourne	2:07.59 Ed Moses, 80, USA	2:09.15 Jim Piper, 81, AUS	2:11.01 Simon Cowley, 80, AUS
Imperia	2:08.34 Dimitri Komornikov, 81, RUS	2:09.56 Jim Piper, 81, AUS	2:09.65 Olivier Vincenzetti, 78, ITA
Paris	2:04.37* Ed Moses, 80, USA	2:07.90 Jim Piper, 81, AUS	2:09.41 Morgan Knabe, 81, CAN
Stockholm	2:03.26* Ed Moses, 80, USA	2:06.61 Jim Piper, 81, AUS	2:07.15 Morgan Knabe, 81, CAN
Berlin	2:03.17* Ed Moses, 80, USA	2:08.91 Terence Parkin, 80, RSA	2:10.10 Max Podoprigora, 78, AUT

50 METRES BUTTERFLY

Rio de Janeiro	23.84 Raphael De Thuin, 76, BRA	23.91 Nicholas Dos Santos, 80, BRA	24.08 Fernando Scherer, 74, BRA
Edmonton	23.06 Geoff Huegill, 79, AUS	23.94 Michael Mintenko, 75, CAN	24.31 Denis Pankratov, 74, BRA
East Meadow	23.15 Geoff Huegill, 79, AUS	24.03 Josh Illka, 76, MEX	24.21 Fernando Scherer, 74, BRA
Shanghai	24.10 Qiang Zhang, 74, CHN	24.51 Chen Gu, 83, CHN	24.62 Denis Pimankov, 75, RUS
Melbourne	22.84* Geoff Huegill, 79, AUS	23.61 Adam Pine, 76, AUS	24.22 Denis Pankratov, 74, BRA
Imperia	23.82 Igor Marchenko, 75, RUS	24.08 Denis Sylyantsev, 76, UKR	24.32 Anatoli Poliakov, 80, RUS
Paris	23.03 Geoff Huegill, 79, AUS	23.63 Mark Foster, 70, GBR	23.66 Igor Marchenko, 75, RUS
Stockholm	22.84* Geoff Huegill, 79, AUS	23.73 Lars Frolander, 74, SWE	23.73 Mark Foster, 70, GBR
Berlin	22.80 Geoff Huegill, 79, AUS	23.13 Thomas Rupprath, 77, GER	23.41 Nicholas Dos Santos, 80, BRA

100 METRES BUTTERFLY

Rio de Janeiro	53.54 Theo Verster, 75, RSA	53.66 Kaio de Almeida, 84, BRA	54.04 Hugo Duppre, 77, BRA
Edmonton	51.04 Geoff Huegill, 79, AUS	52.63 Takashi Yamamoto, 78, JPN	52.67 Michael Mintenko, 75, CAN
East Meadow	51.64 Geoff Huegill, 79, AUS	52.97 Josh Illka, 76, MEX	53.30 Ioan Gherghel, 78, ROM
Shanghai	53.68 Hongwei Wang, 82, CHN	54.49 Chen Gu, 83, CHN	55.01 Doug Wake, 77, CAN
Melbourne	50.71 Geoff Huegill, 79, AUS	51.77 Michael Klim, 77, AUS	53.46 Leon Dunne, 75, AUS
Imperia	51.90 Igor Marchenko, 75, RUS	52.38 Denis Sylyantsev, 76, UKR	52.81 Anatoli Poliakov, 80, RUS
Paris	51.55 Geoff Huegill, 79, AUS	51.93 Igor Marchenko, 75, RUS	52.70 Anatoli Poliakov, 80, RUS
Stockholm	50.79 Geoff Huegill, 79, AUS	51.44 Lars Frolander, 74, SWE	52.41 Michael Mintenko, 75, CAN
Berlin	50.10* Thomas Rupprath, 77, GER	50.84 Geoff Huegill, 79, AUS	51.91 Michael Mintenko, 75, CAN

200 METRES BUTTERFLY

Rio de Janeiro	1:57.43 Kaio de Almeida, 84, BRA	1:59.11 Theo Verster, 75, RSA	1:59.14 Pedro Monteiro, 75, BRA
Edmonton	1:55.75 Takashi Yamamoto, 78, JPN	2:01.22 Jonathan Schjott, 81, CAN	2:01.91 Jesse Jacks, 82, CAN
East Meadow	1:54.02 Franck Esposito, 71, FRA	1:56.13 Ioan Gherghel, 78, ROM	1:59.23 Ales Abersek, 77, SLO
Shanghai	1:56.69 Hongwei Wang, 82, CHN	1:58.99 Situa Wang, 82, CHN	2:01.00 Mateus Lordelo, 79, BRA
Melbourne	1:56.43 Justin Norris, 80, AUS	1:56.12 Heath Ramsay, 81, AUS	1:57.40 Shane Fielding, 80, AUS
Imperia	1:54.62 Anatoli Poliakov, 80, RUS	1:54.69 Denis Sylyantsev, 76, UKR	1:58.36 Hongwei Wang, 82, CHN
Paris	1:55.20 Anatoli Poliakov, 80, RUS	1:57.07 Joannes Hedel, 80, FIN	1:59.00 Tero Valimaa, 78, FIN
Stockholm	1:57.13 Theo Verster, 75, RSA	1:57.14 Tero Valimaa, 78, FIN	1:58.42 Christian Keller, 72, GER
Berlin	1:53.20 James Hickman, 76, GBR	1:57.00 Christian Keller, 72, GER	1:58.72 Johannes Dietrich, 85, GER

100 METRES IND. MEDLEY

Rio de Janeiro	55.38 Jirka Letzin, 71, GER	55.53 Oleg Lisogor, 79, UKR	55.64 Jens Kruppa, 76, GER
Edmonton	56.07 Ron Karnaugh, 66, USA	57.16 Kevin Jucker, 79, CAN	57.35 Jake Steele, 79, CAN
East Meadow	54.22 Neil Walker, 76, USA	54.98 Scott Tucker, 75, USA	55.88 Ron Karnaugh, 66, USA
Shanghai	55.47 Oleg Lisogor, 79, UKR	55.80 Lei Chen, 81, CHN	56.15 Jirka Letzin, 71, GER
Melbourne	54.98 Geoff Huegill, 79, AUS	55.21 Robert Van Der Zant, 75, AUS	55.58 Jens Kruppa, 76, GER
Imperia	54.42 Oleg Lisogor, 79, UKR	55.42 Ron Karnaugh, 66, USA	55.48 Bartosz Kizierowski, 77, POL
Paris	54.57 Bartosz Kizierowski, 77, POL	55.43 Ron Karnaugh, 66, USA	55.59 Xavier Marchand, 73, FRA
Stockholm	54.77 Ron Karnaugh, 66, USA	54.91 Jens Kruppa, 76, GER	55.12 Theo Verster, 75, RSA
Berlin	54.60 Jens Kruppa, 76, GER	54.68 Jens Kruppa, 76, GER	54.73 Ron Karnaugh, 66, USA

200 METRES IND. MEDLEY

WOMEN'S 2002 FINA WORLD CUP MEDALLISTS

50 METRES FREESTYLE

Rio de Janeiro	24:85 Johanna Sjöberg, 78, SWE	25:27 Rebecca Gusmao, 84, BRA	25:35 Flavia Delaroli, 83, BRA
Edmonton	24:53 Alison Sheppard, 72, GBR	24:84 Martina Moravcova, 76, SVK	25:50 Rebecca Gusmao, 84, BRA
East Meadow	25:14 Martina Moravcova, 76, SVK	25:18 Katrin Meissner, 73, GER	25:47 Laura Pomeroy, 83, CAN
Shanghai	24:92 Xiaowei Zhou, 84, CHN	25:06 Johanna Sjöberg, 78, SWE	25:14 Martina Moravcova, 76, SVK
Melbourne	25:27 Sarah Ryan, 77, AUS	25:55 Janine Pietsch, 82, GER	25:77 Marieke Guehrer, 85, AUS
Imperia	25:23 Ekaterina Kibalo, 82, RUS	25:42 Cristina Chiuso, 73, ITA	25:45 Lara Consolandi, 82, ITA
Paris	24:95 Martina Moravcova, 76, SVK	25:32 Ekaterina Kibalo, 82, RUS	25:44 Karen Pickering, 71, GBR
Stockholm	24:76 Therese Alshammer, 77, SWE	24:83 Yanwei Xu, 84, CHN	24:87 Martina Moravcova, 76, SVK
Berlin	24:91 Yanwei Xu, 84, CHN	24:94 Johanna Sjöberg, 78, SWE	24:99 Katrin Meissner, 73, GER

100 METRES FREESTYLE

Rio de Janeiro	54:26 Johanna Sjöberg, 78, SWE	54:88 Lindsay Benko, 76, USA	55:99 Rebecca Gusmao, 84, BRA
Edmonton	53:82 Martina Moravcova, 76, SVK	54:71 Alison Sheppard, 72, GBR	56:18 Jemma Gredal, 84, CAN
East Meadow	54:04 Martina Moravcova, 76, SVK	55:43 Katrin Meissner, 73, GER	55:73 Malin Svahnstrom, 80, SWE
Shanghai	53:93 Martina Moravcova, 76, SVK	55:01 Johanna Sjöberg, 78, SWE	54:58 Yingwen Zhu, 81, CHN
Melbourne	54:50 Lindsay Benko, 76, USA	54:78 Elka Graham, 81, AUS	54:85 Josefine Lillhage, 80, SWE
Imperia	55:01 Claudia Poll, 72, CRC	55:75 Cristina Chiuso, 73, ITA	55:90 Lara Consolandi, 82, ITA
Paris	53:90 Martina Moravcova, 76, SVK	55:00 Karen Pickering, 71, GBR	55:06 Yu Yang, 85, CHN
Stockholm	53:40 Martina Moravcova, 76, SVK	53:61 Johanna Sjöberg, 78, SWE	53:90 Therese Alshammer, 77, SWE
Berlin	53:67 Martina Moravcova, 76, SVK	54:21 Johanna Sjöberg, 78, SWE	54:32 Petra Dallmann, 78, GER

200 METRES FREESTYLE

Rio de Janeiro	1:57:54 Lindsay Benko, 76, USA	2:01:23 Ida Matsson, 85, SWE	2:01:76 Tatiana Lemos Lima, 78, BRA
Edmonton	1:55:92 Martina Moravcova, 76, SVK	1:55:93 Yu Yang, 85, CHN	1:59:38 Sophie Simard, 78, CAN
East Meadow	1:55:41 Martina Moravcova, 76, SVK	1:56:93 Yu Yang, 85, CHN	1:57:36 Claudia Poll, 72, CRC
Shanghai	1:56:42 Yu Yang, 85, CHN	1:58:16 Jielei Ju, 83, CHN	1:58:20 Claudia Poll, 72, CRC
Melbourne	1:56:12 Elka Graham, 81, AUS	1:56:21 Lindsay Benko, 76, USA	1:57:19 Rada Owen, 78, USA
Imperia	1:56:05 Yu Yang, 85, CHN	1:56:61 Claudia Poll, 72, CRC	1:59:86 Mette Jacobsen, 73, DEN
Paris	1:55:81 Yu Yang, 85, CHN	1:56:59 Claudia Poll, 72, CRC	1:57:85 Karen Pickering, 71, GBR
Stockholm	1:56:38 Solenne Figue, 79, FRA	1:57:39 Karen Pickering, 71, GBR	1:57:81 Josefine Lillhage, 80, SWE
Berlin	1:55:16 Lindsay Benko, 76, USA	1:56:18 Solenne Figue, 79, FRA	1:57:68 Rachel Komisarz, 77, USA

400 METRES FREESTYLE

Rio de Janeiro	4:07:84 Lindsay Benko, 76, USA	4:12:38 Yana Klochkova, 82, UKR	4:14:51 Monique Ferreira, 80, BRA
Edmonton	4:07:45 Hua Chen, 82, CHN	4:12:16 Sophie Simard, 78, CAN	4:15:19 Laura Nicholls, 78, CAN
East Meadow	4:07:37 Claudia Poll, 72, CRC	4:07:92 Rachel Komisarz, 77, USA	4:09:99 Sophie Simard, 78, CAN
Shanghai	4:02:80 Hua Chen, 82, CHN	4:06:51 Jing Zhen, 86, CHN	4:07:01 Yan Zhang, 86, CHN
Melbourne	4:03:38 Lindsay Benko, 76, USA	4:03:42 Elka Graham, 81, AUS	4:04:55 Rachel Komisarz, 77, USA
Imperia	4:08:60 Claudia Poll, 72, CRC	4:10:39 Simona Ricciardi, 80, ITA	4:10:51 Alessandra Malanina, 85, RUS
Paris	4:05:98 Claudia Poll, 72, CRC	4:07:13 Amanda Pascoe, 85, AUS	4:08:80 Camelia Potec, 82, ROM
Stockholm	4:07:29 Yana Klochkova, 82, UKR	4:08:55 Camelia Potec, 82, ROM	4:08:70 Amanda Pascoe, 85, AUS
Berlin	4:00:30 Lindsay Benko, 76, USA	4:05:42 Amanda Pascoe, 85, AUS	4:05:77 Camelia Potec, 82, ROM

800 METRES FREESTYLE

Rio de Janeiro	8:35:02 Nayara Ribeiro, 84, BRA	8:48:65 Poliana Okimoto, 83, BRA	8:55:78 Ana C. Muniz, 84, BRA
Edmonton	8:46:43 Hua Chen, 82, CHN	8:46:42 Nayara Ribeiro, 84, BRA	8:48:44 Carrie Burge, 81, CAN
East Meadow	8:18:50 Hua Chen, 82, CHN	8:31:10 Claudia Poll, 72, CRC	8:33:48 Rachel Komisarz, 77, USA
Shanghai	8:15:15 Hua Chen, 82, CHN	8:26:80 Jingzhi Tang, 86, CHN	8:27:03 Jing Zhen, 86, CHN
Melbourne	8:21:27 Amanda Pascoe, 85, AUS	8:27:59 Rachel Komisarz, 77, USA	8:32:70 Charlene Wittstock, 81, AUS
Imperia	8:30:28 Alexandra Malanina, 85, RUS	8:32:20 Claudia Poll, 72, CRC	8:36:86 Simona Ricciardi, 80, ITA
Paris	8:19:54 Amanda Pascoe, 85, AUS	8:26:88 Alexandra Malanina, 85, RUS	8:34:19 Chantal Strasser, 78, SUI
Stockholm	8:23:99 Amanda Pascoe, 85, AUS	8:40:64 Camelia Potec, 82, ROM	8:44:56 Melissa Corfe, 86, RSA
Berlin	8:17:64 Amanda Pascoe, 85, AUS	8:29:12 Rachel Komisarz, 77, USA	8:29:86 Chantal Strasser, 78, SUI

50 METRES BACKSTROKE

Rio de Janeiro	28:34 Diana MacManus, 86, USA	28:47 Charlene Wittstock, 78, RSA	28:66 Sophie Edington, 85, AUS
Edmonton	27:92 Jennifer Carroll, 81, CAN	28:01 Janine Pietsch, 82, GER	28:56 Sophie Edington, 85, AUS
East Meadow	27:29 Natalie Coughlin, 82, USA	28:03 Jennifer Carroll, 81, CAN	27:94 Haley Cope, 79, USA
Shanghai	26:83 Hui Li, 85, CHN	27:82 Shu Zhan, 85, CHN	28:00 Chang Gao, 88, CHN
Melbourne	28:00 Janine Pietsch, 82, GER	28:39 Diane Bui Duyet, 79, FRA	28:43 Charlene Wittstock, 78, RSA
Imperia	28:30 Shu Zhan, 85, CHN	28:53 Alessandra Cappa, 82, ITA	28:57 Min-Jie Shim, 83, KOR
Paris	27:41 Jennifer Carroll, 81, CAN	27:99 Haley Cope, 79, USA	28:35 Laure Manaudou, 86, FRA
Stockholm	27:31 Jennifer Carroll, 81, CAN	27:64 Haley Cope, 79, USA	28:16 Charlene Wittstock, 78, RSA
Berlin	27:26 Jennifer Carroll, 81, CAN	27:65 Haley Cope, 79, USA	28:03 Antje Buschschulte, 78, GER

100 METRES BACKSTROKE

Rio de Janeiro	1:00:76 Diana MacManus, 86, USA	1:00:83 Charlene Wittstock, 78, RSA	1:00:99 Frances Adcock, 84, AUS
Edmonton	1:00:41 Janine Pietsch, 82, GER	1:00:75 Jennifer Fratesi, 84, CAN	1:01:22 Jennifer Carroll, 81, CAN
East Meadow	57:08 Natalie Coughlin, 82, USA	1:00:84 Haley Cope, 79, USA	1:01:05 Frances Adcock, 84, AUS
Shanghai	58:96 Hui Li, 85, CHN	59:25 Shu Zhan, 85, CHN	1:00:92 Jing Hua, 84, CHN
Melbourne	1:00:16 Charlene Wittstock, 78, RSA	1:00:25 Janine Pietsch, 82, GER	1:00:58 Clementine Stoney, 82, AUS
Imperia	1:00:49 Shu Zhan, 85, CHN	1:00:70 Stanislava Komarova, 86, RUS	1:01:00 Alessandra Cappa, 82, ITA
Paris	59:74 Jennifer Carroll, 81, CAN	1:00:39 Laure Manaudou, 86, FRA	1:00:40 Shu Zhan, 85, CHN
Stockholm	59:66 Haley Cope, 79, USA	1:00:25 Charlene Wittstock, 78, RSA	1:00:30 Jennifer Carroll, 81, CAN
Berlin	59:19 Haley Cope, 79, USA	59:48 Antje Buschschulte, 78, GER	1:00:19 Courtney Shealy, 77, USA

200 METRES BACKSTROKE

Rio de Janeiro	2:08:42 Lindsay Benko, 76, USA	2:09:12 Charlene Wittstock, 78, RSA	2:10:28 Diana MacManus, 86, USA
Edmonton	2:07:73 Jennifer Fratesi, 84, CAN	2:07:97 Kelly Stefanyshyn, 82, CAN	2:12:09 Elizabeth Warden, 78, CAN
East Meadow	2:03:62 Natalie Coughlin, 82, USA	2:09:88 Taylah Zimmer, 85, AUS	2:10:69 Pamela Hanson, 78, USA
Shanghai	2:10:80 Weimiao Ma, 88, CHN	2:12:32 Kelly Stefanyshyn, 82, CAN	2:13:92 Wenjing Zhou, 85, CHN
Melbourne	2:06:80 Clementine Stoney, 82, AUS	2:09:80 Charlene Wittstock, 78, RSA	2:10:63 Lindsay Benko, 76, USA
Imperia	2:09:27 Stanislava Komarova, 86, RUS	2:11:92 Roberta Ioppi, 85, ITA	2:12:92 Ania Gustamski, 81, ISR
Paris	2:09:69 Stanislava Komarova, 86, RUS	2:09:95 Elizabeth Wycliffe, 83, CAN	2:10:99 Esther Baron, 87, FRA
Stockholm	2:09:72 Charlene Wittstock, 78, RSA	2:11:19 Esther Baron, 87, FRA	2:11:41 Melissa Morgan, 85, AUS
Berlin	2:06:86 Lindsay Benko, 76, USA	2:08:18 Antje Buschschulte, 78, GER	2:09:82 Charlene Wittstock, 78, RSA

50 METRES BREASTSTROKE

Rio de Janeiro	31:34 Emma Igelstrom, 80, SWE	32:21 Rhiannon Leier, 76, CAN	32:34 Roberta Crescentini, 75, ITA
Edmonton	30:71 Xuejuan Luo, 84, CHN	31:78 Sarah Poewe, 83, RSA	31:92 Rhiannon Leier, 76, CAN
East Meadow	30:68 Xuejuan Luo, 84, CHN	31:27 Brooke Hanson, 78, AUS	31:34 Amanda Beard, 81, USA
Shanghai	30:56 Xuejuan Luo, 84, CHN/30:56 Wei Li, 79, CHN		31:25 Emma Igelstrom, 80, SWE

Melbourne	30:61 Zoe Baker, 76, GBR	30:89 Amanda Beard, 81, USA	31:20 Brooke Hanson, 78, AUS
Imperia	30:51 Zoe Baker, 76, GBR	30:72 Xuejuan Luo, 84, CHN	31:40 Brooke Hanson, 78, AUS
Paris	30:47 Xuejuan Luo, 84, CHN	30:71 Zoe Baker, 76, GBR	31:22 Amanda Beard, 81, USA
Stockholm	30:43 Emma Igelstrom, 80, SWE	30:62 Zoe Baker, 76, GBR	31:02 Sarah Poewe, 83, RSA
Berlin	30:31 Zoe Baker, 76, GBR	30:64 Emma Igelstrom, 80, SWE	31:05 Brooke Hanson, 78, AUS

100 METRES BREASTSTROKE

Rio de Janeiro	1:09:09 Rhiannon Leier, 76, CAN	1:09:74 Anne S. Le Paranthoen, 77, FRA	1:09:98 Roberta Crescentini, 75, ITA
Edmonton	1:06:37 Xuejuan Luo, 84, CHN	1:07:80 Sarah Poewe, 83, RSA	1:08:53 Rhiannon Leier, 76, CAN
East Meadow	1:05:78 Xuejuan Luo, 84, CHN	1:07:69 Brooke Hanson, 78, AUS	1:07:76 Amanda Beard, 81, USA
Shanghai	1:06:22 Xuejuan Luo, 84, CHN	1:06:95 Hui Qi, 85, CHN	1:08:12 Emma Igelstrom, 80, SWE
Melbourne	1:07:27 Amanda Beard, 81, USA	1:07:67 Sarah Poewe, 83, RSA	1:07:72 Brooke Hanson, 78, AUS
Imperia	1:06:49 Xuejuan Luo, 84, CHN	1:07:87 Brooke Hanson, 78, AUS	1:09:36 Elena Bogomazova, 82, RUS
Paris	1:06:39 Xuejuan Luo, 84, CHN	1:07:12 Amanda Beard, 81, USA	1:07:63 Brooke Hanson, 78, AUS
Stockholm	1:06:21 Emma Igelstrom, 80, SWE	1:06:87 Amanda Beard, 81, USA	1:07:07 Sarah Poewe, 83, RSA
Berlin	1:06:14 Emma Igelstrom, 80, SWE	1:06:28 Sarah Poewe, 83, RSA	1:07:09 Amanda Beard, 81, USA

200 METRES BREASTSTROKE

Rio de Janeiro	2:27:42 Emma Igelstrom, 80, SWE	2:30:97 Rhiannon Leier, 76, CAN	2:31:41 Marcelle Lopes, 85, BRA
Edmonton	2:26:50 Sarah Poewe, 83, RSA	2:27:30 Beatrice Caslaru, 75, ROM	2:27:56 Christin Pelelski, 77, CAN
East Meadow	2:22:90 Anne Poleska, 80, GER	2:24:56 Amanda Beard, 81, USA	2:26:31 Brooke Hanson, 78, AUS
Shanghai	2:23:96 Hui Qi, 85, CHN	2:28:09 Beatrice Caslaru, 75, ROM	2:28:09 Beatrice Caslaru, 75, ROM
Melbourne	2:23:47 Amanda Beard, 81, USA	2:24:47 Sarah Poewe, 83, RSA	2:24:73 Brooke Hanson, 78, AUS
Imperia	2:25:79 Olga Bakaldina, 85, RUS	2:26:02 Beatrice Caslaru, 75, ROM	2:26:80 Beatrice Caslaru, 75, ROM
Paris	2:22:89 Amanda Beard, 81, USA	2:25:35 Brooke Hanson, 78, AUS	2:26:52 Olga Bakaldina, 85, RUS
Stockholm	2:20:87 Hui Qi, 85, CHN	2:22:85 Emma Igelstrom, 80, SWE	2:23:12 Amanda Beard, 81, USA
Berlin	2:21:31 Hui Qi, 85, CHN	2:23:04 Emma Igelstrom, 80, SWE	2:23:14 Amanda Beard, 81, USA

50 METRES BUTTERFLY

Rio de Janeiro	26:68 Johanna Sjöberg, 78, SWE	27:46 Amanda Loots, 78, RSA	27:95 Diana MacManus, 86, USA
Edmonton	26:62 Martina Moravcova, 76, SVK	27:32 Daniela Samulski, 84, GER	27:54 Yi Ruan, 81, CHN
East Meadow	25:83 Natalie Coughlin, 82, USA	26:67 Martina Moravcova, 76, SVK	27:00 Dana Vollmer, 87, USA
Shanghai	26:78 Johanna Sjöberg, 78, SWE	26:81 Martina Moravcova, 76, SVK	27:04 Jingjing Shi, 84, CHN
Melbourne	26:77 Rachel Komisarz, 77, USA	26:92 Nicole Irving, 82, USA	27:10 Melanie Houghton, 86, AUS
Imperia	27:40 Nadine Rolland, 74, CAN	27:78 Mette Jacobsen, 73, DEN	28:07 So-Eun Sun, 88, KOR
Paris	26:56 Martina Moravcova, 76, SVK	26:93 Vered Borochovski, 84, ISR	27:13 Diane Bui Duyet, 79, FRA
Stockholm	25:50 Anna-Karin Kammerling, 80, SWE	26:04 Therese Alshammer, 77, SWE	26:47 Xi Zheng, 83, CHN
Berlin	26:06 Anna-Karin Kammerling, 80, SWE	26:58 Xi Zheng, 83, CHN	26:89 Johanna Sjöberg, 78, SWE

100 METRES BUTTERFLY

Rio de Janeiro	58:29 Johanna Sjöberg, 78, SWE	59:41 Amanda Loots, 78, RSA	1:02:35 Ivi Monteiro, 84, BRA
Edmonton	58:41 Martina Moravcova, 76, SVK	1:00:73 Yi Ruan, 81, CHN	1:00:78 Audrey Lacroix, 83, CAN
East Meadow	57:43 Martina Moravcova, 76, SVK	57:44 Natalie Coughlin, 82, USA	58:96 Mary Descenza, 85, USA
Shanghai	57:74 Martina Moravcova, 76, SVK	58:50 Johanna Sjöberg, 78, SWE	59:66 Jingjing Shi, 84, CHN
Melbourne	57:45 Rachel Komisarz, 77, USA	59:16 Melanie Houghton, 86, AUS	59:35 Diane Bui Duyet, 79, FRA
Imperia	1:00:43 Mette Jacobsen, 73, DEN	1:00:90 Petra Zahri, 81, AUT	1:00:90 Petra Zahri, 81, AUT
Paris	57:09 Martina Moravcova, 76, SVK	59:43 Mette Jacobsen, 73, DEN	59:54 Vered Borochovski, 84, ISR
Stockholm	56:86 Martina Moravcova, 76, SVK	58:28 Johanna Sjöberg, 78, SWE	58:93 Anna-Karin Kammerling, 80, SWE
Berlin	56:55 Martina Moravcova, 76, SVK	58:05 Rachel Komisarz, 77, USA	58:64 Johanna Sjöberg, 78, SWE

200 METRES BUTTERFLY

Rio de Janeiro	2:11:88 Amanda Loots, 78, RSA	2:16:82 Marcella Amar, 75, BRA	2:18:27 Carolina Carvalho, 83, BRA
Edmonton	2:11:28 Jennifer Button, 77, CAN	2:11:40 Audrey Lacroix, 83, CAN	2:12:80 Jessica Deglau, 80, CAN
East Meadow	2:08:24 Mary Descenza, 85, USA	2:11:78 Silvia Szalai, 75, GER	2:12:54 Victoria Genova, 83, USA
Shanghai	2:02:54 Yu Yang, 85, CHN	2:12:70 Yijing Hong, 83, CHN	2:13:48 Wen Shi, 85, CHN
Melbourne	2:09:30 Yana Klochkova, 82, UKR	2:10:09 Felicity Galvez, 85, AUS	2:11:05 Heidi Crawford, 82, AUS
Imperia	2:07:41 Yu Yang, 85, CHN	2:10:08 Mette Jacobsen, 73, DEN	2:10:76 Francesca Segat, 83, ITA
Paris	2:07:82 Mette Jacobsen, 73, DEN	2:10:87 Felicity Galvez, 85, AUS	2:11:24 Petra Zahri, 81, AUT
Stockholm	2:08:59 Mette Jacobsen, 73, DEN	2:10:09 Paola Cavallino, 77, ITA	2:10:19 Audrey Lacroix, 83, CAN
Berlin	2:07:92 Mette Jacobsen, 73, DEN	2:08:45 Annika Mehrtorn, 83, GER	2:10:25 Otylia Jedrzejczak, 83, POL

100 METRES IND. MEDLEY

Rio de Janeiro	1:02:55 Yana Klochkova, 82, UKR	1:04:20 Giorgia Gramillano, 80, ITA	1:05:33 Elizabeth Wycliffe, 83, CAN
Edmonton	1:00:97 Martina Moravcova, 76, SVK	1:02:09 Allison Sheppard, 72, GBR	1:02:42 Janine Pietsch, 82, GER
East Meadow	1:01:28 Martina Moravcova, 76, SVK	1:02:19 Amanda Beard, 81, USA	1:02:94 Brooke Hanson, 78, AUS
Shanghai	1:00:97 Martina Moravcova, 76, SVK	1:01:08 Yanwei Xu, 84, CHN	1:02:13 Tian Ruan, 81, CHN
Melbourne	1:02:17 Brooke Hanson, 78, AUS	1:02:72 Lori Mundt, 79, AUS	1:03:65 Megan McMahon, 82, AUS
Imperia	1:02:25 Vered Borochovski, 84, ISR	1:02:42 Brooke Hanson, 78, AUS	1:02:60 Giorgia Gramillano, 80, ITA
Paris	1:00:88 Martina Moravcova, 76, SVK	1:01:47 Julie Hjorth-Hansen, 84, DEN	1:01:84 Amanda Beard, 81, USA
Stockholm	1:00:70 Martina Moravcova, 76, SVK	1:01:32 Yanwei Xu, 84, CHN	1:02:23 Haley Cope, 79, USA

RECORD SETTERS

WORLD SHORT COURSE

* Men's 50 breaststroke:

26.28 Ed Moses, USA, Stockholm, Jan 22, 2002 (FINA ratified 13 Mar)

26.20 Oleg Lisogor, UKR, Berlin, Jan 26, 2002 (FINA ratified 19 Feb)

Besters old record of 26.70 Mark Warnecke, GER, 1998

* Men's 100 breaststroke:

57.47 Ed Moses, USA, Stockholm, Jan 23, 2002 (FINA ratified 13 Mar)

Besters old record of 57.66 Ed Moses, USA, 2000

* Men's 200 breaststroke:

2:04.37 Ed Moses, USA Paris, Jan 18, 2002 (FINA ratified 18 Feb)

2:03.28 Ed Moses, USA Stockholm, Jan 22, 2002 (FINA ratified 13 Mar)

2:03.17 Ed Moses, USA Berlin, Jan 26, 2002 (FINA ratified 19 Feb)

Besters old record of 2:06.40 Ed Moses, USA, 2000

* Men's 50 butterfly:

22.84 Geoff Huegill, AUS, Melbourne, Dec 8, 2001 (FINA ratified 15 Jan)

22.84 Geoff Huegill, AUS, Stockholm, Jan 22, 2002 (FINA ratified 13 Mar)

22.74 Geoff Huegill, AUS, Berlin, Jan 26, 2002 (FINA ratified 19 Feb)

* Men's 100 butterfly:

50.26 Thomas Rupprath, GER, Antwerp, Dec 14, 2001 (FINA ratified Mar 6)

50.10 Thomas Rupprath, GER, Berlin, Jan 27, 2002 (FINA ratified 19 Feb)

Besters old record of 50.44 Lars Frolander, SWE, 2000

* Men's 200 butterfly:

1:51.21 Thomas Rupprath, GER, Rostock, Dec 1, 2001 (FINA ratified 11 Feb)

Besters old record of 1:51.58 Franck Esposito, FRA, 2001

* Men's 100 individual medley:

52.63 Peter Mankoc, SLO, Antwerp, Dec 15, 2001 (FINA ratified Mar 6)

Besters old record of 52.79 Neil Walker, USA, 2000

* Womens 800 freestyle:

8:15.15 Hua Chen, CHN, Shanghai, Dec 2, 2001 (FINA ratified 23 Jan 2002)

Besters former world best of 8:15.34 Astrid Strauss, GDR, 1987

* Women's 50 backstroke:

26.83 Hui Li, CHN, Shanghai, Dec 2, 2001 (FINA ratified 23 Jan 2002)

Besters old record of 27.25 Haley Cope, USA, 2000

* Women's 100 backstroke:

57.08 Natalie Coughlin, USA, East Meadow, Nov 28, 2001 (FINA ratified 16 Jan)

Besters old record of 58.45 Mai Nakamura, JPN, 2001

* Women's 200 backstroke:

2:03.62 Natalie Coughlin, USA, East Meadow, Nov 27, 2001 (FINA ratified 16 Jan)

Besters old record of 2:04.44 Sarah Price, GBR, 2001

* Women's 50 breaststroke:

30.56 Xuejuan Luo, CHN Shanghai, Dec 3, 2001 (FINA ratified 23)

30.56 Wei Li, CHN, Shanghai, Dec 3, 2001 (FINA ratified 23 Jan)

30.56 Emma Igelstrom, SWE, Antwerp, Dec 13, 2001 (FINA ratified Mar 6)

30.53 Zoe Baker, GBR, Durban, Jan 4, 2002 (FINA ratified 11 Feb)

30.51 Zoe Baker, GBR, Imperia, Jan 15, 2002 (FINA ratified 23 Jan)

30.47 Xuejuan Luo, CHN, Paris, Jan 19, 2002 (FINA ratified 18 Feb)

30.43 Emma Igelstrom, SWE, Stockholm, Jan 23, 2002 (FINA ratified 13 Mar)

30.31 Zoe Baker, GBR, Berlin, Jan 27, 2002 (FINA ratified 19 Feb)

Besters old record of 30.60 Penelope Heyns, RSA, 1999

* Women's 100 butterfly:

56.55 Martina Moravcova, SVK, Berlin, Jan 26, 2002 (FINA ratified 19 Feb)

Besters old record of 56.56 Jenny Thompson, USA, 2000

* 400 individual medley:

4:27.83 Yana Klochkova, UKR, Paris, Jan 19, 2002 (FINA ratified 18 Feb)

Besters old record of 4:29.00 Guohong Dai, CHN, 1993

COMMONWEALTH SHORT COURSE

* Men's 50 breaststroke:

26.85 Darren Mew, ENG, Antwerp, Dec 15, 2001

Besters old record of 27.13 Brendon Dedekind, RSA, 2000

* Men's 100 breaststroke:

59.02 James Gibson, ENG, Antwerp, Dec 13, 2001

Besters old record of 59.07 Philip Rogers, AUS, 1993

* Men's 200 breaststroke:

2:06.61 Jim Piper, AUS, Stockholm, Jan 22, 2002

Besters old record of 2:06.92 Jim Piper, AUS, 2001

* Men's 50 butterfly:

22.84 Geoff Huegill, AUS, Melbourne, Dec 8, 2001

22.84 Geoff Huegill, AUS, Stockholm, Jan 22, 2002 (equalled)

22.74 Geoff Huegill, AUS, Berlin, Jan 26, 2002

Besters old record of 22.87 Mark Foster, ENG, 2001

* Men's 100 butterfly:

50.71 Geoff Huegill, AUS, Melbourne, Dec 9, 2001

Besters old record of 50.99 Michael Klim, AUS, 1999

* Women's 800 freestyle:

8:21.27 Amanda Pascoe, AUS, Melbourne, Dec 7, 2001

8:19.54 Amanda Pascoe, AUS, Paris, Jan 18, 2002

8:17.64 Amanda Pascoe, AUS, Berlin, Jan 26, 2002

Besters old record of 8:21.47 Rebecca Cooke, ENG, 2001

* Women's 50 backstroke:

27.92 Jennifer Carroll, CAN, Edmonton, Nov 23, 2001

27.83 Jennifer Carroll, CAN, East Meadow, Nov 27, 2001

27.41 Jennifer Carroll, CAN, Paris, Jan 18, 2002

27.31 Jennifer Carroll, CAN, Stockholm, Jan 22, 2002

27.26 Jennifer Carroll, CAN, Berlin, Jan 26, 2002

Besters old record of 27.99 Kellie McMillan, AUS, 2000

* Women's 100 backstroke:

58.77 Sarah Price, ENG, Antwerp, Dec 13, 2001

Besters old record of 59.33 Marylyn Chiang, CAN, 2000

* Women's 50 breaststroke:

30.53 Zoe Baker, ENG, Durban, Jan 4, 2002

30.51 Zoe Baker, ENG, Imperia, Jan 15, 2002

30.31 Zoe Baker, ENG, Berlin, Jan 27, 2002

Besters old record of 30.60 Penelope Heyns, RSA, 1999

CANADIAN SHORT COURSE

* Men's 200 freestyle:

1:45.81 Rick Say, UCSA, Rio, Nov 18, 2001

1:45.59 Rick Say, UCSA, Edmonton, Nov 24, 2001

1:44.78 Rick Say, UCSA, Paris, Jan 19, 2002

1:44.40 Rick Say, UCSA, Stockholm, Jan 23, 2002

Besters old record of 1:46.32 Turlough O'Hare, UBC, 1991

* Men's 400 freestyle:

3:42.42 Rick Say, UCSA, Edmonton, Nov 23, 2001

3:42.19 Rick Say, UCSA, Paris, Jan 18, 2002

3:41.99 Rick Say, UCSA, Stockholm, Jan 22, 2002

Besters old record of 3:43.91 Rick Say, UCSA, 2001

* Men's 100 breaststroke:

59.34 Morgan Knabe, UCSA, Paris, Jan 19, 2002

Besters old record of 59.61 Morgan Knabe, UCSA, 2001

* Men's 200 breaststroke:

2:08.71 Morgan Knabe, UCSA, Edmonton, Nov 23, 2001

2:07.15 Morgan Knabe, UCSA, Stockholm, Jan 22, 2002

Besters old record of 2:08.82 Victor Davis, PCSC, 1987

* Men's 100 butterfly:

51.91 Michael Mintenko, UBCD, Berlin, Jan 27, 2002

Besters old record of 51.94 Shamek Pietucha, UCSC, 2000

* Men's 200 individual medley:

1:57.55 Brian Johns, UBC, Vancouver Feb 24, 2002

Besters old record of 1:57.58 Curtis Myden, UCSC, 1994

* Men's 4x100 free relay:

3:17.78 University of British Columbia, Vancouver,

Feb 22. Besters old record of 3:19.23 University of

Calgary SC, 1992

* Men's 4x200 free relay:

7:13.16 University of British Columbia, Vancouver,

Feb 23. Besters old record of 7:16.39 University of

Calgary, 1990

* Women's 200 freestyle:

1:56.53 Sophie Simard, UL, Sainte-Foy, Jan 27, 2002

Besters old record of 1:57.56 Laura Nicholls, ROW,

2000

* Women's 400 freestyle:

4:06.48 Sophie Simard, UL, Sainte-Foy, Jan 26, 2002

Besters old record of 4:06.83 Joanne Malar, UCSC,

1999

* Women's 50 backstroke:

27.92 Jennifer Carroll, CAMO, Edmonton, Nov 23

27.83 Jennifer Carroll, CAMO, East Meadow, Nov 27

27.41 Jennifer Carroll, CAMO, Paris, Jan 18, 2002

27.31 Jennifer Carroll, CAMO, Stockholm, Jan 22

27.26 Jennifer Carroll, CAMO, Berlin, Jan 26

Besters old record of 28.03 Marylyn Chiang,

ESWIM, 2000

* Women's 200 backstroke:

2:07.73 Jennifer Fratesi, ROW, Edmonton, Nov 23, 2001

Besters old record of 2:08.08 Kelly Stefanyszyn,

PDSA, 1999

* Women's 4x100 free relay:

3:44.72 University of British Columbia, Vancouver,

Feb 22. Besters old record of 3:45.90 University of

Calgary SC, 1991

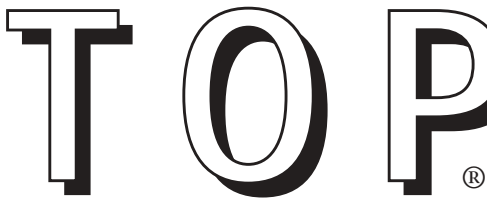
* Women's 4x200 free relay:

8:01.16 University of British Columbia, Vancouver,

Feb 23. Besters old record of 8:06.82 Etobicoke Swim

Club, 1984

TINY OLYMPIC PROSPECTS



CLUB NAME	CODE	PROV	BOYS	GIRLS	TOTAL
Ajax Aquatic Club	AAC	ON	3	9	12
Beaconsfield Bluefins	BBF	PQ	4	4	8
Canadian Dolphin SC	CDSC	BC	4	0	4
Chena Swim Club	CHENA	BC	15	14	29
Edmonton Keyano SC	EKSC	AB	37	28	65
Granite Gators	GGST	ON	0	4	4
Hyack Swim Club	HYACK	BC	23	21	44
Island Swimming	IS	BC	8	19	27
Langley Olympian SC	LOSC	BC	8	11	19
London AC	LAC	ON	11	21	32
Mississauga AC	MSSAC	ON	9	14	23
Pacific Sea Wolves	PSW	BC	7	9	16
Pointe Claire SC	PCSC	PQ	78	43	121
Pickering Swim Club	PICK	ON	9	8	17
Richmond Rapids	RAPID	BC	16	12	28
Les Riverains	REG	PQ	0	5	5
University of Calgary SC	UCSC	AB	28	40	68
Uxbridge Swim Club	USC	ON	4	10	14
Vancouver Pacific SC	VPSC	BC	5	7	12
Wincolli Dolphins	WDCS	BC	5	7	12
Total			274	286	560

BOYS

BOYS 7&U - 200 FREESTYLE

Rec: 2:50.36 Joshua Hammervold, UCSC, 97

- 4:19.73 LESSARD Charlie, PCSC
- 4:48.48 PEPELEA Thomas, PCSC
- 5:33.70 WILTSHIRE Joe, EKSC
- 5:45.90 WENZEL Adam, CHENA
- 5:59.08 HOLME Adam, CHENA
- 6:21.00 WILLET Nathan, LOSC
- 6:29.18 MOORE Lukas, PCSC
- 6:33.70 OSBORNE Nathan, EKSC
- 6:37.30 TEUTON Felix, PCSC
- 7:18.50 SZEZGATI Abel, HYACK
- 7:43.87 RENZ Mitchell, UCSC
- 9:18.10 MITHA Imran, CHENA
- 11:22.06 MALAHOFF Bjorn, CHENA
- 14:35.21 MONTGOMERY Josh, CHENA

BOYS 8 - 400 FREESTYLE

Rec: 5:22.65 Doug Wake, YLSC, 86

- 6:49.30 DIONISI Michael, PCSC
- 7:06.71 SIMONYIK Ryan, PCSC
- 7:30.30 SALMON Brayden, LAC
- 7:43.55 YEUNG Austin, MSSAC
- 7:43.92 CZYZ Vincent, UCSC
- 7:51.44 Wood Tyler, USC
- 8:08.31 Wiley Ivan, PCSC
- 8:09.06 EGGEN Robert, UCSC
- 8:13.98 BURKE Martin, UCSC
- 8:20.31 ROSS Shaun, PCSC
- 8:24.78 SURA Connor, PCSC
- 8:37.12 JOHNSON Eric, UCSC
- 8:44.73 OSTROM Derek, UCSC
- 9:00.04 MATYSZCZAK Martin, MSSAC
- 9:16.12 DEBILIER Chris, PCSC
- 9:28.65 REED Brandon, PCSC
- 9:29.62 POND Andre, MSSAC
- 9:33.00 LEE Charles, LOSC
- 9:38.16 RUTLEDGE Ryan, USC
- 9:40.00 DI CECCO Andrew, LAC
- 10:01.10 GREHAN Eric, EKSC
- 10:10.10 GILMOUR Mark, LAC
- 10:24.10 KOSTIUK Nick, EKSC
- 10:27.84 CHAN Calvin, AAC
- 10:29.00 KRATZMANN Matthew, EKSC
- 10:46.93 McCULLOCH Michael, UCSC
- 11:30.56 STEFOPULOS Mike, USC
- 11:33.62 McMAHAN Rafferty, UCSC
- 11:43.30 KUNDA Radko, HYACK
- 12:13.58 CORBETT Dylan, UCSC
- 13:01.88 SMITH Michael, UCSC
- 13:18.50 FINDLAY Colin, EKSC
- 13:20.50 BLAIR Michael, HYACK
- 14:55.83 COX Matthew, PCSC
- 15:58.90 NASSERI Cyrus, EKSC
- 17:56.80 VAN SCHAICK Jordan, EKSC

BOYS 9 - 800 FREESTYLE

Rec: 10:27.10 Doug Wake, YLSC, 86

- 12:35.10 BOTHELO Josh, PCSC
- 12:43.02 ROCKETT Austin, MSSAC
- 12:58.75 EMORY Matthew, PCSC
- 13:30.50 SALMON MacKenzie, LAC
- 13:34.35 CORNFORD Ryan, MSSAC
- 13:39.50 BROTZKY Dennis, CDSC
- 14:05.00 STEWART Clay, LOSC

- 14:26.00 OH Jihyoon, LOSC
- 14:30.40 TATIGIAN Nicolas, PCSC
- 14:33.00 CHAN Brandon, EKSC
- 14:38.10 MITCHELL Ryan, LAC
- 14:49.43 AYRE Trevor, PCSC
- 15:04.32 GENTRY Ryan, PCSC
- 15:05.54 LAVOIE Jordan, PCSC
- 15:08.17 BLUMENTHAL Michael, PCSC
- 15:09.57 WAGNER Thomas, UCSC
- 15:15.22 McDONALD Josh, PSW
- 15:15.95 STEVENTON Geoffrey, PCSC
- 15:17.00 LAJ Jason, EKSC
- 15:17.66 LUBBEL Eli, PCSC
- 15:20.22 FORSYTH Jackson, VPSC
- 15:42.00 STELTING Josh, LOSC
- 15:58.84 BLUMENTHAL Jonathan, PCSC
- 16:23.00 FUNK Richard, EKSC
- 16:29.00 WANG Peter, LOSC
- 16:37.69 RUSH Dylan, UCSC
- 16:41.51 PARSONS Michael, PCSC
- 16:57.31 EADE Kevin, IS
- 17:03.07 STEWART Mark, PSW
- 17:09.20 WASHBURN Joel, EKSC
- 17:16.59 ANGLIN Chris, WDCS
- 17:24.20 WHITE Reid, EKSC
- 17:45.46 TIHANYI Stefan, PCSC
- 18:19.75 BUFTON Brandon, WDCS
- 18:44.30 PHILLIPS Fraser, EKSC
- 18:46.87 TRYPOLKA Nick, UCSC
- 19:16.00 HO Calvin, EKSC
- 19:18.26 MAK Anthony, UCSC
- 19:58.00 WENZEL Nicholas, EKSC
- 19:58.20 RATCLIFFE Andrew, EKSC
- 19:58.30 KORSOUNTSEV Stanislav, EKSC
- 20:02.21 CASTELLANO Julien, PCSC
- 20:07.83 STORTO Mark, PICK
- 20:30.55 CHANA Jamesey, IS
- 20:31.50 CHOI Steve, HYACK
- 21:14.71 CHUA Joshua, UCSC
- 21:48.08 DHAWAN Rohit, UCSC
- 21:55.43 LOURIETTE Brandon, IS
- 22:43.91 ADAMS Zachary, PICK
- 23:24.93 BOGLE Joey, UCSC
- 24:00.00 SOUTHAN Noah, LAC
- 24:55.20 HRYNIVSHYN Nicholas, EKSC
- 25:03.36 WOODS Brandon, CHENA
- 25:06.80 CHOW Nick, HYACK
- 25:54.40 CANDRAY Bradley, EKSC
- 26:04.90 KUMNAR Andres, HYACK
- 29:03.10 VAGRAMOR Robert, HYACK

BOYS 10 - 1500 FREESTYLE

Rec: 18:41.93 Michael Calkins, VICO, 89

- 21:10.94 DAGNALL Craig, IS
- 21:20.45 GAVRIK Marko, CDSC
- 22:40.41 DAIKOKU Kairun, MSSAC
- 22:41.00 JENSEN Daniel, PCSC
- 22:50.81 ZIELINSKI Paul, MSSAC
- 22:55.88 NICOL Marlow, VPSC
- 22:57.11 RAE Thomas, PSW
- 23:06.00 WOLK Kari, EKSC
- 23:16.92 PARTRIDGE Alex, CDSC
- 23:47.71 LAWRIE Tom, AAC
- 24:16.42 BLUMENTHAL Aaron, PCSC
- 24:23.64 RUEL Marc-Andre, PCSC
- 24:59.30 LEITE Jeremy, LAC

- 25:03.15 JOHNSTON Scott, PICK
- 25:12.05 SMIT-ANSEUW Nils, PSW
- 25:16.68 JONES Kent, VPSC
- 25:19.56 NOVAK Daxton, UCSC
- 25:24.50 STARCO Sam, VPSC
- 25:45.11 ZAYED Sammy, PCSC
- 25:45.31 MITTON Malcolm, VPSC
- 26:05.98 GOMBA Adam, PICK
- 26:10.20 JONES Phillip, LAC
- 26:21.67 CREPNJAK Kyle, PSW
- 26:31.93 LUCK Michael, PCSC
- 26:34.40 SAVU Christian, PCSC
- 26:47.13 BALLA Mark, HYACK
- 26:56.01 McGEORG Jake, HYACK
- 26:57.40 NESS Tyler, PCSC
- 27:06.00 FERGUSON Alex, CDSC
- 27:13.27 ENGEL Derek, PCSC
- 27:14.43 KERR Matthew, PCSC
- 27:17.30 CHURCHILL Randy, UCSC
- 28:33.81 MILBERS Paul, HYACK
- 28:36.76 MUNRO Jonathan, WDCS
- 29:02.07 McANERIN Corey, PSW
- 29:33.20 LEITCH David, RAPID
- 29:34.44 OZEE Nathan, HYACK
- 30:02.45 IAKHNO Matthew, CHENA
- 30:02.70 PETERS Neils, PCSC
- 30:04.21 PEAKMAN Troy, PSW
- 30:09.70 BOUSKILLO Chad, RAPID
- 30:57.82 McLOUGHLIN Daniel, USC
- 31:00.40 GREHAN Mark, EKSC
- 31:04.10 CHUNG Vincent, RAPID
- 31:10.42 CORMEAU Daniel, UCSC
- 31:33.99 ZAKI Ahmed, PCSC
- 32:20.03 MAY Sean, MSSAC
- 32:34.45 HONG Tony, CHENA
- 32:43.30 SMITH Daniel, LAC
- 32:49.00 MULVANY John, EKSC
- 33:32.20 LOCKHART Andrew, LAC
- 33:33.00 ABOUHOUCHE Clay, EKSC
- 33:48.67 BARRETT Andrew, PICK
- 35:02.26 HOWE Matthew, PICK
- 35:41.30 MIKOULA Eugene, MSSAC
- 36:07.53 STOCK James, AAC
- 36:47.45 SIAROKOWSKI Michael, UCSC
- 37:05.20 BERKSON Tyler, HYACK
- 37:12.70 CHOI James, HYACK
- 37:53.17 GROVES Andre, WDCS
- 38:04.30 LACHANCE Denis, EKSC
- 38:21.30 LAURENT Martin, EKSC
- 40:53.40 RENZ Matthew, UCSC
- 40:55.37 CHAN Jonathan, UCSC
- 42:04.51 McMAHAN Grady, UCSC
- 47:41.11 Li Kevin, UCSC
- 50:13.60 NEWELL Mathew, HYACK
- 54:02.50 TSE Brian, HYACK

BOYS 7&U - 100 IND. MEDLEY

Rec: 1:29.77 Andrew Bignell, SSMAC, 91

- 1:23.00 LESSARD Charlie, PCSC
- 2:21.70 CHAO Hugh, RAPID
- 2:32.60 HOUE Nicolas, PCSC
- 2:34.38 PEPELEA Thomas, PCSC
- 2:53.60 HOLME Adam, CHENA
- 2:59.68 MOORE Lukas, PCSC
- 3:00.20 WILTSHIRE Joe, EKSC
- 3:04.11 MITHA Imran, CHENA
- 3:10.44 TEUTON Felix, PCSC
- 3:11.40 WENZEL Nicholas, EKSC
- 3:33.40 OSBORNE Nathan, EKSC
- 3:50.05 RENZ Mitchell, UCSC
- 3:54.12 SZEZGATI Abel, HYACK
- 4:15.76 MALAHOFF Bjorn, CHENA
- 4:16.08 HEJDANEK Ian, CHENA
- 5:06.34 MONTGOMERY Josh, CHENA
- 5:29.61 PARSONS Andrew, PCSC

BOYS 8 - 100 IND. MEDLEY

Rec: 1:21.38 Andrew Bignell, SSMAC, 92

- 1:46.12 DIONISI Michael, PCSC
- 1:46.72 SIMONYIK Ryan, PCSC
- 1:46.89 CZYZ Vincent, UCSC
- 1:49.02 GRILLO Matthew, PCSC
- 1:51.30 YEUNG Austin, MSSAC
- 1:56.21 EGGEN Robert, UCSC
- 1:57.67 WOOD Tyler, USC
- 1:59.80 SALMON Brayden, LAC
- 2:01.65 Wiley Ivan, PCSC
- 2:02.02 PEPLWOSKI Joseph, PCSC
- 2:02.60 GREHAN Eric, EKSC
- 2:02.79 BURKE Martin, UCSC
- 2:04.04 OSTROM Derek, UCSC
- 2:04.53 SURA Connor, PCSC
- 2:07.57 ROSS Shaun, PCSC
- 2:08.11 MATYSZCZAK Martin, MSSAC
- 2:08.30 DEMPSEY Nicholas, CHENA
- 2:08.65 RUTLEDGE Ryan, UCSC
- 2:10.10 KOSTIUK Nick, EKSC
- 2:12.06 IVANOV Dimitar, CHENA
- 2:13.80 GILMOUR Mark, LAC
- 2:16.87 DEBILIER Chris, PCSC
- 2:20.60 DI CECCO Andrew, LAC
- 2:25.40 McMAHAN Rafferty, UCSC
- 2:29.70 FINDLAY Colin, EKSC
- 2:29.84 POND Andre, MSSAC
- 2:33.47 McCULLOCH Michael, UCSC
- 2:35.70 KIEDRZYAN Justin, HYACK
- 2:38.27 CHAN Calvin, AAC
- 2:39.10 KUNDA Radko, HYACK
- 2:42.74 STEFOPULOS Mike, USC

- 2:43.08 QUENNEVILLE Matthew, CHENA
- 2:55.70 BLAIR Michael, HYACK
- 2:59.40 KRATZMANN Matthew, EKSC
- 3:10.40 SZPERKOWSKI Michael, HYACK
- 3:14.18 JOHNSON Cody, WDCS
- 3:19.25 CORBETT Dylan, UCSC
- 3:26.58 COX Matthew, PCSC
- 3:39.04 TAYLOR Sean, CHENA
- 3:49.40 NASSERI Cyrus, LOSC
- 4:06.04 CHOW Ronald, UCSC
- 4:13.86 WILLIAMS Brendon, UCSC
- 4:19.63 SMITH Michael, UCSC

BOYS 9 - 200 IND. MEDLEY

Rec: 2:41.91 Tobias Oriwol, PCSC, 95

- 3:05.54 LAVOIE Jordan, PCSC
- 3:17.62 EMORY Matthew, PCSC
- 3:19.85 SALMON MacKenzie, LAC
- 3:22.57 BOTHELO Josh, PCSC
- 3:23.68 McDONALD Josh, PSW
- 3:24.11 COLANGELO Emilio, BFB
- 3:26.00 OH Jihyoon, LOSC
- 3:26.10 CHAN Brandon, EKSC
- 3:26.72 ROCKETT Austin, MSSAC
- 3:34.25 FORSYTH Jackson, VPSC
- 3:35.58 WAGNER Thomas, UCSC
- 3:35.85 CORNFORD Ryan, MSSAC
- 3:36.91 GENTRY Ryan, PCSC
- 3:38.56 MITCHELL Ryan, LAC
- 3:43.10 FUNK Richard, EKSC
- 3:44.10 LAM Kwan, RAPID
- 3:48.07 IRIONDO Felipe, CHENA
- 3:49.48 TATIGIAN Nicolas, PCSC
- 3:49.60 STEWART Clay, LOSC
- 3:50.54 LUBBEL Eli, PCSC
- 3:51.42 AYRE Trevor, PCSC
- 3:52.20 LAI Jason, EKSC
- 3:52.96 MAK Anthony, UCSC
- 3:54.78 ERASMUS Ivan, CHENA
- 3:57.00 BLUMENTHAL Michael, PCSC
- 3:59.00 WANG Peter, LOSC
- 4:03.00 STELTING Josh, LOSC
- 4:03.74 ZHANG Alex, PCSC
- 4:09.92 COPE-COBEIL Julien, PCSC
- 4:04.56 STEVENTON Geoffrey, PCSC
- 4:07.00 SHAN Joseph, RAPID
- 4:11.69 PARSONS Michael, PCSC
- 4:13.53 BLUMENTHAL Jonathan, PCSC
- 4:21.00 GUAY Justin, RAPID
- 4:22.04 RUSH Dylan, UCSC
- 4:23.00 TIHANYI Stefan, PCSC
- 4:23.34 BUFTON Brandon, WDCS
- 4:24.59 ANGLIN Chris, UCSC
- 4:26.18 EADE Kevin, IS
- 4:28.10 PHILLIPS Fraser, EKSC
- 4:35.00 HO Calvin, EKSC
- 4:39.20 WHITE Reid, EKSC
- 4:40.85 ADAMS Zachary, PICK
- 4:42.91 STORTO Mark, PICK
- 4:45.00 LIU Jack, RAPID
- 4:45.02 STEWART Mark, PSW
- 4:45.49 LACASSE Phillip, PCSC
- 4:47.00 WENZEL Nicholas, EKSC
- 4:51.80 SOUTHAN Noah, LAC
- 5:04.81 CASTELLANO Julien, PCSC
- 5:10.03 DHAWAN Rohit, UCSC
- 5:10.60 CHOI Steve, HYACK
- 5:12.40 KORSOUNTSEV Stanislav, EKSC
- 5:12.19 ROTH Adlan, IS
- 5:21.16 CHAWA Jamesey, IS
- 5:28.16 BURCHIL-ROBERTS Jack, RAPID
- 5:44.18 WOODS Brandon, CHENA
- 5:53.26 CHUA Joshua, UCSC
- 5:54.03 TRYPOLKA Nick, UCSC
- 6:03.31 LOURIETTE Brandon, IS
- 6:08.31 BIGELOW Alan, IS
- 6:20.21 BOGLE Joey, UCSC
- 6:30.40 KUMNAR Andres, HYACK
- 6:37.19 VAGRAMOR Robert, HYACK
- 6:45.79 STRAND Jordan, UCSC
- 6:57.26 HRYNIVSHYN Nicholas, EKSC
- 6:53.40 CANDRAY Bradley, EKSC
- 6:59.50 BUSIGIN Mark, LAC

BOYS 10 - 400 IND. MEDLEY

Rec: 5:29.10 Tobias Oriwol, PCSC, 96

- 6:13.18 JENSEN Daniel, PCSC
- 6:20.65 DAGNALL Craig, IS
- 6:29.72 LEITE Jeremy, LAC
- 6:29.74 LAWRIE Tom, AAC
- 6:31.60 WOLK Kari, EKSC
- 6:43.90 RAE Thomas, PSW
- 6:50.93 ENGEL Derek, PCSC
- 6:57.11 GOMBA Adam, PICK
- 6:58.41 NICOL Marlow, VPSC
- 7:00.23 JOHNSTON Scott, PICK
- 7:03.02 SMIT-ANSEUW Nils, PSW
- 7:04.03 RUEL Marc-Andre, PCSC
- 7:04.86 JONES Kent, VPSC
- 7:05.20 JONES Phillip, LAC
- 7:11.21 STARCO Sam, VPSC
- 7:16.18 LUCK Michael, PCSC
- 7:16.50 STEWART Cole, LOSC
- 7:18.81 BLUMENTHAL Aaron, PCSC
- 7:19.04 BALLA Mark, HYACK
- 7:21.37 ZAYED Sammy, UCSC
- 7:19.75 NOVAK Daxton, UCSC
- 7:20.17 McGEORG Jake, HYACK
- 7:26.54 CREPNJAK Kyle, PSW
- 7:39.60 CHEUNG Kelvin, RAPID

- 7:40.60 SAVU Christian, PCSC
- 7:41.49 CORMEAU Daniel, UCSC
- 7:41.80 LEITCH David, RAPID
- 7:44.08 KERR Matthew, PCSC
- 7:48.81 CHURCHILL Randy, UCSC
- 7:55.05 PETERS Neils, PCSC
- 8:04.80 MUNRO Jonathan, WDCS
- 8:05.48 LUNDELL-SMITH Geoffrey, BFB
- 8:08.00 STURGEON Sage, LOSC
- 8:11.26 McANERIN Corey, PSW
- 8:17.04 MILBERS Paul, HYACK
- 8:23.70 GREHAN Mark, EKSC
- 8:24.64 PEAKMAN Troy, PSW
- 8:27.30 CHUNG Vincent, RAPID
- 8:29.75 OZEE Nathan, HYACK
- 8:32.00 ZAKI Ahmed, PCSC
- 8:38.30 BOUSKILLO Chad, RAPID
- 8:47.45 HOWARD Thierry, BFB
- 8:51.20 SMITH Daniel, LAC
- 8:55.30 LOCKHART Andrew, LAC
- 8:59.03 IAKHNO Matthew, CHENA
- 8:59.70 Du Daron, RAPID
- 8:59.96 GROVES Andre, WDCS
- 9:04.60 HONG Tony, CHENA
- 9:04.80 Schwarz Riley, IS
- 9:08.63 FELLNER Matthew, IS
- 9:12.15 McLOUGHLIN Daniel, USC
- 9:24.63 DEMPSEY Oliver, CHENA
- 9:42.90 BARRETT Andrew, PICK
- 9:43.54 PLESCH Rudi, HYACK
- 9:49.07 LYNN Zachary, HYACK
- 9:56.91 HOWE Matthew, PICK
- 9:59.40 McLUVANY John, EKSC
- 10:07.60 BERKSON Tyler, HYACK
- 10:01.00 ABOUHOUCHE Clay, EKSC
- 10:07.58 ANGELINI Alex, BFB
- 10:10.49 CHOI James, HYACK
- 10:13.29 SIAROKOWSKI Michael, UCSC
- 10:18.29 McMAHAN Grady, UCSC
- 11:04.50 CATHRO Jared, EKSC
- 11:10.70 TSANG Gus, HYACK
- 11:21.02 RENZ Matthew, UCSC
- 11:35.68 TKACHENKO Vlad, HYACK
- 11:38.30 TSE Brian, HYACK
- 11:46.41 VOLODARETS Yana, HYACK
- 11:54.03 Li Kevin, UCSC
- 12:12.50 YIM Bryan, HYACK
- 12:49.86 CHAN Jonathan, UCSC
- 13:10.70 NEWELL Mathew, HYACK

GIRLS

GIRLS 7&U - 200 FREESTYLE

Rec: 2:55.04 Donna Wu, AQUA, 85

- 3:34.67 ASSI Sarah, PCSC
- 3:40.67 CLOUTIER Isabelle, PCSC
- 3:58.91 GAGNE Alexia, PCSC
- 4:01.84 ZEVNIK Alexia, PCSC
- 4:20.61 CALDWELL Katie, PSW
- 4:32.37 RUSSELL Allison, PICK
- 4:34.39 CASSARATO Stephanie, PCSC
- 4:48.60 MORGAN Jennifer, EKSC
- 4:49.74 McDONALD Marina, PCSC
- 4:51.15 BLAGRAVE Cassandra, PCSC
- 4:52.83 CORNFORD Delynn, MSSAC
- 4:54.30 MATTHEWS Katie, EKSC
- 4:55.07 HASS Amanda, HYACK
- 4:55.36 FAIRLIE Paige, PCSC
- 5:03.61 MacLEOD Nikki, UCSC
- 5:06.10 BADGER Allison, UCSC
- 5:07.81 BUTTERS Meagan, PCSC
- 5:12.54 HEEPERS Michelle, CHENA
- 5:23.10 HOEKSTRA Mackenzie, EKSC
- 5:24.50 PIERSE Patricia, EKSC
- 5:25.91 FREEMAN Laura, MSSAC
- 5:27.44 MacLEOD Sarah, PCSC
- 5:32.00 vanNOORDENNE Maria, LOSC
- 5:43.00 EDMISTON Jessica, LOSC
- 5:56.26 McCULLOCH Megan, UCSC
- 6:09.22 SIAROKOWSKI Lauren, UCSC
- 6:09.76 NOVACK Arielle, PCSC
- 6:15.40 STARMAN Sabra, EKSC
- 6:17.56 TATIGIAN Liame, PCSC
- 6:21.00 TADROS Katrina, LOSC
- 6:21.43 KRAFF Amara, UCSC
- 6:35.18 FERRARO Anika, UCSC
- 6:38.36 COLLINGS Ella, UCSC
- 6:40.30 GIBSON Kinley, EKSC
- 6:59.59 ALBRANDON Lori, PCSC
- 7:11.03 MARTINEAU Katherine, PCSC
- 7:12.46 ENSING Alexandra, CHENA
- 7:38.60 Ho Kaifin, CHENA
- 7:45.58 PATTINSON Hillary, UCSC
- 8:05.80 ERICKSON Rayn, EKSC
- 8:11.46.01 DUSZYNSKA Agneska, CHENA

GIRLS 8 - 400 FREESTYLE

- 5:49.44 Sandy Sabo, DDO, 83
- 6:40.00 ROSATO Laura, LAC
- 6:49.00 MCGREGOR Ashley, PCSC
- 6:50.88 CENTOMO Kyia, PCSC
- 6:55.30 LEE Janica, MSSAC
- 7:08.84 ALLARDYCE Jamie-Lee, PCSC
- 7:14.88 VRIONIS Valerie, PCSC
- 7:21.89 BEVERIDGE Allison, UCSC
- 7:28.12 GAGNE Marla, PCSC
- 7:33.67 McMULLEN Olivia, PCSC
- 7:42.20 LAW Krista, RAPID
- 7:49.57 MacLEOD Kari, UCSC

12)	7:59.94	PARSONS Caroline,PCSC	70)	21:32.51	HOOPER Alison,IS	90)	36:56.21	HUMAYUN Izza,UCSC	55)	2:58.40	ARMSTRONG Faith,EKSC	103)	7:27.60	LEHAR Kristin,EKSC
13)	8:06.37	HILDEBRAND Alyssa,UCSC	71)	21:36.14	WYERS Andrea,UCSC	91)	37:49.51	HILFERNIK Karina,MSSAC	56)	3:02.61	PIETRONIRO Annie,AAC	104)	6:08.05	NEWELL Siobhan,HYACK
14)	8:15.00	MUNRO Sarah,WDCS	72)	22:18.80	GORDON Erica,HYACK	92)	39:22.92	READ Samantha,PCSC	57)	3:23.72	RUDKO Lessia,PCSC	105)	5:36.76	Stephanie Shewchuk,PCSC,85
15)	8:24.90	PRITCHARD Mara,LAC	73)	23:28.71	WATTS Anna,IS	93)	42:57.54	MILLER Madeleine,PCSC	58)	3:27.00	HITCHCOCK Clair,EKSC	1)	5:58.01	COULLARD Marie-Pier,REG
16)	8:25.87	WEI Quennie,UCSC	74)	22:54.72	HSU Janine,IS	94)	44:34.74	BARRETO Stephanie,PCSC	59)	3:28.00	MATTHEWS Deanna,EKSC	2)	6:08.05	NEWELL Siobhan,HYACK
17)	8:29.10	CANTY-CURRIE Roxan,PCSC	75)	23:07.63	BOLL Jessica,UCSC	95)	47:18.37	RODRIGUE Tatiana,UCSC	60)	3:28.00	PIERSE Fionnuala,EKSC	3)	6:25.73	COUTURE Genevieve,REG
18)	8:40.48	MacLEOD Katie,PCSC	76)	23:08.60	SPAKOWSKI Olivia,HYACK	96)	53:16.91	O'SULLIVAN Caitlin,IS	61)	3:23.00	McCULLOUGH Molly,PCSC	4)	6:27.40	THROWER Jessica,UCSC
19)	8:41.70	SCHMIDT Michaela,UCSC	77)	23:21.40	FALLU Isabelle,EKSC	GIRLS 7&U- 100 IND. MEDLEY			62)	3:25.69	BUNA Brittany,IS	5)	6:29.23	ALIBRANDO Lisa,PCSC
20)	8:42.78	READ Lara,PCSC	78)	23:33.40	LU Nikki,HYACK	Rec: 1:28.46	Donna Wu,AQUA,85	63)	3:23.00	McCULLOUGH Molly,PCSC	6)	6:32.18	BRULE Meredith,LAC	
21)	8:43.83	RUEL Marie-Anne,PCSC	79)	24:30.87	DOUSE Shona,PICK	1)	1:51.99	ASSI Sarah,PCSC	64)	3:25.69	WU Yi Han,RAPID	7)	6:33.02	SMITH Scarlet,VPSC
22)	8:44.52	RUDKO Lessia,PCSC	80)	24:35.83	DOUSE Meaghan,PICK	2)	1:56.51	CLOUTIER Isabelle,PCSC	65)	3:25.80	BOSSE Christina,PCSC	8)	6:34.41	DALLING Eleanor,VPSC
23)	8:53.00	WILTSHIRE Miriam,EKSC	81)	24:50.31	PHILIP Leanne,IS	3)	2:00.39	GAGNE Amanda,PCSC	66)	3:26.29	ADKIN Sydney,LAC	9)	6:36.96	GERA Janny,REG
24)	8:54.31	SEXTON Michelle,PCSC	82)	25:20.60	SEFEI Grace,HYACK	4)	2:02.00	WU Yi Han,RAPID	67)	3:28.30	TANNINEN Christine,EKSC	10)	6:39.21	EDWARDS Christine,VPSC
25)	8:56.24	KRYSCHUK Michelle,UCSC	83)	27:19.00	LEHAR Kristin,EKSC	5)	2:04.00	QUON Callia,RAPID	68)	3:29.50	QUON Meghan,RAPID	11)	6:42.00	BUKIEDA Brielle,EKSC
26)	8:58.22	BONIN Katija,MSSAC	84)	28:02.00	PARK Jane,HYACK	6)	2:04.65	ZEVNIK Aylia,PCSC	69)	3:31.67	McCORD Kate,UCSC	12)	6:46.70	BOWMAN Kim,PSW
27)	8:59.01	McANERIN Madison,PSW	85)	28:44.57	Troicuk Calla,PICK	7)	2:08.71	CALDWELL Katie,PSW	70)	3:32.82	WHITE Kelly Ann,MSSAC	13)	6:49.09	RAININGER Christine,AAC
28)	9:18.12	HORNOR Mariah,AAC	86)	36:57.46	RAM Ashley,IS	8)	2:20.51	HEEPS Michelle,CHENA	71)	3:34.25	SLONGO Jennifer,MSSAC	14)	6:50.25	McGANN Lisa,LAC
29)	9:20.00	TADROS Stephanie,LOSC	GIRLS 10 - 1500 FREESTYLE			9)	2:21.12	CASSARATO Stephanie,PCSC	72)	3:34.90	ZAROFF Marie,RAPID	15)	6:55.32	CLOUTIER Alexandra,PCSC
30)	9:37.54	EVANGELISTA Karyna,PCSC	Rec: 19:12.09	Melanie Copple,AQUA,86	10)	2:22.32	BLAGRAVE Cassandra,PCSC	13)	3:37.32	HAMILTON-LEAVIT Emily,Rose,BBF	16)	6:55.58	RAYMOND C.Panet,HYACK	
31)	9:42.62	McGEE Megan,UCSC	1)	21:26.00	NEWELL Siobhan,HYACK	11)	2:23.33	BLACH Veronika,PCSC	14)	3:38.07	STEFOPULOS Katie,UCSC	17)	6:58.70	LONG Allison,UCSC
32)	9:43.70	D'AGUANO Kathleen,PCSC	2)	21:38.17	COULLARD Marie-Pier,REG	12)	2:24.60	PIERSE Patricia,UCSC	15)	3:38.36	SHUNG Caroline,MSSAC	18)	7:00.73	JOHNSTON Amanda,LAC
33)	9:45.65	KENNEDY Christine,VPSC	3)	22:14.36	EDWARDS Christine,VPSC	13)	2:25.68	BADGER Allison,EKSC	16)	3:40.73	McCALLUM Natalia,UCSC	19)	7:01.03	McGHEE Pamela,UCSC
34)	9:52.04	KEEPING Katie,UCSC	4)	22:55.13	ALIBRANDO Lisa,PCSC	14)	2:27.60	MORGAN Jennifer,EKSC	17)	3:42.33	BARTUOVIC Dora,BBF	20)	7:01.90	GILMOUR Megan,LAC
35)	9:53.08	LEACH Sadie,UCSC	5)	22:58.87	GERA Janny,REG	15)	2:28.38	HILLS Jamie,CHENA	18)	3:42.50	WALKER Alyson,LAC	21)	7:02.70	SERAY Nikita,LAC
36)	10:02.09	GINTER Kayla,AAC	6)	23:12.56	SMITH Scarlet,VPSC	16)	2:29.46	DOCHERTY Georgia,WDCS	19)	3:42.75	ASSI Sadiyah,PCSC	22)	7:05.93	HEBERT T.J.,PCSC
37)	10:05.29	LARIMAN Montana,MSSAC	7)	23:19.10	BRULE Meredith,LAC	17)	2:30.36	McDONALD Marina,PCSC	20)	3:45.41	GOLDMAN Lauren,PCSC	23)	7:07.52	DANIS Stefanie,REG
38)	10:30.30	D'ARIANO Laura,LAC	8)	23:21.41	DALLING Eleanor,VPSC	18)	2:34.39	CORNFORO Delynn,MSSAC	21)	3:45.53	LYNDEN Alysha,PICK	24)	7:07.54	TREASURE Vanessa,MSSAC
39)	10:32.00	GREEN Tessa,EKSC	9)	23:23.49	COUTURE Genevieve,REG	19)	2:34.91	RUSSELL Alison,PICK	22)	3:45.80	LAU Sara,RAPID	25)	7:08.44	LANDRY Taryne,CHENA
40)	10:48.92	GABRIEL Sandra,PCSC	10)	23:23.50	BUKIEDA Brielle,EKSC	20)	2:41.00	FAIRLIE Paige,PCSC	23)	3:46.12	LUDGATE Devon,BBF	26)	7:08.89	CHAN Sonja,VPSC
41)	11:04.93	CLELLAND Carley,UCSC	11)	23:48.22	THROWER Jessica,UCSC	21)	2:42.04	FREEMAN Laura,MSSAC	24)	3:47.21	BECK Kinsley,LAC	27)	7:09.06	THOMPSON Laura,UCSC
42)	11:15.63	POLACK Marta,PCSC	12)	23:48.56	RAININGER Christine,AAC	22)	2:43.50	HOEKSTRA Mackenzie,EKSC	25)	3:47.66	ROSATO Sarah,LAC	28)	7:10.56	BURKE Amanda,UCSC
43)	11:57.00	GIBSON-BROKOP Lindsay,EKSC	13)	24:09.60	CLOUTIER Alexandra,PCSC	23)	2:44.55	HASS Amanda,HYACK	26)	3:48.00	DONAHUE Morgan,LOSC	29)	7:12.00	MIELNICHUK Bobbie,EKSC
44)	12:05.00	CAMERON Ashley,EKSC	14)	24:19.02	BOWMAN Kim,PSW	24)	2:45.46	MacLEOD Jordie,PCSC	27)	3:48.51	DOLLINGER Jordie,PCSC	30)	7:12.08	MacLEOD Kristine,UCSC
45)	12:10.10	FINAN Catherine,LAC	15)	24:31.70	LONG Allison,UCSC	25)	2:47.40	STARMAN Sabra,EKSC	28)	3:49.06	ALLAN Amy,PCSC	31)	7:14.24	LIPPIATT Kyra,PCSC
46)	13:24.89	KOWALSKI Paige,UCSC	16)	24:36.19	McGHEE Pamela,UCSC	26)	2:53.30	GIBSON Kinley,EKSC	29)	3:51.99	MULLIGAN Lynnaea,PSW	32)	7:14.90	MIDGLEY Leanne,LAC
47)	13:29.41	DAVIES Stefanie,UCSC	17)	24:56.01	CHAN Sonja,VPSC	27)	2:53.76	BUTTERS Meaghan,PCSC	30)	3:52.13	CHAN Michelle,VPSC	33)	7:16.20	POND Natalie,MSSAC
48)	14:15.00	HITCHCOCK Clair,EKSC	18)	24:57.96	TREASURE Vanessa,MSSAC	28)	2:54.48	NOVACK Arielle,UCSC	31)	3:54.22	CREPNJAK Catherine,PSW	34)	7:16.40	CALDWELL Hilary,PSW
GIRLS 9 - 800 FREESTYLE			19)	24:59.45	RAYMOND C.Panet,HYACK	29)	2:57.20	ENSING Alexandra,CHENA	32)	3:54.59	LIPPIATT Hayley,PCSC	35)	7:22.85	ARMSTRONG Kaelyn,PSW
Rec: 10:45.42	Julie Bodenbender,AQUA,88		20)	24:59.80	GILMOUR Megan,LAC	30)	3:00.06	JOHNSTON Amanda,WDCS	33)	3:54.65	DE VRIES Lauren,WDCS	36)	7:28.00	FUNK Adrienne,EKSC
1)	12:01.31	BUNA Brittany,IS	21)	25:31.20	SERAY Nikita,LAC	31)	3:00.51	SARKOWSKY Lauren,UCSC	34)	3:56.19	NELL Shannon,LAC	37)	7:28.60	ANDERSEN Tseu,EKSC
2)	12:40.50	MATTHEWS Deanna,EKSC	22)	25:31.90	DANIS Stefanie,REG	32)	3:01.78	DIVITA Catherine,PCSC	35)	3:56.98	KERR Anne,PCSC	38)	7:30.06	SANTOS Kristen,AAC
3)	12:54.80	PIERSE Fionnuala,EKSC	23)	25:52.52	MacLEOD Kristine,UCSC	33)	3:02.56	FERRARO Anika,UCSC	36)	3:58.02	SPROULE Emma,UCSC	39)	7:31.14	ZATLYNY Alexandra,PCSC
4)	13:14.50	ADKIN Sydney,LAC	24)	26:02.14	SANTOS Kristen,AAC	34)	3:05.43	HO Kaitlin,CHENA	37)	3:58.36	NOVACK Sabrina,PCSC	40)	7:31.21	CAMERON Elyssa,PCSC
5)	13:21.07	WHITE Kelly Ann,MSSAC	25)	26:10.12	POND Natalie,MSSAC	35)	3:13.95	McCULLOCH Megan,UCSC	38)	4:00.97	CHAN LAY Stephanie,UCSC	41)	7:32.68	HEARD Kaleigh,PICK
6)	13:50.99	SHUNG Caroline,MSSAC	26)	26:15.25	THOMPSON Laura,UCSC	36)	3:15.63	MacLEOD Nikki,UCSC	39)	4:02.00	BERGUM Clara,LOSC	42)	7:34.14	ROSSA Monica,IS
7)	13:54.59	McCULLOUGH Molly,PCSC	27)	26:21.14	ZATLYNY Alexandra,PCSC	37)	3:20.55	TATIGIAN Liane,PCSC	40)	4:02.09	RAYMOND W.Paent,HYACK	43)	7:36.36	RIST Maxine,PCSC
8)	14:04.20	TANNINEN Christine,EKSC	28)	26:22.88	BURKE Amanda,UCSC	38)	3:21.48	KRAFF Amara,UCSC	41)	4:03.38	CALVIN MURDOCH Meadea,RAPID	44)	7:36.89	GRINDLE Jenna,UCSC
9)	14:04.33	SLONGO Jennifer,MSSAC	29)	26:24.96	FLEMING Kim,MSSAC	39)	3:45.79	ALIBRANDO Lori,PCSC	42)	4:05.18	VIZSOLYI Andrea,IS	45)	7:44.75	STRATI Stefania,MSSAC
10)	14:18.16	BOSSE Christina,PCSC	30)	26:29.15	CALDWELL Hilary,PSW	40)	3:53.51	PATTINSON Hilary,UCSC	43)	4:05.38	DAVIS Sabrina,UCSC	46)	7:46.70	RIDDLER Rae,LOSC
11)	14:42.00	DONAHUE Morgan,LOSC	31)	26:30.00	FUNK Adrienne,EKSC	41)	4:03.25	COLLINGS Ella,UCSC	44)	4:07.00	BULL Georgia,EKSC	47)	7:49.63	McGILL Alyson,Amanda,LAC
12)	14:50.72	DE VRIES Lauren,WDCS	32)	26:38.79	ARMSTRONG Kaelyn,PSW	42)	4:06.31	DUSZYNSKA Agneska,CHENA	45)	4:08.66	ROMPOTINOS Eleni,PCSC	48)	7:52.80	VANDENBRINK Amanda,LAC
13)	14:55.20	ZAROFF Marie,RAPID	33)	26:56.07	LANDRY Taryne,CHENA	43)	5:12.10	ERICKSON Rayn,EKSC	46)	4:08.70	LACHANCE Nicole,EKSC	49)	7:54.26	FLEMING Kim,MSSAC
14)	14:55.30	ASSI Sadiyah,PCSC	34)	27:02.20	GRINDLE Jenna,UCSC	44)	4:12.00	SCHRAMM Lydia,EKSC	47)	4:12.00	GOSSEL Kim,RAPID	50)	7:54.60	GROVE Molly,EKSC
15)	14:57.41	ALLAN Amy,PCSC	35)	27:04.40	FERGUSON Alex,LAC	45)	4:12.20	Axeil Kim,RAPID	48)	4:13.31	FORSYTH-MARTIN Kelsey,PCSC	51)	7:55.00	FERGUSON Alex,LAC
16)	15:01.20	QUON Meghan,RAPID	36)	27:04.50	JOHNSTON Amanda,LAC	46)	4:13.31	FORSYTH-MARTIN Kelsey,PCSC	49)	4:17.22	JAUHHAUS Carla,IS	52)	8:01.24	JAUHAUS Nicole,IS
17)	15:15.38	DOLLINGER Jordie,PCSC	37)	27:05.50	MIDGLEY Leanne,LAC	47)	4:17.22	JAUHHAUS Carla,IS	50)	4:17.22	JAUHHAUS Carla,IS	53)	8:06.88	PENNER Anne,UCSC
18)	15:18.73	LYNDEN Alysha,PICK	38)	27:18.60	ROSSA Monica,IS	48)	4:13.45	LEE Janice,MSSAC	51)	4:17.38	RIBEIRO Gabriela,PCSC	54)	8:09.10	AU YEUNG Michelle,RAPID
19)	15:19.71	KERR Anne,PCSC	39)	27:31.90	GROVE Molly,EKSC	49)	4:13.81	ALLARDYCE Jamie-Lee,PCSC	52)	4:21.31	HAMILTON Carolyn,PCSC	55)	8:09.21	HINDS Rebecca,GGST
20)	15:23.81	McCORD Kate,UCSC	40)	27:38.90	ANDERSEN Tseu,EKSC	5)	1:45.03	CENTOMO Kyla,PCSC	53)	4:22.00	TADROS Sophie,LOSC	56)	8:09.10	AW YOUNG Michelle,RAPID
21)	15:24.00	BULL Georgia,EKSC	41)	27:43.93	JOHNSON Nicole,UCSC	6)	1:47.40	MUNRO Sarah,WDCS	54)	4:22.31	HOOPER Alison,IS	57)	8:11.61	LAWSON Kristine,HYACK
22)	15:29.00	ROSATO Sarah,LAC	42)	27:55.69	CAMERON Elyssa,PCSC	7)	1:48.94	BEVERIDGE Allison,UCSC	55)	4:23.92	SANTA MARIA Alexandra,PCSC	58)	8:16.71	KYRONG Kacie,PSW
23)	15:31.92	McCALLUM Natalia,UCSC	43)	28:03.00	MIELNICHUK Bobbie,EKSC	8)	1:49.40	WILTSHIRE Miriam,EKSC	56)	4:24.02	IKIZAWA Eri,CHENA	59)	8:17.66	JOHNSON Nicole,UCSC
24)	15:35.94	SPROULE Emma,UCSC	44)	28:12.00	MOLONEY Jessica,UCSC	9)	1:50.19	GAGNE Marie,PCSC	57)	4:24.34	KALBARCZYK Victoria,PCSC	60)	8:18.60	KOCH Katie,EKSC
25)	15:42.93	CHAN Michelle,VPSC	45)	28:22.00	RIDDLER Rae,LOSC	10)	1:52.29	PARSONS Caroline,PCSC	58)	4:24.86	HOSSARI Laura,PCSC	61)	8:19.31	BLAKE Kelsey,IS
26)	15:54.30	BECK Kinsley,LAC	46)	28:22.13	HEARD Kaleigh,PICK	11)	1:55.85	McCULLEN Olivia,PCSC	59)	4:25.28	CHAUVEY Jessica,REG	62)	8:21.15	SOLIS Tatiana,IS
27)	16:02.20	WALKER Alyson,LAC	47)	28:26.55	BLAKE Kelsey,IS	12)	1:57.09	CANTY-CURRIE Roxan,PCSC	60)	4:25.83	DUBOIS Laurence,PCSC	63)	8:21.34	SHIANG Teresa,VPSC
28)	16:04.00	TADROS Sophie,LOSC	48)	28:27.31	SOLIS Tatiana,IS	13)	1:57.58	MacLEOD Kari,UCSC	61)	4:27.49	LEACH Naomi,UCSC	64)	8:23.89	SIU Maggie,GGST
29)	16:06.95	MULLIGAN Lynnaea,PSW	49)	28:27.54	JAUHAUS Nicole,IS	14)	1:58.00	DAY Anne,RAPID	62)	4:29.00	WONG Florence,RAPID	65)	8:24.05	WHITE Haley,WDCS
30)	16:07.80	LAU Sara,RAPID	50)	28:37.12	LAWSON Kristine,HYACK	15)	2:00.37	SCHMIDT Michaela,UCSC	63)	4:31.54	GOLDBERGER Madison,PCSC	66)	8:27.27	KALBARCZYK Natalia,PCSC
31)	16:10.58	CREPNJAK Catherine,PSW	51)	28:42.80	VANDENBRINK Amanda,LAC	16)	2:00.37	PRITCHARD Mara,LAC	64)	4:32.50	TIERNY Haley,PCSC	67)	8:30.16	THOMPSON Zykot,PCSC
32)	16:18.26	ARCHIBALD Joanne,GGST	52)	28:55.16	KYRONG Kacie,PSW	17)	2:00.89	HILDEBRAND Alyssa,UCSC	65)	4:32.77	ZIEMENSKI Jeremy,IS	68)	8:31.77	WILEY Meg,PCSC
33)	16:20.96	NOVACK Sabrina,PCSC	53)	28:55.26	STRATI Stefania,MSSAC	18)	2:00.92	WEI Quennie,UCSC	66)	4:34.25	STREIBL Barbori,UCSC	69)	8:37.59	McKENDRICK Kaylee,UCSC
34)	16:33.00	BERGUM Clara,LOSC	54)	29:06.16	McGILL Alyson,UCSC	19)	2:01.00	LEITCH Andrea,RAPID	67)	4:36.63	FARKAS Kristina,CHENA	70)	8:38.98	GUEST Duran,UCSC
35)	16:37.47	KALBARCZYK Victoria,PCSC	55)	29:34.51	MOORE Lindsey,VPSC	20)	2:02.00	McCORD Madison,RAPID	68)	4:37.00	WHITE Rachel,LOSC	71)	8:39.00	YURKOVICH Katie,EKSC
36)	16:38.90	RAYMOND W.Paent,HYACK	56)	29:48.39	YEADON Isabelle,UCSC	21)	2:03.04	DAVID Melissa,BBF	69)	4:37.68	ZEIDEL Lauren,PCSC	72)	8:45.50	EWEN Caroline,UCSC
37)	16:58.10	CALVIN MURDOCH Meadea,RAPID	57)	29:48.95	THOMPSON Krystal,PCSC	22)	2:03.65	JACOBS Megan,UCSC	70)	4:39.09	ODONNELL Tara,PCSC	73)	8:52.55	SAIGOL Alysha,PCSC
38)	17:13.02	ZIEMENSKI Jeremy,IS	58)	29:51.30	AU YEUNG Michelle,RAPID	23)	2:06.72	MacLEOD Katie,PCSC	71)	4				

BOYS WORLD JUNIOR RANKINGS

(Born 1983 and later)

50 METRES FREESTYLE

- 1) 22.97 CROLCAUG Duje Draganja,83,CRO
- 2) 22.98 WORLD01 Milorad Cavic,84,YUG
- 3) 23.27 ITALCAUG Fabio Gallo,83,ITA
- 4) 23.32 CHNLCAUG Jiawei Zhou,83,CHN
- 5) 23.34 EURJRJUL Germain Cayette,83,FRA
- 6) 23.34 TOKYOAUG Yoshihiro Okumura,83,JPN
- 7) 23.38 AUBRNJUL Ryan Wochomurka,83,USA
- 8) 23.44 EURJRJUL Benjamin Friedrich,83,GER
- 9) 23.45 EUSACAPR Ashley Anderson,84,USA
- 10) 23.51 CROLCAUG Igor Cerensek,83,CRO
- 11) 23.55 WZONCAUG Ben Wildman-T.,85,USA
- 12) 23.56 FRAJRJUL Clement Vanhacq,83,FRA
- 13) 23.57 EURJRJUL Maxim Skrynnykov,83,RUS
- 14) 23.58 ITALCAUG Federico Peccianti,84,ITA
- 15) 23.62 PORLCAUG Luis Monteiro,83,POR
- 16) 23.63 EASIAMAY Nien-Pin Wu,83,TPE
- 17) 23.63 SWELCJUN Erik Dorch,83,SWE
- 18) 23.65 SYDNJAN Raymond McDonald,83,USA
- 19) 23.65 USALCMAR Dale Rogers,83,USA
- 20) 23.65 NANCYJUL Gregory Mallet,84,FRA

100 METRES FREESTYLE

- 1) 49.79 WORLD01 Duje Draganja,83,CRO
- 2) 50.83 EASIAMAY Yoshihiro Okumura,83,JPN
- 3) 51.11 EURJRJUL Maxim Skrynnykov,83,RUS
- 4) 51.12 SYDNJAN Raymond McDonald,83,USA
- 5) 51.16 AUSLCMAR Nic Williams,83,USA
- 6) 51.17 USALCMAR Ryan Wochomurka,83,USA
- 7) 51.25 PRAGJUN Martin Skacha,83,CZE
- 8) 51.28 WORLD01 Erik Dorch,83,SWE
- 9) 51.32 PORLCAUG Luis Monteiro,83,POR
- 10) 51.35 GERLCMAY Leif-M. Kruger,83,GER
- 11) 51.39 USALCMAR Rainer Kendrick,83,USA
- 12) 51.42 FTLAUJUL Clay W. Kirkland,83,USA
- 13) 51.45 JRNATJUL Brent Hayden,83,CAN
- 14) 51.48 USALCMAR Chris DeJong,84,USA
- 15) 51.48 CHNATNOV Sheng Li,83,CHN
- 16) 51.49 USALCMAR Dale Rogers,83,USA
- 17) 51.52 YMCAJUL Mark Knepley,83,USA
- 18) 51.61 EURJRJUL Thomas Rueter,83,GER
- 19) 51.72 EASIAMAY Nien-Pin Wu,83,TPE
- 20) 51.73 EURJRJUL Paul A. Kersale,84,FRA

200 METRES FREESTYLE

- 1) 1:49.23 TOKYOAUG Yoshihiro Okumura,83,JPN
- 2) 1:49.80 WORLD01 Johannes Osterling,83,GER
- 3) 1:50.03 FISUAUG Clay W. Kirkland,83,USA
- 4) 1:50.69 GOODWAUG Davis Tarwater,83,USA
- 5) 1:50.72 WORLD01 George Bovell,83,TRI
- 6) 1:51.06 USALCMAR Chris DeJong,84,USA
- 7) 1:51.18 ESPLCAUG Olaf Wildeboer,83,ESP
- 8) 1:51.47 MOSCUAPR Denis Rodkin,83,RUS
- 9) 1:51.51 SUZUKJUL Naoto Matsumoto,84,JPN
- 10) 1:51.57 USNATAUG Jayme Cramer,83,USA
- 11) 1:51.65 AUSLCMAR Nic Williams,83,USA
- 12) 1:51.67 PORLCAUG Luis Monteiro,83,POR
- 13) 1:51.72 MACCAJUL Bryan Goldberg,83,USA
- 14) 1:51.73 USNATAUG Michael Phelps,85,USA
- 15) 1:51.77 FRALCMAY Guy-Noel Schmitt,83,FRA
- 16) 1:51.86 EASIAMAY Leigh McBean,83,USA
- 17) 1:52.01 EURJRJUL Paul A. Kersale,84,FRA
- 18) 1:52.60 TOKYOAUG Takashi Matsuda,84,JPN
- 19) 1:52.66 CHNATNOV Shaohua Huang,84,CHN
- 20) 1:52.72 USNATAUG Tyler Gustafson,84,USA

400 METRES FREESTYLE

- 1) 3:52.79 USNATAUG Francis Crippen,84,USA
- 2) 3:53.18 CHNATNOV Chen Yu,83,CHN
- 3) 3:53.25 CHNATNOV Shibin Zheng,83,CHN
- 4) 3:54.37 SENDASEP Naoto Matsumoto,84,JPN
- 5) 3:54.63 SENDASEP Naoto Matsumoto,84,JPN
- 6) 3:54.65 USALCMAR Brendan Neligan,83,USA
- 7) 3:55.41 KUMAAUG Koji Azuma,84,JPN
- 8) 3:55.78 GOODWAUG Davis Tarwater,83,USA
- 9) 3:55.90 CHNATNOV Yueliang Song,83,CHN
- 10) 3:56.80 FRAJRJUL Guy-Noel Schmitt,83,FRA
- 11) 3:57.05 USNATAUG Max Jaben,86,USA
- 12) 3:57.30 BARCJUN Olaf Wildeboer,83,ESP
- 13) 3:57.32 EASIAMAY Andrew Affleck,83,USA
- 14) 3:57.33 EURJRJUL Yuri Prilukov,84,RUS
- 15) 3:57.41 GRELCAUG Andreas Zisimos,83,GRE
- 16) 3:57.53 ESPLCAUG Marcos Rivera,83,ESP
- 17) 3:58.17 EURJRJUL Philipp Moller,83,GER
- 18) 3:58.29 EYODJUL Przemyslaw Stanczyk,85,POL
- 19) 3:58.31 USNATAUG Robert Tiernan,84,USA
- 20) 3:58.41 GERLCMAY Johannes Osterling,83,GER

800 METRES FREESTYLE

- 1) 7:59.86 USNATAUG Francis Crippen,84,USA
- 2) 8:02.18 FISUAUG Brendan Neligan,83,USA
- 3) 8:08.88 SYDNJAN Andrew Affleck,83,USA
- 4) 8:10.18 CHNATNOV Peng Wu,87,CHN
- 5) 8:10.87 USNATAUG Scott Kaufmann,83,USA
- 6) 8:10.92 CHNATNOV Chen Yu,83,CHN
- 7) 8:11.51 CHNATNOV Shibin Zheng,83,CHN
- 8) 8:12.29 CHNATNOV Yueliang Song,83,CHN
- 9) 8:13.47 USNATAUG Tyler Deberry,84,USA
- 10) 8:14.12 BARCJUN Takashi Matsuda,84,JPN
- 11) 8:14.49 USALCMAR Davis Tarwater,83,USA
- 12) 8:14.59 USALCMAR Michael Phelps,85,USA
- 13) 8:15.09 USNATAUG Matthew Owen,84,USA
- 14) 8:15.24 USALCMAR Max Jaben,86,USA
- 15) 8:15.61 USNATAUG Brian Davis,84,USA
- 16) 8:16.67 AUSLCMAR Travis Nederpelt,86,USA
- 17) 8:16.67 USNATAUG Robert Tiernan,84,USA
- 18) 8:16.72 SYDNJAN Kurtis MacGillivray,84,CAN
- 19) 8:16.72 USNATAUG Ryan Lean,84,USA
- 20) 8:17.75 TUNISSEP Javier Nunez,83,ESP

1500 METRES FREESTYLE

- 1) 15:15.95 CHNATNOV Chen Yu,83,CHN
- 2) 15:16.22 CHNATNOV Shibin Zheng,83,CHN
- 3) 15:18.65 CHNATNOV Peng Wu,87,CHN
- 4) 15:21.47 USALCMAR Francis Crippen,84,USA
- 5) 15:22.33 AUSLCMAR Andrew Affleck,83,USA
- 6) 15:25.74 FRALCMAY Guy-Noel Schmitt,83,FRA
- 7) 15:29.24 ROMEJUN Takashi Matsuda,84,JPN
- 8) 15:29.56 KUMAAUG Koji Azuma,84,JPN
- 9) 15:31.71 USALCMAR Brendan Neligan,83,USA
- 10) 15:33.07 TUNISSEP Javier Nunez,83,ESP
- 11) 15:34.41 GOODWAUG Davis Tarwater,83,USA
- 12) 15:35.43 USALCMAR Michael Phelps,85,USA
- 13) 15:36.45 TUNISSEP Oussama Mellouli,84,TUN
- 14) 15:39.00 EASIAMAY Yueliang Song,83,CHN
- 15) 15:39.38 USALCMAR Tyler Storie,84,USA
- 16) 15:39.48 AUSLCMAR Travis Nederpelt,86,USA
- 17) 15:40.13 USNATAUG Max Jaben,86,USA
- 18) 15:40.92 GRELCAUG Vasilios Demetis,83,GRE
- 19) 15:41.90 EURJRJUL Andreas Zisimos,83,GRE
- 20) 15:42.32 KUMAAUG Masahiro Murata,83,JPN

50 METRES BACKSTROKE

- 1) 25.89 GOODWAUG Jayme Cramer,83,USA
- 2) 25.97 WORLD01 Tomomi Morita,84,JPN
- 3) 26.17 MONACJUN Gerhard Zandberg,83,RSA
- 4) 26.19 EURJRJUL Viktor Bodrogi,83,HUN
- 5) 26.57 WORLD01 Pierre Roger,83,FRA
- 6) 26.63 USALCMAR Aaron Peirsol,83,USA
- 7) 26.64 SUILCAUG Flori Lang,83,SUI
- 8) 26.66 BARCJUN Toshifumi Takeuchi,83,JPN
- 9) 26.66 TOKYOAUG Junichi Miyashita,83,JPN
- 10) 26.73 MOSCUAPR Dimitri Smirnov,83,RUS
- 11) 26.78 AUSLCMAR Daniel Backbrow,84,USA
- 12) 26.78 JPNLCAPR Tetsuo Adachi,84,JPN
- 13) 26.80 CHNLCAUG Jijuan Wang,83,CHN
- 14) 26.81 EURJRJUL Pavlo Illichev,83,UKR
- 15) 26.83 GBRLCAUG Liam Tancock,85,GBR
- 16) 26.86 MOSCUAPR Alex Ekimov,85,RUS
- 17) 26.87 EURJRJUL Enrico Catalano,83,ITA
- 18) 26.91 HUNJRAUG Roland Rudolf,85,HUN
- 19) 27.03 GBRLCAUG Matthew Bove,83,GBR
- 20) 27.04 UKRLCMAR Andriy Oleynyk,83,UKR

100 METRES BACKSTROKE

- 1) 54.80 USALCMAR Aaron Peirsol,83,USA
- 2) 55.77 EURJRJUL Viktor Bodrogi,83,HUN
- 3) 55.78 GOODWAUG Jayme Cramer,83,USA
- 4) 56.10 FRALCMAY Pierre Roger,83,FRA
- 5) 56.24 JPNLCAPR Toshifumi Takeuchi,83,JPN
- 6) 56.46 WORLD01 Tobias Oriwol,85,CAN
- 7) 56.51 USNATAUG Hong Zhe Sun,85,USA
- 8) 56.63 CHNATNOV Cheng Chen,84,CHN
- 9) 56.63 KUMAAUG Tomomi Morita,84,JPN
- 10) 56.79 TOKYOAUG Junichi Miyashita,83,JPN
- 11) 56.81 KUMAAUG Naoyuki Watanabe,83,JPN
- 12) 56.94 USNATAUG Chris DeJong,84,USA
- 13) 57.02 HUNJRAUG Roland Rudolf,85,HUN
- 14) 57.03 AUSLCMAR Leigh McBean,83,USA
- 15) 57.18 SYDNJAN Ashley Anderson,84,USA
- 16) 57.21 USALCMAR David Plummer,86,USA
- 17) 57.23 EURJRJUL Andriy Oleynyk,83,UKR
- 18) 57.23 USNATAUG Matthew Grevers,85,USA
- 19) 57.31 RSALCMAR Gerhard Zandberg,83,RSA
- 20) 57.38 EURJRJUL Enrico Catalano,83,ITA

200 METRES BACKSTROKE

- 1) 1:56.56 USALCMAR Aaron Peirsol,83,USA
- 2) 1:59.24 WORLD01 Viktor Bodrogi,83,HUN
- 3) 2:00.03 SYDNJAN Tobias Oriwol,85,CAN

- 4) 2:00.57 USNATAUG Michael Phelps,85,USA
- 5) 2:00.87 EASIAMAY Leigh McBean,83,USA
- 6) 2:01.00 SENDASEP Takashi Nakano,83,JPN
- 7) 2:01.41 WORLD01 Pierre Roger,83,FRA
- 8) 2:01.53 SENDASEP Naoyuki Watanabe,83,JPN
- 9) 2:01.75 HUNJRAUG Roland Rudolf,85,HUN
- 10) 2:02.12 GOODWAUG Chris DeJong,84,USA
- 11) 2:02.30 MONACJUN Toshifumi Takeuchi,83,JPN
- 12) 2:02.37 CHNATNOV Cheng Chen,84,CHN
- 13) 2:02.41 USNATAUG Hong Zhe Sun,85,USA
- 14) 2:02.45 GERLCMAY Robert Wanja,83,GER
- 15) 2:03.23 USALCMAR Nathaniel O'Brien,83,USA
- 16) 2:03.29 EASIAMAY Shibin Zheng,83,CHN
- 17) 2:03.29 USNATAUG Collin Gaffney,84,USA
- 18) 2:03.33 GBRLCAUG David O'Brien,83,GBR
- 19) 2:03.37 USNATAUG Chris Greenwood,83,USA
- 20) 2:03.56 EURJRJUL Andriy Oleynyk,83,UKR

50 METRES BREASTSTROKE

- 1) 28.56 MOSCUAPR Sergei Lyubimov,83,RUS
- 2) 28.92 FISUAUG Wilson Brandt,83,USA
- 3) 28.97 GBRLCAUG Geoffrey Briatte,83,FRA
- 4) 29.01 CANLCMAR Chad Thomsen,83,CAN
- 5) 29.11 EURJRJUL Matjaz Markic,83,SLO
- 6) 29.21 ITALCAUG Alessandro Terrin,85,ITA
- 7) 29.44 EURJRJUL Jon Sigurdsson,84,ISL
- 8) 29.48 ITALCAUG Dario Nodari,83,ITA
- 9) 29.49 EURJRJUL Mate Humor,83,HUN
- 10) 29.52 EURJRJUL Jan Papenbrock,83,GER
- 11) 29.52 OSLAUG Brenton Rickard,84,USA
- 12) 29.53 CANLCMAR Scott Dickens,84,CAN
- 13) 29.56 CANLCMAR Matthew Huang,84,CAN
- 14) 29.57 CHNLCAUG Haibin Wang,84,CHN
- 15) 29.60 EURJRJUL Thijs van Valkengoed,83,NED
- 16) 29.61 EURJRJUL Joakim Nielsen,84,SWE
- 17) 29.63 JPNLCAPR Makoto Yamashita,83,JPN
- 18) 29.66 VITTBAPR Ricardo Barreda,83,ESP
- 19) 29.72 CANLCMAR Michael Brown,84,CAN
- 20) 29.77 ITALCAUG Marcello Righetti,84,ITA

100 METRES BREASTSTROKE

- 1) 1:02.89 CAGMSAUG Chad Thomsen,83,CAN
- 2) 1:03.10 JPNLCAPR Taiki Kawagoe,84,JPN
- 3) 1:03.31 USALCMAR Wilson Brandt,83,USA
- 4) 1:03.43 EURJRJUL Thijs van Valkengoed,83,NED
- 5) 1:03.57 CANLCMAR Michael Brown,84,CAN
- 6) 1:03.88 CANLCMAR Matthew Huang,84,CAN
- 7) 1:03.90 BRALCMAY Henrique Barbosa,84,BRA
- 8) 1:03.91 TOKYOAUG Hiromasa Sakimoto,84,JPN
- 9) 1:03.93 EURJRJUL Sergei Lyubimov,83,RUS
- 10) 1:03.95 ITALCAUG Dario Nodari,83,ITA
- 11) 1:04.14 CHNATNOV Dong Wu,83,CHN
- 12) 1:04.30 EURJRJUL Jan Papenbrock,83,GER
- 13) 1:04.33 AKITAJUL Takehiko Mizuta,83,JPN
- 14) 1:04.46 USNATAUG Caleb Rowe,83,USA
- 15) 1:04.50 EASIAMAY Shang-Hsua Yang,83,TPE
- 16) 1:04.54 USALCMAR Kevin Furlong,84,USA
- 17) 1:04.58 EURJRJUL Alexei Tyurin,83,RUS
- 18) 1:04.59 FRAJRJUL Geoffrey Briatte,83,FRA
- 19) 1:04.62 CANLCMAR Scott Dickens,84,CAN
- 20) 1:04.64 FTLAUJUL Vladislav Polyakov,83,USA

200 METRES BREASTSTROKE

- 1) 2:13.99 KUMAAUG Taiki Kawagoe,84,JPN
- 2) 2:16.01 EURJRJUL Thijs van Valkengoed,83,NED
- 3) 2:16.16 CANLCMAR Michael Brown,84,CAN
- 4) 2:16.95 ITALCAUG Dario Nodari,83,ITA
- 5) 2:17.25 CHNLCAUG Zhong Wang,86,CHN
- 6) 2:17.44 EURJRJUL Alexei Tyurin,83,RUS
- 7) 2:17.52 FTLAUJUL Vladislav Polyakov,83,USA
- 8) 2:17.57 MONACJUN Yuki Sato,86,JPN
- 9) 2:17.59 SENDASEP Hiromasa Sakimoto,84,JPN
- 10) 2:17.65 CHNATNOV Dong Wu,83,CHN
- 11) 2:17.72 EURJRJUL Vladimir Labzin,83,EST
- 12) 2:17.93 YONAAUG Koichi Okazaki,85,JPN
- 13) 2:18.48 CHNATNOV Yiding Feng,83,CHN
- 14) 2:18.57 EURJRJUL Jacek Borkowski,83,POL
- 15) 2:18.63 ESPLCAUG Francisco Garcia,83,ESP
- 16) 2:18.66 TOKYOAUG Tomohiro Kajino,83,JPN
- 17) 2:18.73 SENDASEP Hiroyuki Shirai,86,JPN
- 18) 2:18.76 SENDASEP Takehiko Mizuta,83,JPN
- 19) 2:18.77 EURJRJUL Loris Facci,83,ITA
- 20) 2:18.78 SENDASEP Kohei Kuroda,84,JPN

50 METRES BUTTERFLY

- 1) 24.47 WORLD01 Duje Draganja,83,CRO
- 2) 24.61 EURJRJUL Evgeni Korolyshkin,83,RUS
- 3) 24.66 EURJRJUL Milorad Cavic,84,YUG
- 4) 24.85 EURJRJUL Sergiy Advena,84,UKR
- 5) 24.93 GRELCAUG G. Kalogeropoulos,85,GRE
- 6) 25.02 EURJRJUL Nikolai Skvortsov,84,RUS
- 7) 25.03 GOODWAUG Jayme Cramer,83,USA
- 8) 25.09 TOKYOAUG Yoshihiro Sugawara,84,JPN
- 9) 25.14 JAMORAPR Flori Lang,83,SUI
- 10) 25.17 CADIZMAR Leif-M. Kruger,83,GER
- 11) 25.17 ITALCAUG Rudy Goldin,84,ITA
- 12) 25.17 GRELCAUG Georgios Diamantidis,84,GRE

- 13) 25.19 USNATAUG Michael Phelps,85,USA
- 14) 25.24 EURJRJUL Hjortur Reynisson,83,ISL
- 15) 25.24 EURJRJUL Alen Volcancsek,83,CRO
- 16) 25.25 EURJRJUL Maciej Kacer,83,POL
- 17) 25.31 ITALCAUG Mattias Andreoli,83,ITA
- 18) 25.39 EURJRJUL Oleg Shkuratav,83,BLR
- 19) 25.40 WAUSJAN Robert Sharp,84,USA
- 20) 25.40 DENLCJUN Jakob Andkjær,85,DEN

100 METRES BUTTERFLY

- 1) 52.98 USNATAUG Michael Phelps,85,USA
- 2) 53.89 CHNATNOV Jiawei Zhou,83,CHN
- 3) 54.06 USNATAUG Jayme Cramer,83,USA
- 4) 54.18 EURJRJUL Milorad Cavic,84,YUG
- 5) 54.53 SOAJRMAR Marcio Almeida,84,BRA
- 6) 54.57 SYDNJAN Yoshihiro Okumura,83,JPN
- 7) 54.66 EURJRJUL Sergiy Advena,84,UKR
- 8) 54.69 BRALCMAY Kaio De Almeida,84,BRA
- 9) 54.86 EURJRJUL Leif-M. Kruger,83,GER
- 10) 54.97 KUMAAUG Kentaro Usuta,83,JPN
- 11) 55.00 USALCMAR Daniel Di Toro,83,USA
- 12) 55.00 KUMAAUG Kazmasa Matsumita,84,JPN
- 13) 55.03 USACAPR Nic Williams,83,USA
- 14) 55.07 MOSCUAPR Nikolai Skvortsov,84,RUS
- 15) 55.20 USALCMAR Rainer Kendrick,83,USA
- 16) 55.22 USALCMAR Peter Verhoef,84,USA
- 17) 55.37 MINNJUL Dan Trupin,83,USA
- 18) 55.38 NOVAMAY Michael Cavic,84,USA
- 19) 55.40 PORLCAUG Luis Monteiro,83,POR
- 20) 55.45 HAMBGMAY Johannes Dietrich,85,GER

200 METRES BUTTERFLY

- 1) 1:54.58 WORLD01 Michael Phelps,85,USA
- 2) 1:58.60 WORLD01 Viktor Bodrogi,83,HUN
- 3) 1:58.89 CHNATNOV Peng Wu,87,CHN
- 4) 1:59.11 USNATAUG Jayme Cramer,83,USA
- 5) 1:59.98 KUMAAUG Kentaro Usuta,83,JPN
- 6) 2:00.23 TOKYOAUG Ryosuka Hisanuma,83,JPN
- 7) 2:00.32 CHNATNOV Huazheng Zhong,86,CHN
- 8) 2:01.09 BRALCMAY Kaio De Almeida,84,BRA
- 9) 2:01.52 EASIAMAY Jeong-Nam Yu,83,KOR
- 10) 2:01.61 USNATAUG Eddie Erayo,86,USA
- 11) 2:01.65 EURJRJUL Sergiy Advena,84,UKR
- 12) 2:01.66 TOKYOAUG kensuke Aoki,83,JPN
- 13) 2:01.72 ITALCAUG Francesco Vespe,83,ITA
- 14) 2:01.79 USALCMAR Randy Lan,83,USA
- 15) 2:01.98 CHNATNOV Jiawei Zhou,83,CHN
- 16) 2:02.00 SYDNJAN Yuki Inoma,83,JPN
- 17) 2:02.12 TOKYOAUG Makoto Muto,84,JPN
- 18) 2:02.23 ROMEJUN Toshifumi Takeuchi,83,JPN
- 19) 2:02.31 EURJRJUL Mark Lewis,83,GBR
- 20) 2:03.05 USALCMAR Brendan Neligan,83,USA

200 METRES IND. MEDLEY

- 1) 2:00.86 USNATAUG Michael Phelps,85,USA
- 2) 2:01.35 WORLD01 George Bovell,83,TRI
- 3) 2:01.46 WORLD01 Jiro Miki,83,JPN
- 4) 2:02.66 EURJRJUL James Goddard,83,GBR
- 5) 2:03.04 USALCMAR Dan Trupin,83,USA
- 6) 2:04.04 SYDNJAN Tobias Oriwol,85,CAN
- 7) 2:04.05 JPNLCAPR Toshifumi Takeuchi,83,JPN
- 8) 2:04.20 SOSEJUL Eric Shanteau,83,USA
- 9) 2:04.59 CANLCMAR Keith Beavers,83,CAN
- 10) 2:05.01 USALCMAR Chris Greenwood,83,USA
- 11) 2:05.16 ITALCAUG Andrea Savino,84,ITA
- 12) 2:05.35 WORLD01 Vasilios Demetis,83,GRE
- 13) 2:05.44 EURJRJUL Igor Berezutskiy,84,RUS
- 14) 2:05.63 CHNLCAUG Bin Gao,83,CHN
- 15) 2:05.72 TOKYOAUG Genta Watanabe,83,JPN
- 16) 2:05.83 EURJRJUL Robin van Aggele,84,NED
- 17) 2:06.32 USNATAUG David Kahn,84,USA
- 18) 2:06.47 TUNISSEP Raouf Benabid,85,ALG
- 19) 2:06.53 USNATAUG Steve Rehrmann,83,USA
- 20) 2:06.59 MONACJUN Yasuaki Mori,83,JPN

400 METRES IND. MEDLEY

- 1) 4:15.20 USALCMAR Michael Phelps,85,USA
- 2) 4:16.65 JPNLCAPR Jiro Miki,83,JPN
- 3) 4:19.30 EURJRJUL James Goddard,83,GBR
- 4) 4:21.39 EURJRJUL Pierre Henri,83,FRA
- 5) 4:21.82 CHNATNOV Peng Wu,87,CHN
- 6) 4:22.82 EURJRJUL Vasilios Demetis,83,GRE
- 7) 4:22.55 SYDNJAN Keith Beavers,83,CAN
- 8) 4:22.59 CHNATNOV Yueliang Song,83,CHN
- 9) 4:23.16 USNATAUG Chris Greenwood,83,USA
- 10) 4:23.38 USPTIMAY Tobias Oriwol,85,CAN
- 11) 4:24.06 JPNLCAPR Yasuaki Mori,83,JPN
- 12) 4:24.35 CHNLCAUG Shibin Zheng,83,CHN
- 13) 4:24.38 SOSEJUL Eric Shanteau,83,USA
- 14) 4:24.74 MOSCUAPR Vadim Livnev,83,RUS
- 15) 4:25.20 TUNISSEP Oussama Mellouli,84,TUN
- 16) 4:26.84 CANETJUN Toshifumi Takeuchi,83,JPN
- 17) 4:26.97 SENDASEP Yuta Suyoji,84,JPN
- 18) 4:27.01 HUNJRAUG Boldizsar Kiss,85,HUN
- 19) 4:27.15 ITALCAUG Tommaso Proverbio,83,ITA
- 20) 4:27.22 GOODWAUG Francis Crippen,84,USA

GIRLS WORLD JUNIOR RANKINGS

(Born 1985 and later)

50 METRES FREESTYLE

1)	25.53	EURJRJUL	Aleksandra Herasimenia,85,BLR
2)	25.84	EURJRJUL	Agata Korc,86,POL
3)	26.01	USALCMAR	Amanda Weir,86,USA
4)	26.04	AUSGAPR	Sophie Edington,85,AUS
5)	26.08	USNATAUG	Karalynn Joyce,86,USA
6)	26.13	CHNATNOV	Yu Yang,85,CHN
7)	26.18	EURJRJUL	Cristina Tatar,85,ROM
8)	26.21	SWGP1MAR	Agata Kore,85,POL
9)	26.23	CHNATNOV	Dan Wang,86,CHN
10)	26.28	USNATAUG	Candace Blackman,85,USA
11)	26.29	USNATAUG	Courtney Cashion,86,USA
12)	26.32	AUSGAPR	Alice Mills,86,USA
13)	26.34	USALCMAR	Rhiannon Jeffrey,86,USA
14)	26.42	SUILCAUG	Marjorie Sagne,85,SUI
15)	26.44	KUMAAUG	Yuki Kasaiwaya,85,JPN
16)	26.45	GBRAGAUG	Victoria Cook,85,GBR
17)	26.46	USNATAUG	Whitney Rockwell,85,USA
18)	26.46	USNATAUG	Kathleen Carroll,85,USA
19)	26.47	TOKYOAUG	Nozomi Nakamura,89,JPN
20)	26.51	USNATAUG	Caitlin Conneally,85,USA

100 METRES FREESTYLE

1)	54.94	CHNATNOV	Yu Yang,85,CHN
2)	55.42	CHNATNOV	Dan Wang,86,CHN
3)	56.72	CHNATNOV	Jingzhi Tang,86,CHN
4)	56.75	POLLCMAY	Agata Korc,86,POL
5)	56.88	USNATAUG	Courtney Cashion,86,USA
6)	56.90	GBRAGAUG	Victoria Cook,85,GBR
7)	56.92	USALCMAR	Candace Blackman,85,USA
8)	56.92	EURJRJUL	Aleksandra Herasimenia,85,BLR
9)	57.09	SENDASEP	Kie Urabe,86,JPN
10)	57.22	SWGP1MAR	Agata Kore,85,POL
11)	57.23	EASIAMAY	Yoon-Ji Ryu,85,KOR
12)	57.25	USNATAUG	Caitlin Conneally,85,USA
13)	57.29	USALCMAR	Amanda Weir,86,USA
14)	57.30	CHNATNOV	Shu Zhan,85,CHN
15)	57.41	USNATAUG	Karalynn Joyce,86,USA
16)	57.42	CANLCAUG	Natalie Pike,85,USA
17)	57.47	SYDNJAN	Katie Canning,85,USA
18)	57.47	EURJRJUL	Celina Lemmen,85,NED
19)	57.47	EURJRJUL	Ekatrina Nasyrova,85,RUS
20)	57.53	CADIZMAR	Ida Mattsson,85,SWE

200 METRES FREESTYLE

1)	1:58.11	CHNATNOV	Liang Zhang,86,CHN
2)	1:58.71	CHNATNOV	Yu Yang,85,CHN
3)	1:59.01	CHNATNOV	Jiaying Pang,85,CHN
4)	2:00.71	CHNATNOV	Jingzhi Tang,86,CHN
5)	2:01.07	SYDNJAN	Kate Krywulycz,85,AUS
6)	2:01.25	MOSCUPR	Irina Oufimtseva,85,RUS
7)	2:01.94	EURJRJUL	Zoe Dimoshaki,85,GRE
8)	2:02.26	ATHENMAY	Eva Risztov,85,HUN
9)	2:02.28	TOKYOAUG	Kie Urabe,86,JPN
10)	2:02.45	USALCMAR	Amanda Pascoe,85,AUS
11)	2:02.97	RUSLCAUG	Olga Pavlova,85,RUS
12)	2:03.01	TGPM1AY	Katie Canning,85,AUS
13)	2:03.04	USNATAUG	Kalyn Keller,85,USA
14)	2:03.24	SWELCAUG	Ida Mattsson,85,SWE
15)	2:03.27	EURJRJUL	Celina Lemmen,85,NED
16)	2:03.40	USNATAUG	Caitlin Conneally,85,USA
17)	2:03.43	RUSLCAUG	Olga Bogoslovenko,85,RUS
18)	2:03.59	ATHENMAY	Krisztina Lipscei,86,HUN
19)	2:03.76	EURJRJUL	Ekatrina Nasyrova,85,RUS
20)	2:03.76	USNATAUG	Mary Hill,86,USA

400 METRES FREESTYLE

1)	4:06.97	CHNATNOV	Liang Zhang,86,CHN
2)	4:07.12	CHNATNOV	Jiaying Pang,85,CHN
3)	4:09.22	CANETJUN	Irina Oufimtseva,85,RUS
4)	4:11.59	EURJRJUL	Zoe Dimoshaki,85,GRE
5)	4:12.16	CHNATNOV	Yu Yang,85,CHN
6)	4:12.68	CHNATNOV	Yan Zhang,85,CHN
7)	4:13.26	GOODWAUG	Amanda Pascoe,85,AUS
8)	4:13.89	TUNISSEP	Anja Carman,85,SLO
9)	4:13.90	CHNATNOV	Jingzhi Tang,86,CHN
10)	4:14.20	USALCMAR	Kalyn Keller,85,USA
11)	4:14.33	USNATAUG	Mary Hill,86,USA
12)	4:14.87	CHNLCAUG	Jing Zheng,87,CHN
13)	4:15.25	WORLD01	Eva Risztov,85,HUN
14)	4:15.48	USNATAUG	Adrienne Binder,85,USA
15)	4:15.94	EASIAMAY	Kate Krywulycz,85,AUS
16)	4:15.98	USNATAUG	Stephanie Carr,86,USA
17)	4:16.43	EURJRJUL	Olga Beresnyeva,85,UKR
18)	4:16.54	EASIAMAY	Eun-Joo Ha,86,KOR
19)	4:17.03	ATHENMAY	Krisztina Lipscei,86,HUN
20)	4:17.38	MOSCUPR	Olga Bogoslovenko,85,RUS

800 METRES FREESTYLE

1)	8:26.48	CHNATNOV	Liang Zhang,86,CHN
2)	8:32.34	CHNATNOV	Yan Zhang,85,CHN
3)	8:33.55	CHNLCAUG	Jing Zheng,87,CHN
4)	8:34.23	CHNATNOV	Jiaying Pang,85,CHN
5)	8:35.95	CANETJUN	Irina Oufimtseva,85,RUS
6)	8:37.14	USNATAUG	Kalyn Keller,85,USA
7)	8:39.78	AUSLCMAR	Amanda Pascoe,85,AUS
8)	8:40.00	GOODWAUG	Adrienne Binder,85,USA
9)	8:40.13	CHNATNOV	Jingzhi Tang,86,CHN
10)	8:42.24	USNATAUG	Lauren Costella,85,USA
11)	8:42.35	USNATAUG	Meghan Sackett,86,USA
12)	8:42.68	USNATAUG	Hayley Peirso,86,USA
13)	8:42.78	USNATAUG	Morgan Hentzen,85,USA
14)	8:43.06	CHNLCAUG	Yuelao Huang,86,CHN
15)	8:43.37	EURJRJUL	Eva Risztov,85,HUN
16)	8:43.75	UKRLCMAR	Olga Beresnyeva,85,UKR
17)	8:44.43	JPNLCAPR	Yumi Kida,85,JPN
18)	8:45.44	EYODJUL	Yana Tokacheva,87,RUS
19)	8:45.83	USALCMAR	Stephanie Carr,86,USA
20)	8:46.52	AUSLCMAR	Kate Krywulycz,85,AUS

1500 METRES FREESTYLE

1)	16:16.80	WORLD01	Amanda Pascoe,85,AUS
2)	16:26.13	USNATAUG	Lauren Costella,85,USA
3)	16:27.79	MOSCUPR	Irina Oufimtseva,85,RUS
4)	16:28.87	USNATAUG	Stephanie Carr,86,USA
5)	16:35.54	USALCMAR	Adrienne Binder,85,USA
6)	16:35.97	EVANSJUL	Kalyn Keller,85,USA
7)	16:36.93	USNATAUG	Meghan Sackett,86,USA
8)	16:37.56	USALCMAR	Sarah A. Stein,85,USA
9)	16:40.86	SWSECAUG	Hayley Peirso,86,USA
10)	16:41.65	USNATAUG	Morgan Hentzen,85,USA
11)	16:43.13	USNATAUG	Alyssa Kiel,87,USA
12)	16:44.92	SYDNJAN	Melissa Morgan,85,AUS
13)	16:45.07	CHARLJUN	Kimberly Kelly,85,USA
14)	16:46.08	UKRLCMAR	Olga Beresnyeva,85,UKR
15)	16:46.30	WORLD01	Yumi Kida,85,JPN
16)	16:46.81	RUSLCAUG	Yana Tokacheva,87,RUS
17)	16:49.52	WORLD01	Alexandra Malanina,85,RUS
18)	16:50.21	ITALCAUG	Helen Astolfi,86,ITA
19)	16:51.54	AUBRNJUL	Lindsay McIlvain,87,USA
20)	16:54.12	EVANSJUL	Jane Imagane,85,USA

50 METRES BACKSTROKE

1)	29.12	JPNLCAPR	Hanae Ito,85,JPN
2)	29.14	CHNLCAUG	Shu Zhan,85,CHN
3)	29.24	GOODWAUG	Diana MacManus,86,USA
4)	29.30	CHNLCAUG	Nan Liu,87,CHN
5)	29.35	CHNLCAUG	Hui Li,85,CHN
6)	29.38	CHNATNOV	Jiaru Cheng,86,CHN
7)	29.44	WORLD01	Aleksandra Herasimenia,85,BLR
8)	29.51	GOODWAUG	Sophie Edington,85,AUS
9)	29.55	RUSLCAUG	Stanislava Komarova,86,RUS
10)	29.59	BARCJUN	Yuanqing Li,86,CHN
11)	29.71	EURJRJUL	Laure Manaudou,86,FRA
12)	29.80	HUNJRAUG	Nikolett Szabo Szepesi,87,HUN
13)	29.84	CHNATNOV	Xiujun Chen,86,CHN
14)	29.92	CHNLCAUG	Liang Zhang,86,CHN
15)	29.92	WORLD01	Louise Ornstedi,85,DEN
16)	29.95	ESPLCAUG	Mercedes Peris,85,ESP
17)	30.08	UKRLCMAR	Irina Amshennikova,86,UKR
18)	30.14	CHNATNOV	Song Zhang,89,CHN
19)	30.22	ROMLCAUG	Valentina Brat,85,ROM
20)	30.25	OSLAUG	Angela Scott,86,USA

100 METRES BACKSTROKE

1)	1:01.05	CHNATNOV	Jiaru Cheng,86,CHN
2)	1:01.17	CHNATNOV	Shu Zhan,85,CHN
3)	1:01.55	GOODWAUG	Diana MacManus,86,USA
4)	1:01.60	KUMAAUG	Hanae Ito,85,JPN
5)	1:01.89	CHNATNOV	Xiujun Chen,86,CHN
6)	1:02.06	WORLD01	Stanislava Komarova,86,RUS
7)	1:02.19	CHNLCAUG	Yuanqing Li,86,CHN
8)	1:02.25	CHNATNOV	Song Zhang,89,CHN
9)	1:02.33	CHNATNOV	Hui Li,85,CHN
10)	1:02.51	WORLD01	Louise Ornstedi,85,DEN
11)	1:02.75	EURJRJUL	Laure Manaudou,86,FRA
12)	1:02.99	CHNATNOV	Chang Gao,88,CHN
13)	1:03.12	USALCMAR	Hayley Mcgregory,86,USA
14)	1:03.30	ROMLCAUG	Valentina Brat,85,ROM
15)	1:03.32	AUSGAPR	Sophie Edington,85,AUS
16)	1:03.49	SENDASEP	Hiroko Watanabe,86,JPN
17)	1:03.55	UKRLCMAR	Irina Amshennikova,86,UKR
18)	1:03.62	SENDASEP	Hiroki Takeuchi,85,JPN
19)	1:03.71	NSWJAN	Kelly Tucker,85,USA
20)	1:03.90	USNATAUG	Jeri Moss,85,USA

200 METRES BACKSTROKE

1)	2:10.43	WORLD01	Stanislava Komarova,86,RUS
2)	2:11.06	CHNATNOV	Xiujun Chen,86,CHN
3)	2:11.50	CHNATNOV	Shu Zhan,85,CHN

4)	2:11.55	CHNATNOV	Jiaru Cheng,86,CHN
5)	2:12.66	USNATAUG	Diana MacManus,86,USA
6)	2:12.80	CHNATNOV	Song Zhang,89,CHN
7)	2:13.07	KUMAAUG	Hanae Ito,85,JPN
8)	2:13.37	CHNATNOV	Yuanqing Li,86,CHN
9)	2:13.79	CHNATNOV	Jun Huang,86,CHN
10)	2:13.86	ROMLCAUG	Valentina Brat,85,ROM
11)	2:14.15	SYDNJAN	Kelly Tucker,85,AUS
12)	2:14.32	AUCKLESEP	Melissa Ingram,85,NZL
13)	2:14.67	EASIAMAY	Eun-Jie Bang,86,KOR
14)	2:15.56	ITALCAUG	Roberta Ioppi,85,ITA
15)	2:15.59	UKRLCMAR	Irina Amshennikova,86,UKR
16)	2:15.81	NSWJAN	Alissa Searston,85,AUS
17)	2:15.86	ATHENMAY	Andrea Palmi,86,HUN
18)	2:16.12	TUNISSEP	Anja Carman,85,SLO
19)	2:16.21	EURJRJUL	Ekatrina Lopareva,86,RUS
20)	2:16.23	JPNLCAPR	Misa Kamesaki,85,JPN

50 METRES BREASTSTROKE

1)	32.05	JPNLCAPR	Sanae Nawata,85,JPN
2)	32.15	AUSLCMAR	Leisel Jones,85,AUS
3)	32.45	GBRLCAUG	Kate Haywood,87,GBR
4)	32.55	EURJRJUL	Mirna Jukic,86,AUT
5)	32.56	CHNATNOV	Hui Qi,85,CHN
6)	32.79	ATHENMAY	Caroline Drab,85,SWE
7)	32.81	EURJRJUL	Tamara Sambrallo,86,SLO
8)	32.98	CHNATNOV	Nan Luo,86,CHN
9)	32.99	CANLCAUG	Tamara Wagner,85,CAN
10)	33.01	JPNLCAPR	Reina Miyazaki,86,JPN
11)	33.04	EURJRJUL	Caroline Bohm,86,GER
12)	33.04	EURJRJUL	Petra Chocova,86,CZE
13)	33.13	CADIZMAR	Belen Domenech,85,ESP
14)	33.13	EURJRJUL	Lisa Schoelhammer,85,GER
15)	33.19	APPOMAY	Megumi Taneda,86,JPN
16)	33.20	CADIZMAR	Caroline Orab,85,SWE
17)	33.21	MOSCUPR	Olga Bakaldina,85,RUS
18)	33.21	BARCJUN	Nanaka Tamura,87,JPN
19)	33.23	RUSLCAUG	Sayaka Nakamura,88,JPN
20)	33.27	JPNLCAPR	Evgenia Alyokhina,85,RUS

100 METRES BREASTSTROKE

1)	1:07.96	AUSLCMAR	Leisel Jones,85,AUS
2)	1:08.48	EASIAMAY	Hui Qi,85,CHN
3)	1:08.96	CHNATNOV	Nan Luo,86,CHN
4)	1:09.31	WORLD01	Mirna Jukic,86,AUT
5)	1:10.09	JPNLCAPR	Fumiko Kawanabe,85,JPN
6)	1:10.36	USNATAUG	Melissa Klein,85,USA
7)	1:10.38	USNATAUG	Erica Liu,87,USA
8)	1:10.58	EYODJUL	Kate Haywood,87,GBR
9)	1:10.81	MOSCUPR	Olga Bakaldina,85,RUS
10)	1:10.85	REGBJUL	Caroline Bruce,86,USA
11)	1:10.90	EURJRJUL	Lisa Schoelhammer,85,GER
12)	1:10.94	GERLCMAY	Marina Kuc,85,GER
13)	1:10.95	JPNLCAPR	Nanaka Tamura,87,JPN
14)	1:10.99	CHNATNOV	Binan Wu,88,CHN
15)	1:11.23	JPNLCAPR	Sanae Nawata,85,JPN
16)	1:11.24	USNATAUG	Alexandra Spann,86,USA
17)	1:11.34	PRAGJUN	Petra Chocova,86,CZE
18)	1:11.38	SYDNJAN	Chiemi Yamamoto,85,JPN
19)	1:11.45	EYODJUL	Marina Muravyeva,87,RUS
20)	1:11.54	ROMEJUN	Chiara Boggialto,86,ITA

200 METRES BREASTSTROKE

1)	2:22.99	CHNLCAUG	Hui Qi,85,CHN
2)	2:24.76	CHNATNOV	Nan Luo,86,CHN
3)	2:25.46	WORLD01	Leisel Jones,85,AUS
4)	2:26.29	MOSCUPR	Olga Bakaldina,85,RUS
5)	2:27.54	AUTLCAUG	Mirna Jukic,86,AUT
6)	2:27.71	KUMAAUG	Fumiko Kawanabe,85,JPN
7)	2:28.35	SYDNJAN	Kelli Waite,85,AUS
8)	2:28.39	CHNATNOV	Tianyi Zhang,90,CHN
9)	2:29.76	JPNLCAPR	Sayaka Shimada,87,JPN
10)	2:30.38	USNATAUG	Alexandra Spann,86,USA
11)	2:30.41	EYODJUL	Xenia Vereschagina,87,RUS
12)	2:31.00	TUNISSEP	Chiara Boggialto,86,ITA
13)	2:31.03	BPESTAPR	Diana Remenyi,86,HUN
14)	2:31.17	SYDNJAN	Chiemi Yamamoto,85,JPN
15)	2:31.28	MONACJUN	Nanaka Tamura,87,JPN
16)	2:31.61	GERLCMAY	Marina Kuc,85,GER
17)	2:31.78	EURJRJUL	Lisa Schoelhammer,85,GER
18)	2:32.22	RUSJRJUN	Marina Mouravieva,88,RUS
19)	2:32.24	REGBJUL	Caroline Bruce,86,USA
20)	2:32.53	USNATAUG	Melissa Klein,85,USA

50 METRES BUTTERFLY

1)	27.03	GOODWAUG	Dana
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2002 CIS CHAMPIONSHIPS

Vancouver, Feb 22-24 (25 m) * = CIS record

MEN

50 METRES FREESTYLE

- 1) 23.26 Kevin Johns,22,UBC
- 2) 23.29 Ian Young,22,UBRO
- 3) 23.29 Garret Pulle,23,UBC
- 4) 23.31 Brent Hayden,18,UBC
- 5) 23.38 Daniel Monid,19,UNB
- 6) 23.43 Jean-F. Langlais,22,ULAV
- 7) 23.43 Jake Steele,22,UBC
- 8) 23.49 Peter Szafarski,20,UOFT

100 METRES FREESTYLE

- 1) *49.17 Rick Say,22,UOFC
- 2) 50.01 Brent Hayden,18,UBC
- 3) 50.08 Jake Steele,22,UBC
- 4) 50.31 Mark Johnston,22,UBC
- 5) 50.43 Peter Szafarski,20,UOFT
- 6) 50.56 Justin Tisdall,20,UBC
- 7) 50.83 Brian Edey,22,UALB
- 8) 50.85 Ian Young,22,UBRO

200 METRES FREESTYLE

- 1) *1:45.55 Rick Say,22,UOFC
- 2) 1:47.58 Mark Johnston,22,UBC
- 3) 1:48.91 Brent Hayden,18,UBC
- 4) 1:49.80 Brian Edey,22,UALB
- 5) 1:50.10 Justin Tisdall,20,UBC
- 6) 1:50.17 Ian Young,22,UBRO
- 7) 1:50.48 Richard Cormack,20,UOFC
- 8) 1:51.43 Serge Loiselle,20,LU

400 METRES FREESTYLE

- 1) 3:46.29 Rick Say,22,UOFC
- 2) 3:46.58 Mark Johnston,22,UBC
- 3) 3:53.18 Brian Edey,22,UALB
- 4) 3:53.79 Richard Cormack,20,UOFC
- 5) 3:55.33 Justin Tisdall,20,UBC
- 6) 3:56.39 Chad Murray,20,UOFC
- 7) 4:00.11 Michael Power,21,UOFC
- 8) 4:00.29 Jarrod Ballem,22,UOFC

1500 METRES FREESTYLE

- 1) 15:25.82 Rick Say,22,UOFC
- 2) 15:30.71 Richard Cormack,20,UOFC
- 3) 15:32.25 David Creel,21,UVIC
- 4) 15:39.58 Jarrod Ballem,22,UOFC
- 5) 15:42.31 Brent O'Connor,18,UBC
- 6) 15:43.06 Mark Johnston,22,UBC
- 7) 15:43.96 Robbie Stanger,20,UALB
- 8) 15:46.02 Alex Hayes,21,UOFT

50 METRES BACKSTROKE

- 1) 25.44 Garret Pulle,23,UBC
- 2) 26.41 Alexandre Pichette,25,UMCG
- 3) 26.55 Jan Pelechytik,21,UREG
- 4) 26.58 Stephen Preston,20,ULAV
- 5) 26.61 Chris Olynik,20,UBC
- 6) 26.88 Gordon McKay,21,UALB
- 7) 26.94 Chris Hibberd,22,UOFC
- 8) 27.26 Roland Bauhart,21,UBC

100 METRES BACKSTROKE

- 1) 55.08 Brian Johns,19,UBC
- 2) 56.17 Alexandre Pichette,25,UMCG
- 3) 56.76 Michael Power,21,UOFC
- 4) 57.07 Roland Bauhart,21,UBC
- 5) 57.21 Stephen Preston,20,ULAV
- 6) 57.32 Bryan McMillan,19,UG
- 7) 57.58 Louis-D. Bonneau,21,UOFT
- 8) 57.89 Gordon McKay,21,UALB

200 METRES BACKSTROKE

- 1) 1:59.95 Michael Power,21,UOFC
- 2) 1:59.97 Roland Bauhart,21,UBC
- 3) 2:02.99 Dave MacDonald,21,UVIC
- 4) 2:03.29 Bryan McMillan,19,UG
- 5) 2:03.47 Stephen Preston,20,ULAV
- 6) 2:04.26 Ian Wilson,23,UBC
- 7) 2:06.08 Jonathan Schjott,20,UOFC
- 8) 2:06.74 Jonathan Fowler,22,UOFC

50 METRES BREASTSTROKE

- 1) 28.91 Matthew Mains,20,UWAT
- 2) 29.03 John Stamhuis,23,UVIC

- 3) 29.07 Brad Mori,24,UOFL
- 4) 29.21 Michel Boulianne,23,UDEM
- 5) 29.36 Roger Boucher,21,UOFC
- 6) 29.48 Chris Grimes,21,UNB
- 7) 29.52 Jake Steele,22,UBC
- 8) 29.53 Guillaume Blais,19,ULAV

100 METRES BREASTSTROKE

- 1) 1:01.93 John Stamhuis,23,UVIC
- 2) 1:01.96 Matthew Mains,20,UWAT
- 3) 1:02.94 Roger Boucher,21,UOFC
- 4) 1:03.28 Michel Boulianne,23,UDEM
- 5) 1:03.38 Jake Steele,22,UBC
- 6) 1:03.83 Chris Grimes,21,UNB
- 7) 1:04.20 Ian Chan,19,UBC
- 8) 1:04.38 Aaron Lee,22,UNB

200 METRES BREASTSTROKE

- 1) 2:11.84 John Stamhuis,23,UVIC
- 2) 2:12.35 Matthew Mains,20,UWAT
- 3) 2:16.62 Michel Boulianne,23,UDEM
- 4) 2:17.69 Aaron Lee,22,UNB
- 5) 2:18.11 Joe Melton,22,UOFC
- 6) 2:19.34 Ken Hamilton,19,UVIC
- 7) 2:19.56 David Allard,22,UMCG
- 8) 2:21.28 Chris Grimes,21,UNB

50 METRES BUTTERFLY

- 1) 24.68 Garret Pulle,23,UBC
- 2) 24.85 Jean-F. Langlais,22,ULAV
- 3) 25.09 Matthew Mains,20,UWAT
- 4) 25.23 Kevin Johns,22,UBC
- 5) 25.51 Nicholas Dargus,21,UOFT
- 6) 25.53 Andrew Amey,20,UOFC
- 7) 25.61 Chris Razeau,21,UMAN
- 8) 25.62 Chris Hibberd,22,UOFC

100 METRES BUTTERFLY

- 1) 53.93 Jean-F. Langlais,22,ULAV
- 2) 54.85 Garret Pulle,23,UBC
- 3) 55.45 Jonathan Schjott,20,UOFC
- 4) 55.84 Jesse Jacks,19,UVIC
- 5) 55.90 Kevin Johns,22,UBC
- 6) 56.14 Nicholas Dargus,21,UOFT
- 7) 56.21 Sebastien Poulin,22,UDEM
- 8) 56.69 Andrew Amey,20,UOFC

200 METRES BUTTERFLY

- 1) 1:56.95 Brian Johns,19,UBC
- 2) 2:01.53 Chad Murray,20,UOFC
- 3) 2:01.82 Jesse Jacks,19,UVIC
- 4) 2:02.12 Jan Pelechytik,21,UREG
- 5) 2:02.14 Jonathan Schjott,20,UOFC
- 6) 2:02.47 Sebastien Poulin,22,UDEM
- 7) 2:03.32 Tim Cowan,24,UOFC
- 8) 2:05.56 Sylvain Lemieux,21,UMCG

200 METRES IND. MEDLEY

- 1) *1:57.55 Brian Johns,19,UBC
- 2) 2:01.94 John Stamhuis,23,UVIC
- 3) 2:03.39 Chad Murray,20,UOFC
- 4) 2:03.98 Joe Melton,22,UOFC
- 5) 2:04.21 Chris Nelson,22,UALB
- 6) 2:06.61 Kevin Johns,22,UBC
- 7) 2:06.90 David Allard,22,UMCG
- 8) 2:08.45 Sylvain Lemieux,21,UMCG

400 METRES IND. MEDLEY

- 1) *4:09.53 Brian Johns,19,UBC
- 2) 4:17.20 Chad Murray,20,UOFC
- 3) 4:21.64 Joe Melton,22,UOFC
- 4) 4:22.52 Chris Nelson,22,UALB
- 5) 4:26.12 David Creel,21,UVIC
- 6) 4:27.26 Dave MacDonald,21,UVIC
- 7) 4:30.23 David Rose,20,UWAT
- 8) 4:32.74 Elliot MacDonald,19,UMAN

4X100 M MEDLEY RELAY

- 1) 3:40.84 Univ.British Columbia,UBC
- 2) 3:43.70 Univ.Calgary,UOFC
- 3) 3:46.89 McGill Univ.,UMCG
- 4) 3:47.38 Univ.Victoria,UVIC
- 5) 3:47.65 Univ.Laval,ULAV
- 6) 3:49.35 Univ.Alberta,UALB
- 7) 3:50.41 Univ.Montreal,UDEM
- 8) 3:51.97 Univ.Toronto,UOFT

4X100 M FREE RELAY

- 1) *3:17.78 Univ.British Columbia,UBC
- 2) 3:22.55 Univ.Calgary,UOFC
- 3) 3:25.80 McGill Univ.,UMCG
- 4) 3:26.45 Univ.Toronto,UOFT
- 5) 3:27.11 Univ.Laval,ULAV
- 6) 3:27.19 Univ.Alberta,UALB
- 7) 3:29.06 Univ.Guelph,UOFG
- 8) 3:29.54 Dalhousie Univ.,UDAL

4X200 M FREE RELAY

- 1) *7:13.16 Univ.British Columbia,UBC
- 2) 7:16.81 Univ.Calgary,UOFC
- 3) 7:32.98 Univ.Alberta,UALB
- 4) 7:35.70 Univ.Victoria,UVIC
- 5) 7:37.98 Univ.Toronto,UOFT
- 6) 7:40.67 McGill Univ.,UMCG
- 7) 7:43.52 Dalhousie Univ.,UDAL
- 8) 7:44.19 Univ.Ottawa,UOTT

Men's Team Scores

- 1 706 Univ.British Columbia
- 2 636 Univ.of Calgary
- 3 286 Univ.of Victoria
- 4 248 Univ.of Alberta
- 5 224 McGill University
- 6 172 Univ.of Toronto
- 7 172 Universite Laval
- 8 132 Univ.of New Brunswick
- 9 122 Univ.de Montreal
- 10 119 Univ.of Waterloo

WOMEN

50 METRES FREESTYLE

- 1) 26.07 Carla Geurts,30,UNB
- 2) 26.38 Sophie Simard,23,ULAV
- 3) 26.50 Iris Elliott,19,UOFT
- 4) 26.54 Marielle Menard,21,ULAV
- 5) 26.56 Janet Cook,22,UMCM
- 6) 26.65 Anna Lydall,21,UBC
- 7) 26.68 Merylie Giguere,20,ULAV
- 8) 26.70 Caroline Clapham,20,UBC

100 METRES FREESTYLE

- 1) 56.24 Sophie Simard,23,ULAV
- 2) 56.42 Elizabeth Collins,19,UBC
- 3) 56.69 Janet Cook,22,UMCM
- 4) 57.41 Iris Elliott,19,UOFT
- 5) 57.51 Merylie Giguere,20,ULAV
- 6) 57.61 Kate Brambley,23,UBC
- 7) 57.79 Angela MacAlpine,23,UBC
- 8) 58.92 Victoria Lally,19,UNB

200 METRES FREESTYLE

- 1) 1:58.45 Sophie Simard,23,ULAV
- 2) 1:58.77 Jessica Deglau,21,UBC
- 3) 1:59.24 Kristy Cameron,20,UOFC
- 4) 1:59.45 Carla Geurts,30,UNB
- 5) 1:59.72 Jennifer Button,24,UOFT
- 6) 2:00.58 Elizabeth Collins,19,UBC
- 7) 2:01.24 Kate Brambley,23,UBC
- 8) 2:03.12 Iris Elliott,19,UOFT

400 METRES FREESTYLE

- 1) *4:07.58 Carla Geurts,30,UNB
- 2) 4:09.26 Jessica Deglau,21,UBC
- 3) 4:11.11 Sophie Simard,23,ULAV
- 4) 4:13.04 Kelly Doody,22,UBC
- 5) 4:13.45 Danielle Bell,18,UVIC
- 6) 4:16.27 Julie Gravelle,22,UOFT
- 7) 4:18.29 Angela Stanley,21,UBC
- 8) 4:19.79 Kate Brambley,23,UBC

800 METRES FREESTYLE

- 1) *8:31.82 Carla Geurts,30,UNB
- 2) 8:37.98 Jessica Deglau,21,UBC
- 3) 8:43.33 Danielle Bell,18,UVIC
- 4) 8:46.86 Julie Gravelle,22,UOFT
- 5) 8:48.93 Karley Stutzel,19,UVIC
- 6) 8:55.14 Angela Stanley,21,UBC
- 7) 8:58.34 Carrie Burgoyne,20,UOFC
- 8) 9:06.69 Sienna Quirk,19,UNB

50 METRES BACKSTROKE

- 1) 28.57 Erin Gammel,21,UOFC
- 2) 29.40 Marielle Menard,21,ULAV
- 3) 29.65 Julia Wright,20,UOFC
- 4) 29.86 Kiera Aitken,20,UDAL
- 5) 29.87 Kelly Stefanyshyn,19,UBC
- 6) 30.25 Janet Cook,22,UMCM
- 7) 30.33 Genevieve Gregoire,20,UMCG
- 8) 30.55 Caroline Clapham,20,UBC

100 METRES BACKSTROKE

- 1) *1:00.64 Erin Gammel,21,UOFC
- 2) 1:01.65 Kelly Stefanyshyn,19,UBC
- 3) 1:02.13 Elizabeth Warden,24,UOFT
- 4) 1:02.98 Marielle Menard,21,ULAV
- 5) 1:03.36 Julia Wright,20,UOFC
- 6) 1:03.98 Kiera Aitken,20,UDAL
- 7) 1:04.37 Laina Steeple,18,UVIC
- 8) 1:04.80 Jennifer Cooper,19,UBC

200 METRES BACKSTROKE

- 1) 2:09.22 Elizabeth Warden,24,UOFT
- 2) 2:11.37 Kelly Stefanyshyn,19,UBC
- 3) 2:13.68 Erin Gammel,21,UOFC
- 4) 2:15.88 Jennifer Cooper,19,UBC
- 5) 2:16.05 Julia Wright,20,UOFC
- 6) 2:17.99 Gail Whittaker,22,UDAL
- 7) 2:20.43 Laina Steeple,18,UVIC
- 8) 2:21.50 Shauna McNally,20,UALB

50 METRES BREASTSTROKE

- 1) 32.81 Annamay Piere,18,UALB
- 2) 33.12 Emma Spooner,19,UOFC
- 3) 33.40 Michelle Laprade,20,UMCG
- 4) 33.53 Heather Bell,18,UMCG
- 5) 33.62 Josee Dubois,24,UVIC
- 6) 34.02 Francine Ling,18,UBC
- 7) 34.12 Julie Steinberg,23,UWAT
- 8) 34.21 Sandra McLean,23,UDAL

100 METRES BREASTSTROKE

- 1) 1:10.61 Kristy Cameron,20,UOFC
- 2) 1:10.72 Annamay Piere,18,UALB
- 3) 1:11.20 Emma Spooner,18,UOFC
- 4) 1:12.02 Josee Dubois,24,UVIC
- 5) 1:12.73 Heather Bell,18,UMCG
- 6) 1:13.10 Sandra McLean,23,UDAL
- 7) 1:13.51 Julie Steinberg,23,UWAT
- 8) 1:14.50 Kristen Lis,18,UOFC

200 METRES BREASTSTROKE

- 1) 2:29.65 Annamay Piere,18,UALB
- 2) 2:29.81 Kristy Cameron,20,UOFC
- 3) 2:33.05 Josee Dubois,24,UVIC
- 4) 2:34.65 Kelly Doody,22,UBC
- 5) 2:34.87 Emma Spooner,18,UOFC
- 6) 2:35.13 Dena Durand,21,UOFC
- 7) 2:38.82 Sandra McLean,23,UDAL
- 8) 2:53.94 Heather Bell,18,UMCG

50 METRES BUTTERFLY

- 1) 27.94 Jennifer Button,24,UOFT
- 2) 28.12 Elizabeth Collins,19,UBC
- 3) 28.16 Janet Cook,22,UMCM

- 4) 28.30 Merylie Giguere,20,ULAV
- 5) 28.33 Marielle Menard,21,ULAV
- 6) 28.93 Kerry Miles,22,UOFC
- 7) 29.09 Karine Chevrier,24,UDEM
- 8) 29.32 Marie-H. Tremblay,23,ULAV

100 METRES BUTTERFLY

- 1) *1:00.18 Jennifer Button,24,UOFT
- 2) 1:01.94 Kelly Stefanyshyn,19,UBC
- 3) 1:02.18 Elizabeth Collins,19,UBC
- 4) 1:02.92 Merylie Giguere,20,ULAV
- 5) 1:03.81 Marie-H. Tremblay,23,ULAV
- 6) 1:03.82 Sophie Emond,23,UMCM
- 7) 1:04.00 Kellie Rolston,21,UVIC
- 8) 1:04.21 Angela MacAlpine,23,UBC

200 METRES BUTTERFLY

- 1) *2:10.53 Jennifer Button,24,UOFT
- 2) 2:12.52 Jessica Deglau,21,UBC
- 3) 2:14.73 Julie Gravelle,22,UOFT
- 4) 2:16.78 Sophie Emond,23,UMCM
- 5) 2:17.02 Melissa Laflamme,19,ULAV
- 6) 2:17.52 Kellie Rolston,21,UVIC
- 7) 2:20.09 Carrie Burgoyne,20,UOFC
- 8) 2:21.29 Dena Durand,21,UOFC

200 METRES IND. MEDLEY

- 1) 2:12.48 Elizabeth Warden,24,UOFT
- 2) 2:13.46 Kristy Cameron,20,UOFC
- 3) 2:16.37 Kelly Doody,22,UBC
- 4) 2:20.02 Melissa Laflamme,19,ULAV
- 5) 2:20.36 Jenny Wear,20,UVIC
- 6) 2:20.51 Francine Ling,18,UBC
- 7) 2:23.45 Sophie Emond,23,UMCM
- 8) 2:23.47 Sarah Bernard,20,UMCG

400 METRES IND. MEDLEY

- 1) 4:40.78 Elizabeth Warden,24,UOFT
- 2) 4:43.72 Carrie Burgoyne,20,UOFC
- 3) 4:44.10 Kelly Doody,22,UBC
- 4) 4:49.05 Dena Durand,21,UOFC
- 5) 4:53.12 Melissa Laflamme,19,ULAV
- 6) 4:56.08 Jenny Wear,20,UVIC
- 7) 4:59.28 Angela Stanley,21,UBC
- 8) 5:00.63 Annamay Piere,18,UALB

4X100 M MEDLEY RELAY

- 1) 4:09.64 Univ.British Columbia,UBC
- 2) 4:13.46 Univ.Calgary,UOFC
- 3) 4:14.68 Univ.Toronto,UOFT
- 4) 4:16.91 Dalhousie Univ.,UDAL
- 5) 4:18.96 Univ.Victoria,UVIC
- 6) 4:19.17 Univ.Laval,ULAV
- 7) 4:21.17 McGill Univ.,UMCG
- 8) 4:23.48 McMaster Univ.,UMCM

4X100 M FREE RELAY

- 1) *3:44.72 Univ.British Columbia,UBC
- 2) 3:48.02 Univ.Laval,ULAV
- 3) 3:49.82 Univ.Toronto,UOFT
- 4) 3:50.24 Univ.New Brunswick,UNB
- 5) 3:54.21 McMaster Univ.,UMCM
- 6) 3:54.38 Univ.Victoria,UVIC
- 7) 3:55.18 Univ.Calgary,UOFC
- 8) 3:57.66 McGill Univ.,UMCG

4X200 M FREE RELAY

- 1) *8:01.61 Univ.British Columbia,UBC
- 2) 8:07.28 Univ.Toronto,UOFT
- 3) 8:19.05 Univ.Laval,ULAV
- 4) 8:23.25 Univ.Victoria,UVIC
- 5) 8:24.73 Univ.New Brunswick,UNB
- 6) 8:32.47 McMaster Univ.,UMCM
- 7) 8:36.69 Univ.Alberta,UALB
- 8) 8:39.61 McGill Univ.,UMCG

Women's Team Scores

- 1 630 Univ.of British Columbia
- 2 450 Univ.of Calgary
- 3 384 Universite Laval
- 4 349 Univ.of Toronto
- 5 345 Univ.of Victoria
- 6 208 Univ.of New Brunswick
- 7 199 McMaster University
- 8 198 McGill University
- 9 189 Dalhousie University
- 10 158 Univ.of Alberta

Rating summary of top CIS performances

- 1) 985 4:09.53 400 im M Brian Johns,19,UBC
- 2) 973 1:45.55 200 free M Rick Say,22,UOFC
- 3) 971 8:01.61 4x200 free W Univ.British Columbia,UBC
- 4) 971 2:09.22 200 back W Elizabeth Warden,24,UOFT
- 5) 971 4:07.58 400 free W Carla Geurts,30,UNB
- 6) 965 1:58.45 200 free W Sophie Simard,23,ULAV
- 7) 961 4:09.26 400 free WS Jessica Deglau,21,UBC
- 8) 957 2:13.46 200 im W Kristy Cameron,20,UOFC
- 9) 955 7:16.81 4x200 free M Univ.Calgary,UOFC
- 10) 954 8:07.28 4x200 free W Univ.Toronto,UOFT

UBC WINS FIFTH CONSECUTIVE TEAM TITLES

BRIAN JOHNS TOP PERFORMER WITH SEVEN GOLDS

The University of British Columbia women's and men's swim teams won their fifth consecutive dual national championship at the 2002 Canadian Interuniversity Sports (CIS, formerly CIAU) Swimming Championship, an unprecedented mark in CIS history.

Day 1

UBC's Brian Johns electrified the hometown crowd on Day 1 with his effort in the 400 individual medley, breaking a 15-year-old CIS record previously held by Alex Baumann. Johns' time of 4:09.53 was just shy of Curtis Myden's Canadian record of 4:08.50.

UBC swimmers also set two new Canadian club records in the men's and women's 400 freestyle relays. The team of Jake Steele, Brian Johns, Brent Hayden, and Mark Johnston clocked a time of 3:17.78, shattering the University of Calgary's Canadian mark of 3:19.23, set in 1992. The UBC women's team of Liz Collins, Kelly Stefanyshyn, Kelly Doody, and Jessica Deglau swam the 4x100 free relay in 3:44.72, clipping more than one second off Calgary's 1991 time.

In total, five CIS records fell on Day 1 of competition. University of Calgary's Rick Say (1:45.55) erased Turlough O'Hare's 1991 mark in the 200 freestyle, an event in which he already holds the Canadian record. University of Toronto's Jennifer Button broke her own CIS record in the 100 butterfly with 1:00.18.

The UBC women led the pack of 31 CIS schools with a total of 206 points. Calgary was in second place with 167 and Laval was third with 120. On the men's side, UBC had 232 points, with Calgary in second with 192, and Alberta in third with 86.

Day 2

The UBC men's 4x200 freestyle relay team closed out Day 2 by clocking a time of 7:13.16, smashing the University of Calgary's 1990 Canadian club record of 7:16.39. Team members were Brian Johns, Brent Hayden, Mark Johnston, and Justin Tisdall.

The UBC women's 4x200 team of Liz Collins, Katie Brambley, Kelly Doody, and Jessica Deglau set a new Canadian club mark of 8:01.16, shattering UBC's 2001 time of 8:05.97.

In total, five more CIS records fell on Day 2 of the three-day meet, bringing the total number to 10 so far. Calgary's Erin Gammel started the evening off with a bang, clocking in at 1:00.64 in the 100 backstroke for her second gold medal of the meet. Her time was just five-hundredths of a second faster than Julie Howard's (Toronto) 2001 CIS mark.

University of New Brunswick's Dutch national, Carla Geurts, 30 years old, erased Joanne Malar from the CIS record book in the 400 freestyle, touching the

wall in 4:07.58, bettering Malar's 1995 time of 4:08.75.

Toronto's Jennifer Button set her second CIS record of the meet, edging out former record holder Jessica Deglau in the 200 butterfly. Button's time of 2:10.53 eclipsed Deglau's 2000 time of 2:11.60.



Seven golds and Canadian record for UBC's Brian Johns

In the most exciting race of the evening, UBC's Mark Johnston battled Calgary's Rick Say in the 400 freestyle. The two Olympians brought the packed crowd of 700 to its feet, battling stroke for stroke until the final touch. Say, the Canadian record holder, hit the wall in 3:46.29, while Johnston settled for silver in a time of 3:46.58. Say also beat Johnston in the 200 free on the first day.

Brian Johns (UBC) won gold in both the 100 backstroke (55.08) and 200 butterfly (1:56.95), bringing his medal count so far to five gold, with the 200 IM and 400 medley relay still to come on the final day.

Day 3

On the final day of competition, the story of the meet continued to be UBC's Brian Johns, who, at the age of 19, broke Curtis Myden's Canadian record in the 200 IM, clocking a time of 1:57.55, three-hundredths of a second faster than Myden's 1994 mark. Johns earlier

set a new CIS standard in the 400 IM, breaking Alex Baumann's 15-year-old mark, and was part of three record-setting relay teams. In total, the Richmond native finished the three-day championship with the maximum possible seven gold medals and was recognized as the outstanding male swimmer of the year. Brian Johns is the sixth male swimmer in UBC history to receive the national award.

University of Toronto's Liz Warden was named the outstanding female swimmer of the year after her double gold-medal performance on Day 3. Warden stood on top of the podium for her swims in the 200 backstroke (2:09.22) and the 200 individual medley (2:12.48). She finished the meet with three individual gold medals.

Aside from Brian Johns' efforts in the IM, two other CIS records fell on the final day of competition, starting with New Brunswick's Carla Geurts. The Dutch national won her third gold of the meet and set her second CIS record, this time completing the 800 freestyle in 8:31.82, smashing her own mark of 8:37.06 from 2001.

Calgary's Rick Say won his third and fourth gold medals of the championship, first setting a CIS record of 49.17 in the 100 free (erasing Stephane Hebert's [Laval] 1990 time of 49.31), and then winning the 1500 free.

In total, 13 CIS records and 5 Canadian records were broken at the championship, which lived up to its billing as a world-class event.

UBC swimmers finished with 32 medals in 38 events, with 13 gold, 14 silver, and 5 bronze.

The UBC men's team compiled 706 points, while University of Calgary finished second with 636 points and University of Victoria edged out University of Alberta for third with 286 points.

Richard Lam

The UBC women's team won by a 180-point margin, 630 to 450, over the University of Calgary, while Universite Laval held off University of Toronto for third spot with 384 points.

Six UBC swimmers will leave the school as five-time national champions, the highest level of team achievement possible in university competition.

Tom Johnson of the University of British Columbia won the Women's Coach of the Year Award.

Mark Tremblay and John Vadeika of the University of Alberta shared the Men's Coach of the Year Award.

Liz Warden of the University of Toronto won female swimmer of the meet based on high performance. Liz scored a combined 1938 points (971 for the 200 back and 967 for the 200 IM) on the IPS point system.

Brian Johns of the University of British Columbia won male swimmer of the meet based on high performance. Brian scored a combined 1964 points (985 for the 400 IM and 979 for the 200 IM) on the IPS point system.

A PREVIEW OF WHAT'S TO COME

Nikki Dryden

As the third stop on the World Cup Circuit evolved into the US Open here in New York, the pool deck overflowed, while the number of foreign swimmers seemed to grow. This was due, in part, to Southern Methodist University's team of international women representing eight different countries, including Slovakia's Martina Moravcova, the first lady of the World Cup. Martina won five events in New York at the World Cup, before heading home to let her teammates take over US Open action. Alenka Kejzar of Slovenia won the 200 back and 200 IM, and Georgina Lee of England won the 200 fly, while Anu Koivisto of Finland and Flavia Rigamonte of Switzerland brought home a handful of medals. Some events were swept by foreigners: Louise Ornstedt of Sweden led the sweep in the 100 back while Kejzar's wins in the 200 back and

IM were swept by foreigners as well. The 200 free was an Olympic battle that was won by American Lindsay Benko, followed by Janelle Atkinson of Jamaica, Manon van Rooyen of the Netherlands, Silvia Szalai of Germany, and Helene Muller of South Africa. Most of these foreign women attend colleges in the US, and according to SMU head coach Steve Collins, they can bring a lot of excitement to the program. "Our team is very diverse, but the foreign girls are so enthusiastic about being part of our team. Many of them come from small clubs or small National teams, so it's really fun for them to be part of a college team." Having Martina Moravcova also keeps things exciting. "Martina is our coach in the water. The girls really respect and learn from her a lot. Plus she gains from the enthusiasm and motivation of the younger swimmers."

Janelle Atkinson of Jamaica won the 400 and 800

frees in meet record times at the Open, with a 4:05.39 and 8:20.13. Janelle has been in the US for almost six years, first swimming for Bolles in high school, then following her coaches, Greg Troy and Martyn Wilby, to the University of Florida. Her decision to become a Gator was also helped by the fact that Surinam's Anthony Nesty is an assistant coach there. "Anthony is a god in the Caribbean," says Janelle, smiling. "But I also hate flying and didn't want to go to school too far from home."

Janelle was fourth in the 400 free and ninth in the 800 in Sydney, but sat out last year's World Championships after having surgery on both her knees in late spring. For years, Janelle had been putting off the surgery to correct her kneecaps, which were slanted and rubbed on other bones. She still spends hours in rehab each day, concentrating on strengthening her quad muscles. Janelle swims ten



Breaststroke sweep for Ed Moses

RESULTS

2001 US OPEN

East Meadow, NY, Nov 29-Dec 1 (25 m)

MEN

50 METRES FREESTYLE

- 1) 22.42 Julio Santos, 77, ECU
- 2) 22.62 Donald Gold, 79, USA
- 3) 22.65 Austin Thomas, 82, USA

100 METRES FREESTYLE

- 1) 48.70 Romain Barnier, 76, FRA
- 2) 49.51 Donald Gold, 79, USA
- 3) 49.72 George Bovell, 83, TRI

200 METRES FREESTYLE

- 1) 1:45.47 Romain Barnier, 76, FRA
- 2) 1:47.58 George Bovell, 83, TRI
- 3) 1:47.70 Michael Phelps, 85, USA

400 METRES FREESTYLE

- 1) 3:49.27 Robert Margalis, 82, USA
- 2) 3:49.76 Chris Thompson, 78, USA
- 3) 3:52.70 Peter Vanderkaay, 84, USA

1500 METRES FREESTYLE

- 1) 14:55.12 Chris Thompson, 78, USA
- 2) 15:07.03 Robert Margalis, 82, USA
- 3) 15:18.57 Ricardo Monasterio, 78, VEN

100 METRES BACKSTROKE

- 1) 54.73 Hong Zhe Sun, 85, USA
- 2) 55.33 Austin Thomas, 82, USA
- 3) 55.43 David Plummer, 86, USA

200 METRES BACKSTROKE

- 1) 1:57.74 Hong Zhe Sun, 85, USA
- 2) 1:57.79 Keith Beavers, 83, CAN
- 3) 1:58.36 Michael Phelps, 85, USA

100 METRES BREASTSTROKE

- 1) 1:00.26 Ed Moses, 80, USA
- 2) 1:01.61 Garth Fealey, 80, USA
- 3) 1:01.87 Vladislav Polyakov, 83, USA

200 METRES BREASTSTROKE

- 1) 2:10.86 Ed Moses, 80, USA
- 2) 2:14.16 Kevin Dupuis, 78, CAN
- 3) 2:14.58 David Schulze, 79, CAN

100 METRES BUTTERFLY

- 1) 53.68 Tom Malchow, 76, USA
- 2) 54.18 Ales Abersek, 77, SLO
- 3) 54.22 Jan Vitazka, 76, CZE

200 METRES BUTTERFLY

- 1) 1:53.48 Tom Malchow, 76, USA
- 2) 1:54.21 Michael Phelps, 85, USA
- 3) 1:59.42 Ales Abersek, 77, SLO

200 METRES IND. MEDLEY

- 1) 1:59.07 Michael Phelps, 85, USA
- 2) 2:00.02 George Bovell, 83, TRI
- 3) 2:00.08 Jan Vitazka, 76, CZE

400 METRES IND. MEDLEY

- 1) 4:11.95 Michael Phelps, 85, USA
- 2) 4:16.22 Robert Margalis, 82, USA
- 3) 4:19.55 Kevin Dupuis, 78, CAN

4X100 M MEDLEY RELAY

- 1) 3:43.60 Indiana Univ., USA
- 2) 3:45.85 Univ. of Florida, USA
- 3) 3:46.12 Auburn Aquatics, USA

4X100 M FREE RELAY

- 1) 3:22.07 Penn State Univ., USA
- 2) 3:22.70 Univ. of Florida, USA
- 3) 3:23.75 Fort Lauderdale A, USA

4X200 M FREE RELAY

- 1) 7:26.42 Canada, CAN
- 2) 7:27.49 Indiana Univ., USA
- 3) 7:27.96 Penn State Univ., USA

WOMEN

50 METRES FREESTYLE

- 1) 25.19 Amanda Weir, 86, USA
- 2) 25.32 Laura Pomeroy, 83, CAN
- 3) 25.49 Karalynn Joyce, 86, USA

100 METRES FREESTYLE

- 1) 54.70 Christina Swindle, 84, USA
- 2) 54.88 Amanda Weir, 86, USA
- 3) 55.68 Manon van Rooijen, 82, NED

200 METRES FREESTYLE

- 1) 1:59.28 Lindsay Benko, 76, USA
- 2) 1:59.45 Janelle Atkinson, 82, JAM
- 3) 1:59.75 Manon van Rooijen, 82, NED

400 METRES FREESTYLE

- 1) 4:05.39 Janelle Atkinson, 82, JAM
- 2) 4:08.85 Lindsay Benko, 76, USA
- 3) 4:09.46 Lotta Wanberg, 79, SWE

800 METRES FREESTYLE

- 1) 8:20.13 Janelle Atkinson, 82, JAM
- 2) 8:26.19 Flavia Rigamonti, 81, SUI
- 3) 8:32.79 Meredith Green, 82, USA

100 METRES BACKSTROKE

- 1) 1:00.82 Louise Ornsted, 85, DEN
- 2) 1:01.01 Frances Adcock, 84, AUS
- 3) 1:01.06 Anu Koivisto, 80, FIN

200 METRES BACKSTROKE

- 1) 2:09.01 Alenka Kejzar, 79, SLO
- 2) 2:09.95 Tayliah Zimmer, 85, AUS
- 3) 2:10.31 Anu Koivisto, 80, FIN

100 METRES BREASTSTROKE

- 1) 1:07.40 Megan Quann, 84, USA
- 2) 1:07.71 Brooke Hanson, 78, AUS
- 3) 1:07.98 Masami Tanaka, 79, JPN

200 METRES BREASTSTROKE

- 1) 2:23.62 Masami Tanaka, 79, JPN
- 2) 2:25.71 Brooke Hanson, 78, AUS
- 3) 2:25.81 Megan Quann, 84, USA

100 METRES BUTTERFLY

- 1) 59.21 Mary Descenza, 85, USA
- 2) 1:00.46 McCall Dorr, 81, USA
- 3) 1:00.57 Rebecca Sturdy, 84, USA

200 METRES BUTTERFLY

- 1) 2:07.94 Mary Descenza, 85, USA
- 2) 2:09.00 Georgina Lee, 81, GBR
- 3) 2:11.72 Rebecca Harper, 83, USA

200 METRES IND. MEDLEY

- 1) 2:13.10 Alenka Kejzar, 79, SLO
- 2) 2:14.37 Brooke Hanson, 78, AUS
- 3) 2:14.74 Anu Koivisto, 80, FIN

400 METRES IND. MEDLEY

- 1) 4:38.97 Alenka Kejzar, 79, SLO
- 2) 4:43.03 Madeleine Crippen, 80, USA
- 3) 4:43.67 Andrea Cassidy, 82, USA

4X100 M MEDLEY RELAY

- 1) 4:06.27 Southern Methodist Univ., USA
- 2) 4:11.35 Southern Methodist Univ. B, USA
- 3) 4:11.97 Canada, CAN

4X100 M FREE RELAY

- 1) 3:44.93 Canada, CAN
- 2) 3:46.58 Pine Crest SC, USA
- 3) 3:46.74 Southern Methodist Univ., USA

4X200 M FREE RELAY

- 1) 8:06.04 Southern Methodist Univ., USA
- 2) 8:09.68 Univ. of Florida, USA
- 3) 8:11.15 Canada, CAN

times a week, swimming between 8000 and 10,000 yards a workout. As is a dryland tradition at the University of Florida, Janelle also does wheels (walking up stadium ramps on your hands with wheels supporting your lower body) and does extra wheels instead of running stadiums to stay off her knees.

According to her coach, Greg Troy, Janelle is "a great, great competitor...when she puts her face in the water she goes hard and gets the job done." And as for Janelle's Olympic success, she is only just learning to appreciate it, almost a year later. "I am just starting to come to terms with going to the Olympic Games and getting fourth. Last year, all my teammates at school would introduce me as an Olympian and I would be so embarrassed. I didn't want anyone to know. It is still surreal to me, but I am getting better!" And although most people would consider Florida a relaxing place to live, for Janelle, it's too busy. "I am studying hotel management at school and definitely want to go home to Jamaica...I'm just an island girl at heart."

Atkinson will be one the freestyle favourites at next summer's Commonwealth Games.

Another young standout, George Bovell, picked up a handful of medals at the Open. Unfortunately for Canada, the Canadian-born swimmer grew up in and competes for Trinidad. While his mom was an Olympian for Barbados, running the 400 at the 1972 Games, his dad is from Trinidad, and after George's birth in Guelph, Ontario, the family moved back to the Caribbean. When his coach decided to retire and George had to train by himself, he decided to head to Bolles, the premier swimming boarding school in the US.

George was fourth in the 200 IM at the World Championships last year, splitting the race under world-record pace at the 100, and thinks it is his best event. "Since the 200 IM is the closest I've come to winning internationally, I do think about it more, but what's good about the 200 IM is that training for it works everything." This is good, since this talented 18-year-old is also a good 400 IMer, 100 and 200 freestyler, and 200 backstroker. With its reputation for lots of long hard metres, George is able to build a strong base for his 400 IM during the school year at Bolles. Last summer he went home to Trinidad, where he worked on swimming with lactic acid buildup and other anaerobic sets. He is also starting to lift heavier weights, which he feels has helped his speed for the 200 IM and 100 free.

George believes time and practice will have him swimming the ideal 200 IM. "In the heats

and semis of Worlds, I paced the race properly, but I knew I had a chance to win, so my coach and I decided to 'take the fight to the enemy,' and I took it out hard but got into serious oxygen debt on the breast leg." With three second-place finishes here at the US Open, George looks like he is getting the experience he needs to swim the perfect 200 IM very soon. Bovell will also be at Commonwealths.

Canada sent its Junior National Team to both the World Cup and US Open, and the relays proved to be their strongest races, winning against much older and more experienced college teams. Both the men's 4x200 free relay and the women's 4x100 won by over a second.

Individually, Laura Pomeroy and Keith Beavers medalled in the 50 free and 200 back respectively, while Mike Brown had two final swims, in the 100 and 200 breasts. Pomeroy had a great final race of the meet, splitting a 54.67 to anchor the winning women's 4x100 relay. Both head coach Dave Johnson and Junior Mentor Coach Derek Snelling were impressed with the team's ability to swim so well after ten days on the road. The team competed in Edmonton at the World Cup before flying to New York.

Former world-record holder and two-time Japanese Olympian Masami Tanaka won the 200 breast in a meet record, as did Michael Phelps in the 400 IM. Phelps also won the 200 IM, but wasn't able to defeat Tom Malchow in the meet's biggest showdown, the 200 fly. Malchow led from start to finish, winning in a meet record. After the race, Tom was happy with the win but had hoped for the American record. "I'm always happy when I win, but I'm not going to gain any real confidence from beating Michael at the US Open. I seem to be winning all the small races, while he gets the big ones, and really that's all that matters." Malchow also won the 100 fly. Other meet winners included Romain Barnier of France, who continued his winning ways from World Cup with wins at the Open in the 100 and 200 free, and American Christina Swindle, who won the 100 and 200 free on the women's side.

With 1000 swimmers, this year's US Open was the biggest yet, and the meet was swum double ended in the heats. There were A, B, and C finals at night, unlike the World Cup, which couldn't manage eight swimmers for certain events. It was unfortunate that everyone at World Cup didn't stay for the Open and that many of the top Americans who came for the Open didn't arrive early for the World Cup. Overall, the winners from World Cup would have won the majority of races. When compared by time, World Cup swimmers were fastest in 16 events while US Open swimmers were fastest in 5.

Rating Summary of Top Performances

- | | | | | |
|-----|-----|---------|--------------|---------------------------|
| 1) | 995 | 8:20.13 | 800 free W | Janelle Atkinson, 82, JAM |
| 2) | 994 | 1:53.48 | 200 fly M | Tom Malchow, 76, USA |
| 3) | 985 | 1:54.21 | 200 fly M | Michael Phelps, 85, USA |
| 4) | 980 | 2:23.62 | 200 breast W | Masami Tanaka, 79, JPN |
| 5) | 977 | 8:26.19 | 800 free W | Flavia Rigamonti, 81, SUI |
| 6) | 974 | 1:45.47 | 200 free M | Romain Barnier, 76, FRA |
| 7) | 973 | 2:09.01 | 200 back W | Alenka Kejzar, 79, SLO |
| 8) | 970 | 2:07.94 | 200 fly W | Mary Descenza, 85, USA |
| 9) | 967 | 1:07.40 | 100 breast W | Megan Quann, 84, USA |
| 10) | 964 | 1:00.26 | 100 breast M | Ed Moses, 80, USA |

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Jennifer Button
Canada

SPORTS PSYCHOLOGY

MENTAL HEALTH CONTRIBUTES TO GREAT WORK ETHIC AND MENTAL HEALTH IS A PRODUCT OF GREAT WORK

Nikki Dryden

Part five in the on-going series Your Health.

Earlier articles:

- You Are What You Eat, March 2001
- The World of Food Supplements, April 2001
- Dryland Training, July 2001
- Alternative Therapies, Aug-Sep 2001

Although we do not always acknowledge it, mental health and physical health work together. If one is lacking or is off kilter, the other will be affected, and vice versa. Many of the physical symptoms related to overtraining or exhaustion manifest themselves in our minds and we can't always see what the problem is or where it is coming from. The Your Health series has looked at basic nutrition, food supplements, dryland training, and alternative therapies in an attempt to provide swimmers not only with the basic building blocks necessary to swim fast and be healthy, but to open a window into the many peripheral strategies that elite swimmers use in an effort to be the best. This article, however, will show you that without the mental dedication and commitment to proper diet, proper sleep and recovery regimes, or to going that extra mile in the water or on the land, information alone will not get you to the top of the podium.

Dedication is an earnest word used by sports psychologists, coaches, swimmers, and parents. But it is a basic idea and refers to one's ability and determination to accomplish his or her goals. According to Dr. Hap Davis, the Canadian National Team Sports Psychologist, one of the key tenets of a solid mental game is dedication or self-regulation. To illustrate, Hap poses this question and answer, "If you are tired, will you fix a good meal anyway or will you let yourself eat junk? If you are self-regulated, you will eat for recovery, sleep for recovery, socialize for recovery, attend to your basic responsibilities, consult with professionals as needed, not procrastinate, etc. As a result, you will be better able to work hard at the next workout—because you will be recovered." This type of dedication is crucial to maintaining stable mental and physical health.

The flip side of this concept is that if your mental game is weak (i.e., you don't have the self-discipline) and you don't incorporate proper recovery into your life, it can have physical effects on your health. "Mental health contributes to great work ethic and

mental health is a product of great work," says Hap. "Under-recovery is an important issue here. The athlete who is under-recovered may be grumpy, argumentative, irritable, self critical, anxious, teary, afraid of upsetting parents or coaches, or have other problems." According to Hap, all these signs can be the result of under-recovery, which pushes cortisol levels and resting heart rates above normal values. "It can look like the athlete is having a mental health problem when in fact the athlete is simply showing signs of under-recovery," continues Hap. "For instance, we have all seen swimmers who are happy on the first day of a Florida training camp and crying by the fifth. This is the result of high cortisol and under-recovery, not depression. So, one's mental health is poor because of 'physical health.'"

The difficulty here is that there are going to be times when we are under-recovered or over-trained because we train two or three times a day, and there is not enough time for the glycogen stores in our muscles to be completely replenished before we have to go back to the pool. Again, along with the physiological effects of over-training, there are psychological effects.

Sometimes we just have to know that all of this is going to happen.

According to Dr. Judy Goss, Sport Psychology Consultant for the National Sport Centre, Toronto, "Sometimes during these heavy training periods there is very little that you can do about it other than understand that you are going to have mood disturbances." Judy agrees with Hap that one's mental health is poor because of physical conditions, but she also notes that your mental health is hard to control when the physiological effects are so great. "You are going to have mood disturbances during heavy training."

Hap stresses the need to be self-regulated. This means eating for recovery and sleeping for recovery in order to prevent the emotional collapse that can happen during heavy training. "In this sense, then, self regulation is a mental health issue. And, if the swimmer is not mentally healthy, he or she may not have sufficient positive belief or self-respect to self-regulate for physical performance." Hap also warns that the tired athlete is more injury prone. "In essence, mental health—inclusive of self-regulation and under-recovery—is essential to maintaining physical health and physical performance."

Now if that isn't enough to make you pay attention to your mental game, here is some more technical information about how our bodies work. All the muscles and nerves in your body are linked together into your brain. The process of learning and improving swimming reflexes, skills, and techniques comes from the creation, modification, and strengthening of nerve pathways in our bodies and brains. The nerve pathways that lie outside our brain in nerves of the body and spine can be trained by physical training (i.e., swimming or dryland training). However, the pathways that lie within the brain can be trained by the use of mental techniques such as imagery and simulation.

Using Your Imagination

Imagery is the process by which you can create, modify, or strengthen pathways within the brain. Imagery is useful because you can do it anywhere, including times when you are injured and cannot swim, and times when you are looking for that extra boost of positivity. Imagery is not just the process of dreaming of that big beautiful spot atop the Olympic podium; it can also help you prepare for physical and psychological problems (from banging your knee on the block before a race to the nervous ball you can get in the pit of your stomach) that may occur in competition. If, before a race, you have already prepared for anything, you will have an edge if something irregular happens. Because you have imagined it, you will be able to respond with confidence and adeptness, knowing the steps needed to move through any problem.

Imagery can also help slow down real time and let you move step by step through the complexities of a race. In your mind you can slo-mo through your walk to the blocks, your reaction to the gun, your glide through the air and water, and it can help you finish off each stroke or perfect your turn and streamline, and touch the wall without breathing under the flags.

Canadian Olympic finalist, Mike Mintenko, likes to use imagery all the time, both in and out and away from the pool. He believes that you can learn to strengthen your mental game, but at the same time there is a little something in all of us that we can use to get an advantage over our competition. "Everybody has a special something that comes out when we are in the heat of the moment, in a competitive situation. You can learn skills that help you deal with different

situations that arise over the course of our careers. As you become more confident with your own capabilities, you can use specific skills that work for you the best to help your performance.”

Simulation

Simulation is different from imagery in that it attempts to mimic, as closely to the real thing as possible, what the physical and psychological circumstances will be at a particular time. It can work better than imagery because the stresses from a simulation are often more vivid because they exist in reality. A simulation could take the form of a dive or timed sprints at the end of a workout, or by bringing in spectators to watch a set or workout, or by inviting the media to a practice. Of course, simulation is a bigger process than imagery, which you can do alone sitting on the bus; simulation involves more people and more time, but could result in greater improvements for a swimmer.

Canadian IM star Carrie Burgoyne combines imagery and simulation, and believes the best tool for her is to practise getting nervous. “I like to practise going through an entire race process in a stand-up in workout or any meet I’m at so that when I get to the big meet, it is automatic.”

Goal Setting

That all said, without goals it would be pretty hard to imagine or simulate much. From Sun Tzu to Stephen Covey, setting goals is paramount to success; without goals the process becomes vague, the achievement is without context, and the future just floats.

Set a goal and you can measure your accomplishments, see what you are truly capable of, and gain self-confidence and motivation to reach higher the next time. But without the self-discipline or self-regulation, the process of setting and attaining goals becomes irrelevant. A strong work ethic and dedication to your goals becomes part of the mental strength needed to reach them. But that is also what makes goal setting so easy. It allows you to target areas where you can and want to improve. This enables you to focus on what is necessary, be it in the short or long term. It follows that goals can be set on a daily basis (making every morning workout and no pressing of the snooze button) or over the long term (making general lifestyle changes and allowances to be an elite athlete).

American Olympic gold medallist Christina Teuscher uses pep talks to help get her ready to swim, but thinks that using imagery and setting goals are the most important tools. “Setting goals gets your butt up in the morning at 4:45 am when all you want to do is sleep and you ask yourself why do I do this to myself? I use imagery to go through all the emotions before the race, during it, and finishing it. It reminds me again why I am training so much and gets me excited to race.”

Swimming in The Zone

Whether it happens in training or competition, every swimmer wants to be able to duplicate the feeling of being in “the zone.” What it feels like is difficult to describe, because it is as close to perfection as you can get. Being in the zone feels like you are flying, your stroke is perfect, you are swimming fast, you can push yourself beyond limits you’ve never reached, and your confidence is so high you don’t want to stop. It is described by some using words like “focus” and “flow,” or a sense of Zen-like being. But, basically, what is happening is that you are so completely focused on the set or race, and the execution of the physical skills necessary to perform at your optimum level, that nothing distracts you.

When asked how one can recreate being in the zone, Hap outlined the process. “Basically, you just need to relax and imagine, and prepare well or else your swim will be so conscious that it will lack flow and you will never reach a point where it can feel automatic. You will think in a zoned-in race, but if you haven’t prepared for it over and over in advance, you will be about as much in the zone as you were when you took your driver’s license exam.”

When people describe themselves as being in the zone, they usually describe many components that are not physical but more psychological. What they are actually describing, says Judy Goss, is their Ideal Performance State. “Your Ideal Performance State is made of several components: physical being, mental focus and emotional state. If you start to identify what those components are, you can then start to recreate them, and then you have more control over getting into the Ideal Performance State.”

When to Start

Judy believes that athletes can be as young as eight when starting to learn basic mental skills. “One of the key components is for young athletes to have basic mental skills naturally incorporated into their training. So if you have a young swimmer trying to perfect his or her start, the coach should say, ‘Ok, take a moment just to imagine yourself reacting quickly to the gun, springing off the blocks, and entering the water in a streamline position.’”

Hap believes that in the early teens, an athlete should begin to focus on sports psychology, but more importantly than age, it is a performance question. “When performance starts to matter more than just having fun and when a swimmer is starting to think about physiotherapy or massage or protein, then the swimmer is thinking about performance enhancement. At this point it is relevant to work on sport psychology. Much before this point and it tends to be the parent’s need and not the athlete’s.”

In the normal development of a swimmer, he or she will work with a coach to develop goals and ideas on all aspects of the program: competition, training,

recovery, and full-spectrum sport science (nutrition, sport psychology, strength training, etc.) According to Hap, when this is done, it leads directly into identification of areas of weakness and areas of strength. “From this the mental skills training can be mapped out. Maybe it will be best, for instance, to do self talk while lifting weights or affirmations while stretching, or relaxation at bedtime. In this way, mental skills training fits with the life cycle. A coach and sport psychologist can help make this work.”

Judy agrees. “You can build your program and practise various techniques away from the pool, rink, or field, but you need to be able to incorporate it into your training regime and therefore, you do need some help from your coach. A sport psychology consultant can help you develop a plan and program that will be best for you.”

Can You Learn It?

Sport psychology is a sport science, and some element of it is found in every major swimming program across the country and around the world. Hap says that “An athlete who considers himself or herself to have a professional and responsible attitude and approach will always use the full spectrum of sport scientists, inclusive of sport psychology. There are simply too many published research articles indicating that the psychology of sport is important for an athlete to ignore sport psychology.”

At age 26, Australian Olympic gold medallist Daniel Kowalski now works with a sports psychologist on a weekly basis. “I speak to him about the development of me as a person, as opposed to me as an athlete. I have found this to be so beneficial. I know I am more than just an athlete, but it is since I’ve been working with him that I’ve seen this, and it is helping me in so many areas. I tend to also reflect on the nightmares of rehab and all the hard work I have done to get back from injury. Sports psychology has been a great tool for me in addressing those areas.”

Just like alternative therapies, some people are not going to agree that sports psychology is helpful; either you have it (a strong mental game) or you don’t. All this depends on what community you are a part of. But for an elite athlete trying to gain an extra edge, everything is worth a second look. And as Hap always says, “Remember and repeat often: ‘It takes 10 years and 10,000 hours to develop expert performance.’ In other words, dedicated and effortful preparation over a very long period of time probably matters as much if not more than height or shoe size. Lots of big-footed athletes have failed to materialize their promise because they lacked diligence or patience. This rule applies to physicists, mathematicians, violinists, and athletes.”

Christina Teuscher explains her take on the mental game: “I think anything mental can become programmed, but some people can just do it naturally.

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I feel that these people have a definite advantage, especially if they benefit from it and enjoy it." Daniel Kowalski agrees. "Through my experiences I have learned that you can develop it to a certain degree, but otherwise you don't have it. Of course, having said that, if you experience something negative, getting any of that mental strength back or if at all is really hard and often you don't get it back and tend to struggle." Carrie Burgoyne looks at it slightly differently: "I think we all have it, sometimes it's there and sometimes it's not. The key is that you have to work hard at staying in that right frame of mind."

Finding the Right Approach

Many swim clubs are beginning to introduce sports

psychologists into the team setting. Judy believes this is a great place to start. "I like to do the basic education in groups; it is more economical and also the athletes can gain huge insight listening to each other talk about the same kinds of things." Group work can move to individual work when the topics or issues become more specific. "When determining an individual plan or working on certain issues, one on one is best."

Judy's approach to sports psychology is termed "solution focused," which means that the swimmer has the solution to the problem within his or her repertoire of behaviours. "Each swimmer needs to identify the behaviour and determine how they can make it more consistent and within his or her control.

I also take an educational approach in terms of teaching how and why things happen, for example, how your arousal level is related to your performance level." Judy teaches basic concepts that are necessary for an athlete to understand so that they can feel confident and comfortable with the plan that they develop. "I try to give athletes the tools so that they are independent of me, that they are the ones that are in control when they are training or competing. I am not the type of sport psychology consultant that says you need to be A, B, and C before you go out and compete. I want the athlete to determine what their A, B and C are, not me."

Hap works in a similar fashion, using basics to explore more sophisticated issues. "I can be eclectic and engage in conversation with athletes so that they will not feel that they are receiving a lecture," says Hap. "But at the same time, as a sport scientist I work from a base of empirical science, and I try to use, wherever possible, those approaches that have been tried and tested in good, controlled research."

One thing that Mike Mintenko and his teammates in Vancouver have begun is to develop personal mental management profiles with Dr. Dana Sinclair. "It is a self-regulatory process where I as the athlete focus on confident behaviours, positive imagery, self talk, and technical cues that I can use to pull my tension into the proper level depending on the specific situation. It helps me to stay on task and stay away from distractions that lead to performance breakdown."

Finding a good sports psychologist can be difficult. Both Judy and Hap work with National and Olympic Team swimmers and have experience working in our sport. The most important element is finding someone you feel comfortable enough with to share the good and the bad, your fears and your dreams.

Your Health

So you now know that a strong mental game will keep you in check when your dedication wanes or your determination grows weary. Swimming is the toughest sport around, and swimmers are truly hard core. But even the biggest heart won't get you to the top. Curve balls are thrown at us every day and it is making all the right little decisions as well as the big obvious ones that help you maintain course. Whether it's exhaustion or anemia, or a nagging rotator cuff problem, maintaining Your Health is the most important element in fast swimming.

In 2002, we will delve into some of the negative lifestyle choices that can adversely effect your health. Until then, remember that our bodies are elite racing machines, and it is up to you to keep them in mint condition.

For copies of earlier articles in the series e-mail swimnews@swimnews.com.

TOP AGE GROUP TIMES

Rankings for the period
October 1, 2001 to March 10, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 SHORT COURSE TAG®

GIRLS 10 & Under

50 m Freestyle

1	31.36	EOSAFEB	BRADBURY, Kristen, 90, ORCAS
2	31.90	ABAGMAR	KELLS, Julie, 91, RDCCSC
3	32.02	MACJAN	BOUCHARD, Dominique, 88, NSA
4	32.36	MBSKSFEB	MCCARTY, Kelsey, 90, KSS
5	32.41	HYACKJAN	BOWMAN, Kim, 91, PSW
6	32.53	ABAGMAR	MCGHEE, Pamela, 91, UCSC
7	32.56	ABSCNOV	RIORDAN, Hannah, 91, CSL
8	32.58	ONAGMAR	GIMON, Tamara, 91, BAD
9	32.67	OAKJAN	LOYZER, Melissa, 91, HWAC
10	32.74	ABAGMAR	NESBITT, Colleen, 92, GLEN

100 m Freestyle

1	1:09.64	ONAGMAR	GIMON, Tamara, 91, BAD
2	1:09.69	EOSAFEB	BRADBURY, Kristen, 90, ORCAS
3	1:10.05	MACJAN	BOUCHARD, Dominique, 88, NSA
4	1:10.31	ONAGMAR	BROCKINGTON, Meghan, 91, OSHAC
5	1:10.32	BCSCMAR	BOWMAN, Kim, 91, PSW
6	1:10.42	EOSAFEB	RIORDAN, Hannah, 91, CSL
7	1:10.94	BRANTNOV	VELTMAN, Mackenzie, 91, TD
8	1:11.02	BRANTNOV	RAININGER, Christine, 90, AAC
9	1:11.55	MBSKSFEB	MCCARTY, Kelsey, 90, KSS
10	1:12.06	ONAGMAR	MELANSON, Katelyn, 91, NWO

200 m Freestyle

1	2:31.33	ONAGMAR	BROCKINGTON, Meghan, 91, OSHAC
2	2:33.52	ABAGMAR	KELLS, Julie, 91, RDCCSC
3	2:33.83	CSODEC	COUILLARD, Marie-Pier, 91, REG
4	2:34.18	HYACKJAN	NEWELL, Siobhan, 91, HYACK
5	2:35.55	ONAGMAR	MENU-COUREY, Sasha, 91, ESWM
6	2:36.32	ONAGMAR	BRADBURY, Kristen, 90, ORCAS
7	2:36.56	ABAGMAR	THROWER, Jessica, 91, UCSC
8	2:37.07	GOLDOCT	TRISCHUK, Rikia, 90, GOLD
9	2:37.84	KCSDEC	HAYES, Melissa, 91, GPP
10	2:37.99	ONAGMAR	DAKERS, Kaylee, 91, COBRA

400 m Freestyle

1	5:15.94	ONAGMAR	BROCKINGTON, Meghan, 91, OSHAC
2	5:24.09	CSODEC	COUILLARD, Marie-Pier, 91, REG
3	5:26.44	ABAGMAR	KELLS, Julie, 91, RDCCSC
4	5:27.05	HYACKJAN	NEWELL, Siobhan, 91, HYACK
5	5:28.08	ABAGMAR	FLETCHER, Evangeline, 91, ARR
6	5:31.09	ABAGMAR	THROWER, Jessica, 91, UCSC
7	5:34.78	ABAGMAR	OLEKSON, Kirsten, 91, SHSC
8	5:37.01	ONAGMAR	GILMOUR, Megan, 91, LAC
9	5:37.43	EOSAFEB	BRADBURY, Kristen, 90, ORCAS
10	5:39.29	ABAGMAR	DAKIN-KUIPER, Sierra, 91, LASC

800 m Freestyle

1	11:14.44	BCSCMAR	NEWELL, Siobhan, 91, HYACK
2	11:40.83	KCSDEC	BUKIEDA, Brielle, 91, EKSC
3	11:51.24	EKSCOCT	FLETCHER, Evangeline, 91, ARR
4	12:14.17	AQUAJAN	FRASPIER, Jasmine, 91, CNS
5	12:20.09	HYACKNOV	PANET RAYMOND, Chrissy, 90, HYACK
6	12:30.17	GPOCT	HAYES, Melissa, 91, GPP
7	12:40.47	EKSCOCT	MATTHEWS, Deanna, 92, EKSC
8	13:20.72	ESWIMJAN	CHUD, Rebecca, 92, NYAC
9	13:24.90	USFUMAR	BOUJEL, Chantel, 91, DELTA
10	13:27.86	ESWIMJAN	KALABA, Jouana, 91, NYAC

50 m Backstroke

1	34.29	ABAGMAR	KELLS, Julie, 91, RDCCSC
2	35.17	MBSKSFEB	MCCARTY, Kelsey, 90, KSS
3	37.05	MACJAN	BOUCHARD, Dominique, 88, NSA
4	37.46	MSSACNOV	MENU-COUREY, Sasha, 91, ESWM
5	37.63	ONAGMAR	JONES, Emily, 91, OOSC
6	38.02	ONAGMAR	THOMPSON, Laura, 91, USC
7	38.08	MACJAN	GIMON, Tamara, 91, BAD
8	38.11	EOSAFEB	DUPUIS, Taylor, 90, PERTH
9	38.37	ABAGMAR	THROWER, Jessica, 91, UCSC
10	38.57	SCARJAN	MCCASEY, Kirstyn, 91, OSHAC

100 m Backstroke

1	1:14.16	MBSKSFEB	KELLS, Julie, 91, RDCCSC
2	1:15.62	MBSKSFEB	MCCARTY, Kelsey, 90, KSS
3	1:18.58	BCSCMAR	BOWMAN, Kim, 91, PSW
4	1:20.05	MACJAN	BOUCHARD, Dominique, 88, NSA
5	1:20.86	ESWIMJAN	MENU-COUREY, Sasha, 91, ESWM
6	1:21.52	SCARJAN	BROCKINGTON, Meghan, 91, OSHAC
7	1:21.96	NBSCFEB	BOURGEOIS, Tania, 91, CNBO
8	1:22.33	ONAGMAR	GIMON, Tamara, 91, BAD
9	1:22.55	NYACDEC	CARRABETTA, Carissa, 90, ODSC
10	1:22.89	ONAGMAR	THOMPSON, Laura, 91, USC

200 m Backstroke

1	2:39.16	MBSKSFEB	MCCARTY, Kelsey, 90, KSS
2	2:42.60	MBSKSFEB	KELLS, Julie, 91, RDCCSC
3	2:47.57	CSODEC	COUILLARD, Marie-Pier, 91, REG
4	2:49.36	ONAGMAR	MENU-COUREY, Sasha, 91, ESWM
5	2:51.74	ONAGMAR	KASPER, Kirsten, 91, NEW
6	2:54.23	ONAGMAR	JONES, Emily, 91, OOSC
7	2:54.89	ONAGMAR	DAKERS, Kaylee, 91, COBRA
8	2:55.34	BRANTNOV	LESLIE, Casey, 90, HWAC
9	2:55.45	MBSKSFEB	LEE, Carrington, 91, SCMSC
10	2:56.44	ABAGMAR	THROWER, Jessica, 91, UCSC

50 m Breaststroke

1	40.47	ONAGMAR	DAKERS, Kaylee, 91, COBRA
2	40.75	ONAGMAR	MENU-COUREY, Sasha, 91, ESWM
3	41.18	SCARJAN	HEDDEN, Victoria, 90, TSC
4	41.50	ABAGMAR	DAKIN-KUIPER, Sierra, 91, LASC
5	41.65	ONAGMAR	PIERMAN, Kayla, 90, PERTH
6	41.96	ESWIMJAN	GALWAY, Samantha, 91, NYAC
7	42.25	ABAGMAR	MCCORD, Kate, 92, UCSC
8	42.41	MANTANOV	STASIUK, Laura, 90, KSS
9	42.84	ONAGMAR	KASPER, Kirsten, 91, NEW
10	43.12	ONAGMAR	ELCHESON, Meghan, 91, NWO

100 m Breaststroke

1	1:26.88	ONAGMAR	MENU-COUREY, Sasha, 91, ESWM
2	1:29.64	ONAGMAR	PIERMAN, Kayla, 90, PERTH
3	1:31.12	ESWIMJAN	DAKERS, Kaylee, 91, COBRA
4	1:31.47	EOSAFEB	BRADBURY, Kristen, 90, ORCAS
5	1:32.10	SCARJAN	GALWAY, Samantha, 91, NYAC
6	1:32.38	SCARJAN	EVANS, Elana, 92, NYAC
7	1:32.94	MBSKSFEB	DAKIN-KUIPER, Sierra, 91, LASC
8	1:33.40	ONAGMAR	HEDDEN, Victoria, 90, TSC
9	1:33.42	PWINOV	MCCARTY, Kelsey, 90, KSS
10	1:33.61	ONAGMAR	ELCHESON, Meghan, 91, NWO

200 m Breaststroke

1	3:08.82	ONAGMAR	MENU-COUREY, Sasha, 91, ESWM
2	3:08.95	ONAGMAR	DAKERS, Kaylee, 91, COBRA
3	3:11.08	ABAGMAR	DAKIN-KUIPER, Sierra, 91, LASC
4	3:15.67	CSODEC	COUILLARD, Marie-Pier, 91, REG
5	3:16.42	EOSAFEB	PIERMAN, Kayla, 90, PERTH
6	3:17.67	ONAGMAR	STONEBRIDGE, Lesley, 91, NKB
7	3:17.82	PWINOV	MCCARTY, Kelsey, 90, KSS
8	3:19.55	CNHRFB	WIECHEC, Sonia, 91, CAMO
9	3:21.22	DDONOV	BIBEAL, Jessica, 91, TRISCHUK
10	3:21.24	ONAGMAR	KASPER, Kirsten, 91, NEW

50 m Butterfly

1	33.87	ABAGMAR	KELLS, Julie, 91, RDCCSC
2	35.22	ONAGMAR	BROCKINGTON, Meghan, 91, OSHAC
3	35.84	MBSKSFEB	MCCARTY, Kelsey, 90, KSS
4	35.86	MBSKSFEB	CHEFFOFF, Kendra, 91, LASER
5	35.87	CALACJAN	ALIBRANDO, Lisa, 91, PCSC
6	35.96	ONAGMAR	MENU-COUREY, Sasha, 91, ESWM
7	36.23	OAKJAN	LOYZER, Melissa, 91, HWAC
8	36.37	CALACJAN	JARDIN, Barbara, 91, LSCDN
9	36.57	ABAGMAR	THROWER, Jessica, 91, UCSC
10	37.00	BRANTNOV	RAININGER, Christine, 90, AAC

100 m Butterfly

1	1:17.40	BCSCMAR	BOWMAN, Kim, 91, PSW
2	1:19.29	ONAGMAR	BROCKINGTON, Meghan, 91, OSHAC
3	1:19.53	GMACOCT	BYRON, Alana, 90, GMAC
4	1:22.24	MBSKSFEB	CHEFFOFF, Kendra, 91, LASER
5	1:24.37	ONAGMAR	POLICHT, Julie, 91, YORK
6	1:24.65	ONAGMAR	STONEBRIDGE, Lesley, 91, NKB
7	1:24.67	ONAGMAR	BELL, Hilary, 91, LSC
8	1:25.05	MBSKSFEB	KELLS, Julie, 91, RDCCSC
9	1:25.06	MACJAN	BOUCHARD, Dominique, 88, NSA
10	1:25.49	OAKJAN	LOYZER, Melissa, 91, HWAC

100 m Ind. Medley

1	1:19.04	ABAGMAR	KELLS, Julie, 91, RDCCSC
2	1:22.35	ABAGMAR	OLEKSON, Kirsten, 91, SHSC
3	1:23.01	MACJAN	BOUCHARD, Dominique, 88, NSA
4	1:24.46	ABAGMAR	DAKIN-KUIPER, Sierra, 91, LASC
5	1:25.08	EOSAFEB	STONEBRIDGE, Lesley, 91, NKB
6	1:25.21	EOSAFEB	RIORDAN, Hannah, 91, CSL
7	1:25.69	GOLDOCT	TRISCHUK, Rikia, 90, GOLD
8	1:26.08	MACJAN	GIMON, Tamara, 91, BAD
9	1:27.43	GOLDOCT	PFAHL, Alexis, 91, GOLD
10	1:27.69	ABAGMAR	FLETCHER, Evangeline, 91, ARR

200 m Ind. Medley

1	2:46.60	PWINOV	MCCARTY, Kelsey, 90, KSS
2	2:49.03	MANTANOV	STASIUK, Laura, 90, KSS
3	2:52.55	ONAGMAR	MENU-COUREY, Sasha, 91, ESWM
4	2:55.26	CALACJAN	JARDIN, Barbara, 91, LSCDN
5	2:55.31	ABAGMAR	THROWER, Jessica, 91, UCSC
6	2:56.02	ONAGMAR	BRADBURY, Kristen, 90, ORCAS
7	2:56.33	ABAGMAR	DAKIN-KUIPER, Sierra, 91, LASC
8	2:56.88	BCSCMAR	NEWELL, Siobhan, 91, HYACK
9	2:57.41	EOSAFEB	STONEBRIDGE, Lesley, 91, NKB
10	2:58.44	BRANTNOV	LESLIE, Casey, 90, HWAC

400 m Ind. Medley

1	5:53.84	MBSKSFEB	MCCARTY, Kelsey, 90, KSS
2	6:11.50	SCARJAN	BROCKINGTON, Meghan, 91, OSHAC
3	6:17.18	ESWIMJAN	DAKERS, Kaylee, 91, COBRA
4	6:17.47	ESWIMJAN	KASPER, Kirsten, 91, NEW
5	6:23.61	HYACKJAN	NEWELL, Siobhan, 91, HYACK
6	6:25.62	ESWIMJAN	MENU-COUREY, Sasha, 91, ESWM
7	6:29.33	ESWIMJAN	HARRICHARAN, Alisha, 91, COBRA
8	6:32.18	ESWIMJAN	BRULE, Meredith, 91, LAC
9	6:44.91	KCSDEC	MATTHEWS, Deanna, 92, EKSC
10	6:49.57	AMACJAN	DUFOUR, Eilan, 91, AMAC

BOYS 10 & Under

50 m Freestyle

1	31.33	ABAGMAR	NELSON, Erik, 91, CASC
2	31.61	ONAGMAR	HARDING, Grant, 92, ROW
3	31.62	GOLDOCT	LOWENSTEIN, Michael, 90, CASC
4	31.95	ONAGMAR	RUBENCHIK, Darren, 91, CHAMP
5	32.12	ABAGMAR	KENDRICK, James, 91, CASC
6	32.28	ISSJAN	SUNDBY, Allan, 91, BOSS
7	32.37	ABAGMAR	TRICKETT, Chris, 91, RBSC
8	32.44	VACDEC	NG, Adrian, 91, RHAC
9	32.47	ONAGMAR	HUBERT, Colin, 90, CYPSS
10	32.58	ONAGMAR	SERWOTKA, Alex, 90, CYPSS

100 m Freestyle

1	1:07.57	KCSDEC	LOWENSTEIN, Michael, 90, CASC
2	1:09.13	ONAGMAR	RUBENCHIK, Darren, 91, CHAMP
3	1:10.27	VACDEC	NG, Adrian, 91, RHAC
4	1:11.06	UBCDOCT	CHAN, Hong-Kei, 90, UBDCD
5	1:11.10	ONAGMAR	HUBERT, Colin, 90, CYPSS
6	1:11.48	ONAGMAR	DESPOD, Frank, 91, BAD
7	1:11.58	PWINOV	WOODMAN, David, 90, MANTA
8	1:11.66	UBCDOCT	CHAN, Hong-Ting, 90, UBDCD
9	1:11.93	ONAGMAR	ZIELINSKI, Paul, 91, MSSAC
10	1:12.04	ONAGMAR	BAXTER, Troy, 91, NKB

200 m Freestyle

1	2:27.68	ONAGMAR	HUBERT, Colin, 90, CYPSS
2	2:29.62	KCSDEC	LOWENSTEIN, Michael, 90, CASC
3	2:30.54	ABAGMAR	NELSON, Erik, 91, CASC
4	2:30.88	ABAGMAR	KENDRICK, James, 91, CASC
5	2:31.00	ABAGMAR	WOLK, Karl, 91, EKSC
6	2:32.74	ONAGMAR	ZIELINSKI, Paul, 91, MSSAC
7	2:32.83	ONAGMAR	DESPOD, Frank, 91, BAD
8	2:32.85	BCSCMAR	GAVRIC, Marko, 91, UBDCD
9	2:33.44	ONAGMAR	RUBENCHIK, Darren, 91, CHAMP
10	2:33.80	ISCPUNOV	DAGNALL, Craig, 90, IS

400 m Freestyle

1	5:13.87	ONAGMAR	HUBERT, Colin, 90, CYPSS
2	5:15.22	ABAGMAR	KENDRICK, James, 91, CASC
3	5:16.73	KCSDEC	LOWENSTEIN, Michael, 90, CASC
4	5:17.02	ISCPUNOV	DAGNALL, Craig, 90, IS
5	5:17.76	ABAGMAR	WOLK, Karl, 91, EKSC
6	5:23.77	ABAGMAR	KREMER, Trace, 91, OSC
7	5:26.16	BCSCMAR	GAVRIC, Marko, 91, UBDCD
8	5:26.24	ONAGMAR	NELSON, Erik, 91, CASC
9	5:26.39	ONAGMAR	ZIELINSKI, Paul, 91, MSSAC
10	5:28.46	ONAGMAR	SERWOTKA, Alex, 90, CYPSS

1500 m Freestyle

1	20:46.97	BCSCMAR	GAVRIC, Marko, 91, UBDCD
2	21:10.94	ISCPUNOV	DAGNALL, Craig, 90, IS
3	26:52.77	MWUJAN	SEARS, Michael, 91, MWU

50 m Backstroke

1	35.24	ONAGMAR	LEE, Alex, 91, CHAMP
2	35.99	ONAGMAR	DESPOD, Frank, 91, BAD
3	36.14	ONAGMAR	RUBENCHIK, Darren, 91, CHAMP
4	36.42	ABAGMAR	KENDRICK, James, 91, CASC
5	36.91	GOLDOCT	LOWENSTEIN, Michael, 90, CASC
6	37.25	ONAGMAR	BUCK, Evan, 90, GMAC
7	37.82	LASCOCCT	NELSON, Erik, 91, CASC
8	38.01	ONAGMAR	SWANSTON, Matthew, 91, NEW
9	38.09	EKSCOCT	WOLK, Karl

TOP AGE GROUP TIMES

Rankings for the period
October 1, 2001 to March 10, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 SHORT COURSE TAG®

GIRLS 11 Years of Age

50 m Freestyle

- 29.09 UCSCJAN POMERLEAU, Kristin D, 90, DEL
- 29.12 QCAGMAR BLAIS-LAROCHE, Sarah, 90, RCA
- 29.13 MSSACNOV KIM, Miriam, 89, TSC
- 29.40 UCSCJAN OZAR, Brittany, 90, CASC
- 29.52 BCSCMAR RYAN, Chalene, 90, LLLSC
- 29.92 NYACDEC O'CONNOR, Elisha E, 89, NSA
- 29.95 BRANTNOV HODGSON, Kelly, 88, PCSC
- 30.22 AMACJAN WALKER, Dallas, 90, KSC
- 30.41 KCSDEC MURTON, Becca, 90, UBDC
- 30.47 ABAGMAR STODDART, Stephanie, 90, KSC

100 m Freestyle

- 1:04.09 MSSACNOV KIM, Miriam, 89, TSC
- 1:04.26 NYACDEC MCKINNON, Kaleigh, 90, NYAC
- 1:04.31 KCSDEC OZAR, Brittany, 90, CASC
- 1:04.70 BCSCMAR RYAN, Chalene, 90, LLLSC
- 1:04.79 UCSCJAN POMERLEAU, Kristin D, 90, DEL
- 1:05.13 BRANTNOV HODGSON, Kelly, 88, PCSC
- 1:05.47 ONAGMAR JURENOVSKIS, Andrea, 90, TMSC
- 1:06.14 ONAGMAR SLOAN, Patricia, 90, NEW
- 1:06.30 CBSOCT MURRAY, Laura, 89, SJL
- 1:06.60 MBSKSFEB BARNLUND, Eilyn, 90, MANTA

200 m Freestyle

- 2:15.29 QCAGMAR BLAIS-LAROCHE, Sarah, 90, RCA
- 2:18.55 SCARJAN MCKINNON, Kaleigh, 90, NYAC
- 2:18.75 KCSDEC OZAR, Brittany, 90, CASC
- 2:20.62 BRANTNOV HODGSON, Kelly, 88, PCSC
- 2:20.64 ONAGMAR HAGAN, Natalie, 90, ESWIM
- 2:22.16 ABAGMAR YOUNG, Megan, 90, FMSC
- 2:22.65 ONAGMAR SLOAN, Patricia, 90, NEW
- 2:22.96 SJLNOV MURRAY, Laura, 89, SJL
- 2:22.99 BRANTNOV LONG, Susan, 89, LAC
- 2:24.06 BCSCMAR RYAN, Chalene, 90, LLLSC

400 m Freestyle

- 4:40.62 ESWIMJAN MCKINNON, Kaleigh, 90, NYAC
- 4:46.87 QCAGMAR BLAIS-LAROCHE, Sarah, 90, RCA
- 4:48.64 MBSKSFEB OZAR, Brittany, 90, CASC
- 4:57.26 ONAGMAR HAGAN, Natalie, 90, ESWIM
- 5:00.46 OAKJAN AHRENS, Dayna, 90, ROW
- 5:00.78 GMACOCT MARTIN, Hope, 89, HWAC
- 5:02.43 MBSKSFEB YOUNG, Megan, 90, FMSC
- 5:02.91 ONAGMAR SLOAN, Patricia, 90, NEW
- 5:05.57 NYACDEC O'CONNOR, Elisha E, 89, NSA
- 5:07.03 ONAGMAR ZWART, Christine, 90, LAC

800 m Freestyle

- 9:49.19 NYACDEC MCKINNON, Kaleigh, 90, NYAC
- 10:03.41 GOLDOCT OZAR, Brittany, 90, CASC
- 10:19.21 ULREODEC BLAIS-LAROCHE, Sarah, 90, RCA
- 10:23.04 ISCPNOV POLAND, Danielle, 90, RAC
- 10:30.20 BCSCMAR LANDOLT, Shawnee, 90, JCS
- 10:30.73 PWINOV YOUNG, Megan, 90, FMSC
- 10:32.02 NYACDEC HAGAN, Natalie, 90, ESWIM
- 10:33.98 OAKJAN FREEMAN, Anna, 89, MSSAC
- 10:41.27 SJLNOV MURRAY, Laura, 89, SJL
- 10:43.49 MBSKSFEB STASIUK, Laura, 90, KSS

50 m Backstroke

- 33.09 MBSKSFEB OZAR, Brittany, 90, CASC
- 34.04 QCAGMAR FRANCIS, Dominique, 90, ENC
- 34.23 ONAGMAR HARRIMAN, Amy, 90, HWAC
- 34.77 UCSCJAN POMERLEAU, Kristin D, 90, DEL
- 34.91 SAMAKJAN LETOURNEAU, Aurelie, 90, ENC
- 34.94 ONAGMAR SLOAN, Patricia, 90, NEW
- 35.02 ONAGMAR DAILEY, Jennifer, 89, SSMAC
- 35.44 OAKJAN AHRENS, Dayna, 90, ROW
- 35.55 ULREODEC CARRIER-LESSARD, Catherine, 89, ULREO
- 35.68 ULREODEC ROY, Emilie, 90, KOTNO

100 m Backstroke

- 1:09.59 MBSKSFEB OZAR, Brittany, 90, CASC
- 1:11.92 MSSACNOV KIM, Miriam, 89, TSC
- 1:12.80 ONAGMAR HARRIMAN, Amy, 90, HWAC
- 1:13.95 BRANTNOV HODGSON, Kelly, 88, PCSC
- 1:14.37 BRANTNOV UNRUH, Kryssi, 89, HWAC
- 1:14.80 BCSCMAR RYAN, Chalene, 90, LLLSC
- 1:15.03 NEORPOCT O'CONNOR, Elisha E, 89, CT33
- 1:16.04 ESWIMJAN MCKINNON, Kaleigh, 90, NYAC
- 1:16.23 ONAGMAR MCINTYRE, Melanie, 90, MSSAC
- 1:16.38 ONAGMAR SUTCLIFFE, Alyce, 90, BST

200 m Backstroke

- 2:29.57 MBSKSFEB OZAR, Brittany, 90, CASC
- 2:35.02 NYACDEC O'CONNOR, Elisha E, 89, NSA
- 2:35.49 SAMAKJAN FRANCIS, Dominique, 90, ENC
- 2:35.89 MSSACNOV KIM, Miriam, 89, TSC
- 2:36.56 BRANTNOV UNRUH, Kryssi, 89, HWAC
- 2:36.82 ONAGMAR HAGAN, Natalie, 90, ESWIM
- 2:36.88 ONAGMAR HARRIMAN, Amy, 90, HWAC
- 2:37.41 BRANTNOV HODGSON, Kelly, 88, PCSC
- 2:40.44 ONAGMAR MCINTYRE, Melanie, 90, MSSAC
- 2:40.88 BRANTNOV LONG, Susan, 89, LAC

50 m Breaststroke

- 36.78 CNSHDEC TRUSWELL, Riley, 90, LAC
- 37.24 ABAGMAR KURCWAJ, Megan, 90, KSC
- 37.35 ABAGMAR ACHTYMICHUK, Madison, 90, ALB
- 38.03 ABAGMAR SNOODGRASS, Shelbi, 90, CASC

- 38.54 SAMAKJAN DUBOIS, Edith, 90, ENC
- 38.72 ULREONOV CARRIER-LESSARD, Catherine, 89, ULREO
- 38.91 ONAGMAR WILSON, Jennifer, 90, MSSAC
- 38.98 ONAGMAR RUSSELL, Kristi, 90, MAC
- 39.27 ABAGMAR CONIAH, Mahalia, 90, EKSC
- 39.87 NYACDEC LI, Kyra, 90, EAST

100 m Breaststroke

- 1:19.99 ONAGMAR TRUSWELL, Riley, 90, LAC
- 1:21.42 ABAGMAR SNOODGRASS, Shelbi, 90, CASC
- 1:22.11 ABAGMAR ACHTYMICHUK, Madison, 90, ALB
- 1:23.12 ABAGMAR KURCWAJ, Megan, 90, KSC
- 1:23.42 MBSKSFEB OZAR, Brittany, 90, CASC
- 1:23.95 PWINOV RICHARDS, Larissa, 90, ROD
- 1:24.45 BRANTNOV SCHUURMAN, Melissa, 90, WAC
- 1:25.59 OAKJAN SWITZER, Jessica, 90, MMSST
- 1:25.80 NYACDEC RUSSELL, Kristi, 90, MAC
- 1:26.04 NYACDEC LI, Kyra, 90, EAST

200 m Breaststroke

- 2:50.72 CNSHDEC TRUSWELL, Riley, 90, LAC
- 2:51.23 MBSKSFEB SNOODGRASS, Shelbi, 90, CASC
- 2:51.31 NYACDEC O'CONNOR, Elisha E, 89, NSA
- 2:54.20 ESWIMJAN MCKINNON, Kaleigh, 90, NYAC
- 2:56.66 MBSKSFEB OZAR, Brittany, 90, CASC
- 2:57.69 PWINOV RICHARDS, Larissa, 90, ROD
- 2:59.49 BRANTNOV LONG, Susan, 89, LAC
- 3:00.70 ONAGMAR WILSON, Jennifer, 90, MSSAC
- 3:01.18 NEORPOCT EMERY, Erin, 89, NBYT
- 3:01.50 ABAGMAR KURCWAJ, Megan, 90, KSC

50 m Butterfly

- 32.04 NYACDEC O'CONNOR, Elisha E, 89, NSA
- 32.19 MBSKSFEB BARNLUND, Eilyn, 90, MANTA
- 32.53 NYACDEC MCKINNON, Kaleigh, 90, NYAC
- 32.73 QCAGMAR PROVOST, Caroline, 90, CNHR
- 32.89 ONAGMAR HARRIMAN, Amy, 90, HWAC
- 32.90 UCSCJAN OZAR, Brittany, 90, CASC
- 32.96 ABAGMAR SNOODGRASS, Shelbi, 90, CASC
- 32.97 QCAGMAR FRANCIS, Dominique, 90, ENC
- 33.17 OAKJAN AHRENS, Dayna, 90, ROW
- 33.21 ABAGMAR UHLICH, Samantha, 90, CASC

100 m Butterfly

- 1:09.42 NYACDEC MCKINNON, Kaleigh, 90, NYAC
- 1:11.89 PWINOV BARNLUND, Eilyn, 90, MANTA
- 1:13.18 MBSKSFEB OZAR, Brittany, 90, CASC
- 1:13.40 ONAGMAR HAGAN, Natalie, 90, ESWIM
- 1:13.62 ABAGMAR UHLICH, Samantha, 90, CASC
- 1:14.15 ONAGMAR TRUSWELL, Riley, 90, LAC
- 1:14.20 OAKJAN AHRENS, Dayna, 90, ROW
- 1:14.50 BRANTNOV SCHUURMAN, Melissa, 90, WAC
- 1:14.92 UCSCJAN POMERLEAU, Kristin D, 90, DEL
- 1:14.96 ABAGMAR DELALOYE, Nicole, 90, EKSC

200 m Butterfly

- 2:29.20 NYACDEC MCKINNON, Kaleigh, 90, NYAC
- 2:32.95 NYACDEC O'CONNOR, Elisha E, 89, NSA
- 2:39.75 PWINOV BARNLUND, Eilyn, 90, MANTA
- 2:45.31 ABAGMAR UHLICH, Samantha, 90, CASC
- 2:46.26 MSSACNOV HAGAN, Natalie, 90, ESWIM
- 2:46.91 OAKJAN AHRENS, Dayna, 90, ROW
- 2:48.25 PWINOV STASIUK, Laura, 90, KSS
- 2:48.29 EOSAFEB O'SHEA, Annie, 90, GO
- 2:48.32 BRANTNOV LONG, Susan, 89, LAC
- 2:49.11 NYACDEC KONG, Carol, 89, TORCH

100 m Ind. Medley

- 1:14.92 GOLDOCT OZAR, Brittany, 90, CASC
- 1:15.05 ABAGMAR NEWTON, Danielle, 90, FMSC
- 1:16.46 CNSHDEC GAGNE, Christine, 90, ELITE
- 1:17.17 ABAGMAR ACHTYMICHUK, Madison, 90, ALB
- 1:17.28 ABAGMAR PAPE, Robyn, 90, NCSA
- 1:17.36 ESWIMOCT LONG, Susan, 89, LAC
- 1:18.28 MEGODEC DUBOIS, Edith, 90, ENC
- 1:18.57 PCSDEC SOUCISSE, Gabrielle, 90, BFB
- 1:19.10 ABAGMAR UHLICH, Samantha, 90, CASC
- 1:19.36 ESWIMOCT TRUSWELL, Riley, 90, LAC

200 m Ind. Medley

- 2:33.09 ESWIMJAN MCKINNON, Kaleigh, 90, NYAC
- 2:33.91 NYACDEC O'CONNOR, Elisha E, 89, NSA
- 2:34.97 KCSDEC OZAR, Brittany, 90, CASC
- 2:35.97 MSSACNOV KIM, Miriam, 89, TSC
- 2:38.86 ONAGMAR TRUSWELL, Riley, 90, LAC
- 2:38.96 ONAGMAR HAGAN, Natalie, 90, ESWIM
- 2:39.99 BRANTNOV LONG, Susan, 89, LAC
- 2:41.50 ABAGMAR UHLICH, Samantha, 90, CASC
- 2:41.55 OAKJAN AHRENS, Dayna, 90, ROW
- 2:41.81 BROCKOCT PAYNE, Chantique, 89, BRANT

400 m Ind. Medley

- 5:17.57 ESWIMJAN MCKINNON, Kaleigh, 90, NYAC
- 5:24.54 NYACDEC O'CONNOR, Elisha E, 89, NSA
- 5:29.07 KCSDEC OZAR, Brittany, 90, CASC
- 5:42.71 ESWIMJAN HAGAN, Natalie, 90, ESWIM
- 5:45.08 ABAGMAR UHLICH, Samantha, 90, CASC
- 5:45.10 ONCTFEB KONG, Carol, 89, TORCH
- 5:46.71 PWINOV YOUNG, Megan, 90, FMSC
- 5:48.19 MBSKSFEB SNOODGRASS, Shelbi, 90, CASC
- 5:50.30 MBSKSFEB RICHARDS, Larissa, 90, ROD
- 5:50.85 OAKJAN AHRENS, Dayna, 90, ROW

BOYS 11 Years of Age

50 m Freestyle

- 27.54 QCAGMAR BENOIT, Marc-Andre, 90, CNSH
- 29.18 ONAGMAR YOON, Kyungsoo, 90, NYAC
- 29.51 BCSCMAR KUDABA, Andre, 90, HYACK
- 29.53 ONAGMAR LEE, Jimmy, 90, WAC
- 29.74 BRANTNOV BIELBY, Steven, 89, PCSC
- 29.91 BRANTNOV PEPELEA, Cedric, 90, PCSC
- 30.15 ABAGMAR MAYBURY, Braden, 90, CASC
- 30.18 ONAGMAR WANG, Kenneth, 90, RHAC
- 30.22 ABAGMAR GODBEER, Matthew, 90, FMSC
- 30.35 ONAGMAR SAMUEL, Curtis, 90, OAK

100 m Freestyle

- 1:03.54 ESWIMJAN YOON, Kyungsoo, 90, NYAC
- 1:03.67 BCSCMAR KUDABA, Andre, 90, HYACK
- 1:05.14 BRANTNOV BIELBY, Steven, 89, PCSC
- 1:05.80 ABAGMAR LOWENSTEIN, Michael, 90, CASC
- 1:05.89 BCSCMAR HERGESHEIMER, Willem, 90, NRST
- 1:06.08 ABAGMAR SZOO, Jordie, 90, CASC
- 1:06.10 BRANTNOV TATIGIAN, Michael, 89, PCSC
- 1:06.24 ABAGMAR MAYBURY, Braden, 90, CASC
- 1:06.56 KCSDEC LUTSCH, Curtis, 90, UCSC
- 1:06.91 BRANTNOV ZAYED, Karim, 90, PCSC

200 m Freestyle

- 2:17.10 ONAGMAR YOON, Kyungsoo, 90, NYAC
- 2:17.80 BCSCMAR HERGESHEIMER, Willem, 90, NRST
- 2:17.88 ONAGMAR LEE, Jimmy, 90, WAC
- 2:20.11 QCAGMAR BENOIT, Marc-Andre, 90, CNSH
- 2:21.61 KCSDEC KUDABA, Andre, 90, HYACK
- 2:23.00 ONAGMAR COOMBS, Colin, 90, ESWIM
- 2:23.07 ABAGMAR MAYBURY, Braden, 90, CASC
- 2:23.13 QCAGMAR THIVIERGE, Jean-Francois, 90, REG
- 2:23.76 ABAGMAR SZOO, Jordie, 90, CASC
- 2:24.04 BRANTNOV BIELBY, Steven, 89, PCSC

400 m Freestyle

- 4:50.21 ONAGMAR YOON, Kyungsoo, 90, NYAC
- 4:50.62 ONAGMAR LEE, Jimmy, 90, WAC
- 4:52.87 BCSCMAR HERGESHEIMER, Willem, 90, NRST
- 4:55.54 GMACOCT BAILEY, Cameron, 89, HWAC
- 4:55.93 ONAGMAR COOMBS, Colin, 90, ESWIM
- 4:56.85 KCSDEC LUTSCH, Curtis, 90, UCSC
- 4:59.96 BCSCMAR KUDABA, Andre, 90, HYACK
- 5:00.00 BCSCMAR DAGNALL, Craig, 90, IS
- 5:01.56 ESWIMJAN TCHOUGAINOV, Feodor, 90, ESWIM
- 5:04.05 QCAGMAR RYAN, Hugues, 90, CNMN

1500 m Freestyle

- 19:03.69 BCSCMAR DAGNALL, Craig, 90, IS
- 19:25.31 ESWIMJAN TCHOUGAINOV, Feodor, 90, ESWIM
- 19:30.62 HURONDEC SUMMERHAYES, Zach, 90, RISC
- 19:38.69 ESWIMJAN COOMBS, Colin, 90, ESWIM
- 19:56.60 KCSDEC LUTSCH, Curtis, 90, UCSC
- 20:08.10 BCSCMAR HERGESHEIMER, Willem, 90, NRST
- 20:14.81 PWINOV FREEMAN, Keilan, 90, CP
- 20:15.05 QCAGMAR THIVIERGE, Jean-Francois, 90, REG
- 20:17.12 ABAGMAR OLSON, Erik, 90, OSC
- 20:20.97 MBSKSFEB MAYBURY, Braden, 90, CASC

50 m Backstroke

- 31.83 QCAGMAR BENOIT, Marc-Andre, 90, CNSH
- 32.02 ONAGMAR LEE, Jimmy, 90, WAC
- 34.92 ABAGMAR BLATTNER, Daniel, 90, CASC
- 35.12 ONAGMAR DUHAN, David, 90, OAK
- 35.23 ONAGMAR KARPOV, Nick, 90, VAC
- 35.25 ABAGMAR KENDRICK, Matthew, 90, CASC
- 35.45 ABAGMAR BERG, Ben, 90, RDSCS
- 35.51 ABAGMAR WENZEL, Stephen, 90, EKSC
- 35.70 ULREODEC FAUCHER, Hugo, 90, CNDR
- 35.89 CNMNJAN RYAN, Hugues, 90, CNMN

100 m Backstroke

- 1:08.10 ONAGMAR LEE, Jimmy, 90, WAC
- 1:10.37 BCSCMAR KUDABA, Andre, 90, HYACK
- 1:11.71 ABAGMAR LUTSCH, Curtis, 90, UCSC
- 1:13.37 BRANTNOV BIELBY, Steven, 89, PCSC
- 1:14.61 ABAGMAR MAYBURY, Braden, 90, CASC
- 1:15.24 ONAGMAR FORD, Andrew, 89, GMAC
- 1:15.60 BRANTNOV PEPELEA, Cedric, 90, PCSC
- 1:15.62 ABAGMAR BLATTNER, Daniel, 90, CASC
- 1:15.90 BCSCMAR TAPP, Charlie, 90, LOSC
- 1:16.02 ABAGMAR BERG, Ben, 90, RDSCS

200 m Backstroke

- 2:27.97 ONAGMAR LEE, Jimmy, 90, WAC
- 2:33.28 BCSCMAR KUDABA, Andre, 90, HYACK
- 2:33.62 ABAGMAR LUTSCH, Curtis, 90, UCSC
- 2:35.11 HURONDEC SUMMERHAYES, Zach, 90, RISC
- 2:36.60 ONAGMAR FORD, Andrew, 89, GMAC
- 2:36.89 ABAGMAR MAYBURY, Braden, 90, CASC
- 2:37.44 ESWIMJAN YOON, Kyungsoo, 90, NYAC
- 2:38.44 BRANTNOV BIELBY, Steven, 89, PCSC
- 2:39.34 BRANTNOV GROERER, Conor, 89, ROW
- 2:39.99 QCAGMAR RYAN, Hugues, 90, CNMN

50 m Breaststroke

- 37.42 QCAGMAR BENOIT, Marc-Andre, 90, CNSH
- 37.47 UCSCJAN LUTSCH, Curtis, 90, UCSC
- 38.89 ABAGMAR TSO, Kelly, 90, LASC
- 38.94 NYACDEC TCHOUGAINOV, Feodor, 90, ESWIM

- 40.01 ULREODEC CARON-MARQUIS, Charles, 90, CNOTY
- 40.10 CNSHDEC JOOSTEN, Bernard, 90, USC
- 40.14 ONAGMAR ALI, Ahmed, 90, SCAR
- 40.22 ONAGMAR SALTZBERRY, Steven, 90, TAT
- 40.53 CNPPOV PELLETIER-PLANT, Luc-Olivier, 90, CNPPO
- 40.63 CAMOCT HOULE, Jean-Philippe, 90, CNSH

100 m Breaststroke

- 1:20.16 BCSCMAR NG, Justin, 90, UBDC
- 1:20.79 HURONDEC SUMMERHAYES, Zach, 90, RISC
- 1:21.55 BCSCMAR CHAN, Julian, 90, UBDC
- 1:21.72 ABAGMAR LUTSCH, Curtis, 90, UCSC
- 1:22.79 NYACDEC TCHOUGAINOV, Feodor, 90, ESWIM
- 1:25.20 OAKJAN LAUGHTON, Brandon, 90, OAK
- 1:25.55 ONAGMAR WANG, Kenneth, 90, RHAC
- 1:26.10 MBSKSFEB BOISVERT, Simon, 90, CVAC
- 1:26.21 ABAGMAR TSO, Kelly, 90, LASC
- 1:26.46 KCSDEC DRIEDGER, Adam, 90, CASC

200 m Breaststroke

- 2:49.41 ABAGMAR LUTSCH, Curtis, 90, UCSC
- 2:52.54 BCSCMAR NG, Justin, 90, UBDC
- 2:52.80 HURONDEC SUMMERHAYES, Zach, 90, RISC
- 2:56.04 NYACDEC TCHOUGAINOV, Feodor, 90, ESWIM
- 2:58.26 BCSCMAR CHAN, Julian, 90, UBDC
- 2:59.65 BRANTNOV WOODHALL, Derek, 89, ROW
- 3:02.36 ONAGMAR WANG, Kenneth, 90, RHAC
- 3:02.92 BCSCMAR CHAN, Hong-Kei, 90, UBDC
- 3:02.97 BCSCMAR MORAN, Christopher, 90, PGB
- 3:03.09 ONAGMAR SALTZBERRY, Steven, 90, TAT

50 m Butterfly

- 30.87 ONAGMAR YOON, Kyungsoo, 90, NYAC
- 32.03 QCAGMAR BENOIT, Marc-Andre, 90, CNSH
- 32.87 ONAGMAR WANG, Kenneth, 90, RHAC
- 33.10 ONAGMAR SAMUEL, Curtis, 90, OAK
- 33.21 QCAGMAR RYAN, Hugues, 90, CNMN
- 33.42 ABAGMAR LOWENSTEIN, Michael, 90, CASC
- 33.89 ONAGMAR BLOCH-HANSEN, Andrew, 90, LAC
- 33.98 ABAGMAR BERG, Ben, 90, RDSCS
- 34.12 KCSDEC ZAYED, Karim, 90, PCSC
- 34.22 UCSCJAN LUTSCH, Curtis, 90, UCSC

100 m Butterfly

- 1:09.59 NYACDEC YOON, Kyungsoo, 90, NYAC
- 1:09.96 BCSCMAR KUDABA, Andre, 90, HYACK
- 1:12.10 BRANTNOV EARLEY, Matthew, 89, CYP5
- 1:12.54 GMACOCT MURBIDE, Patrick, 89, GMAC
- 1:12.73 ESWIMOCT LIU, Yi, 89, NYAC
- 1:14.63 ABAGMAR LOWENSTEIN, Michael, 90, CASC
- 1:15.18 BCSCMAR DAGNALL, Craig, 90, IS
- 1:15.35 ESWIMJAN TCHOUGAINOV, Feodor, 90, ESWIM
- 1:15.60 BRANTNOV LEE, Jimmy, 90, WAC
- 1:16.98 NYACDEC SAMUEL, Curtis, 90, OAK

200 m Butterfly

- 2:34.76 NYACDEC YOON, Kyungsoo, 90, NYAC
- 2:37.74 BRANTNOV EARLEY, Matthew, 89, CYP5
- 2:39.11 KCSDEC KUDABA, Andre, 90, HYACK
- 2:43.68 ESWIMJAN TCHOUGAINOV, Feodor, 90, ESWIM
- 2:43.97 BCSCMAR DAGNALL, Craig, 90, IS
- 2:45.44 HURONDEC SUMMERHAYES, Zach, 90, RISC
- 2:52.00 ABAGMAR LOWENSTEIN, Michael, 90, CASC
- 2:53.60 BCSCMAR DONALDSON, Colin, 90, WVOSC
- 2:53.53 OAKJAN SAMUEL, Curtis, 90, OAK
- 2:53.73 PWINOV FREEMAN, Keilan, 90, CP

100 m Ind. Medley

- 1:15.15 SAMAKJAN BENOIT, Marc-Andre, 90, CNSH
- 1:18.07 ULREONOV THIVIERGE, Jean-Francois, 90, REG
- 1:18.35 ABAGMAR BLATTNER, Daniel, 90, CASC
- 1:18.68 PCSDEC ZAYED, Karim, 90, PCSC
- 1:19.28 ABAGMAR SCHAEFFER, Ben, 90, BRSC
- 1:19.33 ABAGMAR GODBEER, Matthew, 90, FMSC
- 1:19.35 ABAGMAR HICKEY, Evan, 90, RDSCS
- 1:19.37 PCSDEC AYRE, Spencer, 90, PCSC
- 1:20.47 MEGODEC RYAN, Hugues, 90, CNMN
- 1:20.65 PCSDEC BLACH, Nicholas, 89, PCSC

200 m Ind. Medley</

TOP AGE GROUP TIMES

Rankings for the period
October 1, 2001 to March 10, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 SHORT COURSE TAG®

GIRLS 12 Years of Age

50 m Freestyle

1	27.49	NYACDEC	BUCKLAND, Brooke, 89, WTSC
2	28.14	KCSCDEC	POLLARD, Stephanie, 88, IS
3	28.24	KCSCDEC	JONES, Mackenzie, 89, CASC
4	28.52	MBSKSFEB	CHAN, Natalie, 89, UBUD
5	28.52	ULREONOV	DE LAROCHELIER, Elinne, 88, ULREO
6	28.58	QCAGMAR	HORNER, Stephanie, 89, BFB
7	28.64	ABAGMAR	KELLS, Andrea, 89, RDSCS
8	28.79	GOLDCT	WARDALE, Jessi, 88, CASC
9	28.81	MBSKSFEB	ROBSON, Brittany, 89, LASER
10	28.89	CNMJUAN	ACEVEDO, Edith, 89, CNMN

100 m Freestyle

1	1:00.31	NYACDEC	BUCKLAND, Brooke, 89, WTSC
2	1:01.02	KCSCDEC	JONES, Mackenzie, 89, CASC
3	1:01.11	KCSCDEC	POLLARD, Stephanie, 88, IS
4	1:01.15	MBSKSFEB	CHAN, Natalie, 89, UBUD
5	1:02.24	BSCSMAR	SELF, Jennifer, 89, UBUD
6	1:02.46	ABAGMAR	JENKINS, Kelsey, 89, FMSC
7	1:02.84	ABAGMAR	POMERLEAU, Kristin D, 90, DEL
8	1:03.16	BSCSMAR	BALFOUR, Cecile, 89, UBUD
9	1:03.51	ABAGMAR	OZAR, Brittany, 90, CASC
10	1:03.55	BSCSMAR	DAVIES, Jennifer, 89, TSUN

200 m Freestyle

1	2:10.17	ISCPUNOV	CHAN, Natalie, 89, UBUD
2	2:11.37	NYACDEC	BUCKLAND, Brooke, 89, WTSC
3	2:11.88	QCAGMAR	HORNER, Stephanie, 89, BFB
4	2:12.42	ONAGMAR	MCKINNON, Kaleigh, 90, NYAC
5	2:13.96	ISCPUNOV	POLLARD, Stephanie, 88, IS
6	2:14.70	BSCSMAR	SELF, Jennifer, 89, UBUD
7	2:15.45	PWINOV	JENKINS, Kelsey, 89, FMSC
8	2:16.05	PWINOV	KAPUSTIANYK, Courtney, 89, LASER
9	2:16.14	ONAGMAR	MCTEAGUE, Amanda, 89, ESWIM
10	2:16.38	CNMJUAN	ACEVEDO, Edith, 89, CNMN

400 m Freestyle

1	4:30.03	ISCPUNOV	CHAN, Natalie, 89, UBUD
2	4:37.68	HYACKJAN	LAVIGNA, Lauren, 89, GATORS
3	4:39.51	PCSCDEC	HORNER, Stephanie, 89, BFB
4	4:40.05	BSCSMAR	SELF, Jennifer, 89, UBUD
5	4:40.23	ONAGMAR	MCKINNON, Kaleigh, 90, NYAC
6	4:40.90	KCSCDEC	POLLARD, Stephanie, 88, IS
7	4:41.52	KCSCDEC	JONES, Mackenzie, 89, CASC
8	4:42.48	BSCSMAR	CREPJNAK, Jessica, 89, PSW
9	4:42.74	BSCSMAR	THOMPSON, Rheagan, 89, KISU
10	4:43.60	ABAGMAR	JENKINS, Kelsey, 89, FMSC

800 m Freestyle

1	9:14.76	ISCPUNOV	CHAN, Natalie, 89, UBUD
2	9:37.57	ONAGMAR	MCKINNON, Kaleigh, 90, NYAC
3	9:38.20	BSCSMAR	SELF, Jennifer, 89, UBUD
4	9:39.62	KCSCDEC	POLLARD, Stephanie, 88, IS
5	9:40.01	QCAGMAR	HORNER, Stephanie, 89, BFB
6	9:43.59	ONAGMAR	KOMARNYCKY, Alexa, 89, ESWIM
7	9:50.25	BSCSMAR	THOMPSON, Rheagan, 89, KISU
8	9:51.23	BSCSMAR	CREPJNAK, Jessica, 89, PSW
9	9:52.11	MBSKSFEB	GROSS, Sheena, 89, EKSC
10	9:52.41	ONAGMAR	MCTEAGUE, Amanda, 89, ESWIM

50 m Backstroke

1	30.11	EJRNATFEB	BUCKLAND, Brooke, 89, WTSC
2	32.83	MBSKSFEB	SELF, Jennifer, 89, UBUD
3	32.96	QCAGMAR	TAILLEFER, Vanessa, 89, DDO
4	33.19	PCSCDEC	HORNER, Stephanie, 89, BFB
5	33.24	GOLDCT	WARDALE, Jessi, 88, CASC
6	33.29	ABAGMAR	OZAR, Brittany, 90, CASC
7	33.35	NYACDEC	KIM, Miriam, 89, TSC
8	33.53	MBSKSFEB	GROSS, Sheena, 89, EKSC
9	33.52	PCSCDEC	NEASMITH, Alicia, 89, PCSC
10	33.67	CNSHDEC	BAXTER, Penny, 88, NKB

100 m Backstroke

1	1:04.33	EJRNATFEB	BUCKLAND, Brooke, 89, WTSC
2	1:08.30	BSCSMAR	SELF, Jennifer, 89, UBUD
3	1:09.77	BSCSMAR	THOM, Robyn, 89, UBUD
4	1:10.52	ISCPUNOV	CHAN, Natalie, 89, UBUD
5	1:10.61	ABAGMAR	OZAR, Brittany, 90, CASC
6	1:10.79	HYACKJAN	LAVIGNA, Lauren, 89, GATORS
7	1:10.83	ISCPUNOV	POLLARD, Stephanie, 88, IS
8	1:10.91	MBSKSFEB	KELLS, Andrea, 89, RDSCS
9	1:11.14	ONAGMAR	KIM, Miriam, 89, TSC
10	1:11.71	MBSKSFEB	GROSS, Sheena, 89, EKSC

200 m Backstroke

1	2:19.97	EJRNATFEB	BUCKLAND, Brooke, 89, WTSC
2	2:26.15	BSCSMAR	SELF, Jennifer, 89, UBUD
3	2:27.36	BSCSMAR	CREPJNAK, Jessica, 89, PSW
4	2:27.63	HYACKJAN	LAVIGNA, Lauren, 89, GATORS
5	2:28.13	ABAGMAR	OZAR, Brittany, 90, CASC
6	2:28.29	KCSCDEC	POLLARD, Stephanie, 88, IS
7	2:29.63	QCAGMAR	HORNER, Stephanie, 89, BFB
8	2:30.48	MBSKSFEB	GROSS, Sheena, 89, EKSC
9	2:30.77	ONAGMAR	CRAIG, Jessica, 89, TD
10	2:31.26	BSCSMAR	CHAPMAN, Kelsey, 89, PCB

50 m Breaststroke

1	35.83	EJRNATFEB	NEASMITH, Alicia, 89, PCSC
2	35.89	CNSHDEC	BAXTER, Penny, 88, NKB
3	36.26	ABAGMAR	HAHTO, Tara, 89, CASC
4	36.57	CNSHDEC	TREMBLAY, Katherine, 89, SAMAK

5	36.91	UCSCJAN	MORNINGSTAR, Erica, 89, CP
6	37.24	NYACDEC	BOUDREAU, Megan, 89, GO
7	37.43	NYACDEC	NOLAN, Caitlin, 89, CHAMP
8	37.53	ULREONOV	DE LAROCHELIER, Elinne, 88, ULREO
9	37.61	CNSHDEC	THOMPSON, Melanie, 89, USC
10	37.63	QCAGMAR	MCKINNON, Sabrina, 89, CNCB

100 m Breaststroke

1	1:18.12	EJRNATFEB	NEASMITH, Alicia, 89, PCSC
2	1:18.46	BSCSMAR	CREPJNAK, Jessica, 89, PSW
3	1:18.78	BSCSMAR	WERRY, Andrea, 89, SPART
4	1:19.17	ABAGMAR	HAHTO, Tara, 89, CASC
5	1:19.72	ONAGMAR	DICLEMENTE, Sabrina, 89, NYAC
6	1:20.06	UBCDOCT	CHAN, Natalie, 89, UBUD
7	1:20.36	BSCSMAR	CHAPMAN, Kelsey, 89, PCB
8	1:20.38	BSCSMAR	VANCE-GRIMARD, Danica, 89, HYACK
9	1:20.45	ONAGMAR	NOLAN, Caitlin, 89, CHAMP
10	1:20.74	NYACDEC	STITSKI, Monika, 89, ESWIM

200 m Breaststroke

1	2:42.89	EJRNATFEB	NEASMITH, Alicia, 89, PCSC
2	2:47.90	BSCSMAR	CREPJNAK, Jessica, 89, PSW
3	2:48.18	ABAGMAR	HAHTO, Tara, 89, CASC
4	2:48.57	ONAGMAR	STITSKI, Monika, 89, ESWIM
5	2:48.63	BSCSMAR	VANCE-GRIMARD, Danica, 89, HYACK
6	2:48.76	MSSACNOV	LAMBERT, Sacha, 88, TSC
7	2:48.91	BSCSMAR	CHAPMAN, Kelsey, 89, PCB
8	2:49.21	ONAGMAR	DICLEMENTE, Sabrina, 89, NYAC
9	2:50.04	ISCPUNOV	CHAN, Natalie, 89, UBUD
10	2:50.30	QCAGMAR	MCKINNON, Sabrina, 89, CNCB

50 m Butterfly

1	30.18	ABAGMAR	KELLS, Andrea, 89, RDSCS
2	30.77	NYACDEC	BUCKLAND, Brooke, 89, WTSC
3	30.79	QCAGMAR	HORNER, Stephanie, 89, BFB
4	31.44	MBSKSFEB	SELF, Jennifer, 89, UBUD
5	31.61	NYACDEC	HEANEY, Megan, 89, MSSAC
6	31.79	CNMJUAN	ACEVEDO, Edith, 89, CNMN
7	32.01	ABAGMAR	POMERLEAU, Kristin D, 90, DEL
8	32.04	QCAGMAR	TETREAULT, Alexandrine, 90, CNSH
9	32.40	ABAGMAR	O'HARA, Brianna, 89, LEDUC
10	32.42	NYACDEC	KIM, Miriam, 89, TSC

100 m Butterfly

1	1:06.17	ABAGMAR	KELLS, Andrea, 89, RDSCS
2	1:06.46	GMACOCT	MCKINNON, Kallee, 88, HWAC
3	1:06.67	KCSCDEC	POLLARD, Stephanie, 88, IS
4	1:07.55	GMACOCT	LAYLAND, Laura, 89, SKYAC
5	1:07.89	ONAGMAR	MCKINNON, Kaleigh, 90, NYAC
6	1:08.69	KCSCDEC	JONES, Mackenzie, 89, CASC
7	1:08.85	NYACDEC	BUCKLAND, Brooke, 89, WTSC
8	1:09.37	NYACDEC	HEANEY, Megan, 89, MSSAC
9	1:09.40	BSCSMAR	SELF, Jennifer, 89, UBUD
10	1:09.57	MBSKSFEB	KAPUSTIANYK, Courtney, 89, LASER

200 m Butterfly

1	2:26.93	ONAGMAR	MCKINNON, Kaleigh, 90, NYAC
2	2:29.58	MBSKSFEB	CHAN, Natalie, 89, UBUD
3	2:29.66	ABAGMAR	KELLS, Andrea, 89, RDSCS
4	2:31.18	KCSCDEC	POLLARD, Stephanie, 88, IS
5	2:32.29	HYACKJAN	LAVIGNA, Lauren, 89, GATORS
6	2:33.51	BSCSMAR	KOZAR, Cassie, 89, LCSC
7	2:34.37	MBSKSFEB	KAPUSTIANYK, Courtney, 89, LASER
8	2:36.75	ONAGMAR	MARTIN, Hope, 89, HWAC
9	2:37.60	BSCSMAR	VANCE-GRIMARD, Danica, 89, HYACK
10	2:38.14	BSCSMAR	CREPJNAK, Jessica, 89, PSW

100 m Ind. Medley

1	1:10.62	ABAGMAR	KELLS, Andrea, 89, RDSCS
2	1:11.28	PCSCDEC	NEASMITH, Alicia, 89, PCSC
3	1:12.83	MEGODEC	PLANTE, Myriam, 89, EXCEL
4	1:13.43	EOSAFEB	GILLESPIE, Lisa, 89, PERTH
5	1:13.76	CNSHDEC	LONG, Susan, 89, LAC
6	1:14.08	MACJAN	EMERY, Erin E, 89, NCSA
7	1:14.21	PCSCDEC	SELF, Jennifer, 89, UBUD
8	1:14.41	CNSHDEC	BAXTER, Penny, 88, NKB
9	1:14.57	CNSHDEC	OLIDIS, Kaitlin, 89, USC
10	1:14.74	ABAGMAR	OLSON, Brittany, 89, NCSA

200 m Ind. Medley

1	2:27.64	PCSCDEC	CHAN, Natalie, 89, UBUD
2	2:28.76	KCSCDEC	POLLARD, Stephanie, 88, IS
3	2:29.45	QCAGMAR	HORNER, Stephanie, 89, BFB
4	2:29.71	NYACDEC	BUCKLAND, Brooke, 89, WTSC
5	2:30.78	ABAGMAR	KELLS, Andrea, 89, RDSCS
6	2:31.94	ONAGMAR	MCKINNON, Kaleigh, 90, NYAC
7	2:33.01	NYACDEC	LAMBERT, Sacha, 88, TSC
8	2:33.10	BSCSMAR	CREPJNAK, Jessica, 89, PSW
9	2:33.18	ESWIMJAN	STITSKI, Monika, 89, ESWIM
10	2:33.60	BSCSMAR	CHAPMAN, Kelsey, 89, PCB

400 m Ind. Medley

1	5:10.67	PCSCDEC	CHAN, Natalie, 89, UBUD
2	5:13.87	EJRNATFEB	MCKINNON, Kaleigh, 90, NYAC
3	5:13.95	QCAGMAR	HORNER, Stephanie, 89, BFB
4	5:14.30	BSCSMAR	CREPJNAK, Jessica, 89, PSW
5	5:16.22	BSCSMAR	CHAPMAN, Kelsey, 89, PCB
6	5:17.23	KCSCDEC	POLLARD, Stephanie, 88, IS
7	5:21.47	ONAGMAR	KOMARNYCKY, Alexa, 89, ESWIM
8	5:22.32	BSCSMAR	VANCE-GRIMARD, Danica, 89, HYACK
9	5:24.03	KCSCDEC	JONES, Mackenzie, 89, CASC
10	5:25.15	ONAGMAR	STITSKI, Monika, 89, ESWIM

BOYS 12 Years of Age

50 m Freestyle

1	26.97	NSAGMAR	PYLE, Marc, 89, WTSC
2	27.25	ULREODEC	CYR-CORMIER, Claude-Jul, 89, LSNR
3	27.83	ONAGMAR	KWOK, Kevin, 89, RHAC
4	27.99	MBSKSFEB	BERRNS, Nick, 89, LASER
5	28.27	ONAGMAR	THRALL, Sam, 89, OAK
6	28.27	QCAGMAR	OCHIAI, Jason, 89, DDO
7	28.39	ABAGMAR	MAXEY, Taylor, 89, CASC
8	28.57	NSAGMAR	VAUGHAN, Parker, 89, DCSC
9	28.63	KCSCDEC	KIMAK, Sean, 89, BRSA
10	28.66	NYACDEC	BROWN, Alex, 89, DUCKS

100 m Freestyle

1	58.93	NSAGMAR	PYLE, Marc, 89, WTSC
2	59.82	ONAGMAR	KWOK, Kevin, 89, RHAC
3	1:00.82	ONAGMAR	THRALL, Sam, 89, OAK
4	1:00.85	MBSKSFEB	BERRNS, Nick, 89, LASER
5	1:01.92	ABAGMAR	MAXEY, Taylor, 89, CASC
6	1:02.20	EKSCNOV	BERG, Sam, 88, RDSCS
7	1:02.47	ONAGMAR	BYRON, Chase, 88, GMAC
8	1:02.59	NYACDEC	VAUGHAN, Parker, 89, EAST
9	1:02.68	ABAGMAR	TANNINEN, Christopher, 89, EKSC
10	1:02.81	ESWIMJAN	LAPORTE, Doug, 89, COBRA

200 m Freestyle

1	2:06.90	MEGODEC	BLOUIN, Jonathan, 89, CSQ
2	2:09.37	NSAGMAR	PYLE, Marc, 89, WTSC
3	2:10.71	MBSKSFEB	BERRNS, Nick, 89, LASER
4	2:11.67	ONAGMAR	THRALL, Sam, 89, OAK
5	2:12.53	QCAGMAR	GAGNON, Guillaume, 89, CNCB
6	2:13.62	ONAGMAR	KWOK, Kevin, 89, RHAC
7	2:14.52	ONAGMAR	BAILEY, Cameron, 89, HWAC
8	2:14.76	QCAGMAR	OCHIAI, Jason, 89, DDO
9	2:15.10	NYACDEC	GRIFFITHS, Alex, 89, PICK
10	2:15.88	NYACDEC	VAUGHAN, Parker, 89, EAST

400 m Freestyle

1	4:28.43	MEGODEC	BLOUIN, Jonathan, 89, CSQ
2	4:39.09	MBSKSFEB	BERRNS, Nick, 89, LASER
3	4:40.86	ONAGMAR	BAILEY, Cameron, 89, HWAC
4	4:43.75	ONAGMAR	THRALL, Sam, 89, OAK
5	4:44.59	BSCSMAR	LOCKHART, Sandy, 89, UBUD
6	4:45.95	BSCSMAR	MANJOLVIC-KOLARSKI, Mirko, 89, UBUD
7	4:50.18	PCSCDEC	BIELBY, Steven, 89, PCSC
8	4:50.19	PCSCDEC	GETMAN, Kyr, 89, UBUD
9	4:50.77	KCSCDEC	HALVERSON, A J, 89, BRSA
10	4:51.28	ONAGMAR	KWOK, Kevin, 89, RHAC

1500 m Freestyle

1	17:44.85	ULREONOV	BLOUIN, Jonathan, 89, CSQ
2	18:33.53	ONAGMAR	BAILEY, Cameron, 89, HWAC
3	18:35.94	BSCSMAR	LOCKHART, Sandy,

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Rankings for the period
October 1, 2001 to March 10, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 SHORT COURSE TAG®

GIRLS 13 Years of Age

50 m Freestyle

1	26.78	EJRNATFEB MITCHELL, Seanna, 88, NKB
2	27.68	ONAGMAR MCADAM, Nadine, 88, TSC
3	27.73	NSAGMAR BUCKLAND, Brooke, 89, WTSC
4	27.83	ABAGMAR SYMES, Katerina, 88, EKSC
5	27.93	BSCSMAR BEATON, Erica, 88, HYACK
6	28.00	BSCSMAR CHAN, Natalie, 89, UBCCD
7	28.03	CNSHDEC RICH, Whitney, 88, LAC
8	28.06	UCSCJAN JONES, Mackenzie, 89, CASC
9	28.16	ONAGMAR WONG, Emily, 88, NKB
10	28.18	KCSDEC WARDALE, Jessi, 88, CASC

100 m Freestyle

1	59.02	ONSRDEC MITCHELL, Seanna, 88, NKB
2	59.73	ONAGMAR MCADAM, Nadine, 88, TSC
3	59.89	BSCSMAR BEATON, Erica, 88, HYACK
4	59.97	BSCSMAR CHAN, Natalie, 89, UBCCD
5	1:00.05	ABAGMAR SYMES, Katerina, 88, EKSC
6	1:00.22	ABAGMAR JONES, Mackenzie, 89, CASC
7	1:00.34	WJRNATFEB POLLARD, Stephanie, 88, IS
8	1:00.37	BSCSMAR BEAUDRY, Maya, 88, UBCCD
9	1:00.85	NSAGMAR BUCKLAND, Brooke, 89, WTSC
10	1:01.03	ONAGMAR PHEE, Sarah, 88, GO

200 m Freestyle

1	2:07.01	BSCSMAR CHAN, Natalie, 89, UBCCD
2	2:09.68	BSCSMAR BEAUDRY, Maya, 88, UBCCD
3	2:10.27	PCSCDEC JOHNSON, Kathryn, 88, UBCCD
4	2:10.91	BSCSMAR POLLARD, Stephanie, 88, IS
5	2:11.08	ONSRDEC MITCHELL, Seanna, 88, NKB
6	2:12.01	ONAGMAR PHEE, Sarah, 88, GO
7	2:12.93	OAKJAN HINSON, Adriana, 88, TAT
8	2:12.97	NYACDEC MCADAM, Nadine, 88, TSC
9	2:12.99	BSCSMAR BEATON, Erica, 88, HYACK
10	2:13.43	ABAGMAR STILLING, Joanie, 88, GLEN

400 m Freestyle

1	4:24.68	BSCSMAR CHAN, Natalie, 89, UBCCD
2	4:29.03	WJRNATFEB JOHNSON, Kathryn, 88, UBCCD
3	4:32.44	WJRNATFEB LAVIGNA, Lauren, 89, GATORS
4	4:33.03	BSCSMAR BEAUDRY, Maya, 88, UBCCD
5	4:34.22	BSCSMAR POLLARD, Stephanie, 88, IS
6	4:39.67	ONAGMAR MITCHELL, Seanna, 88, NKB
7	4:40.10	ONAGMAR LACOSTE, Nicole, 88, MSSAC
8	4:40.39	PWINOV TRAA, Hailee, 88, MAINTA
9	4:41.27	ONAGMAR MCADAM, Nadine, 88, TSC
10	4:42.13	ABAGMAR JONES, Mackenzie, 89, CASC

800 m Freestyle

1	9:06.42	BSCSMAR CHAN, Natalie, 89, UBCCD
2	9:09.09	BSCSMAR JOHNSON, Kathryn, 88, UBCCD
3	9:18.84	WJRNATFEB LAVIGNA, Lauren, 89, GATORS
4	9:27.79	BSCSMAR POLLARD, Stephanie, 88, IS
5	9:30.10	WJRNATFEB TRAA, Hailee, 88, MAINTA
6	9:32.93	EJRNATFEB HINSON, Adriana, 88, TAT
7	9:38.74	OCUPJAN OBAS, Katrina, 88, NKB
8	9:41.41	BSCSMAR SCHMUCK, Annika, 88, PSW
9	9:42.15	MBSKSFEB YOUNG, Glenna, 88, FMSC
10	9:42.76	BSCSMAR ROTH, Hollis, 88, IS

50 m Backstroke

1	32.10	ABAGMAR SYMES, Katerina, 88, EKSC
2	32.12	UCSCJAN TYLER, Jillian, 88, CASC
3	32.12	ABAGMAR MULLINS, Jillian, 88, FMSC
4	32.21	QCAGMAR PLANTE, Myriam, 89, EXCEL
5	32.47	ABAGMAR BUCZKOWSKI, Whitney, 88, KSC
6	32.51	EKSCBOCT HOEKSTRA, Mallory, 87, EKSC
7	32.56	NYACDEC REILLY, Caitlin, 88, UPCAN
8	32.76	ULREONOV LEFINE, Marilou, 88, CAMO
9	32.87	ABAGMAR WARDALE, Jessi, 88, CASC
10	32.95	CNSHDEC BAXTER, Tara, 87, NKB

100 m Backstroke

1	1:07.15	NSAGMAR BUCKLAND, Brooke, 89, WTSC
2	1:08.26	GOLDOCT HOEKSTRA, Mallory, 87, EKSC
3	1:08.28	KCSDEC SYMES, Katerina, 88, EKSC
4	1:08.58	BSCSMAR POLLARD, Stephanie, 88, IS
5	1:08.66	KCSDEC STILLING, Joanie, 88, BRSA
6	1:08.73	ONAGMAR TAN, Victoria, 88, WAC
7	1:08.79	KCSDEC KOTLOWSKI, Katie, 88, PSW
8	1:08.90	ONAGMAR LYNCH, Sarah, 88, TRENT
9	1:09.13	NKBJAN MITCHELL, Seanna, 88, NKB
10	1:09.46	NYACJAN PERRY, Meghann, 88, WAC

200 m Backstroke

1	2:23.62	NSAGMAR BUCKLAND, Brooke, 89, WTSC
2	2:23.66	KCSDEC KOTLOWSKI, Katie, 88, PSW
3	2:23.97	GOLDOCT HOEKSTRA, Mallory, 87, EKSC
4	2:25.67	WJRNATFEB LAVIGNA, Lauren, 89, GATORS
5	2:25.71	BSCSMAR POLLARD, Stephanie, 88, IS
6	2:25.76	KCSDEC STILLING, Joanie, 88, BRSA
7	2:26.26	WJRNATFEB JOHNSON, Kathryn, 88, UBCCD
8	2:29.18	ONAGMAR TAN, Victoria, 88, WAC
9	2:29.30	ONAGMAR BUENBRAZO, Patricia, 88, ESWMW
10	2:29.75	ONAGMAR LYNCH, Sarah, 88, TRENT

50 m Breaststroke

1	34.91	EJRNATFEB KIERSTEAD, Morgan, 88, AQUA
2	35.07	QCAGMAR BONSANT, Claudia, 88, EXCEL
3	35.24	ABAGMAR WALKER, Lauren, 88, OSC
4	35.64	EJRNATFEB CREVIER, Genevieve, 88, CNHR

5	35.64	EJRNATFEB CHAN, Rachel, 88, TO
6	35.82	WJRNATFEB MACLEOD, Donna, 88, EKSC
7	35.87	WJRNATFEB PIERSE, Hanna, 88, EKSC
8	35.91	ABAGMAR MORNINGSTAR, Erica, 89, CP
9	35.93	CNSHDEC OBAS, Katrina, 88, NKB
10	35.97	CNSHDEC TREMBLAY, Mireille, 88, CNCB

100 m Breaststroke

1	1:13.98	ESWIMJAN RICH, Whitney, 88, LAC
2	1:14.67	ABAGMAR WALKER, Lauren, 88, OSC
3	1:15.93	NKBJAN OBAS, Katrina, 88, NKB
4	1:15.93	NYACDEC KIERSTEAD, Morgan, 88, AQUA
5	1:16.19	KCSDEC SYMES, Katerina, 88, EKSC
6	1:16.54	ONAGMAR CHAN, Rachel, 88, MSSAC
7	1:16.65	ONAGMAR PLATA, Jessica, 88, OAK
8	1:16.70	KCSDEC MACLEOD, Donna, 88, EKSC
9	1:16.88	WJRNATFEB PIERSE, Hanna, 88, EKSC
10	1:17.03	EJRNATFEB CREVIER, Genevieve, 88, CNHR

200 m Breaststroke

1	2:36.62	CNSHDEC RICH, Whitney, 88, LAC
2	2:40.83	WJRNATFEB PIERSE, Hanna, 88, EKSC
3	2:41.43	QCAGMAR BONSANT, Claudia, 88, EXCEL
4	2:42.25	EJRNATFEB KIERSTEAD, Morgan, 88, AQUA
5	2:42.37	ONAGMAR LAMBERT, Sacha, 88, TSC
6	2:42.52	ONAGMAR CHAN, Rachel, 88, MSSAC
7	2:43.05	CNSHDEC TREMBLAY, Mireille, 88, CNCB
8	2:44.07	OCUPJAN OBAS, Katrina, 88, NKB
9	2:44.24	MEGODEC CREVIER, Genevieve, 88, CNHR
10	2:44.27	ABSRFEB MACLEOD, Donna, 88, EKSC

50 m Butterfly

1	30.38	UCSCJAN JONES, Mackenzie, 89, CASC
2	30.39	ABAGMAR MULLINS, Jillian, 88, FMSC
3	30.80	CNSHDEC BAXTER, Tara, 87, NKB
4	30.82	NYACDEC KLOOSTERMAN, Rachael, 88, WD
5	30.89	ABAGMAR TYLER, Jillian, 88, CASC
6	30.99	PCSCDEC CHOW, Alice, 88, PCSC
7	31.06	UCSCJAN TKACHUK, Jennifer, 88, OSC
8	31.06	ABAGMAR MACLEOD, Donna, 88, EKSC
9	31.12	MBSKSFEB WARDALE, Jessi, 88, CASC
10	31.25	MEGODEC BLEAU, Marie-Pier, 88, CNHR

100 m Butterfly

1	1:06.83	GMACOCT LAWRENCE, Claire, 87, HWAC
2	1:06.95	ESWIMJAN RICH, Whitney, 88, LAC
3	1:07.14	ONSRDEC PIMM, Robyn, 87, RHAC
4	1:07.27	WJRNATFEB POLLARD, Stephanie, 88, IS
5	1:07.75	ONAGMAR KLOOSTERMAN, Rachael, 88, WD
6	1:07.78	GMACOCT LITTLE, Sara, 88, SKYAC
7	1:07.80	LASCOCT READY, Carleen, 87, LASC
8	1:07.94	KCSDEC KOTLOWSKI, Katie, 88, PSW
9	1:08.00	ABAGMAR JONES, Mackenzie, 89, CASC
10	1:08.12	BSCSMAR ROTH, Hollis, 88, IS

200 m Butterfly

1	2:26.31	ONSRDEC PIMM, Robyn, 87, RHAC
2	2:27.17	WJRNATFEB YOUNG, Glenna, 88, FMSC
3	2:28.81	CNSHDEC RICH, Whitney, 88, LAC
4	2:28.53	KCSDEC KOTLOWSKI, Katie, 88, PSW
5	2:30.23	LASCOCT READY, Carleen, 87, LASC
6	2:30.37	ONAGMAR KLOOSTERMAN, Rachael, 88, WD
7	2:30.75	WJRNATFEB CHAN, Natalie, 89, UBCCD
8	2:30.80	BSCSMAR POLLARD, Stephanie, 88, IS
9	2:31.28	WJRNATFEB LAVIGNA, Lauren, 89, GATORS
10	2:31.38	PCSCDEC JOHNSON, Kathryn, 88, UBCCD

100 m Ind. Medley

1	1:07.48	ABAGMAR WALKER, Lauren, 88, OSC
2	1:08.33	ABAGMAR SYMES, Katerina, 88, EKSC
3	1:10.13	PCSCDEC CHOW, Alice, 88, PCSC
4	1:10.31	ABAGMAR MACLEOD, Donna, 88, EKSC
5	1:10.32	CNSHDEC BAXTER, Tara, 87, NKB
6	1:10.39	ABAGMAR TYLER, Jillian, 88, CASC
7	1:11.72	ABAGMAR BENINGER, Stephanie, 88, CASC
8	1:11.90	EKSCBOCT HOEKSTRA, Mallory, 87, EKSC
9	1:12.51	ABAGMAR MULLINS, Jillian, 88, FMSC
10	1:12.67	ABAGMAR SAYLES, Rebecca, 88, CASC

200 m Ind. Medley

1	2:23.85	CNSHDEC RICH, Whitney, 88, LAC
2	2:27.23	WJRNATFEB POLLARD, Stephanie, 88, IS
3	2:27.97	BSCSMAR CHAN, Natalie, 89, UBCCD
4	2:28.40	WJRNATFEB SYMES, Katerina, 88, EKSC
5	2:28.85	OCUPJAN MITCHELL, Seanna, 88, NKB
6	2:29.19	ABAGMAR WALKER, Lauren, 88, OSC
7	2:29.58	NSAGMAR BUCKLAND, Brooke, 89, WTSC
8	2:29.75	LASCOCT READY, Carleen, 87, LASC
9	2:29.77	EJRNATFEB LOW, Kristin, 88, THO
10	2:30.34	CNSHDEC TREMBLAY, Mireille, 88, CNCB

400 m Ind. Medley

1	5:05.94	CNSHDEC RICH, Whitney, 88, LAC
2	5:08.64	BSCSMAR CHAN, Natalie, 89, UBCCD
3	5:13.16	WJRNATFEB LAVIGNA, Lauren, 89, GATORS
4	5:13.71	KCSDEC KOTLOWSKI, Katie, 88, PSW
5	5:16.14	BSCSMAR ROTH, Hollis, 88, IS
6	5:16.50	ABAGMAR WALKER, Lauren, 88, OSC
7	5:16.74	EJRNATFEB LOW, Kristin, 88, THO
8	5:17.26	WJRNATFEB POLLARD, Stephanie, 88, IS
9	5:18.54	MBSKSFEB TRAA, Hailee, 88, MAINTA
10	5:18.79	CNSHDEC TREMBLAY, Mireille, 88, CNCB

BOYS 13 Years of Age

50 m Freestyle

1	26.01	CNSHDEC BOIS, Mathieu, 88, HIPPO
2	26.09	KCSDEC GRANT, Lee, 88, UCSC
3	26.15	BSCSMAR GROSSMAN, Kurt, 88, PN
4	26.38	BRANTNOV KAPITAN, Matt, 88, COBRA
5	26.41	ONAGMAR GOW, Ryan, 88, TRENT
6	26.45	ABAGMAR DEMCHUK, Nathan, 88, EKSC
7	26.50	ONSRDEC NIEDZIELSKI, Nelson, 87, MSSAC
8	26.51	KCSDEC GREENSHIELDS, Joel, 88, RDSCC
9	26.84	NYACDEC MACAULAY, Daniel, 88, EAST
10	26.86	BSCSMAR TAPP, Jake, 88, LOSC

100 m Freestyle

1	56.28	ONAGMAR GOW, Ryan, 88, TRENT
2	57.22	ABAGMAR DEMCHUK, Nathan, 88, EKSC
3	57.39	ONAGMAR PRAJOGO, Yonathan, 88, COBRA
4	57.89	BRANTNOV KAPITAN, Matt, 88, COBRA
5	57.97	KCSDEC GREENSHIELDS, Joel, 88, RDSCC
6	58.52	ONAGMAR CUCH, Patrick, 88, ESWMW
7	58.53	NYACDEC MACAULAY, Daniel, 88, EAST
8	58.61	OAKJAN PARKER, Mauro, 88, OAK
9	58.62	BSCSMAR GROSSMAN, Kurt, 88, PN
10	58.72	KCSDEC GRANT, Lee, 88, UCSC

200 m Freestyle

1	2:02.93	ONAGMAR GOW, Ryan, 88, TRENT
2	2:03.19	ABAGMAR GREENSHIELDS, Joel, 88, RDSCC
3	2:03.56	QCAGMAR BOIS, Mathieu, 88, HIPPO
4	2:04.41	ONSRDEC NIEDZIELSKI, Nelson, 87, MSSAC
5	2:04.66	NYACDEC MACAULAY, Daniel, 88, EAST
6	2:04.74	ONAGMAR PRAJOGO, Yonathan, 88, COBRA
7	2:05.45	ONAGMAR MONGER, David, 88, BROCK
8	2:06.07	ONAGMAR BOWEN, Peter, 88, GO
9	2:06.37	ONAGMAR CUCH, Patrick, 88, ESWMW
10	2:06.58	ULREODEC MURRAY, Francois-Pierre, 88, CNDR

400 m Freestyle

1	4:17.55	KCSDEC GREENSHIELDS, Joel, 88, RDSCC
2	4:22.44	ONAGMAR GOW, Ryan, 88, TRENT
3	4:23.58	MEGODEC LALIBERTE, Renaud, 88, EXCEL
4	4:23.73	ONAGMAR MONGER, David, 88, BROCK
5	4:25.48	QCAGMAR BLOUIN, Jonathan, 89, CSQ
6	4:27.70	ISCPUNOV VERWEY, Matthew, 88, RDSCC
7	4:27.78	NYACDEC MACAULAY, Daniel, 88, EAST
8	4:28.74	ESWIMJAN CUCH, Patrick, 88, ESWMW
9	4:29.27	NYACDEC PARKER, Mauro, 88, OAK
10	4:29.46	ULREODEC MURRAY, Francois-Pierre, 88, CNDR

1500 m Freestyle

1	17:07.01	ONSRDEC NIEDZIELSKI, Nelson, 87, MSSAC
2	17:13.95	MBSKSFEB GREENSHIELDS, Joel, 88, RDSCC
3	17:21.36	ISCPUNOV VERWEY, Matthew, 88, RDSCC
4	17:33.28	MEGODEC LALIBERTE, Renaud, 88, EXCEL
5	17:33.37	ISCPUNOV WIGGANS, Chris, 87, UBCCD
6	17:34.74	BSCSMAR COCHRANE, Ryan, 88, IS
7	17:40.04	QCAGMAR BLOUIN, Jonathan, 89, CSQ
8	17:41.01	NYACDEC MACAULAY, Daniel, 88, EAST
9	17:46.10	ONAGMAR GOW, Ryan, 88, TRENT
10	17:46.14	BSCSMAR DOWNING, Patrick, 88, HYACK

50 m Backstroke

1	29.96	MBSKSFEB GREENSHIELDS, Joel, 88, RDSCC
2	30.12	CNSHDEC BOIS, Mathieu, 88, HIPPO
3	30.19	NYACDEC RUBACHA, Steven, 88, MSSAC
4	30.60	QCAGMAR CYR-CORMIER, Claude-Julien, 89, LSNR
5	31.22	NYACDEC JONES, Kevin, 88, OAK
6	31.37	MEGODEC ANGERS, Sebastien, 87, CASE
7	31.39	ABAGMAR CHAN, Matthew, 88, STSC
8	31.53	ABAGMAR KIMAK, Sean, 89, GLEN
9	31.56	NYACDEC TAYLOR, Mark, 87, MSSAC
10	31.67	MBSKSFEB RICHTER, Brett, 88, ROD

100 m Backstroke

1	1:03.79	ABAGMAR DEMCHUK, Nathan, 88, EKSC
2		

TOP AGE GROUP TIMES

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2002 SHORT COURSE TAG®

GIRLS 14 Years of Age

50 m Freestyle

1	26.26	OCAGMAR SAUMUR, Genevieve, 87, CAMO
2	26.38	EJRNATFEB WILKINSON, Julia, 87, SKYAC
3	26.81	EJRNATFEB BENNETT, Allison, 87, NYAC
4	26.93	ABAGMAR POMERLEAU, Kirsten L, 87, DEL
5	26.98	WJRNATFEB PASLOSKI, Lynsey, 87, WGB
6	27.26	NYACDEC KUMENTAS, Nadia, 87, WD
7	27.35	ONAGMAR GILLESPIE, Emily, 87, PERTH
8	27.41	EJRNATFEB DIFAZIO, Justina, 87, TO
9	27.42	MBSKSFEB TOOGOOD, Julianne, 87, MM
10	27.46	NYACDEC ARMSTRONG, Danielle, 87, TAT

100 m Freestyle

1	57.94	EJRNATFEB BENNETT, Allison, 87, NYAC
2	58.38	ONAGMAR GILLESPIE, Emily, 87, PERTH
3	58.41	NYACDEC KUMENTAS, Nadia, 87, WD
4	58.47	OCUPJIAN SAUMUR, Genevieve, 87, CAMO
5	58.66	BSCSMAR PASLOSKI, Lynsey, 87, WGB
6	58.69	EJRNATFEB BLAKNEY, Tara, 87, CVAC
7	58.76	ONAGMAR WILKINSON, Julia, 87, SKYAC
8	58.99	ONAGMAR MORDEN, Marlee, 87, BOS
9	59.18	BSCSMAR REIMER, Brittany, 88, SKSC
10	59.44	PWINOVO TOOGOOD, Julianne, 87, MM

200 m Freestyle

1	2:05.89	BSCSMAR REIMER, Brittany, 88, SKSC
2	2:06.32	ONAGMAR JELEN, Jody, 87, ESWIM
3	2:07.30	NYACDEC BENNETT, Allison, 87, NYAC
4	2:07.40	NYACDEC BLAKNEY, Tara, 87, CVAC
5	2:07.45	ONAGMAR GILLESPIE, Emily, 87, PERTH
6	2:08.02	CNSHDEC SAUMUR, Genevieve, 87, CAMO
7	2:08.46	ONSRDEC DUDAR, Elyse, 86, MSSAC
8	2:08.56	WJRNATFEB BELL, Amanda, 88, SPART
9	2:08.68	ONAGMAR MORDEN, Marlee, 87, BOS
10	2:09.12	ONAGMAR CROUCHER, Meghan, 87, NEW

400 m Freestyle

1	4:18.53	WJRNATFEB REIMER, Brittany, 88, SKSC
2	4:22.71	NYACDEC HALEY, Bevan, 87, WTSC
3	4:23.96	NYACDEC DUDAR, Elyse, 86, MSSAC
4	4:24.26	WJRNATFEB BELL, Amanda, 88, SPART
5	4:27.15	BSCSMAR SCHMUCK, Anne, 87, PSW
6	4:30.92	ONAGMAR MACLEOD, Jamie, 87, ESWIM
7	4:32.83	NYACDEC BLAKNEY, Tara, 87, CVAC
8	4:33.56	ONAGMAR CROUCHER, Meghan, 87, NEW
9	4:35.11	KCSDEC HOEKSTRA, Mallory, 87, EKSC
10	4:35.31	ONSRDEC GILLESPIE, Emily, 87, PERTH

800 m Freestyle

1	8:49.63	WJRNATFEB REIMER, Brittany, 88, SKSC
2	8:58.04	NYACDEC DUDAR, Elyse, 86, MSSAC
3	8:58.92	BSCSMAR BELL, Amanda, 88, SPART
4	8:59.62	ONSRDEC HALEY, Bevan, 87, WTSC
5	9:08.85	WJRNATFEB SCHMUCK, Anne, 87, PSW
6	9:15.44	EJRNATFEB JELEN, Jody, 87, ESWIM
7	9:18.16	OCAGMAR SAUMUR, Genevieve, 87, CAMO
8	9:19.85	EJRNATFEB MACLEOD, Jamie, 87, ESWIM
9	9:25.90	EJRNATFEB LONG, Amanda, 87, LAC
10	9:29.29	NYACDEC BENNETT, Allison, 87, NYAC

50 m Backstroke

1	29.96	CNSHDEC SAUMUR, Genevieve, 87, CAMO
2	30.08	ONSRDEC BARTLETT, Melissa, 86, CYP
3	30.40	ONSRDEC GILLESPIE, Emily, 87, PERTH
4	30.52	EJRNATFEB MACLAUCHLAN, Jenn, 87, NEW
5	30.72	EJRNATFEB HUBERT, Alyssa, 87, CYP
6	30.76	WJRNATFEB YESTRAU, Landice, 87, MM
7	31.02	WJRNATFEB HOEKSTRA, Mallory, 87, EKSC
8	31.09	ABAGMAR POMERLEAU, Kirsten L, 87, DEL
9	31.21	NYACDEC BENNETT, Allison, 87, NYAC
10	31.63	NYACJIAN BRAND, Noemie, 86, PCSC

100 m Backstroke

1	1:03.30	ONAGMAR BARTLETT, Melissa, 86, CYP
2	1:04.57	ONSRDEC GILLESPIE, Emily, 87, PERTH
3	1:04.59	EJRNATFEB HUBERT, Alyssa, 87, CYP
4	1:04.97	EJRNATFEB MACLAUCHLAN, Jenn, 87, NEW
5	1:05.11	MBSKSFEB YESTRAU, Landice, 87, MM
6	1:05.54	OCUPJIAN SAUMUR, Genevieve, 87, CAMO
7	1:05.64	KCSDEC HOEKSTRA, Mallory, 87, EKSC
8	1:06.27	ABAGMAR POMERLEAU, Kirsten L, 87, DEL
9	1:06.87	BSCSMAR SCHMUCK, Anne, 87, PSW
10	1:06.98	BSCSMAR REIMER, Brittany, 88, SKSC

200 m Backstroke

1	2:17.75	ONAGMAR HUBERT, Alyssa, 87, CYP
2	2:18.95	WJRNATFEB HOEKSTRA, Mallory, 87, EKSC
3	2:19.19	ONAGMAR BARTLETT, Melissa, 86, CYP
4	2:19.32	OCAGMAR SAUMUR, Genevieve, 87, CAMO
5	2:19.35	BSCSMAR REIMER, Brittany, 88, SKSC
6	2:20.06	WJRNATFEB YESTRAU, Landice, 87, MM
7	2:20.63	BSCSMAR SCHMUCK, Anne, 87, PSW
8	2:20.97	ONAGMAR MCQUEEN, Shannon, 87, NKB
9	2:22.04	WJRNATFEB KOTLOWSKI, Katie, 88, PSW
10	2:22.54	ONSRDEC SMITH, Katie, 86, COBRA

50 m Breaststroke

1	33.44	EJRNATFEB ARMSTRONG, Danielle, 87, TAT
2	33.60	EJRNATFEB RICH, Whitney, 88, LAC
3	33.98	WJRNATFEB PASLOSKI, Lynsey, 87, WGB
4	34.43	EJRNATFEB LAKATOS, Nicole, 87, TO

5	34.61	WJRNATFEB HENDRICK, Elizabeth, 87, BRSA
6	35.10	EJRNATFEB OBAS, Katrina, 88, NKB
7	35.22	EJRNATFEB LONSDALE, Chantelle, 87, WAC
8	35.28	NYACDEC ENGS, Elizabeth, 87, CAJ
9	35.39	EJRNATFEB BONSANT, Claudia, 88, EXCEL
10	35.53	NYACDEC LABBETT, Kimmi, 87, OAK

100 m Breaststroke

1	1:12.40	WJRNATFEB PASLOSKI, Lynsey, 87, WGB
2	1:12.73	EJRNATFEB RICH, Whitney, 88, LAC
3	1:14.18	ONAGMAR OBAS, Katrina, 88, NKB
4	1:14.20	KCSDEC HENDRICK, Elizabeth, 87, BRSA
5	1:14.37	NYACDEC ARMSTRONG, Danielle, 87, TAT
6	1:14.40	ONAGMAR LAKATOS, Nicole, 87, OAK
7	1:14.86	NYACDEC LABBETT, Kimmi, 87, OAK
8	1:14.88	NYACDEC ENGS, Elizabeth, 87, CAJ
9	1:15.47	ONSRDEC WILKINSON, Julia, 87, SKYAC
10	1:16.10	ONAGMAR LONSDALE, Chantelle, 87, WAC

200 m Breaststroke

1	2:34.52	EJRNATFEB RICH, Whitney, 88, LAC
2	2:36.17	EJRNATFEB LAKATOS, Nicole, 87, TO
3	2:37.10	BSCSMAR PASLOSKI, Lynsey, 87, WGB
4	2:38.83	EJRNATFEB WILKINSON, Julia, 87, SKYAC
5	2:39.00	NYACDEC LABBETT, Kimmi, 87, OAK
6	2:39.06	ONAGMAR OBAS, Katrina, 88, NKB
7	2:40.54	OCAGMAR TREMBLAY, Mireille, 88, CNBC
8	2:41.60	NYACDEC ENGS, Elizabeth, 87, CAJ
9	2:41.92	KCSDEC HENDRICK, Elizabeth, 87, BRSA
10	2:42.80	KCSDEC STARRATT, Carol, 87, CASC

50 m Butterfly

1	28.66	OCAGMAR SAUMUR, Genevieve, 87, CAMO
2	29.03	NYACDEC KUMENTAS, Nadia, 87, WD
3	29.26	EJRNATFEB BENNETT, Allison, 87, NYAC
4	29.87	ABAGMAR HENDRICK, Elizabeth, 87, NCSA
5	29.94	EJRNATFEB BLAKNEY, Tara, 87, CVAC
6	29.97	NYACDEC ARMSTRONG, Danielle, 87, TAT
7	30.11	ABAGMAR POMERLEAU, Kirsten L, 87, DEL
8	30.32	MBSKSFEB READY, Carleen, 87, LASC
9	30.41	ABAGMAR TACKHUK, Jennifer, 88, OSSC
10	30.56	NYACDEC WAKEMAN, Monica, 87, NEW

100 m Butterfly

1	1:03.77	OCUPJIAN SAUMUR, Genevieve, 87, CAMO
2	1:05.17	ONAGMAR BENNETT, Allison, 87, NYAC
3	1:05.41	NYACDEC DUDAR, Elyse, 86, MSSAC
4	1:05.52	PWINOVO READY, Carleen, 87, LASC
5	1:05.65	NYACDEC KUMENTAS, Nadia, 87, WD
6	1:05.85	ONAGMAR JULIEN, Heather, 87, LAC
7	1:05.90	NYACJIAN BARTLETT, Melissa, 86, CYP
8	1:06.26	BSCSMAR KOTLOWSKI, Katie, 88, PSW
9	1:06.27	BSCSMAR RAWLINGS, Kayla, 87, PSW
10	1:06.51	ONSRDEC GILLESPIE, Emily, 87, PERTH

200 m Butterfly

1	2:20.91	OCAGMAR SAUMUR, Genevieve, 87, CAMO
2	2:21.25	NYACDEC HALEY, Bevan, 87, WTSC
3	2:22.69	PWINOVO READY, Carleen, 87, LASC
4	2:23.06	NYACDEC DUDAR, Elyse, 86, MSSAC
5	2:23.26	CNSHDEC JULIEN, Heather, 87, LAC
6	2:23.98	BSCSMAR RAWLINGS, Kayla, 87, PSW
7	2:24.83	NYACDEC KUMENTAS, Nadia, 87, WD
8	2:25.57	BSCSMAR BELL, Amanda, 88, SPART
9	2:25.83	CNSHDEC MARION, Ashley, 87, LAC
10	2:25.96	BSCSMAR KOTLOWSKI, Katie, 88, PSW

100 m Ind. Medley

1	1:06.69	HTACJIAN HALEY, Bevan, 87, WTSC
2	1:08.24	CNSHDEC WAKEMAN, Monica, 87, NEW
3	1:08.37	ABAGMAR POMERLEAU, Kirsten L, 87, DEL
4	1:08.43	ABAGMAR STARRATT, Carol, 87, CASC
5	1:09.20	CNSHDEC FRECHETTE, Anne-Marie, 87, CNB
6	1:09.40	ABAGMAR HENDRICK, Elizabeth, 87, NCSA
7	1:10.42	MEGODEC PARENT, Anny, 87, PHENIX
8	1:10.73	ULREONOV DUFOUR, Cecile, 87, EXCEL
9	1:11.25	CNSHDEC MACLAUCHLAN, Jenn, 87, NEW
10	1:11.55	CNSHDEC MCLOUGHLIN, Katrina, 87, NKB

200 m Ind. Medley

1	2:20.98	CNSHDEC SAUMUR, Genevieve, 87, CAMO
2	2:21.51	WJRNATFEB SCHMUCK, Anne, 87, PSW
3	2:21.91	ONAGMAR WILKINSON, Julia, 87, SKYAC
4	2:22.00	ONSRDEC GILLESPIE, Emily, 87, PERTH
5	2:22.97	PWINOVO READY, Carleen, 87, LASC
6	2:23.96	KCSDEC HENDRICK, Elizabeth, 87, BRSA
7	2:24.00	KCSDEC HOEKSTRA, Mallory, 87, EKSC
8	2:24.25	NYACDEC HALEY, Bevan, 87, WTSC
9	2:24.95	MBSKSFEB YESTRAU, Landice, 87, MM
10	2:25.70	EJRNATFEB MARION, Ashley, 87, LAC

400 m Ind. Medley

1	4:59.22	BSCSMAR REIMER, Brittany, 88, SKSC
2	4:59.73	BSCSMAR SCHMUCK, Anne, 87, PSW
3	5:00.77	NYACDEC HALEY, Bevan, 87, WTSC
4	5:01.26	OCAGMAR SAUMUR, Genevieve, 87, CAMO
5	5:05.33	KCSDEC HOEKSTRA, Mallory, 87, EKSC
6	5:05.61	UBCTNOV MANGE, Michelle, 87, UBDC
7	5:05.74	WJRNATFEB READY, Carleen, 87, LASC
8	5:07.24	EJRNATFEB RICH, Whitney, 88, LAC
9	5:08.23	NYACDEC JELEN, Jody, 87, ESWIM
10	5:08.88	ONSRDEC WILKINSON, Julia, 87, SKYAC

BOYS 14 Years of Age

50 m Freestyle

1	24.28	ULREONOV BOULANGER-MARTE, Vincent, 87, CSO
2	25.17	ONAGMAR KURTZER, Mark, 87, NEW
3	25.31	ONAGMAR POSTHUMUS, Steven, 87, NWO
4	25.36	PWINOVO SMELA, Michael, 86, LASER
5	25.42	HYACKNOV WANG, Jackson, 87, DELTA
6	25.46	OCAGMAR CHARTRAND, Samuel, 87, ELITE
7	25.56	PWINOVO CARL, Christian, 87, TBT
8	25.65	BSCSMAR LIM, Ki Hun, 87, UBDC
9	25.65	PWINOVO MALAWSKI, Andrew, 87, ROD
10	25.67	PWINOVO SEIBEL, Thomas, 87, GOLD

100 m Freestyle

1	53.91	ONAGMAR KURTZER, Mark, 87, NEW
2	54.92	NYACDEC DAWSON, Sean, 87, GO
3	55.17	PWINOVO CARL, Christian, 87, TBT
4	55.24	NYACDEC OLSEN, Alex, 87, SCAR
5	55.46	WJRNATFEB MCKNIGHT, James, 87, GOLD
6	55.73	AMACJIAN TSO, Darren, 87, LASC
7	56.03	ABAGMAR JUDIESCH, Jim, 87, CASC
8	56.03	ONAGMAR NIEDZIELSKI, Nelson, 87, MSSAC
9	56.05	ABAGMAR D'AMICO, Gavin, 87, EKSC
10	56.14	BSCSMAR ALEXANDER, Richard, 87, IS

200 m Freestyle

1	1:55.18	ONAGMAR KURTZER, Mark, 87, NEW
2	1:59.59	ABAGMAR WOLLACH, Pascal, 87, CASC
3	1:59.90	ONAGMAR CONNERTY, Brandon, 87, BRANT
4	2:00.01	MBSKSFEB MCKNIGHT, James, 87, GOLD
5	2:00.01	ONAGMAR NIEDZIELSKI, Nelson, 87, MSSAC
6	2:00.22	OCAGMAR LACHANCE-FORTIN, Aubert, 87, ULREO
7	2:00.55	OCAGMAR LAVALLEE, Etienne, 87, EXCEL
8	2:00.62	PWINOVO SMELA, Michael, 86, LASER
9	2:01.07	PWINOVO HOLDEN, Brandon, 87, HWAC
10	2:01.19	ULREODEC NEWMAN, Wesley, 86, DDO

400 m Freestyle

1	4:07.19	EJRNATFEB KURTZER, Mark, 87, NEW
2	4:12.44	WJRNATFEB WOLLACH, Pascal, 87, CASC
3	4:13.43	ONAGMAR NIEDZIELSKI, Nelson, 87, MSSAC
4	4:13.96	KCSDEC D'AMICO, Gavin, 87, EKSC
5	4:14.77	NYACDEC LOULL, Stephen, 87, MAC
6	4:16.11	BSCSMAR ALEXANDER, Richard, 87, IS
7	4:16.29	ONAGMAR LALIBERTE, Renaud, 88, EXCEL
8	4:17.71	OCAGMAR LACHANCE-FORTIN, Aubert, 87, ULREO
9	4:17.80	OCAGMAR LAVALLEE, Etienne, 87, EXCEL
10	4:19.78	CNSHDEC BENTO, Chris, 87, LAC

1500 m Freestyle

1	16:51.20	EJRNATFEB NIEDZIELSKI, Nelson, 87, TO
2	16:53.96	BSCSMAR ALEXANDER, Richard, 87, IS
3	16:58.94	MBSKSFEB WOLLACH, Pascal, 87, CASC
4	17:08.70	CNSHDEC KURTZER, Mark, 87, NEW
5	17:08.71	OCAGMAR LALIBERTE, Renaud, 88, EXCEL
6	17:10.26	KCSDEC D'AMICO, Gavin, 87, EKSC
7	17:13.25	ONAGMAR HOLDEN, Brandon, 87, HWAC
8	17:16.74	BSCSMAR ISIC, Davor, 88, UBDC
9	17:17.19	ONAGMAR PARISSELLI, Matthew, 87, NYAC
10	17:17.32	ULREONOV BOULANGER-MARTE, Vincent, 87, CSO

50 m Backstroke

1	28.76	OCAGMAR DESILETS, Alexandre, 87, MEGO
2	28.78	ABAGMAR WOLLACH, Pascal, 87, CASC
3	28.91	ABAGMAR PAPE, Ashley, 87, NCSA
4	28.94	OCAGMAR RENAUD, Felix, 87, CNB
5	29.28	ABAGMAR LAPINS, John, 87, EXST
6	29.35	MBSKSFEB POSTHUMUS, Steven, 87, TBT
7	29.62	EJRNATFEB SCOTT, Matthew, 87, HWAC
8	29.68	ABAGMAR GRANT, Lee, 88, UCSC
9	29.76	NYACDEC MALINAS, Stephen, 86, NYAC
10	29.81	NYACDEC KURTZER, Mark, 87, NEW

100 m

TOP AGE GROUP TIMES

Rankings for the period
October 1, 2001 to March 10, 2002
Compiled by SWIMNEWS
For additional rankings www.swimnews.com

2002 SHORT COURSE TAG®

GIRLS 15 Years of Age

50 m Freestyle

1	26.00	CNSHDEC	BECKBERGER, Jennifer, 86, AAC
2	27.19	MEGODEC	BLAIS, Marie-Pier, 86, MEGO
3	27.20	WJRNATFEB	HAGEL, Ashlee, 86, LASC
4	27.30	ONAGMAR	SMITH, Katie, 86, COBRA
5	27.34	CNSHDEC	CARRIER-LESSARD, Amelie, 86, UL
6	27.40	ABSRFEB	SANDULAK, Danielle, 86, EKSC
7	27.44	OCCUPJAN	BABB, Caitlin, 86, DDO
8	27.51	WJRNATFEB	FILAZEK, Kendall, 86, UCSA
9	27.52	NYACDEC	PATTERSON, Tye, 86, GO
10	27.58	MEGODEC	RATELLE, Marie-Pier, 86, MEGO

100 m Freestyle

1	56.87	EJRNATFEB	SAUMUR, Genevieve, 87, CAMO
2	57.34	CNSHDEC	BECKBERGER, Jennifer, 86, AAC
3	58.50	WJRNATFEB	HACKETT, Shannon, 86, UBDC
4	58.58	WJRNATFEB	TAYLOR, Sabrina, 86, HYACK
5	58.61	OCAGMAR	BABB, Caitlin, 86, DDO
6	58.79	EJRNATFEB	CAITLIN, Babb, 86, DDO
7	58.83	ONSRDEC	THERON, Sasha, 86, NYAC
8	58.92	CNSHDEC	CARRIER-LESSARD, Amelie, 86, UL
9	59.06	BSCSMAR	POIRIER-LEROY, Genevieve, 87, NRST
10	59.06	ONAGMAR	WISE, Laura, 86, COBRA

200 m Freestyle

1	2:04.19	CNSHDEC	BECKBERGER, Jennifer, 86, AAC
2	2:04.46	WJRNATFEB	HACKETT, Shannon, 86, UBDC
3	2:05.17	CNSHDEC	GUAY-RACINE, Julia, 86, CAMO
4	2:06.07	ONAGMAR	WISE, Laura, 86, COBRA
5	2:06.62	ONAGMAR	THERON, Sasha, 86, NYAC
6	2:06.64	EJRNATFEB	DUDAR, Elyse, 86, TO
7	2:06.71	WJRNATFEB	RUSH, Kelsey, 86, WVOSC
8	2:06.82	OCAGMAR	BABB, Caitlin, 86, DDO
9	2:07.08	ONSRDEC	NEMETH, Kelsey, 86, AAC
10	2:07.39	BSCSMAR	TAYLOR, Sabrina, 86, HYACK

400 m Freestyle

1	4:18.53	WJRNATFEB	HACKETT, Shannon, 86, UBDC
2	4:22.58	EJRNATFEB	DUDAR, Elyse, 86, TO
3	4:22.86	WJRNATFEB	GOODRIDGE, Darcy, R, 86, UBDC
4	4:25.27	WJRNATFEB	RUSH, Kelsey, 86, WVOSC
5	4:27.07	KCSDEC	NORTON, Thea, 86, OSC
6	4:27.53	WJRNATFEB	BIGELOW, Stephanie, 86, IS
7	4:28.09	PWINOV	TIMMONS, Kelly, 86, OSC
8	4:28.25	UBCTNOV	LENCOE, Taryn, 86, UBDC
9	4:28.40	PCSCDEC	GOODRIDGE, Darcy, R, 86, UBDC
10	4:28.63	PCSCDEC	WISE, Laura, 86, COBRA

800 m Freestyle

1	8:49.39	WJRNATFEB	HACKETT, Shannon, 86, UBDC
2	8:54.53	MSSACNOV	DUDAR, Elyse, 86, MSSAC
3	8:55.68	WJRNATFEB	GOODRIDGE, Darcy, R, 86, UBDC
4	8:56.97	EJRNATFEB	DUDAR, Elyse, 86, TO
5	9:03.30	UBCTNOV	LENCOE, Taryn, 86, UBDC
6	9:09.87	KCSDEC	CORMACK, Stacy, 86, CASC
7	9:11.11	PCSCDEC	GOODRIDGE, Darcy, R, 86, UBDC
8	9:11.12	WJRNATFEB	BLOCK, Carmen, 86, BRSA
9	9:11.83	WJRNATFEB	TIMMONS, Kelly, 86, OSC
10	9:11.91	WJRNATFEB	KREMER, Avery, 86, OSC

50 m Backstroke

1	30.16	EJRNATFEB	SAUMUR, Genevieve, 87, CAMO
2	30.75	EJRNATFEB	BRAND, Noemie, 86, PCSC
3	30.78	NYACJAN	SMITH, Katie, 86, COBRA
4	30.93	WJRNATFEB	ASPINALL, Jessica, 87, RAC
5	31.20	NYACJAN	THERON, Sasha, 86, NYAC
6	31.21	EJRNATFEB	GREGOIRE, M. Eve, 86, HIPPO
7	31.29	EJRNATFEB	MCILROY, Kristin, 86, TO
8	31.35	EJRNATFEB	JACKSON, Hilary, 86, STARS
9	31.55	NYACDEC	CLOUTIER, Kristin, 86, CAJ
10	31.56	PCSCDEC	WISE, Laura, 86, COBRA

100 m Backstroke

1	1:03.94	ONAGMAR	SMITH, Katie, 86, COBRA
2	1:04.49	CNSHDEC	BECKBERGER, Jennifer, 86, AAC
3	1:04.76	EJRNATFEB	SAUMUR, Genevieve, 87, CAMO
4	1:04.92	PCSCDEC	BRAND, Noemie, 86, PCSC
5	1:05.02	CNSHDEC	GUAY-RACINE, Julia, 86, CAMO
6	1:05.22	NEORPOCT	SHOUST, Andrea, 85, SSMAC
7	1:05.98	PCSCDEC	WISE, Laura, 86, COBRA
8	1:05.98	EJRNATFEB	MCILROY, Kristin, 86, TO
9	1:06.01	EJRNATFEB	JACKSON, Hilary, 86, STARS
10	1:06.02	NYACJAN	THERON, Sasha, 86, NYAC

200 m Backstroke

1	2:17.29	PCSCDEC	WISE, Laura, 86, COBRA
2	2:17.85	ONAGMAR	SMITH, Katie, 86, COBRA
3	2:18.94	WJRNATFEB	RUSH, Kelsey, 86, WVOSC
4	2:19.13	EJRNATFEB	MCILROY, Kristin, 86, TO
5	2:19.16	ULREONOV	GERMAIN, Allyson, 86, ULREO
6	2:19.79	PCSCDEC	BRAND, Noemie, 86, PCSC
7	2:20.40	CNSHDEC	ROSS, Stephanie, 86, CAMO
8	2:20.73	ONSRDEC	MCILROY, Kristin, 86, MMSST
9	2:21.27	NEORPOCT	SHOUST, Andrea, 85, SSMAC
10	2:21.38	NYACJAN	THERON, Sasha, 86, NYAC

50 m Breaststroke

1	33.94	EJRNATFEB	LABBETT, Kimmi, 87, TO
2	34.11	MEGODEC	RATELLE, Marie-Pier, 86, MEGO
3	34.13	WJRNATFEB	TIMMONS, Kelly, 86, OSC
4	34.24	WJRNATFEB	MANGE, Michelle, 87, UBDC

5	34.42	WJRNATFEB	JOHNSON, Haylee, 86, UBDC
6	34.70	MEGODEC	LAFAILLE, Eveline, 86, CNHR
7	35.07	EJRNATFEB	ENGS, Elizabeth, 87, CAJ
8	35.08	ULREODEC	BORGSMANN, Anna, 86, DDO
9	35.26	NYACDEC	CLOUTIER, Kristin, 86, CAJ
10	35.45	WJRNATFEB	WILLIAMS, Dana, 87, STSC

100 m Breaststroke

1	1:12.71	CNSHDEC	BECKBERGER, Jennifer, 86, AAC
2	1:13.00	EJRNATFEB	LABBETT, Kimmi, 87, TO
3	1:13.32	WJRNATFEB	TIMMONS, Kelly, 86, OSC
4	1:13.42	WJRNATFEB	MANGE, Michelle, 87, UBDC
5	1:13.54	WJRNATFEB	JOHNSON, Haylee, 86, UBDC
6	1:13.59	ONAGMAR	ENGS, Elizabeth, 87, CAJ
7	1:15.35	OCCUPJAN	BABB, Caitlin, 86, DDO
8	1:15.44	CNSHDEC	NICHOLSON, Meaghan, 86, NKB
9	1:15.66	ONAGMAR	NGUYEN, Quynh, 86, MSSAC
10	1:15.77	NYACDEC	CLOUTIER, Kristin, 86, CAJ

200 m Breaststroke

1	2:32.50	WJRNATFEB	MANGE, Michelle, 87, UBDC
2	2:34.51	EJRNATFEB	LABBETT, Kimmi, 87, TO
3	2:35.81	WJRNATFEB	JOHNSON, Haylee, 86, UBDC
4	2:35.91	WJRNATFEB	TIMMONS, Kelly, 86, OSC
5	2:38.87	ONAGMAR	ENGS, Elizabeth, 87, CAJ
6	2:40.49	KCSDEC	HUARD, Chantal, 86, IS
7	2:40.51	CNSHDEC	BECKBERGER, Jennifer, 86, AAC
8	2:41.07	NSAGMAR	BROWN, Jennifer, 94, TCSC
9	2:41.90	EJRNATFEB	MCCABE, Allison, 86, TO
10	2:42.04	EJRNATFEB	ZARINS, Andrea, 86, NKB

50 m Butterfly

1	28.92	EJRNATFEB	SAUMUR, Genevieve, 87, CAMO
2	29.62	WJRNATFEB	FILAZEK, Kendall, 86, UCSA
3	29.79	EJRNATFEB	MENDEZ, Michelle, 86, MAC
4	29.82	EJRNATFEB	GERMAIN, Allyson, 86, ULREO
5	29.90	PCSCDEC	HODGSON, Jennifer, 86, PCSC
6	30.20	NYACDEC	PORCHAK, Sarah, 86, TAT
7	30.30	EJRNATFEB	BROUILLAND, Joannie, 86, ELITE
8	30.47	ONSRDEC	HOLMES, Blair, 86, COBRA
9	30.73	PCSCDEC	CHAN, Emilie, 86, PCSC
10	30.76	EJRNATFEB	ARTICHUK, Jennifer, 86, NKB

100 m Butterfly

1	1:03.03	CNSHDEC	GUAY-RACINE, Julia, 86, CAMO
2	1:03.98	EJRNATFEB	SAUMUR, Genevieve, 87, CAMO
3	1:04.34	ONAGMAR	SCOTT, Brittany, 86, ROW
4	1:04.89	ONAGMAR	HOLMES, Blair, 86, COBRA
5	1:05.02	WJRNATFEB	FILAZEK, Kendall, 86, UCSA
6	1:05.09	GMACOCT	YANG, Eileen, 85, HWAC
7	1:05.18	WJRNATFEB	HACKETT, Shannon, 86, UBDC
8	1:05.20	EJRNATFEB	SCOTT, Brittniey, 87, ROW
9	1:05.42	WJRNATFEB	BIRD, Megan, 86, UCSA
10	1:05.56	OCAGMAR	GERMAIN, Allyson, 86, ULREO

200 m Butterfly

1	2:18.97	WJRNATFEB	TIMMONS, Kelly, 86, OSC
2	2:19.07	CNSHDEC	GUAY-RACINE, Julia, 86, CAMO
3	2:20.05	KCSDEC	KREMER, Avery, 86, OSC
4	2:21.05	ONAGMAR	SCOTT, Brittany, 86, ROW
5	2:21.31	WJRNATFEB	HACKETT, Shannon, 86, UBDC
6	2:21.42	WJRNATFEB	BIRD, Megan, 86, UCSA
7	2:21.46	WJRNATFEB	BIGELOW, Stephanie, 86, IS
8	2:21.73	ONAGMAR	HOLMES, Blair, 86, COBRA
9	2:23.50	ONAGMAR	SMITH, Katie, 86, COBRA
10	2:24.01	PWINOV	ANDRUCHUK, Jennifer, 86, MANTA

100 m Ind. Medley

1	1:08.64	PCSCDEC	HODGSON, Jennifer, 86, PCSC
2	1:08.72	PCSCDEC	HOLMES, Blair, 86, COBRA
3	1:09.92	ULREONOV	GERMAIN, Allyson, 86, ULREO
4	1:10.32	SAMAKNOV	RATELLE, Marie-Pier, 86, MEGO
5	1:10.39	PCSCDEC	SCOTT, Brittany, 86, ROW
6	1:10.54	PCSCDEC	CHAN, Emilie, 86, PCSC
7	1:11.15	MEGODEC	DANDENAULT, Milaine, 86, ENC
8	1:11.25	MEGODEC	BLAIS, Marie-Pier, 86, MEGO
9	1:11.35	MEGODEC	LAFAILLE, Eveline, 86, CNHR
10	1:12.54	MEGODEC	LECLERC, Emilie-Anne, 86, MEGO

200 m Ind. Medley

1	2:20.60	WJRNATFEB	TIMMONS, Kelly, 86, OSC
2	2:20.90	CNSHDEC	GUAY-RACINE, Julia, 86, CAMO
3	2:22.37	EJRNATFEB	SAUMUR, Genevieve, 87, CAMO
4	2:22.61	EJRNATFEB	CAITLIN, Babb, 86, DDO
5	2:22.87	OCAGMAR	BABB, Caitlin, 86, DDO
6	2:23.29	WJRNATFEB	NORTON, Thea, 86, OSC
7	2:24.15	BSCSMAR	POIRIER-LEROY, Genevieve, 87, NRST
8	2:24.50	WJRNATFEB	POMAIZL, Valerie, 86, NRST
9	2:24.57	WJRNATFEB	BIGELOW, Stephanie, 86, IS
10	2:24.83	ONAGMAR	HOLMES, Blair, 86, COBRA

400 m Ind. Medley

1	4:41.19	CNSHDEC	COOPER, Brittany, 86, LAC
2	4:53.38	PWINOV	TIMMONS, Kelly, 86, OSC
3	4:57.93	WJRNATFEB	MANGE, Michelle, 87, UBDC
4	4:58.74	WJRNATFEB	NORTON, Thea, 86, OSC
5	5:00.58	BSCSMAR	BIGELOW, Stephanie, 86, IS
6	5:03.35	WJRNATFEB	BLOCK, Carmen, 86, BRSA
7	5:03.71	ONAGMAR	ZARINS, Andrea, 86, NKB
8	5:05.86	OCAGMAR	BABB, Caitlin, 86, DDO
9	5:05.88	WJRNATFEB	POMAIZL, Valerie, 86, NRST
10	5:07.36	BRANTNOV	HOLMES, Blair, 86, COBRA

BOYS 15 Years of Age

50 m Freestyle

1	24.50	CNSHDEC	DROLET, Philippe, 86, ELITE
2	24.69	BRANTNOV	CHAN, Eric, 85, AAC
3	24.73	KCSDEC	GILLESPIE, Kevin, 85, EXST
4	24.73	WJRNATFEB	MCLEAN, Caleb, 86, VKSC
5	24.87	OCAGMAR	PETRE, Octavian, 86, CAMO
6	24.98	OCCUPJAN	MURRAY, Nicolas, 86, DYNAM
7	25.02	ONAGMAR	DONST, Aaron, 86, HWAC
8	25.07	MEGODEC	PHILIPPE, Drole, 86, ELITE
9	25.10	ONAGMAR	VUJAKLIJA, Misa, 86, NYAC
10	25.12	PCSCDEC	QUEVEDO, Paul, 86, COBRA

100 m Freestyle

1	53.30	KCSDEC	GILLESPIE, Kevin, 85, EXST
2	54.00	OCAGMAR	MURRAY, Nicolas, 86, DYNAM
3	54.23	OCAGMAR	NEWMAN, Wesley, 86, DDO
4	54.51	CNSHDEC	DROLET, Philippe, 86, ELITE
5	54.52	BRANTNOV	CHAN, Eric, 85, AAC
6	54.58	BSCSMAR	POMMERVILLE, Justin, 86, IS
7	54.95	WJRNATFEB	JACKS, Greer, 86, IS
8	54.90	ONAGMAR	DONST, Aaron, 86, HWAC
9	55.07	ONAGMAR	VUJAKLIJA, Misa, 86, NYAC
10	55.08	PCSCDEC	QUEVEDO, Paul, 86, COBRA

200 m Freestyle

1	1:56.27	MEGODEC	LALIBERTE, Marc, 86, EXCEL
2	1:57.05	ONAGMAR	ACKROYD, Colin, 86, AAC
3	1:57.09	ONAGMAR	BRONSON, Justin, 86, OSHAC
4	1:57.21	KCSDEC	GILLESPIE, Kevin, 85, EXST
5	1:57.66	OCAGMAR	MURRAY, Nicolas, 86, DYNAM
6	1:57.67	BRANTNOV	CHAN, Eric, 85, AAC
7	1:57.76	BRANTNOV	MONACO, Marco, 86, OAK
8	1:57.92	EJRNATFEB	PROVENCHE-FORGET, David, 86, DDO
9	1:58.49	PCSCDEC	MONK, James, 86, UBDC
10	1:58.65	NYACDEC	BAJCAR, Joseph, 86, OAK

400 m Freestyle

1	4:05.76	MEGODEC	LALIBERTE, Marc, 86, EXCEL
2	4:08.95	NYACDEC	BAJCAR, Joseph, 86, OAK
3	4:09.13	BSCSMAR	MONK, James, 86, UBDC
4	4:11.10	EJRNATFEB	GREEN, Buddy, 86, LUSC
5	4:11.67	NYACDEC	MONACO, Marco, 86, OAK
6	4:12.60	ULREODEC	PROVENCHE-FORGET, David, 86, DDO
7	4:12.62	EJRNATFEB	BRASSARD-GAGNON, Philippe, 86, DDO
8	4:12.74	BSCSMAR	JACKS, Greer, 86, IS
9	4:13.15	ONAGMAR	BRONSON, Justin, 86, OSHAC
10	4:13.44	OCAGMAR	NEWMAN, Wesley, 86, DDO

1500 m Freestyle

TOP AGE GROUP TIMES

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2002 SHORT COURSE TAG®

GIRLS 16 Years of Age

50 m Freestyle

1	25.83	EJRNATFEB	PORENTA, Jennifer, 85, TO
2	25.96	WJRNATFEB	BECKBERGER, Jennifer, 86, AAC
3	26.22	WJRNATFEB	KARDASH, Erin, 85, MM
4	26.39	WJRNATFEB	KARDASH, Diane, 85, MM
5	26.79	KCSDEC	VANGOUDEVER, Elsa, 85, BRSA
6	26.82	PWINOV	TOOGOOD, Jennifer, 85, MM
7	26.83	NYACDEC	KUHN, Stephanie, 85, TMSAC
8	26.90	OCUPJAN	GAULT, Sarah, 85, DDO
9	26.94	WJRNATFEB	ZVJERAC, Mila, 85, HYACK
10	26.97	ONAGMAR	CHAN, Jackie, 85, MSSAC

100 m Freestyle

1	55.87	ONSRDEC	PORENTA, Jennifer, 85, MMST
2	56.14	WJRNATFEB	KARDASH, Erin, 85, MM
3	56.18	WJRNATFEB	BECKBERGER, Jennifer, 86, AAC
4	57.40	KCSDEC	VANGOUDEVER, Elsa, 85, BRSA
5	57.71	WJRNATFEB	KARDASH, Diane, 85, MM
6	57.99	NYACDEC	KUHN, Stephanie, 85, TMSAC
7	58.64	ONSRDEC	HOBER, Renee, 85, ROW
8	58.81	ONSRDEC	GILLESPIE, Amanda, 85, NKB
9	58.85	NYACDEC	CHAN, Jackie, 85, MSSAC
10	59.00	BRANTNOV	ARMSTRONG, Darci, 84, TAT

200 m Freestyle

1	2:02.13	EJRNATFEB	PORENTA, Jennifer, 85, TO
2	2:03.30	WJRNATFEB	DOODY, Hayley, 85, UCSA
3	2:04.63	WJRNATFEB	LENCOE, Taryn, 86, UBDC
4	2:04.86	EJRNATFEB	SIUDA, Kathy, 85, ROW
5	2:05.44	ONAGMAR	WALKINSHAW, Kahla, 85, HWAC
6	2:05.71	WJRNATFEB	BECKBERGER, Jennifer, 86, AAC
7	2:05.82	OCUPJAN	PERREAULT, Patricia, 85, CNCB
8	2:06.23	NYACDEC	LACOSTE, Nathalie, 85, MSSAC
9	2:06.45	OCUPJAN	GILLESPIE, Amanda, 85, NKB
10	2:06.63	MBSKSFEB	KARDASH, Erin, 85, MM

400 m Freestyle

1	4:18.57	WJRNATFEB	LENCOE, Taryn, 86, UBDC
2	4:19.97	EJRNATFEB	SIUDA, Kathy, 85, ROW
3	4:20.40	ONAGMAR	LACOSTE, Nathalie, 85, MSSAC
4	4:25.91	EJRNATFEB	LACHANCE-FORTIN, Alex, 85, ULREO
5	4:26.02	EJRNATFEB	PERREAULT, Patricia, 85, CNCB
6	4:27.19	KCSDEC	NICHOLLS, Stephanie, 85, PN
7	4:27.52	KCSDEC	O'KELLY, Orlagh, 85, EKSC
8	4:27.99	UBCTNOV	DOODY, Hayley, 85, UCSA
9	4:28.26	MEGODEC	MARTIN, Marie-Pierre, 85, EXCEL
10	4:28.64	NYACDEC	CERMAK, Carly, 85, CAJ

800 m Freestyle

1	8:48.80	WJRNATFEB	LENCOE, Taryn, 86, UBDC
2	8:49.36	WJRNATFEB	DOODY, Hayley, 85, UCSA
3	8:54.55	EJRNATFEB	SIUDA, Kathy, 85, ROW
4	8:58.75	ONAGMAR	LACOSTE, Nathalie, 85, MSSAC
5	9:02.51	MSSACNOV	TELFER, Katharine, 84, ESWIM
6	9:08.55	OCAGMAR	LACHANCE-FORTIN, Alex, 85, ULREO
7	9:10.68	EJRNATFEB	WALKINSHAW, Kahla, 85, HWAC
8	9:11.02	NYACDEC	CERMAK, Carly, 85, CAJ
9	9:11.05	MEGODEC	MARTIN, Marie-Pierre, 85, EXCEL
10	9:11.36	ONSRDEC	MARTIN, Sheena, 85, ROW

50 m Backstroke

1	29.65	WJRNATFEB	KUBAS, Hanna, 85, EKSC
2	30.04	EJRNATFEB	SHOUST, Andrea, 85, SSMAC
3	30.15	NYACDEC	KUHN, Stephanie, 85, TMSAC
4	30.16	NYACDEC	BEAULIEU, Randi, 85, MSSAC
5	30.32	MBSKSFEB	KARDASH, Erin, 85, MM
6	30.52	WJRNATFEB	HOANG, Tina, 85, HYACK
7	30.69	PCSDEC	VINCENT, Tiffany, 85, BRANT
8	30.73	WJRNATFEB	KARDASH, Diane, 85, MM
9	30.79	GOLDOCT	KUBAS, Hanna, 85, EKSC
10	30.89	NYACJAN	BECKBERGER, Jennifer, 86, AAC

100 m Backstroke

1	1:02.96	WJRNATFEB	KUBAS, Hanna, 85, EKSC
2	1:03.14	EJRNATFEB	SHOUST, Andrea, 85, SSMAC
3	1:03.14	WJRNATFEB	KARDASH, Erin, 85, MM
4	1:03.63	PWINOV	KUBAS, Hanna, 85, EKSC
5	1:04.28	BSCSMAR	HOANG, Tina, 85, HYACK
6	1:04.31	EJRNATFEB	BEAULIEU, Randi, 85, TO
7	1:04.55	OCUPJAN	GILLESPIE, Amanda, 85, NKB
8	1:04.85	WJRNATFEB	KARDASH, Diane, 85, MM
9	1:05.37	WJRNATFEB	BAYLISS, Lynette, 85, UCSA
10	1:05.48	ONSRDEC	MARTIN, Sheena, 85, ROW

200 m Backstroke

1	2:14.88	WJRNATFEB	KUBAS, Hanna, 85, EKSC
2	2:15.54	EJRNATFEB	SHOUST, Andrea, 85, SSMAC
3	2:16.67	ONSRDEC	MARTIN, Sheena, 85, ROW
4	2:16.71	OCUPJAN	GILLESPIE, Amanda, 85, NKB
5	2:18.50	WJRNATFEB	BAYLISS, Lynette, 85, UCSA
6	2:19.34	MSSACNOV	TELFER, Katharine, 84, ESWIM
7	2:19.84	EJRNATFEB	GUAY-RACINE, Julia, 86, CAMO
8	2:20.91	PWINOV	KUBAS, Hanna, 85, EKSC
9	2:20.96	BSCSMAR	HOANG, Tina, 85, HYACK
10	2:21.25	OCUPJAN	OSTERER, Elizabeth, 85, NKB

50 m Breaststroke

1	33.18	ULREONOV	GAULT, Sarah, 85, DDO
2	33.27	NYACJAN	WAGNER, Tamara, 85, ROW
3	33.28	NYACJAN	HOBER, Renee, 85, ROW
4	33.72	WJRNATFEB	BECKBERGER, Jennifer, 86, AAC

5	33.74	EJRNATFEB	HEATH, Brooke, 85, TAT
6	33.87	WJRNATFEB	ZVJERAC, Mila, 85, HYACK
7	34.18	EJRNATFEB	RATELLE, Marie-Pier, 86, MEGO
8	34.22	WJRNATFEB	HIRSCH, Kim, 85, STSC
9	34.33	EJRNATFEB	DARSIGNY, Joanie, 85, CNB
10	34.46	NYACJAN	CRAFT, Jacquelyn, 85, TRENT

100 m Breaststroke

1	1:11.63	NYACJAN	WAGNER, Tamara, 85, ROW
2	1:11.79	ONSRDEC	HOBER, Renee, 85, ROW
3	1:12.42	OCUPJAN	GAULT, Sarah, 85, DDO
4	1:12.86	OCUPJAN	RATELLE, Marie-Pier, 86, MEGO
5	1:12.95	KCSDEC	HIRSCH, Kim, 85, STSC
6	1:13.26	WJRNATFEB	ZVJERAC, Mila, 85, HYACK
7	1:13.33	CNSHDEC	VILLENEUVE, Sophie, 85, CNJA
8	1:13.51	OCAGMAR	DUFOUR, Micheline, 85, ULREO
9	1:13.58	EJRNATFEB	DARSIGNY, Joanie, 85, CNB
10	1:13.96	WJRNATFEB	BECKBERGER, Jennifer, 86, AAC

200 m Breaststroke

1	2:34.52	OCAGMAR	DUFOUR, Micheline, 85, ULREO
2	2:35.12	EJRNATFEB	DACK, Genevieve, 85, TBT
3	2:35.53	OCAGMAR	GAULT, Sarah, 85, DDO
4	2:35.87	WJRNATFEB	MATTE, Ashley, 85, PGB
5	2:36.12	ONSRDEC	HOBER, Renee, 85, ROW
6	2:37.85	ONAGMAR	CRAFT, Jacquelyn, 85, TRENT
7	2:37.98	NYACJAN	WAGNER, Tamara, 85, ROW
8	2:38.17	CNSHDEC	DUFOUR, Micheline, 85, UL
9	2:39.25	OCUPJAN	RATELLE, Marie-Pier, 86, MEGO
10	2:39.31	WJRNATFEB	BALLANTYNE, Amy, 85, PGB

50 m Butterfly

1	28.28	EJRNATFEB	PORENTA, Jennifer, 85, TO
2	28.32	INTJRDCE	DOODY, Hayley, 85, UCSA
3	28.64	ONSRDEC	ARMSTRONG, Darci, 84, TAT
4	28.90	PCSDEC	VINCENT, Tiffany, 85, BRANT
5	28.96	WJRNATFEB	VANGOUDEVER, Elsa, 85, BRSA
6	29.14	WJRNATFEB	O'KELLY, Orlagh, 85, EKSC
7	29.20	NYACJAN	BECKBERGER, Jennifer, 86, AAC
8	29.36	WJRNATFEB	KARDASH, Erin, 85, MM
9	29.45	EJRNATFEB	LACHANCE-FORTIN, Alex, 85, ULREO
10	29.57	EJRNATFEB	HODGSON, Jennifer, 86, PSCS

100 m Butterfly

1	1:01.40	GMACOCT	JACINA, Amy, 84, GMAC
2	1:02.51	GMACOCT	JEWETT, Elizabeth, 85, GMAC
3	1:02.85	WJRNATFEB	DOODY, Hayley, 85, UCSA
4	1:02.98	EJRNATFEB	PORENTA, Jennifer, 85, TO
5	1:03.02	ONSRDEC	ARMSTRONG, Darci, 84, TAT
6	1:03.62	NYACDEC	KUHN, Stephanie, 85, TMSAC
7	1:03.64	KCSDEC	ANSTEY, Kristin, 85, STSC
8	1:03.72	GMACOCT	WALKINSHAW, Kahla, 85, HWAC
9	1:03.90	WJRNATFEB	O'KELLY, Orlagh, 85, EKSC
10	1:04.08	ONAGMAR	VINCENT, Tiffany, 85, BRANT

200 m Butterfly

1	2:17.17	EJRNATFEB	LACHANCE-FORTIN, Alex, 85, ULREO
2	2:19.05	WJRNATFEB	O'KELLY, Orlagh, 85, EKSC
3	2:19.18	EJRNATFEB	COLES, Gillian, 85, BROCK
4	2:20.21	KCSDEC	O'KELLY, Orlagh, 85, EKSC
5	2:20.46	EJRNATFEB	WALKINSHAW, Kahla, 85, HWAC
6	2:20.68	EJRNATFEB	GUAY-RACINE, Julia, 86, CAMO
7	2:21.44	UBCTNOV	LANDRY, Michelle, 84, UBDC
8	2:22.04	WJRNATFEB	CLOAK, Brianna, 86, IS
9	2:22.18	ONAGMAR	VINCENT, Tiffany, 85, BRANT
10	2:22.55	OCAGMAR	PERREAULT, Patricia, 85, CNCB

100 m Ind. Medley

1	1:06.72	PCSDEC	VINCENT, Tiffany, 85, BRANT
2	1:07.41	SAMAKNOV	GAULT, Sarah, 85, DDO
3	1:08.23	PCSDEC	CHANCE, Heather, 85, PSCS
4	1:08.65	PRASCOCT	NICHOLLS, Stephanie, 85, PRASC
5	1:09.13	ULREONOV	ROY-L'ECUYER, Christy, 85, CNB
6	1:09.15	ULREONOV	DUFOUR, Micheline, 85, ULREO
7	1:10.57	EKSCBOCT	O'KELLY, Orlagh, 85, EKSC
8	1:10.66	MEGODEC	BOULANGER, Amelie, 85, CSC
9	1:10.70	SAMAKJAN	DANDENAULT, Milaine, 86, ENC
10	1:10.71	ULREONOV	BOUDREAULT, Valerie, 85, ULREO

200 m Ind. Medley

1	2:18.50	EJRNATFEB	SIUDA, Kathy, 85, ROW
2	2:19.23	EJRNATFEB	OSTERER, Elizabeth, 85, NKB
3	2:21.27	ONSRDEC	HOBER, Renee, 85, ROW
4	2:21.53	CNSHDEC	OSTERER, Liz, 85, NKB
5	2:21.72	OCUPJAN	GILLESPIE, Amanda, 85, NKB
6	2:21.86	NYACDEC	KUHN, Stephanie, 85, TMSAC
7	2:22.20	KCSDEC	VANGOUDEVER, Elsa, 85, BRSA
8	2:22.20	OCUPJAN	GAULT, Sarah, 85, DDO
9	2:22.39	OCAGMAR	LACHANCE-FORTIN, Alex, 85, ULREO
10	2:22.47	KCSDEC	NICHOLLS, Stephanie, 85, PN

400 m Ind. Medley

1	4:55.31	EJRNATFEB	SIUDA, Kathy, 85, ROW
2	4:57.87	EJRNATFEB	OSTERER, Elizabeth, 85, NKB
3	4:58.74	KCSDEC	NICHOLLS, Stephanie, 85, PN
4	4:59.33	OCAGMAR	LACHANCE-FORTIN, Alex, 85, ULREO
5	5:00.72	BSCSMAR	MATTE, Ashley, 85, PGB
6	5:00.92	NYACDEC	CERMAK, Carly, 85, CAJ
7	5:01.19	EJRNATFEB	LACOSTE, Nathalie, 85, TO
8	5:02.11	EJRNATFEB	CHANCE, Heather, 85, PSCS
9	5:03.15	OCUPJAN	PERREAULT, Patricia, 85, CNCB
10	5:03.25	UBCTNOV	LANDRY, Michelle, 84, UBDC

BOYS 16 Years of Age

50 m Freestyle

1	22.85	USOPENNOV	MILLER, Kurtis, 85, SCAR
2	23.51	PWINOV	TOZER, Graeme, 85, MM
3	24.20	OCAGMAR	CHARTRAND, Alexandre, 85, ELITE
4	24.40	MBSKSFEB	HORTNESS, Richard, 85, AMAC
5	24.43	ONSRDEC	CHAN, Eric, 85, AAC
6	24.46	ESWIMJAN	ORIWOL, Tobias, 85, ESWIM
7	24.49	NYACJAN	CHANG, Nathan, 85, SCAR
8	24.53	WJRNATFEB	ISIC, Dario, 85, UBDC
9	24.54	OCAGMAR	CHONIERE-CODAI, Antoine, 85, CNWG
10	24.57	CNSHDEC	SCHACH, Ben, 85, NEW

100 m Freestyle

1	50.29	USOPENNOV	MILLER, Kurtis, 85, SCAR
2	50.84	PWINOV	TOZER, Graeme, 85, MM
3	51.36	WJRNATFEB	HORTNESS, Richard, 85, AMAC
4	52.09	ESWIMOCT	ORIWOL, Tobias, 85, ESWIM
5	52.60	CNSHDEC	CHAN, Nathan, 85, SCAR
6	52.76	PWINOV	PHILLIPS, Devin, 85, EKSC
7	52.91	CNSHDEC	SCHACH, Ben, 85, NEW
8	53.03	CNSHDEC	RIOUX, Kevin, 85, CAMO
9	53.15	CNSHDEC	LONG, Jonathan, 85, LAC
10	53.17	OCAGMAR	CHARTRAND, Alexandre, 85, ELITE

200 m Freestyle

1	1:49.32	NYACDEC	ORIWOL, Tobias, 85, ESWIM
2	1:52.09	WJRNATFEB	PHILLIPS, Devin, 85, EKSC
3	1:52.83	PWINOV	TOZER, Graeme, 85, MM
4	1:53.94	EJRNATFEB	AUBRY, Jonathan, 85, CNB
5	1:54.19	NYACJAN	MILLER, Kurtis, 85, SCAR
6	1:54.96	CNSHDEC	RIOUX, Kevin, 85, CAMO
7	1:55.26	WJRNATFEB	HORTNESS, Richard, 85, AMAC
8	1:55.27	CNSHDEC	LONG, Jonathan, 85, LAC
9	1:55.40	OCAGMAR	SAMSON, Maxime, 85, ELITE
10	1:55.68	WJRNATFEB	BLAIR, Aaron, 85, CASC

400 m Freestyle

1	3:50.39	NYACDEC	ORIWOL, Tobias, 85, ESWIM
2	3:56.81	PWINOV	PHILLIPS, Devin, 85, EKSC
3	4:00.75	CNSHDEC	LONG, Jonathan, 85, LAC
4	4:02.52	WJRNATFEB	ISIC, Dario, 85, UBDC
5	4:02.80	OCAGMAR	AUBRY, Jonathan, 85, CNB
6	4:02.99	WJRNATFEB	LAVOIE, Malcolm, 85, OSC
7	4:03.85	OCAGMAR	RODRIGUE, Charles, 85, ULREO
8	4:04.24	EJRNATFEB	ATKISON, Ryan, 85, LAC
9	4:04.42	CNSHDEC	RODRIGUE, Charles, 85, UL
10	4:06.10	CNSHDEC	SAMSON, Maxime, 85, ELITE

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GIRLS 17 Years of Age

50 m Freestyle

1	25.79	EJRNATFEB	GRESDAL, Jenna, 84, ESWIM
2	26.31	CNSHDEC	POON, Victoria, 84, CNPPO
3	26.74	KCSDEC	MEREDITH, Caitlin, 83, KCS
4	26.82	EJRNATFEB	GAULT, Sarah, 85, DDO
5	26.99	WJRNATFEB	BRADSHAW, Jessie, 84, UCSA
6	27.00	EJRNATFEB	ARMSTRONG, Darci, 84, TAT
7	27.08	ULREODEC	CHARRON-WATSON, Chanel, 84, ULREO
8	27.08	EJRNATFEB	LECKOVIC, Kelsey, 84, BCS
9	27.16	CNSHDEC	STEPHENSON, Frances, 84, SCAR
10	27.19	NYACDEC	TELFER, Katharine, 84, ESWIM

100 m Freestyle

1	55.74	NYACDEC	GRESDAL, Jenna, 84, ESWIM
2	57.18	OCCUPJAN	SANDMAN, Emilee, 84, SAMAK
3	57.36	CNSHDEC	POON, Victoria, 84, CNPPO
4	57.54	EJRNATFEB	CHARRON-WATSON, Chanel, 84, ULREO
5	57.57	WJRNATFEB	LYS, Alexandra, 85, UCSA
6	58.33	ONAGMAR	MEADE, Rosie, 84, BOSC
7	58.37	EJRNATFEB	SAVARD, Audrey, 84, CNBC
8	58.49	KCSDEC	MEREDITH, Caitlin, 83, KCS
9	58.51	PWINOV	AMER, Elizabeth, 84, EKSC
10	58.51	WJRNATFEB	BRADSHAW, Jessie, 84, UCSA

200 m Freestyle

1	2:02.08	EJRNATFEB	CHARRON-WATSON, Chanel, 84, ULREO
2	2:02.31	WJRNATFEB	STEFANYSHYN, Deanna, 84, UBCCD
3	2:04.39	EJRNATFEB	SAVARD, Audrey, 84, CNBC
4	2:04.75	ONAGMAR	MEADE, Rosie, 84, BOSC
5	2:04.83	NYACDEC	TELFER, Katharine, 84, ESWIM
6	2:04.91	ONAGMAR	STEPHENSON, Frances, 84, SCAR
7	2:05.65	CAMOCT	LACROIX, Audrey, 83, CAMO
8	2:05.78	PWINOV	MCCALLY, Sara, 84, EKSC
9	2:05.79	CNSHDEC	DE BLOIS, Marieve, 84, CNPPO
10	2:06.63	WJRNATFEB	LANDRY, Michelle, 84, UBCCD

400 m Freestyle

1	4:14.13	WJRNATFEB	STEFANYSHYN, Deanna, 84, UBCCD
2	4:17.64	EJRNATFEB	CHARRON-WATSON, Chanel, 84, ULREO
3	4:19.30	EJRNATFEB	SAVARD, Audrey, 84, CNBC
4	4:19.87	MSSACNOV	GRESDAL, Jenna, 84, ESWIM
5	4:19.91	PWINOV	MCCALLY, Sara, 84, EKSC
6	4:21.43	NYACDEC	TELFER, Katharine, 84, ESWIM
7	4:21.77	WJRNATFEB	LANDRY, Michelle, 84, UBCCD
8	4:24.06	EJRNATFEB	MEADE, Rosie, 84, BOSC
9	4:24.19	ONSRDEC	BELAND, Danielle, 84, GO
10	4:25.10	CNSHDEC	BERNIER, Joanie, 84, CNBC

800 m Freestyle

1	8:50.55	WJRNATFEB	STEFANYSHYN, Deanna, 84, UBCCD
2	8:52.49	WJRNATFEB	MCCALLY, Sara, 84, EKSC
3	9:00.67	EJRNATFEB	MEADE, Rosie, 84, BOSC
4	9:01.74	OCCUPJAN	BERNIER, Joanie, 84, CNBC
5	9:03.44	ONAGMAR	BELAND, Danielle, 84, GO
6	9:05.14	OCAGMAR	MARTIN, Marie-Pier, 85, EXCEL
7	9:09.13	EJRNATFEB	MURPHY, Alana, 84, ESWIM
8	9:10.55	MSSACNOV	GRESDAL, Jenna, 84, ESWIM
9	9:12.40	EJRNATFEB	SAVARD, Audrey, 84, CNBC
10	9:13.76	BSCSMAR	SCHNAPP, Nicole, 84, PGB

50 m Backstroke

1	29.43	EJRNATFEB	GRESDAL, Jenna, 84, ESWIM
2	30.15	EJRNATFEB	VINCENT, Tiffany, 85, BRANT
3	30.22	WJRNATFEB	BRADSHAW, Jessie, 84, UCSA
4	30.30	NYACDEC	FENNEL, Stephanie, 84, ESWIM
5	30.64	EJRNATFEB	BERNARD, Claudia, 84, REG
6	30.65	WJRNATFEB	BREITKREUTZ, Marla, 84, EKSC
7	30.67	EJRNATFEB	ROY L'ECUYER, Chryste, 84, CNB
8	30.92	USCSCOCT	SCHMIDT, Michaela, 83, UCSC
9	30.99	EJRNATFEB	TCHOLKAYAN, Valerie, 84, DDO
10	31.37	EJRNATFEB	CHATEL, Elaine, 84, CAMO

100 m Backstroke

1	1:02.61	EJRNATFEB	GRESDAL, Jenna, 84, ESWIM
2	1:02.85	EJRNATFEB	GILLESPIE, Amanda, 85, NKB
3	1:02.95	KCSDEC	MEREDITH, Caitlin, 83, KCS
4	1:03.99	NYACDEC	TELFER, Katharine, 84, CNPPO
5	1:04.48	CNSHDEC	POON, Victoria, 84, CNPPO
6	1:04.58	WJRNATFEB	BRADSHAW, Jessie, 84, UCSA
7	1:05.00	EJRNATFEB	FENNEL, Stephanie, 84, ESWIM
8	1:05.05	WJRNATFEB	STEFANYSHYN, Deanna, 84, UBCCD
9	1:05.18	ONAGMAR	ZIOLKOWSKI, Maya, 84, YORK
10	1:05.43	WJRNATFEB	BREITKREUTZ, Marla, 84, EKSC

200 m Backstroke

1	2:14.91	EJRNATFEB	GILLESPIE, Amanda, 85, NKB
2	2:15.01	NYACDEC	GRESDAL, Jenna, 84, ESWIM
3	2:15.20	WJRNATFEB	STEFANYSHYN, Deanna, 84, UBCCD
4	2:15.47	KCSDEC	MEREDITH, Caitlin, 83, KCS
5	2:18.80	ONSRDEC	TELFER, Katharine, 84, ESWIM
6	2:19.20	WJRNATFEB	LANDRY, Michelle, 84, UBCCD
7	2:20.19	ONAGMAR	ZIOLKOWSKI, Maya, 84, YORK
8	2:20.68	NYACDEC	BEARD, Lauren, 84, ESWIM
9	2:21.09	EJRNATFEB	SZAFIARSKI, Anna, 84, BROCK
10	2:21.15	WJRNATFEB	BREITKREUTZ, Marla, 84, EKSC

50 m Breaststroke

1	32.70	EJRNATFEB	GAULT, Sarah, 85, DDO
2	33.92	NYACDEC	LEE, Joanna, 84, MSSAC
3	34.11	WJRNATFEB	ALLEN, Megan, 84, PN
4	34.29	MEGODEC	NYSTI, Johanna, 84, ELITE

BOYS 17 Years of Age

50 m Freestyle

1	23.72	WJRNATFEB	NEUFELD, Trevor, 84, UCSA
2	23.79	ONAGMAR	DICKENS, Scott, 84, BRANT
3	23.92	HURONDEC	COCKS, Bill, 84, TRENT
4	24.02	BSCSMAR	MCLEAN, Scott, 84, KAJ
5	24.10	MBSKSFEB	COULMAN, Trevor, 84, GOLD
6	24.12	ONAGMAR	DEL MASTRO, Jamie, 84, PICK
7	24.16	WJRNATFEB	SHERSTOBIFF, Tim, 84, KAJ
8	24.20	EJRNATFEB	HOLBROOK, Marshall, 84, ROC
9	24.21	EJRNATFEB	THAUETTE, Mark, 84, CAMO
10	24.26	WJRNATFEB	SZE, Marc, 85, UBCCD

100 m Breaststroke

1	1:11.53	ONAGMAR	HOBER, Renee, 85, ROW
2	1:11.58	EJRNATFEB	GAULT, Sarah, 85, DDO
3	1:12.24	PWINOV	EDGECEMBE, Marcy, 83, EKSC
4	1:12.52	CNSHDEC	DE BLOIS, Marieve, 84, CNPPO
5	1:12.67	ULREONOV	DELISLE, Anne-Sophie, 84, UNIK
6	1:13.07	WJRNATFEB	SINCLAIR, Meagan, 84, UCSA
7	1:13.76	KCSDEC	FREY, Shannon, 84, BRSA
8	1:13.78	OCAGMAR	DARSIGNY, Joanie, 85, CNB
9	1:13.87	EJRNATFEB	ENGS, Chandra, 84, CAJ
10	1:14.05	WJRNATFEB	ALLEN, Megan, 84, PN

200 m Breaststroke

1	2:32.60	WJRNATFEB	SINCLAIR, Meagan, 84, UCSA
2	2:34.65	PWINOV	EDGECEMBE, Marcy, 83, EKSC
3	2:37.35	OCCUPJAN	DUFOUR, Micheline, 85, UL
4	2:37.51	EJRNATFEB	GAULT, Sarah, 85, DDO
5	2:38.63	EJRNATFEB	LEE, Joanna, 84, TO
6	2:39.12	KCSDEC	FREY, Shannon, 84, BRSA
7	2:40.22	PWINOV	BALLMAN, Kaere, 84, ROD
8	2:41.05	EJRNATFEB	GERVAIS, Danielle, 84, NKB
9	2:41.10	ONAGMAR	ENGS, Chandra, 84, CAJ
10	2:41.16	ONAGMAR	PRAJOGO, Yohanna, 85, COBRA

50 m Butterfly

1	27.97	EJRNATFEB	TCHOLKAYAN, Valerie, 84, DDO
2	28.22	EJRNATFEB	ARMSTRONG, Darci, 84, TAT
3	28.74	EJRNATFEB	POON, Victoria, 84, CAMO
4	28.93	EJRNATFEB	GILLESPIE, Amanda, 85, NKB
5	29.01	NYACDEC	GAJOS, Nancy, 84, ESWIM
6	29.05	EJRNATFEB	VINCENT, Tiffany, 85, BRANT
7	29.15	EJRNATFEB	ROY L'ECUYER, Chryste, 84, CNB
8	29.19	WJRNATFEB	ANSTAY, Kristin, 85, STSC
9	29.32	EJRNATFEB	GAULT, Sarah, 85, DDO
10	29.63	MEGODEC	NYSTI, Johanna, 84, ELITE

100 m Butterfly

1	1:02.29	CAMOCT	LACROIX, Audrey, 83, CAMO
2	1:02.39	EJRNATFEB	GAJOS, Nancy, 84, ESWIM
3	1:02.71	EJRNATFEB	ARMSTRONG, Darci, 84, TAT
4	1:03.21	EJRNATFEB	TCHOLKAYAN, Valerie, 84, DDO
5	1:03.25	GMACCOCT	BUDD, Amanda, 84, GMAC
6	1:03.68	OCCUPJAN	BERNIER, Joanie, 84, CNBC
7	1:03.68	EJRNATFEB	GILLESPIE, Amanda, 85, NKB
8	1:03.88	EJRNATFEB	ROY L'ECUYER, Chryste, 84, CNB
9	1:03.92	ONAGMAR	BELAND, Danielle, 84, GO
10	1:03.92	WJRNATFEB	ANSTAY, Kristin, 85, STSC

200 m Butterfly

1	2:15.79	EJRNATFEB	GAJOS, Nancy, 84, ESWIM
2	2:16.91	OCCUPJAN	BERNIER, Joanie, 84, CNBC
3	2:16.92	WJRNATFEB	STEFANYSHYN, Deanna, 84, UBCCD
4	2:18.66	WJRNATFEB	LANDRY, Michelle, 84, UBCCD
5	2:18.78	EJRNATFEB	GILLESPIE, Amanda, 85, NKB
6	2:19.34	ONAGMAR	BELAND, Danielle, 84, GO
7	2:21.16	EJRNATFEB	VINCENT, Tiffany, 85, BRANT
8	2:21.83	OCAGMAR	ROY L'ECUYER, Chryste, 85, CNB
9	2:22.08	BSCSMAR	CHARD, Christine, 84, WVOSC
10	2:22.32	WJRNATFEB	ANSTAY, Kristin, 85, STSC

100 m Ind. Medley

1	1:07.46	MEGODEC	NYSTI, Johanna, 84, ELITE
2	1:08.02	GOLDOCT	EDGECEMBE, Marcy, 83, EKSC
3	1:09.48	SAMAKNOV	SANDMAN, Emilee, 84, SAMAK
4	1:09.65	ULREONOV	BERNIER, Joanie, 84, CNBC
5	1:10.07	SAMAKNOV	TCHOLKAYAN, Valerie, 84, DDO
6	1:10.29	EKSCBOCT	BREITKREUTZ, Marla, 84, EKSC
7	1:11.39	SNSDEVNOV	MCLELLAN, Jessica, 84, HTAC
8	1:11.40	MEGODEC	FRENETTE, Audrey, 84, CSO
9	1:11.75	USCSCOCT	SCHAAH, Leah, 84, UCSA
10	1:11.98	PCSCDEC	VANCE, Jessica, 84, BRANT

200 m Ind. Medley

1	2:17.09	WJRNATFEB	LANDRY, Michelle, 84, UBCCD
2	2:19.25	EJRNATFEB	GILLESPIE, Amanda, 85, NKB
3	2:19.57	CAMOCT	DE BLOIS, Marieve, 84, CNPPO
4	2:20.94	KCSDEC	MEREDITH, Caitlin, 83, KCS
5	2:21.09	NYACDEC	TELFER, Katharine, 84, ESWIM
6	2:21.14	EJRNATFEB	GAULT, Sarah, 85, DDO
7	2:21.40	ONAGMAR	CERMAK, Carly, 85, CAJ
8	2:21.78	PWINOV	DEMCHUK, Meghan, 83, ROD
9	2:21.92	ESWIMCOCT	GRESDAL, Jenna, 84, ESWIM
10	2:21.96	OCCUPJAN	BERNIER, Joanie, 84, CNBC

400 m Ind. Medley

1	4:51.01	WJRNATFEB	LANDRY, Michelle, 84, UBCCD
2	4:55.55	OCCUPJAN	BERNIER, Joanie, 84, CNBC
3	4:56.11	NYACDEC	GRESDAL, Jenna, 84, ESWIM
4	4:57.67	NYACDEC	TELFER, Katharine, 84, ESWIM
5	4:58.15	ULREODEC	CHARRON-WATSON, Chanel, 84, ULREO
6	4:59.80	NYACDEC	GAJOS, Nancy, 84, ESWIM
7	5:00.39	WJRNATFEB	SINCLAIR, Meagan, 84, UCSA
8	5:00.42	ONAGMAR	CERMAK, Carly, 85, CAJ
9	5:01.57	EJRNATFEB	MCLELLAN, Jessica, 84, EAST
10	5:01.60	NYACDEC	BEARD, Lauren, 84, ESWIM

BOYS 17 Years of Age

50 m Freestyle

1	23.72	WJRNATFEB	NEUFELD, Trevor, 84, UCSA
2	23.79	ONAGMAR	DICKENS, Scott, 84, BRANT
3	23.92	HURONDEC	COCKS, Bill, 84, TRENT
4	24.02	BSCSMAR	MCLEAN, Scott, 84, KAJ
5	24.10	MBSKSFEB	COULMAN, Trevor, 84, GOLD
6	24.12	ONAGMAR	DEL MASTRO, Jamie, 84, PICK
7	24.16	WJRNATFEB	SHERSTOBIFF, Tim, 84, KAJ
8	24.20	EJRNATFEB	HOLBROOK, Marshall, 84, ROC
9	24.21	EJRNATFEB	THAUETTE, Mark, 84, CAMO
10	24.26	WJRNATFEB	SZE, Marc, 85, UBCCD

100 m Freestyle

1	51.29	CNSHDEC	THAUETTE, Mark, 84, CAMO
2	51.37	WJRNATFEB	NEUFELD, Trevor, 84, UCSA
3	51.43	ONSRDEC	DICKENS, Scott, 84, BRANT
4	52.38	ONAGMAR	SMITH, Donald, 84, COBRA
5	52.44	WJRNATFEB	SZE, Marc, 85, UBCCD
6	52.91	WJRNATFEB	CHIEW, Mark, 84, HYACK
7	53.04	ONSRDEC	MEDAGLIA, Steve, 84, NKB
8	53.12	OCAGMAR	LAFAMME, Kevin, 85, RCA
9	53.15	NYACJAN	RUSSELL, Colin, 84, BTSC
10	53.23	WJRNATFEB	MCLEAN, Scott, 84, KAJ

200 m Freestyle

1	1:50.94	EJRNATFEB	RUSSELL, Colin, 84, BTSC
2	1:51.79	WJRNATFEB	THAUETTE, Mark, 84, CAMO
3	1:52.64	WJRNATFEB	RUDOLF, Darryl, 84, UBCCD
4	1:53.62	BRANTNOV	DICKENS, Scott, 84, BRANT
5	1:54.32	EJRNATFEB	MEDAGLIA, Steve, 84, NKB
6	1:54.33	CISFEB	KARGL-SIMARD, Christian, 84, UBCT
7	1:54.65	BSCSMAR	SZE, Marc, 85, UBCCD
8	1:55.05	ONAGMAR	SMITH, Donald, 84, COBRA
9	1:55.58	OCAGMAR	LAFAMME, Kevin, 85, RCA
10	1:55.89	CNSHDEC	DUDAR, Paul, 84, SCAR

400 m Freestyle

1	3:55.19	EJRNATFEB	RUSSELL, Colin, 84, BTSC
2	3:58.73	CNSHDEC	THAUETTE, Mark, 84, CAMO
3	3:59.24	WJRNATFEB	

FANTASTIC ATMOSPHERE RESULTS IN RECORD SWIMMING

Nick Thierry

ANTWERP—The competition was fast, with 3 world records, a world-best relay, 13 European records in 11 events, and 30 championship records in 23 events.

Top individual performers would share in 54,000 DM (German Marks, about \$100,000) with an additional 6,000 DM to be split among the top “new talents” as chosen by the 130 accredited journalists present.

The top men’s performance was the world-record swim of 56.26 in the 100 fly by Thomas Rupprath (GER), worth 1027 points and 6,000 DM. He added another 4,000 DM for his win in the 100 backstroke with 50.99, the third-best men’s performance.

Top Newcomers Awards for male and female, chosen by the attending media, each won 3,000 DM. They were Robin Francis, 19 (GBR) for his second place in the 400IM with 4:08.49. The female newcomer award went to Anja Carman, 16 (SLO), who won the 400 free in 4:02.72 and was second in the 800 free, both from lane one.

Germany won the competition, both in medal totals with 21 (8-8-5) and in team points with 226. Sweden placed second in medals with 17 (7-4-6) but only third in points with 179. Great Britain was second in points with 186 and 13 medals (2-6-5) for



Inge de Bruijn (NED) and Johanna Sjöberg (SWE)



Packed venue for four days at Europeans in Antwerp (BEL)

a strong team effort.

These were made-for-television championships. Eurosport televised the four days live at 4 p.m. The program had no long introductions, no anthems during medal ceremonies, no flags—just fast swimming. Finals and semi-finals sessions lasted under two hours.

The quality of the swimming spoke eloquently for the successful format.

World and European records on first day

One world record, a world-best relay time, three European and eight championships records were established on the first night.

Emma Igelstrom, 21 (SWE) was in unbeatable form as she improved in each of the three rounds in the 50 breaststroke. In the morning, she qualified first with 31.23, then improved on that with a 30.72 in the semi-finals, and then powered her way in the final to a 30.56. That time equaled the pending world record by two Chinese girls from the week before.

“I was expecting this,” Igelstrom said. “I didn’t think my semi-finals were so good. I know I can still do much better. I want to be the sole holder of the world record. I am very motivated.”

Top performance for the

first day was by Stefan Nystrand (SWE), who won the men’s 50 freestyle for the second year in a row in 21.15, just 2/100ths off the world record. “I didn’t expect to swim this fast,” Nystrand said. “I am looking forward to the 100 and the race against Pieter van den Hoogenband (NED),” who was third this day with 21.65. The fast time earned Nystrand an Omega Seamaster watch, edging Igelstrom 1013 to 1010 on

the performance ratings charts. Each evening the top performer received an Omega watch.

World record in the 100 fly for Rupprath

On the second day of competition, the pace was quickened with one world, three European, and seven championships records bettered.

Thomas Rupprath

(GER) won the 100 butterfly in a new world record of 50.26, bettering Lars Frolander’s (SWE) old record of 50.44 from 2000. Frolander was second with 50.58.

It was the swim of the meet so far, worth 1027 points and earning Rupprath an Omega watch for top performer on Day 2. “Of course I am very pleased with this new world record,” Rupprath said. “Especially since I beat Frolander. I didn’t expect to do that. I think I’m in an ideal condition for tomorrow when I swim the backstroke.”

Frolander, who has been undefeated long course, winning the Europeans and Olympics in 2000, and the Worlds last summer, was philosophical. “I’m moderately pleased with this result. I was faster than in the semis, but Rupprath was the better man today.”

Anne Poleska (GER) had a European-record swim, winning the 200 breaststroke with 2:21.93 in a close race with 15-year-old Mirna Jukic (AUT), who was second with 2:22.26. Poleska had a pending record from three weeks previously, and this time she was chasing Jukic for the first 125. Only with three lengths to go did she move into the lead. The pace was much quicker than her old record swim of 2:22.90. Suddenly the European breaststroke has made a huge drop after Silke Horner’s (GDR) 1989 record was broken.

Inge de Bruijn (NED) won the 100 free in 52.65, the fourth sub-53-second women’s swim of all time. Martina Moravcova (SVK) placed second with 52.97, her fastest ever.

Sweden won the women’s 4x50 free relay in 1:38.29, just 8/100ths shy of their world best from last year. It was a great effort, with Catherine Carlzon’s lead-off of 25.43, Johanna Sjöberg’s 24.40 (her third swim of this session), Therese Alshammar’s 23.86

(fastest leg of the relays), and Anna K. Kammerling's anchor of 24.60

Mankoc betters 100 IM world record in a semi

One world, two European, and six championships records tumbled on Day 3 of the European Short Course Championships.

The performance of the day was Peter Mankoc's (SLO) semi-final swim in the 100 IM of 52.63, bettering the world record from 2000 of 52.79 by Neil Walker (USA). Mankoc's swim was worth 1025 points, earning an Omega watch. He next goal was to try to better in the final Thomas Rupprath's (GER) 1027 points earned for the 100 fly world record. There is a 7,000 DM bonus for the top swim of the championships.

The top women's performer on Day 3 was Ilona Hlavackova (CZE), who won the 50 backstroke in 27.06, a new European record, bettering the old time of 27.27 by Sandra Volker (GER) from 1998. To this point, Hlavackova had the top two women's performances of the championships (in the 50 back today and the 100 back on Day 2) and could collect a 11,000 DM bonus, subject to what happens on the last day.

There was an upset in the women's 400 freestyle as 16-year-old Anja Carnan (SLO) touched out the great Yana Klochkova (UKR) by 7/100th. Carnan's winning time was 4:02.72, with 4:02.79 for Klochkova. Carnan was second in the 800 the previous day. She was in lane one, while Klochkova was in lane five, which perhaps allowed her to sneak up and surprise the more experienced Ukrainian.

Klochkova said, "I feel disappointed missing the gold medal by such a small margin, that hurts. But the final metres were a bit too much!"

In what was only the first of two swims for Martina Moravcova (SVK), she won the 100 IM in

1:00.16, a championship record, then qualified second in the 100 fly for the final on Day 4. "I was confident in winning this one," Moravcova said. "My backstroke was not so good."

Day 4

The annual European Short Course Championships came to a fitting climax as 12 events had their final on the last day of the four-day competition.

Top women's performer Inge de Bruijn (NED) said it best: "The atmosphere was truly fantastic, and my race in the 50 free was very exciting and thrilling. I was ready for the battle against Therese Alshammar (SWE) and Johanna Sjoberg (SWE)."

De Bruijn's winning time in the 50 free was 23.89, with Alshammar 24.09 and Sjoberg 24.61. It was the highest-rated performance of the four-day competition, worth 1029 points and earning Inge de Bruijn 6,000 DM. She also picked up an additional 1,000 DM for her 100 freestyle win.

Martina Moravcova (SVK) put on another virtuoso performance, with double wins in virtually back-to-back events. First up was the 200 freestyle, where she bettered the European record with 1:54.74; then she added the 100 butterfly with 57.20, a championship record. "These have been very good championships for me," she said in a classic understatement. She won three golds (200 free, 100 IM, 100 fly) and a silver (100 free). Slovakia's four medals were by Moravcova.

Peter van den Hoogenband (NED) left nobody in doubt about his 200 freestyle. He was under pressure to win something here, after missing the gold in the



Stefan Nystrand (SWE) won 50-100 free

50 and 100 free. He took off and split 23.95, 50.07, and 1:15.54, and his final time of 1:42.46 was a new European record, bettering his old record of 1:44.00 from 1998. "It was what I needed," van den Hoogenband said. "I was looking to win something here."

Thomas Rupprath (GER) and Stev Theloke (GER) went first and second in the 100 backstroke, Rupprath with 50.99 and Theloke with 51.92. "I was aiming at the world record," Rupprath said. "My legs were too tired and I was ill a week ago; probably that's why I missed it."

Nicole Hetzer (GER) upset Yana Klochkova (UKR) in her best event, the 400 IM. Hetzer took the lead after backstroke and had the race in the bag after the 300. Her final time of 4:29.46 was a European record. Klochkova was second with 4:31.31, also under the 12-year-old mark of 4:31.36 from 1989.

"I can hardly believe it," Hetzer said. "It really is a big surprise and it went so fast, unbelievable. I was hoping for a national record. I knew Klochkova's weak stroke was breaststroke, so I put on the pressure."

The splits:

Hetzer	1:02.72	2:09.03	3:28.00	4:29.46
Klochkova	1:01.82	2:09.89	3:28.73	4:31.31

Rating Summary of Top Performances 2001 SC Europeans					
Men	IPS	Time	Event	Swimmer	Prize
1)	1027	50.26	100 fly M	RUPPRATH Thomas,77,GER	6,000
2)	1025	52.63	100 IM M	MANKOC Peter,78,SLO	5,000
3)	1019	50.99	100 back M	RUPPRATH Thomas,77,GER	4,000
4)	1018	50.58	100 fly M	FROLANDER Lars,74,SWE	3,000
5)	1017	52.94	100 IM M	MANKOC Peter,78,SLO	3,000
6)	1015	1:42.46	200 free M	vdHOOGENBAND Pieter,78,NED	3,000
7)	1013	21.15	50 free F	NYSTRAND Stefan,81,SWE	3,000
8)	1012	26.71	50 breast M	LISOGOR Oleg,79,UKR	
9)	1010	26.75	50 breast M	WARNECKE Mark,70,GER	
10)	1006	50.99	100 fly M	FROLANDER Lars,74,SWE	
Women					
1)	1029	23.89	50 free W	DE BRUIJN Inge,73,NED	6,000
2)	1023	57.75	100 back W	HLAVACKOVA Ilona,77,CZE	5,000
3)	1023	2:04.59	200 back W	PRICE Sarah,79,GBR	4,000
4)	1021	27.06	50 back W	HLAVACKOVA Ilona,77,CZE	3,000
5)	1017	24.09	50 free W	ALSHAMMAR Therese,77,SWE	3,000
6)	1016	4:29.46	400 IM W	HETZER Nicole,79,GER	3,000
7)	1011	52.65	100 free W	DE BRUIJN Inge,73,NED	1,000
	1011	1:54.74	200 free W	MORAVCOVA Martina,76,SVK	1,000
	1011	57.20	100 fly W	MORAVCOVA Martina,76,SVK	1,000
10)	1010	30.56	50 breast W	IGELSTROM Emma,80,SWE	



LEN prize of DM 54,000 shared by 12 swimmers

EUROPEAN RESULTS

EUROPEAN SC CHAMPIONSHIPS

Antwerp, BEL, Dec 13-15 (25 m)

MEN

50 METRES FREESTYLE

- 1) 21.15 Stefan Nystrand, 81, SWE
- 2) 21.60 Oleksander Volynets, 74, UKR
- 3) 21.65 Pieter vdHoogenband, 78, NED
- 4) 21.66 Mark Foster, 70, GBR
- 5) 21.74 Johan Kenkhuis, 80, NED
- 6) 21.78 Zsolt Gaspar, 77, HUN
- 7) 21.94 Duje Draganja, 83, CRO
- 8) 22.26 Milorad Cavic, 84, YUG

100 METRES FREESTYLE

- 1) 47.15 Stefan Nystrand, 81, SWE
- 2) 47.42 Pieter vdHoogenband, 78, NED
- 3) 47.53 Romain Barnier, 76, FRA
- 4) 47.53 Duje Draganja, 83, CRO
- 5) 47.94 Johan Kenkhuis, 80, NED
- 6) 48.23 Rolandas Gimbutis, 81, LTU
- 7) 48.32 Karel Novy, 80, SUI
- 8) 48.61 Jens Thiele, 80, GER

200 METRES FREESTYLE

- 1) 1:42.46 Pieter vdHoogenband, 78, NED
- 2) 1:44.78 Kvetoslav Svoboda, 82, CZE
- 3) 1:45.32 Stefan Herbst, 78, GER
- 4) 1:45.45 Romain Barnier, 76, FRA
- 5) 1:45.57 Lars Conrad, 76, GER
- 6) 1:45.59 Andrea Beccari, 78, ITA
- 7) 1:46.72 Jacob Carstensen, 78, DEN
- 8) 1:46.86 Saulius Binevicius, 79, LTU

400 METRES FREESTYLE

- 1) 3:41.27 Emiliano Brembilla, 78, ITA
- 2) 3:42.09 Jorg Hoffmann, 70, GER
- 3) 3:42.28 Jacob Carstensen, 78, DEN
- 4) 3:44.32 Nicolas Rostoucher, 81, FRA
- 5) 3:45.46 Spyridon Gianniotis, 80, GRE
- 6) 3:45.87 Dmitry Koptour, 78, BLR
- 7) 3:46.36 Stefan Herbst, 78, GER
- 8) 3:47.29 Kvetoslav Svoboda, 82, CZE

800 METRES FREESTYLE

- 1) 14:41.20 Jorg Hoffmann, 70, GER
- 2) 14:41.98 Alexei Filipets, 78, RUS
- 3) 14:47.47 Nicolas Rostoucher, 81, FRA
- 4) 14:55.25 Sylvain Cros, 80, FRA
- 5) 14:55.60 Dmitry Koptour, 78, BLR
- 6) 14:57.51 Spyridon Gianniotis, 80, GRE
- 7) 15:07.11 Igor Chervynskiy, 81, UKR
- 8) 15:11.50 Yves Platel, 79, SUI

50 METRES BACKSTROKE

- 1) 23.97 Stev Theloke, 78, GER
- 2) 24.53 Ant Maskovic, 79, CRO
- 3) 24.54 Peter Mankoc, 78, SLO
- 4) 24.73 Darius Grigalionis, 77, LTU
- 5) 24.74 Gregor Tait, 79, GBR
- 6) 24.76 Vladislav Aminov, 77, RUS
- 7) 24.80 Jakob Andersen, 77, DEN
- 8) 24.92 Przemyslaw Wilant, 77, POL

100 METRES BACKSTROKE

- 1) 50.99 Thomas Rupprath, 77, GER
- 2) 51.92 Stev Theloke, 78, GER
- 3) 52.90 Gregor Tait, 79, GBR
- 4) 53.05 Gordan Kozulj, 76, CRO
- 5) 53.12 Darius Grigalionis, 77, LTU
- 6) 53.46 Blaz Medvesek, 80, SLO
- 7) 53.57 Volodymyr Nikolaychuk, 75, UKR
- 8) 53.81 Vladislav Aminov, 77, RUS

200 METRES BACKSTROKE

- 1) 1:53.37 Gordan Kozulj, 76, CRO
- 2) 1:54.15 Yoav Gath, 80, ISR
- 3) 1:54.21 Simon Dufour, 79, FRA
- 4) 1:54.23 Stev Theloke, 78, GER
- 5) 1:54.27 Gregor Tait, 79, GBR
- 6) 1:54.28 Blaz Medvesek, 80, SLO
- 7) 1:54.63 Jorge Sanchez, 77, ESP
- 8) 1:55.78 Adam Ruckwood, 74, GBR

50 METRES BREASTSTROKE

- 1) 26.71 Oleg Lisogor, 79, UKR
- 2) 26.75 Mark Warnecke, 70, GER
- 3) 26.85 Darren Mew, 79, GBR
- 4) 26.98 James Gibson, 80, GBR
- 5) 27.06 Daniel Malek, 73, CZE
- 6) 27.27 Remo Lutolf, 80, SUI
- 7) 27.31 Patrik Isaksson, 73, SWE

- 8) 27.73 Jarno Pihlava, 78, FIN

100 METRES BREASTSTROKE

- 1) 59.02 Oleg Lisogor, 79, UKR
- 2) 59.23 James Gibson, 80, GBR
- 3) 59.51 Daniel Malek, 73, CZE
- 4) 59.59 Darren Mew, 79, GBR
- 5) 59.82 Jarno Pihlava, 78, FIN
- 6) 59.92 Jose Couto, 78, POR
- 7) 1:00.23 Tony de Pellegrini, 82, FRA
- 8) 1:00.27 Martin Gustavsson, 80, SWE

200 METRES BREASTSTROKE

- 1) 2:07.79 Max Podoprigora, 78, AUT
- 2) 2:08.03 Ian Edmond, 78, GBR
- 3) 2:09.07 Daniel Malek, 73, CZE
- 4) 2:09.48 Martin Gustavsson, 80, SWE
- 5) 2:09.98 Jose Couto, 78, POR
- 6) 2:10.47 Jakob Sveinsson, 82, ISL
- 7) 2:10.93 Jarno Pihlava, 78, FIN
- 8) 2:11.03 Davide Rummolo, 77, ITA

50 METRES BUTTERFLY

- 1) 23.07 Lars Frolander, 74, SWE
- 2) 23.11 Mark Foster, 70, GBR
- 3) 23.59 Tero Valimaa, 78, FIN
- 4) 23.61 Joris Keizer, 79, NED
- 5) 23.71 Igor Marchenko, 75, RUS
- 6) 23.74 Pavel Lagoun, 79, BLR
- 7) 23.77 Ewout Holst, 78, NED
- 8) 23.93 Jorge Ulibarri, 75, ESP

100 METRES BUTTERFLY

- 1) 50.26 Thomas Rupprath, 77, GER
- 2) 50.58 Lars Frolander, 74, SWE
- 3) 51.32 James Hickman, 76, GBR
- 4) 51.75 Lars Conrad, 76, GER
- 5) 52.01 Zsolt Gaspar, 77, HUN
- 6) 52.05 Joris Keizer, 79, NED
- 7) 52.31 Denis Sylantyev, 76, UKR
- 8) 52.38 Tero Valimaa, 78, FIN

200 METRES BUTTERFLY

- 1) 1:52.93 James Hickman, 76, GBR
- 2) 1:53.34 Denis Sylantyev, 76, UKR
- 3) 1:53.54 Anatoli Poliakov, 80, RUS
- 4) 1:55.39 Zsolt Gaspar, 77, HUN
- 5) 1:56.32 Stefan Aartsens, 75, NED
- 6) 1:56.34 Jordi Pau, 80, ESP
- 7) 1:56.66 Tero Valimaa, 78, FIN
- 8) 1:57.26 Andrea Oriana, 73, ITA

100 METRES IND. MEDLEY

- 1) 52.94 Peter Mankoc, 78, SLO
- 2) 54.10 Jens Kruppa, 76, GER
- 3) 54.17 Jani Sievinen, 74, FIN
- 4) 54.37 Lionel Moreau, 74, FRA
- 5) 54.68 Jirka Letzin, 71, GER
- 6) 54.74 Erik Dorch, 83, SWE
- 7) 55.32 Sergiy Sergeev, 70, UKR
- 8) 55.35 Lorenz Liechti, 75, SUI

200 METRES IND. MEDLEY

- 1) 1:56.18 Peter Mankoc, 78, SLO
- 2) 1:56.60 Jani Sievinen, 74, FIN
- 3) 1:57.52 Alessio Boggiatto, 81, ITA
- 4) 1:58.44 Michael Cole, 78, GBR
- 5) 1:58.90 Lionel Moreau, 74, FRA
- 6) 1:59.04 Jens Kruppa, 76, GER
- 7) 1:59.13 Kresimir Cac, 76, CRO
- 8) 1:59.19 Andrew Bree, 81, IRL

400 METRES IND. MEDLEY

- 1) 4:06.99 Alessio Boggiatto, 81, ITA
- 2) 4:08.49 Robin Francis, 82, GBR
- 3) 4:08.58 Jacob Carstensen, 78, DEN
- 4) 4:09.03 Pierre Henri, 83, FRA
- 5) 4:09.14 Nicolas Rostoucher, 81, FRA
- 6) 4:11.70 Yves Platel, 79, SUI
- 7) 4:11.73 Michael Halika, 78, ISR
- 8) 4:19.73 Alexei Kovrigin, 81, RUS

4X50 M MEDLEY RELAY

- 1) 1:34.78 Germany, GER
- 2) 1:35.19 Great Britain, GBR
- 3) 1:35.68 Sweden, SWE
- 4) 1:35.90 Ukraine, UKR
- 5) 1:36.55 Finland, FIN
- 6) 1:38.36 Netherlands, NED
- 7) 1:38.79 Italy, ITA
- 8) 1:38.82 Portugal, POR

4X50 M FREE RELAY

- 1) 1:26.09 Ukraine, UKR

- 2) 1:26.32 Netherlands, NED
- 3) 1:26.77 Sweden, SWE
- 4) 1:27.23 France, FRA
- 5) 1:27.26 Germany, GER
- 6) 1:28.41 Russia, RUS
- 7) 1:28.59 Croatia, CRO
- 8) 1:29.45 Finland, FIN

WOMEN

50 METRES FREESTYLE

- 1) 23.89 Inge de Bruijn, 73, NED
- 2) 24.09 Therese Alshammer, 77, SWE
- 3) 24.61 Johanna Sjoberg, 78, SWE
- 4) 24.98 Jana Kolukanova, 81, EST
- 5) 25.04 Judith Draxler, 70, AUT
- 6) 25.04 Hanna-M. Seppala, 84, FIN
- 7) 25.13 Ilona Hlavackova, 77, CZE
- 8) 25.24 Petra Dallmann, 78, GER

100 METRES FREESTYLE

- 1) 52.65 Inge de Bruijn, 73, NED
- 2) 52.97 Martina Moravcova, 76, SVK
- 3) 53.01 Johanna Sjoberg, 78, SWE
- 4) 53.73 Petra Dallmann, 78, GER
- 5) 54.10 Solenne Figue, 79, FRA
- 6) 54.64 Elena Poptchenko, 79, BLR
- 7) 54.97 Jana Myskova, 77, CZE
- 8) 55.55 Rosalind Brett, 79, GBR

200 METRES FREESTYLE

- 1) 1:54.74 Martina Moravcova, 76, SVK
- 2) 1:55.83 Solenne Figue, 79, FRA
- 3) 1:57.34 Alessa Ries, 81, GER
- 4) 1:58.13 Nicola Jackson, 84, GBR
- 5) 1:58.18 Mette Jacobsen, 73, DEN
- 6) 1:58.32 Nina van Koeckhoven, 83, BEL
- 7) 1:58.79 Julie Hjorth-Hansen, 84, DEN
- 8) 1:59.35 Nicole Zahnd, 80, SUI

400 METRES FREESTYLE

- 1) 4:02.72 Anja Carnan, 85, SLO
- 2) 4:02.79 Yana Klochkova, 82, UKR
- 3) 4:05.68 Irina Oufimtseva, 85, RUS
- 4) 4:07.15 Rebecca Cooke, 83, GBR
- 5) 4:07.39 Zoe Dimoshaki, 85, GRE
- 6) 4:07.58 Nicole Zahnd, 80, SUI
- 7) 4:08.24 Sofie Goffin, 79, BEL
- 8) 4:09.65 Marianna Lyperta, 79, GRE

800 METRES FREESTYLE

- 1) 8:17.20 Flavia Rigamonti, 81, SUI
- 2) 8:20.31 Anja Carnan, 85, SLO
- 3) 8:23.28 Irina Oufimtseva, 85, RUS
- 4) 8:28.00 Rebecca Cooke, 83, GBR
- 5) 8:32.42 Chantal Strasser, 78, SUI
- 6) 8:33.85 Marianna Lyperta, 79, GRE
- 7) 8:35.78 Angelika Oleksy, 84, POL
- 8) 8:36.01 Jana Henke, 73, GER

50 METRES BACKSTROKE

- 1) 27.06 Ilona Hlavackova, 77, CZE
- 2) 27.75 Anu Koivisto, 80, FIN
- 3) 27.79 Janine Pietsch, 82, GER
- 4) 28.27 Dominique Diezi, 77, SUI
- 5) 28.38 Suze Valen, 78, NED
- 6) 28.40 Sarah Price, 79, GBR
- 7) 28.56 Aleksandra Herasimenia, 85, BLR
- 8) 28.76 Louise Orstedt, 85, DEN

100 METRES BACKSTROKE

- 1) 57.75 Ilona Hlavackova, 77, CZE
- 2) 59.46 Sarah Price, 79, GBR
- 3) 59.79 Janine Pietsch, 82, GER
- 4) 1:00.07 Anu Koivisto, 80, FIN
- 5) 1:00.18 Louise Orstedt, 85, DEN
- 6) 1:00.19 Nina Zhivanevskaya, 77, ESP
- 7) 1:00.94 Aleksandra Micul, 82, POL
- 8) 1:01.20 Alessandra Cappa, 82, ITA

200 METRES BACKSTROKE

- 1) 2:04.59 Sarah Price, 79, GBR
- 2) 2:06.65 Nicole Hetzer, 79, GER
- 3) 2:07.10 Anu Koivisto, 80, FIN
- 4) 2:09.18 Louise Orstedt, 85, DEN
- 5) 2:09.58 Aleksandra Micul, 82, POL
- 6) 2:10.26 Roxana Maracineanu, 75, FRA
- 7) 2:10.71 Anja Carnan, 85, SLO
- 8) 2:12.53 Louise Coull, 84, GBR

50 METRES BREASTSTROKE

- 1) 30.56 Emma Igelstrom, 80, SWE
- 2) 30.92 Janne Schafer, 81, GER
- 3) 31.37 Vera Lischka, 76, AUT
- 4) 31.44 Majken Thorup, 79, DEN
- 5) 31.46 Natalia Hissamutdinova, 83, EST
- 6) 31.47 Agnieszka Braszkiewicz, 81, POL
- 7) 31.61 Mirna Jukic, 86, AUT
- 8) 32.19 Simona Drozdova, 84, CZE

100 METRES BREASTSTROKE

- 1) 1:07.25 Anne Poleska, 80, GER
- 2) 1:07.59 Mirna Jukic, 86, AUT
- 3) 1:08.25 Heidi Earp, 80, GBR
- 4) 1:08.58 Brigitte Becue, 72, BEL
- 5) 1:08.66 Madelon Baans, 77, NED
- 6) 1:08.69 Kirsty Balfour, 84, GBR
- 7) 1:09.17 Natalia Hissamutdinova, 83, EST
- 8) 1:09.63 Agnieszka Braszkiewicz, 81, POL

200 METRES BREASTSTROKE

- 1) 2:21.93 Anne Poleska, 80, GER
- 2) 2:22.26 Mirna Jukic, 86, AUT
- 3) 2:23.36 Emma Igelstrom, 80, SWE
- 4) 2:25.35 Sara Nordenstam, 83, SWE
- 5) 2:25.36 Heidi Earp, 80, GBR
- 6) 2:26.95 Simona Drozdova, 84, CZE
- 7) 2:27.24 Natalia Hissamutdinova, 83, EST
- 8) 2:29.85 Michelle Vlasakova, 83, CZE

50 METRES BUTTERFLY

- 1) 25.73 Therese Alshammer, 77, SWE
- 2) 25.78 Anna-Karin Kammerling, 80, SWE
- 3) 27.25 Natalia Soutiaguina, 80, RUS
- 4) 27.32 Inge Dekker, 85, NED
- 5) 27.34 Rosalind Brett, 79, GBR
- 6) 27.39 Otylia Jedrzejczak, 83, POL
- 7) 27.48 Fabienne Dufour, 81, BEL
- 8) 27.61 Karen Egdal, 78, DEN

100 METRES BUTTERFLY

- 1) 57.20 Martina Moravcova, 76, SVK
- 2) 57.79 Johanna Sjoberg, 78, SWE
- 3) 57.98 Anna-Karin Kammerling, 80, SWE
- 4) 59.18 Mette Jacobsen, 73, DEN
- 5) 59.31 Otylia Jedrzejczak, 83, POL
- 6) 59.65 Sophia Skou, 73, DEN
- 7) 59.84 Natalia Soutiaguina, 80, RUS
- 8) 1:00.30 Nicola Jackson, 84, GBR

200 METRES BUTTERFLY

- 1) 2:07.95 Otylia Jedrzejczak, 83, POL
- 2) 2:08.13 Mette Jacobsen, 73, DEN
- 3) 2:08.14 Georgina Lee, 81, GBR
- 4) 2:08.18 Sophia Skou, 73, DEN
- 5) 2:10.01 Nicola Jackson, 84, GBR
- 6) 2:10.12 Maria Pelaez, 77, ESP
- 7) 2:10.81 Ekaterina Vinogradova, 80, RUS
- 8) 2:11.53 Marcela Kubalcikova, 73, CZE

100 METRES IND. MEDLEY

- 1) 1:00.16 Martina Moravcova, 76, SVK
- 2) 1:00.90 Alenka Kejzar, 79, SLO
- 3) 1:01.92 Oxana Verevka, 77, RUS
- 4) 1:02.54 Vered Borochovski, 84, ISR
- 5) 1:02.66 Julie Hjorth-Hansen, 84, DEN
- 6) 1:02.80 Yvetta Hlavacova, 75, CZE
- 7) 1:02.87 Sarah Whewell, 80, GBR
- 8) 1:02.88 Hanna-M. Seppala, 84, FIN

200 METRES IND. MEDLEY

- 1) 2:09.52 Yana Klochkova, 82, UKR
- 2) 2:09.70 Nicole Hetzer, 79, GER
- 3) 2:10.82 Alenka Kejzar, 79, SLO
- 4) 2:11.23 Sara Nordenstam, 83, SWE
- 5) 2:11.43 Julie Hjorth-Hansen, 84, DEN
- 6) 2:11.79 Oxana Verevka, 77, RUS
- 7) 2:13.16 Sabine Klentz, 74, GER
- 8) 2:14.05 Sophie De Ronchi, 85, FRA

400 METRES IND. MEDLEY

- 1) 4:29.46 Nicole Hetzer, 79, GER
- 2) 4:31.31 Yana Klochkova, 82, UKR
- 3) 4:33.46 Alenka Kejzar, 79, SLO
- 4) 4:40.70 Sabine Klentz, 74, GER
- 5) 4:42.86 Federica Biscia, 80, ITA
- 6) 4:43.58 Hana Ntrefova, 74, CZE
- 7) 4:45.04 Rebecca Cooke, 83, GBR

4X50 M MEDLEY RELAY

- 1) 1:48.32 Sweden, SWE
- 2) 1:49.92 Germany, GER
- 3) 1:50.00 Netherlands, NED
- 4) 1:51.50 Great Britain, GBR
- 5) 1:51.57 Czech Republic, CZE
- 6) 1:52.19 Denmark, DEN
- 7) 1:52.97 Poland, POL
- 8) 1:53.85 Finland, FIN

4X50 M FREE RELAY

- 1) 1:38.29 Sweden, SWE
- 2) 1:39.02 Netherlands, NED
- 3) 1:39.60 Germany, GER
- 4) 1:40.95 Great Britain, GBR
- 5) 1:41.16 Finland, FIN
- 6) 1:42.17 Belgium, BEL
- 7) 1:43.38 France, FRA
- 8) 1:44.88 Greece, GRE

NATALIE COUGHLIN REWRITES RECORD BOOK

Nikki Dryden

Natalie Coughlin dismantled the notion of just what it takes to be a good women's backstroker at the New York stop on the World Cup circuit in November; and it was her teammate, 50 back former World Record Holder Haley Cope, who captured the moment best. "Natalie's swims kind of ruin your perspective on what's good and bad. Breaking the world record by a few tenths is boring when she is breaking it by almost two seconds!"

It started with the 200 back, when Natalie swam a 2:03.62, breaking the world record set last August by Britain's Sarah Price. The next night, she glided to a 57.08 in the 100, breaking the world record held by Mai Nakamura of Japan. The 100 may not come as a surprise to some, being that Natalie is the defending World Champion LC, but as for the 200, Natalie professed afterward that she did not want to even swim the event. According to her University of California, Berkeley, coach, Teri McKeever, she had to make a special arrangement with Natalie just to get her to swim the 200 at the meet. "Natalie almost didn't enter the event," says Teri. "But I told her I thought she could break the world record. Then I made a deal that if she swam it here at World Cup, she wouldn't have to swim it next weekend in Texas." Luckily for the sport of swimming, Natalie swam the 200, even though it is not really her favourite race. "To be honest," says Natalie, "I don't even like the 200! My walls are good, so it is just better for me short course since I have seven walls instead of three."

Natalie is not boasting when she says her walls are good; they are, in fact, phenomenal. Natalie never pushes off a wall in workout without doing at least seven kicks underwater. From warm up to warm down, Natalie makes sure she always does her minimum kicks, and during backstroke sets, she ups it to 12. "It kind of started as a superstition," says Natalie, smiling. "I picked 7 because I thought it was a lucky number when I was about 16 years old, and I do 12 because that's what gets me to the 15-metre mark."

Natalie and her teammates do a lot of technical swimming; working on body positioning while doing sculling, kicking, and drills. Hypoxic breathing sets, underwater kicking, and a comprehensive dryland program are also main components of their daily workouts. All this allowed Natalie to swim the 100 back in New York using 9 strokes on the first three 25s and 11 coming home. Her distance per stroke is unbelievable and her coach's biggest concern has been getting her stroke rate up higher. "We have also

done a lot of work on breath control and underwater kicking," says Teri. "She's a big kicker, and she has made a lot of strength gains out of the water and done a nice job of transferring those gains into improvements in the pool."

Natalie Coughlin is in her second year at Berkeley and agrees with Teri that her biggest improvements since high school have come from a new emphasis on running and weights. "I think my running has been a huge step for me. My legs are more powerful in the water than ever before." Natalie used to be a 200 flyer until she tore the left labrum in her shoulder from over-training. Although she admits to having instability, it was one set that put her over the edge and held her back for two years. "I'm good now. I still work on shoulder stability, as well as ice, and do all my physiotherapy, but I've changed my stroke technique and improved my body rotation in the water, which has made the most help."

Natalie stays away from big fly sets in workout now, sticking to 25s and 50s, and then doing her main longer sets backstroke. According to Teri, Natalie's presence has greatly improved the team dynamic at Cal. "Natalie leads by example. She has really embraced the idea of opening up and challenging people. She makes the whole team better." The all-women's team creates a unique environment that has its rewards. "We have a lot of fun together," says Natalie. "We goof around, and act loud and obnoxious sometimes, things you can't do when you are with guys!" Teri also believes Natalie thrives on being able to contribute her ideas into her successes. "She enjoys the input she gets to make in training and what meets she gets to go to. There is a definite partnership between Natalie and I; it is a very good working relationship."

Having Haley Cope as a training partner is also a

great advantage. Haley is not only the world-record holder in the 50 back, but also the reigning world champion in the event. "Haley and Natalie have very different personalities," says Teri. "But they definitely help each other. My experience of coaching two athletes who race the same stroke has taught me that there are times when it is important to have them race and challenge each other, and there are times when they each have to find their own success."

Haley describes Natalie and herself as two swimmers who didn't start out as fast young swimmers. "I think we both have a good natural instinct for fast swimming, and both of us pay attention to our technique, watching other swimmers and coaches, because that is how good strokes evolve." Teri agrees, "I think the biggest help they've been to each other is on the technique side of swimming."

Natalie Coughlin may be swimming's newest superstar, but you would never know it. Even after smashing two world records, Natalie remained composed and humble about her accomplishments, and her future in the sport. Despite her excellent technique, dedication to hard work, and a supportive coach who knew she could do it, Natalie was just as surprised as anyone after her 200 back. "If you had told me I was going to go a 2:03 here at this meet, I would have laughed. Teri always tells me I can swim fast, maybe I should start listening to her!" For her coach and her teammates, seeing Natalie break the world records in New York has raised the entire team's perspective on what is possible. "My

belief is to coach the best group on the team and have everyone rise up to that level," says Teri. "It is more fun and more challenging for everyone that way. I think it is great that her teammates got to see her break the world record; it is very inspiring."

Haley agrees, but is passionate about not pigeonholing Natalie as just a backstroker. "Natalie is a stud all around. I think it would shortchange her to just call her a backstroker. Natalie is a really good example of a person who isn't limited by what people expect. She doesn't let mental barriers get in her way, and she is very comfortable doing her own thing, and that has made her successful." And that couldn't be a better way to end your story, having your best compliments come from your biggest competition. But the way Natalie is swimming, it seems certain that her story is far from over.



Two world records for Natalie Coughlin

REST, RECOVERY, RESTORATION, AND RACING

MANAGING YOURSELF TO GET THE MOST OUT OF YOUR TRAINING

Wayne Goldsmith

One of the most important skills you can develop is the ability to look after yourself. It is easy when you are a young swimmer—mum and dad do everything. But as you get older and more serious about training and racing, you need to take responsibility for looking after yourself and making sure you are fit and well, and ready for anything.

How does a driver know that his or her car is working well?

The driver looks at the dials and gauges on the dashboard and gets information about the various parts of the car. A quick look at the car's instrument panel can tell the driver a lot about how the car is operating: oil pressure, speed, engine temperature, battery charge levels, revs, water pressure, and so on, are all available and at the ready to give the driver details on how the car is performing. This allows the driver to make clear decisions about how to drive, and what needs to be done to keep the car working at its best.

It would be nice if you had a set of dials and gauges on your arm or chest or legs that you could look at every day and check to see how your body is doing. Imagine being able to look at a dial that told you how tired you were, how much food you needed to eat, how hard you needed to train, and how much sleep you needed.

Short of radical surgery to turn yourself into a half-human-half-robot swimming machine, there are some simple things you can do every day to manage and monitor how your body is adapting to the stresses and strains of training and racing.

It starts with writing down some of the following things in a training diary or training logbook. Your logbook is your set of dials and gauges that tells you how the "swimming machine" is doing.

Here are some ideas of what to put in your training diary.

Smiley Faces

In your training diary or on a training chart draw a smiley face that best describes how you feel on that day.

- ☺ Draw this face if you feel great.
- ☹ Draw this face if you feel OK—just average.
- ☹ Draw this face if you feel really low, slow, tired, and fatigued.

Sometimes it is hard to put into words how you feel but these faces can sometimes say a lot more than a page of notes. Don't restrict yourself to these three faces—be as imaginative as you like. Try to draw how you feel.

Take your own heart rate

Your heart is an excellent indicator of how hard your body is working. It is also a good indicator of how well your body is recovering from hard training and a tough competition schedule. Take your heart rate every morning just after you wake up. Place two fingers lightly on the outside of your wrist near the base of your thumb. You will feel a little pulse rhythmically beating away. This is called your RHR (Resting Heart Rate). Count the number of beats you feel for 30 seconds, then double that number to get BPM (Beats Per Minute).

As you get fitter and stronger from training, your RHR

should get lower and slower. This basically means your heart is getting more efficient at doing what it has to do. Fit swimmers will have a consistent RHR every morning that will not vary more than a beat or two.

However, if you are training too hard and not getting enough rest, your resting heart rate will actually increase. It is not uncommon for a swimmer training too hard to experience increases in their resting heart rate of 5-15 beats per minute.

Mood

Being "moody" is also a good indicator of how your body and mind are adapting to training and competition.

Use the mood scale—a rating scale of 1 to 5 where "1" is feeling really low and in a bad mood, and "5" is feeling great and fully charged, ready to take on the world.

Athletes who are in a bad mood, feeling flat, negative, and angry are often just showing the signs of overtraining and overstraining in the pursuit of excellence.

Sleep

Tired athletes, for some reason, often sleep poorly. The short answer might be that the bodies of tired athletes are still working even when they are resting, i.e., their bodies are using rest time to repair, rebuild, and regenerate, and constantly stay in an active state.

Rate the quality of your sleep from 1 to 5. "1" is a terrible sleep—one of those terrible nights where you tossed and turned, and struggled to get any sleep. A "5" sleep means you fell asleep quickly and slept soundly most of the night.

Rating the quality of your sleep rather than the quantity makes sense as it is virtually impossible to remember exactly when you fell asleep.

It seems a bit crazy, but it is often the case that really tired athletes have difficulty sleeping. This means they go to bed tired, wake up tired, and stay tired most of the time. Good sleep and good swimming go hand in hand.

Weight

Get in the habit of weighing yourself—usually in the morning after going to the toilet but before eating or drinking anything. The main reason for doing this is to make sure you are not losing weight. Fit, healthy, growing swimmers generally keep a fairly even, constant weight. However, sudden weight loss over a 24-hour period can mean one of three things:

- You are dehydrated;
- You are fatigued and your body is struggling to maintain normal functions;
- Both of the above.

Get in the habit of aiming to weigh the same just before going to bed as you did just after waking that same morning. Weight loss over the time you are awake is generally just water loss—water loss that needs to be replaced.

Muscle Soreness

When muscles work hard, sometimes they feel tight and sore. Sometimes this soreness will not become obvious until a day or two after a tough training session or following hard racing. This soreness is called D.O.M.S. (Delayed Onset of Muscle Soreness) and can literally be a pain in the neck (or

butt or arms or legs or somewhere else).

In your diary, record muscle soreness on a scale of 1 to 5. A rating of "1" means your muscles are feeling strong, loose, and relaxed, and a "5" means your muscles feel like you have gone ten rounds with the world heavyweight boxing champion (and lost).

Day	Smiley Face	Heart Rate	Mood	Sleep	Weight	Muscle Soreness
Monday	☺	54	3	4	54	2
Tuesday	☺	55	2	4	54	3
Wednesday	☹	53	3	2	54	3
Thursday	☹	62	2	3	63	3
Friday	☹	64	2	1	52	4
Saturday	☹	69	2	2	53	4
Sunday	☺	58	4	3	54	3
Average		59.3	2.6	2.7	53.4	3.1

Self Monitoring Recording Sheet (example)

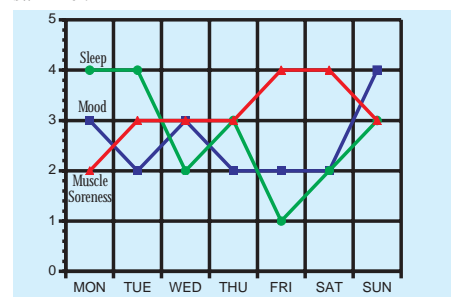
You can record your information on a simple sheet like this. In this example, notice how as the week progresses, the swimmer shows several signs of tiredness and fatigue. On Friday, the swimmer drew a sad face and reported being in a bad mood (2 out of 5), having poor quality sleep (1 out of 5) and rated muscle soreness as high (4 out of 5).

Also, between Wednesday and Friday, the swimmer lost two kilograms of body weight. While this, by itself, is not a big problem, added to the other factors (sleep, mood, and muscle soreness) it may be a sign all is not well.

In addition, the swimmer's heart rate was steady early in the week, then like everything else, things seemed to get worse by Thursday and Friday. This is one swimmer who was looking forward to the weekend!

It is important to note that one of these signs may not mean anything at all. For example, your morning heart rate can be higher than usual if you drank a little too much caffeine the night before, went to bed dehydrated, or had a scary dream. However, two or three of the warning signs happening at the same time may mean you have a problem on the way.

A picture tells a thousand words, so sometimes it is a good idea to put the information into a chart or graph. This Self Monitoring Chart clearly shows the profile of a tired swimmer.



Self Monitoring Chart

Summary

Look after yourself. The best coach, the best pool, the best program are of little use if you are always too tired and too fatigued to take advantage of these opportunities.

Keep a training log or training diary, and record the day-to-day workings of your body. Over time, you will learn what works best for you. Your ability to monitor and manage yourself will be an important key to being successful.

*Training means you try your best
Then you need to rest, rest, rest.
When you race you'll beat every other,
If you learn to rest and recover.*

MAKING WAVES®



Sam Thrall, 12
 Club: Oakville Aquatic Club
 Coach: Alex Wallingford
 Specialty: Freestyle
 3rd ranked for SCM02 TAG in the 100 free, 5th in the 200 and 400 free.

Best Times	SCM01	SCM02
50 freestyle	28.73	28.27
100 freestyle	1:03.38	1:00.82
200 freestyle	2:20.62	2:11.67
400 freestyle	4:55.34	4:43.75



Joanie Bernier, 17
 Club: CN Competition Beauport
 Coach: Nicholas Perron
 Specialty: Freestyle and butterfly
 2nd ranked for SCM02 TAG in the 200 fly, 4th for the 800 free.

Best Times	SCM01	SCM02
400 freestyle	4:22.66	4:25.10
800 freestyle	9:00.01	9:01.74
100 butterfly	1:05.25	1:03.68
200 butterfly	2:19.14	2:16.91



Desmond Strelzow, 16
 Club: UBC Dolphins
 Coach: Kelly Tatiinger
 Specialty: Backstroke
 6th ranked for SCM02 TAG in the 200 back, 9th in the 100 back.

Best Times	SCM01	SCM02
100 backstroke		59.82
200 backstroke	2:12.56	2:04.65



Morgan Kierstead, 13
 Club: Campbelton Aquatika Club
 Coach: Mitch Carter
 Specialty: Breaststroke
 1st ranked for SCM02 TAG in the 50 breast, 3rd in the 200 and 4th in the 100.

Best Times	SCM01	SCM02
50 breaststroke	35.26	34.91
100 breaststroke	1:16.78	1:15.93
200 breaststroke	2:43.78	2:42.25



Michelle Mange, 15
 Club: UBC Dolphins
 Coach: Steve Price
 Specialty: Breaststroke and ind.medley
 1st ranked for SCM02 TAG in the 200 breast, 3rd for 400 IM.

Best Times	SCM01	SCM02
50 breaststroke		34.24
100 breaststroke	1:14.17	1:13.42
200 breaststroke	2:34.60	2:32.50
400 ind.medley	5:03.04	4:57.83

It's Fast, Easy & FREE

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Ryan Cochrane, 13
 Club: Island Swimming
 Coach: Rod Barratt
 Specialty: Freestyle
 6th ranked for SCM02 TAG in the 1500 free.

Best Times	SCM01	SCM02
400 freestyle	4:56.77	
1500 freestyle	19:21.64	17:34.74
400 ind.medley	5:35.95	5:10.25

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